

¹⁹ For the horses of Pharaoh, with his chariots and horsemen, went into the sea; and the Eternal turned back on them the waters of the sea; but the Israelites marched on dry ground in the midst of the sea.

²⁰ Then Miriam the prophetess, Aaron’s sister, took a timbrel in her hand, and all the women went out after her in dance with timbrels. ²¹ And Miriam chanted for them:

Sing to the Eternal, for God has triumphed gloriously; Horse and driver God has hurled into the sea.

²² Then Moses caused Israel to set out from the Sea of Reeds. They went on into the wilderness of Shur; they travelled three days in the wilderness and found no water. ²³ They came to Marah, but they could not drink the water of Marah because it was bitter; that is why it was named Marah. ²⁴ And the people grumbled against Moses, saying, “What shall we drink?”

²⁵ So he cried out to the Eternal, and the Eternal showed him a piece of wood; he threw it into the water and the water became sweet. There God made for them a fixed rule, and there God put them to the test. ²⁶ God said, “If you will heed the Eternal your God diligently, doing what is upright in God’s sight, giving ear to God’s commandments and keeping all God’s laws, then I will not bring upon you any of the diseases that I brought upon the Egyptians, for I the Eternal am your healer.”

²⁷ And they came to Elim, where there were twelve springs of water and seventy palm trees; and they encamped there beside the water.

Haftarah for Shabbat B’shallach: Judges 4: 1-7, 12-23

¹The Israelites again did what was offensive to the Eternal. ² And the Eternal surrendered them to King Jabin of Canaan, who reigned in Hazor. His army commander was Sisera, whose base was Haroshet-goyim. ³ The Israelites cried out to the Eternal, for he had nine hundred iron chariots, and he had oppressed Israel ruthlessly for twenty years. ⁴ Deborah, wife of Lapidot, was a prophetess; she led Israel at that time. ⁵ She used to sit under the Palm of Deborah, between Ramah and Bethel in the hill country of Ephraim, and the Israelites would come to her for decisions. ⁶ She summoned Barak son of Abinoam, of Kedesh in Naphtali, and said to him, “The Eternal, the God of Israel, has commanded: Go, march up to Mount Tabor, and take with you ten thousand men of Naphtali and Zebulun. ⁷ And I will draw Sisera, Jabin’s army commander, with his chariots and his troops, toward you up to the Wadi Kishon; and I will deliver him into your hands.”

¹² Sisera learned that Barak son of Abinoam had gone up to Mount Tabor. ¹³ So Sisera ordered all his chariots—nine hundred iron chariots—and all the troops he had to move from Haroshet-goyim to the Wadi Kishon. ¹⁴ Then Deborah said to Barak, “Up! This is the day on which the Eternal will deliver Sisera into your hands: the Eternal is marching before you.” Barak charged down Mount Tabor, followed by the ten thousand men. ¹⁵ The Eternal threw Sisera and all his chariots and army into a panic before the onslaught of Barak. Sisera leaped from his chariot and fled on foot. ¹⁶ Barak pursued the chariots and the soldiers as far as Haroshet-goyim. All of Sisera’s soldiers fell by the sword; not a man was left. ¹⁷ Sisera, meanwhile, had fled on foot to the tent of Jael, wife of Heber the Kenite; for there was friendship between King Jabin of Hazor and the family of Heber the Kenite. ¹⁸ Jael came out to greet Sisera and said to him, “Come in, my lord, come in here, do not be afraid.” So he entered her tent, and she covered him with a blanket. ¹⁹ He said to her, “Please let me have some water; I am thirsty.” She opened a skin of milk and gave him some to drink; and she covered him again. ²⁰ He said to her, “Stand at the entrance of the tent. If anybody comes and asks you if there is anybody here, say ‘No.’” ²¹ Then Jael wife of Heber took a tent pin and grasped the mallet. When he was fast asleep from exhaustion, she approached him stealthily and drove the pin through his temple till it went down to the ground. Thus he died. ²² Now Barak appeared in pursuit of Sisera. Jael went out to greet him and said, “Come, I will show you the man you are looking for.” He went inside with her, and there Sisera was lying dead, with the pin in his temple. ²³ On that day God subdued King Jabin of Canaan before the Israelites.

¹⁹ כִּי בָא סוֹס פָּרְעֹה בִּרְכָבוֹ וּבַפָּרָשׁוֹ בָּלָם וַיָּשֻׁב יְהוָה עֲלֵהֶם אֶת־מֵי הַיָּם וַבְּנֵי יִשְׂרָאֵל הָלְכוּ בִּיבֹשָׁה בְּתוֹךְ הַיָּם: פ

²⁰ וַתִּקַּח מִרְיָם הַנְּבִיאָה אֶחָת אֶהֱרֹן אֶת־הַתֵּף בַּיָּדָה וַתִּצָּאן כָּל־הַנָּשִׁים אַחֲרֶיהָ בַּתְּפִלִּים וּבַמַּחֲלֹת: ²¹וַתַּעַן לָהֶם מִרְיָם

שִׁירוֹ לַיהוָה כִּי־גָאָה גָּאָה סוֹס וָרֶכֶב וָרָמָה בַּיָּם: ס

²² וַיֹּסֶעַ מֹשֶׁה אֶת־יִשְׂרָאֵל מִיַּם־סוּף וַיֵּצְאוּ אֶל־מִדְבַּר־שׁוּר וַיֵּלְכוּ שְׁלֹשַׁת־יָמִים בַּמִּדְבָּר וְלֹא־מָצְאוּ מַיִם: ²³ וַיָּבֹאוּ מִרְתָּה וְלֹא יָכְלוּ לִשְׁתֹּת מַיִם מִמֶּנָּה כִּי מְרִים הֵם עַל־כֵּן קָרָא־שְׁמָהּ מֶרֶה: ²⁴ וַיִּלְנוּ הָעָם עַל־מֹשֶׁה לֵאמֹר מַה־נַּשְׁתָּה: ²⁵ וַיִּצְעַק אֶל־יְהוָה וַיֹּרְהוּ יְהוָה עֵץ וַיִּשְׁלַךְ אֶל־הַמַּיִם וַיִּמָּתְקוּ הַמַּיִם

שָׁם שָׁם לוֹ חֹק וּמִשְׁפָּט וְשָׁם נִסָּהוּ: ²⁶ וַיֹּאמֶר אֱם־שָׁמוּעַ תִּשְׁמָע לְקוֹל ׀ יְהוָה אֶל־הֶיָּד וְהַיִּשָּׁר בְּעֵינָיו תַּעֲשֶׂה וְהָאֲזִנָּה לְמִצְוֹתָיו וְשִׁמְרָתָ כָּל־חֻקָּיו כָּל־הַמִּחְלָה אֲשֶׁר־שָׁמַתִּי בַּמִּצְרִים לֹא־אֶשִׂים עָלֶיךָ כִּי אֲנִי יְהוָה רַפָּאָךְ: ס

²⁷ וַיָּבֹאוּ אֵילָמָה וְשָׁם שְׁתַּיִם עֲשָׂרָה עֵינֹת מַיִם וְשִׁבְעִים תְּמָרִים וַיַּחֲנוּ־שָׁם עַל־הַמַּיִם:

Community News

Alyth is built on a foundation of mutual care, in which we share one another’s joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Brenda Freedman, on the occasion of her second Bat Mitzvah

We regret to announce the death of:

Hans Alter, husband of Anita Alter, father of Eric and Paul Alter, brother of Suzy Engelman

Daniel Brummer, brother of Alex Brummer, uncle of Jessica Rosenfield

Tony Graham, father of David Graham, Suzanne Hollamby and Peter Graham, husband of Irene Gee, brother of Joanna D’Angelo, Judy Graham and Michael Graybow

Joan Klein, wife of Alexander Klein, mother of Michelle Humphries and Diane Spender

We join with those marking the anniversary of the death of a loved one:

Edith Baneth, mother of Victor Baneth

Jenny Barnett, sister-in-law of Julia Stebbing

John Barnett, brother of Julia Stebbing

Peter Batkin, husband of Judith Kellermann and father of Alice Batkin

Sophie Black, mother of Jack Black

Jonathan Colson, brother of Naomi Inwald

Gil Davis, father of Gideon Davis

Sydney Davis, father of Susan Egri

Solomon Fine, father of Michael Fine

Stuart Glass, father of Rachel Jones

Gillian Gordon, mother of Alex Gordon

Otto Greenwood, father of Connie Sendak

Henry Jackson, husband of Kathrine Jackson and father of Anthony Jackson

Lilian Jonas, sister of Irene Rose

David Krantz, husband of Anona Krantz and father of Caroline Krantz

Jack Levitt, father of John Levitt

Rachamim Levy, father of Aviva Wiser

David Lyons, father of Alan Lyons

Bertram Mann, father of Jackie Naftalin

Hannelore Mansbach, mother of Jacqueline Weinstein

Alan Maynard, father of Keith Maynard

Eveline Newgas, mother of John Newgas

Hannelore Orlander, mother of Miriam Jackman

Jacob Orlander, father of Miriam Jackman

Peggy Rose, mother of Pam Morris

Nathan Rosen, father of Judith Litvin

Barbara Rossiter, mother of James Rossiter and sister of Carol Rogers

Joe Saunders, father of Gay Berelowitz

Blanche Seaton, mother of Roger Seaton

Armand Shoukrun, father of Danielle Katz

Edith Solovitz, mother of Maurice Solovitz

Rose Stebbing, mother of David Stebbing

Gertrude Stone, mother of Judith Alterman

Maisie Tapper, mother of Carole Latter

Eva Wolosker, mother of Arlene Seaton

Chaim Zlotnicki, father of Genia Neugarten

We invite all those who come to Shabbat in mourning to lead the community in the Mourners’ Kaddish on page 316 of the siddur, supported by the *Sh’liach*- or *Sh’lichat-Tzibbur*.