

# Around Alyth

October 2022



## THE HIGH HOLY DAYS IN OCTOBER

### KOL NIDRE (TUESDAY 4 OCTOBER) / YOM KIPPUR (WEDNESDAY 5 OCTOBER)

For more information please [click here](#) to see the Yom Kippur full guide.

#### Machzorim

On Yom Kippur we will be using the 1985 machzor. We have a very limited stock of spares to lend out - if you have copies that you are happy to lend to others, please bring these to Alyth over the next few days. If you would like them returned to you, please ensure that they are named.

### SUKKOT (9/10 OCTOBER) / SIMCHAT TORAH (16/17 OCTOBER)

See inside for all Sukkot and Simchat Torah services and activities.

Mazal Tov to our Chatan Torah, Mark Harris, and to our Kallat Bereshit, Harriet Radley.

## Save the dates in November

### NEW MEMBERS' BREAKFAST (Saturday 5 November, from 09:15)

We are delighted to have welcomed over **200 new members since Rosh Hashanah 2021**. Thank you for being with us. If you have recently joined the community, please join us for breakfast before the service on Shabbat morning 5 November. This will be an opportunity to meet one another and members of the Alyth team and lay leadership, followed by a choice of services.

### COMPOSER IN RESIDENCE: STEPHEN GLASS (Thursday 17 to Sunday 20 November)

We are delighted to welcome Stephen Glass for an extended weekend of learning and singing together. Stephen is an internationally renowned composer and director of choirs. The weekend will include: a **panel performance and discussion on Thursday evening**, exploring the history, diversity, and importance of Jewish liturgical music; a **special Shabbat morning service**, as we celebrate our choral musical tradition; and a **Sunday afternoon masterclass-in-concert** celebrating the diversity of musical traditions that has defined Alyth's prayer life over the last 90 years and will do so into the future.

This event is the first in a series of **Alyth Composers and Songwriters in Residence**, a programme made possible in memory of Raymond and Joy Goldman.

## Alyth Weekend Away Friday 2 - Sunday 4 December

*"The weekend away changed our lives. Each member of our family found a way to connect with other people in our community. For me it was partly the learning, but mainly getting to know people over a coffee and a drink in the bar".*

**Join us for the long awaited fifth Alyth Weekend Away.**

**Taking place at the beautiful High Leigh Conference Centre in Hoddesdon, about an hour from Alyth by car. We have exclusive use of the site, with a full programme for adults and children, with plenty of time just to be together.**

We recognise that household budgets may be stretched this winter. Please do not allow finances to be a reason not to attend the Weekend Away. The Clergy Jewish Participation Fund is a confidential fund, the purpose of which is to support all Alyth members in having the richest possible Alyth life.

Contact [sam@alyth.org.uk](mailto:sam@alyth.org.uk) for more information or to book your place or visit [www.alyth.org.uk/weekendaway2022](http://www.alyth.org.uk/weekendaway2022).

## EREV SHABBAT SERVICES

In-Person and Online every Friday at 18:30

### *Erev Shabbat Service (Fridays 7, 14, 21, 28 October)*

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning.

## SHABBAT MORNING SERVICES

In-Person and Online every Saturday

### *Saturday 1 October*

#### **Shabbat Morning Service, 10:30**

A Shabbat Morning service led by Rabbi Hannah and Rabbi Josh. Including the B'not Mitzvah of Natalie Brodtkin and Sophie Simmons.

### *Saturday 8 October*

#### **Shabbat Morning Choral Service, 10:30**

Led by Rabbi Elliott with the Alyth choir. Including the Bar Mitzvah of Joshua Clare.

#### **Kollot, 10:30**

Our informal, unaccompanied, participatory minyan.

### *Saturday 15 October*

#### **Shabbat Morning Service with the Sukkot Sleepout, 10:30**

A special service for those who have slept out over night. The whole community is invited to join us.

#### **Shabbat Morning Service, 10:30**

Led by Student Rabbi Nicola Feuchtwang.

### *Saturday 22 October*

#### **Shabbat Morning Choral Service, 10:30**

Led by Cantor Tamara with the Alyth choir. Including the Bar Mitzvah of Sacha Gayer.

#### **Imrei Finu Service, 10:30**

An informal, guitar led service with new and familiar melodies, including an informal Torah study in place of a Torah service.

### *Saturday 29 October*

#### **Shabbat Morning Service, 10:30**

Led by Rabbi Hannah and Rabbi Elliott.

#### **Well being Service, 10:30**

Our occasional service in which we have the opportunity to reflect on our own well being with prayer, song, and readings.

Led by Lynette Chazen.

## SUNDAY SHACHARIT

Sundays 2, 9, 16, 23, 30 October (09:00)

Our lay-led minyan with bagel breakfast, led by Alyth members.

## BABY DEN

Fridays 7, 14, 28 October (10:30)

Chug-a-lug into Shabbat. Sing your favourite Baby Den songs, dance to a Shabbat beat and wave to some familiar faces. For families with Young Children.

# Sukkot at Alyth

## **Sukkah Building: Cocktails and Canapés**

*Saturday 8 October, 19:00-20:00*

Join Cantor Tamara and Sam for cocktails and canapés as we build our Sukkah. We especially invite some of our 500 plus 21-35 year olds. For catering purposes, please email [sam@alyth.org.uk](mailto:sam@alyth.org.uk) to let us know you are attending.

## **Sukkah Decorating Morning**

*Sunday 9 October, 10:00-12:00*

Our Sunday Morning Galim programme will include decorating the Sukkah. Members are welcome to join us between 11:30-12:00 to decorate and shake a Lulav.

## **Erev Sukkot Service**

*Sunday 9 October, 18:30*

We start Sukkot with gentle and uplifting service.

## **Sukkot First Day Services**

*Monday 10 October from 10:00*

### **Sensory Sukkot (10:00-10:45)**

A special Sukkot version designed to stimulate your babies' senses in the first years of their life.

### **Choral Service (10:15)**

An opportunity to sing together from our choral repertoire, including Hallel.

### **Gesher (11:15-12:15)**

A special version of our musical family service for those too old for Sensory and too young for Big Bang.

### **Loiter with Purpose**

Led by our Youth & Education Hub, come and hang-out where there will be fun and chilled activities.

## **Weekday Sukkot Service**

*Thursday 13 October, 8:30*

A Shacharit service led from the Sukkah, including a Torah Service, Hallel and the shaking of the lulav.

## **ThursWAY: Sukkot Tea**

*Thursday 13 October, 16:00-17:00*

See the Youth and Education page for information.

## **Sukkot Baby Den**

*Friday 14 October, 10:30*

A special Sukkot version where we will dance to a Sukkot beat. For families with Young Children.

## **Sukkot Sleepout**

*Friday 14 - Saturday 15 October*

Sleepout and raise money for Together in Barnet, who run the only night shelter in Barnet. [Click here](#) to sign up. For School Years 4-8.

## **Shabbat Morning Service with the Sukkot Sleepout,**

*Saturday 15 October, 10:30*

A special service for those who have slept out over night. The whole community is invited to join us.

## **Shabbat Morning Service,**

*Saturday 15 October, 10:30*

Led by Student Rabbi Nicola Feuchtwang.

# Simchat Torah at Alyth

## **Erev Simchat Torah Service**

*Sunday 16 October, 18:30*

We start Simchat Torah with an uplifting service, including hakafot and Israeli Dancing suitable for all the Alyth community.

## **Simchat Torah Morning Services**

*Monday 17 October*

### **Community Shacharit Service (10:15)**

A special service for the whole community. With an area for children so that our youngest members can be with us before their own special Torah service which will take place after the Hakafot and dancing. There will be a Yizkor service taking place after the Torah Service.

**Please join us after the service for an extended Kiddush as we wish Mazal Tov to our Chatan Torah, Mark Harris, and to our Kallat Bereshit, Harriet Radley.**

## Judaism the Essentials

Tuesdays 11 & 18 October, 20:00-21:00

Our regular introduction to Judaism class taught by our clergy with Jon Epstein. Essentials is the perfect class for those coming to Judaism for the first time, or looking to consolidate the learning of a lifetime - or anywhere in between.

**11** Sukkot and Simchat Torah

**18** Looking back over the High Holy Days

Please contact Rabbi Hannah ([hannah@alyth.org.uk](mailto:hannah@alyth.org.uk)) for more information about this programme. New students are always welcome.

## Pardes - Rabbis who kill with their eyes

Thursdays 13, 20, 27, 13:00-14:00

Over three weeks, join Rabbi Elliott in studying three Talmudic stories in which different rabbis kill people with their eyes – reducing them to just a pile of bones. Such stories reveal much to us about the sensitivity of the rabbinic ego, and what it meant to trust in the words of the Sages.

## Adult Hebrew

### Intensive Hebrew Reading Course

Tuesdays 11 & 18 October 19:00-19:45

An intensive Hebrew course running for eight weeks, aimed to help beginners learn the Hebrew alphabet and the basic decoding skills needed to read. Taught by Alyth member Jan Roseman.

Contact [sam@alyth.org.uk](mailto:sam@alyth.org.uk) for more information.

### Hebrew Reading Course

Tuesdays 11 & 18 October 20:00-20:45

A short course, running for eight weeks, aimed to help those already proficient in Hebrew reading to continue to develop their skills. Taught by Alyth member Jan Roseman.

### Biblical Hebrew

Sundays 2, 9, 16, 23, 30 October 11:00-12:00

A programme for those with high level Hebrew reading ability. Email [edwardjgold@hotmail.com](mailto:edwardjgold@hotmail.com) if you would like to join this class so that you can be sent the link and materials in advance.

## Talk Together: This Years High Holy Day Services

Monday 7 November, 19:00-21:00

This year over 2,000 Alyth members from ages 0 to 100 joined us for a wide range of High Holy Day services in four different Alyth venues. We're keen to begin a conversation, convened by our Chair of Trustees Justin Wise, about the diverse range of experiences involved, in a way that helps everyone learn from one another.

We invite you to join us at an evening of sharing experiences, open to everyone, on the evening of Monday 7 November, with food at 19:00 and conversation from 19:30-21:30.

We encourage you to join us whether you had an experience you loved or one you would have liked to be different. We also welcome impressions and experiences from those of you who can't be with us on the evening. If you would like to take part, either by joining the evening or by sharing your experience please register your interest by [clicking here](#).

## Regular Activities

### Monday Club

*Mondays 3, 10, 17, 24, 31 October 19:00-20:30*

A friendly in-person meeting place for people with learning disabilities. For more information or to let us know that you will be attending, please email [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Alyth Choral Society

*Tuesdays 11 & 18 October, 20:00-22:00*

For Choral Society Members only. Go to [www.alythchoralsociety.org](http://www.alythchoralsociety.org) for more information.

### Mellow Chair Yoga for All Ages

*Thursdays 6, 13, 20, 27 October 11:00-12:00*

Our special Chair Yoga and Meditation with Maxine, open to all ages wishing to enhance overall mental and physical wellbeing.

[Click here](#) to register and pay for the class.

### Choir Rehearsal

*Sunday 2 October*

Rehearsing repertoire for the High Holy Days.

*Saturdays 8 & 22 October, 9:15-10:15*

Rehearsing Alyth's choral repertoire for Shabbat Services.

## Monthly Activities

### Shabbat b'Yachad Lunch

*Saturday 1 October, 12:30*

As part of the Alyth Friendship Project we are pleased to welcome you for a Shabbat lunch after the service. Join us following the morning Service for a delicious lunch and good company.

### Alyth Book Club

*Monday 3 October, 18:30-19:30*

This month's book is "Great House" by Nicole Krauss, [click here](#) for information about the book. The date of the next book club is 7 November.

### Alyth Cycling Community Bike Ride

*Sunday 9 October, 08:15*

This month's ride is called "The Spirit of Community Ride" and is a gorgeous leisurely countryside route, including coffee and lunch stops. This month's ride is in support of World Jewish Relief.

### Singing for Pleasure

*Sunday 16 October, 15:30-16:30*

Join Viv and sing songs from the shows, Israeli folksongs, songs from the 60s and more. No need to audition, read music or feel intimidated.

### Jewish Mindfulness and Meditation (online)

*Fridays 7, 14, 21, 28 October 17:00-18:00*

Jewish Mindfulness Meditation helps us to open our hearts and find peace through our spiritual heritage. [Click here](#) to make a donation towards the costs of employing the facilitators.

## The Alyth Social Mondays at 14:00 – 16:00

Our new Monday afternoon social. Join us for an afternoon of entertainment, discussion, lovely homemade tea and great company! Annual Membership: £25 per person members; £30 per person non-members; Weekly donation: £3.50 per person members; £5.00 per person non-members. Contact Lynette for more information.

**3 October**

**To Dance:** Lorna Cohen in conversation with former ballet dancers Jane Sanig & Brian Bertscher

**24 October**

**Luke Lally-Maguire:** Pianist from the Guildhall School of Music

**31 October**

**The Mysteries of Sleep and How to Sleep Demystified!:** with Hugh Selsick, Consultant in Psychiatry and Sleep Medicine

## Weekly Learning

### SMG

*Sundays 2, 9, 16 October (10:00-12:00)*

Our experiential Jewish education programme for Reception to Year 6. [Click here](#) to enrol into SMG. SMG provides our youngest members the opportunity to explore their Jewish identity by exploring a curriculum of key Jewish behaviours and rituals and core Jewish texts.

### Ruach 1 - 4

*Fridays 7, 14, 21 October (17:15-19:30)*

Ruach is our pre Bar/Bat Mitzvah programme delivered by our wonderful team of madrichim (youth leaders). Participants get to explore their Jewish identity through the lens of community. Participants will be able to enter Alyth from 16:30 for Drop-In and are expected to stay for the Erev Shabbat Service, finishing at 19:30.

## ThursWAY: Sukkot Tea

Thursday 13 October, 16:00-17:00

Join us for a special Sukkot ThursWAY filled with fruit and harvest themed activities, a delicious tea, and the shacking of the Lulav.

## Drama Activities

### Alyth Children's Theatre (ACT)

*Thursdays 6, 13, 20 October (17:00-18:15)*

Our drama group for Primary School aged children. The group rehearse all year and then perform the show in June 2023.

[Click here](#) to register.

### Academy of Performing Arts

*Sunday 2 October (18:00-20:00)*

Academy has been a feature of the Alyth calendar for Secondary School aged children for over 20 years. The end of year production takes place over the early May bank holiday weekend.

[Click here](#) to register.

## Year 10 Hadracha

Tuesdays 11 & 18 October

Our new Year 10 cohort comes together for our leadership programme. Contact [ella@alyth.org.uk](mailto:ella@alyth.org.uk) for more information.

## Budapest Trip (for School Year 8)

Monday 24 - Thursday 27 October

Our Year 8s trip to Budapest starts with a chavurah supper on Friday 21 October after the Erev Shabbat service.

# OCTOBER AT A GLANCE

## MONDAY 3 OCTOBER

The Alyth Social (14:00)

Alyth Book Club (18:30)

Monday Club (19:00)

## TUESDAY 4 OCTOBER

🕊 Kol Nidre

## WEDNESDAY 5 OCTOBER

🕊 Yom Kippur

## THURSDAY 6 OCTOBER

Mellow Chair Yoga (11:00)

Alyth Children's Theatre (17:00)

## FRIDAY 7 OCTOBER

Baby Den (10:30)

Jewish Mindfulness Meditation (17:00)

Ruach (17:15)

Erev Shabbat Service (18:30)

## SATURDAY 8 OCTOBER

Choir Rehearsal (9:15)

Shabbat Morning Service (10:30)

Kollot (10:30)

Sukkah Building Cocktails and Canapes (19:00)

## SUNDAY 9 OCTOBER

Alyth Cycling Community (8:15)

Sunday Shacharit (9:00)

Sukkah Decorating (10:00)

SMG (10:00)

Biblical Hebrew (11:00)

🕊 Erev Sukkot Service (18:30)

## MONDAY 10 OCTOBER

🕊 Sensory Sukkot Service (10:00)

🕊 Sukkot Service (10:15)

🕊 Geshet Sukkot Service (11:00)

Monday Club (19:00)

## TUESDAY 11 OCTOBER

Year 10 Hadracha (18:00)

Intensive Hebrew Reading Course (19:00)

Judaism The Essentials (20:00)

Hebrew Reading Course (20:00)

Alyth Choral Society (20:00)

## THURSDAY 13 OCTOBER

Mellow Chair Yoga (11:00)

Pardes (13:00)

Sukkot ThursWAY Special (16:00)

Alyth Children's Theatre (17:00)

## FRIDAY 14 OCTOBER

Baby Den (10:30)

Jewish Mindfulness Meditation (17:00)

Ruach (17:15)

Erev Shabbat Service (18:30)

## SATURDAY 15 OCTOBER

Shabbat Morning Service with the Sukkot

Sleepout (10:30)

Shabbat Morning Service (10:30)

## SUNDAY 16 OCTOBER

Sunday Shacharit (9:00)

SMG (10:00)

Biblical Hebrew (11:00)

Singing for Pleasure (15:30)

🕊 Erev Simchat Torah Service (18:30)

# OCTOBER AT A GLANCE (CONTINUED)

## MONDAY 17 OCTOBER

🚪 **Simchat Torah Morning Services** (from 10:00)  
Monday Club (19:00)

## TUESDAY 18 OCTOBER

**Year 10 Hadracha** (18:00)  
**Intensive Hebrew Reading Course** (19:00)  
**Judaism The Essentials** (20:00)  
**Hebrew Reading Course** (20:00)  
Alyth Choral Society (20:00)

## THURSDAY 20 OCTOBER

Mellow Chair Yoga (11:00)  
**Pardes** (13:00)  
**Alyth Children's Theatre** (17:00)

## FRIDAY 21 OCTOBER

**Ruach** (17:15)  
**Erev Shabbat Service** (18:30)

## SATURDAY 22 OCTOBER

Choir Rehearsal (9:15)  
**Shabbat Morning Choral Service** (10:30)  
**Imrei Finu Service** (10:30)

## SUNDAY 23 OCTOBER

**Sunday Shacharit** (9:00)  
**Biblical Hebrew** (11:00)

## MONDAY 24 OCTOBER

The Alyth Social (14:00)  
Monday Club (19:00)

## TUESDAY 25 OCTOBER

Young Adult Focus Group (19:30)

## THURSDAY 27 OCTOBER

Mellow Chair Yoga (11:00)  
**Pardes** (13:00)

## FRIDAY 28 OCTOBER

**Baby Den** (10:30)  
**Jewish Mindfulness Meditation** (17:00)  
**Erev Shabbat Service** (18:30)

## SATURDAY 29 OCTOBER

**Shabbat Morning Service** (10:30)  
**Well Being Service** (10:30)

## SUNDAY 30 OCTOBER

**Sunday Shacharit** (9:00)  
**Biblical Hebrew** (11:00)

## MONDAY 31 OCTOBER

The Alyth Social (14:00)  
Monday Club (19:00)