

# Around Alyth

July & August 2023



As summer beckons, many aspects of Alyth life quieten down a little, but not all!

Over the summer months, our Youth and Education Hub provide a variety of activities for our younger members. See below for information about the Alyth summer schemes. For our other services, learning, trips, lectures and gatherings through the summer, see inside.

## Jolly July

Monday 24 – Friday 28 July (9:00 – 12:30)

Jolly July is a perfect way for ages 2-4 to spend the school holiday. Being situated at Alyth, the scheme has a safe and homely environment while giving us the flexibility to use our space in exciting and innovative ways.

Please [click here](#) to sign up. *The deadline for signing up is Friday 14 July.*

## SWAY Days

Monday 7 – Friday 11 August (9:00 – 15:30)

Spend the Summer With Alyth Youth... our fantastic day camp brings together all members from Reception to Year 6. Situated at Alyth, the scheme has a safe and homely environment, which giving us the flexibility to use our space in exciting and innovative ways.

Please [click here](#) to sign up. *The deadline for signing up is Friday 7 July.*

## SWAY Away

Monday 21 – Friday 25 August

For current Year 3-8, Summer With Alyth Youth is an annual milestone in our young people's lives. It is our home away from home, led by our wonderful team of Alyth trained madrichim (youth leaders). Please [click here](#) to sign up. *The deadline for signing up is Friday 7 July.*

## General Meeting of Congregants to Approve Subscriptions

Monday 17 July, 19:40-22:00

We are delighted to invite you to the General Meeting of Congregants to Approve Subscriptions. The meeting will be held at Alyth and online on Monday 17 July 2023.

Please note the earlier start time of 19:40. The purpose of the general meeting is for congregants to approve the levels of subscriptions for the coming year as proposed by the Trustees. The agenda can be viewed by [clicking here](#). Other papers relating to the meeting will be posted [here](#) on 5 July 2023. In advance of the formal meeting, there will be the opportunity to gather for a drink, to visit the building site and to hear how the project is progressing. You are invited to join us on the synagogue forecourt at 19:40. The formal business of the meeting will begin at 20:10 when there will also be the option of joining online.

Please register by [clicking here](#). Please let us know whether you will attend in person or online.

## Pray With Us on Shabbat

July and August 2023

### EREV SHABBAT SERVICES

In-Person and Online every Friday at 18:30

#### Erev Shabbat Service (Fridays 7, 14, 21, 28 July & 4, 11, 18, 25 August)

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning.

#### Special Erev Shabbat Divrei Torah in July and August

During 2023, one Erev Shabbat D'var Torah each month will be given by a member of Alyth who will speak about a Jewish passion or something to which they commit as an expression of their Jewish identity or values. See the weekly email for details in July and August.

### SHABBAT MORNING SERVICES

In-Person and Online every Saturday

#### Saturday 1 July

##### Shabbat Morning Service, 10:30

Led by Rabbi Josh and Katie Hainbach, accompanied by guitar. Including the Bar Mitzvah of Toby Glazer. The sermon will be given by scholar in residence Rabbi Niles Goldstein.

#### Piyyuteinu Shacharit, 10:30

Our poetry service led by Rabbi Elliott, joining the Beit Tefillah for Torah service and sermon.

#### Saturday 8 July

##### Shabbat Morning Choral Service, 10:30

Led by Rabbi Elliott with the Alyth Choir. Including the Bar Mitzvah of Theo Magid.

#### Kollot, 10:30

Our informal, unaccompanied, participatory minyan. Led by Rabbi Josh with members of the community reading and teaching Torah.

#### Saturday 15 July

##### Shabbat Morning Choral Service, 10:30

Led by Rabbi Colin and Student Rabbi Nicola, with the Alyth Choir.

#### Saturday 22 July

##### Shabbat Morning Choral Service, 10:30

Led by Rabbi Josh with the Alyth choir. Including the B'nei Mitzvah of Ava and Oscar Freedman.

#### Saturday 29 July

##### Shabbat Morning Choral Service, 10:30

Led by Rabbi Elliott with the Alyth choir. Including the Bar Mitzvah of Theo Glendinning.

#### Wellbeing Service, 10:30

Our occasional service in which we have the opportunity to reflect on our own wellbeing with prayer, song, and readings.

Led by Lynette Chazen and Justin Wise.

#### Saturday 5 August

##### Shabbat Morning Service, 10:30

Led by Rabbi Elliott and Rabbi Laura Janner-Klausner.

#### Saturday 12 August

##### Shabbat Morning Choral Service, 10:30

Led by Rabbi Colin with the Alyth choir.

#### Saturday 19 August

##### Shabbat Morning Choral Service, 10:30

Led by Student Rabbi Nicola with the Alyth choir. Including the Bat Mitzvah of Sophia Zidel.

#### Saturday 26 August

##### Shabbat Morning Service, 10:30

Led by Rabbi Elliott. Including the Bar Mitzvah of Dylan Winner.

## Pray With Us

July and August 2023

### Pray With Us for Families on Shabbat

#### Baby Den

*Fridays 7, 14, 21 July (10:30)*

Chug-a-lug into Shabbat. Sing your favourite Baby Den songs, dance to a Shabbat beat and wave to some familiar faces. For families with Young Children.

*Baby Den returns in September.*

#### Gesher

*Saturday 15 July (11:00)*

If your child is too old for Sensory, but Big Bang feels too grown up, join us for 'Gesher', a service designed to bridge the gap between our two family prayer spaces, so your child can grow through tefillah that works for them.

### Sunday Shacharit

**Sundays 2, 9, 16, 23, 30 July & 6, 13, 20, 27 August (09:00)**

Every Alyth week begins with a lay-led minyan with bagel breakfast at Alyth, led by Alyth members. All are welcome.

### Summer Specials:

#### Tisha B'Av 5783

**Wednesday 26 - Thursday 27 July**

#### Erev Tisha B'Av

*Wednesday 26 July, 20:00-21:00*

Join Rabbi Josh, Rabbi Elliott and Student Rabbi Nicola for an evening of study, song, and the chanting of Lamentations as we explore the meaning of Tisha B'Av in our moment.

#### Tisha B'Av Pardes Special

*Thursday 27 July, 13:00-14:30*

A special study service with Student Rabbi Nicola and Rabbi Colin, including a culmination of Student Rabbi Nicola's Pardes series and the reading of Lamentations.

### New members of the Alyth team

We are delighted to welcome two new members of the Alyth team who will be joining us over the summer.

**Student Rabbi Eleanor Davis** will be part of our rabbinic team over the coming year. Eleanor is entering her final year of rabbinic training at Leo Baeck College, having previously been a music teacher before working in arts administration. As a Student Rabbi she has worked in a number of communities across the UK and Ireland and is excited to be part of the Alyth community in 5784.

We are also delighted to welcome **Hannah Wood**, who is joining our Youth and Education Hub full time from 15 August. Hannah is a *bogeret* of RSY-Netzer and a qualified teacher. She joins us after previously working in a special needs setting. We are thrilled that she will be bringing her knowledge and skills to the Alyth team this year, working alongside Abi and Phoebe.

The High Holy Days this year start in the middle of September. You will receive tickets and an overview of our schedule in the post the week commencing 21 August.

If you have not received them by 1 September, please contact the office on 020 8457 8794 or email [alythadmin@alyth.org.uk](mailto:alythadmin@alyth.org.uk).

We will not be posting a detailed programme this year for reasons of cost and the environment. This will be available online from 21 August. Printed copies will be available by request from Alyth.

## Elul Highlights

The month of Elul begins on Thursday 17 August. Our Elul programme is full of activities to help you reflect on the past year and prepare for the High Holy Days.

We kick off our month with a special guest for Rosh Chodesh, **Professor Uri Shanas** on **Thursday 17 August** - see the Learn With Us page for more information.

Our annual **New Year for Animals' dog walk** is on **Sunday 20 August** at 10:00. Join our community walk on the Heath Extension, meeting at the corner of Wildwood Road and Hampstead Way, with or without a dog (but with an umbrella just in case!)

Throughout Elul, and into Tishri, **The Alyth Chavruta Project** (Thursdays 24 & 31 August, 7 & 14 September, 19:00-20:15) will be exploring the Book of Jonah - see the Learn With Us page for more information.

We are making the Chavruta Project available for teens with a special **Teen Chavruta Project** on **Thursdays 7 and 14 September**, 17:30-18:30. With Rabbi Elliott, we will take a look at the Book of Jonah, a text that we read every year at Yom Kippur. Why do we still read this ancient text? What relevance does it have to our lives today? What can Jonah teach us about being Progressive Jews? Please see the weekly email for information about our full Elul programme.

## Tishri Festival dates

### Selichot

Saturday 9 September

### Erev Rosh Hashanah

Friday 15 September

### First Day Rosh Hashanah

Saturday 16 September

### Erev Second Day Rosh Hashanah

Saturday 16 September

### Second Day Rosh Hashanah

Sunday 17 September

### Kol Nidre

Sunday 24 September

### Yom Kippur

Monday 25 September

### Erev Sukkot

Friday 29 September

### Sukkot Morning

Saturday 30 September

### Erev Simchat Torah

Friday 6 October

### Simchat Torah Morning

Saturday 7 October

## Learn With Us

July and August 2023

### Judaism: the Essentials

Tuesdays 4, 11, 18 July, 20:00-21:30ish

Our regular introduction to Judaism class taught by our clergy with Jon Epstein.

New students are always welcome. Please contact Rabbi Elliott ([elliott@alyth.org.uk](mailto:elliott@alyth.org.uk)) for more information.

**4 July** How does conversion work? The Bet Din and the Mikveh

**11 July** Death and the World to Come

**18 July** Jewish theology and Tisha B'Av

On **Sunday 9 July** Essentials will visit Hoop Lane Cemetery. This is open to the whole community, but please let us know if you're coming by emailing [elliott@alyth.org.uk](mailto:elliott@alyth.org.uk).

*Essentials will take a break over the summer, and will return on Tuesday 5 September.*

### Adult Hebrew

#### Intensive Hebrew Reading Course

Tuesday 4 July, 19:00-19:45

For beginners, to learn the alphabet and basic decoding skills.

*These sessions are taught by Alyth member Jan Roseman. They will return in September.*

Contact [sam@alyth.org.uk](mailto:sam@alyth.org.uk).

#### Hebrew Reading Course

Tuesday 4 July 20:00-21:00

For those already proficient in Hebrew reading, to continue to develop their skills.

#### Biblical Hebrew

Sundays 2, 9, 16, 23, 30 July & 6, 13, 20, 27 August, 11:00-12:00

A programme for those with high level Hebrew reading ability. Email [edwardjgold@hotmail.com](mailto:edwardjgold@hotmail.com) if you would like to join this class so that you can be sent the link and materials in advance.

### Summer Specials: The Three Weeks

#### Why should Progressive Jews observe Tisha B'Av?

Pardes, Thursdays 6, 13, 20, 27 July, 13:00-14:00

For a long time, progressive Jews have felt uncomfortable about mourning for the destruction of the Temple. Alyth did not observe Tisha B'Av until 1991.

Join Student Rabbi Nicola as she leads us through some of the themes of Tisha B'Av through some of the less well-known texts in Jewish tradition, which may provide us with some compelling reasons why progressive Jews may in fact want to continue to mark Tisha B'Av. The course will culminate on Thursday 27 July with a special study service, including the reading of Lamentations.

**6** Because of our sins Why was the First Temple destroyed?

**13** Fasting, Prayer & Repentance Can Human Endeavour Effect Change in God?

**20** Causeless Hatred

**27** Tisha B'Av Study and Reading of Lamentations

*Pardes will take a break over August.*



## Learn With Us

July and August 2023

### Special Guest Shiur

Saturday 1 July, 09:15

#### Three Jewish Models of Leadership with Rabbi Niles Goldstein

Rabbi Niles Goldstein joins Alyth as scholar-in-residence over Shabbat 30 June/1 July.

Niles is the spiritual leader of Congregation Beth Shalom of Napa Valley and an award-winning author, including of 'Gonzo Judaism', 'God at the Edge' and 'The Challenge of the Soul'.

### Summer Specials:

#### Trip to Westminster Abbey

Tuesday 8 August, 11:00

Each summer we mourn the destruction of the Temple in Jerusalem. This year we want to also take the opportunity to visit the sacred places and spaces of our neighbours, beginning with a trip to Westminster Abbey. We will be guided around the Abbey by our member, Sophie Langsford, who is Learning Officer at the Abbey.

Followed by lunch in Westminster. We will meet at Westminster Abbey at 10:45. There will be the option of travelling with a group from Golders Green Underground Station, leaving at 09:30.

Visiting the Abbey is free to religious groups, but there will be a charge of £20 for lunch.

Please email Rabbi Elliott to sign up for this trip: [elliott@alyth.org.uk](mailto:elliott@alyth.org.uk)

### Summer Specials:

#### Rosh Chodesh Elul - This is My Earth

Thursday 17 August with Professor Uri Shanas, 19:30-21:00

The beginning of Elul was appointed by the Mishnah as the New Year for Animals. Join us this Rosh Chodesh to meet Professor Uri Shanas, founder and director of TiME (This is My Earth). TiME is a global charity that works to buy and preserve natural habitats and protect endangered species around the world. In his talk, Professor Shanas will describe how the idea was conceived, the success, the challenges, the future goals, and why protecting Earth is our most urgent matter.

### Summer Specials: Elul

#### The Alyth Chavruta Project: The Book of Jonah

Thursdays 24 & 31 August, 7 & 14 September, 19:00-20:15

The Alyth Chavruta Project returns in Elul for a four-week course on the book of Jonah, the traditional haftarah reading on Yom Kippur afternoon. Each week we will encounter a chapter, alongside traditional, modern and artistic interpretations of the text.

All levels of experience are welcome.

If you have someone in mind who you would like to study with, or if you would like us to try to find a study partner for you, please let us know. The text packs will be sent out each Friday, and we will come together as a group each Thursday at 19:00 at Alyth and online.

## Weekly

### Monday Club

Monday 3, 10, 17, 24 July 19:00-20:30

A friendly in-person meeting place for people with learning disabilities. For more information or to let us know that you will be attending, please email [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

Monday Club returns in September.

### Alyth Choral Society

Tuesdays, 20:00-22:00

ACS returns in September. Go to [www.alythchoralsociety.org](http://www.alythchoralsociety.org) for more information.

### Mellow Chair Yoga for All Ages

Thursdays 6, 13, 20, 27 July 11:00-12:00

Thursdays 3, 10, 17, 24, 31 July 11:00-12:00

Our special Chair Yoga and Meditation with Maxine, open to all ages wishing to enhance overall mental and physical wellbeing.

[Click here](#) to register and pay for the class.

### Choir Rehearsal

HHD choir: Wednesday 5 July 20:00-21:30

Saturdays 8 & 29 July 9:15-10:15

HHD choir: Sundays 9 & 16 July 16:00-18:00

Rehearsing Alyth's choral repertoire for Shabbat and High Holy Day Services.

### Jewish Mindfulness and Meditation (online)

Fridays 7, 14, 21 July 17:00-18:00

Jewish Mindfulness Meditation helps us to open our hearts and find peace through our spiritual heritage. [Click here](#) to make a donation towards the costs of employing the facilitators.

JJM returns in September.

### Shabbat B'Yachad Lunch

Saturdays 1 July and 5 August, 12:30

As part of the Alyth Friendship Project, please join us for our Shabbat Morning Service at 10:30, followed by a lunch.

For catering purposes, please let Lynette know you are coming at [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk) or 020 8457 8793. *There is no charge for this but donations are always appreciated.*

## Monthly

### Alyth Cycling Community Bike Ride

Sunday 9 July & 13 August, 08:15

Bringing riders of all abilities together to enjoy cycling and conversation. For more information contact [laurancemendoza@aol.com](mailto:laurancemendoza@aol.com).

### Alyth Book Club

Monday 3 July, 18:30-20:00

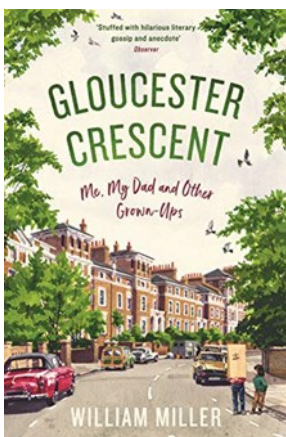
See below for more information.

Book Club returns on 11 September with "Chicken Wars", by Adam Leigh.

## Book Club Summer Celebration (In Person)

Monday 3 July at 18:30

Join us for a special summer celebration with Alyth Book Club, hosted at a local member's home. We will be discussing Gloucester Crescent: Me, My Dad and Other Grown-Ups by William Miller. Please do feel welcome to join the event if you have not read the book as it will also be a chance to socialise, discuss possible future books for Book Club and to discuss literature in general. Please email [katie@alyth.org.uk](mailto:katie@alyth.org.uk) to let her know you will be attending, Katie will then send you the event address.



## Be With Us

July and August 2023

### The Alyth Social Mondays at 14:00 – 16:00

Part of the Alyth Friendship Project. Join us for an afternoon of entertainment, discussion, tea and great company! Annual Membership: £25 per person members; £30 per person non-members; Weekly donation: £3.50 members; £5.00 non-members. Contact Lynette for more information.

- 3 July** **What's in the News?** Discussion on all the stories that are making the headlines – come with the news item that you want to discuss!
- 10 July** **Katie & Tom – Back by popular demand!** Katie Hainbach and Tom Morss will sing some of our favourite tunes.
- 17 July** **Joanna Lam – Pianist** Joanna began piano lessons at the age of 8 and has been awarded a scholarship to attend the Guildhall School of Music and Drama. Joanna will play pieces by Chaminade, Ravel, Rachmaninov and others.
- 24 July** **So You Thought you Knew Jews and Judaism – But Do You?** Louise Heillbron, Jewish educator and woman of many interests, will talk to us about some interesting facts about Jews and Judaism!
- 31 July** **Reuben Sachs – a novel by Amy Levy, Victorian Poet and Novelist** Rabbi Elliott will talk about this novel, the life of Amy Levy and how her writings reflect her views on Jewish life.

The Alyth Social will also take place on 7, 14, 21 August. See weekly email for details.

### ACS Summer Concert – Haydn: The Creation Sunday 2 July, 19:30

Tickets are now on sale for Alyth Choral Society's Summer Concert. Please [click here](#) for tickets.

### Film Club: Charlotte Monday 24 July, 19:00

Charlotte Salomon is a gifted young Jewish painter who dreams of working as an artist. But the world is changing around her, and the rise of the Nazis in 1930s Germany threatens her very existence. Believing that only an extraordinary act will save her, Charlotte embarks on the monumental adventure of painting her life story. This film is in English. Followed by a short discussion, hosted by Rabbi Elliott. Tea, coffee and popcorn provided.

Please let Rabbi Elliott know you are coming by email to [elliott@alyth.org.uk](mailto:elliott@alyth.org.uk)

### Young Adult Summer Soiree with Sushi, Spring Rolls and Sparkling Beverages Tuesday 1 August (19:30-20:30)

Join Rabbi Elliott and Sam at 19:30 for a light dinner and delicious drinks on Tu b'Av. A lovely way to spend a summer evening together before High Holy Days getting to know each other and making sushi together. Contact [sam@alyth.org.uk](mailto:sam@alyth.org.uk) for information or to let us know that you are coming.



# ISRAEL TRIP 2023

## The Hidden History of Northern Israel

Sunday 29 October –  
Thursday 2 November 2023



Join us for an exploration of the hidden history of Northern Israel dating back almost 900,000 years.

Together with experts from the region and Rabbi Elliott we will discover and learn about the rich history of the area including two important pre-history sites, a Roman Temple, ancient synagogues, burial grounds of some of our most revered teachers and more recent sites of interest.

Staying in Kibbutz Hotel accommodation, we will travel by air conditioned coach to visit highlights including the archaeological sites of Ein Keshatot, Magdala Synagogue, Nimrod Fortress and Beit Shearim National Park – the burial site of some of most ancient revered teachers.



### IMPORTANT INFORMATION

**Cost: £1,850 per person excluding flights**

This includes:

- Accommodation for all nights in standard rooms – for further details about our two hotels visit their websites: <https://www.pastoral-hotel.com/kibbutz-kfar-blum>  
<https://www.nahsholim.co.il/en>
- Three meals a day
- Travel by air-conditioned bus each day
- Experienced licensed tour guides
- The presence of a medic/guard
- Entrance fees to all sites
- Emergency medical insurance and public liability insurance



For further details and to join this unique trip, please contact Lynette on 020 8457 8793 or email [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

## Learn With Us: Youth and Education

July and August 2023

### Weekly Learning

#### SMG

*Sundays 2 & 9 July (10:00-12:00)*

Our Jewish education programme for Reception to Year 6. [Click here](#) to enrol into SMG.

*SMG returns in September*

#### Ruach 1 - 4

*Friday 7 July (17:15-19:30)*

Our pre Bar/Bat Mitzvah programme delivered by our wonderful team of madrichim.

*Ruach returns in September*

### Drama Activities

#### Alyth Children's Theatre (ACT)

*Thursday 6 July (17:00-18:15)*

Our group for Primary School aged children.

#### Academy of Performing Arts

A feature of the Alyth calendar for Secondary School aged children for over 20 years.

*Act and Academy return in September. To sign up contact [sam@alyth.org.uk](mailto:sam@alyth.org.uk)*

### Special Activities in July

See front page for details of our day and residential schemes

#### GoApe - Year 6 Social

*Saturday 1 July (14:00)*

An exciting day out at Go Ape for year 6 before they embark on their Bar and Bat Mitzvah journeys. Contact [abi@alyth.org.uk](mailto:abi@alyth.org.uk) for more information.

#### StrikeWAYS

*Wednesday 5 July (9:00 - 15:30)*

Our exclusive, one day only event, so that your young ones get the chance to spend the day doing something exciting, as well as giving them a chance to experience what is on offer during SWAY Days, and SWAY Away, that will both be running in August. Plus - it gives you a day without worrying what to do about work if your children aren't at school! [Click here](#) to sign up.

#### Year 7 Chavurah Dinner

*Thursday 6 July (18:30 - 20:00)*

Join the Youth and Education Hub and Sam for a "pot luck" dinner, where everyone provides and vegetarian or fish (nut free) dish, main course or dessert, and we all sit down together and enjoy dinner. This is a great opportunity to catch up with old friends, meet new ones, and continue the journey in the most meaningful way by enjoying the company of all those sharing the Bar/Bat Mitzvah journey with you. Email [sam@alyth.org.uk](mailto:sam@alyth.org.uk) to let her know you are coming

Contact [abi@alyth.org.uk](mailto:abi@alyth.org.uk) for more information on any of the above