

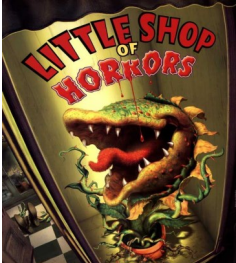
Around Alyth

March 2024



Academy of Performing Arts Performance

Sunday 3 March, 14:30 & 18:00



Join us and support our annual Academy show that our teenagers have been working hard on since September. This year's show: Little Shop of Horrors!

Tickets: £15/adult ticket, £12/concession ticket, £7 child ticket (still at school)
Please [click here](#) to purchase tickets and contact abi@alyth.org.uk for more information.

Purim 2024

Saturday 23 and Sunday 24 March

Saturday Evening - Purim Feast and Fun (19:00-20:30)

Come in fancy dress and join us for an evening of Megillah Reading, music, drink and food with a couple of surprises along the way! We will play out the story of Purim at our Feast to which we invite you to bring your favourite savoury dish (veggie or permitted fish only) to share with all the guests at the Shushan Shindig. The evening is more suitable for adults. [Click here](#) to sign up here so that we can reserve your seat/s at King Ahasuerus' Feast!

Saturday Night - Ma'ariv & Megillah Reading (21:00)

Following the Feast there will be a full reading of the Megillah.

Sunday Morning - Purim Carnival Extravaganza (10:00-12:00)

For all our families! We will be spending time at Ahasuerus' Palace and celebrating the story of Esther with a carnival and a megillah reading.

Alyth's Iftar 2024

Sunday 17 March

For over 10 years, Alyth has brought communities together to talk, study and eat at our annual Iftar. We are grateful for the friendships that have grown over the years at this very special event in our annual calendar. See inside for more information.

Pray With Us

March 2024

EREV SHABBAT SERVICES

In-Person and Online every Friday at 18:30

Erev Shabbat Service (*Fridays 1, 8, 15, 22 March*)

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning.

SHABBAT MORNING SERVICES

In-Person and Online every Saturday

Saturday 2 March

Shabbat Morning Service, 10:30

Led by Rabbi Hannah accompanied by guitar. Including the Bar Mitzvah of Jonah Morris.

Shabbat Morning Choral Service, 10:30

Led by Rabbi Golan and Student Rabbi Nicola with the Alyth choir.

Taking place in the Upstairs Prayer Hall.

Sensory Shabbat, 11:00

Join us for our Sensory Shabbat service. See 'Pray with us for Families' for more information.

Saturday 9 March

Shabbat Morning Choral Service, 10:30

Led by Rabbi Elliott and Rabbi Golan with the Alyth choir. Including the Bar Mitzvah of Marley Parnes. The sermon will be given by Rabbi Charley Baginsky, CEO of Liberal Judaism and Co-Lead of Progressive Judaism.

Kolot, 10:30

Our informal, unaccompanied, participatory minyan. Led by Rabbi Josh and Justin Wise

Saturday 16 March

Shabbat Morning Choral Service, 10:30

Led by Student Rabbi Nicola with the Alyth choir.

Gesher, 11:00

Our musical service providing a bridge between our youngest family services and the next stage in Alyth families' prayer life.

Saturday 23 March

Shabbat Morning Service, 10:30

Led by Rabbi Hannah. Including the Bat Mitzvah of Mia Kustow.

Saturday 30 March

Shabbat Morning Service, 10:30

Led by Rabbi Elliott and Rabbi Golan, accompanied by guitar. Including the Bat Mitzvah of Lillie Abrahams.

Wellbeing Service, 10:30

Our occasional service in which we have the opportunity to reflect on our own wellbeing with prayer, song, and readings. We will join the service in the Beit Tefillah in time for the Sermon. Led by Lynette and Justin Wise.

SUNDAY SHACHARIT

Sundays 3, 10, 17, 24, 31 March (9:00)

Every Alyth week begins with a lay-led minyan with bagel breakfast at Alyth, led by Alyth members. All are welcome. Shacharit on 31 March will take place off-site, see the weekly email for the location.

Pray With Us

March 2024

PRAY WITH US FOR FAMILIES ON SHABBAT

Baby Den

Fridays 1, 8, 15, 22 March (10:30)

Chug-a-lug into Shabbat. Sing your favourite Baby Den songs, dance to a Shabbat beat and wave to some familiar faces. For families with Young Children.

Sensory Shabbat

Saturday 2 March (11:00)

Our Shabbat experience designed to stimulate your babies' senses in the first years of their life. Join the team and the dungareenees in this service where you and your baby can touch, see, smell and hear your way through the service.

Gesher

Saturday 16 March (11:00)

Our musical service providing a bridge between our youngest family services and the next stage in Alyth families' prayer life.

PATH TO PROGRESSIVE JUDAISM BREAKFAST

Saturday 9 March (9:15)

In April 2023, the Movement for Reform Judaism (MRJ) and Liberal Judaism (LJ) announced that we will be working in close partnership to create one new unified movement to represent all of Britain's Progressive Jews.

MRJ Chair, and Alyth member, Paul Langsford has said "As a unified movement, we will be stronger, our voice will be louder and we will be able to make an even bigger contribution to wider society. As one Progressive Judaism, we will help more people in more places enjoy rich and vibrant Jewish experiences."

We are delighted to invite you to a community forum over breakfast with Rabbis Josh Levy and Charley Baginsky. This will be a conversation about the creation of a new Movement to represent all Progressive Jews in the UK. Please [click here](https://www.pathtoprogessivejudaism.org.uk) to sign up so that we are able to cater appropriately. For more information about this please go to www.pathtoprogessivejudaism.org.uk.

Yom Hashoah Commemoration Concert and Memorial Service

Sunday 5 May (18:30)

Please join us for a very special evening as the Alyth Choral Society, conducted by Alison Smart Fisher, together with a Children's Choir from Alyth and St Mary-at-Finchley Parish Church, perform "Annelies" by James Whitbourn. First commissioned by the Jewish Music Institute it is the story of Anne Frank. The performance will take us through a very moving vocal and visual journey. After the concert which starts at 18:30, there will be a short evening and memorial service at 20:15 in memory of all those who died during the Shoah. Spaces are limited and we advise you to book in as soon as possible by [clicking here](#).

Learn With Us

March 2024

Judaism: the Essentials

Tuesdays, 20:00-21:30ish

Our regular introduction to Judaism class taught by our clergy with Jon Epstein. Essentials is the perfect class for those coming to Judaism for the first time, or looking to consolidate the learning of a lifetime - or anywhere in between. New students are always welcome.

Please contact Rabbi Elliott elliott@alyth.org.uk for more information.

- 5 The Jewish home and kashrut
- 12 Prayer 1: What's it for, the building blocks of the liturgy
- 19 Preparing for Purim
- 26 Prayer 2: Key Prayers

Adult Hebrew

Intensive Hebrew Reading Course

Tuesday 5 & 12 March, 19:00-19:45

For beginners, to learn the aleph-bet and basic decoding skills.

Hebrew Reading Course

Tuesday 5 & 12 March, 20:00-21:00

For those already proficient in Hebrew reading, to continue to develop their skills.

These sessions are taught by Alyth member Jan Roseman. Contact sam@alyth.org.uk.

Biblical Hebrew

Sundays, 11:15-12:30 and Wednesdays 18:00-19:15

A programme for those with high level Hebrew reading ability. Email edwardjgold@hotmail.com if you would like to join this class so that you can be sent the link and materials in advance. Sundays class is "Prayer Book Hebrew: studying the Hebrew and how it is translated" and Wednesdays class is "Biblical Hebrew: Studying the Weekly Parashah".

Pardes - Purim

Thursdays 14 & 21 March, 13:00-14:00

A special two week series with Rabbi Elliott looking at the story of Purim and getting us ready for the feast, fun and Megillah reading on Saturday 23 and Sunday 24 March.

Shabbat Shiur

Saturday 2 March, 9:15-10:15

The soul sigh of Shabbat

Shabbat, its Biblical context and a close reading of its appearance in this week's portion. A look at this weeks torah portion with Rabbi Golan.

Learn With Us

March 2024

The Alyth Chavruta Project

Thursdays 7, 14, 21, 28 March (19:00)

The Alyth Chavruta Project returns in March and April for a six-week course in which we dive into a sugya of the Talmud that contains the famous teaching that Hillel does standing on one leg. Chavruta is a classical form of Jewish study, in which two people grapple with a text together. The Talmud declares, "Two students learning together sharpen one another". . As well as the all-important "Golden Rule", this section contains a number of intriguing and often mystifying traditions and parables. Join us as we explore this most enigmatic and enriching text. All levels of experience are welcome. If you have someone in mind who you would like to study with, or if you would like us to try to find a study partner for you, please let us know. Text packs will be sent out on a Friday, and then we will join together as a group on Thursday evenings as a whole group. If you would like to receive the first text pack, please email Rabbi Elliott at elliott@alyth.org.uk, or check the Alyth website at alyth.org.uk/chevruta.

Alyth's Iftar 2024

'Friendship'

Sunday 17 March 2024
16:45 - 21:00

Over 11 years, Alyth has brought communities together to talk, study and eat at our annual Iftar. We are grateful for the friendships that have grown over the years at this very special event in our annual calendar.

This year's event will begin at 16:45 as we meet new and old friends and welcome them back into our sanctuary.

It is more important than ever this year that we continue to reach out beyond boundaries of difference, to cultivate friendships and to deepen our understanding of our brothers and sisters of different cultures, backgrounds and faiths. The theme of the learning at this year's Alyth Iftar will be friendship, as we examine what it means to live together while coming with very different perspectives.

We will come together for the call to prayer, finishing in time to share our Iftar meal, which as always will be plentiful and delicious.

Please register so that we can cater appropriately by going to:

<https://shulcloud.alyth.org.uk/form/iftar24.html>

Weekly

Monthly

Monday Club

Mondays 4, 11, 18, 25 March 19:00-20:30

A friendly in-person meeting place for people with learning disabilities. For more information or to let us know that you will be attending, please email lynette@alyth.org.uk.

Alyth Choral Society

Tuesdays 5, 12, 19, 26 March 20:00-22:00

New members are always welcome to join the choir. We have two or three concerts a year, one with full orchestra. Go to alythchoralsociety.org or email alythchoralsociety@gmail.com if our future programme inspires you. Alyth Choral Society, as part of Alyth Synagogue's Yom Hashoah Commemoration on 5 May 2024, will be performing Annelies by James Whitbourn. **The Society would warmly welcome singers to join them and be a part of this special occasion.**

Mellow Chair Yoga for All Ages

Thursdays 7, 14, 21, 28 March 11:00-12:00

Our special Chair Yoga and Meditation with Maxine, open to all ages wishing to enhance overall mental and physical wellbeing.

[Click here](#) to register and pay for the class.

Choir Rehearsals

Saturdays 16 March, 9:15-10:15

Rehearsing Alyth's choral repertoire for Shabbat Services.

Alyth Book Club (online)

Monday 4 March, 18:30

Join us on Zoom to discuss this month's book. The book for 8 April is "A Boy from Baghdad". In-person at a members house, with the author, Alyth member, Miriam Halahmy. It is 1951 - Jews are forced to leave Iraq. 12 year old Salman Shasha is part of that exodus, thousands leaving homes and comfortable lives in Baghdad to settle in Israel. Jews went from a life of comfort and plenty in Iraq to one of discomfort, economic difficulty, Ashkenazi suspicion and discrimination in newly-established Israel. The Promised Land is not quite so full of promise. If you wish to come, please call or text 07860 907779 for the address.

Alyth Cycling Community Bike Ride

Sunday 10 March, 8:15

Bringing riders of all abilities together to enjoy cycling and conversation. For more information contact laurancemendoza@aol.com.

Refugee Choir

Sunday 17 March, 13:30-14:30

This multi-faith, multicultural choir is open to refugees, Drop-in volunteers and the wider Alyth community.

Singing for Pleasure

Sunday 17 March, 15:30-16:30

Join Viv and sing songs from the shows, Israeli folksongs, songs from the 60s and more. No need to audition, read music or feel intimidated.

Jewish Mindfulness and Meditation (online)

Fridays 1, 8, 15, 22, 29 March, 17:00-18:00

JMM helps us to open our hearts and find peace through our spiritual heritage.

Jewish Mindfulness and Meditation (hybrid)

Friday 15 March, 17:00-18:00

The session on 15 March will be run from Alyth. Please join us in-person or online if you are unable to make it to the building

[Click here](#) to make a donation towards the costs of employing the facilitators.

The Alyth Social Mondays at 14:00 – 16:00

Part of the Alyth Friendship Project. Join us for an afternoon of entertainment, discussion, tea and great company! Annual Membership: £25 per person members; £30 per person non-members; Weekly donation: £3.50 members; £5.00 non-members. Contact Lynette for more information. All are welcome.

4 Mildred Levison – The Jewish East End

Mildred will talk about life over the years in the East End.

11 Piano and Soprano Concert – from the Guildhall School of Music

Sooyeon Baik (pianist) and Felicity Tomkins (Soprano) from the Guildhall School of Music and Arts will sing, Grieg, Poulenc amongst other composers.

18 Purim Programme

Fun and Hamentaschen!

25 Piano Concert – from the Guildhall School of Music

Felicia Toni (pianist) from the Guildhall School of Music and Arts performs a special concert.

Special B'Yachad Lunch

Sunday 3 March

As part of the Alyth Friendship Project, a special lunch before the matinee performance of Academy's Little Shop of Horrors. For catering purposes, please let Lynette know you are coming at lynette@alyth.org.uk or 020 8457 8793.

There is no charge for this but donations are always appreciated.



Shirei meets Chagigah 2024

A weekend of music and celebrating our Judaism

Shirei Chagigah- 14th-17th March

Chagigah - 15th-17th March

Shirei meets Chagigah is an all singing, all learning weekend away with the Movement for Reform Judaism. [Click here](#) for more information.

Learn With Us: Youth and Education

March 2024

Weekly Learning

SMG

Sundays 3, 10, 17 March (10:00-12:00)

Our Jewish education programme for Reception to Year 6. [Click here](#) to enrol into SMG.

SMG provides our youngest members the opportunity to explore their Jewish identity, key Jewish behaviour and rituals and Jewish texts.

Ruach 1 - 4

Fridays 1, 8, 22 March (17:15-19:30)

Our pre Bar/Bat Mitzvah programme delivered by our wonderful team of madrichim. Participants can come from 16:30 for Drop-In and are expected to stay for the Erev Shabbat Service, finishing at 19:30.

Drama Activities

Alyth Children's Theatre (ACT)

Thursdays 7, 14, 21 March (17:00-18:15)

Our drama group for Primary School aged children. The group rehearse all year and then perform the show in June 2024.

Academy of Performing Arts

Sunday 10, & 24 March (18:00-20:00)

A feature of the Alyth calendar for Secondary School aged children for over 20 years. The end of year production takes place on 3 March.

Please contact abi@alyth.org.uk to sign up or for any of our drama groups

Inclusion Hadracha

Tuesdays 5, 12, 19, 26 March (17:00-18:30)

A brand new leadership course for young people who are in school year 10 and above. The course will focus on enabling you to develop skills in working with young people with additional needs.

[Click here](#) to sign up or contact hannahwood@alyth.org.uk for any more information.

The Alyth Teen Chavruta Project: The Golden Rule

Thursdays 7, 14, 21 March (17:30-18:30)

For those teenagers in our community who want to continue some of the learning from B'nei Mitzvah. With Rabbi Elliott and Phoebe, we will take a look at some texts from the Babylonian Talmud (a text written to help make the Bible more relevant to our lives). In particular, we will study the teaching that Hillel did on one leg: 'That which is hateful to you, do not do to others.' This famous teaching, often referred to as 'the Golden Rule', is not just important to Jews, but to those of many religions. We will study the original text, as well as discussing how this teaching is important for us today. Contact phoebe@alyth.org.uk for more information or to sign up.

Year 7 Ruach Residential

Friday 15 - Sunday 17 March

Our annual residential event for those in Year 7 in our Ruach programme. 30 young people will be away together in rural Kent, getting to know one another and learning together in a different environment.