



## Yom Hazikaron & Yom Ha'atzmaut Saturday 11 and Sunday 12 May

### Remembering the Fallen, Hope for the Future:

### Marking Yom Hazikaron & Yom Ha'atzmaut as a community

#### Saturday 11 May (18:30)

This year Yom Hazikaron (the day on which we remember Israel's fallen soldiers and victims of terrorism) and Yom Ha'atzma'ut (the day on which we celebrate Israel's independence) will be particularly poignant and challenging for many in our community. At Alyth we want to ensure that as many of our members are able to participate in this act of communal remembrance in as many ways as possible.

#### 18:30 **Concert: from Composer-in-Residence, Cantor Natalie Young**

We will begin our commemoration early on Saturday 11 May at 18:30 with a concert from Composer-in-Residence, Cantor Natalie Young

#### 19:00 **Communal meal**

Following the concert, we will have a communal meal. Please [click here](#) to let us know if you will be attending so that we can cater appropriately.

#### 19:30 **Yom Hazikaron & Yom Ha'atzmaut Ritual**

After the meal, there will be a special ritual that will incorporate music from Cantor Natalie, testimony from Israel, and the completion of a unique artwork that is being constructed by everyone in the community. See inside for more info about the art project.

### Yom Hazikaron Memorial Service

#### Sunday 12 May (19:30)

Rabbi Golan will be leading a more traditional ma'ariv and memorial service as Yom Hazikaron comes in on Sunday 12 May at 19:30.

Please join us for this very important and timely weekend of remembrance and hope.

## Composer-in-Residence in May: Cantor Natalie Young 10-12 May 2024



We are delighted to welcome Cantor Natali Young for an extended weekend of learning and singing together. Cantor Natalie is an internationally renowned composer and spiritual leader. The weekend will include: a special **Sing With Us** preceding the Erev Shabbat Service to learn new melodies to our traditional liturgy; a special **Erev Shabbat service** with songs and melodies that we already know, interwoven with Cantor Natalie's own compositions; a special **Shabbat morning service**, as we celebrate our choral musical tradition; and a **Saturday afternoon concert**, which will lead into our special **Yom Hazikaron memorial event**, for which Cantor Natalie will contribute to the music.

*This event is the third in a series of Alyth Composers and Songwriters in Residence, a programme made possible in memory of Raymond and Joy Goldman.*

### EREV SHABBAT SERVICES

In-Person and Online every Friday at 18:30

#### **Erev Shabbat Service (Fridays 3, 10, 17, 24, 31 May)**

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning. The D'var Torah on Friday 3 May will be given by Rabbi Dr Deborah Kahn-Harris.

### SHABBAT MORNING SERVICES

In-Person and Online every Saturday

#### **Saturday 4 May**

##### **Shabbat Morning Choral Service, 10:30**

Led by Rabbi Golan with the Alyth choir. Including the B'not Mitzvot of Esther Dupont and Anna Agostini.

##### **Kollot, 10:30**

Our informal, unaccompanied, participatory minyan. Led by Rabbi Elliott.

##### **Sensory Shabbat, 11:00**

Join us for our Sensory Shabbat service. See 'Pray with us for Families' for more information.

#### **Saturday 11 May**

##### **Shabbat Ha'atzmaut Service, 10:30**

Led by Rabbi Golan and Cantor Natalie Young with the Alyth choir. Including the Bar Mitzvah of Daniel Popper. The sermon will be given by Noeleen Cohen, Chair of the New Israel Fund.

##### **Shabbat Afternoon Service, 15:00**

Led by Rabbi Hannah. Including the Bar Mitzvah of Leo Levinson.

#### **Saturday 18 May**

##### **Shabbat Morning Choral Service, 10:30**

Led by Rabbi Elliott with the Alyth choir. Including the Bar Mitzvah of Zachary Lurie and Bat Mitzvah Charlotte Killen.

##### **Gesher, 11:00**

Our musical service providing a bridge between our youngest family services and the next stage in Alyth families' prayer life.

#### **Saturday 25 May**

##### **Shabbat Morning Service, 10:30**

Led by Rabbi Elliott accompanied by guitar. Including the B'nei Mitzvah of Max Courtel and Sam Farhi.

## Sing With Us

Friday 11 May, 17:15-18:15

Join Cantor Natalie Young to sing new and familiar melodies, exploring harmonies and preparing our voices for Shabbat. Cantor Natalie is an internationally renowned composer and spiritual leader.

## Welcome back to Rabbi Hannah

We are delighted to welcome Rabbi Hannah back from her Maternity Leave.

### PRAY WITH US FOR FAMILIES ON SHABBAT

#### Baby Den

*Fridays 3, 10, 17, 24, 31 May (10:30)*

Chug-a-lug into Shabbat. Sing your favourite Baby Den songs, dance to a Shabbat beat and wave to some familiar faces. For families with Young Children.

#### Sensory Shabbat

*Saturday 4 May (11:00)*

Our Shabbat service designed to stimulate your babies' senses in the first years of their life. Join the team and the dungareenees in this service where you and your baby can touch, see, smell and hear your way through the service.

#### Gesher

*Saturday 18 May (11:00)*

Our musical service providing a bridge between our youngest family services and the next stage in Alyth families' prayer life.

### SUNDAY SHACHARIT

**Sundays 5, 12, 19, 26 May (9:00)**

Every Alyth week begins with a lay-led minyan with bagel breakfast at Alyth, led by Alyth members. All are welcome. Shacharit on 31 May will take place off-site, see the weekly email for the location.

### Yom Hashoah Commemoration Concert and Memorial Service

**Sunday 5 May, 18:30**

Please join us for a very special evening as the Alyth Choral Society, conducted by Alison Smart Fisher, together with a Children's Choir from Alyth and St Mary-at-Finchley Parish Church, perform "Annelies" by James Whitbourn. First commissioned by the Jewish Music Institute it is the story of Anne Frank. The performance will take us through a very moving vocal and visual journey. After the concert which starts at 18:30, there will be a short evening and memorial service at 20:15 in memory of all those who died during the Shoah. Spaces are limited and we advise you to book in as soon as possible [clicking here](#).

### Community Art Project for All Ages:

**Leaves of Memory & Hope - Marking Yom HaZikaron and Yom Ha'atzmaut**

Yom HaZikaron, Israel's official Memorial Day for its fallen soldiers and victims of terrorism and Yom Ha'Atzmaut, Israel's Independence Day will be of great significance this year following 7 October attacks and their violent aftermath. On the afternoon and evening of Saturday 11 May we will mark these days with a multi-media event.

As part of this event, artists from our community will create a Tree and we would like everyone to contribute their leaf of memory and hope. The artwork will be finished off at the event by all participants and then displayed for a few weeks.

[Click here](#) for more information, and if you would like to discuss the project further then please contact Rabbi Golan at [golan@alyth.org.uk](mailto:golan@alyth.org.uk).

### Judaism: the Essentials

Tuesdays, 20:00-21:30ish

Our regular introduction to Judaism class taught by our clergy with Jon Epstein. Essentials is the perfect class for those coming to Judaism for the first time, or looking to consolidate the learning of a lifetime - or anywhere in between. New students are always welcome.

Please contact Rabbi Elliott [elliott@alyth.org.uk](mailto:elliott@alyth.org.uk) for more information.

**7** Yom Hashoah – the Shoah in Jewish Life

**14** Yom Hazikaron & Yom Ha'atzmaut

**21** Jewish Status – what is it, does it matter?

### Adult Hebrew

#### Intensive Hebrew Reading Course

Tuesdays 7, 14, 21 May, 19:00-19:45

For beginners, to learn the aleph-bet and basic decoding skills.

*These sessions are taught by Alyth member Jan Roseman. Contact [alythadmin@alyth.org.uk](mailto:alythadmin@alyth.org.uk).*

#### Hebrew Reading Course

Tuesdays 7, 14, 21 May, 20:00-21:00

For those already proficient in Hebrew reading, to continue to develop their skills.

#### Biblical Hebrew

Sundays, 11:15-12:30 and Wednesdays 18:00-19:15

A programme for those with high level Hebrew reading ability. Email [edwardjgold@hotmail.com](mailto:edwardjgold@hotmail.com) if you would like to join this class so that you can be sent the link and materials in advance. Sundays class is "Prayer Book Hebrew: studying the Hebrew and how it is translated" and Wednesdays class is "Biblical Hebrew: Studying the Weekly Parashah".

### Pardes *The Ruth-roads not taken*

Thursdays 9, 16, 23, 30 May, 13:00-14:00

Sometimes it isn't only what you do that makes a difference: several parts of Megillat Ruth are shaped by choices not to do something. As we approach Shavuot, please join Student Rabbi Eleanor to explore characters for whom what they didn't do makes all the difference to the story of Ruth.

**9** The ones who didn't survive

**16** The one who didn't marry Ruth

**23** The one who didn't take advantage

**30** The one who didn't convert

### Shabbat Shiurim

Saturdays 4 & 18 May, 9:15-10:15

#### Scripture Exposes Her - Solving the Mystery of Shelomit bat Dibri Saturday 4 May

There is only one named woman in the book of Leviticus: Shelomit bat Dibri. She is a footnote in someone else's story, the mother of a man sentenced to death for blasphemy. But who was Shelomit? Did she have her own story? And how might we relate to her story today? Join Student Rabbi Yael Tischler of Leo Baeck College to uncover the tale of this mysterious ancestor. *Content warning: Shelomit's story contains sexual violence, xenophobia and misogyny.*

#### Shabbat Shiur Saturday 18 May

Vows, Promises, Oaths, Curses – and Swearing: What is the Difference, and does it matter? With Student Rabbi Nicola Feuchtwang. See the weekly email for more information.

### Weekly

### Monthly

#### Monday Club

*Mondays 13 & 20 May, 19:00-20:30*

A friendly in-person meeting place for people with learning disabilities. For more information or to let us know that you will be attending, please email [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

#### Alyth Choral Society

*Tuesdays, 20:00-22:00*

New members are always welcome to join the choir. We have two or three concerts a year, one with full orchestra. [Click here](#) or email [alythchoralsociety@gmail.com](mailto:alythchoralsociety@gmail.com) if our future programme inspires you.

#### Mellow Chair Yoga for All Ages

*Thursdays, 11:00-12:00*

Our special Chair Yoga and Meditation with Maxine, open to all ages wishing to enhance overall mental and physical wellbeing.

[Click here](#) to register and pay for the class.

#### Choir Rehearsals

*Saturday 11 May, 9:15-10:15*

Rehearsing Alyth's choral repertoire for Shabbat Services.

#### Alyth Cycling Community Bike Ride

*Sunday 12 May, 8:15*

Bringing riders of all abilities together to enjoy cycling and conversation. For more information contact [laurancemendoza@aol.com](mailto:laurancemendoza@aol.com).

#### Refugee Choir

*Sunday 19 May, 13:30-14:30*

This multi-faith, multicultural choir is open to refugees, Drop-in volunteers and the wider Alyth community.

#### Singing for Pleasure

*Sunday 19 May, 15:30-16:30*

Join Viv and sing songs from the shows, Israeli folksongs, songs from the 60s and more. No need to audition, read music or feel intimidated.

#### Alyth Book Club

There is no book club in May. The next meeting is on Monday 3 June where the group will be discussing Naomi Alderman, "The Power."

#### Jewish Mindfulness and Meditation

*Fridays 3, 17, 24 May, 17:00-18:00 (Online only)*

JMM helps us to open our hearts and find peace through our spiritual heritage.

*Friday 31 May, 17:00-18:00 (hybrid)*

The session on 31 May will be run from Alyth. Please join us in-person or online if you are unable to make it to the building

[Click here](#) to make a donation towards the costs of employing the facilitators.

## The Alyth Ramblers Weekend

#### Alyth Ramble Weekend: South Downs and Chichester Harbour

*14-17 May*

For information or to register for any of our rambles, email [vivienne.bellos@btinternet.com](mailto:vivienne.bellos@btinternet.com). Please give Viv your mobile number in case of cancellation or change of plans.



### The Alyth Social Mondays at 14:00 – 16:00

Part of the Alyth Friendship Project. Join us for an afternoon of entertainment, discussion, tea and great company! Annual Membership: £25 per person members; £30 per person non-members; Weekly donation: £3.50 members; £5.00 non-members. Contact Lynette for more information. All are welcome.

#### 13 13:15 – 13:45 BGT Bringing Generations Together

Join the Alyth Kindergarten for a half hour of Singing and Flag Making in celebration of Yom Ha'atzmaut.

Followed by:

#### Steve Levinson: Life in Journalism

Steve Levinson has been one of Britain's leading journalists for many years. He is highly respected both within and outside his profession for the quality and originality of his journalism. His insights into the news agenda and his understanding of the media have also made him a sought after media trainer, consultant and adviser to many national and international organisations.

#### 20 Lynette's Spring into Summer Quiz!

Get your brain in gear to answer some sunny questions!!

#### Shabbat B'Yachad Lunch

Saturday 4 May

As part of the Alyth Friendship Project, a special lunch after the shabbat service. For catering purposes, please let Lynette know you are coming at [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk) or 020 8457 8793.

*There is no charge for this but donations are always appreciated.*

Disney  
**BEAUTY  
AND THE  
BEAST**



Alyth Children's Theatre's  
production of:

**Beauty and the Beast Jr**

Sunday 23 June, 14:30 and 18:00

Please join us for one of the performances of  
Beauty and the Beast Jr!

Tickets cost £15 adults, £12 for concessions,  
and £7 for children still in school and can be bought  
by [clicking here](#).

### Weekly Learning

#### SMG

*Sundays 5, 12, 19 May (10:00-12:00)*

Our Jewish education programme for Reception to Year 6. [Click here](#) to enrol into SMG.

SMG provides our youngest members the opportunity to explore their Jewish identity, key Jewish behaviour and rituals and Jewish texts.

#### Ruach 1 - 4

*Fridays 3, 10, 17 May (17:15-19:30)*

Our pre Bar/Bat Mitzvah programme delivered by our wonderful team of madrichim. Participants can come from 16:30 for Drop-In and are expected to stay for the Erev Shabbat Service, finishing at 19:30.

### Drama Activities

#### Alyth Children's Theatre (ACT)

*Thursdays 2, 9, 26, 23 May (17:00-18:15)*

Our drama group for Primary School aged children. The group rehearse all year and then perform the show in June 2024.

#### Academy of Performing Arts

*Sundays (18:00-20:00)*

A feature of the Alyth calendar for Secondary School aged children for over 20 years.  
*Returns in September.*

Please contact [abi@alyth.org.uk](mailto:abi@alyth.org.uk) to sign up or for any of our drama groups

### Year 7 Chavurah Dinner

Thursday 16 May (19:30)

The Youth and Education Hub will be hosting a Year 7 Chavurah Supper. A chance to catch up with old friends and make new ones as the B'nei Mitzvah journey continues.

This evening will begin at 19:30 with a "pot luck" dinner, where everyone provides a vegetarian or fish (nut free) dish, main course or dessert, and we all sit down together and enjoy dinner. Please note that this is for current Year 7 children and their families only.

Please email [phoebe@alyth.org.uk](mailto:phoebe@alyth.org.uk) to RSVP or for more information.

### Secret Cinema: Years 7 & 8

Saturday 18 May (17:30-20:30)

Join us for an evening of games, adventures, dinner, and immersive cinema all right here at Alyth. This is an exclusive social event for Years 7 and 8, expect to see friends old and new. Please sign up by [clicking here](#).