



To pray. To learn. To live. Together.

# WEEKEND AWAY 2-4 December 2022

The Alyth Weekend Away 2022 is nearly here. We are looking forward to seeing you at our new venue in the Hertfordshire countryside, just an hour from Alyth.

We will come together to enjoy a Shabbat filled with the spirit of Alyth, the opportunity to meet and spend time with one another, as well as to connect with each other and our Judaism in new and diverse ways.

## WHAT YOU NEED TO KNOW

### Where is it?

This year's Weekend Away is nearer to London than ever before! It will be held at: High Leigh Conference Centre, Lord Street, Hoddesdon, Hertfordshire.

Postcode – EN11 8SG      what3words – ///lived.being.pure

You can find directions here: <https://www.cct.org.uk/high-leigh/how-to-find-us>

### Coming by car:

High Leigh is seven miles from the M25. From Junction 25, take the northbound A10 towards Hertford. Leave the A10 at the junction for Hoddesdon and follow the road towards the town. At the roundabout take the third exit signed 'Town Centre' (alongside Morrisons). Turn right at the church into Pauls Lane and bear left into Taverners Way. Take the first right into Lord Street and continue up the hill for just under a mile. High Leigh is well signposted on the left.

### Coming by train:

The local railway station is Broxbourne. There is a regular service from London Liverpool Street, which connects with the Underground Victoria Line at Seven Sisters or Tottenham Hale. The station is two miles from the Centre, but there are plenty of taxis at reasonable rates (typically £6). If you need help arranging transport, please email [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk)

## When does the weekend start and end?

### You can arrive any time from 5pm.

The programme begins with some optional activities to get ready for Shabbat from 5.30pm, including an early dinner for little ones at that time, and the opportunity to hang out in the Youth Hub. **If at all possible, we ask that you try to arrive in plenty of time for our Erev Shabbat service at 6.30pm.** Friday night dinner will be at 7.30pm, and we unfortunately cannot arrange food for those who arrive later.

On Sunday, the programme finishes at 1pm, and then lunch will be provided before we head off home. (Check out of rooms will be at 9.30am, with a store room for luggage).

## What do I need to bring?

### The basics:

*Clothes:* There is no need to dress up. Dress how you will feel comfortable.

*Tefillah:* Don't forget to bring kippah and tallit (and tefillin if you want for Shacharit on Sunday). We will provide siddurim.

*Towels and toiletries:* All rooms are en-suite, and towels are provided. Please make sure you bring your own toiletries.

*Food and drink:* Is provided. There will be three catered meals a day plus morning coffee and afternoon tea; tea and coffee available in the lounge from 8am – 8pm; there are water coolers around the site; there are kettles and mugs in every room. And we are bringing snacks for the evenings.

### Other things to bring:

If you play a *musical instrument*, please bring it with to play into the evenings. The more guitars the merrier!

Weather allowing, we will be playing games on the fields on Shabbat afternoon, so bring *trainers* and clothes you don't mind getting muddy.

There will be a couple of yoga sessions over the weekend, so bring a *yoga mat* if you have one.

There are lots of grounds (40 acres) to walk in, so bring *waterproofs* and *walking shoes* if you fancy going out.

There is a small gym which can be used by those over 18 – if you want to use this then bring a *gym kit*.

### One extra thing:

Part of the joy of the Weekend Away is getting to know others in a different way.

To make this possible, we ask that you bring **one thing** with you that you would be happy to speak about with others in our Oneg Shabbat – a poem, item, book, picture - you get the idea – something that has been formative in your life which will give others an insight into you they might not have had before.

## I'm bringing a baby – what else do I need to know?

Babies will be welcome to be in all of our activities – there is no need to worry if they cry!

There will be a *baby listening service* with our teenagers for a period after dinner each evening so adults can join in activities – you may want to bring a *baby monitor*.

There is a *fridge and microwave* in the kitchen area for the storage and heating of milk and baby food. Please make sure you label your food and equipment well.

We have requested *cots* for every room with a baby. Please let us know if you would rather bring your own.

## Other FAQs

Here are answers to some other questions we have been asked:

### ***Is the site fully accessible?***

Every bedroom and meeting room that we will be using is either on the ground floor or can be reached by lift.

### ***Is there wi-fi?***

There is free wi-fi throughout the site, so you can sit and work or read in your rooms or in the lounge areas.

### ***Will I be able to watch the World Cup games over the weekend?***

We won't be showing the match on Friday night as it clashes with our service and dinner, but the matches on Saturday will both be shown in one of the meeting rooms

### ***What if I am only able to come for some of the weekend?***

This is fine, but please let us know when you will be arriving so we can make sure that there is someone to welcome you. Please email us your plans [sam@alyth.org.uk](mailto:sam@alyth.org.uk)

### ***I need a fridge for my medication – can this be arranged?***

Yes – just let us know by emailing [sam@alyth.org.uk](mailto:sam@alyth.org.uk)

### ***How will I know what is going on?***

We will send out a full programme a few days before the weekend, as well as having copies in your welcome packs. The programme is full of inspiring and diverse sessions, but remember that you don't have to join in with anything that doesn't appeal - it is OK to stay in the lounge areas and relax, or to walk in the grounds, or to drink in the bar in the evenings.

### ***There's a bar?***

The bar will be open in the evenings. Alcoholic drinks are not included in the price of the weekend. Please note that the site is cash free.

### ***I'm getting excited now, and want to see more...***

There is a virtual tour and more information about the venue here:

<https://www.cct.org.uk/high-leigh/high-leigh-conference-centre>

On the website, you will see that High Leigh is run by a Christian charity, but it does not have visible Christian iconography and is often used by other groups.

### ***I have more questions...***

Just email us - [sam@alyth.org.uk](mailto:sam@alyth.org.uk) – and we will do our best to find out the answer.

We will be sending another update next week, so will also include more answers to questions then.

### ***What if I have a problem when I am on the way?***

We will have a special Weekend Away contact number throughout the weekend:

07525 118703