



To pray. To learn. To live. Together.

**ROSH
HASHANAH
5783**

GUIDE TO ROSH HASHANAH AT ALYTH

After the challenges of the last two years, it is with great joy that we are once again able to gather as a community to pray, study and reflect together.

Our programme of services and sessions for this year has been created to reflect the diversity of the Alyth community. There will be choral, Kollot, reflective and family services, as well as study and mindfulness sessions, and a full programme run by our Youth and Education Team.

As every year, we invite you to plan your own journey through the High Holy Days.

If you need guidance, please contact us by calling 020 8455 6763 or emailing sam@alyth.org.uk.

WHERE ARE SERVICES TAKING PLACE THIS YEAR? WHY IS THIS DIFFERENT TO PREVIOUS YEARS?

This year, we will once again offer activities in the Marquee and Manor House at the Sternberg Centre, as well as making full use of available areas of the Alyth building.

PLEASE NOTE: SERVICES AND SESSIONS WILL NOT NECESSARILY TAKE PLACE IN THE SAME LOCATIONS AS IN PREVIOUS YEARS.

THIS INCLUDES BOTH CHORAL AND KOLLOT SERVICES.

There are a number of reasons that we are experimenting this year.

On a practical level, this year we only have two large spaces available to us - the marquee and Alyth's Beit Tefillah. The community has grown and evolved over the last few years to such an extent that we now have three large services that need to share these two spaces. We have therefore had to move one of the Choral and Kollot services back to Alyth - one on Rosh Hashanah and one on Yom Kippur. This will also mean that diverse services will take place in the Beit Tefillah, in which we have invested heavily in high-quality technology for online provision.

Limitations on space mean that we have also had to split the family services over three age-based sittings, introducing a large 'all-families' service on Yom Kippur afternoon in the marquee. This will also allow more of our community to access the Marquee. Last year we received positive feedback from those who have previously been in other locations about the opportunity to pray in the marquee. It feels important to try this again this year.

PLEASE LOOK CAREFULLY AT THE PROGRAMME TO ENSURE THAT YOU ATTEND THE STYLE OF SERVICE THAT BEST MEETS YOUR NEEDS.

LOCATION KEY

Services and Sessions in green take place at Alyth Synagogue (NW11 7EN)

Services and Sessions in dark blue take place at The Sternberg Centre (N3 2SY)

Services and Sessions in light blue are for families and our younger members

WHAT DO I NEED TO BRING?

On Rosh Hashanah, we will be using a draft of the new Reform Judaism Machzor, which will be provided at services. If you are joining the services online, you can pick up a machzor from the Alyth office between 10:00-16:00 Monday to Friday, or view it online [here](#).

Download supplements from the Alyth website by [clicking here](#). These will be available for Rosh Hashanah from the afternoon of Friday 23 September.

GUIDE TO ROSH HASHANAH AT ALYTH

JOINING OUR HIGH HOLY DAYS FROM HOME

While many of us are able to join together in person this year, it remains important that we also offer an extensive online programme for those who are not able to join us at Alyth or the Sternberg Centre. For a significant number of our members, in-person attendance is still not possible, and over the last few years we have also found new friends and members around the world.

All services and activities can be joined via Zoom using the links in this booklet. If you are unable or prefer not to use Zoom, then the “Zoom screen” from services can also be seen via our YouTube channel (www.youtube.com/c/AlythRS).

The services taking place in the Beit Tefillah offer the best quality zoom experience, including sound. On Rosh Hashanah, this will be our Choral service, and on Yom Kippur morning, our Kollot service. In these services, you can also join the praying community ‘in the room’ by showing yourself on the screens in the Beit Tefillah.

We invite you to begin your services with our “Kavannot of preparation at home” before logging on.

YOUTH & EDUCATION HUB ACTIVITIES

Young people in Reception to School Year 8 are invited to join our Youth and Education Hub in the Manor House for a rolling programme of arts and crafts, drama, music and much more.

Staffed by our trained madrichim (youth leaders) this area will be a safe space for your children to engage with the High Holy Days.

Please note: All those in School Year 8 and younger will need to be signed in and out of the Manor House space. When in the care of the Alyth Youth and Education team we will ask our members to wear an Alyth wristband so that they are recognisable as Alyth members.

The Youth and Education Hub will have responsibility for children when they are in the Manor House space under their care, but all children are the responsibility of their parents/carers when moving around the Sternberg Centre site.

EREV ROSH HASHANAH SUNDAY 25 SEPTEMBER

EREV ROSH HASHANAH SERVICE (18:00)

Alyth: Beit Tefillah

We start the Yamim Noraim as one community. As it is Sunday evening, we are starting our services slightly earlier than normal to allow members to come to shul before dinner.

Join our clergy team for this music-filled beginning to the year.

The D'var Torah to begin this year's High Holy Days will be given by Cantor Tamara.

[Click here](#)

to join on Zoom
841 2069 4814
785089

ROSH HASHANAH MORNING MONDAY 26 SEPTEMBER

A choice of three services, reflecting the diverse prayer needs of our community.

Three age-appropriate family services.

A Youth and Education Hub space for young people to gather, be creative and learn.

SERVICES

ROSH HASHANAH CHORAL SERVICE (10:15)

Alyth: Beit Tefillah

Our choral service with the beautiful sound of the Alyth choir will be taking place at Alyth on Rosh Hashanah morning. This service will also be streamed into the Kindergarten for those who need to step away to another space.

[Click here](#)

to join on Zoom
814 8030 9634
785089

KOLLOT SERVICE WITH KIDS CORNER (10:15)

Sternberg Centre: Marquee

Our informal, unaccompanied, participatory service which takes place in the round, largely in Hebrew, and encourages communal singing.

The marquee will include a supervised area for children so that parents can enjoy the opportunity to pray. Those attending our family services are welcome to come in and out of Kollot before or after other services they will attend.

[Click here](#)

to join on Zoom
853 2434 7773
421248

The sermon, which will be given by Rabbi Colin, will be given in both the Kollot and Choral services.

POETRY SHACHARIT (10:15)

Alyth: New Meeting/Prayer Space

A reflective contemplative service in which we interweave the traditional Rosh Hashanah liturgy with poetry inspired both by the day itself and our core Torah reading – the story of the Binding of Isaac – as well as moments of silence in which to reflect on what we have heard.

Led by Rabbi Elliott.

This will finish in time to join the Choral service for the Torah Service and sermon.

[Click here](#)

to join on Zoom
886 9735 9372
189987

FAMILY SERVICES

All Family Services will take place in the Old Synagogue at the Sternberg Centre. Families are welcome to come in and out of the Kollot service, where there is a supervised kids' corner. We ask that you please respect the needs of the praying community when entering and exiting from the marquee.

ROSH HASHANAH SENSORY (09:30-10:15)

Sternberg Centre: Old Synagogue

Join Rabbi Hannah, Ella and the dungareenees for a Rosh Hashanah experience designed to stimulate your babies' senses in the first years of their life.

Based on our sensory Shabbat and den services, you and your baby can touch, see, smell, hear and taste your way through the service.

GESHER SERVICE (10:45-11:30)

Sternberg Centre: Old Synagogue

If your child feels too old for Sensory Shabbat, but Big Bang felt too grown up, join us for a special Rosh Hashanah version of our new family service 'Gesher'. This service has been designed to bridge the gap between our two family prayer spaces, so that your child can grow through tefillah that works for them. This service will bring the familiar Shabbat melodies alongside special High Holy Day tunes, making it accessible for your children.

With Rabbi Hannah, Ella and the Gesher Guitarists.

ROSH HASHANAH BIG BANG (12:00-13:15)

Sternberg Centre: Old Synagogue

The Big Bang is Alyth's world famous, participative musical tefillah experience for all the family. Enjoy the joyful sounds of our annual Rosh Hashanah Big Bang with Rabbi Hannah and the Big Bang musicians.

Please feel free to go into the Sternberg Centre Old Synagogue Annexe after the services.

YOUTH & EDUCATION HUB ACTIVITIES

Sternberg Centre: Manor House

Young people in Reception to School Year 8 are invited to join our Youth and Education Hub in the Manor House for a rolling programme of arts and crafts, drama, music and much more. Staffed by our trained madrichim (youth leaders) this area will be a safe space for your children to engage with the High Holy Days.

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[Click here](#)

to join on Zoom
810 0186 8457
311220

[Click here](#)

to join on Zoom
880 6633 2339
311220

ROSH HASHANAH AFTERNOON MONDAY 26 SEPTEMBER

THE TASHLICH TREASURE HUNT (15:30)

The Heath Extension

Tashlich is a special ritual for Rosh Hashanah afternoon in which we cast our sins into flowing water. Find members of the Alyth staff team, dotted around the heath, to collect the things you need to do your own Tashlich service. You can start with your group anytime between 15:30–16:30. Here's the first clue to get you started...

[Begin on the corner of Wildwood and Hampstead Way where you'll find a member of the Alyth staff team...]

Follow the smallest path in front of you that leads you through the trees.

Enter the clearing.

Ahead you'll see two paths either side of a cluster of trees.

If you were in a boat at sea, you'd steer to the port path.

Once past the trees, spy the sky-pointing spire and walk towards it.

Count the benches and go to the one that shares a number with the creation of the world.

Here you'll meet an Alyth face to give you an item you need.

EREV SECOND DAY ROSH HASHANAH MONDAY 26 SEPTEMBER

EREV ROSH HASHANAH SERVICE (18:30)

Alyth: Beit Tefillah

A gentle service to bring in the second day of Rosh Hashanah.

[Click here](#)

to join on Zoom
822 5868 1437
785089

SECOND DAY ROSH HASHANAH TUESDAY 27 SEPTEMBER

We join as a whole community together at Alyth for prayer, Torah and shofar. Our Shacharit will bring us together as one community, before we split into smaller groups, reflecting the diverse needs of different Alyth members.

COMMUNITY SHACHARIT SERVICE (10:15)

Alyth: Beit Tefillah

A special service for the whole community. With an area for children so that our youngest members can be with us before their own special Torah and Musaf service.

Please note the slightly earlier start time than for Shabbat services.

A choice of Two Torah Service options:

FAMILY TORAH AND MUSAF SERVICE (11:15)

Alyth: Kindergarten

Join a special Torah procession out of the sanctuary for an immersive telling of the story with activities to help you explore what Hagar and Ishmael are teaching us. Followed by the sounds of the Shofar as we sing our way through a Musaf for the whole family.

TORAH SERVICE AND SERMON (11:15)

Alyth: Beit Tefillah

The sermon will be given by Student Rabbi Nicola Feuchtwang.

Followed by a choice of three Musaf options:

CHORAL MUSAF SERVICE (12:00)

Alyth: Beit Tefillah

The service continues in the Beit Tefillah with a choral Musaf service with the beautiful sound of the Alyth choir. Including the sound of shofar.

IMREI FINU MUSAF SERVICE (12:00)

Alyth: New Meeting/Prayer Space

A guitar led service with new and familiar melodies which will include sung passages for the Malchuyot, Zichronot and Shofarot. Including the sound of shofar.

Led by Rabbi Josh.

TORAH LISHMA: LISTENING TO THE RIGHT VOICE (12:00)

Alyth: Meeting Room

Our Torah reading this year for 2nd day Rosh Hashanah is the chapter which precedes the Akedah – in which jealousy prompts Sarah to insist that Hagar and Ishmael are sent away. Is a permanent family feud inevitable? Join Student Rabbi Nicola to look at texts which explore different possible outcomes of this story – and their relevance to our own attempts at repentance and reconciliation.

[Click here](#)

to join on Zoom
814 7331 0879
785089

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814 7331 0879
785089

[Click here](#)

to join on Zoom
867 2909 1394
998048

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850 8233 0633
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