Shabbat P'kudei 6 Adar II 5784 / 15-16 March 2024

Erev Shabbat

18:30 Erev Shabbat Service (in the Beit Tefillah)

Led by Student Rabbi Nicola and Justin Wise.

Shabbat Morning

10:30 Shabbat Morning Service (in the Beit Tefillah)

Led by Student Rabbi Nicola with the Alyth Choir.

There will be an unsupervised kids corner in the Beit Tefillah.

11:00 Gesher (in the Upstairs Prayer Space)

Our musical service, Led by Phoebe, providing a bridge between our youngest family services and the next stage in Alyth families' prayer life.

Shabbat Services at Alyth during our Building Renewal

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week. At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone can pray and participate by thinking about the needs of those around you. If you need to leave the service to avoid disturbing others, please note that the service can be watched on livestream, this week in the kindergarten.

To help us to separate Shabbat from the rest of the week, please switch off your mobile phone, and do not take photographs or video, or smoke/vape on the premises on Shabbat.

When we want to show appreciation during a service, it is traditional not to applaud but to shout 'yasher koach' or 'sh'koach', which means 'strength to you.' Please refrain from applauding but join in this greeting.

Until early summer 2024, our Shabbat services will take place alongside the renewal of the Alyth building. We are grateful for your understanding while the South (Leo Baeck) wing of the building is being rebuilt. Important information during the building works:

- Entry to the synagogue is through the new pedestrian gate and main doors.
- In case of an emergency, evacuation of the building is either through the main entrance doors, congregating on Temple Grove, or via the kindergarten into the cemetery. Please do not gather on Alyth Gardens as this may block emergency services access.
- The main toilets during the building work are upstairs. These can be accessed using the stairs outside the kindergarten. There is also a new, fully accessible toilet downstairs. Please use the facilities upstairs if you are able, to leave the accessible toilet for those who need it.
- We will make Kiddush together over wine and challah on Friday nights and Shabbat mornings to end our services. We ask that you please not drink or eat until we have said the blessings.

On Shabbat, as through the week, we rely on the contribution of many of our members. Thank you to everyone who has helped to make this Shabbat special. Shabbat Shalom

Additional Songs and Readings for Shabbat

Hineh Ma Tov

Words: Psalm 133:1

Music: Miami Boys Choir

הנה מה־טוב ומה־נַעִים שבת אַחִים נִם־יַחַד:

How good it is and how pleasant when brothers live in unity together. Hineh ma tov uma na'im shevet achim gam Yachad

Blessing on lighting Shabbat candles

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קְדְשָׁנוּ בְּמִצְוֹתִיו וְצִנָּנוּ לְהַדְלִיק גַר שֶׁל שַׁבַּת:

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy, and who commands us to light the Sabbath candles.

Baruch attah Adonai eloheinu melech ha-olam, asher kidd'shanu b'mitsvotav, v'tsivvanu l'hadlik neir shel shabbat.

Hashkiveinu

Music: Dan Nichols

הַשָּׁכִּיבֵנוּ יהוה אֱלֹהֵינוּ לְשַׁלוֹם וְהַעֲמִידֵנוּ מַלְכֵּנוּ לְחַיִּים

Hashkiveinu Adonai eloheinu l'shalom, v'ha'amideinu malkeinu l'chayyim Spread the shelter of Your peace over us; Guide us in wisdom, compassion and trust Save us for the sake of Your name; Shield us from hatred, sorrow and pain

בָּרוּךְ אַתָּה יהוה. הַפּוֹרֵשׁ סֻכַּת שָׁלוֹם עָלֵינוּ וְעַל־עַמוֹ יִשְׂרָאֵל וְעַל־כָּל־הָעוֹלְם: Blessed are You God, spreading the shelter of peace over us, over Your people Israel, and over all the world.

Baruch attah Adonai, ha-poreis sukkat shalom aleinu v'al ammo yisra'el, v'al kol ha-olam

Nachman of Bratslav's Prayer for Peace

Likutei Tefillot Volume 2, 53:1

May it be Your will, Eternal God, that war and bloodshed be abolished from the world, that a great and wondrous peace rule forever; that never again shall nation lift up sword against nation, and never again shall they train for war.

But may all who dwell on the earth recognize and understand the basic truth: that we have not come into this world for strife and division, nor for hate and jealousy, contrariness and bloodshed; but we have come into this world to recognize and know You, may You be blessed forever.

בָּרוּךְ אַתָּה יהוה. הַמְבָרֵךְ אֶת עַמוֹ יִשְׂרָאֵל בַּשָּׁלוֹם:

Blessed are You God, blessing Your people Israel with peace. Baruch attah Adonai, ha-m'vareich et ammo Yisra'el ba-shalom.

A Prayer for the Release of Captives

God, our redeemer, who set us free from the slavery of Egypt, we turn to You to release all hostages and captives, all who are enslaved to others. We pray now in particular for all those taken hostage by Hamas. May You be with them at this time of trial. Give wisdom and strength to those who work for their release and bring about a speedy end to their suffering. May you support the families and friends who can only watch and wait in fear and anxiety. Help us to know what we too can do when prayers alone are not enough.

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם. מַתִּיר אֲסוּרִים:

Blessed are You, our Living God, Sovereign of the universe, You free those who are bound. Baruch atah Adonai, Eloheinu Melech ha-olam, matir asurim.

Bim Bam

Bim, Bam, Bim Bim Bim Bam, Bim Bim Bim Bim Bim Bam Shabbat Shalom, Shabbat Shalom Shabbat Shabbat Shabbat Shalom

Chazak Chazak

חַזַק חָזַק וְנָתִחָזֵק

Be strong, Be strong, and let us strengthen one another Chazak Chazak VeNit-chazeik

Torah Portion for Shabbat P'kudei Exodus 40:17-38

" וַיְּהִי בַּחֹדֵשׁ הָרָאשׁוֹן בַּשָּׁנֵה הַשַּׁנִית בְּאָחֵד לַחֹדֵשׁ הוּקָם הַמִּשְׁכָּן: " וַיָּקֶם מֹשֶׁה אֶת־הַמִּשְׁכָּן וַיִּתֵּן אֶת־אָדָנִיו וַיָּשֶׁם אֶת־מְרָשִׁיו וַיִּתֵּן אֶת־בְּרִיחֵיו וַיָּקֶם אֶת־מִכְסֵה הָאֹהֶל עָלִיו מִלְּמָעְלָה כַּאֲשֶׁר יֹ וַיִּפְּרִשׁ אֶת־הַבְּּדִים עָל־הַאָּרֹן וַיְשֶׁם אֶת־הַבָּבִּים עַל־בָּאָרֹן וַיְשֶׁם אֶת־הַבָּבְּיִם עַל־הַאָרֹן וַיְשֶׁם אֶת־הַבָּבְּיִם עַל־הַאָרֹן וַיְשֶׁם אֶת־הַבָּבְּיִם עַל־הַאָּרֹן וַיְשֶׁם אֶת־הַבָּבְּיִם עַל־הַאָּרֹן וַיְשֶׁם אֶת־הַבָּבְּיִם עַל־הַאָּרְן וַיְשֶׁם אֶת־הַבָּבְּיִם עַלּ־הַאָּרְן וַיְשֶׁם אֶת־הַבְּבְּיִם עַלּ־הַאָּרְן וַיְשֶׁה בִּבְּיִם עַלּ־הָאָרֹן וַיְשֶׁם אֶת־הַבְּעָל הַנִּיךְ עַלְּ אֲרָוֹן הָעֵדְוֹּת כַּאֲשֶׁר צִנָּה יְהוֹה אֶת־מִשֶּׁה: כֵּי וַיְשֶׁם אֶת־הַמְּעָרְך עָלִיו עֵרֶךְ עָלְיוֹ מִנְעָל הַנִּרְת בְּלְבִיי יְהוֹה בְּאֹהֶל מוֹעֵד לְפְנֵי יְהוֹהָ בָּאְתַר צְנָה יְהוֹה אֶת־משֶׁה: כֹּי וַיָּשֶׁם אֶת־הַבְּמְנִרָה בְּאָשֶׁר צָנָה יִהוֹה אֶת־משֶׁה: כֹּי וַיְשֵּׁם אֶת־הַבְּעָל הָנִין הַהָּבְּת עַלְיִם הָבְּבְּל מוֹעֵד לְפְנֵי יְהוֹהָ בְּתְּבְיֹן עָל יִבְּךְ הַמִּשְׁכָּן עָלָין הָבְּתְבֹּי יְהוֹה בְּתְבִין יְהוֹה בְּאָבְיר צְנָה הָבְּבְּתְבֹי בְּבְּבִי יְהוֹה אָת־משְׁב בְּבְּתְנִי יְהוֹה אָת־משְׁב בְּבְּלְי וְבְּבְּתְב בְּבְּבְי יְהוֹה אֵת־משְׁב בְּבְּתְבּי לְמִיל בְבָּי הַבְּרְכָת: כֹּוֹ וַיָשֶׁם אֶת־מִוֹבָּח הַנָּבְי הְבֹּבְי הַבְּבְּתְב בְּאָשֵׁר צָּנָה הָהָה אַת־משָׁה:

¹⁷ In the first month of the second year, on the first of the month, the Tabernacle was set up. ¹⁸ Moses set up the Tabernacle, placing its sockets, setting up its planks, inserting its bars, and erecting its posts. ¹⁹ He spread the tent over the Tabernacle, placing the covering of the tent on top of it—just as the Eternal had commanded Moses. ²⁰ He took the Pact and placed it in the ark; he fixed the poles to the ark, placed the cover on top of the ark, ²¹ and brought the ark inside the Tabernacle. Then he put up the curtain for screening and screened off the Ark of the Pact—just as the Eternal had commanded Moses. ²² He placed the table in the Tent of Meeting, outside the curtain, on the north side of the Tabernacle. ²³ Upon it he laid out the setting of bread before the Eternal —as the Eternal had commanded Moses. ²⁴ He placed the lampstand in the Tent of Meeting opposite the table, on the south side of the Tabernacle. ²⁵ And he lit the lamps before the Eternal —as the Eternal had commanded Moses. ²⁶ He placed the altar of gold in the Tent of Meeting, before the curtain. ²⁷ On it he burned aromatic incense—as the Eternal had commanded Moses.

כח נֵישֶם אֶת־מָסֵךְ הַפֶּתַח לַמִּשְׁכָּן: כט וְאָתֹ מִזְבַּח הָעִלָּה שָּׂם פֶּתַח מִשְׁכַּן אִהֶּלֹ־ מוֹצֵד נַיַעֵּל עָלִיו אֶת־הָעִלָּה וְאֶת־הַמִּנְחָה כַּאֲשֶׁעֵר צִּנָה יְהוֹה אֶת־מִשֶׁה: לּ נַיָּשֶׁם אֶת־הַכִּיר בֵּין־אֹהֶל מוֹצֵד וּבֵין הַמִּזְבַּח נַיִּתֵּן שְׁמָה מַיִם לְרָחְצָה: לֹּא וְרְחֲצנִּ מִמֶּנוּ מִשֶּׁה וְאַת־הַכִּיר בִּין־אֹהֶל מוֹצֵד וּבְקַרְבָתְם משֶׁה וְאַת־הַבְּיל מִיּבְיר הָבִין אָת־הַבְּלִה יְהוֹה אֶת־הַמְשָׁה: לֹּג נַיַּקֶם אֶת־הָחָצֵר סְבִיב לַמִּשְׁכֵּן וֹלִמוֹבַּח וִיתֹּן את־מסך שער החצר ויכל משה את־המלאכה:

²⁸ Then he put up the screen for the entrance of the Tabernacle. ²⁹ At the entrance of the Tabernacle of the Tent of Meeting he placed the altar of burnt offering. On it he offered up the burnt offering and the meal offering—as the Eternal had commanded Moses. ³⁰ He placed the laver between the Tent of Meeting and the altar and put water in it for washing. ³¹ From it, Moses and Aaron and his sons would wash their hands and feet; ³² they washed when they entered the Tent of Meeting and when they approached the altar—as the Eternal had commanded Moses. ³³ And he set up the enclosure around the Tabernacle and the altar and put up the screen for the gate of the enclosure. When Moses had finished the work,

לד וַיְכַס הֶעָנֶן אֶת־אַהֶל מוֹעֵד וּכְבוֹד יְהֹנָה מָלֵא אֶת־הַמִּשְׁכָּן: לה וְלֹא־יָכַל מֹשֶׁה לָבוֹא אֶל־אֹנֶה מִנֶּא אֶת־הַמִּשְׁכָּן: עָלִיו הָעָנֶן וּכְבוֹד יְהֹנָה מָלֵא אֶת־הַמִּשְׁכָּן: לֹּבוֹא אֶל־אֹנֶה מִנֶּץ מוֹעֵד כִּיִ־שָׁכַן עָלָיו הָעָנֶן וּכְבוֹד יְהֹנָה מָלֻאָנֶן אֶת־הַמִּשְׁכָּן: לֹי וְאָם־לֹא יֵעְלֶה הֹנְה עַל־הַמִּשְׁכָּן יוֹמָם וְאֵשׁ תִּהְיֵה הָעָלְתוֹ: לֹי כִּי עֲנֵן יְהֹנֶה עַל־הַמִּשְׁכָּן יוֹמָם וְאֵשׁ תִּהְיֵה הַּעָלְתוֹ: לֹי כִי עֲנֵן יְהֹנֶה עַל־הַמִּשְׁכָּן יוֹמָם וְאֵשׁ תִּהְיֵה לַיֵּלָה בֵּוֹ לְעִינֵי כָל־בִּית־יִשְּרָאֵל

³⁴ the cloud covered the Tent of Meeting, and the Presence of the Eternal filled the Tabernacle. ³⁵ Moses could not enter the Tent of Meeting, because the cloud had settled upon it and the Presence of the Eternal filled the Tabernacle. ³⁶ When the cloud lifted from the Tabernacle, the Israelites would set out, on their various journeys; ³⁷ but if the cloud did not lift, they would not set out until such time as it did lift. ³⁸ For over the Tabernacle a cloud of the Eternal rested by day, and fire would appear in it by night, in the view of all the house of Israel throughout their journeys.

Haftarah Portion for Shabbat P'kudei

1 Kings 7:51-8:21

When all the work that King Solomon had done in the House of GOD was completed, Solomon brought in the sacred donations of his father David—the silver, the gold, and the vessels—and deposited them in the treasury of the House of GOD.

Then Solomon convoked the elders of Israel—all the heads of the tribes and the ancestral chieftains of the Israelites—before King Solomon in Jerusalem, to bring up the Ark of the Covenant of GOD from the City of David, that is, Zion. The entire body of Israel gathered before King Solomon at the Feast [of Booths], in the month of Ethanim—that is, the seventh month. When all the elders of Israel had come, the priests lifted the Ark and carried up the Ark of GOD. Then the priests and the Levites brought the Tent of Meeting and all the holy vessels that were in the Tent. Meanwhile, King Solomon and the whole community of Israel, who were assembled with him before the Ark, were sacrificing sheep and oxen in such abundance that they could not be numbered or counted. The priests brought the Ark of GOD's Covenant to its place underneath the wings of the cherubim, in the Shrine of the House, in the Holy of Holies; for the cherubim had their wings spread out over the place of the Ark, so that the cherubim shielded the Ark and its poles from above. The poles projected so that the ends of the poles were visible in the sanctuary in front of the Shrine, but they could not be seen outside; and there they remain to this day.

There was nothing inside the Ark but the two tablets of stone that Moses placed there at Horeb, when GOD made [a covenant] with the Israelites after their departure from the land of Egypt. When the priests came out of the sanctuary—for the cloud had filled the House of GOD and the priests were not able to remain and perform the service because of the cloud, for the Presence of the ETERNAL filled the House of GOD — then Solomon declared: "GOD has chosen to abide in a thick cloud: I have now built for you a stately house, a place where you may dwell forever."

Then, with the whole congregation of Israel standing, the king faced about and blessed the whole congregation of Israel. He said: "Praised be the ETERNAL, the God of Israel, who has fulfilled with deeds the promise made to my father David. For [God] said, 'Ever since I brought My people Israel out of Egypt, I have not chosen a city among all the tribes of Israel for building a House where My name might abide; but I have chosen David to rule My people, Israel. "Now my father David had intended to build a House for the name of the ETERNAL One, the God of Israel. But GOD said to my father David, 'As regards your intention to build a House for My name, you did right to have that intention. However, you shall not build the House yourself; instead, your son, the issue of your loins, shall build the House for My name.' "And GOD has fulfilled the promise that was made: I have succeeded my father David and have ascended the throne of Israel, as GOD promised. I have built the House for the name of the ETERNAL One, the God of Israel; and I have set a place there for the Ark, containing the covenant that GOD made with our ancestors upon bringing them out from the land of Egypt."

Community News

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

We regret to announce the death of:

Susan Damazer, mother of Mark Damazer and Benjamyn Damazer.

We join with those marking the anniversary of the death of a loved one:

Eugene Anson, father of Harriet Hodes Rivka bat Tzvi, mother of John De Lange Ann Cohn, mother of Martin Cohen Constance Colson, mother of Naomi Inwald Lilly Dubowitz, wife of Victor Dubowitz Marion Goff, mother of Jo Goff

Michael Gray, father of Janine Clements and Denise Birley

Lionel Green, father of David Green

Jonathan Manson, husband of Lizzie Manson and brother of Michael Manson

Donald Martin, father of Simon Martin
Sam Rifkin, father of Judy Townley
Jack Rose, father of Grahame Rose
Florence Stanley, mother of Shirley Freeling
Sanhia Stanton, mother of Kenneth Stanton

Sophie Stanton, mother of Kenneth Stanton Richard Toeman, father of Paul Toeman Maurice Wise, father of Stephen Wise

Save the Dates

Alyth's Iftar 2024: 'Friendship'

Sunday 17 March, 16:45-21:00

Over 11 years, Alyth has brought communities together to talk, study and eat at our annual lftar. We are grateful for the friendships that have grown over the years at this very special event in our annual calendar. This year's event will begin at 16:45 as we meet new and old friends and welcome them back into our sanctuary.

Purim At Alyth

Purim Feast and Fun (Saturday 23 March, 19:00)

Come in fancy dress and join us for an evening of Megillah Reading, music, drink and food with a couple of surprises along the way! We will play out the story of Purim at our Feast to which we invite you to bring your favourite savoury dish (veggie or permitted fish only) to share with all the guests at the Shushan Shindig. The evening is more suitable for adults.

Ma'ariv & Megillah Reading (Saturday 23 March, 21:00)

After the feast there will be a full reading of the Megillah at 21:00.

Purim Carnival Extravaganza (Sunday 24 March, 10:00)

For all our families! We will be spending time at Ahasuerus' Palace and celebrating the story of Esther with a carnival and a megillah reading.

SpringWAYS

8-12 April 2024 (9:00-15:30) at Alyth Synagogue

SpringWAYS is our fantastic Primary aged Spring holiday scheme, bringing together all of our members from Reception to Year 6. SpringWAYs is a great introduction to Alyth's fun activities and a perfect way to spend the school holiday. Situated at Alyth, the scheme has a safe and homely environment, while giving us the flexibility to use our space in exciting and innovative ways. We'll be running a range of activities, from arts to sports, stories to songs and drama to games (and much, much more!). Please email hannahwood@alyth.org.uk

Contact Us

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Designated Safeguarding Lead lynette@alyth.org.uk; 020 8457 8793

Sam Heller Head of Member Engagement

(currently on maternity leave)

Rabbi Hannah Kingston, Rabbi Elliott Karstadt, Rabbi Golan Ben-Chorin Rabbi Colin Eimer, Student Rabbi Nicola Feuchtwang, Student Rabbi Eleanor Davis Rabbi Josh Levy (Emeritus)