

Shabbat Bo

3 Sh’vat 5785 / 31 January – 1 February 2025

Erev Shabbat

18:30 ‬ Erev Shabbat Service (in the Beit Tefillah)

Led by Rabbi Elliott, Rabbi Hannah and Gideon Lyons.

We are delighted to be joined by special guest, **Yocheved Ruttenberg**, who is visiting the UK from Israel and giving our Dvar Torah this evening.

Yocheved moved from America to Israel after the events of 7 October and founded one of the fastest growing volunteer networks, Sword of Iron Volunteering, through which over 40,000 people have contributed to civilian support over the past 16 months.

Our Erev Shabbat will also include special readings and songs for Mental Health Awareness Shabbat.

19:30 ‬ Chavurah Supper (in the Leo Baeck Hall)

Catch up with old friends and new whilst enjoying a “potluck” dinner, where everyone provides a vegetarian or fish (nut free) dish, main course or dessert. There will also be a lively music jam session with Rabbi Elliott and Gideon Lyons on guitar and Mark Greenfield on the Cajon. Yocheved will stay for our Chavurah supper to engage in conversation with our members over dinner.

Shabbat Morning

9:15 ‬ Shabbat Morning Shiur (in the Upstairs Meeting Room)

Rabbi Galit Cohen-Kedem from Holon Progressive Community in Israel, who once gave a sermon to Alyth from a bomb shelter, will join us to share her experiences over the past few months. After a decade of campaigning for municipal land to build a synagogue, Mayor of Holon, Shai Keinan is blocking the construction of the Reform Jewish building. Rabbi Galit will help us to explore ways in which we can help to support with events in Israel.

10:30 ‬ Shabbat Morning Service with Guitar (in the Beit Tefillah)

Led by Rabbi Hannah and Rabbi Josh.

The Torah will be read by Tali Mason.

The Sermon will be given by Lynette Chazen, Head of Community Care to mark Mental Health Awareness Shabbat.

There will be an unsupervised kids corner in the Beit Tefillah.

Shabbat Afternoon

16:00 ‬ Sensory Havdalah (in the Leo Baeck Hall)

Havdalah is one of our most Sensory experiences. We see the flickering candle flame, smell the sweet spices and taste the wine. Join Rabbi Hannah, Hannah Wood and the dungareenees, for this special Sensory Havdalah experience where our youngest members can wave goodbye to Shabbat and prepare to start the week anew. Feel free to wear your PJs or onesies!

16:00 ‬ Secret Cinema (in the Beit Tefillah)

A highlight of the Youth and Education calendar where all those in year 3 and 4, join us for a cinema evening with dinner, snacks, fun and friends.

Shabbat Services at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week. ‬ At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. ‬ Please help us to ensure that everyone can pray and participate by thinking about the needs of those around you. ‬ If you need to leave the service to avoid disturbing others, please note that the service can be watched on livestream, this week in the kindergarten.

To help us to separate Shabbat from the rest of the week, please switch off your mobile phone, and do not take photographs or video, or smoke/vape on the premises on Shabbat.

When we want to show appreciation during a service, it is traditional not to applaud but to shout ‘*yasher koach*’ or ‘*sh’koach*’, which means ‘strength to you.’ ‬ Please refrain from applauding but join in this greeting.

In case of an emergency, evacuation of the building is either through the main entrance doors, congregating on Temple Grove, or via the kindergarten into the cemetery. Please do not gather on Alyth Gardens as this may block emergency services access.

We will make Kiddush together over wine and challah on Friday nights & Shabbat mornings to end our services. ‬ We ask that you please not drink or eat until we have said the blessings.

On Shabbat, as through the week, we rely on the contribution of many of our members. Thank you to everyone who has helped to make this Shabbat special. ‬ *Shabbat Shalom*

Additional Songs and Readings for Shabbat

Reading for Mental Health Awareness Shabbat

	דאָגה בלָב איש ישַׁחנָה	
	רַבִּי אַמִּי וְרַבִּי אָסִי, חַד אָמַר: יִשְׁחַנָּה מִדַּעְתּוֹ, וְחַד אָמַר: יִשְׁיחַנָּה לְאַחֲרֵים	
	If there is care in a person's heart, let them quash it [Yashchenah] (Proverbs 12:25). Rabbi Ami and Rabbi Assi disagree about the verse's meaning. ‬ One said: They should forcefully push it [yaschenah] out of their mind. The other said: They should tell [y’sichenah] their concerns to others.	
	<i>Babylonian Talmud, Yoma 75a</i>	

On this Mental Health Awareness Shabbat, may we commit ourselves to community, creating a space of safety in which each of us can share the cares of our hearts with others. When we experience anxiety, depression, or loneliness, may God grant us the strength to hear the voice of Rabbi Assi in our lives, and to feel the love and presence of community.

Adonai Oz	Music: Yoel Sykes and Daphna Rosenberg
Words: Psalm 29:11	

יְהוָה עֲזֵ, לְעֲמּוֹ יִתֵּן; יְהוָה, יְבָרֵךְ אֶת-עַמּוֹ בְּשָׁלוֹם
Adonai oz l'ammo yittein. ‬ Adonai y'vareich et ammo vashalom.
God give strength to Your people, God bless Your people with peace.

Hashkiveinu	
Music: Dan Nichols	

הַשְׁכִּיבֵנוּ יְהוָה אֱלֹהֵינוּ לְשָׁלוֹם וְהַעֲמִידֵנוּ מִלְּכָנוּ לְחַיִּים	
Hashkiveinu Adonai eloheinu l'shalom, v'ha'amideinu malkeinu l'chayyim	
<i>Spread the shelter of Your peace over us; Guide us in wisdom, compassion and trust</i>	
<i>Save us for the sake of Your name; Shield us from hatred, sorrow and pain</i>	
בְּרוּךְ אַתָּה יְהוה. הַפּוֹרֵשׁ סִכָּת שְׁלוֹם עָלֵינוּ וְעַל-עַמּוֹ יִשְׂרָאֵל וְעַל-כָּל־הָעוֹלָם:	
Baruch attah Adonai, ha-poreis sukkat shalom aleinu v'al ammo yisra'el, v'al kol ha-olam	
<i>Blessed are You God, spreading the shelter of peace over us, over Your people Israel, and over all the world.</i>	

Nachman of Bratslav’s Prayer for Peace

May it be Your will, Eternal God, that war and bloodshed be abolished from the world, that a great and wondrous peace rule forever; that never again shall nation lift up sword against nation, and never again shall they train for war. But may all who dwell on the earth recognize and understand the basic truth: that we have not come into this world for strife and division, nor for hate and jealousy, contrariness and bloodshed; but we have come into this world to recognize and know You, may You be blessed forever.

A Prayer for the Release of Captives

Words: based on the words of Kol Haneshamah Reform Congregation, Jerusalem

God of Abraham, the first who risked his life for the release of captives. God of Moses, Miriam and Aaron, whose words and actions brought us out of slavery. God of Elijah, who was comforted through his deep despair, by your still small voice. Be with those everywhere who are enslaved and captive. We wait and pray in hope that they will be returned to their loved ones. In this time of uncertainty, grant strength and resilience to them and their families. Give wisdom, courage and conviction to all those working to bring them home. Help us to understand what we too can do to support those in distress.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מִלֵּךְ הָעוֹלָם מַתִּיר אֲסוּרִים:

Baruch attah Adonai eloheinu melech ha-olam matir asurim.

Blessed are you our Living God, who frees captives.

Ana El Na	Music: Daphna Rosenberg and Naveh Agmon
Words: based on Numbers 12:13	

אָנָּא אֵל נָּא רָפָא נָּא לָהּ	
Ana El na, r'fa na la	
<i>Please God, please bring healing.</i>	

Olam Chesed Yibaneh / Oseh Shalom	Music: Menachem Creditor / Yoel Sykes
Words: Psalm 89:3 / liturgy	

עוֹלָם חֶסֶד יִבְנֶהּ	
Olam chesed yibaneh, yai dai dai, dai dai dai dai dai dai	
<i>The world will be built with loving kindness .</i>	

עֲשֵׂה שְׁלוֹם בְּמִרּוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל־יִשְׂרָאֵל וְעַל־כָּל־יְיּוֹשְׁבֵי תֵבֵל וְאֶמְרוּ אָמֵן:

Oseh shalom bimromav, hu ya'aseh shalom aleinu v'al kol yisra'el, v'al kol yoshvei tevel v'imru amen.

May the Maker of peace in the highest bring this peace upon us, upon all Israel and upon all who inhabit the world. Amen.

Torah Portion for Shabbat Bo

Exodus 10:1-20

א וַיֹּאמֶר יְהוָה אֶל־מֹשֶׁה בֹּא אֶל־פַּרְעֹה כִּי־אֲנִי הִכְבַּדְתִּי אֶת־לְבֹו וְאֶת־לֵב עֲבָדָיו לִמְעַן שְׁתִּי אֶתְתִּי אֵלָה בְּקִרְבּוֹ: ב וּלְמַעַן תִּסְפֹּר בְּאָזְנִי בִגְד וּבִן־בִּנְךָ אֶת אֲשֶׁר הִתְעַלְלָתָּ לִּי בַּמִּצְרִים וְאֶת־אֲתַתִּי אֲשֶׁר־שַׁנַּמְתִּי בָם וַיְדַעְתֶּם כִּי־אֲנִי יְהוָה: ג וַיְבֹא מֹשֶׁה וְאַהֲרֹן אֶל־פַּרְעֹה וַיֹּאמְרוּ אֵלָיו כֹּה־אָמַר יְהוָה אֱלֹהֵי הָעִבְרִים עַד־יָמֵתִי מֵאַנֹּת לַעֲנֹת מִפְּנֵי שְׁלַח עַמִּי וַיַּעֲבֹדְנִי: ד כִּי אִם־מֵאֵן אַתָּה לְשַׁלַּח אֶת־עַמִּי הַנִּנְגִי מִבְּיֹא מִחַר אַרְבָּה בְּגִבְלֶךָ: ה וְכִסּוֹה אֶת־עֵין הָאָרֶץ וּלֹא יוּכַל לָרֹאת אֶת־הָאָרֶץ וְאָכַל ׀ אֶת־יִתְר הַפְּלִטָּה הַנִּשְׁאַרְת לָכֶם מִן־הַבֶּרֶךְ וְאָכַל אֶת־כָּל־הָעֵץ הַצֹּמַח לָכֶם מִן־הַשָּׂדֶה: ו וּמָלְאוּ בְתִיד וּבְתִי כָל־עֲבָדֶיךָ וּבְתִי כָל־מִצְרַיִם אֲשֶׁר לֹא־רָאוּ אֲבֹתֶיךָ וְאִבּוֹת אֲבֹתֶיךָ מִיּוֹם הָיוּתֶם עַל־הָאָדָמָה עַד הַיּוֹם הַזֶּה וַיִּפֹּן וַיֵּצֵא מֵעַם פֶּרַעַה: ז וַיֹּאמְרוּ עֲבָדֵי פַרְעֹה אֵלָיו עַד־יָמָתִי יִהְיֶה זֶה לָנוּ לְמוֹקֵשׁ שְׁלַח אֶת־הָאֲנָשִׁים וַיַּעֲבְדוּ אֶת־יְהוָה אֱלֹהֵיהֶם הַטֶּרֶם תִּדְּעַ כִּי אֲבָדָה מִצְרַיִם:

¹Then God said to Moses, “Go to Pharaoh. For I have hardened his heart and the hearts of his courtiers, in order that I may display these My signs among them, ²and that you may recount in the hearing of your child and of your child's child how I made a mockery of the Egyptians and how I displayed My signs among them—in order that you may know that I am God.” ³So Moses and Aaron went to Pharaoh and said to him, “Thus says God, the God of the Hebrews, ‘How long will you refuse to humble yourself before Me? Let My people go that they may worship Me. ⁴For if you refuse to let My people go, tomorrow I will bring locusts on your territory. ⁵They shall cover the surface of the land, so that no one will be able to see the land. They shall devour the surviving remnant that was left to you after the hail; and they shall eat away all your trees that grow in the field. ⁶Moreover, they shall fill your palaces and the houses of all your courtiers and of all the Egyptians—something that neither your fathers nor fathers' fathers have seen from the day they appeared on earth to this day.” With that he turned and left Pharaoh’s presence. ⁷Pharaoh’s courtiers said to him, “How long shall this one be a snare to us? Let a delegation go to worship their God! Are you not yet aware that Egypt is lost?”

ח וַיּוֹשֹׁב אֶת־מֹשֶׁה וְאֶת־אַהֲרֹן אֶל־פַּרְעֹה וַיֹּאמֶר אֲלֵהֶם לָכוּ עֲבָדוּ אֶת־יְהוָה אֱלֹהֵיכֶם מִי וּמִי הֵהֱלָכִים: ט וַיֹּאמֶר מֹשֶׁה בְּנֻעָרֵינוּ וּבְזֻקְנֵינוּ גִלָּךְ בְּבִנְיָנוּ וּבְבָנוֹתָנוּ בְּצֹאנָנוּ וּבְבִקְרָנוּ גִלָּךְ כִּי חֲגִי־יְהוָה לָנוּ: י וַיֹּאמֶר אֲלֵהֶם יְהִי כֵן יְהוָה עִמָּכֶם כַּאֲשֶׁר אֲשַׁלַּח אֶתְכֶם וְאֶת־טַפְכֶּם רְאוּ כִי רָעָה נִגַּד פְּנִיכֶם: יא לֹא כֵן לְכוּ־נָא הַגְּבִרִים וְעֲבָדוּ אֶת־יְהוָה כִּי אַתָּה אַתָּם מְבַקְשִׁים וַיַּגִּרֶשׁ אֹתָם מֵאֶת פְּנֵי פַרְעֹה: יב וַיֹּאמֶר יְהוָה אֶל־מֹשֶׁה נֹטֵה יָדְךָ עַל־אָרֶץ מִצְרַיִם בְּאַרְבֶּה וַיַּעַל עַל־אָרֶץ מִצְרַיִם וַיֹּאכַל אֶת־כָּל־עֵשֶׂב הָאָרֶץ אֶת כָּל־אֲשֶׁר הִשְׁאִיר הַבֶּרֶךְ: יג וַיֵּט מֹשֶׁה אֶת־מַטְּהוֹ עַל־אָרֶץ מִצְרַיִם וַיְהִי הַזֶּה רֹחַג רֹחַ־קָדִים בָּאָרֶץ כָּל־הַיּוֹם הַהוּא וְכָל־הַלֵּילָה הַבֹּקֶר הָיָה וְרוּחַ הַקָּדִים נֹשָׂא אֶת־הָאֲרֶבָּה:

⁸ So Moses and Aaron were brought back to Pharaoh and he said to them, “Go, worship your God! Who are the ones to go?” ⁹Moses replied, “We will all go—regardless of social station—we will go with our sons and daughters, our flocks and herds; for we must observe God's festival.” ¹⁰But he said to them, “God be with you—the same as I mean to let your dependents go with you! Clearly, you are bent on mischief. ¹¹No! You gentlemen go and worship God, since that is what you want.” And they were expelled from Pharaoh’s presence. ¹²Then God said to Moses, “Hold out your arm over the land of Egypt for the locusts, that they may come upon the land of Egypt and eat up all the grasses in the land, whatever the hail has left.” ¹³So Moses held out his rod over the land of Egypt, and God drove an east wind over the land all that day and all night; and when morning came, the east wind had brought the locusts.

יד וַיַּעַל הָאֲרֶבָּה עַל כָּל־אָרֶץ מִצְרַיִם וַיָּנַח כָּכַל גְּבוּל מִצְרַיִם כְּבַד מֵאֲד לִפְנֵי לֹא־יְהִי כֵן אַרְבֶּה כְּמֹהוּ וְאַחֲרָיו לֹא יִהְיֶה־כֵן: טו וַיִּכָּס אֶת־עֵין כָּל־הָאָרֶץ וַתַּחֲשֹׁךְ הָאָרֶץ וַיֹּאכַל אֶת־כָּל־עֵשֶׂב הָאָרֶץ וְאֶת כָּל־פְּרִי הָעֵץ אֲשֶׁר הוּתִיר הַבֶּרֶךְ וּלֹא־נוֹתַר כָּל־יֵרֶק בָּעֵץ וּבַעֲשֵׂב הַשָּׂדֶה בְּכָל־אָרֶץ מִצְרַיִם: טז וַיִּמְהַר פַּרְעֹה לִקְרֹא לְמֹשֶׁה וּלְאַהֲרֹן וַיֹּאמֶר חֲטֹאתִי לַיהוָה אֱלֹהֵיכֶם וְלָכֶם: יז וַעֲתָה שָׂא נָא חֲטֹאתַי אֵךְ הַפַּעַם וְהַעֲתִירוּ לַיהוָה אֱלֹהֵיכֶם וְיִסַּר מַעֲלִי רַק אֶת־הַמּוֹת הַזֶּה: יח וַיֵּצֵא מֵעַם פֶּרַעַה וַיַּעֲתַר אֶל־יְהוָה: יט וַיַּהַפֵּךְ יְהוָה רֹחַ־יָם חֲזָק מֵאֲד וַיִּשָּׂא אֶת־הָאֲרֶבָּה וַיִּתְקַעְהוּ יָמָה סוּף לֹא נִשְׂאֵר אַרְבֶּה אֶחָד בְּכָל גְּבוּל מִצְרַיִם: כ וַיִּחָזַק יְהוָה אֶת־לֵב פַּרְעֹה וּלֹא שְׁלַח אֶת־בְּנֵי יִשְׂרָאֵל:

¹⁴Locusts invaded all the land of Egypt and settled within all the territory of Egypt in a thick mass; never before had there been so many, nor will there ever be so many again. ¹⁵They hid all the land from view, and the land was darkened; and they ate up all the grasses of the field and all the fruit of the trees which the hail had left, so that nothing green was left, of tree or grass of the field, in all the land of Egypt. ¹⁶Pharaoh hurriedly summoned Moses and Aaron and said, “I stand guilty before your God and before you. ¹⁷Forgive my offense just this once, and plead with your God that this death but be removed from me.” ¹⁸So he left Pharaoh’s presence and pleaded with God. ¹⁹God caused a shift to a very strong west wind, which lifted the locusts and hurled them into the Sea of Reeds; not a single locust remained in all the territory of Egypt. ²⁰But God stiffened Pharaoh’s heart, and he would not let the Israelites go.

Haftarah Portion for Shabbat Bo

Jeremiah 46:13-28

¹³The word that God spoke to the prophet Jeremiah about the coming of King Nebuchadrezzar of Babylon to attack the land of Egypt: ¹⁴Declare in Egypt, proclaim in Migdol, proclaim in Noph and Tahpanhes! Say: take your posts and stand ready, for the sword has devoured all around you! ¹⁵Why are your stalwarts swept away? They did not stand firm, for God thrust them down; ¹⁶Many were made to stumble, they fell over one another. They said: “Up! let us return to our people, to the land of our birth, because of the deadly sword.” ¹⁷There they called Pharaoh king of Egypt: “Braggart who let the hour go by.” ¹⁸As I live—declares the King, whose name is God of Hosts—As surely as Tabor is among the mountains and Carmel is by the sea, so shall this come to pass. ¹⁹Equip yourself for exile, fair Egypt, you who dwell secure! For Noph shall become a waste, desolate, without inhabitants. ²⁰Egypt is a handsome heifer—a gadfly from the north is coming, coming! ²¹The mercenaries, too, in her midst are like stall-fed calves; they too shall turn tail, flee as one, and make no stand. Their day of disaster is upon them, the hour of their doom. ²²She shall rustle away like a snake as they come marching in force; they shall come against her with axes, like hewers of wood. ²³They shall cut down her forest —declares God— though it cannot be measured; for they are more numerous than locusts and cannot be counted. ²⁴Fair Egypt shall be shamed, handed over to the people of the north. ²⁵God of Hosts, the God of Israel, has said: I will inflict punishment on Amon of No and on Pharaoh—on Egypt, her gods, and her kings—on Pharaoh and all who rely on him. ²⁶I will deliver them into the hands of those who seek to kill them, into the hands of King Nebuchadrezzar of Babylon and into the hands of his subjects. But afterward she shall be inhabited again as in former days, declares God. ²⁷But you, have no fear, my servant Jacob, be not dismayed, O Israel! I will deliver you from far away, your folk from their land of captivity; and Jacob again shall have calm and quiet, with none to trouble him. ²⁸But you, have no fear, my servant Jacob —declares God— for I am with you. I will make an end of all the nations among which I have banished you, but I will not make an end of you! I will not leave you unpunished, but I will chastise you in measure.

Save The Dates

Bereavement Café – Every Other Wednesday, from 15 January (14:00 – 15:30)

As part of our new Well Being Wednesdays. Have you recently been bereaved? Come and meet others in a similar situation to talk, chat and make new friendships. To sign up, please email lynette@alyth.org.uk or call her on 020 8457 8793.

Neurobics Brain & Body Fitness – Every Wednesday, from 22 January (11:00 – 12:30)

A six week preventative and rehabilitative treatment programme which invites people to “Challenge the Body, Stimulate the Brain & Lift the Heart.” To sign up and for more details, please email lynette@alyth.org.uk or call her on 020 8457 8793. You can still join the course.

Tu B'Shvat Supper Quiz - Sunday 9 February (18:45)

Back by popular demand, the Alyth Supper Quiz is a fun evening with old and new friends and a delicious supper to feed your brain cells. Either make up your own table of 10 or we can allocate you a table. Cost is £30 a ticket. To buy your tickets and raffle tickets or for more information, please call Deborah on 020 8457 8784.

We are also looking for donations of high quality, exceptional raffle prizes and volunteers to help on the team. Please contact Sarah on 020 8457 8787 or sarah@alyth.org.uk

Alyth’s Iftar – Sunday 9 March (16:45)

Over 12 years, Alyth has brought communities together to talk, study and eat at our annual Iftar. We are grateful for the friendships which have grown over the years at this very special event in our annual calendar. It is vital that we continue to reach out beyond boundaries of difference, to cultivate friendships and to deepen our understanding of our brothers and sisters of different cultures, backgrounds and faiths. We will come together for the call to prayer, finishing in time to share our Iftar meal which, as always, will be plentiful and delicious. Please register online so that we can cater appropriately.

Alyth’s Weekend Away - Friday 28 – Sunday 30 March 2025

The Alyth Weekend Away is back, bigger and better than ever before. Offering something for everyone, with a variety of indoor and outdoor activities to choose from. Alongside shared community times, there will be Israel with Rabbi Galit Cohen-Kedem, Learning, Music and Movement & Meditation tracks for you to dip in and out of depending on what sparks your interest. Or just read a newspaper and enjoy the spectacular view. Our Youth & Education team will also run a full programme for children during the day and in the evenings. Please email sam@alyth.org.uk for details and to sign up.

Community News

Alyth is built on a foundation of mutual care, in which we share one another’s joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Tali Mason, who is reading Torah for the first time in our Shabbat morning service to celebrate becoming Bat Mitzvah
Sir Michael Marmot, who is reading haftarah to celebrate his 80th birthday
Adam Duggels, who is being called up to the Torah for the first time at Alyth following his Beit Din

We regret to announce the death of:

David Spivack, wife of Nina, father of Alex and David Spivack and Anna Spivack-Unwin

We join with those marking the anniversary of the death of a loved one:

Martin Arnold, brother of Diana Brahams
Peter Batkin, husband of Judith Kellerman, father of Tobias Batkin and Alice Batkin
Tony Batkin, brother-in-law of Judith Kellermann
Harry Becker, father of James Becker
Trudie Bellman, mother of Sandra Ettinger
Sara Bendon, grandmother of Paul Feldman
Anthony Blendis, husband of Judy Blendis and father of Paul Blendis
Ada Bloch, mother of Cyril Bloch
Norman Bloch, husband of Janet Bloch
Julia Bloomstein, mother of Alan Blane
Maurice Cedar, father of Eunice Kossoff
Joseph Cohen, father of Micky Cohen
Julius Cohen, father of Edward Cohen
Mary Faerber, mother of Joan Wides
Bernard Ferster, father of Alexi Marmot
Ruth Flesch, mother of Michael Flesch
Adrian Freeman, brother of Seymour Freeman
Franta Goldscheider, grandfather of Lisa Bayfield
Robert Green, husband of Annette Green
Ruby Hamilton, daughter of Suzanne and Derren Hamilton and sister of Lola Rae Hamilton
Millie Harris, mother of Brenda Freedman
Neil Howe, father of Ian Howe
Irene Isaacs, mother of Jennifer Kirk
Ronnie Jacobs, husband of Eva Jacobs
Alma Kuber, mother of Sheri Haywood and grandmother of Daniel, Marc and Matthew Kuber
Peter Lawrence, father of Joanne Balfour
Jacob Mansour, uncle of Aviva Wiser
Amos Oz, brother of David Janner-Klausner
Cyril Palmer, husband of Frances Janet Palmer
Evelyne Pell, mother of Clifford Pell and sister of Ruth Arnold
Linda Phillips, wife of Peter Phillips
David Romney, father of Daphne Romney
Andrew Rosen, son of Sheila Rosen
Monty Rosen, father of Steven Rosen
Ruth Rosenberg, mother of Jeanette Rosenberg
Margaret Russell, mother of Valerie Russell
Florence Salomon, mother of Peter Salomon
Sheila Samuel, mother of Russell Samuel
Erich Segal, father of Francesca Segal
Jack Shinder, father of Daniel Shinder
David Stern, husband of Jeanne-Marie Stern
Sybil Susman, mother of Peter Susman
Mark Tresman, father of Joan Stern

Contact Us

Adam Martin	<i>Community Director</i> adam@alyth.org.uk; 020 8457 8789 (currently on paternity leave)
Lynette Chazen	<i>Head of Community Care and Life Cycle Designated Safeguarding Lead</i> lynette@alyth.org.uk; 020 8457 8793
Sam Heller	<i>Head of Member Engagement</i> sam@alyth.org.uk; 020 8457 8796

Rabbinic Team
Rabbi Hannah Kingston, Rabbi Elliott Karstadt, Rabbi Colin Eimer, Rabbi Nicola Feuchtwang
Rabbi Josh Levy (Emeritus)