

Around Alyth

October 2025 Review



Alyth Rolls Into October



October saw the climax of the High Holy Days, with Yom Kippur starting the month, swiftly followed by Sukkot and Simchat Torah which saw a scroll opened around the Beit Tefillah. Read on for highlights of October at Alyth.

Around Alyth in October

It has been a packed programme of services and events this High Holy Days at Alyth. Between Alyth and The Sternberg Centre, every space was filled, with praying, learning and activities. We had an environmentally-friendly Tashlich on the Heath Extension, throwing seeds into the brook and our beautiful sukkah was decorated by many members of the community—the young adults were spurred on in their efforts with a few cocktails—with great results!



Rolling Out The Torah



To the delight of everyone present at SMG before Simchat Torah, a scroll was unravelled and it stretched out around the entire Beit Tefillah. It was a great way for everyone to see why it takes a year to complete!



Sukkot Sleepout

On the evening of Friday 10 October, 70 children from school years 4-8 slept out in the sukkah to raise money for Together In Barnet which runs the only night shelter in the borough. It was a jam-packed, fun event—but don't just take our word for it. This is just one of the messages we received afterwards:

"I just wanted to send you a quick email to say thank you so much for the Sukkot Sleepout. He had an awesome time and really loved it. He really enjoyed all the games and activities and the madrichim sound like they were all lovely. We're very lucky to be members of a community which puts on events like this!"



How to Talk With Your Children/Parents about the Big Stuff: Spotlight on Social Media



On Thursday 23 October, the Youth and Education Hub, Rabbi Hannah and Sam were joined by two facilitators from One Collective Power. Through their partnership with educational leaders, councils, and public health teams across London, and their collaboration with the Smartphone Free Childhood campaign, One

Collective Power is at the forefront of driving meaningful, accelerated change in the digital landscape for children. Parents and children had two parallel sessions focusing on social media and healthy relationships with technology, specifically smart phones and gaming. We hope to run this again in the future and if you are interested hearing these talks, please contact sam@alyth.org.uk

Bringing Generations Together Monthly on Mondays

We are blessed at Alyth to have a diverse membership, spanning all ages and we also have the benefit of a kindergarten on site. We know that the younger generation can learn from their elders, but those of more advanced years can also benefit hugely from spending time with children. On the last Monday of the month, Alyth Social meets up with Alyth Kindergarten to bring the generations together to have fun and learn together. Topics covered vary and have included trees, penguins and Diwali.



Year 8 B'nei Mitzvah Budapest Trip Monday 27—Thursday 30 October

Our Youth and Education Hub have just returned from a 4 day whirlwind trip to Budapest with 14 year 8's as part of the B'nei Mitzvah journey. They have packed a lot into the short time there including, Heroes' Square, Fisherman's Bastion and the castle, a boat ride up the Danube, touring synagogues, visiting the Shoe Memorial, German Occupational War Memorial and the Jewish Quarter, having a talk from the Golem theatre, a hot air balloon ride, a cooking course, bike riding, Statue Park, fun at the Museum of Illusions, shopping in the covered market and Vaci Utca and of course Aquaworld—just to name a few things! The theme of the trip was “What Makes me Jewish” and we hope that memories were made to last a lifetime!

