

Shabbat Emor

15 Iyyar 5786 / 1 & 2 May 2026

Erev Shabbat

18:30 Erev Shabbat Service (in the Beit Tefillah)

Led by Emeritus Rabbi Josh Levy, Cantor Sarah and Hannah Kieve.

Shabbat Morning

9:15 Security Breakfast

We will be hosting a breakfast to thank all those who volunteer for security who help ensure our safety weekly.

10:30 Shabbat Morning Choral Service (in the Beit Tefillah)

Led by Rabbi Elliott with the Alyth Choir conducted by James Slimings. As part of this Shabbat service, we will be celebrating the contribution of our wonderful security volunteers.

The Torah will be read by Rabbi Elliott.

There will be an unsupervised kids corner.

10:30 Romm’mu (in the Cecil Rosen Hall)

A guitar-led service for all generations, with a Shacharit all together. Followed by a Torah service with the opportunity to study the Torah portion in depth whilst the kids breakout for a Torah related peulah. Led by Cantor Sarah and Eszter.

There will be an unsupervised kids corner.

11:00 Sensory Shabbat (in the Cecil Rosen Hall)

Our Shabbat service designed to stimulate your babies’ senses in the first years of their life, where you and your baby can touch, see, smell and hear your way through the service.

Led by Han Wood, and the dungareenees.

12:30 Shabbat B’Yachad

Please join us for our usual Shabbat B’Yachad Lunch following the Shabbat morning service.

This Week

Bye Bye Birdie

Sunday 3 May, 14:00 and 18:30

Come along to support our teenage cast of Academy of Performing Arts’ show: Bye Bye Birdie. The cast have been rehearsing weekly since September and we would love them to have a packed house to support them. Contact izzie@alyth.org.uk for more information.

Kol Tefillah: Alyth’s New Forum About Prayer

Tuesday 5 May, 20:00

We are delighted to invite you to the inaugural meeting of Kol Tefillah - a new forum dedicated to enriching the prayer life of our community. This forum will offer a safe and welcoming space to reflect on services, explore the meaning of our liturgy, and share ideas about how we pray together. Kol Tefillah (meaning both “All Prayer” and “The Voice of Prayer”) aims to bring diverse voices into conversation while deepening our collective experience of worship. This is an opportunity to ask questions, learn from the Alyth clergy, and thoughtfully experiment with different approaches to prayer.

Please let us know if you are coming by registering online (you can also use the form to submit questions or topics you would like to propose to the group).

Spring Lecture Series

Thursday 7 May, 19:30

Our lecture series continues with **Ashley Lerner who will be in conversation with Lord Mann: “Tackling Antisemitism in Sport: A Conversation on the Challenges, Progress and Reality”**. Lord Mann, HM Government’s Independent Adviser on Antisemitism, will join Ashley Lerner, CEO of Maccabi GB and Alyth member, for a timely conversation exploring the realities facing Jewish athletes, clubs and supporters today. Together they will reflect on recent challenges, share insights from their work and discuss the action being taken across grassroots and the professional game to tackle antisemitism in sport. If you would like to sign up to any of the lectures or if you would like to give a lecture in our autumn/winter series or have any suggestions of who you would like to hear from, please email sam@alyth.org.uk

Additional Songs and Readings for Shabbat

Yism’chu Ha-shamayim

Words: Psalm 96:11

Music : Chassidic folk

יִשְׁמְחוּ הַשָּׁמַיִם וְתִגַּל הָאָרֶץ יְרַעַם הַיָּם וּמְלֵאוֹ:

Yism’chu ha-shamayim v’tageil ha-arets, yir’am ha-yam um’lo’o.

Let the heavens rejoice and the earth delight, let the sea thunder in its fullness.

Ya’aloz Sadai

Words: Psalm 96:12

Music: Yoel Sykes and Navot ben Barak

יַעֲלוּ שְׂדֵי וְכָל־אֲשָׁר־בוֹ אֲזוּ יִרְנְנוּ כָּל־עֲצֵי־יַעַר:

Ya’aloz sadai v’chol asher bo, az y’rann’nu kol atsei ya’ar.

Let the field be glad and all within it, let all trees of the forest sing out

Zamru l’Adonai

Words: Psalm 98:5

Music: Yoel Sykes

זָמְרוּ לַיהוָה בְּכִנּוּר; בְּכִנּוּר, וְקוֹל זְמִרָה:

Zamru l’Adonai b’chinor, b’chinor v’kol zimrah

Play to the Eternal with the harp, with the harp and the voice of music.

Blessing on lighting Shabbat candles

בְּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מְלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוְּנוּ לְהַדְלִיק נֵר שֵׁל שַׁבָּת:

Baruch attah Adonai eloheinu melech ha-olam, asher kidd’shanu b’mitsvotav, v’tsivvanu l’hadlik neir shel shabbat.

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy, and who commands us to light the Sabbath candles.

Hashkiveinu

Music: Dan Nichols

הַשְׁכִּיבֵנוּ יהוה אֱלֹהֵינוּ לְשָׁלוֹם וְהַעֲמִידֵנוּ שׁוֹמְרֵינוּ לְחַיִּים

Hashkiveinu Adonai eloheinu l’shalom, v’ha’amideinu shomreinu l’chayyim

Spread the shelter of Your peace over us; Guide us in wisdom, compassion and trust

Save us for the sake of Your name; Shield us from hatred, sorrow and pain

בְּרוּךְ אַתָּה יהוה. הַפּוֹרֵשׁ סִכַּת שְׁלוֹם עָלֵינוּ וְעַל־עַמּוֹ יִשְׂרָאֵל וְעַל־כָּל־הָעוֹלָם:

Baruch attah Adonai, ha-poreis sukkat shalom aleinu v’al ammo yisra’el, v’al kol ha-olam

Blessed are You God, spreading the shelter of peace over us, over Your people Israel, and over all the world.

Ana El Na

Words: based on Numbers 12:13

Music: Daphna Rosenberg and Naveh Agmon

אָנָּא אֵל נָּא רַפָּא נָּא לָּהּ

Ana El na, r’fa na la

Please God, please bring healing.

Counting the Omer

בְּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מְלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוְּנוּ עַל סִפְיַרַת הָעֹמֵר:

Baruch attah Adonai eloheinu melech ha-olam, asher kidd'shanu b'mitsvotav v'tsivanu al s'firat ha-omer.

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy and who commands us to count the Omer.

הַיּוֹם שְׁלֹשִׁים יוֹם שֶׁהֵם אַרְבָּעָה שָׁבוּעוֹת וּשְׁנֵי יָמִים לְעֹמֵר:

Hayom sh'loshah v’esrim yom shehem sh'loshah shavuot u’shnei yamim la’omer.

Today is the thirtieth day, which is four weeks and two days of the Omer.

Hava Nashirah

Music: Josh Nelson

הִבֵּה נְשִׁירָה שִׁיר הַלְלוּיָהּ

Hava, Hava Nashirah; Shir Halleluyah, Shir Halleluyah

Let us sing a song of praise

Torah Portion for Shabbat Emor

Leviticus 23:1-14

א וַיְדַבֵּר יְהוָה אֶל־מֹשֶׁה לֵאמֹר:
ב דַּבֵּר אֶל־בְּנֵי יִשְׂרָאֵל וְאָמַרְתָּ אֲלֵהֶם מוֹעֲדֵי יְהוָה אֲשֶׁר־תִּקְרְאוּ אֹתָם מִקְרָאֵי קֹדֶשׁ אֵלֶּה הֵם מוֹעֲדָי:
ג שֵׁשֶׁת יָמִים תַּעֲשֶׂה מִלְּאכָהּ וּבַיּוֹם הַשְּׁבִיעִי שַׁבַּת שַׁבְּתוֹן מִקְרָא־קֹדֶשׁ כָּל־מְלֹאכָהּ לֹא תַעֲשׂוּ שַׁבַּת הוּא לַיהוָה בְּכֹל מוֹשְׁבֹתֵיכֶם:

¹God spoke to Moses, saying: ²Speak to the Israelite people and say to them: These are My fixed times, the fixed times of God, that you shall proclaim as sacred occasions. ³On six days work may be done, but on the seventh day there shall be a sabbath of complete rest, a sacred occasion. You shall do no work; it shall be a sabbath of God throughout your settlements.

^ד אֵלֶּה מוֹעֲדֵי יְהוָה מִקְרָאֵי קֹדֶשׁ אֲשֶׁר־תִּקְרְאוּ אֹתָם בְּמוֹעֲדָם:
ה בַּחֹדֶשׁ הָרִאשׁוֹן בְּאַרְבָּעָה עָשָׂר לַחֹדֶשׁ בֵּין הָעַרְבִים פֶּסַח לַיהוָה:
ו וּבַחֲמִשָּׁה עָשָׂר יוֹם לַחֹדֶשׁ הַזֶּה חַג הַמִּצּוֹת לַיהוָה שִׁבְעַת יָמִים מִצּוֹת תֹּאכְלוּ:
ז בַּיּוֹם הָרִאשׁוֹן מִקְרָא־קֹדֶשׁ יְהִי לָכֶם כָּל־מְלֹאכֶת עֲבֹדָה לֹא תַעֲשׂוּ:
ח וְהִקְרַבְתֶּם אִשָּׁה לַיהוָה שִׁבְעַת יָמִים בַּיּוֹם הַשְּׁבִיעִי מִקְרָא־קֹדֶשׁ כָּל־מְלֹאכֶת עֲבֹדָה לֹא תַעֲשׂוּ:

⁴These are the set times of God, the sacred occasions, which you shall celebrate each at its appointed time: ⁵In the first month, on the fourteenth day of the month, at twilight, there shall be a passover offering to God, ⁶and on the fifteenth day of that month God's Feast of Unleavened Bread. You shall eat unleavened bread for seven days. ⁷On the first day you shall celebrate a sacred occasion: you shall not work at your occupations. ⁸Seven days you shall make offerings by fire to God. The seventh day shall be a sacred occasion: you shall not work at your occupations.

^ט וַיְדַבֵּר יְהוָה אֶל־מֹשֶׁה לֵאמֹר:
י דַּבֵּר אֶל־בְּנֵי יִשְׂרָאֵל וְאָמַרְתָּ אֲלֵהֶם כִּי־תָבֹאוּ אֶל־הָאָרֶץ אֲשֶׁר אָנִי נוֹתֵן לָכֶם וּקְצַרְתֶּם אֶת־קִצְרֶיהָ וְהִבֵּאתֶם אֶת־עֹמֵר רֹאשִׁית קִצְרִיכֶם אֶל־הַכֹּהֵן:
יא וְהִגִּיף אֶת־הָעֹמֵר לִפְנֵי יְהוָה לְרִצְוֹנְכֶם מִמִּחְרַת הַשַּׁבָּת יִגִּיפוּ הַכֹּהֵן:
יב וְעִשִׂיתֶם בַּיּוֹם הַגִּיּוֹפֶכֶם אֶת־הָעֹמֵר כֶּבֶשׂ תָּמִים בְּוֶ־שָׁנָתוֹ לְעֹלָה לַיהוָה:
יג וּמִנְחַתוֹ שְׁנֵי עֶשְׂרֹנָיִם סֵלֹת בְּלוּלָה בַשֶּׁמֶן אִשָּׁה לַיהוָה רֵיחַ נִיחַח וְנִסְכָּה יַיִן רַבִּיעֵת הֵהִין:
יד וּלְחֶם וְקִלִי וְכַרְמֶל לֹא תֹאכְלוּ עַד־עֲצֹם הַיּוֹם הַזֶּה עַד הִבִּיאֲכֶם אֶת־קִרְבֵּן אֱלֹהֵיכֶם חֲקַת עוֹלָם לְדֹרֹתֵיכֶם בְּכֹל מוֹשְׁבֹתֵיכֶם:

⁹God spoke to Moses, saying: ¹⁰Speak to the Israelite people and say to them: When you enter the land that I am giving to you and you reap its harvest, you shall bring the first sheaf of your harvest to the priest. ¹¹He shall elevate the sheaf before God for acceptance in your behalf; the priest shall elevate it on the day after the sabbath. ¹²On the day that you elevate the sheaf, you shall offer as a burnt offering to God a lamb of the first year without blemish. ¹³The grain offering with it shall be two-tenths of a measure of choice flour with oil mixed in, an offering by fire of pleasing odour to God; and the libation with it shall be of wine, a quarter of a *hin*. ¹⁴Until that very day, until you have brought the offering of your God, you shall eat no bread or parched grain or fresh ears; it is a law for all time throughout the ages in all your settlements.

Haftarah for Shabbat Emor

Jeremiah 17:19-27

Thus said the Eternal to me: "Go and stand in the People's Gate, by which the kings of Judah enter and by which they go out, and in all the gates of Jerusalem, and say: 'Hear the word of the Eternal, you kings of Judah, and all Judah, and all the inhabitants of Jerusalem, who enter by these gates. Thus says the Eternal: Take care for the sake of your lives, and do not bear a burden on the Sabbath day or bring it in by the gates of Jerusalem. Do not carry a burden out of your houses on the Sabbath or do any work, but keep the Sabbath day holy, as I commanded your ancestors. Yet they did not listen or incline their ear, but stiffened their neck, that they might not hear and receive instruction.

"But if you listen to me", declares the Eternal, "and bring in no burden by the gates of this city on the Sabbath day, but keep the Sabbath day holy and do no work on it, then there shall enter by the gates of this city kings and princes who sit on the throne of David, riding in chariots and on horses, they and their officials, the men of Judah and the inhabitants of Jerusalem". And this city shall be inhabited forever. And people shall come from the cities of Judah and the places around Jerusalem, from the land of Benjamin, from the Shephelah, from the hill country, and from the Negeb, bringing burnt offerings and sacrifices, grain offerings and frankincense, and bringing thank offerings to the house of the Eternal. But if you do not listen to Me, to keep the Sabbath day holy, and not to bear a burden and enter by the gates of Jerusalem on the Sabbath day, then I will kindle a fire in its gates; it shall devour the palaces of Jerusalem and shall not be extinguished. "

Community News

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Gideon Kingsley and Lauren Wilson, on the birth of their son Caleb.
Simone Martins, on welcoming her into the Jewish people.

We regret to announce the death of:

Jacob Roith, father of Stephen Roith and Esme Kohll.
Melanie Stericker, mother of Pamela Lock.

We join with those marking the anniversary of the death of a loved one:

Gerald Abrahams, father of Barry Abrahams
Tatyana Burina, mother of Olga Sherman
Bernard Colman, father of Marcia Lieberman
Jacob Erban, grandson of Eunice Kossoff
Vivienne Fridjohn, mother of Sara Sayers and Dorothy Sefton-Green
Irene Harari, mother of Joseph Harari
Walter Jackman, father of Robert Jackman
Esther Langdon, mother of Selina Gellert
Alan Lee, father of Sarah Lennard
Joan Manson, mother of Michael Manson
Mayer Melihy, father of Janette Brazil
Max Mitzman, father of Kathryn Salomon
Theodore Oltheten, father of Carien Smith
Donald Philips, brother of Sheila Curtis
Misha Raitzin, father of Marina Newington
Ivor Richards, father of Mark Richards
Pearl Tham, mother of Nira Stern
David Tobias, great uncle of Elisabeth Shinder and Kate Albert
Tom Weiner, husband of Sandra Weiner, brother of Hanni Arnold
Lillian Williams, mother of Sherilyn Music
Beverley Zadikoff, sister of Stephen Margolis
Daisy Zilouf, mother of Darla Rosen

Shabbat Services at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week. At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone can pray and participate by thinking about the needs of those around you. If you need to leave the service to avoid disturbing others, please note that the service can be watched on livestream, this week in the kindergarten.

To help us to separate Shabbat from the rest of the week, please switch off your mobile phone, and do not take photographs or video, or smoke/vape on the premises on Shabbat. **In case of an emergency**, evacuation of the building is either through the main entrance doors, congregating on Temple Grove, or via the kindergarten into the cemetery. Please do not gather on Alyth Gardens as this may block emergency services access.

We will make **Kiddush** together over wine and challah on Friday nights & Shabbat mornings to end our services. We ask that you please not drink or eat until we have said the blessings. On Shabbat, as through the week, we rely on the contribution of many of our members.

Thank you to everyone who has helped to make this Shabbat special.
Shabbat Shalom.

Contact Us - www.alyth.org.uk

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Clergy Team

Rabbi Elliott Karstadt, Rabbi Colin Eimer, Rabbi Nicola Feuchtwang,
Rabbi Josh Levy (Emeritus), Cantor Sarah Grabiner
Rabbi Hannah Kingston (on maternity leave)

Alyth

To Pray. To Learn. To Live. Together



Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time. If we can help in any way, please do not hesitate to speak with one of our Rabbis, lay leaders or a member of the staff team.

Shabbat Shalom

