# Shabbat Chol Ha-mo'ed Pesach 19 Nisan 5784 / 26-27 April 2024

### **Erev Shabbat**

18:30 Erev Shabbat Service (in the Beit Tefillah)

Led by Rabbi Elliott and Louis Graham.

### Shabbat Morning

09:15 Choir Rehearsal (in the Kindergarten)

### 10:30 Shabbat Morning Service (in the Beit Tefillah)

Led by Rabbi Elliott with The Alyth Choir.

The Torah will be read by Rabbi Josh and Sophie Peterman.

The sermon will be given by Rabbi Elliott.

There will be an unsupervised kids corner in the Beit Tefillah.

### Shabbat Services at Alyth during our Building Renewal

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week. At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone can pray and participate by thinking about the needs of those around you. If you need to leave the service to avoid disturbing others, please note that the service can be watched on livestream, this week in the kindergarten.

To help us to separate Shabbat from the rest of the week, please switch off your mobile phone, and do not take photographs or video, or smoke/vape on the premises on Shabbat.

When we want to show appreciation during a service, it is traditional not to applaud but to shout 'yasher koach' or 'sh'koach', which means 'strength to you.' Please refrain from applauding but join in this greeting.

Until early summer 2024, our Shabbat services will take place alongside the renewal of the Alyth building. We are grateful for your understanding while the South (Leo Baeck) wing of the building is being rebuilt. Important information during the building works:

- Entry to the synagogue is through the new pedestrian gate and main doors.
- In case of an emergency, evacuation of the building is either through the main entrance doors, congregating on Temple Grove, or via the kindergarten into the cemetery. Please do not gather on Alyth Gardens as this may block emergency services access.
- The main toilets during the building work are upstairs. These can be accessed using the stairs outside the kindergarten. There is also a new, fully accessible toilet downstairs. Please use the facilities upstairs if you are able, to leave the accessible toilet for those who need it.
- We will make Kiddush together over wine and challah on Friday nights and Shabbat mornings to end our services. We ask that you please not drink or eat until we have said the blessings.
- Please help us to look after the siddurim and kiddush glasses by putting them on the tables at the back of the Beit Tefillah as you leave.

On Shabbat, as through the week, we rely on the contribution of many of our members. Thank you to everyone who has helped to make this Shabbat special. *Shabbat Shalom* 

## Additional Songs and Readings for Shabbat

Yah Ribbon

Words: Rabbi Yisrael Najara Music: Josh Warshawsky

יָהּ רִבּוֹן עָלַם וְעָלְמַיָּא. אַנְתְּ הוּא מַלְכָּא מֶלְךְּ מַלְכַיָּא: עוֹבַד גָּבוּרְתַּךְ וִתִּמְהַיָּא. שַׁפִּיר קַדָמָךְ לְהַחַנִיָה:

Sovereign of the world and timeless master, You rule above all rulers we obey. Many deeds of Your might, and Your wonders, it delights You to display.

Yah ribbon, yah ribbon alam, v'almaya, ant hu malka ant hu malka melech malchaya x2 Yah ribbon alam, v'almaya, ant hu malka melech malchaya Ovad q'vurteich v'timhaya, shappir kodamach l'hachayayah x2

### Sham'ah vatis'mach

Words: Psalm 97:8

Music: Daphna Rosenberg שָׁמְעָה וַתִּשְׂמַח, צִּיּוֹן, וַתָּגֵלְנָה, בְּנוֹת יְהוּדָה וַתָּגֵלְנָה, בְּנוֹת

Zion heard and rejoiced, the daughters of Judah were glad. Sham'ah vatismach sham'ah vatismach Tsiyyon Tsiyyon Vatageilnah b'not Y'hudah

#### Or Zarua

Words: Psalm 97:11

Music: Jeff Klepper

אוֹר־זָרָעַ לַצַּדִּיק וּלְיִשְׁרֵי־לֵב שִּׁמְחָה:

A harvest of light is sown for the righteous, and joy for the constant heart Or zaru'a la-tsaddik, ul'yishrei leiv simchah

### Blessing on lighting Shabbat candles

בָּרוּךְּ אַתָּה יי אֶלהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְשָׁנוּ בְּמִצְוֹתִיו וְצַנֵנוּ לְהַדְלִיק נֵר שֶׁל שבת:

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy, and who commands us to light the Sabbath candles.

Baruch attah Adonai eloheinu melech ha-olam, asher kidd'shanu b'mitsvotav, v'tsivvanu l'hadlik neir shel shabbat.

### Nachman of Bratslav's Prayer for Peace

Likutei Tefillot Volume 2, 53:1

May it be Your will, Eternal God, that war and bloodshed be abolished from the world, that a great and wondrous peace rule forever; that never again shall nation lift up sword against nation, and never again shall they train for war.

But may all who dwell on the earth recognize and understand the basic truth: that we have not come into this world for strife and division, nor for hate and jealousy, contrariness and bloodshed; but we have come into this world to recognize and know You, may You be blessed forever.

### A Prayer for the Release of Captives

God, our redeemer, who set us free from the slavery of Egypt, we turn to You to release all hostages and captives, all who are enslaved to others. We pray now in particular for all those taken hostage by Hamas. May You be with them at this time of trial. Give wisdom and strength to those who work for their release and bring about a speedy end to their suffering. May you support the families and friends who can only watch and wait in fear and anxiety. Help us to know what we too can do when prayers alone are not enough.

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלֶם. מַתִּיר אֲסוּרִים:

Blessed are You, our Living God, Sovereign of the universe, You free those who are bound. Baruch atah Adonai. Eloheinu Melech ha-olam. matir asurim.

### Lo Alecha

Words: Pirkei Avot

Music: Jeff Klepper and Danny Freelander לא עָלֶיךָ הַמְּלָאכָה לִגְמוֹר, וְלֹא אַתָּה בֶּן חוֹרִין לְהַבָּטֵל מִמֶּנָה.

It is not your duty to finish the work but you are not free to neglect it. Lo alecha ha'm'lachah ligmor, v'lo atah ben chorin l'hibatel mimena.

# Torah Portion for Shabbat Chol Ha-mo'ed Pesach Exodus 13:3-10

ג וַיֹּאמֶר מֹשֶׁה אֶל־הָעָּם זָכוֹר אֶת־הַיָּוֹם הַזָּהֹ אֲשֶׂר יְצָאתֶם מִמִּצְרַיִּם מָבֶּרִים בָּחַדֵּשׁ כִּיְ בְּחֹוֵק יָד הוֹצִיְא יְהוֹה אֶתְכֶם מִזֶּה וְלֹא יֵאָכֵל חָמֵץ: ' הַיּוֹם אַתֶּם יְצִאִים בְּחֹדֵשׁ הָאָבִיב: ' וְהָיָה כִי־יִבִּיאֲךְ יְהֹנָה אֶל־אֶרֶץ הַבְּבְּצְנִי וְהַחָתִי וְהָאֲמֹרִי וְהָחֲנִי וְהַיִּבּה הְּוֹּאָת אֲשֶׂר נִשְׁבַּעְ לַאֲבֹתִיךְ לַתֶּת לָךְ אֶרֶץ זָבִת חָלֶב וּדְבָשׁ וְעָבִרְהָ, אֶת־הְצְבֹּדָה הַוֹּאִת בַּחֹרֵשׁ הַזֶּה וְנְבִּיוֹם הַאָּבְלְהִים וֹ אַבְלֹה הַנִּאָת יְבִיּוֹם הַשְּׁבְרָה וֹ הַמִּאַר בְּעָבַרְה זָה עְשָּה יְהוֹה לְּךְ שְּאֹר בְּכָל־גְּבֻלֶּך: ' וְהִנְּהְ לְּךְ חָמֵץ וְלֹא־יֵרְאָה לְךְּ שְּאֹר בְּכָל־גְּבֻלֶּך: ' וְהִנְּדְתְּ לָבִיךְ זָּה וְלֹא־יֵרְאָה לְךְּ שְׂאֹר בְּכָל־גְּבֻלֶּך: ' וְהְנִהְ לְּלְּץ הְנֹבְיְתְ יְהוֹה בְּפִּיְרְ כִּיְ בְּיָר וְמַעַן תִּהְיֵה תּוֹרָת יְהוֹה בְּפִּיְךְ כִּיְ בְּיָר חֲזָקְה לֹאת עַל־יֵּדְדְ וּלְוֹכְרוֹן בֵּין עִינִיךְ לְמַעַן תִּהְיָה הוֹלִת יְהוֹה בְּפִיִּךְ כִּיְ בְּיָר חְזִקְה לְבְּיְ הִוֹה מִמִּצְרָיִם: ' וְשְׁמְרְתָ, אֶת־הַחֻקָּה הַוֹּאת לְמֹוֹעְדָה מִימִיְרְה יִמִים וְלִיכְרוֹן בֵּין עֵינִייְךּ לְמַעַן תִּהְיָה הְוֹבְתְ יְהוֹה בְּפִיִרְ כִּי יְנִים הַוֹּץ הִוֹה מִמּצְרָיִם: ' וְשְׁמֵרְתָ, אֶת-הַחֻקְּה הַוֹּאת לְמֹוֹעְדָה מִיּמִיּרְכִים: ' וְשְׁמְרְתָ, אֶת-הַחֻקְּה הַוֹּאת לְמֹלְוֹבְיְה מִימִיבְרוֹב: ' וְשְׁמֵרְתָּ, אֶת-הַחֻקְבָּה הַוֹּילְת יְתִים הְיֹנִים בְּיִם הְלִּבְירִבּים: ' וְשְׁמֵרְתָ, אֶת-הַחֻקְּהְה הַוֹאת לְמוֹנְדְהָה מִימִּצְרְיִם: ' וְשְׁמְרְתָּ, אֶת-הַחֻקּקְה הַוֹּיִם הְיֹחֹה מִמּצְרְיִם: ' וְשְׁבְּרְר בִּיּלְם בְּיֹבְים הְיִבְּים בְּיִבְּים יִּבְלְּהְיּם הְיִבּים הְיִבּים הְיִבְּים הְיִבּים הְיִבְּים הְיִבְּים בְּלְבִים בְּיִים בְּיִים בְּיִבְּים בְּיִבְים בְּיִבְּים בְּיִים בְּבִילְם בְּיוֹם בְּיִבְּים בְּיִים בְּיִבְּים בְּיִים בְּיִים בְּיִים בְּיִבְיִים בְיוֹבְיבְּים בְּיִים בְּיִים בְּיִבְּים בְּיִים בְּיוֹם בְּיִבְים בְּיוֹם בְּיִים בְּיִבְּים בְּיִים בְּיִבְּים בְּיִבְּים בְּיִים בְּבְּיבְים בְּיִים בְּיִבְּים בְּיִבְּיִים בְּיִים בְּבְיִים בְּיִבְּיִים בְּעִבְּיִם בְּיִילְם בְּיִּים בְּיִים בְּיִים בְּיוֹ

<sup>3</sup> And Moses said to the people, "Remember this day, on which you went free from Egypt, the house of bondage, how the Eternal freed you from it with a mighty hand: no leavened bread shall be eaten. <sup>4</sup> You go free on this day, in the month of Abib. <sup>5</sup> So, when the Eternal has brought you into the land of the Canaanites, the Hittites, the Amorites, the Hivites, and the Jebusites, which was sworn to your fathers to be given you, a land flowing with milk and honey, you shall observe in this month the following practice: <sup>6</sup> "Seven days you shall eat unleavened bread, and on the seventh day there shall be a festival of the Eternal. <sup>7</sup> Throughout the seven days unleavened bread shall be eaten; no leavened bread shall be found with you, and no leaven shall be found in all your territory. <sup>8</sup> And you shall explain to your child on that day, 'It is because of what the Eternal did for me when I went free from Egypt.' <sup>9</sup> "And this shall serve you as a sign on your hand and as a reminder on your forehead —in order that the Teaching of the Eternal may be in your mouth—that with a mighty hand the Eternal freed you from Egypt. <sup>10</sup> You shall keep this institution at its set time from year to year.

### Deuteronomy 10:12-19

<sup>יב</sup> וְעַתָּהֹ יִשְּׂרָאֵלֹ מָה יְהוֹהַ אֱלֹהֶיֹךְ שֹׁאֵל מֵעְמָּןְ כֵּי אַם־לְיִּרְאָה אֶת־יִהוֹה אֱלֹהֶיֹךְ לְּכָּלְּדְ לְכָּלְּדְ וְּבְּכָלֹ־לְּכָבְּךְ וּבְּכָלֹּ־לְּכֶבְּךְ וּבְּכָלֹּדְ לְּכֶבְּךְ וּבְּכָלֹּדְ לְּכֶבְּךְ וּבְּכָלֹּדְ לְּכֶבְּךְ וּבְּכָלֹּדְ לְּכֶבְּךְ וּבְּכָלֹּדְ לְּכֶבְּךְ וּבְּכָלֹּדְ לְּכֶבְּךְ וּבְּכָלֹּ לְּבֶבְּהְ אִנְיֹךְ נְשְׁמִיְ יְהוֹהְ אֶלֹהֶיֹךְ הַשְּׁמִיִם וּשְׁמֵיִם וּשְׁמֵיִם הָאָרֵץ וְכָלֹּבְאֲשֶׁר־בָּּהְ: מוֹ רַקְּקְבְּבְּהְ אַתְּרִיהָם בָּעְמִיִם הָאָרֵץ וְכָלֹּבְּבְּהְיִם הַנִּיְם הַזֵּה: מוֹ וְשִׁמְלִה לְּמָבְּהְ אַתְּקְשׁוּ עוֹד: 'וֹ כֵּיְ יְהוֹהְ אֱלְהֵים הַיִּלְם הַוֹּא מִיִּבְּלֵם לְא תַקְשׁוּ עוֹד: 'וֹ כֵּיְ יְהוֹהְ אֱלְהֵים הָוֹא פָּנִים לְא תַקְשׁוּ עוֹד: 'וֹ כֵּיְ יְהוֹהְ אֱלְהֵיכִם הְּאַלְבְּיִם לְא תַקְשׁוּ עוֹד: 'וֹ כֵּיְ יְהוֹהְ אֱלְהֵים הְאַלְהִים הָאֵלְ הַנְּבְּל הַגָּבֹּרְ וְהַנּבְּרָ בְּעָבְיִם הְאַבְּבָּים הְאֵלְהִים וְשִׁמְלָה: מִשְׁפַּט יָתוֹם וְאַלְמָהֵ וְאֹבְרֵי מְצִּלְיְיִם הְאֹלְהָים וְשִׁמְלָה: 'מִבְּלְתְּת לְּוֹ לְתָח וְשִׁמְלָה: וְאֹבְרֵים הָאֵלְהִים וְשִׁמְלָה: 'מִּן מִבְּבְּתְ מִצְרָיִם הָּאָבְיִים הָאָבְרִים הָוֹיִמְם וְשִׁמְלָה: מִים בְּאַרְיִם מְצִילְהָם וְשִׁמְלָה: מִים הָאַלְבְיִם הְנִיבְם בְּאָרִייִם הְאַלְבָּה בְּתִּם אֵתִרּהַבָּבְ בְּיִם הְאַבְּיִם הָצִּבְיִים הְאָבְרָים הְצִיּבְרָים הָיִיתְם בְּיִבְּרִים הְיִיבְם בְּאַבְיִים בְּאָבִייִם הְאַבְּבָּה בְּלְים בְּבִּבְּרִים הְיִשְּבָּבְים בְּעִרְים הְיִיתְם הִיּבְרָים הִיִּבְרְיִם הְיִבְּרָים בְּיִבְרְיִם הְיִבְּבְיִם בְּבִּבְּים בְּיִבְּרְים הָיִיתְם הִיִּיְם הְיִבְּיִם בְּיִבְּיִם בְּיִבְּיִם בְּיִים בְּיִים בְּיִים הְיִבְּיִבְּים הְיִבְּים הְיִים הְיִים הְיִיבְם הְיִשְּיִבְים הְיִבְיִים הְיִיבְּים הְיִיבְּבְים בְיִים הְיִבְּבְים הְיִיבְּים הְיִים הְיִים הְּבְּים בְּיִים בְּיִים בְּיִבְּיִים הְיִים הְיִיבְּיִים הְיִיבְּבְיּים בְּבְיים בְּיִים בְּבְּיִים בְּבְּיִים בְּבְּיוֹי בְּבְיּים בְּיִבְּיוֹי בְּבְּיִים בְּיִים בְּיִים בְּבְּיִים בְּיִים בְּבְּיִים בְּיִים בְּיִּים בְּיִים בְּיִים בְּבְּיִים בְּבְּיִים בְּבְּבְּים בְּבְּים בְּבְּבְיּים בְּבְּבְּים בְּבְּבְּיִים בְּיִבְּיִים בְּבְי

<sup>12</sup> And now, O Israel, what does your God the Eternal demand of you? Only this: to revere your God the Eternal, to walk only in divine paths, to love and to serve your God the Eternal with all your heart and soul, <sup>13</sup> keeping the Eternal's commandments and laws, which I enjoin upon you today, for your good. <sup>14</sup> Mark, the heavens to their uttermost reaches belong to your God the Eternal, the earth and all that is on it! <sup>15</sup> Yet it was to your ancestors that the Eternal was drawn out of love for them, so that you, their lineal descendants, were chosen from among all peoples—as is now the case. <sup>16</sup> Cut away, therefore, the thickening about your hearts and stiffen your necks no more. <sup>17</sup> For your God the Eternal is God supreme and Lord supreme, the great, the mighty, and the awesome God, who shows no Favor and takes no bribe, <sup>18</sup> but upholds the cause of the fatherless and the widow, and befriends the stranger, providing food and clothing. — <sup>19</sup> You too must befriend the stranger, for you were strangers in the land of Egypt.

### Haftarah Portion for Shabbat Chol Ha-mo'ed Pesach Song of Songs 2:1-13

I am a rose of Sharon, a lily of the valleys. Like a lily among thorns, so is my darling among the maidens. Like an apple tree among trees of the forest, so is my beloved among the youths. I delight to sit in his shade, and his fruit is sweet to my mouth. He brought me to the banquet room and his banner of love was over me. "Sustain me with raisin cakes, refresh me with apples, for I am faint with love." His left hand was under my head, his right arm embraced me. I adjure you, O maidens of Jerusalem, by gazelles or by hinds of the field: do not wake or rouse love until it please! Hark! My beloved! There he comes, leaping over mountains, bounding over hills. my beloved is like a gazelle or like a young stag. There he stands behind our wall, gazing through the window, peering through the lattice. My beloved spoke thus to me, "arise, my darling; my fair one, come away! For now the winter is past, the rains are over

The blossoms have appeared in the land, the time of pruning has come; the song of the turtledove is heard in our land. The green figs form on the fig tree, the vines in blossom give off fragrance. Arise, my darling; my fair one, come away!

"O my dove, in the cranny of the rocks, hidden by the cliff, let me see your face, let me hear your voice; for your voice is sweet and your face is comely." catch us the foxes that ruin the vineyards - for our vineyard is in bloom.

My beloved is mine and I am his who browses among the lilies. When the day blows gently and the shadows flee, set out, my beloved, swift as a gazelle or a young stag, for the hills of

### Save the Dates

### Yom Hashoah Commemoration Concert and Memorial Service Sunday 5 May (18:30)

Please join us for a very special evening as the Alyth Choral Society, conducted by Alison Smart Fisher, together with a Children's Choir from Alyth and St Mary-at-Finchley Parish Church, perform "Annelies" by James Whitbourn. First commissioned by the Jewish Music Institute it is the story of Anne Frank. The performance will take us through a very moving vocal and visual journey. After the concert which starts at 18:30, there will be a short evening and memorial service at 20:15 in memory of all those who died during the Shoah. Spaces are limited and we advise you to book in as soon as possible on the Alyth website.

### Remembering the Fallen, Hope for the Future Marking Yom Hazikaron & Yom Ha'atzmaut as a community Saturday 11 May (18:30)

This year Yom Hazikaron (the day on which we remember Israel's fallen soldiers and victims of terrorism) and Yom Ha'atzma'ut (the day on which we celebrate Israel's independence) will be particularly poignant and challenging for many in our community. At Alyth we want to ensure that as many of our members are able to participate in this act of communal remembrance in as many ways as possible.

### 18:30 Concert: from Composer-in-Residence, Cantor Natalie Young

We will begin our commemoration early on Saturday 11 May at 18:30 with a concert from Composer-in-Residence, Cantor Natalie Young

### 19:00 Communal meal

Following the concert, we will have a communal meal. Please let us know through the website if you will be attending so that we can cater appropriately.

#### 19:30 Yom Hazikaron & Yom Ha'atzmaut Ritual

Following the meal, there will be a special ritual that will incorporate music from Cantor Natalie Young, testimony from Israel, and the completion of a unique artwork that is being constructed by everyone in the community.

For more information, please collect a 'Community Artwork' instruction sheet from the

### Yom Hazikaron Memorial Service Sunday 12 May (19:30)

Rabbi Golan will be leading a more traditional ma'ariv and memorial service as Yom Hazikaron comes in on Sunday 12 May at 19:30.

Please join us for this very important and timely weekend of remembrance and hope.

### Community News

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

### On this Shabbat we celebrate with:

Louis Graham and Talia Glantz, on their recent engagement. Mazal tov to their parents, Caronne and David Graham, and Marcelle and Barry Glantz. **Daniel Greene**, on the occasion of his 40<sup>th</sup> birthday.

### We regret to announce the death of:

Sheila Solomon, aunt of Stephen Solomon, Heather Cox and Nicola Solomon. David Janove, brother of Paul Janove.

### We join with those marking the anniversary of the death of a loved one:

**Abraham Abrahamson**, father of Jill Joseph Serge Ajzensztejn, husband of Rosalie Ajzensztejn Josephine Baker, sister of Leonard Baker Judy Bewton, grandmother of Danielle Conn Jill Bezalel, mother of Melanie Bezalel Stanley Birne, father of David Birne

**Douglas Blackman**, brother of Mervyn Blackman

Betsy Cohen, mother of Rosalind Black and grandmother of Martin Black

Zelda Enlander, mother of Janice Friend Sarah Esrock mother of Evelvn Katz **Anne Evans**, sister of Paul Jonas Israel Field, father of Susan Pearl Alan Foreman, father of Nicole Craig Belle Gerber, mother of Deanna Francken Debbie Ginsberg, niece of Gail Flesch Raie Goldberg, grandmother of Mark Greenfield

Joy Goldman, sister of Rosalyn Higgins John Haywood, father of Roger Haywood Hazel Jacobs, mother of Jane Juran Stanley Lazar, father of Gillian Lazar **Dennis Levinson**. husband of Monica Levinson Bruce Orman, husband of Patricia Orman

Paulette Rothschild, mother of Jeanne-Marie Stern Sylvie Schrire. mother of Gail Flesch Rinah Smith, niece of Gail Flesch Tamar Smith, sister of Gail Flesch

Hanna Singer, mother of Thomas Singer and Victoria Singer

Please take your siddurim and kiddush glasses to the collection table

### Contact Us

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Head of Member Engagement

Sam Heller (currently on maternity leave)

Rabbinic Team

Rabbi Golan Ben-Chorin, Rabbi Hannah Kingston, Rabbi Elliott Karstadt Rabbi Colin Eimer, Student Rabbi Nicola Feuchtwang, Student Rabbi Eleanor Davis Rabbi Josh Levy (Emeritus)