

Alyth



Tashlich

For hundreds of years, Jews have gathered by the water's edge on the afternoon of *Rosh Hashanah* to symbolically cast off our sins.

Today, like generations before us, we stand by the water's edge, poised between the year now gone and the year that is yet to be. *Tashlich* is a time to recognise that we can change the quality of our relationships with others.

Ezekiel 18:31

Cast away from yourselves all your transgressions and create within yourselves a new heart and a new spirit.

הִשְׁלִיכוּ מֵעַלְיֶיכֶם, אֶת-כָּל-פְּשָׁעֵיכֶם
אֲשֶׁר פָּשַׁעְתֶּם בָּם, וַעֲשׂוּ לָכֶם לֵב
חָדָשׁ וְרוּחַ חֲדָשָׁה; וְלִמָּה תִמְתְּנוּ, בֵּית
יִשְׂרָאֵל

We Return /Hashiveinu

Music by: Elana Arian and Noah Aronson

We return

We return

We return, return again

We return

We return

We return, return

Again and again

To love (truth) (You)

We return again to love (truth) (You)

הִשְׁיבֵנו יְהוָה אֱלֹהֵינוּ וְנָשׁוּבָה
חֲדָשׁ יָמֵינוּ כְּקֶדֶם

Hashiveinu Adonai Eilecha v'nashuva

Chadesh yameinu K'kedem

There are two great bodies of water according to Jewish tradition: the lower waters – mayim – which include the oceans, rivers and lakes; and the upper waters – shamayim – waters which are found in the heavens above. Today, standing at the edge of the lower waters, we will release our sins into the waters and face the year ahead with dignity, with courage, and with faith.

By casting away our sins, we relieve ourselves of the burdens that we carry with us from the year gone by. We purify our hearts and souls so that we may move forward as the new year begins.

Micah 7:18 – 20

Who is like You, O God, Forgiving iniquity
and pardoning the transgression of the
remnant of Your people!

You do not retain Your anger forever,
For You delight in loving-kindness.

You will again have compassion upon us,
subdue our iniquities, and cast all our sins
into the depths of the sea.

מִי אֵל כְּמוֹךָ, נִשְׂא עוֹן וְעֵבֶר
עַל פֶּשַׁע, לְשִׂאֲרֵית, נַחֲלָתוֹ:
לֹא הִחְזִיק לְעַד אָפוּ
כִּי תִפֶּץ חֶסֶד הוּא
יָשׁוּב יִרְחַמֵּנוּ,
יִכְבֹּשׁ עֲוֹנֹתֵינוּ; וְתִשְׁלִיךְ
בְּמַצְלוֹת יָם, כָּל חַטָּאוֹתֵם

A prayer for Tashlich

Rabbi Rachel Barenblat

Here I am again, ready to let go of my mistakes.

Help me to release myself, from all the ways I've missed the mark.

Help me to stop carrying, the karmic baggage of my poor choices.

As I cast this bread upon the waters, Lift my troubles off my shoulders.

Help me to know that last year is over,
washed away like crumbs in the current.

Open my heart to blessing and gratitude,
Renew my soul as the dew renews the grasses.

And we say together:

Amen.

*We begin the ceremony of casting away our sins into the water.
We read together the declarations, and then take a moment to cast away
this sin into the water, by throwing in the duck food, a handful representing
our sins.*

Let us cast away the sin of deception -- so that we will mislead no one in word or in deed, nor pretend to be what we are not.

Let us cast away the sin of vain ambition -- which prompts us to strive for goals which bring neither true fulfilment nor genuine contentment.

Let us cast away the sin of stubbornness -- so that we will neither persist in foolish habits nor fail to acknowledge our will to change.

Let us cast away the sin of envy -- so that we are not consumed by desire for what we lack nor appreciate the blessings that are already ours.

Let us cast away the sin of selfishness -- which keeps us from enriching our lives through wider concerns and greater sharing, and from reaching out in love to other human beings.

Let us cast away the sin of indifference -- So that we may be sensitive to the sufferings of others and responsive to the needs of everyone.

Let us cast away the sin of pride and arrogance -- so that we can worship God and serve God's purpose in humility and truth.

Just as the crumbs stick to the bottom of the bag, so too does sin cleave to the remote parts of our self.

All the world's a very narrow bridge, but
the main thing to recall is to have no fear
at all.

כָּל הָעוֹלָם כְּלוֹ גֶּשֶׁר צָר מְאֹד
וְהַעִיקָר לֹא לְפַחַד כָּלֵל