Shabbat Noach 3 Cheshvan 5786 / 24 & 25 October 2025

Erev Shabbat

18:30 Erev Shabbat Service (in the Beit Tefillah)

Led by Rabbi Nicola and Cantor Sarah Grabiner. Dvar Torah will be given by Cantor Sarah.

Shabbat Morning

9:15 Choir Rehearsal (in the Kindergarten)

Rehearsing Alyth's Shabbat repertoire.

10:30 Shabbat Morning Choral Service (in the Beit Tefillah)

Led by Rabbi Nicola and Cantor Sarah Grabiner together with the Alyth Choir.

The Torah will be read by Rabbi Nicola.

The Sermon will be given by Rabbi Colin Eimer.

There will be an unsupervised kids corner.

Coming up over the Next Month

Thursday Lecture Series

Thursdays From 13 November (20:00)

We are delighted to be bringing you a series of lectures throughout November and December, bringing together people from the arts, legal world and charity sector. Speakers include:

Thursday 13 November: Tim Franks in conversation with Peter Hyman.

Thursday 20 November: Laura Marks (to mark the 20th anniversary of Mitzvah Day). **Thursday 27 November**: Nigel Leskin and Sonia Routledge to host a Q&A session around

immigration and the myths surrounding the subject.

Thursday 4 December: Carolina Guiloff, criminal defence specialist, will talk about her career.

Date to be advised: Actor Elliot Levey will join us in the New Year to talk about his role in Giant.

For further information, please email sam@alyth.org.uk.

New Members Breakfast

Saturday 15 November (9:15)

We are delighted to have welcomed over 100 new members since January 2025. Thank you for being with us. If you have recently joined the community, please join us for breakfast before the Shabbat service. This will be an opportunity to meet one another and members of the Alyth team and lay leadership. Contact sam@alyth.org.uk for more information.

Secret Cinema - Years 5 & 6

Saturday 15 November (17:00)

Join us for an evening of games, adventures, dinner, and immersive cinema. This is a social event where you can expect to see friends old and new. The movie is a secret for now but look online at the flyer to get some clues and to sign up if you would like your child(ren) to participate. Contact eszter@alyth.org.uk for more information.

Mitzvah Dav

Sunday 23 November

To celebrate Mitzvah Day's 20th anniversary, we are excited to announce a week of activities in the lead up to Sunday 23 November.

We start the week with a concert on **Sunday 16 November (15:00)** celebrating all the Alyth choirs, including the Community Choir, Singing for Pleasure, Refugee Choir, AYS Alumni, and interfaith choirs joining us from St Marys and the Ismail Community Ensemble, as well as performances from our drama groups. Throughout the week, there will be opportunities to donate to a food bank, cooking for our Winter Shelter and one of our lecture series culminating on Sunday 23 November with intergenerational activities.

More details to follow in the weekly email.

Alyth Supper Quiz Returns - Be Part Of The Planning Group

On Sunday 1 February, the Alyth Tu Bishvat Supper Quiz returns. If you are interested in being part of the organising working group, please email sarah@alyth.org.uk by 24 October.

Additional Songs and Readings for Shabbat

Y'did nefesh

Words : Eliezer Azikri Music : Ehud and Sara Zweig

> יִדיד נֶפֶּשׁ אָב הָרַחֲמָן מְשׁוֹךְ עַבְדְּךְ אֶל רְצוֹנְךְ. יַרוּץ עַבִּדְּךְ כָּמוֹ אַיַּל יִשְׁתַּחֵוָה אֵל מוּל הַדַרךְ.

Y'did nefesh av ha-rachaman, m'shoch avd'cha el r'tson'cha. Yaruts avd'cha k'mo ayal, yishtachaveh el mul hadar'cha,

Beloved of the soul, source of mercy, draw Your servant to do Your will, to run to You swift as a hart, to bow down low before Your majesty

Blessing on lighting Shabbat candles

בָּרוּךְּ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קְדְשָׁנוּ בְּמִצְוֹתִיו וְצִנְּנוּ לְהַדְלִיק נֵר של שבת:

Baruch attah Adonai eloheinu melech ha-olam, asher kidd'shanu b'mitsvotav, v'tsivvanu l'hadlik neir shel shabbat.

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy, and who commands us to light the Sabbath candles.

A Prayer for the Return of those Lost

Eternal God, the return of 20 living hostages and the hope of ceasefire holding has filled our hearts with joy. Yet we still grieve for those families for whom hope has been extinguished. We share their pain, for loved ones murdered in unthinkable circumstances, whose bodies have been returned among the living. For those families, we pray that the return of their loved ones will give them closure.

And we continue to hold in our hearts those families who are still waiting in uncertainty, without the knowledge of where their loved ones are, still unable to grieve fully. We pray that in time they are able remember their loved ones for the joy of their lives, rather than the tragedy of their deaths.

בַּרוּךְ אָתַּה יִהוָה אֱלֹהֵינוּ מֶלֶךְ הַעוֹלָם מַתִּיר אֲסוּרִים:

Baruch attah Adonai eloheinu melech ha-olam matir asurim.

Blessed are You our Living God, who frees captives.

Text for Dvar Torah

בָּרְכִי נַפְּשִׁי אֶת־יְהֹוָה יְהֹוָה אֱלֹהַי גָּדַלְתָּ מְאֹד הוֹד וְהָדָר לָבָשְׁתָּ: עטֵה־אוֹר כַּשֵּׂלְמַה נוֹטֵה שָׁמַיִם כַּיִּרִיעַה:

Bless the Eternal, O my soul; O Eternal, my God, You are so very great, clothed in glory and beauty, wrapped in light like a robe; Stretching out the heavens like a curtain.

Psalm 104.1-2

הַשֶּׁקֶט שׁוּב צוֹנֵחַ כָּאן מִשְּׁמֵי הָעֶרֶב כִּדְאִיַת דַּיָּה מֵעַל הַתְּהוֹמוֹת וִשְׁמֵשׁ אַדַמַּה נוֹשֶׁקֵת לַהַט חֵרֵב אָת הַפָּסָגוֹת, הַמִּגְדַּלִים וְהַחוֹמוֹת.

> רָאִיתִי עִיר עוֹטֶפֶּת אוֹר וְהִיא עוֹלָה בִּשְׁלֵל צִּבְעֵי הַקֶּשֶׁת וְהִיא נוֹגֶנֶת בִּי כְּנֵכֶל הָעָשׁוֹר רָאִיתִי עִיר עוֹטֶפֶּת אוֹר.

The silence settles again beneath the evening skies, like an eagle swooping above the depths, and, like a flaming sword, the crimson sun above me colours the towers and the walls

I saw a city wrapped in light and it rises in all the colours of the rainbow. Like a ten-stringed harp it plays within me; I see a city wrapped in light. Or Virushalayim by Yosef Sarig (1972)

Lights, Camera, Action - Extras Required

The Movement for Progressive Judaism is in the process of producing a film for a fundraising dinner at the end of November. They are looking for members of our community to be 'extras' in the film. The roles are non-speaking parts. The film itself will be driven by a powerful voice-over, so they need community members who fancy being in front of the camera to take on a few roles, from characters in the film to background artists. There are four scenes we're trying to find actors for and all ages (children, 20s, 40-50s, 70s). The scenes include a bar/bat-mitzvah family, a funeral (at the graveside), an LGBTQ wedding scene and a scene with students. If you've ever fancied yourself an actor, already act in an amateur dramatics group or want a fun experience, then please do get in touch. We're looking to film on either Sunday 26 Oct or Sunday 2 November at the Sternberg Centre and Edgwarebury cemetery. To find our more or express interest in one of these roles, please email: SimonR@progressivejudaism.org.uk

Torah Portion for Shabbat Noach

Genesis 9:1-17

^א וַיִּכָּרֵךְ אֱלֹהֹים אֶת־נֹחֵ וְאֶת־בָּנֵיו וַיַּאְמֶר לָהֶם פְּרוּ וּרְבוּ וּמִלְאוּ אֶת־הָאָרֵץ:
^c וּמוֹרַאֲכֶם וְחִתְּכֶם יִהְיֶה עַל כָּלֹ־חַיַּת הָאָרֶץ וְעַל כָּל־עוֹף הַשָּׁמִים בְּכֹל אֲשֶׁר תִּרְמֹשׁ הְאֲדָמָה וּבְּכָל־דְּגֵי הַיָּם בְּיָדְכֶם נִתְנוּ: ¹ כָּל־רֶמֶשׁ אֲשֶׁר הוּא־חַיֹּ לָכֶם יִהְיֶה לְּצִּלְה כְּיָרֵק עֵשֶׁב נָתַתִּי לָכֶם אֶת־כֹּלִ: ¹ אַךְ־בָּשֶׂר בְּנַפְשׁוֹ דָמוֹ לֹא תֹאכֵלוּ:
ⁿ וְאַךְ אֶת־דְּמְכֶם לְנַפְשֹׁתִיכֶם אֶדְרשׁ מִיִּד כָּל־חַיָּה אֶדְרְשֻׁנִוּ וֹמִיַד הָאָדָם מִיַּד אִישׁ
אָחִיוֹ אֶדְרשׁ אֶת־נַפְשׁ הָאָדָם: ¹ שֹׁפֵּךְ דַּם הָאָדָם בָּאָדָם דְּמוֹ יִשְׁפַּךְ כִּי בְּצֵלֶם
אַלֹהִים עַשָּׁה אֵת־הָאָדָם: ¹ וְאַתַּם פְּרוּ וּרְבוּ שִׁרְצוּ בָאָרֵץ וּרְבוּ־בָה:

אַלֹהִים עַשָּׁה אֵת־הָאָדָם: ¹ וְאַתַּם פְּרוּ וֹרְבוּ שִׁרְצוּ בָאָרֵץ וּרְבוּ־בָה:

אַלֹהִים עַשָּׂה אֵת־הָאָדָם: ¹ וְאַתַּם פְּרוּ וֹרְבוּ שִׁרְצוּ בָאָרֵץ וּרְבוּ־בָּה:

אַלֹהִים עַשָּׂה אֵת־הָאָדָם: ¹ וְאַתַּם פְּרוּ וֹרְבוּ שִׁרְצוּ בָּאָרֵץ וֹרְבוּ־בָּה:

אַלֹהִים עַשָּׂה אֵת־הָאָדָם: ¹ וְאַתַּם פְּרוּ וֹרְבוּ שִׁרְצוֹ בָּאָרֵץ וֹרְבוּרִיבָה:

אַלְהִים עִשָּה אַרִּבוּ בְּאָרָם בִּיּבְּיּ בְּרָּים עִּבְּיֹה בְּיִיבְּיִם בְּיִּבְּיִּ בְּיִּשְׁרִים בְּבָּיִים בְּרָּיִים בְּיִּבְּיִם בְּבְּרִיבְּיִּ בְּיִבְּיִּים בִּיּיִנְנִים בְּלִיבְּיִּים בְּיִּיּבְיִים בְּיִּיבְיִים בְּרִיבְּיִּ בְּרִים בְּיִּיבְּיִים בְּבָּיִיבְּרִם בִּיּרְיִּיִים בְּנִבְּיִּים בְּיִיּיִּיִבְּיִים בְּיִיּרְיִיִּיְיִבְּיִיבְּיִּיִים בְּיִיּרְיִים בְּיִּיִּיְיִים בְּיִיבְיִּיִּים בְּיִבְּיִים בְּיִיבְּיִים בְּיִיבְּיִיבְיִם וּנְּשִׁיִּיְיִם בְּיִבְּיִים בְּיִּבְיִם בְּיִּיְיִים וֹיִשְׁבְּיִּבְיִים בְּיִבְּיִבְיִים בְּיִּבְּתְיּאָרְה בִי וְבִּבְּיִרְרְיוֹ בִינְיבְּיִילְ בָּעְיִים בְּיִיבְּיּבְיּיוֹים בְּיִּבְּתְיהְיבְּיִיבְּיְּהְיּבְיוֹ בִּיְבְיְיוֹיבְיוֹי בְּיִילְיוֹבְיּ בְּיִבְילְיוֹם בְּיִיבְיוֹיה בְּיִילְיוֹתְם בְּיוֹי וּיְבְבְילְיוֹבְייְיוֹיבְיְיוֹיבְיוֹי בְּילְיוֹם בְּיוֹיבְיוֹי בְּבְילוֹי בְּישְׁבְּיוֹיוֹיבְיּיוֹיבְיוֹי בְּיִבְיוֹי בְּיִבְּיְבְיּבְיוֹים בְּיוֹבְיּבְיוֹים בְּיבְּבְּיוֹי בִּיְבְיְיְיּיְבְּיּיוֹים בְּיוֹיבְיְיּיְבְ

¹God blessed Noah and his sons, and said to them, "Be fertile and increase, and fill the earth. ²The fear and the dread of you shall be upon all the beasts of the earth and upon all the birds of the sky—everything with which the earth is astir—and upon all the fish of the sea; they are given into your hand. ³Every creature that lives shall be yours to eat; as with the green grasses, I give you all these. ⁴You must not, however, eat flesh with its life-blood in it. ⁵But for your own life-blood I will require a reckoning: I will require it of every beast; of humankind, too, will I require a reckoning for human life, of everyone for each other! ⁵Whoever sheds human blood, by human [hands] shall that one's blood be shed; for in the image of God was humankind made. ⁵Be fertile, then, and increase; abound on the earth and increase on it."

^ח וַיַּאמֶר אֱלֹהִים אֶל־נֹחַ וְאֶל־בָּנָיוִ אִתּוֹ לֵאמֹר: ^ט וְאֵנִּי הִנְנִי מֵקִים אֶת־בְּרִיתִי אִתְּכֶם וְאֶת־זַרְצְכֶם אֲחֲרִיכֶם: ' וְאֵת כָּל־נֶפֶשׁ הְחַיָּהֹ אֲשֶׁר אִתְּכֶם בָּעוֹף בַּבְּהַמָּה אִתְּכֶם וְאֶת־זַרְצְכֶם אַחֲרִיכֶם: ' וְאֵת כָּלִּי הַמַּבָּה לְכֹּל חַיַּת הָאָרֵץ: '^א וַהֲקְמֹתִי אֶת־וּבְּכָל־חַיַּת הָאָרֵץ: '^א וַהֲקְמֹתִי אֶת־בְּרִיתִי אִתְּכֶם וְלֹא־יִבְּרָת כָּל־בָּשֶּׁר עוֹד מִמֵּי הַמַּבְּוֹל וְלֹא־יִהְיֵה עוֹד מַבּוּל לְשַׁחֵת בִּרִיתִי אִתְּכֶם וְלֹא־יִבְּרָת כָּל־בָּשֶּׁר עוֹד מִמֵּי הַמַּבְּוֹל וְלֹא־יִהְיֵה עוֹד מַבּוּל לְשַׁחֵת הארץ:

⁸And God said to Noah and to his sons with him, ⁹"I now establish My covenant with you and your offspring to come, ¹⁰ and with every living thing that is with you—birds, cattle, and every wild beast as well—all that have come out of the ark, every living thing on earth. ¹¹I will maintain My covenant with you: never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth."

^{¹¹} וַיַּאמֶר אֱלֹהִים זָאַת אוֹת־הַבְּרִית אֲשֶׁר־אֲנִי נֹתֵן בֵּינִי וּבֵינִיכֶּם וּבֵין כָּל־נֵפֶשׁ חַיֶּה אֲשֶׁר אֲשֶׁר־אֲנִי נֹתֵן בֵּינִי וּבֵינִיכֶם וּבֵין כָּל־נֵפֶשׁ חַיֶּה אֲשֶׁר אֲשֶׁר אֲשֶׁר אַתְּכֶּם וּבֵין כָּל־נָפֶשׁ וּבֵין הָאָרֵץ וְנִרְאֲתָה הַקֶּשֶׁת בֶּעָנֵן: ¹¹ וְזָכַרְתִּי אֶתְּר בִּינִי אֲשֶׁר בִּינִי וּבֵינִיכֶם וּבֵין כָּל־נָפֶשׁ חַיֶּה בְּכָל־בָּשֶׂר וְלֹא־יִהְיֶּה עוֹד הַמַּיִם לְמַבּוֹל לְשַׁחַת כָּל־בָּשֶּׁר: ¹¹ וְהָיֶתָה הַקֶּשֶׁת בֶּעָנֵן וּרְאִיתִיה לִזְכֹּר בְּיִית עוֹלָם בַּיִן לְמַבּוֹל לְשַׁחַת כָּל־בָּשֶּׁר: ¹¹ וְהְיֵתְה בִּכְל־בָּשֶּׁר אֲשֶׁר עַל־הָאָרֵץ: ¹¹ וַיִּאמֶר אֱלַהִים אֶל־תֹח אֲלֹהִים אֶל־הִים אֶלֹהִים וּבִין כָּל־בָּשֶּׁר אֲשֶׁר עַל־הָאָרֵץ:

¹²God further said, "This is the sign that I set for the covenant between Me and you, and every living creature with you, for all ages to come. ¹³I have set My bow in the clouds, and it shall serve as a sign of the covenant between Me and the earth. ¹⁴When I bring clouds over the earth, and the bow appears in the clouds, ¹⁵I will remember My covenant between Me and you and every living creature among all flesh, so that the waters shall never again become a flood to destroy all flesh. ¹⁶When the bow is in the clouds, I will see it and remember the everlasting covenant between God and all living creatures, all flesh that is on earth. ¹⁷That," God said to Noah, "shall be the sign of the covenant that I have established between Me and all flesh that is on earth."

Alyth Trip to Poland

Wednesday 29 April - Sunday 3 May 2026

We are running a four-day educational and meaningful trip to Krakow and its surrounding areas. Offered in partnership with J-Roots and the Krakow Progressive Jewish Community, we will visit a number of sites, including a day in Auschwitz. Four-star accommodation, full coach travel, educator and guide all included - Cost for 24 - 25 people £1,650pp; 25 - 30 people £1550pp. Excludes flights and travel insurance.

For further details and to sign up, please email: lynette@alyth.org.uk by 31 October 2025.

Haftarah for Shabbat Noach

Isaiah 54:1-13

¹Shout, O infertile one, you who bore no child! Shout aloud for joy, you who did not travail! For the children of the wife forlorn shall outnumber those of the espoused—said God. ²Enlarge the site of your tent, extend the size of your dwelling, do not stint! Lengthen the ropes, and drive the pegs firm. ³For you shall spread out to the right and the left; your offspring shall dispossess nations and shall people the desolate towns. ⁴Fear not, you shall not be shamed; do not cringe, you shall not be disgraced. For you shall forget the reproach of your youth, and remember no more the shame of your widowhood. ⁵For the One who made you—whose name is "God of Hosts"— will espouse you. The Holy One of Israel who is called "God of all the Earth" — will redeem you. God has called you back as a wife forlorn and forsaken. Can one cast off the wife of his youth?—said your God. ⁷For a little while I forsook you, but with vast love I will bring you back. 8 In slight anger, for a moment, I hid My face from you; but with kindness everlasting I will take you back in love —said God your Redeemer. ⁹For this to Me is like the waters of Noah: as I swore that the waters of Noah nevermore would flood the earth, so I swear that I will not be angry with you or rebuke you. ¹⁰For the mountains may move and the hills be shaken, but my loyalty shall never move from you, nor My covenant of friendship be shaken—said God, who takes you back in love. ¹¹Unhappy, storm-tossed one, uncomforted! I will lay carbuncles as your building stones and make your foundations of sapphires. ¹²I will make your battlements of rubies, your gates of precious stones, the whole encircling wall of gems. ¹³And all your children shall be disciples of God, and great shall be the happiness of your children.

Shabbat Morning Study Passage

The Parables of Flood, Ark, Rainbow

Rabbi Arthur Waskow z"l, excerpted from his teaching on Parashat Noach

What can we learn from this preposterous story? We can see it not as factual history but as a teaching story, a parable.

One oddity in the story can point us toward a specific change: Dates. Times. It specifies the date when the rain began to fall as "the seventeenth day of the second month." It names the date when the Ark's passengers could disembark and receive the Rainbow Covenant: the "twenty-seventh day of the second month." One lunar year plus eleven days: exactly one solar year... and the story specifies how long the rain lasted, the date when the waters stopped their rising, the date when dry ground first appeared, the date when the Ark landed. They are the only dates in all of Genesis: not Abram's leaving home, not Jacob's Godwrestle. Connect this fascination with the specific terms of God's response in the Rainbow Covenant. God mentions precisely the timely cycles through which life renews itself: "Never again will I doom the earth... Never again will I destroy all life so long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night, shall not cease..."

What are we to learn from this? In the age of Modernity, the sacred cycles of time have been thwarted. We have let our desire for "productivity" destroy our sense of holy time and holy cycles. We have become so drunk on our new ability to produce goods that we have forgotten to rest, reflect, contemplate, meditate, celebrate.

This hyper-productive mode, in which time is only a raw material of production, has taken us to the brink of hyper-destruction. In a world that discards meditation and celebration as —literally — a waste of time, the H-bomb, deforestation, the climate crisis, are all inevitable. The Flood and the Rainbow remind us that we must renew the cycles and our celebration of them in order to live.

Special Visitors from Israel over the Next Month

NIF Human Rights Award Winner

Friday 31 October (17:15)

We are delighted to welcome one of this year's UKNIF Human Rights Award recipients, Hanan Alsanah - Director of Itaach Maaki – Women Lawyers for Social Justice, multi-award winning (including recently from Israel's President Herzog) and a Bedouin activist with a range of experience with Palestinian NGOs (within Israel). Hanan trained as a lawyer and was the first Negev representative to the UN in CEDAW (the Convention on the Elimination Of All Forms Of Discrimination Against Women). She has worked for years in unrecognised villages in the Negev as the Education & Development Manager at Sidra. Over 3000 women participated in her adult education projects. Together with Shir Nosatski, Hanan was the face and the force behind the joint Arab-Jewish Emergency Relief Centre in the Negev, set up after the atrocities of 7 October.

Rabbi Ron Kronish

Friday 14 November (17:15)

We are delighted to welcome Rabbi Ron Kronish, who will be our guest on Friday 14 November. Founding Director of the Interreligious Coordinating Council in Israel (ICCI), Ron is now an independent scholar, educator, speaker and writer. He has lived in Jerusalem since 1979. His most recent book is Profiles In Peace (2022). There will be an opportunity to meet Rabbi Ron before the service, and he will give the D'var Torah in our Erev Shabbat service.

Community News

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

We join with those marking the anniversary of the death of a loved one:

Marilyn Abrahams, mother of Barry Abrahams Jill Barrington, mother of Saul Barrington Miriam Beresford, sister of Eva Mendelsson Miriam Bermant, aunt of Hannah Jacobs Louis Bloch, father of Cyril Bloch

Maxwell Brodie, father of Alan Brodie

Freda Chazen, mother of Lynette Chazen and Debbie Korel

John Dudley, father of Annabelle Daiches

Thomas Egri, husband of Susan Egri and father of Charles Imber

Ruth Eker, mother of Jane Arkin **Minnie Ferrer**, mother of Alan Ferrer

Henry Fridjohn, father of Dorothy Sefton-Green and Sara Sayers

Sandra Gee, wife of Steven Gee
Max Gordemer, father of Avril Shattock
Phyllis Gordemer, mother of Avril Shattock
Barbara Green, mother of Mark Green
Gloria Guiloff, sister of Roberto Guiloff
Jessie Jay, mother of Melvyn Jay
Solomon Kantor, father of David Kantor

Sandra Kessel, mother of Anthony Kessel

Bill Levy, mother of Mike Levy

Anne Loebl, mother of Naomi Baker and Miriam Grabiner

Rosa Manzur, grandmother of Aviva Wiser **Alan Massing**, grandfather of James Massing

Norman Meyerowitz, father of Felicia Meyerowitz Singh

Sally Mordecai, sister of Aslan Mordecai **Betty Overlander**, mother of Michael Overlander

Stella Price, mother of Robert Price

Muriel Silverman, mother of Maxine Libson, Sandra Fox and Hazel Morris

Leo Simmons, father of Tina Stanton Ephraim Smith, father of Maureen Rivlin Ralph Stern, husband of Joan Stern Harry Urban, father of Mark Urban Arthur Weissmann, father of Doreen Merkel

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Pabbi Happab Kinastan Pabbi Elliatt Karatadt P

Rabbi Hannah Kingston, Rabbi Elliott Karstadt, Rabbi Colin Eimer, Rabbi Nicola Feuchtwang Rabbi Josh Levy (Emeritus)