

Around Alyth

October 2024



ROAD THROUGH THE HIGH HOLY DAYS

Erev Rosh Hashanah

Wednesday 2 October

1st Day Rosh Hashanah

Thursday 3 October

2nd Day Rosh Hashanah

Friday 4 October

Kol Nidre

Friday 11 October

Yom Kippur

Saturday 12 October

Erev Sukkot

Wednesday 16 October

Sukkot

Thursday 17 October

Erev Simchat Torah

Wednesday 23 October

Simchat Torah

Thursday 24 October

[Click here](#) for the High Holy Days section of the website for full details of services.

Wishing all our members a happy, healthy and good New Year, and looking forward to seeing many of you at our services and events in 5785.

JOIN US TO CELEBRATE THE ALYTH BUILDING

Saturday

19 October 2024

At: Alyth Synagogue
Alyth Gardens. NW11 7EN

From 4:00 to 8:00pm.
Service & Reception
followed by a party and
fun for everyone



Please join the Rabbis, Lay Leaders and Alyth Team on 19 October 2024 to celebrate our new building and community spaces, with honoured guests, friends and neighbours.

WHAT'S HAPPENING

4:00 - 5:00pm: Service of celebration

5:00 - 6:00pm: Making it Official and Drinks Reception

6:00 - 8:00pm: A festival of food, music and fun for all ages

IMPORTANT INFORMATION

Please RSVP for seating and catering purposes.

You will be able to sign up to come to both or either of the events. [Click here to sign up.](#)

If you need further information about the day, please call Sarah Langsford on 020 84578787

Alyth

MEMORIAL EVENTS FOR 7 OCTOBER

The Board of Deputies are organising a memorial event in Central London to commemorate the one year anniversary of 7 October on **Sunday 6 October**. This will be a family-friendly communal event for people of all ages. On **Monday 7 October** we are holding a joint event with FRS. Starting at 18:30, there will be a number of sessions throughout the evening. See inside for more information.

Pray With Us

October 2024

EREV SHABBAT SERVICES

In-Person and Online every Friday at 18:30

Erev Shabbat Service (Fridays 4, 18, 25 October)

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning.

SHABBAT MORNING SERVICES

In-Person and Online every Saturday

Saturday 5 October

Shabbat Morning Service, 10:30

Led by Rabbi Hannah and Louis Graham accompanied by guitar. Including the Bat Mitzvah of Talia Joseph. The sermon will be given by **Jonathan Haskel**, Professor of Economics at Imperial College Business School

Piyyuteinu Service, 10:30

This service will focus on poetry written in Hebrew and English in the wake of the 7 October attacks, as part of our weekend of commemoration. Led by Rabbi Elliott and joining the Beit Tefillah service for the sermon.

Saturday 19 October

Shabbat Chol Ha-mo'ed Sukkot

Shabbat Morning Choral Service, 10:30

Led by Rabbi Hannah with the Alyth choir. Including the Bat Mitzvah of Sophia Emmanuel.

Saturday 26 October

Shabbat Morning Choral Service, 10:30

Led by Rabbi Nicola with the Alyth Choir. Including the Bar Mitzvah of Mylo Kendall.

SUNDAY SHACHARIT

Sundays 6, 13, 20, 27 October (9:00)

Every Alyth week begins with a lay-led minyan with bagel breakfast at Alyth, led by Alyth members. All are welcome.

PRAY WITH US FOR FAMILIES ON SHABBAT

Baby Den

Fridays 18 & 25 October (10:30)

Chug-a-lug into Shabbat. Sing your favourite Baby Den songs, dance to a Shabbat beat and wave to some familiar faces. For families with Young Children.

The new Reform Machzor Seder Ha-T'fillot: Days of Awe

Seder Ha-T'fillot: Days of Awe consists of 2 volumes and will enable us to make the extraordinary journeys of Rosh Hashanah and Yom Kippur in a way that expresses our Reform Jewish values and our place in Jewish tradition. We will be using the new Machzorim this coming High Holy Days in October 2024, and members will be expected to bring their own copies.

[Click here to purchase your copy.](#)

High Holy Days

ROSH HASHANAH / YOM KIPPUR

Erev Rosh Hashanah

Wednesday 2 October

First Day Rosh Hashanah

Thursday 3 October

Erev Second Day Rosh Hashanah

Thursday 3 October

Second Day Rosh Hashanah

Friday 4 October

Kol Nidre

Friday 11 October

Yom Kippur

Saturday 12 October

[Click here](#) for the High Holy Days section of the website for full details of services and activities.

SUKKOT

Erev Sukkot Service

Wednesday 16 October, 18:30

A gentle Erev Sukkot service, including a opportunity to shake the Lulav for those who are unable to attend in the morning.

Sukkot First Day Services

Thursday 17 October

Choral Service (10:15)

An opportunity to sing together from our choral repertoire, including Hallel.

Sensory Sukkot (11:00)

A special Sukkot Sensory designed to stimulate your babies' senses in the first years of their life.

SIMCHAT TORAH

We know that Simchat Torah this year will be hard for many in our community. We hope to dance and celebrate as we always do, but there will also be points in the service that will be different, to reflect the events of the last year. As well as a family break-out, there will also be a parallel space for quiet reflection and study.

Erev Simchat Torah Service

Wednesday 23 October, 18:30

Including hakafot and Israeli Dancing. With a supervised area for children so that our youngest members can be with us before and during the dancing.

Suitable for all the Alyth community, including a space for those who do not want to dance during the hakafot.

Simchat Torah Morning Services

Thursday 24 October, 10:15

A special service for the whole community. With an area for children so that our youngest members can be with us before their own special Torah service after the Hakafot and dancing.

Including a space for those who do not want to dance during the hakafot.

Yizkor will take place after the Torah Service.

Followed by an extended Kiddush.

Mazal Tov to our Chatan and Kallah Torah, Michael and Melanie Jawett, and our Kallah and Chatan B'reishit, Ruth Smilg and Ziv Stadler.

HIGH HOLY DAYS APPEAL

[Click here](#) to see information about our High Holy Days Appeal

Judaism: the Essentials

Tuesdays, 20:00-21:30ish

Our regular introduction to Judaism class taught by our clergy. Essentials is the perfect class for those coming to Judaism for the first time, or looking to consolidate the learning of a lifetime - or anywhere in between. New students are always welcome.

Please contact Rabbi Elliott elliott@alyth.org.uk for more information.

- 8 Preparing for Sukkot & Simchat Torah
- 15 Young Adult Sukkah Build—Cocktails and Canopies
- 22 Review of the Festivals

Adult Hebrew

Intensive Hebrew Reading Course

Tuesdays 8, 15, 22 October, 19:00-19:45

For beginners, to learn the aleph-bet and basic decoding skills.

Hebrew Reading Course

Tuesdays 8, 15, 22 October, 20:00-21:00

For those already proficient in Hebrew reading, to continue to develop their skills.

These sessions are taught by Alyth member Jan Roseman. Contact alythadmin@alyth.org.uk.

Biblical Hebrew

Sundays, 11:15-12:30 and Wednesdays 18:00-19:15

A programme for those with high level Hebrew reading ability. Email edwardjgold@hotmail.com if you would like to join this class so that you can be sent the link and materials in advance. Sundays class is "Prayer Book Hebrew: studying the Hebrew and how it is translated" and Wednesdays class is "Biblical Hebrew: Studying the Weekly Parashah".

Young Adult Sukkah Build: Cocktails & Canopies

Tuesday 15 October (19:30 - 21:00)

Drop in anytime between 19:30-22:00 for our special Sukkah Build. This evening provides a space for our young adults to meet one another for an evening of socialising whilst contributing to building this year's Sukkah for Sukkot, which begins on the evening of Wednesday 16 October.

[Click here](#) to let us know you are coming so that we know how many canapés to provide.

Alyth's Weekend Away

Friday 28 - Sunday 30 March 2025

The Alyth Weekend Away is back, bigger and better than ever before. Offering something for everyone, with a variety of indoor and outdoor activities to choose from or just read a newspaper and enjoy the spectacular view. [Click here](#) for the flyer.

Alongside shared community times, there will be Israel, Learning, Music, and Movement & Meditation tracks for you to dip in and out of depending on what sparks your interest. Our Youth & Education team will also run a full programme for children during the day and in the evenings.

[Click here to sign up.](#) Adults - £290/pp, Children (aged 6-16) - £85/pp, Family of 4 - £665 .

Weekly

Monday Club

Mondays 7, 14, 21 October, 19:00-20:30

A friendly in-person meeting place for people with learning disabilities. For more information or to let us know you will be attending, please email lynette@alyth.org.uk.

Alyth Choral Society

Tuesdays, 20:00-22:00

New members are always welcome to join the choir. We have two or three concerts a year, one with full orchestra. [Click here](#) or email alythchoralsociety@gmail.com if our future programme inspires you.

Choir Rehearsals

Saturday 26 October, 9:15-10:15

Rehearsing Alyth's choral repertoire for Shabbat Services. Email katie@alyth.org.uk if you would like to join the choir.

Alyth Book Club

Monday 14 October, 19:30-20:30

The October book is "Fervour" by Toby Lloyd. [Click here](#) for more information about the book.

Alyth Cycling Community Bike Ride

Sunday 13 October, 8:15

Bringing riders of all abilities together to enjoy cycling and conversation. For more information, please contact laurancemendoza@aol.com.

Rainbow Lunch

Sunday 13 October, 12:30-14:30

A lunch for LGBTQ+ refugees and asylum seekers, where they are offered food, friendship and a safe place to be themselves.

Refugee Choir

Sunday 13 October, 13:30-14:30

This multi-faith, multicultural choir is open to refugees, drop-in volunteers and the wider Alyth community.

Singing for Pleasure

Sunday 13 October, 15:30-16:30

Join Viv and sing songs from the shows, Israeli folksongs, songs from the 60s and more. No need to audition, read music or feel intimidated.

Mindfulness and Meditation

Monthly JMM

Friday 18 October, 17:00-18:00

Starting in October, our weekly sessions will transition to monthly gatherings. Welcome in Shabbat with us in a peaceful and reflective environment. Free of charge. All welcome.

Weekly Move, Breathe and Connect

Tuesdays, 20:00-21:00

Our new Tuesday sessions are designed to help you press 'pause' in the middle of your week. Through embodied Kavannah practices, we'll guide you in movement, breathing, and meditation to help you reconnect with your inner stillness and rejuvenate. Cost: 12 Sessions @ £12 per session or £100 for a block of 10 sessions. Payment via cash or card on the day.

Mellow Chair Yoga for All Ages

Thursdays, 11:00-12:00

Our weekly classes resumes **in person**, continuing online for those who are unable to come to Alyth. Email Maxine for more information at info@maxineyoga.com.

The Alyth Social Mondays at 14:00 – 16:00

Part of the Alyth Friendship Project. Join us for an afternoon of entertainment, discussion, tea and great company! Annual Membership: £25 per person members; £30 per person non-members; Weekly donation: £3.50 members; £5.00 non-members. Contact Lynette for more information. All are welcome.

7 **Commemorating 7 October**

On the first commemoration of October 7th - What happened to Israel? What happened to the Jewish people? And what does this all mean?

14 **Alan Dein – The Golden Years of Cinema before World War II**

Historian, Journalist and Broadcaster will talk about his family run cinema in the East End.

21 **Concert: Cyrus Yuen (Violin and Piano)**

London-based violinist from Hong Kong with a strong background in solo, chamber, and recital performances Cyrus will present a violin and piano recital.

28 **Sylvia Ezer: Model Poetry and Prose**

Sylvia, an Alyth member, will talk to us about her modelling career and present to us her real love, Poetry and Prose.

Rosh Hashanah B'Yachad Lunch

Friday 4 October, 12:30-14:00

If you have no plans following the second day Rosh Hashanah service, we would love you to join us and your fellow members for a delicious three course meal in our new space.

Please book in by [clicking here](#) or contact Lynette on lynette@alyth.org.uk / 020 8457 8793.

Voluntary donation: £5

MEMORIAL EVENTS FOR 7 OCTOBER

Sunday 6 October

The Board of Deputies is organising a memorial event in Central London to commemorate the one year anniversary of 7 October.

This will be a family-friendly communal event for people of all ages.

Please register via bod.org.uk/oct7weekend for more details. CST and the police will be present.

Monday 7 October

We are holding a joint event with FRS in commemoration of the one year anniversary of the atrocities in Israel. Starting at 18:30, there will be a number of sessions throughout the evening as follows:

18:45 **Surviving October 7th: We Will Dance Again** - screening of BBC Storyville documentary, followed by Q&A with Producer, Lucie Kon

A Time To Hear: poetry, music & art, a space for reflection

19:45 **A Time To Respond:** prayer, text and our response

20:30 **A Time To Pray:** a creative commemoration in the comfort of our communities, led by the clergy of Alyth and FRS

For Teens

18:00 **Teen Tekkes:** a remembrance ceremony suitable for post B'nei Mitzvah youth

18:45 **A Time To Talk:** for teenagers

Booking is essential and venue details will be shared upon registration:
www.frs.org.uk/event/remembering-oct-7th

Weekly Learning

SMG

Sundays 6 & 20 October (10:00-12:00)

Our Jewish education programme for Reception to Year 6. [Click here](#) to enrol into SMG.

SMG provides our youngest members the opportunity to explore their Jewish identity, key Jewish behaviour and rituals and Jewish texts.

Ruach 1 - 4

Fridays 18 & 25 October (17:15-19:30)

Our pre Bar/Bat Mitzvah programme delivered by our wonderful team of madrichim. Participants can come from 16:30 for Drop-In and are expected to stay for the Erev Shabbat Service, finishing at 19:30.

Drama Activities

Alyth Children's Theatre (ACT)

Thursday 10 October (17:00-18:15)

Our drama group for primary school aged children. The group rehearse all year and then perform the show in the summer.

Academy of Performing Arts

Sundays 6, 13, 20 October (18:00-20:00)

A feature of the Alyth calendar for secondary school aged children for over 20 years. The group perform a show in May.

Hadracha: Year 10

Tuesdays 1, 8, 15, 22 October (17:00-18:30)

Our new Year 10 cohort comes together for our weekly leadership programme.

Sukkot Sleepout

Friday 18 - Saturday 19 October

For School Years 4-8. Our annual and highly anticipated Sukkot Sleepout returns for its 32nd year. Sleepout and raise money for Together in Barnet, who run the only night shelter in Barnet.

[Click here](#) to sign up.

Last year's B'nei Mitzvah Mi sheberach and Gift Giving

Friday 18 October (during the Erev Shabbat Service)

After the pandemic, we decided that in place of gift giving at each Bar or Bat Mitzvah, we would have a collective gift giving at the end of each cohort – coming back together to celebrate at Sukkot.

For those of you that had/are going to have a Bar or Bat Mitzvah between just before Sukkot 2023 and Sukkot 2024 we are delighted to invite you to join us at the Erev Shabbat Service on Friday 18 October at 18:30. There will be a special mi sheberach in the service and a gift for everyone.

N'siah tova to all those going on our Budapest Trip
from 27 to 30 October