

Shabbat Pinchas

17 Tammuz 5782 / 15-16 July 2022

Erev Shabbat

18:30 Erev Shabbat Service (in the Beit Tefillah)

Led by Rabbi Hannah and Cantor Tamara

Shabbat Morning

10:30 Shabbat Morning Service (in the Beit Tefillah)

Led by Rabbi Hannah and Rabbi Elliott

Our Torah portion is Numbers 25:10 – 26:8, read by Huxley Phillips

The sermon will be given by Rabbi Elliott

11:00 Gesher (in the upstairs prayer space)

Led by Cantor Tamara, Ella and the Gesher Guitarists

Our new service for those too old for Sensory and too young for Big Bang

12:15 Family Lunch (in the upstairs prayer space)

Extreme Weather Update

The Met Office has issued the first ever Red warning for exceptional heat on Monday and Tuesday next week.

In these times of extreme weather, our paramount responsibility as Jews is that of *Pikuach Nefesh*, “saving a life”, and the broader responsibility that we have for the wellbeing of ourselves and of others. As a community we take that responsibility very seriously.

It has been advised that we stay cool indoors, avoid physical exertion and drink plenty of water as the adverse health effects that will be experienced will not be limited to those most vulnerable. The government have advised against any unnecessary journeys due to predicted delays on roads and road closures, with significant welfare issues for those who experience even moderate delays.

This advice from the Met Office means that we have decided to cancel our non-essential programming on Monday 18 and Tuesday 19 July. The following programmes are cancelled or postponed: The Alyth Social, Parents and Daughters evening, Film Club, Monday Club, Judaism: The Essentials

Please check back on the Alyth website for further updates.

July Dates for your Diary

Sunday 17 July, 10:30

General Meeting of Congregants to approve subscriptions

We are delighted to invite Alyth members to a breakfast with the trustees followed by a General Meeting of Congregants to approve the levels of subscriptions for the coming year. Please register your attendance on the Alyth website.

Sundays 17 and 24 July, 10:00-12:00

Rehoming some of our Library Books

With the help of community members we have been auditing the Alyth Library and moving books to their new space in the upstairs study room. As a result, there are books that now need a new home. These range from older books on Jewish studies to twentieth-century novels. We would like to offer everyone the opportunity to come and browse the shelves and take away any that might be of interest to them. Please do drop in and have a look.

Sunday 24 July, 12:30

Lunch for members hosting Ukrainian Refugees

Are you hosting a Ukrainian refugee? Have you been matched and waiting for someone to arrive? Join us for a bagel brunch and share the challenges and joys you have experienced so far, and discuss how hosts from Alyth might be able to support each other.

Tuesday 26 July, 11:00

British Museum Trip: ‘Feminine Power from the Divine to the Demonic’

A special trip to the British Museum to visit the special exhibition on ‘Feminine Power from the Divine to the Demonic’, followed by lunch and reflection on the exhibition and its relevance to our Jewish lives. Please sign up through the Alyth website.

Additional Songs and Readings for Shabbat

Zamru l'Adonai

Words: Psalm 98:5

Music: Yoel Sykes

זמרו ליהוה בכנור; בכנור, וקול זמרה

Play to the Eternal with the harp, with the harp and the voice of music.

Zam'ru l'Adonai b'khinor, b'khinor v'kol zimra.

Adonai Oz

Words: Psalm 29:11

Music: Yoel Sykes and Daphna Rosenberg

יהוה עז, לעצמו יתן;

יהוה, יברך את-עמו בשלום

God give strength to Your people, God bless Your people with peace.

Adonai oz l'ammo yittein

Adonai y'vareich et ammo vashalom.

Blessing on lighting Shabbat candles

ברוך אתה יי אלהינו מלך העולם אשר קדשנו במצותיו וצונו להדליק נר של שבת

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy, and who commands us to light the Sabbath candles.

Baruch attah Adonai eloheinu melech ha-olam, asher kidd'shanu b'mitsvotav, v'tsivvanu

l'hadlik neir shel shabbat.

Hashkiveinu

Music: Dan Nichols

השכיבנו יהוה אלהינו לשלום והעמידנו מלכנו לחיים

Hashkiveinu Adonai eloheinu l'shalom, v'ha'amideinu malkeinu l'chayyim

Spread the shelter of Your peace over us Save us for the sake of Your name
Guide us in wisdom, compassion and trust Shield us from hatred, sorrow and pain

ברוך אתה יהוה. הפורש סכת שלום עלינו ועל-עמו ישראל ועל-כל־העולם:

Blessed are You God, spreading the shelter of peace over us, over Your people Israel, and over all the world.

Baruch attah Adonai, ha-poreis sukkat shalom aleinu v'al ammo yisra'el, v'al kol ha-olam

Olam Chesed Yibaneh

Words: Psalm 89:3

Music: Menachem Creditor

עולם חֶסֶד יבנה

The world will be built with loving kindness

Olam chesed yibaneh, yai dai dai, dai dai dai dai dai dai

Hineh Ma Tov

Words: Psalm 133:1

הנה מה־טוב ומה־נעים שְׁבֹת אחים גַּם־יחד:

How good it is and how pleasant when brothers live in unity together.

Hineh ma tov uma na'im shevet achim gam yachad

Torah portion for Shabbat Pinchas

Numbers 25:10 – 26:4

’ וידבר יי אל־משה לאמר: ^א פִּינְחָס בֶּן־אֶלְעָזָר בֶּן־אַהֲרֹן הַכֹּהֵן הַשֵּׁיב אֶת־חַמְתִּי מֵעַל בְּנֵי־יִשְׂרָאֵל בְּקִנְאֹן אֶת־קִנְאָתִי בְּתוֹכָם וְלֹא־כִלִּיתִי אֶת־בְּנֵי־יִשְׂרָאֵל בְּקִנְאָתִי: ^ב לָכֵן אָמַר הִנְנִי נֹתֵן לָךְ אֶת־בְּרִיתִי שְׁלֹם: ^ג וְהָיְתָה לֹךְ וּלְזֹרְעוֹ אַחֲרָיו בְּרִית כְּהֵנָת עוֹלָם תַּחַת אֲשֶׁר קִנְאָ לְאַלְהֵיו וַיִּכַּפֵּר עַל־בְּנֵי יִשְׂרָאֵל: ^ד וְשֵׁם אִישׁ יִשְׂרָאֵל הַמָּכָה אֲשֶׁר הִכָּה אֶת־הַמְּדִינִית וְזָרִי בֶן־סִלּוּא נָשִׂיא בִּית־אָב לִשְׁמֹעַנִי: ^ה וְשֵׁם הָאִשָּׁה הַמָּכָה הַמְּדִינִית כְּזָבִי בַת־צֹר רֹאשׁ אֲמוֹת בֵּית־אָב בַּמִּדְיָן הוּא: ^ו וַיַּדְבֵּר יי אֶל־מֹשֶׁה לֵאמֹר: ^ז צֹרֹר אֶת־הַמְּדִינִים וְהַכִּיתֶם אוֹתָם: ^ח כִּי־צָרְרִים הֵם לָכֵם בְּנִכְלִיהֶם אֲשֶׁר־נִכְּלוּ לָכֶם עַל־דַּבֵּר פֶּעֹר וְעַל־דַּבֵּר כְּזָבִי בַת־נָשִׂיא מִדִּין אַחֲתָם הַמָּכָה בְּיוֹם־הַמִּגַּפָּה עַל־דַּבֵּר פֶּעֹר:

¹⁰ The Eternal spoke to Moses, saying, ¹¹ “Phinehas, son of Eleazar son of Aaron the priest, has turned back My wrath from the Israelites by displaying among them his passion for Me, so that I did not wipe out the Israelite people in My passion. ¹² Say, therefore, ‘I grant him My pact of friendship. ¹³ It shall be for him and his descendants after him a pact of priesthood for all time, because he took impassioned action for his God, thus making expiation for the Israelites.” ¹⁴ The name of the Israelite man who was killed, the one who was killed with the Midianite woman, was Zimri son of Salu, chieftain of a Simeonite ancestral house. ¹⁵ The name of the Midianite woman who was killed was Cozbi daughter of Zur; he was the tribal head of an ancestral house in Midian. ¹⁶ The Eternal spoke to Moses, saying, ¹⁷ “Assail the Midianites and defeat them— ¹⁸ for they assailed you by the trickery they practiced against you—because of the affair of Peor and because of the affair of their kinswoman Cozbi, daughter of the Midianite chieftain, who was killed at the time of the plague on account of Peor.”

א ויהי אחרי המגפה ויאמר יי אל־משה ואֵל אֶלְעָזָר בֶּן־אַהֲרֹן הַכֹּהֵן לֵאמֹר: ^ב שֹׂא אֶת־רֹאשׁ ׀ כָּל־עֵדֻת בְּנֵי־יִשְׂרָאֵל מִבֶּן עֶשְׂרִים שָׁנָה וּמַעְלָה לְבֵית אֲבֹתָם כְּלִי־צֶאֱבָא בְּיִשְׂרָאֵל: ^ג וַיַּדְבֵּר מֹשֶׁה וְאֶלְעָזָר הַכֹּהֵן אֹתָם בַּעֲרֹבַת מוֹאָב עַל־יְרֵדָן יַרְחוֹ לֵאמֹר: ^ד מִבֶּן עֶשְׂרִים שָׁנָה וּמַעְלָה כָּאֲשֶׁר צִוָּה יי אֶת־מֹשֶׁה וּבְנֵי יִשְׂרָאֵל הִי־צִאִים מֵאֶרֶץ מִצְרַיִם:

^{26:1} When the plague was over, the Eternal said to Moses and to Eleazar son of Aaron the priest, ² “Take a census of the whole Israelite company [of fighters] from the age of twenty years up, by their ancestral houses, all Israelite males able to bear arms.” ³ So Moses and Eleazar the priest, on the steppes of Moab, at the Jordan near Jericho, gave instructions about them, namely, ⁴ those from twenty years up, as the Eternal had commanded Moses. The [eligible male] descendants of the Israelites who came out of the land of Egypt were:

^ה רְאוּבֵן בְּכֹר יִשְׂרָאֵל בְּנֵי רְאוּבֵן חֲנוּךְ מִשְׁפַּחַת הַחֲנֹכִי לְפִלּוּא מִשְׁפַּחַת הַפִּלְאִי: ^ו לְחֶצְרֹן מִשְׁפַּחַת הַחֲצֹרֹנִי לְכַרְמִי מִשְׁפַּחַת הַכַּרְמִי: ^ז אֶלֶּה מִשְׁפַּחַת הָרְאוּבֵנִי וַיְהִיו פְּקֻדֵיהֶם שְׁלֹשָׁה וָאַרְבָּעִים אֶלֶף וּשְׁבַע מֵאוֹת וּשְׁלֹשִׁים: ^ח וּבְנֵי פִלּוּא אֶלִיָּאָב:

⁵ Reuben, Israel's first-born. Descendants of Reuben: [Of] Enoch, the clan of the Enochites; of Pallu, the clan of the Palluites; ⁶ of Hezron, the clan of the Hezronites; of Carmi, the clan of the Carmites. ⁷ Those are the clans of the Reubenites. The men enrolled came to 43,730. ⁸ Born to Pallu: Eliab.

Haftarah for Shabbat Pinchas

1 Kings 19:1-21

¹ When Ahab told Jezebel all that Elijah had done and how he had put all the prophets to the sword, ² Jezebel sent a messenger to Elijah, saying, “Thus and more may the gods do if by this time tomorrow I have not made you like one of them.”

³ Frightened, he fled at once for his life. He came to Beer-sheba, which is in Judah, and left his servant there; ⁴ he himself went a day’s journey into the wilderness. He came to a broom bush and sat down under it, and prayed that he might die. “Enough!” he cried. “Now, O Eternal, take my life, for I am no better than my fathers.” ⁵ He lay down and fell asleep under a broom bush. Suddenly an angel touched him and said to him, “Arise and eat.” ⁶ He looked about; and there, beside his head, was a cake baked on hot stones and a jar of water! He ate and drank, and lay down again. ⁷ The angel of the Eternal came a second time and touched him and said, “Arise and eat, or the journey will be too much for you.” ⁸ He arose and ate and drank; and with the strength from that meal he walked forty days and forty nights as far as the mountain of God at Horeb. ⁹ There he went into a cave, and there he spent the night.

Then the word of the Eternal came to him and said to him, “Why are you here, Elijah?” ¹⁰ He replied, “I am moved by zeal for the Eternal, the God of Hosts, for the Israelites have forsaken Your covenant, torn down Your altars, and put Your prophets to the sword. I alone am left, and they are out to take my life.” ¹¹ “Come out,” He called, “and stand on the mountain before the Eternal”

And lo, the Eternal passed by. There was a great and mighty wind, splitting mountains and shattering rocks by the power of the Eternal; but the Eternal was not in the wind. After the wind—an earthquake; but the Eternal was not in the earthquake. ¹² After the earthquake—fire; but the Eternal was not in the fire. And after the fire—a soft murmuring sound. ¹³ When Elijah heard it, he wrapped his mantle about his face and went out and stood at the entrance of the cave. Then a voice addressed him: “Why are you here, Elijah?” ¹⁴ He answered, “I am moved by zeal for the Eternal, the God of Hosts; for the Israelites have forsaken Your covenant, torn down Your altars, and have put Your prophets to the sword. I alone am left, and they are out to take my life.”

Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week. At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community.

Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you. If you need to leave the service to avoid disturbing others, please note that the service can be watched on livestream in the kindergarten.

To help us to separate Shabbat from the rest of the week, please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

When we want to show appreciation during a service, it is traditional not to applaud but to shout ‘*yasher koach*’ or ‘*sh’koach*’, which means ‘strength to you.’ Please refrain from applauding but join in this greeting.

Together we make *Kiddush* with wine and challah on Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

On Shabbat, as through the week, we rely on the contribution of many of our members. Thank you to everyone who has helped to make this Shabbat special.

Shabbat Shalom

Contact Us

Please contact us if Alyth can help you in any way.

Adam Martin *Community Director*
adam@alyth.org.uk; 020 8457 8789

Lynette Chazen *Head of Community Care and Life Cycle*
lynette@alyth.org.uk; 020 8457 8793

Sam Heller *Head of Member Engagement*
sam@alyth.org.uk; 020 8457 8796

Mike Mendoza *Head of Family Programming*
mike@alyth.org.uk; 020 8457 8788

Clergy Team

Rabbi Josh Levy; Rabbi Hannah Kingston; Cantor Tamara Wolfson

Rabbi Elliott Karstadt; Rabbi Colin Eimer

Community News

Alyth is built on a foundation of mutual care, in which we share one another’s joys and sorrows, and accompany one another through our life journeys.

On this Shabbat, we celebrate with:

Huxley Phillips, on the occasion of him becoming Bar Mitzvah

Joe Cohen, on the occasion of his 75th birthday

We join with those marking the anniversary of the death of a loved one:

Moshe Baron Cohen, father of Vivian Baron Cohen

Joseph Berger, son of Matthew and Lisa Berger

Colin Berman, father of Cathy Berman

Harry Blacker, father of Ruth Silver

Sarah Brauner, wife of Jacob Brauner

Leslie Burkeman, father of Robert Burkeman

Isabel Cole, wife of Keith Cole

Samuel Donnenberg, father of Carol Lubliner

Miriam Esterman, mother of Susan Fulcher

Rose Finlay, mother of David Finlay

Abraham Freedman, father of Naomi Perry

Mary (Miriam) Freeman, mother of Seymour Freeman

Simon Garfield, father of Barry Garfield

Estelle Goldman, mother of Jonathan Goldman

Beate Goldstaub, mother of Deborah Levy

Raymond Green, father of Melanie Gilbert

Geoffrey Gubbay, father of Jonah Gubbay

Eallan Hirshfeld, father of Keren Darmon

Nechama Inbar Bonanos, godmother of Kesem Iglsinsky-Frenkel

Jessie Joseph, mother of Helen Bloom

David Juran, husband of Jane Juran

Rose Kayton, stepmother of Anita Simon

Naomi Koppel-Mendelsohn, mother of Paul Mendelsohn

Ashley Kossoff, brother of Hyman Kossoff

Roy Langsford, father of Paul Langsford

Mick Leiman, grandfather of Sarah Barnard

Eva Levan, mother of Ruth Rosen

Helen Levy, mother of Rosalind Sheldon

Doris Lewis, mother of Carole Berzin

Lorna Lipman, mother of Gary Lipman

Lionel Lister, father of David Lister

Bernard Lyons, father of Irene Rose

Irene Marcus, sister of Robert Jackman

Belle Mitzman, mother of Kathryn Salomon

Henry Myer Cooper, father of Jacqueline Leigh

Edwin Rosen, husband of Ruth Rosen and father of Hilary Urban and Jonathan Rosen

Minerva Schwartz, mother of Evelyn Schwartz

Oscar Sheldon, father of Anthony Sheldon

Bernard Simon, husband of Anita Simon and father of Michael Simon and Paul Simon

Elsie Slowe, grandmother of Suzanne Higgott

Trudy Springson, mother of Trisha Reik

Lotte Stern, mother of Hanna Singer

Tsilla Tamir, mother of Noam Tamir

Dorothy Tessler, birth mother of Gloria Sherrington

Mervyn Yamey, husband of Anthea Yamey

Rene Ziege, mother of Angela Samuels and Gillian Epstein

We invite those who come to Shabbat in mourning to lead the community in the Mourners' Kaddish on page 316 of the siddur, supported by the *Sh’liach-* or *Sh’lichat-* *Tzibbur*.