



To pray. To learn. To live. Together.

HIGH HOLY DAYS (5786 - 2025)

LOCATION KEY:

SERVICES AND SESSIONS IN GREEN TAKE PLACE AT **ALYTH SYNAGOGUE (NW11 7EN)**

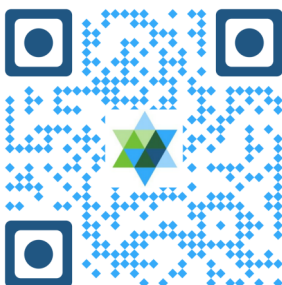
SERVICES AND SESSIONS IN DARK BLUE TAKE PLACE AT **THE STERNBERG CENTRE (N3 2SY)**

SERVICES AND SESSIONS IN LIGHT BLUE ARE FOR FAMILIES AND OUR YOUNGER MEMBERS
AND TAKE PLACE AT **ALYTH AND THE STERNBERG CENTRE**



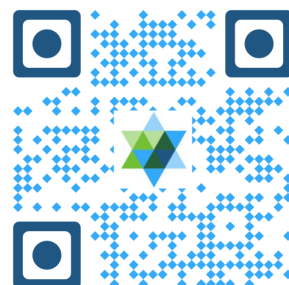
"IN DETAIL" GUIDE

SCAN THE QR CODE FOR FULL DETAILS
OF SERVICES AND SESSIONS.
THIS WILL BE AVAILABLE FROM
MONDAY 1 SEPTEMBER



MACHZOR - PRAYER BOOK

IN ALL SERVICES, APART FROM FAMILY &
ALTERNATIVE SERVICES, WE WILL BE USING
THE NEW (2024) MACHZOR. THESE CAN BE
PURCHASED BY SCANNING THE QR CODE.
THEY WILL ALSO BE ON SALE AT ALYTH ON
SUNDAY 14 SEPTEMBER (10-12)



ROSH HASHANAH 5786

OVERVIEW

EREV ROSH HASHANAH (MONDAY 22 SEPTEMBER)

18:30 **EREV ROSH HASHANAH SERVICE** (Alyth: Beit Tefillah)
The D'var Torah will be given by Rabbi Colin

FIRST DAY ROSH HASHANAH (TUESDAY 23 SEPTEMBER)

9:00 **JEWISH MINDFULNESS MEDITATION** (Online only)
10:15 **ROSH HASHANAH CHORAL SERVICE** (Sternberg Centre: Marquee)
With the option of joining a Torah Study breakout during the Torah Service with Rabbi Colin in an Akiva classroom
10:15 **KOLLOT SERVICE** (Alyth: Beit Tefillah)
With a supervised Kids Corner
The sermon will be given by Rabbi Hannah in both services

FAMILY HUB AND SERVICES

*On Rosh Hashanah, our Family Services will be taking place at Alyth.
Youth and Education activities will be taking place at the Sternberg Centre.
Please see overleaf for more information*

9:30 **SHALEM SERVICE** (Alyth: Leo Baeck Hall)
9:30 **ROSH HASHANAH GESHER** (Alyth: Cecil Rosen Hall)
10:30 **GESHER TORAH BREAKOUT** (Alyth: Upstairs Hall)
11:00 **ROSH HASHANAH SENSORY** (Alyth: Leo Baeck Hall)
11:00 **ROSH HASHANAH BIG BANG** (Alyth: Cecil Rosen Hall)

ROSH HASHANAH AFTERNOON (TUESDAY 23 SEPTEMBER)

16:00 **TASHLICH TOGETHER WITH RABBI NICOLA** (Meeting at NW11 7AR)
Or a "Do It Yourself" Tashlich in your own time
A service guide prepared by our rabbis can be found at www.alyth.org.uk/tashlich

EREV SECOND DAY ROSH HASHANAH (TUESDAY 23 SEPTEMBER)

18:30 **EREV ROSH HASHANAH SERVICE** (Alyth: Cecil Rosen Hall)

SECOND DAY ROSH HASHANAH (WEDNESDAY 24 SEPTEMBER)

10:15 **CHORAL SHACHARIT SERVICE** (Alyth: Beit Tefillah)
With an unsupervised Kids Corner
The sermon will be given by Cantor Sarah Grabiner in the Choral service
10:30 **INTERGENERATIONAL GUITAR LED SHACHARIT** (Alyth: Cecil Rosen Hall)
11:30 **CHORAL TORAH AND MUSAF SERVICE** (Alyth: Beit Tefillah)
11:30 **INTERGENERATIONAL TORAH CHAVRUTA** (Alyth: Cecil Rosen Hall)
13:00 **B'YACHAD LUNCH** (Alyth: Leo Baeck Hall)

YOM KIPPUR 5786

OVERVIEW

KOL NIDRE (WEDNESDAY 1 OCTOBER)

The Yom Kippur Fast commences at 18:24

19:00 KOL NIDRE RITUAL (Sternberg Centre: Marquee)
The service starts with a cello recital of Bruch's Kol Nidre
Doors will be reopened at 19:15 for the ritual of Kol Nidre, standing together as we open the ark and remove our Sifrei Torah

19:30 KOL NIDRE SERMON (Sternberg Centre: Marquee)
Given by Rabbi Josh.

Followed by a choice of services:

20:00 CHORAL KOL NIDRE SERVICE	(Sternberg Centre: Marquee)
KOLLOT NIDRE	(Sternberg Centre: Akiva School Hall)
SOUL NIDRE	(Sternberg Centre: Drawing Room)
YOUTH HUB FOR PRE-TEENS	(Sternberg Centre: Akiva Classrooms)
TEEN NIDRE	(Sternberg Centre: Akiva Classrooms)

YOM KIPPUR MORNING (THURSDAY 2 OCTOBER)

10:00-12:00 KOLLOT SHACHARIT SERVICE (Alyth: Beit Tefillah)

10:30-12:30 CHORAL SHACHARIT SERVICE (Sternberg Centre: Marquee)

The sermon will be given in both services by Rabbi Elliott
There will be a supervised Kids Corner in both services

YOM KIPPUR MORNING TORAH SERVICES

12:00-13:30 KOLLOT TORAH & MUSAF SERVICE (Alyth: Beit Tefillah)

After this service a group of members will walk over to the Sternberg Centre together

12:30-13:15 CHORAL TORAH SERVICE (Sternberg Centre: Marquee)

12:30-13:15 STUDY SESSION (Sternberg Centre: Akiva 1st Floor Room)

FAMILY HUB AND SERVICES

On Yom Kippur, our Family Services will be taking place at both Alyth and the Sternberg Centre
Please check the location of your chosen service. Youth and Education activities will be taking place at the Sternberg Centre. Please see overleaf for more information.

10:00 YOM KIPPUR SENSORY (Alyth: Leo Baeck Hall)

11:30 INTERGENERATIONAL SERVICE (Sternberg Centre: Akiva School Hall)

YOM KIPPUR MUSAF AVODAH

13:30-14:20 CHORAL MUSAF AVODAH SERVICE (Sternberg Centre: Akiva School Hall)

13:30-14:20 MUSIC & ARTS SESSION (Sternberg Centre: Akiva Classroom)

13:30-14:20 STUDY SESSION (Sternberg Centre: Akiva 1st Floor Room)

YOM KIPPUR 5786 CONTINUED

YOM KIPPUR MUSAF MARTYROLOGY

14:30-15:30	MUSAF MARTYROLOGY SERVICE	(Sternberg Centre: Akiva School Hall)
14:30-15:30	WELLBEING SERVICE	(Sternberg Centre: Drawing Room)
14:30-15:30	STUDY SESSION	(Sternberg Centre: Akiva 1 st Floor Room)

YOM KIPPUR MINCHA

16:00-17:15	MINCHA SERVICE	(Sternberg Centre: Marquee)
16:00-17:00	MINCHA MEDITATION	(Sternberg Centre: Akiva Classroom)
16:00-17:00	STUDY SESSION	(Sternberg Centre: Akiva 1 st Floor Room)
16:00-17:00	GESHER MINCHA	(Sternberg Centre: Akiva School Hall)

YOM KIPPUR YIZKOR AND NEILAH

17:30	YIZKOR SERVICE	(Sternberg Centre: Marquee)
	<i>Please arrive in good time for the start of Yizkor</i> <i>Entry into the marquee may not be allowed once the service has begun.</i>	
17:30	REFLECT WITH YEHI	(Sternberg Centre: Akiva Classroom)
18:15	SERMON, NEILAH SERVICE	(Sternberg Centre: Marquee)
	<i>The sermon will be given by Rabbi Nicola</i>	
19:23	HAVDALAH & THE END OF THE FAST	(Sternberg Centre: Marquee)

YOUTH & EDUCATION

Young people in Reception to School Year 8 are invited to join our Youth and Education Hub for a rolling programme of arts and crafts, drama, music and much more at the Sternberg Centre on both Rosh Hashanah and Yom Kippur.

Staffed by our trained madrichim (youth leaders), this area will be a safe space for your children to engage with the High Holy Days.

Please be aware that everyone in School Year 8 and younger will need to be signed in and out of the Hub by an adult. The Youth and Education team will have responsibility for children when they are in the Hub, but when children are around the site, they are the responsibility of their parents/carers.

Whilst we are not prescriptive about the ages of our family services, here is an overview so that you can decide which are the most appropriate for your family:

- SHALEM is for all children and families with additional needs.
- SENSORY is designed to stimulate your babies' senses in the first years of their life.
- GESHER is when your child feels too old for Sensory, but Big Bang feels too grown up.
- BIG BANG is our participative musical tefillah experience for all the family with musicians on guitar and drums.
- INTERGENERATIONAL SERVICES AND GESHER MINCHA are for all generations.

On Yom Kippur, one of the ground floor Akiva classrooms will be made available for families to eat their lunch if they wish to stay at the Sternberg Centre throughout the day.