

Alyth



Yom Kippur Musical Minchah

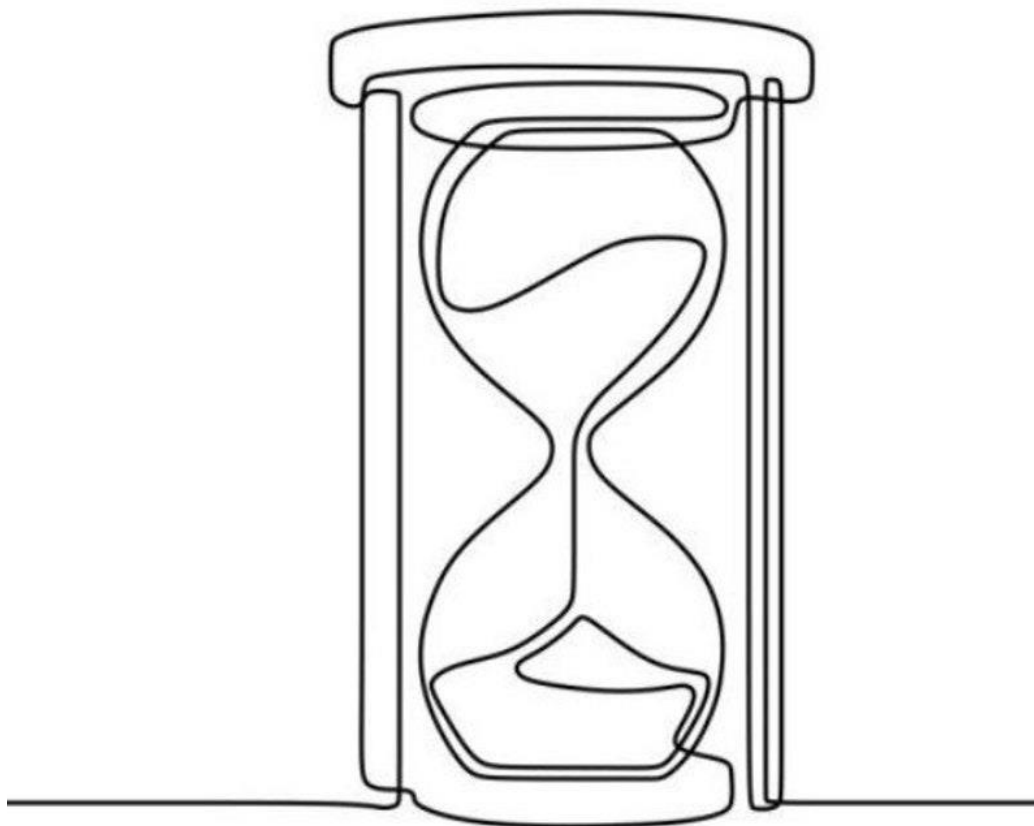


Minchah is the afternoon service. It traditionally begins with the Torah service and does not include Sh'ma U'virchoteha (the section between Barechu and the Amidah).

However, we recognise that for some this will be the main service experienced on Yom Kippur, so wanted to make sure it has the feel and melodies with which we are familiar.

In Minchah on Yom Kippur we read the book of Jonah. In this service we will spend much of our time immersing ourself in this story.

We wish you G'mar Chatimah Tova – May you be signed in the book of life for another good year.





Hava Nashira

Music: Josh Nelson

Hava, Hava Nashirah

הָבָה נָשִׁירָה

Shir Halleluyah, Shir Halleluyah

שִׁיר הַלְלוּיָהּ

Let us sing a song of praise.

If you say: "I will do wrong and say sorry, then I will do wrong again and say sorry" – you will not have enough power to say sorry.

If you say: "I will do wrong, and the Day of Atonement, Yom Kippur, will make things okay" – Yom Kippur will not make things okay.

Wrongs that are between a person and God – Yom Kippur will make things okay.

Wrongs that are between a person and another person – Yom Kippur will not make things okay, until that person has made things alright with the other person.

Mishnah Yoma 8:9

Ma Tov

Ma tovu ohalecha ya'akov
mishk'notecha Yisrael.

מָה טֹבוֹ אֹהֲלֶיךָ יַעֲקֹב
מִשְׁכְּנֹתֶיךָ יִשְׂרָאֵל

How good are your tents O Jacob, and your homes, O Israel!

Yom Kippur is a day of thinking and remembering.

Yom Kippur is a day to remember how we acted this past year.

Yom Kippur gives us an opportunity to think about how we could have done a little better.

Yom Kippur is a day to think about who we want to be this new year.

Yom Kippur gives us an opportunity to say 'I am sorry' and start over again.

As we begin our service today, we ask God to listen carefully to our apologies, our prayers, and our promises for the new year.



Checking in with our bodies

Music: Dan Nichols

I thank you for my life, body and soul
 Help me realise I am beautiful and whole
 I'm perfect the way I am and a little broken too
 I will live each day as a gift I give to you

Baruch atah Adonai, rofei chol בָּרוּךְ אַתָּה יְהוָה. רוֹפֵא כָּל-בָּשָׂר.
 basar umafla la'asot וּמַפְלִיא לַעֲשׂוֹת:

Blessed are You God, who heals our flesh and performs such wonders.

Checking in with our souls

Music: Craig Taubman

Elohai, n'shamah shennatatta bi אֱלֹהֵי. נִשְׁמָה שֶׁנָּתַתָּ בִּי
 t'horah hi טְהוֹרָה הִיא

My God, the soul You have given me is pure.





Psalm 150

Music: Bonia Shur

Halleluyah!

Hall'lu el b'kodsho,

Hall'luhu birkiah uzo.

Hall'luhu bigvurotav,

Hall'luhu k'rov gud'loh;

Hall'luhu b'tekah shofar,

Hall'luhu b'nevel v'chinor,

Hall'luhu b'tof u'machol,

Halleluhu b'minim v'ugav;

Hall'luhu b'tziltzelei shamah,

Hall'luhu b'tziltzelei truah

Kol Han'shamah t'halel yah,

Halleluyah

הַלְלוּיָהּ
הַלְלוּ אֵל בְּקֹדֶשׁוֹ
הַלְלוּהוּ בְּרִקְיעַ עֲזָו
הַלְלוּהוּ בְּגִבּוֹרֹתָיו
הַלְלוּהוּ כְּרֹב גִּדְלוֹ
הַלְלוּהוּ בְּתַקְעַ שׁוֹפָר
הַלְלוּהוּ בְּנִבְל וְכִנּוֹר
הַלְלוּהוּ בְּתֹף וּמַחּוֹל
הַלְלוּהוּ בְּמִנִּים וְעוּגָב
הַלְלוּהוּ בְּצִלְצְלֵי שָׁמַע
הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה
כָּל הַנְּשָׁמָה תְּהַלֵּלֶיהָ
הַלְלוּיָהּ

Halleluyah! Praise God in God's sanctuary;

Praise God in the sky, God's stronghold.

Praise God for mighty acts;

Praise God for God's exceeding greatness.

Praise God with blasts of the horn;

Praise God with harp and lyre.

Praise God with timbrel and dance;

Praise God with lute and pipe.

Praise God with resounding cymbals;

Praise God with clashing cymbals.

Let all that breathes praise God. Halleluyah!

Sh'ma u'virchoteha Sh'ma & its blessings

Am I Awake

Music: Noah Aronson

Am I awake?
Am I prepared?
Are You listening?
To my prayer?
Can you hear my voice?
Can you understand?
Am I awake?
Am I prepared?

Bar'chu et Adonai ha-m'vorach.

Baruch Adonai ha-m'vorach l'olam va-ed : בָּרוּךְ אַתָּה יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד :

*Bless God whom we are called to bless.
Blessed be God whom we are called to bless forever and ever.*

God who makes the sun shine and the stars glow,
You renew the cycle of creation day by day,
Giving light to our minds and our eyes,
Time after time with the circling of every day.
Each thing that God creates
God renews each day with love and care.
Through God's light we understand
The plan and wonder of this world which we all share.

Based on a poem by Jen Shankman

Bar'chu atah Adonai, yotzeir ham'orot

בָּרוּךְ אַתָּה יְהוָה יוֹצֵר
הַמְּאוֹרוֹת :

Blessed are You God, who creates light.



Ha'eir eineinu b'toratecha,
v'dabbeik libbeinu
b'mitsvatecha, v'yacheid
l'vaveinu l'ahavah ul'yir'ah et
sh'mecha, l'ma'an lo neivosh
v'lo nikkaleim, ki eil po'eil
y'shu'ot attah,

הָאֵר עֵינֵינוּ בְּתוֹרָתְךָ. וְדַבֵּק לִבֵּנוּ
בְּמִצְוֹתֶיךָ. וְיַחֲד לְכַבְּנוּ לְאַהֲבָה
וּלְיִרְאָה אֶת־שְׁמֶךָ. לְמַעַן לֹא נִבּוֹשׁ
וְלֹא נִכָּלֵם כִּי אֵל פּוֹעֵל יְשׁוּעוֹת
אַתָּה.

*Let our eyes see the light of Your teaching and our hearts embrace
Your commands. Give us integrity to love You and fear You. So shall
we never lose our self-respect, nor be put to shame, for You are the
power which works to save us.*

Bar'chu atah Adonai, habocheir
b'amo Yisrael b'ahava

בָּרוּךְ אַתָּה יְהוָה הַבּוֹחֵר בְּעַמּוֹ
יִשְׂרָאֵל בְּאַהֲבָה:

Blessed are You God, who chooses Your people Israel with love.



Sh'ma u'virchoteha



Sh'ma & its blessings

Sh'ma

Music: Svika Pik

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד:

Sh'ma Yisrael, Adonai Eloheinu, Adonai echad.

Hear, O Israel, the Eternal is our God, the Eternal is One.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד:

Baruch shem k'vod malchuto l'olam va'ed.

Blessed be God's glorious kingdom forever and ever.

V'ahavtah et Adonai Elohecha b'chol
l'vav'v'cha u'vchol nafshcha u'vchol
m'odecha. V'hayu hadvarim ha'eleh,
asher anochi m'tzavcha hayom al
l'vavecha. V'shinantam l'vanecha
v'dibarta bam, b'shivt'cha b'veitecha,
uvlecht'cha vaderech uvshochb'cha
uvkumecha. Ukshartam l'ot al
yadecha, v'hayu l'totafot bein einecha.
U'chtavtam al mezuzot beitecha,
uvisharecha.

וְאַהֲבַתְּ אֶת יְיָ אֱלֹהֶיךָ בְּכָל-
לְבָבְךָ וּבְכָל-נַפְשְׁךָ וּבְכָל-
מְאֹדְךָ: וְהָיוּ הַדְּבָרִים
הָאֵלֶּה אֲשֶׁר אֲנֹכִי מְצַוְךָ
הַיּוֹם עַל-לְבָבְךָ: וְשִׁנַּנְתָּם
לְבָנֶיךָ וְדִבַּרְתָּ בָּם בְּשִׁבְתְּךָ
בְּבֵיתְךָ וּבְלֶכְתְּךָ בַּדֶּרֶךְ
וּבְשֹׁכְבְּךָ וּבְקוּמְךָ:
וְקָשַׁרְתָּם לְאוֹת עַל-יָדְךָ
וְהָיוּ לְטֹטְפֹת בֵּין
עֵינֶיךָ: וְכָתַבְתָּם עַל-מְזוּזוֹת
בֵּיתְךָ וּבְשָׁעָרֶיךָ:

Love the Eternal your God with all your heart, and all your soul, and all your might. These words that I command you today shall be upon your heart. Repeat them to your children, and talk about them when you sit in your home, and when you walk in the street; when you lie down, and when you rise up. Hold fast to them as a sign upon your hand, and let them be as reminders before your eyes. Write them on the doorposts of your home and at your gates. (Deuteronomy 6:4-9)

In place of a second paragraph, we take time to think about how our actions affect those around us...

How can you be kind next week?

Who do you know that might need some help?



Vayomer Adonai el mosheh
leimor: dabbeir el b'nei yisra'el
v'amarta aleihem, v'asu lahem
tsitsit al kanfei vigdeihem
l'dorotam, v'nat'nu al tsitsit ha-
kanaf p'til t'cheilet. V'hayah
lachem l'tsitsit, ur'item oto,
uz'chartem et kol mitsvot Adonai,
va'asitem otam, v'lo taturu acharei
l'avchem v'acharei eineichem,
asher attem zonim achareihem.
L'ma'an tizk'ru, va'asitem et kol
mitsvotai, vihyitem k'doshim
leiloheichem. Ani Adonai
eloheichem asher hotseiti
etchem mei'erets mitsrayim,
lihyot lachem leilohim, ani Adonai
eloheichem.

וַיֹּאמֶר יְהוָה אֶל־מֹשֶׁה לֵאמֹר:
דַּבֵּר אֶל־בְּנֵי יִשְׂרָאֵל וְאָמַרְתָּ
אֲלֵהֶם וַעֲשׂוּ לָהֶם צִיצִית עַל־
כַּנְפֵי בְגֵדֵיהֶם לְדֹרֹתָם וְנָתַנּוּ עַל־
צִיצִית הַכָּנָף פֶּתִיל תְּכֵלֶת: וְהָיָה
לָכֶם לְצִיצִית וּרְאִיתֶם אֹתוֹ
וּזְכַרְתֶּם אֶת־כָּל־מִצְוֹת יְהוָה
וַעֲשִׂיתֶם אֹתָם וְלֹא תִתּוּרוּ אַחֲרַי
לְבַבְכֶם וְאַחֲרַי עֵינֵיכֶם אֲשֶׁר־
אִתְּם זָנוּיִם אַחֲרֵיהֶם:

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת־
כָּל־מִצְוֹתַי וְהָיִיתֶם קְדוֹשִׁים
לֵאלֹהֵיכֶם: אֲנִי יְהוָה אֱלֹהֵיכֶם
אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ
מִצְרַיִם לִהְיוֹת לָכֶם לֵאלֹהִים אֲנִי
יְהוָה אֱלֹהֵיכֶם

The Eternal said to Moses: 'Speak to the children of Israel and tell them that each generation shall put tassels on the corner of their clothes, and put a blue thread on the corner tassel. Then when this tassel catches your eye, you will remember all the commands of the Eternal and do them. Then you will no longer wander after the desires of your heart and your eyes which led you to lust.

Then you will remember all My commands and do them and you will be set apart for your God.

I am the Eternal your God who brought you out of the land of Egypt, to be your own God. I, the Eternal, am your God.'

(Numbers 15: 37-41)



During the holiest days of our year,
 We renew our promise to stand up for what is right.
 We will not stand with our feet frozen to the ground
 And our arms limp by our sides.
 We will not stay silent when our voice is needed.
 We will not hide. We will not walk away.
 When people are sad, we will comfort them.
 When people are mean, we will stop them.
 When someone is hungry, we will feed them.
 When someone is cold, we will find them shelter.
 When there are tears, we will dry them.
 When there are hopes, we will support them.
 We know how slavery and sadness feel.
 We renew our promise this day
 To not stand idly by when others are suffering.
 We renew our promise this day
 To bring all people into our song of freedom.

Michelle Shapiro Abraham

Mi chamocha ba-eilim Adonai mi
 kamocha ne'dar ba-kodesh
 nora t'hillot oseih fele.
 Shirah chadashah shibb'chu g'ulim
 l'shimcha al s'fat ha-yam,
 yachad kullam hodu himlichu v'am'ru.
 Adonai yimloch l'olam va'ed.

מִי כְמוֹכָה בְּאֵלִים יְיָ, מִי
 כְמוֹכָה נִאֲדָר בַּקֹּדֶשׁ,
 נוֹרָא תְהִלָּת, עֹשֶׂה פֶלֶא.
 שִׁירָה חֲדָשָׁה שִׁבְּחוּ
 גְּאוּלִּים לְשִׁמְךָ עַל שְׁפַת
 הַיָּם, יַחַד כֻּלָּם הוֹדוּ
 וְהִמְלִיכוּ וְאָמְרוּ:
 יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד.

*'God, who is like You among the gods people worship! Who, like You, is
 majestic in holiness, awesome in praise, working wonders!'
 On the shore of the sea, those who were rescued sang a new song in
 Your praise. Together all of them thanked You and proclaimed you as
 Sovereign: 'God alone will rule forever and ever.'*



Why are the High Holy Days all about standing and sitting? When I was a child, it didn't make much sense to me. My teachers taught me that God was everywhere...so wouldn't God see me if I were sitting down, too? Surely, God, the One who I knew was there to watch over me, wouldn't want my legs to hurt me...would God?

But as I grew older, and life began to present more challenges to me, I came to depend on God more. As tough situations came into my life as a teenager, I was often seeking answers to questions that it seemed no one else could answer for me. And soon I realised that when I wanted those answers, I had to reach out and find hints from God in my life. I came to realise that perhaps God doesn't need us to stand up to pray, but perhaps we need to stand up to reach out and find God's presence in our lives.

As we continue with T'filah, or the section known as the Amidah or 'standing' section of the prayer service, let us take a moment to think of the times when we feel a need to stand taller to find that connection with God.

Rabbi Steven Rau





Amidah

Music: Craig Taubman

אֲדֹנָי שְׁפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתְךָ :

Adonai, s'fatai tiftach, ufi yagid t'hilatecha.

*My God, open my lips and my mouth shall declare your praise*Baruch Atah Adonai Eloheinu v'elohei
avoteinu v'imoteinu.Elohei Avraham, elohei Yitzchak
v'elohei Ya'akov; Elohei Sara, elohei
Rivkah elohei Rachel, v'elohei Leah.Ha'el hagadol, hagibor v'hanorah, El
elyon; gomel chasadim tovim, v'koneh
hakol, v'zocher chasdei avot v'imahot,
u'meivi go'el liv'nei v'neihem, l'ma'an
sh'mo b'ahavah.Zochreinu l'chayim, Melech chafetz
bachayim, v'chotveinu b'sefer
hachayim. L'ma'ancha Elohim chayim.

Melech ozer u'moshiah u'magen.

Baruch Attah, Adonai, Magen Avraham
pokeid Sara.בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי
אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,
אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק,
וְאֱלֹהֵי יַעֲקֹב, אֱלֹהֵי שָׂרָה, אֱלֹהֵי
רִבְקָה, אֱלֹהֵי רָחֵל וְאֱלֹהֵי לֵאָה.הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל
עֲלִיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים,
וְקֹנֵה הַכֹּל, וְזוֹכֵר חֲסֵדֵי אֲבוֹת
וְאִמָּהוֹת, וּמְבִיא גּוֹאֵל לְבָנָי
בְּנֵיהֶם, לְמַעַן שְׁמוֹ בְּאַהֲבָה.זְכַרְנוּ לְחַיִּים, מֶלֶךְ חַפֵּץ בְּחַיִּים,
וְקִבְּלֵנוּ בְּסֵפֶר הַחַיִּים. לְמַעַן
אֱלֹהִים חַיִּים

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמָגֵן :

בָּרוּךְ אַתָּה יְיָ, מָגֵן אַבְרָהָם פּוֹקֵד
שָׂרָה :*Blessed are You, Adonai our God, and God of our ancestors, God of
Abraham, God of Isaac, God of Jacob, God of Sarah, God of Rebecca, God of
Rachel, God of Leah, the great, the mighty, and the awesome God, God
beyond, generous in love and kindness, and possessing all. God
remembers the deeds of our ancestors, and therefore in love brings rescue
to the generations, for such is divine love.**Sovereign who delights in life, recall us to life and record us in the Book of
Life for Your own sake, God of life!**The Sovereign who helps, saves and shields. Blessed are You Adonai, the
shield of Abraham who remembers Sarah.*

Amidah



Standing Prayer

Atah gibbor l'olam, Adonai, m'chayeh
metim Atah rav l'hoshia .

Morid HaTal

Mechalkel chayim b'chesed ,
mechayeh metim b'rachamim
rabbim; somech noflim v'rofeh
cholim, u'matir asurim, u'mekayem
emunato lishenei afar. Mi chamocha
ba'al gevurot, umi domeh lach,
melech memit u'mechayeh
u'matzmiach yeshuah.

Mi chamocha av harachamim,
zocher yetzurav lachayim
b'rachamim.

V'ne'eman Atah l'hachayot metim.
Baruch Atah, Adonai, mechayeh
hametim.

אתה גבור לעולם אדני,
מחיה מתים אתה. רב
להושיע:

מוריד הטל

מכלכל חיים בחסד, מחיה
מתים ברחמים רבים, סומך
נופלים, ורופא חולים,
ומתיר אסורים, ומקיים
אמונתו לישגי עפר, מי
כמוך בעל גבורות ומי
דומה לך, מלך ממית
ומחיה ומצמיח ישועה:

מי כמוך אב הרחמים

זוכר יצוריו לחיים ברחמים

ונאמן אתה להחיות מתים.
ברוך אתה יי, מחיה
המתים:

You are the endless power that renews life beyond death. You are the greatness that saves. Causing the dew to fall. You care for the living with love. You renew life beyond death with unending mercy. You support the falling, and heal the sick. You free prisoners, and keep faith with those who sleep in the dust. Who can perform such mighty deeds, and who can compare with You, a Ruler who brings death and life, and renews salvation? Who is like You, source of compassion, recalling Your creatures to life in compassion? You are faithful to renew life beyond death. Blessed are You God, who renews life beyond death.

Atah kadosh, v'shimcha kadosh,
u'k'doshim b'chol yom y'hal'lucha
selah.

Baruch Atah Adonai, ha'Melech
ha'kadosh

אתה קדוש ושמך קדוש
וקדושים בכל-יום יהללוך
סלה.

ברוך אתה יהוה. המלך
הקדוש.

*You are holy, and Your name is holy; those who seek holiness praise
You day by day. Blessed are You, the holy Sovereign.*



Giving Thanks

We take some time to think...

Do you always say please and thank you?

What are you thankful for?

How can you show those you love that you are thankful for them?

מוֹדִים אֲנִיחֵנוּ לָךְ שְׁאַתָּה הוּא יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ לְעוֹלָם וָעֶד. צוֹרֵנוּ חַיֵּינוּ וּמִגֵּן יִשְׁעֵנוּ אַתָּה הוּא לְדוֹר וָדוֹר: נוֹדָה לָךְ וְנִסְפָּר תְּהִלָּתְךָ עַל חַיֵּינוּ הַמְּסוּרִים בְּיָדְךָ. וְעַל נְשְׁמוֹתֵנוּ הַפְּקוּדוֹת לָךְ. וְעַל נִסִּיךָ שֶׁבְּכָל-יוֹם עֲמָנוּ. וְעַל נִפְלְאוֹתֶיךָ וְטוֹבוֹתֶיךָ שֶׁבְּכָל-עֵת עָרַב וּבֹקֶר וְצַהֲרָיִם: הַטוֹב כִּי לֹא כָלוּ רַחֲמֶיךָ. הַמְּרַחֵם כִּי לֹא תָמוּ חֲסֶדֶיךָ. כִּי מַעֲוֹלָם קוִיֵּנוּ לָךְ: וְעַל כָּל־מַעֲשֶׂיךָ וְיִתְרוֹמֵם וְיִתְנַשֵּׂא תָמִיד שְׁמֶךָ מְלִכְנוּ לְעוֹלָם וָעֶד: וְכָל-הַחַיִּים יוֹדוּךָ סֶלָה. וְיִהְיוּ לְךָ וְיִבְרְכוּ אֶת-שְׁמֶךָ הַגָּדוֹל בְּאַמֶּת. הָאֵל יִשׁוּעָתֵנוּ וְעֲזָרָתֵנוּ סֶלָה: בְּרוּךְ אַתָּה יְהוָה. הַטוֹב שְׁמֶךָ וְלָךְ נִאֲה לְהוֹדוֹת:

We declare with gratitude that You are our God and the God of our ancestors forever. You are our Rock, the Rock of our life and the Shield that saves us. In every generation we thank You and recount Your praise for our lives held in Your hand, for our souls that are in Your care, and for the signs of Your presence that are with us every day. At every moment, at evening, morning and noon, we experience Your wonders and Your goodness. You are goodness itself, for Your mercy has no end. You are mercy itself, for Your love has no limit. Forever have we put our hope in You. And for all these things may Your name, our Sovereign, be blessed, exalted and honoured forever and ever. May every living being thank You; may they praise and bless Your great name in truth for You are the God who saves and helps us. Blessed are You God, known as goodness, whom it is right to praise.



Asking for Peace Shalom Rav

Music: Jeff Klepper

Shalom rav al Yisra'el amm'cha
tasim l'olam, ki attah hu melech
adon l'chol ha-shalom, v'tov
b'einecha l'vareich et amm'cha
Yisra'el b'chol eit uv'chol sha'ah
bishlomecha.

B'seifer chayyim nizzacheir
v'nikkateiv l'fanecha, anachnu
v'chol amm'cha beit Yisra'el,
l'chayyim tovim ul'shalom.

Baruch attah Adonai, ha-m'vareich
et ammo Yisra'el ba-shalom.

שְׁלוֹם רַב עַל יִשְׂרָאֵל עַמְּךָ
תָּשִׂים לְעוֹלָם. כִּי אַתָּה הוּא
מֶלֶךְ אֲדוֹן לְכָל־הַשְּׁלוֹם. וְטוֹב
בְּעֵינֶיךָ לְבָרֵךְ אֶת עַמְּךָ יִשְׂרָאֵל
בְּכָל־עֵת וּבְכָל־שָׁעָה בְּשָׁלוֹמְךָ.

בְּסֵפֶר חַיִּים נִזְכָּר וְנִכְתָּב לְפָנֶיךָ
אֲנַחְנוּ וְכָל־עַמְּךָ בֵּית יִשְׂרָאֵל
לְחַיִּים טוֹבִים וּלְשָׁלוֹם:

בָּרוּךְ אַתָּה יְהוָה. הַמְּבָרֵךְ אֶת
עַמּוֹ יִשְׂרָאֵל בְּשָׁלוֹם:

*Set true peace upon Your people Israel forever. For You are the Source
of all peace, and in Your eyes it is good to bless Your people Israel at
every time and in every hour with Your peace.*

*In Your presence may we and all Your people, the family of Israel,
be remembered and recorded in the Book of Life for a good life and
for peace.*

Blessed are You God, blessing Your people Israel with peace.





Vidui – Confession

On Yom Kippur we ask for forgiveness, not just for what each of us has done, but for what everyone has done.

For the wrongs we have done, we are sorry.

For every time we lied, we are sorry.

For every time we cheated, we are sorry.

For every time we played unfairly, we are sorry.

For every time we were mean and spiteful, we are sorry.

For every time we hurt the feelings of others, we are sorry.

For every time we were cruel to animals, we are sorry.

For every time we did not help when we could have, we are sorry.

For every time we made our parents, our children, our family sad, we are sorry.

For every time we failed to stay true to ourselves, we are sorry.

For every time we did not forgive someone who apologised, we are sorry.

For every time we were more afraid of what our friends thought of us, than what God thought of us, we are sorry.

וְעַל כָּלֵם, אֱלֹהִי סְלִיחוֹת, סְלַח לָנוּ, מְחַל לָנוּ, כַּפֵּר לָנוּ

Ve'al kulam eloha s'lichot s'lach lanu, m'chal lanu, kaper lanu.

For all these wrong doings, O God of mercy, forgive us, pardon us, grant us atonement.



Silent Confession

Today You open the Book of Life,
So that we can read what is written on its pages.
Today You ask us to open our hearts,
And reflect on what we have said and done this past year.

*Look into your mirror...What do you see?
Do you see someone who is always helpful?
Someone who is always kind?
Someone who is thoughtful?
Has the person in the mirror changed since last year?*

On Rosh Hashanah it is written and on Yom Kippur it is sealed,
But throughout the year, the Book of Life is open
And the choices we make leave a mark on our world.
And so we ask ourselves and each other:
Who will choose to live a good life?
Whose hands will cause hurt and whose hands will help and heal?
Who will speak up and who will be silent?
Who will be wise enough to learn from others?
Who will be strong enough to make good choices?
Who will be greedy and who will be grateful?
Who will break people down and who will build people up?
Who will choose to be a blessing?



Our Prayer for Peace Oseh Shalom

Music: Michael Ochs

Oseh shalom bimromav, hu
ya'aseh shalom aleinu
v'al kol Yisrael, v'al kol ha-olam,
v'imru amen.

עֲשֵׂה שָׁלוֹם בְּמִרְמֹיָו. הוּא
יַעֲשֵׂה שָׁלוֹם עָלֵינוּ
וְעַל כָּל־יִשְׂרָאֵל וְעַל־כָּל־הָעוֹלָם.
וְאָמְרוּ. אָמֵן:

*May God who makes peace in the highest
bring this peace upon us, upon all Israel, and upon all the world.
And let us say: Amen.*





Opening the Ark

Ki mi'Tzion teitze Torah, u'dvar
Adonai mi'Yrushalayim.
Baruch shennatan torah l'ammo
yisra'el bikdushato.

כִּי מִצִּיּוֹן תֵּצֵא תּוֹרָה.
וְדָבָר-יְהוָה מִירוּשָׁלַיִם:
בָּרוּךְ שֶׁנָּתַן תּוֹרָה לְעַמּוֹ יִשְׂרָאֵל
בְּקִדּוּשָׁתוֹ:

*For Torah shall come out of Zion, and the word of God from
Jerusalem. Blessed is the One who in holiness gave Torah to Israel.*

Adonai, Adonai, El rachum v'chanun,
erech apayim, v'rav chesed v'emet
Notzer chesed la'alafim, nosh avon
vafesha v'chata'ah v'nakeh.

יְיָ, יְיָ, אֵל רַחוּם וְחַנוּן, אָרֶךְ
אֲפַיִם וְרַב חֶסֶד וְאֱמֶת
נֹזֵר חֶסֶד לְאַלְפִים, נוֹשֵׂא
עוֹן וּפֹשֵׁעַ וְחַטָּאָה, וְנִקֵּה

*Adonai, Adonai, a God of mercy and compassion, slow to anger and
generous in love and truth, showing love to the thousandth generation,
forgiving wrong, failure and sin, who pardons.*

Processing the Torah

Ivdu

Words: Psalm 100:2 and 95:3, Music: Or Zohar

עֲבֹדוּ אֶת־יְהוָה בְּשִׂמְחָה בָּאוּ לִפְנֵי בְּרִנָּה, כִּי אֵל מֶלֶךְ גָּדוֹל יְהוָה

Part 1:

Ivdu

et Adonai b'simcha

Bo'u

l'fanav birna'na...ah

Ki El melech gadol Adonai (x4)

*Serve God in gladness; Come into God's Presence with joy. For God is a
great Sovereign.*

Part 2:

(Ivdu...u...u)

(simcha, simcha, simcha...)

(Bo'u, bo'u bo'u...u)

(na, na, na, na, na....)

Hinei Mah Tov

Words: Psalm 133:1, Music: Miami Boys Choir

הִנֵּה מַה-טוֹב וְיִמָּה-נָעִים שֶׁבֶת אַחִים גַּם-יַחַד

Hineh ma tov uma na'im shevet achim gam yachad

How good and how pleasant it is when we come together



Hagba'hah

V'zot ha-Torah asher sam Moshe
lifnei b'nei Yisrael.
Torah tzivah lanu Moshe,
morashah k'hillat Ya'akov.
Ha'el tamim darko, imrat Adonai
ts'rufah,
magen hu l'chol hachosim bo.

וזאת התורה אשר שם
משה לפני בני ישראל:
תורה צוה לנו משה. מורשה
קהלת יעקב:
האל תמים דרכו. אמרת יהוה
צרופה.
מגן הוא לכל החוסים בו:

*Blessed are You Adonai our God, Ruler of the universe who gave us
the teaching of truth and planted eternal life within us.
Blessed are You, Adonai who gives us the Torah.*

Blessing before reading Torah

Bar'chu et Adonai ha-m'vorach.

ברכו את יי המברך:

Baruch Adonai ham'vorach l'olam
va'ed.

ברוך יי המברך לעולם
ועד:

Baruch atah Adonai eloheinu
melech ha'olam, asher bachar banu
mikol ha'amim v'natan lanu et
Torato.

ברוך אתה יי אלהינו מלך
העולם, אשר בחר בנו מכל-
העמים ונתן לנו את תורתו:

Baruch atah Adonai, noten
ha'Torah.

ברוך אתה יי,נותן התורה:

*Bless Adonai, whom we are called to bless.
Blessed be Adonai, whom we are called to bless forever and ever.
Blessed are You, Adonai our God, ruler of the universe who chose us
from all peoples to give us the Torah.
Blessed are You, Adonai who gives us the Torah.*



Leviticus 19: 11 – 18

¹¹ You shall not steal; you shall not deal deceitfully or falsely with one another.

¹² You shall not swear falsely by My name, profaning the name of your God: I am the Eternal.

¹³ You shall not defraud your fellow. You shall not commit robbery. The wages of a labourer shall not remain with you until morning.

¹⁴ You shall not insult the deaf or place a stumbling block before the blind. You shall fear your God: I am the Eternal.

¹⁵ You shall not render an unfair decision: do not favour the poor or show deference to the rich; judge your kinsman fairly.

¹⁶ Do not deal basely with your countrymen. Do not profit by the blood of your fellow. I am the Eternal.

¹⁷ You shall not hate your kinsfolk in your heart. Reprove your kinsman but incur no guilt because of him.

¹⁸ You shall not take vengeance or bear a grudge against your countrymen. Love your fellow as yourself: I am the Eternal.

י' לֹא תִגְנוֹבוּ וְלֹא תִכְחָשׁוּ
וְלֹא תִשְׁקְרוּ אִישׁ בְּעַמִּיתוֹ:
יב וְלֹא תִשְׁבַּעוּ בִשְׁמִי לִשְׁקֹר
וְחָלַלְתָּ אֶת־שֵׁם אֱלֹהֶיךָ אֲנִי
יג:

יד לֹא תַעֲשֶׂק אֶת־רֵעֶךָ וְלֹא
תִגְזֹל לְאֶת־לֵוִי פְעֻלַּת שָׂכִיר
אֹתָךְ עַד־בֹּקֶר:
טו לֹא תִקַּל חֵרֶשׁ וְלִפְנֵי עֵוֶר
לֹא תִתֵּן מִכְשָׁל וַיֵּרָא
טז מֵאֱלֹהֶיךָ אֲנִי יי:

טז לֹא תַעֲשׂוּ עוֹל בַּמִּשְׁפָּט
לֹא תִשָּׂא פְנִיָּדָל וְלֹא תִהְיֶה
פָּנִי גָדוֹל בְּצֹדֵק תִּשְׁפֹּט
עַמִּיתָךְ:

טז לֹא תִלָּךְ רֵכִיל בְּעַמִּיךָ לֹא
תַעֲמֹד עַל־יָדָם רַעַף אֲנִי יי:
יז לֹא תִשְׁנֹא אֶת־אֹחֶיךָ
בְּלִבְבְּךָ הוֹכֵחַ תוֹכִיחֵהוּ אֶת־
עַמִּיתְךָ וְלֹא תִשָּׂא עָלָיו
חָטָא:

יח לֹא תִקֵּם וְלֹא תִטַּר אֶת־
בְּנֵי עַמְּךָ וְאֶהְיֶה לְרֹעֶךָ
כְּמוֹךָ אֲנִי יי:



Blessing after reading Torah

Baruch atah Adonai eloheinu
melech ha'olam, asher natan lanu
Torat emet v'chayei olam nata
b'tocheinu.
Baruch atah Adonai, noten
ha'Torah.

ברוך אתה יי אלהינו מלך
העולם, אשר נתן-לנו
תורת אמת וחי עולם נטע
בתוכנו:
ברוך אתה יי,נותן התורה:

*Blessed are You Adonai our God, Ruler of the universe who gave us
the teaching of truth and planted eternal life within us.
Blessed are You, Adonai who gives us the Torah.*

Returning the Torah to the Ark

Eits chayyim hi la-machazikim
bah, v'tom'cheha m'ushar.
D'racheha darchei no'am, v'chol
n'tivoteha shalom.

עץ-חיים היא למחזקים בה.
ותמכיה מאשר:
דרכיה דרכי-נעים. וכל-
נתיבותיה שלום:

Hashiveinu Adonai eilecha
v'nashuvah, chaddeish yameinu
k'kedem.

השיבנו יהוה אליך ונשובה.
חדש ימינו כקדם:

*It is a tree of life to all who grasp it
and those who hold fast to it are happy.
Its ways are ways of pleasantness and all its paths are peace.*

*Turn us back to You, Eternal, and we shall return; renew our lives as of
old.*



A Jonah Experience



Many, many, years ago the people of Nineveh had been misbehaving.

God came to Jonah, son of Amittai, saying:

“Go to Nineveh and tell the people there to stop being bad.”

But Jonah did not do as God had asked...



Jonah Shanty

Music: Traditional Folk Melody

Words: Rabbi Hannah Kingston

Jonah ran away and boarded a ship,
To take him far from his God's grip,
But God sees all and so he caused
a mighty wind to blow!

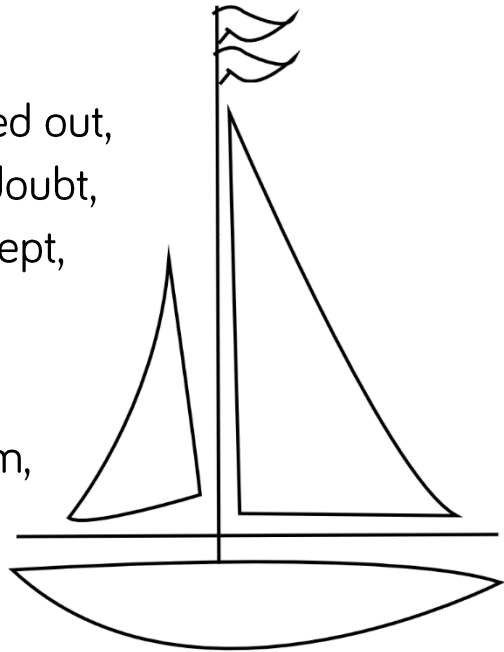
Soon a great storm did come,
It broke the ship and it spilled the rum,
Still Jonah did not succumb,
He went to his cabin to rest!

The sailors were afraid and they called out,
Each to their own god, so filled with doubt,
But the storm raged on and Jonah slept,
As they cast their things aside.

Still the great storm raged on,
It broke the ship and it spilled the rum,
Still Jonah did not succumb,
He stayed in his cabin to rest!

So the sailors went to wake him up
To pray to his God for the storm to stop
He had run away from Eternal God,
This storm was all his fault.

Soon the great storm would stop,
As they threw him over with a great drop,
A huge whale swam up to the top,
And swallowed Jonah whole.





Just think for a second what it would be like to be inside a fish. There are no windows, it's so dark! There are lots of strange things floating around.

Jonah did a lot of praying. He asked God to forgive him for running away. He also thanked God for saving his life.

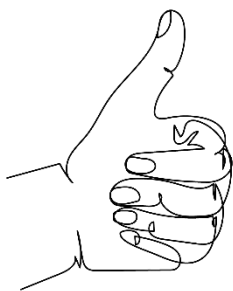
After the third day God told the whale to spit Jonah out. Jonah was happy to be out of the dark belly of the fish, but oh, did he need a shower. He was slimy and smelly.

The word of God came to Jonah a second time saying:

"Go to Nineveh and give the people there this message."

This time Jonah obeyed God and left for Nineveh right away.

When Jonah got there, he warned the people to stop doing bad things or in forty days God would destroy the city and everything in. To Jonah's surprise the people listened to him and they said sorry for all the bad things they had done. They began to do lots of mitzvot, good deeds.



Mitzvah Goreret Mitzvah

Words: Pirke Avot 4:2

Music: Andy Vogel

מִצְוָה גּוֹרֶרֶת מִצְוָה, עֲבֵרָה גּוֹרֶרֶת עֲבֵרָה.
לְהֵיוֹת צַדִּיק זֶה טוֹב, לְהֵיוֹת צַדִּיק זֶה טוֹב מְאֹד

Mitzvah goreret mitzvah, aveirah goreret averah.

L'hiyot tzadik zeh tov. L'hiyot tzadik zeh tov me'od

One mitzvah leads to another mitzvah. One sin leads to another sin.

To be righteous is very good.

Seder Kriat ha-Torah



Torah Service

The people of Nineveh decided to fast and dressed themselves in plain clothes and sheets.

God saw their actions, how they had stopped being bad, and God did not destroy the city. Finally, everyone in Ninevah was united, brothers and sisters together, ready to be good people.



Hinei Mah Tov



Words: Psalm 133:1

Music: Ellen Allard

הִנֵּה מַה-טוֹב וְיִמָּה-נָעִים שֶׁבֶת אַחִים גַּם-יַחַד

Hineh ma tov uma na'im shevet achim gam yachad

How good (How good)

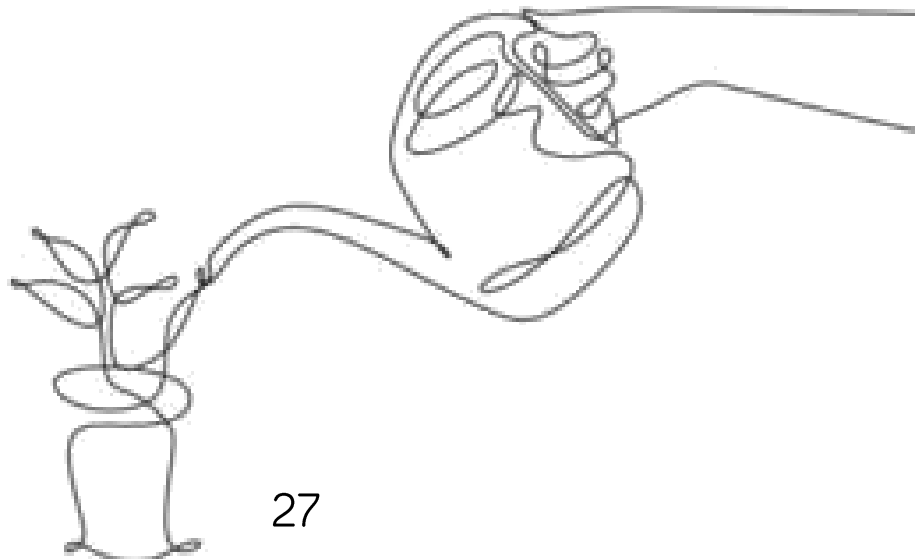
It is (it is)

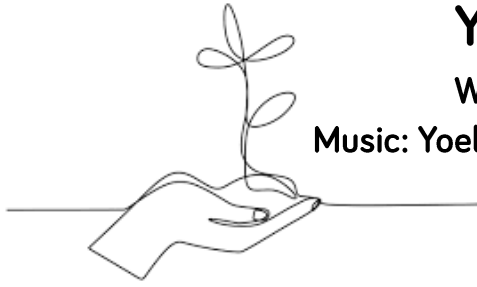
To be (to be)

Together

That could be the end of the story except Jonah left the city very angry. He was mad that God didn't punish the people.

Jonah sat to the east of the city to watch what would happen. God produced a plant that grew and provided Jonah with shade. Jonah was so pleased that he was shaded by the plant!





Ya'aloz Sadai

Words: Psalm 96:12

Music: Yoel Sykes and Navot ben Barak

יַעֲלֹז שָׂדֵי וְכָל־אֲשֶׁר־בּוֹ
אֶז יִרְנְנוּ כָּל־עֵצֵי־יָעַר :

Ya'aloz sadai v'chol asher bo, az y'rann'nu kol atsei ya'ar.

Let the field be glad and all within it, let all trees of the forest sing out.

The following day, God produced a worm that nibbled at the plant and caused it to wither and die. When the sun came up, God made sure that it shone brightly right over Jonah.

Jonah was especially hot and was very sad about the plant dying, as he no longer had any shade.

God said to Jonah,

"Are you right to be angry about the plant withering?"

And Jonah answered:

"Of course I am right to be angry!"

God said:

"You feel pity for the plant though you didn't do any work to make it grow. It was here for only a day.

Should I not feel pity for Nineveh, that great city that I built, in which there are more than a hundred and twenty thousand people?"



God taught Jonah a lesson:

we have to forgive people and give them the opportunity to be better. If we look after each other, and treat everybody with love, then we can make the world a better place.

Olam chesed yibaneh

Music: Menachem Creditor

עוֹלָם חֶסֶד יִבְנֶה

Olam chesed yibaneh, yai dai dai

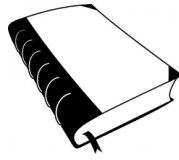
I will build this world from love... yai dai dai

And you must build this world from love... yai dai dai

And if we build this world from love... yai dai dai

Then God will build this world from love... yai dai dai



**Vidui – Confession**

God is like a parent watching over us. God cares about what we do and the people we are trying to become. God sees us when we do our best, and when we fall short.

Sometimes scary things happen in the world, things that we cannot control and that we don't understand. But there is a lot we can do to help others and heal the world. There are three important ways we can start to make things better:

T'shuvah is turning, turning back to God, turning back to doing what is right. We are not perfect. When we are not our best, God wants us to apologise to those we have hurt and try harder.

T'filah is prayer. When we feel sad or scared we can talk to God. We can ask for wisdom and we may feel stronger.

Tzedakah is doing what is fair, what is just. Sometimes we feel like the world is out of control, that the problems are very big. But we can do our part to help, to be partners with God to make the world a better place.

We've made mistakes, we've done bad things.
But this is what the new year brings;
A chance to change, a chance to grow,
With one first step, nice and slow.

Tap, tap, tap your heart,
On Yom Kippur it's time to restart.

We've used bad words and hurt our friends,
But these mistakes are not the end.
We do *t'shuvah*, we learn to do good.
So we tap our heart to remind us we should.

Tap, tap, tap your heart,
On Yom Kippur it's time to restart.

Eliana Light

Tefilat Musaf



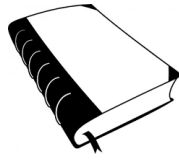
Additional Service

Ashamnu, Bagadnu, Gazalnu, Dibarnu
Dofi, He-evinu, Hirshanu, Zadnu,
Chamasnu, Tafalnu Shaker, Yaatznu
Ra, Kizavnu, Latznu Maradnu, Niatznu,
Sararnu, Avinu, Pashanu, Tzararnu,
Kishinu oref, Rashanu, Shichatnu,
Tiavnu. Taiunu. Titanu.

אֲשָׁמְנוּ. בָּגַדְנוּ. גָּזַלְנוּ. דִּבַּרְנוּ
דָּפִי. הִעָוִינוּ. וְהִרְשָׁעְנוּ. זָדְנוּ.
חָמַסְנוּ. טָפַלְנוּ שָׂקָר.
יַעֲצֻנוּ רָע. כָּזַבְנוּ. לָצְנוּ. מָרְדְּנוּ.
נֶאֱצָנוּ. סָרְרְנוּ. עָוִינוּ. פָּשַׁעְנוּ.
צָרְרְנוּ. קִשְׁיֵינוּ עָרָף. רָשָׁעְנוּ.
שָׁחַתְנוּ. תַּעֲבָנוּ. תַּעֲיֵינוּ. תַּעֲתָעְנוּ

Ashamnu – We have acted without thinking.
Bagadnu – We have been bystanders to bullying.
Gazalnu – We have been careless with other people's things.
Dibarnu Dofi – We have done harm with our words.
He-evinu – We have erred by not acting ethically.
Hirshanu – We have forgotten who we are.
Zadnu – We have grossly misjudged others.
Chamasnu – We have acted out of hatred.
Tafalnu Shaker – We have ignored the truth.
Yaatznu Ra – We have used poor judgement.
Kizavnu – We have said things we know to be untrue.
Latznu – We have laughed at people, not with them.
Maradnu – We have made enemies instead of friends.
Niatznu – We have taken the name of God in vain.
Sararnu – We have overwhelmed our parents and teachers.
Avinu – We have put down other people's accomplishments.
Pashanu – We have quit too soon.
Tzararnu – We have disrespected the rights of others.
Kishinu oref – We have been stubborn and stiff-necked.
Rashanu – We have tolerated cruelty.
Shichatnu – We have not stood up for what we believe in.
Tiavnu – We have violated our values.

Rabbi Ethan Bair



Preparations for the Year Ahead

B'Rosh Hashanah yikateivun,
uv'yom tzom kippur yei'chateimun.

בְּרֹאשׁ הַשָּׁנָה יִכָּתֵבוּן וּבְיוֹם
צוֹם כִּפּוּר יִיחָתְמוּן

*On Rosh Hashanah we consider how judgement is formed. On Yom
Kippur, we consider how judgement is sealed.*

Ut'shuvah, ut'filah, utzedakah
maavirin et roa hag'zeirah

וּתְשׁוּבָה וּתְפִלָּה
וּצְדָקָה מַעֲבִירִין אֶת רֹעַ הַגְּזֵירָה

*Through return and through prayer and righteous giving, we can earn
a new page in the Book of Life and write a better story in the new year.*

I have a voice

Music: Elana Arian

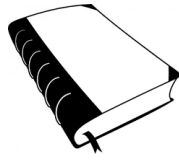
Chorus:

I have a voice,
my voice is powerful
My voice can change the world

I will open my eyes (I will open my eyes)
I will not look away (I will not look away)
I will use this gift I've been given
Every day... (chorus)

I will give of myself (I will give of myself)
I will reach out my hand (I will reach out my hand)
I will use this heart I've been given
And take a stand... (chorus)

I will fight for the truth (I will fight for the truth)
I'll stand up for what's right (I'll stand up for what's right)
I will use this strength I've been given
And be a light...



Avinu Malkeinu

Avinu Malkeinu, chatanu
lefanecha.

Avinu Malkeinu, ein lanu Melech
zulatecha.

Avinu Malkeinu, aseh imanu
l'ma'an sh'mecha.

Avinu Malkeinu, chadesh aleinu
shanah tovah.

Avinu Malkeinu, choneinu v'aneinu,
ki ein banu ma'asim.

Aseh imanu tzedakah v'chesed
v'hoshieinu.

אָבִינוּ מֶלְכֵנוּ. חַטָּאנוּ לְפָנֶיךָ

אָבִינוּ מֶלְכֵנוּ. אֵין לָנוּ מֶלֶךְ
זוּלָתְךָ

אָבִינוּ מֶלְכֵנוּ. עֲשֵׂה עִמָּנוּ
לְמַעַן שְׁמֶךָ

אָבִינוּ מֶלְכֵנוּ. חֲדָשׁ עָלֵינוּ שָׁנָה
טוֹבָה

אָבִינוּ מֶלְכֵנוּ. חֲנֵנוּ וְעֲנֵנוּ כִּי
אֵין בָּנוּ מַעֲשִׂים

עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד
וְהוֹשִׁיעֵנוּ

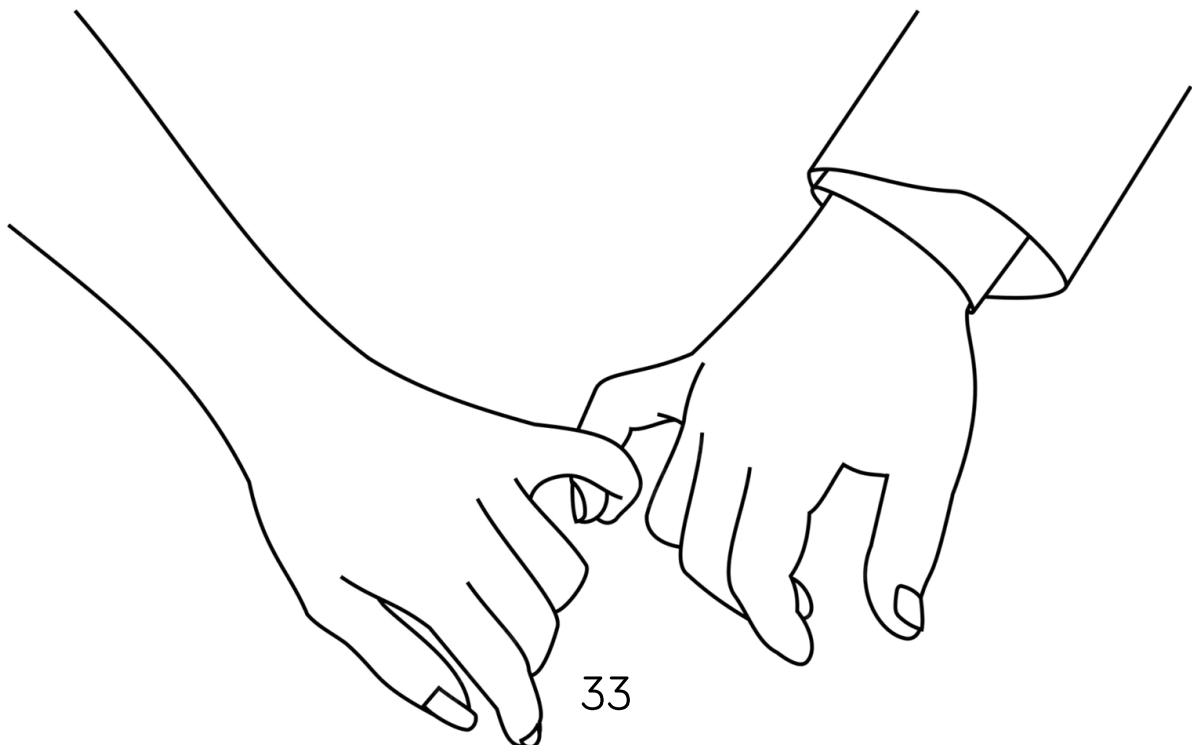
Our Parent, our Ruler, we have sinned before You.

Our Parent, our Ruler, we have no other ruler but You.

Our Parent, our Ruler, help us for the sake of Your name.

Our Parent, our Ruler, renew us for a good year.

*Our Parent, our Ruler, answer us with Your grace, for we lack good
deeds; deal with us in charity and love, and save us.*





Aleinu l'shabeach la'adon ha'kol,
lateit g'dulah l'yotzer b'reishit asher
bachar banu mikol ha'amim.
V'natan lanu et Torato.

V'anachnu korim, u'mishtachavim,
u'modim lifnei melech malchei
hamlachim, haKadosh Baruch Hu.
Shehu noteh shamayim v'yosed
aretz, u'moshav y'karo bashamayim
mi'ma'al. U'shchinat uzo, b'govhei
m'romim. Hu eloheinu, ein od. Emet
malkeinu, efes zulato, kakatuv
b'Torato. V'yadata hayom
v'hashevota el l'vavecha ki Adonai,
Hu ha'elohim bashamayim mima'al,
v'al ha'aretz mitachat ein od.

עֲלֵינוּ לְשַׁבַּח לַאֲדוֹן הַכֹּל, לְתַת
גְּדֻלָּה לַיוֹצֵר בְּרֵאשִׁית
אֲשֶׁר בָּחַר-בָּנוּ מִכָּל-הָעַמִּים.
וְנָתַן-לָנוּ אֶת תּוֹרָתוֹ.

וְאֲנַחְנוּ כֹרְעִים וּמִשְׁתַּחֲוִים
וּמוֹדִים לִפְנֵי מֶלֶךְ מַלְכֵי
הַמְּלָכִים, הַקָּדוֹשׁ בְּרוּךְ הוּא.
שֶׁהוּא נוֹטֵה שָׁמַיִם וְיוֹסֵד אֶרֶץ,
וּמוֹשֵׁב יְקָרוֹ בַּשָּׁמַיִם מִמַּעַל,
וּשְׁכִינַת עֲזוֹ בְּגִבְהֵי מְרוֹמִים,
הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת
מִלְּפָנָיו, אָפֶס זִוְלָתוֹ, כִּכְתוּב
בְּתוֹרָתוֹ: וְיָדַעְתָּ הַיּוֹם וְהַשַּׁבָּת
אֶל לִבְבְּךָ כִּי יי הוּא הָאֱלֹהִים
בַּשָּׁמַיִם מִמַּעַל וְעַל-הָאָרֶץ
מִתַּחַת אֵין עוֹד.

It is our duty to praise the Ruler of all, to recognise the greatness of the Creator of first things. Who has chosen us from all peoples by giving us Torah. Therefore we bend low and submit, and give thanks before the supreme Ruler, the Holy One, Who is blessed, Who extends the limits of space and makes the world firm; Whose glory extends through the universe beyond, and Whose strength into farthest space. This is our God; no other exists. Our Ruler is truth; the rest is nothing. It is written in God's Torah: Realise this today and take it to heart; that God is Ruler in the heavens above and on the earth beneath, no other exists.



Second Paragraph of the Aleinu

Our hopes for the world:

Va'hasheivota el l'vavecha, ki
Adonai hu ha-Elohim

וְהַשְׁבֹּתָ אֶל לְבָבְךָ. כִּי יְהוָה
הוּא הָאֱלֹהִים:

V'ne'emar: v'hayah Adonai l'melech
al kol ha-arets,
ba-yom ha-hu yihyeh Adonai echad
ush'mo echad

וְנֹאמַר. וְהָיָה יְהוָה לְמֶלֶךְ עַל-
כָּל-הָאָרֶץ.
בַּיּוֹם הַהוּא יִהְיֶה יְהוָה אֶחָד
וּשְׁמוֹ אֶחָד:

Realise this today and take it to heart; that the Eternal One is God

*So it is prophesied: The Eternal shall be Sovereign over all the earth.
On that day the Eternal shall be One, and known as One.*

I miss you today.

Today families come together

And so, today, I miss you more than I normally do.

I thought about you when we sang the prayer you loved,

And I remembered how you used to share your tallit with me
when I got cold.

I thought about the way that you always whispered something
funny and made me laugh when I was supposed to be quiet.

I felt nervous as the service ended because I knew that I would
need to stand up for this prayer, and I didn't know if I could do it
without crying.

I hope you know that even as I try to say the words of the *Kaddish*,
what I'm really saying is that I miss you today and that I love you
always.

Rabbi Rachel Bearman



Yitgadal v'yitkadash sh'mei raba,
b'alma div'ra chirutei, v'yamlich
malchutei. B'chayeichon
Uv'yomeichon Uv'chayei dichol beit
yisrael ba'agala uvizman kariv, V'imru
Amen.

Y'hei sh'mei raba m'varach, L'alam
ulalmei almaya.

Yitbarach v'yishtabach, v'yitpaar,
v'yitromam v'yitnasei, v'yithadar,
v'yitalei, v'yithalal, sh'mei dikudsha,
b'rich hu.

L'elah L'elah mikol birchata v'shirata
tushb'chata v'nechemata, di'amiran
b'alma, v'imru **Amen**

Y'hei sh'lama raba min sh'maya
v'chayim alenu, v'al kol yisrael,
V'imru **Amen.**

Oseh shalom bimromav, Hu ya'asei
shalom, aleinu v'al kol yisrael, V'imru
Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שֵׁמֶה רַבָּא.
בְּעֶלְמָא דִּי-בְרָא כְרֻעֻתָּהּ.
וְיִמְלִיךָ מַלְכוּתָּהּ בְּחַיֵּינוּ
וּבְיוֹמֵינוּ וּבְחַיֵּי דִי-כָּל בֵּית
יִשְׂרָאֵל בְּעָגְלָא וּבְזִמָּן קָרִיב
וְאָמְרוּ אָמֵן

יְהֵא שֵׁמֶה רַבָּא מְבָרַךְ. לְעָלָם
וּלְעָלְמֵי עָלְמַיָּא

יִתְבָּרַךְ. וְיִשְׁתַּבַּח. וְיִתְפָּאֵר.
וְיִתְרוֹמַם. וְיִתְנַשֵּׂא. וְיִתְהַדָּר.
וְיִתְעַלֶּה. וְיִתְהַלָּל שֵׁמֶה דִּי-
קִדְשָׁא בְּרִיךְ הוּא.

לְעֵלָא לְעֵלָא מְכָל-בִּרְכָתָא
וְשִׁירָתָא תְּשַׁבַּחְתָּא וְנַחֲמָתָא
דִּי-אַמְרִין בְּעֶלְמָא וְאָמְרוּ אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן-שָׁמַיָּא
וְחַיִּים עָלֵינוּ וְעַל-כָּל-יִשְׂרָאֵל.
וְאָמְרוּ אָמֵן.

עֹשֶׂה שְׁלוֹם בְּמִרְוֵמוֹ. הוּא
יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל-כָּל-
יִשְׂרָאֵל וְאָמְרוּ אָמֵן.

Let us magnify and sanctify the great name of God in the world which God created according to God's will. May God's kingdom come in your lifetime, and in your days, and in the lifetime of all the family of Israel - quickly and speedily may it come. Amen. May the greatness of God's being be blessed always. Let us bless and extol, let us tell aloud and raise aloft, let us set on high and honour, let us exalt and praise Adonai – blessed be God! – though God is far beyond any blessing or song, any honour or any consolation that can be spoken of in this world. Amen. May great peace from heaven and the gift of life be granted to us and to all the family of Israel. Amen. May God who makes peace in the highest bring peace to us and to all Israel. Amen.



Adon Olam

Adon olam, asher malach, b'terem
kol y'tzir nivra.

L'et na'asah k'cheftzo kol, azai
melech sh'mo nikra.

V'acharey kichlot hakol, l'vado
yimloch nora.

V'hu haya, v'hu hoveh, v'hu yih'yeh
b'tifara.

V'hu echad, v'eyn sheni l'hamshilo,
l'hachbira.

B'li reishit, b'li tachlit, v'lo ha'oz
v'hamisrah.

V'hu Eli, v'chai go'ali, v'tzur chevli
b'yom tzarah.

V'hu nisi u'manusi, m'nat kosi
b'yom ekra.

B'yado afkid ruchy b'et ishan
v'a'irah.

V'im ruchy g'viyati, Adonai li v'lo ira.

אֲדוֹן עוֹלָם אֲשֶׁר מָלַךְ, בְּטֶרֶם כָּל-
יָצִיר נִבְרָא.

לְעֵת נַעֲשֶׂה כְּחֶפְצוֹ כָּל, אֲזִי מְלֶךְ
שְׁמוֹ נִקְרָא.

וְאַחֲרֵי כָכֵלֹת הַכֹּל, לְבָדּוֹ יִמְלֹךְ
נֹרָא.

וְהוּא הָיָה, וְהוּא הוֹיָה, וְהוּא יִהְיֶה,
בְּתִפְאָרָה.

וְהוּא אֶחָד וְאֵין שֵׁנִי, לְהַמְשִׁילוֹ
לְהַחֲבִירָה.

בְּלִי רֵאשִׁית בְּלִי תַּחֲלִית, וְלֹא הָעֹז
וְהַמִּשְׁרָה.

וְהוּא אֵלִי וְחַי גּוֹאֲלִי, וְצוֹר חֲבָלֵי
בְּיוֹם צָרָה.

וְהוּא נָסִי וּמְנוּסִי מִנֶּת כּוֹסֵי בְּיוֹם
אֶקְרָא.

בְּיָדּוֹ אֶפְקִיד רוּחִי, בְּעֵת אִישָׁן
וְאֶעִירָה.

וְעַם רוּחִי גְּוִיָּתִי, יִי לִי וְלֹא אִירָא.

*Eternal God who ruled alone before creation of all forms, at whose desire
all began and as the Ruler was proclaimed.*

*Who, after everything shall end, alone, in awe, will ever reign, who was and is
for evermore, the glory that will never change.*

*Unique and One, no other is to be compared, to stand beside, neither
before, nor following, alone the source of power and might.*

*This is my God, who saves my life, the rock I grasp in deep despair, the flag
I wave, the place I hide, who shares my cup the day I call.*

*In my Maker's hand I lay my soul both when I sleep and when I wake, and
with my soul my body too, my God is close I shall not fear.*

**To the children:**

May you be like Abraham and Sarah,
Who had the courage to believe in a God they could not see.
May you be like Rebecca, who was kind to all: people and animals.
May you be like Jacob, who understood that God could be found everywhere.
May you be like Miriam, whose love made her a protector.
May you be like Moses, who wasn't afraid to ask for help.
May all our prayers be sweet to You, God.
May this year be a good one

Rabbi Paula Feldstein & Rabbi Rachel Bearman

To the adults:

Just as you
Bless and keep your children
May there be today
A blessing for you.
May you always have patience
For silliness and teasing.
May you always have hugs
Both for giving and receiving.
May you always feel pride
When you see your children grow.
We are lucky to love you.

Rabbi Sara Mason-Barkin

Siyyum Tefillah



Concluding Prayers

Alyth

