Shabbat Balak 10 Tammuz 5782 / 8-9 July 2022

Erev Shabbat

18:30 Erev Shabbat Service (in the Beit Tefillah)

Led by Cantor Tamara and Rabbi Elliott

Shabbat Morning

09:15 Shabbat Morning Shiur (in the meeting room)

We are delighted to welcome Rabbi Jonathan Magonet to talk about his new book, on the topic of how and when Moses knew that he was a Hebrew. Hosted by Rabbi Elliott.

10:30 Shabbat Morning Service (in the Beit Tefillah)

Led by Rabbi Elliott and Cantor Tamara
Our Torah potion is Numbers 22:2-20, read by Ethan Gerrard
The sermon will be given by Cantor Tamara

July Dates for your Diary

Saturday 16 July, 12:15

Family Lunch

Following our Gesher service in the morning, join us for a Shabbat lunch before everyone heads off for the summer. This will be a chance to get to know families with similar aged children and to spend time with the Alyth Clergy. Please let us know you are coming by signing up through the Alyth website.

Saturday 16 July, 15:30

Young Adults Pimms and Pizza

Join the Alyth clergy and their infamous pizza ovens for an afternoon of Pimms, Pizza and Pondering! This is an informal opportunity for people to meet one another and talk about what you would like from the Alyth community and how we can build together. Please let us know you are coming by signing up through the Alyth website.

Sunday 17 July, 10:30

General Meeting of Congregants to approve subscriptions

We are delighted to invite Alyth members to a breakfast with the trustees followed by a General Meeting of Congregants to approve the levels of subscriptions for the coming year. Please register your attendance on the Alyth website.

Monday 18 July, 18:30

Parents and Daughters Pre-Summer Evening

A special evening for parents and daughters about to go away on camp or tour over the summer, following the effects of the lockdowns of last year. All spaces will be confidential. Please let us know you are attending by signing up through the Alyth website.

Monday 18 July, 19:30 Alvth Open Air Film Club

The Alyth Film Club returns with a summer outdoor screening of Israeli award-winning 'Broken Wings' (2003). Daphne and her four children try to cope with the abrupt death of her husband and their father. As the family seems to fall apart, a sudden incident gives them a chance to heal their 'broken wings'. Followed by discussion with Rabbi Elliott.

Sunday 24 July, 12:30

Lunch for members hosting Ukrainian Refugees

Are you hosting a Ukrainian refugee? Have you been matched and waiting for someone to arrive? Join us for a bagel brunch and share the challenges and joys you have experienced so far, and discuss how hosts from Alyth might be able to support each other.

Tuesday 26 July, 11:00

British Museum Trip: 'Feminine Power from the Divine to the Demonic'

A special trip to the British Museum to visit the special exhibition on 'Feminine Power from the Divine to the Demonic', followed by lunch and reflection on the exhibition and its relevance to our Jewish lives. Please sign up through the Alyth website.

Additional Songs and Readings for Shabbat

Ma Tovu

Words: Numbers 24:5

ַמַה־טֹבוּ אֹהָלֵיךְ יַעֲקֹב. מְשִׁכְּנֹתֵיךְ יִשְׂרָאֵל:

How good are your tents, O Jacob, and your homes, O Israel! Mah tovu ohalecha ya'akov, mishk'notecha yisra'el.

Yah Ribbon

Words: Rabbi Yisrael Najara

Music: Josh Warshawsky

יָהּ רְבּוֹן עָלַם וְעָלְמַיָּא. אַנְתְּ הוּא מַלְכָּא מֱלֶךְ מַלְכַיָּא: עוֹבַד גָּבוּרְתֵּךְ וִתְמָהַיָּא. שַׁפִּיר קָדָמָךְ לְהַחֲוַה:

Sovereign of the world and timeless master, You rule above all rulers we obey. Many deeds of Your might, and Your wonders, it delights You to display.

Yah ribbon, yah ribbon alam, v'almaya, ant hu malka ant hu malka melech malchaya x2 Yah ribbon alam, v'almaya, ant hu malka melech malchaya Ovad g'vurteich v'timhaya, shappir kodamach l'hachavayah x2

L'chu n'rann'nah

Words: Psalm 95:1-3

Music: Chasen

לְכוּ, נְרַנְּנָה לֵיהוָה; נָרִיעָה, לְצוּר יִשְׁעֵנוּ נְקַדְּמָה פָנָיו בְּתוֹדָה; בִּזְמָרוֹת, נָרִיעַ לוֹ כִּי אֵל גַּדוֹל יִהוָה; וּמֵלֵךְ גַּדוֹל, עַל-כָּל-אֵלהִים

Come let us sing out to the Eternal, call out to the rock of our safety. Let us come before God with thanks, call out to God with psalms. For the Eternal is almighty God, a mighty ruler beyond all gods. L'chu n'rann'nah ladonai, nari'ah l'tsur yish'einu. N'kadd'mah fanav b'todah, bizmirot nari'a lo. Ki eil gadol Adonai, umelech gadol al kol Elohim.

Blessing on lighting Shabbat candles

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קְדְשֶׁנוּ בְּמִצְוֹתָיו וְצָוְנוּ לְהַדְלִיק נֵר שׁל שׁבַּת

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy, and who commands us to light the Sabbath candles.

Baruch attah Adonai eloheinu melech ha-olam, asher kidd'shanu b'mitsvotav, v'tsivvanu l'hadlik neir shel shabbat.

Ana El Na

Words: based on Numbers 12:13

Music: Daphna Rosenberg and Naveh Agmon

אַנַא אַל נַא רפַא נַא לַהּ

Please God, please bring healing. Ana El na, r'fa na la

Od Yavo Shalom Aleinu

Music: Mosh ben Ari

עוֹד יָבוֹא שָׁלוֹם עָלֵינוּ וְעַל כַּלְּם: סַלַאם. עָלֵינוּ וְעַל־כַּל־הָעוֹלָם. סַלַאם סַלַאם

Peace will come to us, and everyone. Salaam, peace for us and for all the world, peace, peace.

Od yavo shalom aleinu x3, v'al kulam.

Salaam, aleinu v'al kol ha-olam, salaam, salaam. X2

Ozi v'zimrat yah

Words: Exodus 15:2 / Psalm 118:14

עָזִי וְזִמְרָת יָה וַיְהִי לִי לִישׁוּעָה

God the Eternal is my strength and song and has become my salvation! Ozi v'zimrat yah vay'hi li lishu'ah

Hineh Ma Tov

Words: Psalm 133:1

ָהְנֵּה מַה־טּוֹב וּמַה־נָּעִים שֶׁבֶת אַחִים גַּם־יָחַד:

How good it is and how pleasant when brothers live in unity together. Hineh ma tov uma na'im shevet achim gam yachad

Torah portion for Shabbat Balak Numbers 22:2-20

בַּיַרָּא בָּלֶק בֶּן־צִפָּוֹר אֶת כָּל־אֲשֶׁר־עָשֶׂה יִשְׂרָאֵל לְאֱמֹרְי: גֹ וַיִּגָר מוֹאָב מִפְּנֵי הָעָם מְאָד כְּי רַבּ־הָוּא וַיָּקְץ מוֹאָב מִפְּנֵי בְּנֵי יִשְׂרָאֵל: דְּ וַיֹּאֹמֶר מוֹאָב אָל־זִקְנֵי מְדְיֹן עַתָּה יְלְחַכְּוּ הַקְּהָלֹ אֶת־כָּל־סְבְּיבֹּתִינּוּ כִּלְחָךְ הַשְּׁוֹר אֵת יֶרֶק הַשְּׁדָה וּבָלְקְ בְּן־צִפְּוֹר מֶלֶךְ לְמוֹאֶב בָּעַת הַהְוּא: הוִיִּשְׁלֵח מַלְאָכִים אֶל־בִּלְעָם בָּן־בְּעוֹר בְּלוֹר מֶלֶךְ לְמוֹאֶב בָּעַת הַהְוּא: הוִיִּשְׁלֵח מַלְאָכִים אֶל־בִּלְעָם בֶּן־בְּעוֹר בְּלְבְּ לְמוֹאֶב בְּעֵת הַהְוּא: הוִיִּשְׁלֵח מַלְאָכִים אֶל־בִּלְעם בָּן־בְּעוֹר הְאָבֶר עִלּה בְּעוֹר אָלֶרְץ וְהָוּא יִשָׁב מִמֵּלְי: יְוְעַתָּה לְּכָה־נָּא אֶרְה־לִּי אֶת־הָעְם הְּלֵּים הוּאֹ מִמֶּנִי אוּלֵל עַּבְּר יִיּאֶר: זֹ וַיִּלְכֹּוּ זִקְנֵי מוֹאָב וְזִקְנֵי מִדְיֹן וּקְסָמִים הָאֶל בְּיבְר יְיִבְּרְ מְבֹּלְה וְלָבוּ וֹיְבַּרְ אָלִיו דְּבְּרָי אֵלְי בְּלְבְי מוֹאָב וְיַבְּקְנִי מִדְיֹן וּיְסְסָּמִים הָאֵלְי בִינְיְבְּלְבוֹ וְיִבְּרְ אָרִי בְּלְקְם עָרְיבְּלְבוּ וֹיְבַּק עָם בִּלְעָם וֹיבִס אָר יִדְבֵּר יִי אֵלִי וּיְבְּבְין שְׂרִים מְלְכִּ בְּלְעָם וֹיבִס אֶל־בְּלְעָם בִּי בְּלְעָם בִייִבְעְם הְּבִּלְים וְיִבְּכִי מִוֹלְבוּ וְיִבְּיְרִים הְעָב בְּיוֹב וְיִבְּים הְאָל עִם וְיבָס אֶר יִדְבֵּר יִי אוֹלִי וּיִבְיבְי בְּלִין שְׁרִבּי מוֹאָב עִם־בּּלְעָם בִּילְה הָעָם הְלֹים בְּילִם מְלְבִים לְּאָל אוֹין דְּבְּבְיְ וְיִבְישְׁר וְיִשְׁה בְּלְים מִיבְּרְעם בִּילְה בְּוֹב לְאָב שְׁבְּיבְים וְיְכָס אָת־עִין בְּלְבּים לְאֹב לְעָם לְא תִלֶךְ עִּמְּב לְּי אוֹנִי שְׁבְּיב לְּיִב לְּיִבּי בְּלְים לְא תִלְרְ אִבְּיְים לְּעִבּי בְּיִבְעוֹם בְּיבְס לְּעם בְּיל אֹם אוֹיב בְּעוֹב לְיוֹב לְישְבּב בְּיבְּיל אְתִר בְּלְים בְּיוֹב בְילְם בְּילְב אְנִים לְא מְנֹם לְא תָּלְי אוֹיב לְעוֹם לְא תִלּל אְהֹבּל לְים בְּלְים בְּילְב בְּיוֹב וְיְכַס אְתְים בְּיוֹב בְיל אָם בְּיב בְּיוּב בְּיל אִר מִלְים בְּיל אְתוּים בְּיל אְם בְּלּים בְּלְים אוּבְיים וּיְכֹס אְתְב בְּעְבּים בְּיבְּבְּים בְּיוּבּים בְיכְּס בְּים בְּיבּב בְּבְיוּב בְּיבְּים בְּיבְב בְּיבְּבְים בְּבְּים בְּים בְּיוֹם בְּיבְם בְּיבְּבְם בְּיבְים בְּיבְם בְּ

² Balak son of Zippor saw all that Israel had done to the Amorites. ³ Moab was alarmed because that people was so numerous. Moab dreaded the Israelites, 4 and Moab said to the elders of Midian, "Now this horde will lick clean all that is about us as an ox licks up the grass of the field."Balak son of Zippor, who was king of Moab at that time, 5 sent messengers to Balaam son of Beor in Pethor, which is by the Euphrates, in the land of his kinsfolk, to invite him, saying, "There is a people that came out of Egypt; it hides the earth from view, and it is settled next to me. ⁶ Come then, put a curse upon this people for me, since they are too numerous for me; perhaps I can thus defeat them and drive them out of the land. For I know that whomever you bless is blessed indeed, and whomever you curse is cursed." ⁷ The elders of Moab and the elders of Midian, versed in divination, set out. They came to Balaam and gave him Balak's message. 8 He said to them, "Spend the night here, and I shall reply to you as the Eternal may instruct me." So the Moabite dignitaries stayed with Balaam. 9 God came to Balaam and said, "What do these men want of you?" 10 Balaam said to God, "Balak son of Zippor, king of Moab, sent me this message: 11 Here is a people that came out from Egypt and hides the earth from view. Come now and curse them for me; perhaps I can engage them in battle and drive them off." 12 But God said to Balaam, "Do not go with them. You must not curse that people, for they are blessed."

ֶּרֹ וַיֵּקֶם בִּלְעָם בַּבְּקֶר וַיּאמֶר אֶל־שָׁרֵי בָלֶּק לְכָוּ אֱל־אַרְצְכֶם כֻּי מֵאֵן יְיָּ לְתִתָּי לַהֲלָךְ עִמֶּכֶם: 'דּ וַיָּלְּוּמוּ שָׁרֵי מוֹאָב וַיִּבְאוּ אֶל־בָּלֵק וַיּאמְרוּ מֵאֵן בִּלְעָם הַלְּךְ עִמְנוּ: יוֹ וָיִּסְף עָוֹד בָּלֶק שְׁלְחַ שָּׂרִים רַבִּים וְנִכְבָּדֵים מֵאֵלֶה: יוֹ וַיָּבְאוּ אֶל־בִּלְעֶם וְיּאמְרוּ לֹוֹ כִּה אָמַר בָּלֶק בָּן־צְפּּוֹר אַל־גָא תִמָּנַע מְהַלֹךְ אֵלֶי: 'וֹ כִּי־כַבֵּד אָכַבֶּדְךְּ מְאֹד וְכָל אֲשָׁר־תִּאֹמַר אֵלָי אֱעֱשֶׂה וְּלְכָה־נָּא קָבָה לִּי אֻת הָעָם הַזְּה:

¹³ Balaam arose in the morning and said to Balak's dignitaries, "Go back to your own country, for the Eternal will not let me go with you." ¹⁴ The Moabite dignitaries left, and they came to Balak and said, "Balaam refused to come with us." ¹⁵ Then Balak sent other dignitaries, more numerous and distinguished than the first. ¹⁶ They came to Balaam and said to him, "Thus says Balak son of Zippor: Please do not refuse to come to me. ¹⁷ I will reward you richly and I will do anything you ask of me. Only come and damn this people for me."

יח וַיַּעַן בִּלְעָם וַיּאֹמֶר אֶל־עַבְדֵי בָלֶּק אִם־יִתֶּן־לֵי בָלֶק מְלָא בֵיתָוֹ כֶּפֶף וְזָהֶב לְאׁ אוּכַּל לַעֲבֹר אֶת־פִּּי יִי, אֱלֹהָי לַעֲשָּוֹת קְטַנָּה אָוֹ גְדוֹלֶה: יֹט וְעַתָּה שְׁבֹּוּ גֵּא בָזֶה גַּם־אַתֶּם הַלֵּיִלָה וְאַדְעָה מַה־יֹּפֵף יִי, דַבֵּר עִמְי: כֹּ וַיָּבֹא אֱלֹהָים וּ אֶל־בְּלְעָם לַּיְלָה וָיּאמֶר לוֹ אִם־לִקְרָא לְךָּ בָּאוּ הָאָנָשִׁים קוּם לֵךְ אִתָּם וְאַךְ אֶת־הַדְּבֶּר אֲשֶׁר־ אָדַבֵּר אֵלֵיךְ אֹתִוֹ תַעֲשֵׂה:

¹⁸ Balaam replied to Balak's officials, "Though Balak were to give me his house full of silver and gold, I could not do anything, big or little, contrary to the command of my God the Eternal. ¹⁹ So you, too, stay here overnight, and let me find out what else the Eternal may say to me." ²⁰ That night God came to Balaam and said to him, "If the agents have come to invite you, you may go with them. But whatever I command you, that you shall do."

Haftarah for Shabbat Balak

Micah 5:6 - 6:8

⁶ The remnant of Jacob shall be, in the midst of the many peoples, like dew from the Eternal, like droplets on grass—which do not look to any man nor place their hope in mortals. ⁷ The remnant of Jacob shall be among the nations, in the midst of the many peoples, like a lion among beasts of the wild, like a fierce lion among flocks of sheep, which tramples wherever it goes and rends, with none to deliver. 8 Your hand shall prevail over your foes, and all your enemies shall be cut down! 9 In that day—declares the Eternal—I will destroy the horses in your midst and wreck your chariots. 10 I will destroy the cities of your land and demolish all your fortresses. 11 I will destroy the sorcery you practice, and you shall have no more soothsayers. ¹² I will destroy your idols and the sacred pillars in your midst; and no more shall you bow down to the work of your hands. ¹³ I will tear down the sacred posts in your midst and destroy your cities. ¹⁴ In anger and wrath will I wreak retribution on the nations that have

⁶¹ Hear what the Eternal is saying: Come, present [My] case before the mountains, and let the hills hear you pleading. ² Hear, you mountains, the case of the Eternal—you firm foundations of the earth! For the Eternal has a case against God's people, has a suit against Israel. "My people! What wrong have I done you? What hardship have I caused you? Testify against Me. 4 In fact, I brought you up from the land of Egypt, I redeemed you from the house of bondage, and I sent before you Moses, Aaron, and Miriam. ⁵ "My people, remember what Balak king of Moab plotted against you, and how Balaam son of Beor responded to him. [Recall your passage] from Shittim to Gilgal—and you will recognize the gracious acts of the Eternal." 6 With what shall I approach the Eternal, do homage to God on high? Shall I approach God with burnt offerings, with calves a year old? 7 Would the Eternal be pleased with thousands of rams, with myriads of streams of oil? Shall I give my first-born for my transgression, the fruit of my body for my sins? 8 "God has told you, O man, what is good, and what the Eternal requires of you: Only to do justice and to love goodness, and to walk modestly with your God."

Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week. At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community.

Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you. If you need to leave the service to avoid disturbing others, please note that the service can be watched on livestream in the kindergarten.

To help us to separate Shabbat from the rest of the week, please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

When we want to show appreciation during a service, it is traditional not to applaud but to shout 'yasher koach' or 'sh'koach', which means 'strength to you.' Please refrain from applauding but join in this greeting.

Together we make Kiddush with wine and challah on Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

On Shabbat, as through the week, we rely on the contribution of many of our members. Thank you to everyone who has helped to make this Shabbat special.

Shabbat Shalom

Rehoming some of our Library Books Sundays 10, 17 and 24 July, 10:00-12:00

With the help of community members we have been auditing the Alyth Library and moving books to their new space in the upstairs study room. As a result, there are books that now need a new home. These range from older books on Jewish studies to twentieth-century novels. We would like to offer everyone the opportunity to come and browse the shelves and take away any that might be of interest to them. Please do drop in and have a look.

Community News

Alvth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

On this Shabbat, we celebrate with:

Ethan Gerrard, on the occasion of him becoming Bar Mitzvah

We regret to announce the death of:

Alicia Gornowski, mother of Celina Marshall

Ron Rappoport, husband of Andrea and father of Jason and Abi Rappoport

We join with those marking the anniversary of the death of a loved one:

Peter Abbey, father of Anthony Abbey

Susan Angel, sister of Jane Kerner

Yvonne Bakir, sister of Jeanette Jonas

Maureen Bernstein, mother of Lois Winter and Tony Bernstein

Alan Burton, father of Jill Barrington

Doris Burton, mother of Jill Barrington

Jack Collins, father of Angela Lyons

David Dale, father of Naomi Dale

Jonathan Davis, brother of Paul Davis Primrose Downham, mother of Paul Langsford

Dorienne Feldman, wife of Paul Feldman

Rabbi Simon Franses, husband of Ann Franses, father of Joe Franses and Abigail Blank

Suzannah Harris, sister of John Harris

Alexander Hasenson, husband of Patricia Hasenson, father of Peter Hasenson, Anne Sklar,

Ruth Weiner and Janet Smith

Louis Herman, brother of Jack Herman

Miriam Isaac. mother of Jeanette Jonas

Eileen Isaacs, mother of Barrow Isaacs and Hannah Isaacs

Maurice Kaye, father of Angela Shaw

Sidney Leeman, father of Aviva Leeman

Roni Lewin, father of Carmel Lewin

Hans Lubliner, father of Michael Lubliner

Maureen Margolis, mother of Stephen Margolis

Lily Matthews, mother of Roslyn Levitt

Samuel Miller, father of Basil Miller

Justin Plein, father of Gary Plein

Gordon Rose, father of Deborah Rose

Robert Schwager, father of Scott Schwager

Maxwell Simon, father of Carol Holmes

Marek Zvelebil, brother of Marketa Zvelebil

We invite those who come to Shabbat in mourning to lead the community in the Mourners' Kaddish on page 316 of the siddur, supported by the Sh'liach- or Sh'lichat- Tzibbur.

Contact Us

Please contact us if Alyth can help you in any way.

Adam Martin Community Director

adam@alyth.org.uk; Head of Community Care and Life Cycle Lynette Chazen

020 8457 8793 lynette@alyth.org.uk;

020 8457 8789

Sam Heller Head of Member Engagement

> 020 8457 8796 sam@alyth.org.uk;

Mike Mendoza Head of Family Programming 020 8457 8788 mike@alyth.org.uk;

Rabbi Josh Levy; Rabbi Hannah Kingston; Cantor Tamara Wolfson

Rabbi Elliott Karstadt; Rabbi Colin Eimer