

EREV ROSH HASHANAH
AT ALYTH

18:30 EREV FIRST DAY SERVICE (Beit Tefillah)
We start the Yamim Noraim as one community. Join our clergy team for this music-filled beginning to the year.
The D'var Torah will be given by Rabbi Colin.

FIRST DAY ROSH HASHANAH

9:00 JEWISH MINDFULNESS MEDITATION (Online only)
Join the JMM team as we open our hearts and find peace.

AT THE STERNBERG CENTRE

10:15 CHORAL SERVICE (Marquee)
Our choral service with the beautiful sound of the Alyth choir will be taking place in the Marquee. Including the sounding of the shofar. There will be a supervised area for children so that parents can enjoy the opportunity to pray.
The sermon will be given by Rabbi Hannah.

12:00 TORAH STUDY BREAKOUT (Akiva Classroom 1)
During the Torah Service, join Rabbi Colin for a study session looking at the portion for the morning. Rejoining the service for Musaf.

Disabled toilets can be found in the Akiva School building.

FIRST DAY ROSH HASHANAH
AT ALYTH

10:15 KOLLOT (Beit Tefillah)
Our informal, unaccompanied, participatory service which takes place in the round, largely in Hebrew, and encourages communal singing. Including the sounding of the shofar. There will be a supervised area for children so that parents can enjoy the opportunity to pray.
The sermon will be given by Rabbi Hannah.

FIRST DAY ROSH HASHANAH FOR FAMILIES
AT ALYTH

9:30-10:15 SHALEM SERVICE (Leo Baeck Hall)
Join Rabbi Hannah and Han Wood for our Rosh Hashanah service for all children and families with additional needs.

9:30-10:30 ROSH HASHANAH GESHER (Cecil Rosen Hall)
Our musical service providing a bridge between our youngest family services and the next stage in Alyth families' prayer life. Ideal for those who feel they are too old for Sensory, but not quite ready for Big Bang. Led by Rabbi Elliott, Abi Brunner and the Geshher Guitarists.

11:00-12:00 ROSH HASHANAH SENSORY (Leo Baeck Hall)
Join Izzie, Han Wood and the dungareenees for a Rosh Hashanah experience designed to stimulate your babies' senses in the first years of their life.

11:00-12:45 ROSH HASHANAH BIG BANG (Cecil Rosen Hall)
Alyth's participative musical tefillah experience for all the family. Enjoy the joyful sounds of our annual Rosh Hashanah Big Bang with Cantor Sarah Grabiner and the Big Bang musicians. Including the sounding of the shofar.

YOUTH & EDUCATION HUB ACTIVITIES
THE STERNBERG CENTRE (AKIVA CLASSROOMS 2 & 3)

Young people in Reception to School Year 8 are invited to join our Youth and Education Hub for a rolling programme of arts and crafts, music and much more.
Please note: All those in School Year 8 and younger will need to be signed in and out of the Hub space.

The Youth and Education Hub will accept responsibility for children when they are in the Hub space, but children are the responsibility of their parents/carers when moving around the site.

ROSH HASHANAH AFTERNOON

16:00 TASHLICH TOGETHER
If you would like company for the symbolic 'casting away of sins', join Rabbi Nicola for a brief Tashlich ceremony on the Heath Extension. Please meet at 15:50 for a 16:00 start at the bottom of Heathgate where it meets Meadway (NW11 7AR).

EREV SECOND DAY ROSH HASHANAH
AT ALYTH

18:30 EREV SECOND DAY SERVICE (Cecil Rosen Hall)
A gentle service to bring in the second day of Rosh Hashanah with Rabbi Nicola and Cantor Sarah Grabiner.

SECOND DAY ROSH HASHANAH
AT ALYTH

10:15 CHORAL SHACHARIT SERVICE (Beit Tefillah)
Our choral service with the beautiful sound of the Alyth choir. The sermon will be given by Cantor Sarah Grabiner. With an unsupervised Kids' Corner.

10:30 INTERGENERATIONAL GUITAR LED SHACHARIT (Cecil Rosen Hall)
Join us for a joyful guitar led Shacharit service for all generations, blending traditional Rosh Hashanah liturgy with familiar Shabbat melodies.

11:30 CHORAL TORAH AND MUSAF SERVICE (Beit Tefillah)
The service continues in the Beit Tefillah with a choral Torah and Musaf service with the beautiful voices of the Alyth choir.

10:30 INTERGENERATIONAL TORAH CHEVRUTA AND MUSAF (Cecil Rosen Hall)
The service continues with participants of all ages coming together for Torah learning. Through guided chavruta study, we will explore the Torah portion, sparking conversation, connection, and mutual learning across age groups. The service will conclude with an abridged Musaf. Including the sounding of the shofar.

13:00 ROSH HASHANAH B'YACHAD LUNCH (Leo Baeck Hall)
Join us for a communal lunch after the services. It's not too late to book by emailing lynette@alyth.org.uk.

Services and Sessions in dark blue take place at The Sternberg Centre
Services and Sessions in dark green take place at Alyth
Services and Sessions in light blue are especially for families and younger members, taking place at Alyth and The Sternberg Centre

Yom Kippur 5786

Go to www.alyth.org.uk/hhd2025 for full details of the programme and FAQs.

KOL NIDRE (Wednesday 1 October)

The fast commences at 18:24.
All services on Kol Nidre will take place at the Sternberg Centre

19:00 KOL NIDRE (Marquee)

We begin with our annual cello recital of Kol Nidre to help us to prepare for the day ahead. This will take place from 19:00. Please note that there will be no entry to the Marquee while the cello is being played. At 19:15, we will reopen the doors, before we rise together and remove our Sifrei Torah for the ritual of Kol Nidre. The sermon will be given by Rabbi Josh at approximately 19:30.

Followed by a choice of five options at approximately 20:00

CHORAL KOL NIDRE SERVICE (Marquee)

KOLLOT NIDRE (Akiva School Hall)

SOUL NIDRE (Manor House Drawing Room)

YOUTH HUB FOR PRE TEEN (Akiva Classroom 1)

TEEN NIDRE (Akiva Classroom 2)

YOM KIPPUR (Thursday 2 October)

Shacharit

10:00 KOLLOT SHACHARIT SERVICE (Alyth Beit Tefillah)

10:30 CHORAL SHACHARIT SERVICE (Marquee)

The sermon will be given by Rabbi Elliott in both the Choral and Kollot services. There will be a supervised Kids Corner in both services

Family Services (at Alyth and the Sternberg Centre)

10:00 YOM KIPPUR SENSORY (Alyth - Leo Baeck Hall)

11:30 INTERGENERATIONAL GUITAR SERVICE (Sternberg Centre - Akiva Hall)

YOUTH AND EDUCATION HUB ACTIVITIES AT THE STERNBERG CENTRE AND ALYTH

A rolling programme of arts and crafts, music and much more.

FAMILY FOOD

One of the ground floor Akiva classrooms will be made available for families to eat their lunch if they wish to stay at the Sternberg Centre throughout the day.

Torah Services

12:00 KOLLOT TORAH AND MUSAF SERVICE (Alyth Beit Tefillah)

12:30 CHORAL TORAH SERVICE (Marquee)

12:30 STUDY SESSION (Akiva 1st Floor Room)

WEATHER DEPENDING

Join the Alyth Green Team to walk from Alyth over to the Sternberg Centre.

Musaf

13:30 CHORAL MUSAF AVODAH (Akiva School Hall)

13:30 STUDY SESSION (Akiva 1st Floor Room)

13:30 MUSIC AND ART SESSION (Akiva Classroom)

14:30 MUSAF MARTYROLOGY (Akiva School Hall)

14:30 WELL BEING SERVICE (Manor House Drawing Room)

14:30 STUDY SESSION (Akiva 1st Floor Room)

Mincha

16:00 GESHER MINCHA FOR ALL GENERATIONS

Our Yom Kippur afternoon family service, suitable for all the generations of Alyth.

16:00 MINCHA SERVICE (Marquee)

16:00 MINCHA MEDITATION (Akiva Classroom 1)

16:30 STUDY SESSION (Akiva 1st Floor Room)

Yizkor

17:30 YIZKOR SERVICE (Marquee)

Please arrive in good time for the start of Yizkor as you will not be allowed entry into the Marquee once the service has started.

17:00 REFLECT WITH OUR YOUTH AND EDUCATION TEAM (Akiva Classroom 2)

Neilah

18:15 SERMON & NEILAH SERVICE (Marquee)

The sermon will be given by Rabbi Nicola.

19:23 HAVDALAH AND BREAKING THE FAST

Security Notice

At this time of heightened security, please follow these guidelines:

- Keep gates and doors closed at all times
- Be alert for suspicious people and activities, and report anything that you see
- Avoid congregating outside communal buildings
- Do not leave any personal belongings, especially bags, unattended

Sukkot
Young Adult Sukkah Build: Cocktails and Canopies
Saturday 4 October, 18:00-20:00
Erev Sukkot Service
Monday 6 October, 18:30
Sukkot First Day Services
Tuesday 7 October, 10:15

Simchat Torah
Mazal Tov to our Chatan Torah, Jason Kosky, and our Kallah B'reishit, Tracey Kieve. Please join us to celebrate with them.
Erev Simchat Torah Services
Monday 13 October, 18:30
Simchat Torah Morning Services
Tuesday 14 October, 10:15

DATES FOR YOUR DIARY

Film Screening: Holding Liat
Sunday 5 October, 19:00-21:00

Holding Liat is a powerful documentary about Liat Atzili's family's struggle for her release from captivity in Gaza, and the aftermath of 7 October from the perspectives of people committed to humanity and peace. Winner of Best Documentary at the 2025 Berlin International Film Festival, the film will be screened in partnership with NIF. Following the film there will be a discussion with the film makers.

November Lecture Series
Thursdays From 6 November 20:00

We are delighted to be bringing you a series of lectures throughout November. Our first lecture will be on Thursday 6 November with actor Elliot Levey who has just completed his run in the stage adaptation of Giant in the West End, playing Tom Maschler, Roald Dahl's Jewish publisher, a role which won him an Olivier. Elliot will be interviewed about the complexity of playing this part as a practicing Progressive Jew. As Elliot is currently waiting for his filming schedule, this evening is subject to change, but Elliot is committed to coming and sharing his experiences with Alyth. For further information, please email sam@alyth.org.uk.

New Members Breakfast
Saturday 15 November, 9:15-10:15

We are delighted to have welcomed over 100 new members since January 2025. Thank you for being with us. If you have recently joined the community, please join us for breakfast before the service on Shabbat morning 15 November. This will be an opportunity to meet one another and members of the Alyth team and lay leadership.

Mitzvah Day
16 - 23 November 2025

To celebrate Mitzvah Day's 20th anniversary, we are excited to announce a week of activities in the lead up to Sunday 23 November. We start the week with a concert on **Sunday 16 November** celebrating all the Alyth choirs (including the Community Choir, Singing for Pleasure, Refugee Choir, AYS Alumni as well as performances from our drama groups). Throughout the week there will be opportunities to donate to a food bank, cooking for our Winter Shelter, and an interfaith outing. Culminating on **Sunday 23 November** with intergenerational activities.

Alyth's Annual Supper Quiz
Sunday 1 February

Don't miss Alyth's Annual Supper Quiz, so please put it in your diary now! More details to follow. If you would like to help organise this event, please get in touch with Sarah and sarah@alyth.org.uk or 020 8457 8787.

Alyth Trip to Poland
Wednesday 29 April - Sunday 3 May 2026

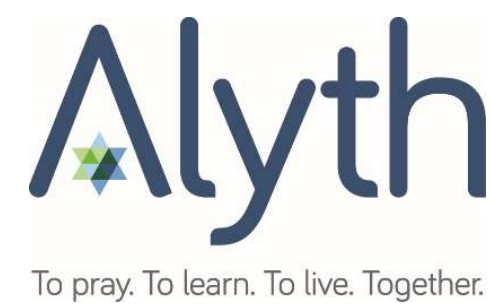
We are running a four day educational and meaningful trip to Krakow and its surrounding areas. Offered in partnership with J-Roots and the Krakow Progressive Jewish Community, we will visit a number of sites, including a day in Auschwitz. Four star accommodation, full coach travel, educator and guide all included - Cost for 24 - 25 people £1,650pp; 25 - 30 people £1550pp. Excludes flights and travel insurance. For further details and to sign up, please email: lynette@alyth.org.uk by 25 October 2025.

SWAY AWAY
24 - 28 August 2026

Our residential camp for current Years 3 - 8, running from Monday to Friday. Summer with Alyth Youth is an annual milestone in our young people's lives. It is our home away from home, led by our wonderful team of Alyth-trained madrichim.

Nachman of Bratslav's Prayer for Peace
May it be Your will, Eternal God, that war and bloodshed be abolished from the world, that a great and wondrous peace rule forever; that never again shall nation lift up sword against nation, and never again shall they train for war. But may all who dwell on the earth recognize and understand the basic truth: that we have not come into this world for strife and division, nor for hate and jealousy, contrariness and bloodshed; but we have come into this world to recognize and know You, may You be blessed forever.

A Prayer for the Release of Captives
God of Abraham, the first who risked his life for the release of captives. God of Moses, Miriam and Aaron, whose words and actions brought us out of slavery. God of Elijah, who was comforted through his deep despair, by Your still small voice. Be with those everywhere who are enslaved and captive. We wait and pray in hope that they will be returned to their loved ones. In this time of uncertainty, grant strength and resilience to them and their families. Give wisdom, courage and conviction to all those working to bring them home. Help us to understand what we too can do to support those in distress.
בְּרוּךְ אַתָּה יְיָ הוֹה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם מִתִּיר אֲסוּרִים:
Baruch attah Adonai eloheinu melech ha-olam matir asurim.
Blessed are you our Living God, who frees captives.



Welcome to Alyth
Rosh Hashanah 5786

Thank you for being with us.
If we can help in any way, please do not hesitate to speak with one of our Rabbis, lay leaders or a member of the staff team.
Please take this Shul Sheet home with you so that you know what is going on over the coming weeks.
Shanah Tovah