

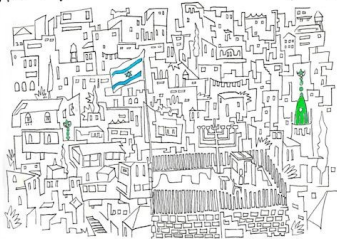
# Around Alyth

May 2022



## Can We Talk About ISRAEL?

*A Guide for the Curious, Confused, and Conflicted*



DANIEL SOKATCH

*Illustrated by Christopher Nixon*

## Yom HaZikaron and Yom HaAtzmaut

Wednesday 4 May and Thursday 5 May

### Yom HaZikaron and Yom HaAtzmaut

Wednesday 4 May, 18:30-20:30

**18:30** A Special Ma'ariv to mark the transition from Yom HaZikaron into Yom HaAtzmaut

**19:00** Israeli dinner

### 19:30 Can We Talk About Israel?

*A Guide for the Curious, Confused, and Conflicted*

In conjunction with the New Israel Fund, Alyth is delighted to host a special Alyth Lecture and conversation between Rabbi Josh and Daniel Sokatch. Daniel is an American activist, serving since 2009 as CEO of the New Israel Fund. In recognition of his leadership and influence, Daniel has been named multiple times in The Jewish Daily Forward's yearly list of the fifty leading Jewish decisionmakers, activists and opinion-shapers.

"Can We Talk About Israel? A Guide for the Curious, Confused, and Conflicted" is from the expert who understands both sides of one of the world's most complex, controversial conflicts, a modern day Guide for the Perplexed—a primer on Israel and the Israeli-Palestinian issue.

[Click here](#) to sign up so that we know how many to cater for.

[Click here](#) to join online (Meeting ID: 879 8446 6383, Passcode: 785089).

### Pardes Yom HaAtzmaut

Thursday 5 May, 13:00-14:00

A special Pardes looking at texts related to Yom HaAtzmaut.

### ThursWAY Yom HaAtzmaut

Thursday 5 May, 16:00-17:00

A special ThursWAY Israeli Independence Day tea party including Israeli dancing, Israel themed bingo and creative Israel themed arts and crafts.

## Shavuot Save the Date

Join us in the evening of Saturday 4 June for a **Tikkun Leil Shavuot**, including food study and socialising with your Alyth community. On the morning of Sunday 5 June please join us for a variety of **Shavuot Morning Services**. Following the service we will be having a special **Shavuot Jubilee Kiddush Lunch** to celebrate the Queen's Platinum Jubilee.



## Alyth's Academy of Performing Arts presents: Legally Blonde

Sunday 1 May at 15:00 and 19:00

Tickets cost £10 (Adults), £8 (concessions), £3 (under 18s)

[Click here](#) to book or buy on the door

## EREV SHABBAT SERVICES

In-Person and Online every Friday at 18:30

### Erev Shabbat Service (*Fridays 6, 13, 20, 27 May*)

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning. The service takes place in the synagogue Beit Tefillah, and is also available through Zoom or YouTube.

## Cantor Tamara & Rabbi Elliott Induction Service

Friday 20 May, 18:00 - 19:30

Over the course of the pandemic we welcomed two new members of clergy into our team. To truly welcome them into the Alyth family, we celebrate their arrival in this special induction service for Cantor Tamara and Rabbi Elliott.

Please join us on the forecourt before the service from 18:00 for a surprise celebration, followed by our Erev Shabbat Service at 18:30

## SHABBAT MORNING SERVICES

In-Person and Online every Saturday

### *Saturday 7 May*

#### **Shabbat Morning Service, 10:30**

Led by Rabbi Josh.

#### **Sensory Shabbat, 11:00**

See over the page for more information.

#### **Shabbat Afternoon Service, 15:00**

Led by Rabbi Josh.

Including the Bar Mitzvah of Noaz Heymann.

### *Saturday 14 May*

#### **Shabbat Morning Choral Service, 10:30**

Led by Rabbi Hannah and Cantor Tamara.

Including the Bat Mitzvah of Daisy Fuss.

#### **Kollot, 10:30**

Our informal, unaccompanied, participatory minyan.

Led by Rabbi Josh and Justin Wise.

### *Saturday 21 May*

#### **Shabbat Morning Choral Service, 10:30**

Led by Rabbi Josh and Cantor Tamara.

Including the Bat Mitzvah of Chloe Newington.

#### **Family Service Focus, 11:00**

See below for more information.

### *Saturday 28 May*

#### **Shabbat Morning Service, 10:30**

Led by Rabbi Hannah and Justin Wise.

Including the Bar Mitzvah of Sol Marcuson Stafford.

#### **Poetry Service, 10:30**

Join Rabbi Elliott and Cantor Tamara for a reflective service that combines the traditional Shabbat liturgy with poetry from Jewish tradition and beyond.

Please go to [www.alyth.org.uk/alythonline](http://www.alyth.org.uk/alythonline) for the Zoom links.

The services can also be accessed by going to [www.youtube.com/c/AlythRS](https://www.youtube.com/c/AlythRS)

## Pray With Us for Young Families

### Baby Den

*Fridays 6, 13, 20, 27 May (10:30)*

Chug-a-lug into Shabbat. Sing your favourite Baby Den songs, dance to a Shabbat beat and wave to some familiar faces. For families with Young Children.

### Pre-Shabbat Story Time

*Fridays 13, 20, 27 May (16:30)*

Join us for a pre Shabbat story to help bring in Shabbat.

### Sensory Shabbat

*Saturday 7 May (11:00)*

Our Shabbat experience designed to stimulate your babies' senses in the first years of their life. Join Rabbi Hannah, Ella and the dungareenees in this service where you and your baby can touch, see, smell and hear your way through the service.

## Family Service Focus Group

**Saturday 21 May, 11:00**

If your child feels too old to ride the chug-a-lug train and discover their senses on Shabbat, you might be wondering which prayer space is right for you. Join us to discuss what's next for your child, over a Shabbat brunch. We want to listen to your ideas and needs so that together we can build a prayer space that grows with your child.

## "Lets talk about school" tea

**Friday 13 May, 15:30 - 17:30**

If you started a new school during the pandemic, join Rabbi Hannah, Tor and Lara for a delicious tea and activities to tell us all about your new adventures. This will be followed by a relaunch of Pre Shabbat Story Time, our Kabbalat Shabbat for those in the early years of Primary School.

## SERVICES DURING THE WEEK

**In-Person and Online**

### Sunday Shacharit

*Sundays 1, 8, 15, 22, 29 May (09:00)*

Our lay-led minyan with bagel breakfast, led by Alyth members.

This will be in-person and available online.

### Rosh Chodesh Shacharit

*Tuesday 31 May (08:30)*

A special shacharit for Rosh Chodesh Sivan with Cantor Tamara and Rabbi Elliott, including Torah reading and the singing of Hallel.

## Essentials - In Person and Online

Tuesdays 3, 10, 17, 24 May, 20:00-21:00

Our regular introduction to Judaism class taught by our clergy with Jon Epstein. Essentials is the perfect class for those coming to Judaism for the first time, or looking to consolidate the learning of a lifetime - or anywhere in between.

**3 May** Israel

**10 May** Shabbat in Jewish life

**17 May** Jewish Ethics

**24 May** Preparing for Shavuot

Please contact Rabbi Hannah ([hannah@alyth.org.uk](mailto:hannah@alyth.org.uk)) for more information about this programme. New students are always welcome.

## Pardes

Thursdays 5, 12, 19, 26 May, 13:00-14:00

On 5 May we have a special Pardes looking at texts related to Yom HaAtzmaut.

### The Figure of Rabbi Akiva (12, 19 and 26 May)

One of the most famous stories of the Omer (the period between Pesach and Shavuot) is about the disciples of the famous Rabbi Akiva – one of the most famous Sages of Talmudic times. So, we will spend the month of May delving into Rabbi Akiva's story – his beginnings, his life, and his afterlife in rabbinic literature. With Rabbi Elliott.

## Adult Hebrew

### Intensive Hebrew Reading Course

Tuesdays 3, 10, 17, 24 May 19:00-19:45

An intensive Hebrew course running for eight weeks, aimed to help beginners learn the Hebrew alphabet and the basic decoding skills needed to read. Taught by Alyth member Jan Roseman.

### Hebrew Reading Course

Tuesdays 3, 10, 17, 24 May 20:00-20:45

A short course, running for eight weeks, aimed to help those already proficient in Hebrew reading to continue to develop their skills. Taught by Alyth member Jan Roseman.

*For more information on both Hebrew courses, contact [sam@alyth.org.uk](mailto:sam@alyth.org.uk).*

### Biblical Hebrew

Sundays 1, 8, 29 May 11:00-12:00

A programme for those with high level Hebrew reading ability. Email [edwardjgold@hotmail.com](mailto:edwardjgold@hotmail.com) if you would like to join this class so that you can be sent the link and materials in advance.

**Support the Alyth Building Project for free every time you shop at Amazon**



Every time you shop using [Amazon Smile](#), Amazon will donate a percentage of the purchase price to Alyth. Amazon Smile is the same Amazon you normally use, and you can use your normal Amazon account.



## Alyth Chavruta Project

Thursdays 5, 12, 19, 26 May, 19:00-20:00

Chavruta is a traditional form of Jewish practice of studying regularly with a partner. You can decide how and when to study during the week, and we come together as a group on Thursday evenings. We are returning to the chapters of Pirkei Avot, traditionally read during the Omer, the period between Pesach and Shavuot.

No prior knowledge is required and the text is accessible for all levels.

If you're new, you can either come to the Alyth Chavruta Project with a partner in mind, or we can match you up with someone to study with.

Contact Rabbi Elliott at [elliott@alyth.org.uk](mailto:elliott@alyth.org.uk) for more information.

## Shabbat Shiur

Saturday 7 May, 9:15-10:15

### The story of... Kimchit

In Parashat Emor, we hear all about the role of a High Priest. But what was it like to be the mother of one? And what was a woman's role in the priesthood? Join Rabbi Hannah to look at the character of Kimchit and other priestly mothers in our narrative.

## Lag B'Omer Table Talk: The Smokier the Smell, the Fresher the Freekeh

Thursday 19 May, 19:00

From her recently published cookbook, Freekeh, Wild Wheat & Ancient Grains: Recipes for Healthy Eating, Ruth will be serving up a delicious light dinner of grains and heritage vegetables to help us celebrate Lag B'Omer.

Author and Leith's trained cook, Ruth Nieman, will take you on a visual journey through the green fields of the Galilee, where the harvesting and smoking of the immature wheat takes place every Spring.

[Click here](#) to sign up so that we know how many to cater for.

## Hosting Ukrainian refugees information evening

Wednesday 11 May, 7pm

Many Alyth members have been in touch with us about the possibility of hosting Ukrainian refugees. Whether you are already committed to hosting or you are unsure and want to know more about what would be involved, please join us for our information evening to find out more. We will be joined by representatives from Barnet Citizens and the Barnet Refugee Welcome Board, as well as other charities who have experience in hosting refugees and making them feel welcome.

This information evening will be in-person and online.

## Regular Activities

### Monday Club (in-person)

*Mondays 9, 16, 23, 30 May, 19:00-20:30*

A friendly in-person meeting place for people with learning disabilities. For more information or to let us know that you will be attending, please email [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Alyth Choral Society (in-person)

*Tuesdays 3, 10, 17, 24, 31 May, 20:00-22:00*

For Choral Society Members only. Go to [www.alythchoralsociety.org](http://www.alythchoralsociety.org) for more information.

### Mellow Chair Yoga for All Ages (online)

*Thursdays 5, 12, 19, 26 May 11:00-12:00*

Our special Chair Yoga and Meditation with Maxine, open to all ages wishing to enhance overall mental and physical wellbeing.

[Click here](#) to register and pay for the class.

### Synagogue Choir Rehearsal (in-person)

*Saturday 14 & 21, 9:15-10:15*

Rehearsing Alyth's choral repertoire.

### Jewish Mindfulness and Meditation (online)

*Fridays 6, 13, 20, 27 May 17:00-18:00*

Jewish Mindfulness Meditation helps us to open our hearts and find peace through our spiritual heritage. [Click here](#) to make a donation towards the costs of employing the facilitators.

## Monthly Activities

### Alyth Book Club (online)

*Monday 9 May, 18:30-19:30*

This month's book is "The Slaughterman's Daughter" by Yaniv Iczkovits. At the session on Monday 6 June we will each be bringing one of our favourite books to discuss.

### Alyth Cycling Community Bike Ride

*Sunday 8 May, 08:15*

Bringing riders of all abilities together to enjoy cycling and conversation. For more information contact [laurancemendoza@aol.com](mailto:laurancemendoza@aol.com).

### Singing for Pleasure (in-person & online)

*Sunday 15 May, 15:30-16:30*

Join Viv and sing songs from the shows, Israeli folksongs, songs from the 60s and more. No need to audition, read music or feel intimidated.

### Alyth Rambles

#### Suffolk Ramble & Opera

*Thursday 5 - Sunday 8 May*

For information about future rambles, please email [vivienne.bellos@btinternet.com](mailto:vivienne.bellos@btinternet.com).

Please go to [www.alyth.org.uk/alythonline](http://www.alyth.org.uk/alythonline) for the session Zoom links.

## Lag B'Omer Bonfire

Wednesday 18 May, 18:00 – 20:00

There's no better way to celebrate and enjoy Lag B'Omer, than by coming together around a bonfire! This event is fun for ALL AGES big and small. Bring a picnic dinner and blanket, so you can play and relax with community friends old and new, from across the north London Reform communities. Children must be accompanied by at least one parent or guardian.

[Click here](#) to let us know how many people will be joining us for this very special occasion.

## Weekly Learning

### SMG

*Sundays 1, 8, 15, 22 May (10:00-12:00)*

Our experiential Jewish education programme for Reception to Year 6. [Click here](#) to enrol into SMG. SMG provides our youngest members the opportunity to explore their Jewish identity by exploring a curriculum of key Jewish behaviours and rituals and core Jewish texts.

### Ruach 1 - 4

*Fridays 6, 13, 20, 27 May (17:15-19:30)*

Ruach is our pre Bar/Bat Mitzvah programme delivered by our wonderful team of madrichim (youth leaders). Participants get to explore their Jewish identity through the lens of community. Participants will be able to enter Alyth from 16:30 for Drop-In and are expected to stay for the Erev Shabbat Service, finishing at 19:30.

## ThursWAY

**Thursdays 5, 12, 19, 26 May, 16:00-17:00**

**Kids come play... brighten up your Thursday afternoon with some cosy vibes With Alyth Youth!**

For all Primary School aged children, join us at our 'drop in and out' after school club. Staffed by our Youth & Ed Hub and madrichim, you can chat, play video/board games, read stories, have a nap or just have fun!

**5 May** A special ThursWAY Israeli Independence Day party.

**26 May** Pre-Shavuot CheeseBake Off!

Join us in-person or live on Zoom for a step by step to make a yummy cheesecake with your family and friends. We'll explore why this connects to Shavuot and have time for everyone to show off their baking. If you're joining from home, you'll need:

*650g Cream cheese, 175g Digestive biscuits, 75g Butter, 175g Caster sugar, 100ml Double cream, 3 large eggs, 1 tsp Vanilla extract. You will also need a 20cm tin (ideally springform), a handheld beater or electric mixer, a ziplock bag and a rolling pin, 2 wooden spoons and a rubber spatula.*

## Drama Activities

### Alyth Children's Theatre (ACT) Matilda

*Thursdays 5, 12, 19, 26 May (17:00-18:15)*

Our drama group for Primary School aged children. The group rehearse all year and then perform the show in June 2022.

### Academy of Performing Arts Legally Blonde

*Sunday 8 May (18:00-20:00)*

Academy has been a feature of the Alyth calendar for Secondary School aged children for over 20 years. Tonight marks the post show social with pizza.

## Year 9 & 10 "Pop Golf"

**Sunday 8 May (13:30)**

A special Year 9 & 10 social to Pop Golf Wembley - a fun music-video themed crazy golf experience. [Click here](#) to sign up. (£15 per person, which includes one game of crazy golf and a soft drink).