



To pray. To learn. To live. Together.

**SEE INSIDE FOR EVERYTHING
THAT IS HAPPENING THIS
ROSH HASHANAH**

5782 - 2021

SERVICE GUIDE FOR ROSH HASHANAH

We recognise that some of our members are ready to return to in-person gathering, while for others this is not yet possible.

Our High Holy Day programme reflects both of these needs, including a full online programme similar to last year, as well as a rolling programme of in-person services taking place at the Sternberg Centre.

We invite all Alyth members to create a journey through the High Holy Days that is right for you. You can find full details of all our Rosh Hashanah offerings in this booklet, as well as booking links for all in-person services across Rosh Hashanah and Yom Kippur.

Joining our High Holy Days from home

We will once again be offering a full programme online from Alyth, including offerings for the heart, soul, breath and mind. These services will include contributions from members from their homes. Teaching and meditation sessions over Zoom will be fully interactive, as we have come to expect over the past eighteen months.

The services in the marquee will be live-streamed from a static camera. You can join these services via Zoom.

All services and activities can be joined via Zoom using the links in this booklet. If you are unable or prefer not to use Zoom, then the “Zoom screen” from services can also be seen via our YouTube channel (www.youtube.com/c/AlythRS).

We invite you to begin your services with our “Kavannot of preparation at home” before logging on.

Joining aspects of these High Holy Days in person

On Rosh Hashanah, there will also be four in-person services, taking place at the Sternberg Centre:

RH1: Tuesday 7 September

- Abridged Choral Service in the High Holy Day marquee (09:00-11:00)
- Sensory Rosh Hashanah in the Akiva School Hall (09:45-10:45)
- Big Bang in the High Holy Day marquee (11:45-13:00)

RH2: Wednesday 8 September

- Kollot with kids' corner and breakout in the High Holy Day marquee (10:30-13:00)

These services must be pre-booked. Your confirmation email will act as your ticket to allow entry.

In-person services will be familiar, but in some ways different to a “normal” year, reflecting the fact that Covid remains endemic in society and we have a responsibility for each others' well being.

Services will be abridged, with no mitzvot or Torah procession.

Covid protocols will be in place, meaning that there will be a 50% cap on capacity to allow distancing.

Marquee services will also be live-streamed from a static camera over Zoom.

[Click here](#) to see “FAQs for in-person services” for more details.

Rosh Hashanah for Families

We recognise that Jewish life has been especially disrupted for many of our young people and are pleased that there will be in-person Sensory and Big Bang services on Rosh Hashanah morning.

The Big Bang service can also be joined over Zoom, where it will include a dedicated, interactive breakout activity during the Torah service for those joining online.

ROSH HASHANAH 5782 OVERVIEW

ONLINE PROGRAMME

EREV ROSH HASHANAH MONDAY 6 SEPTEMBER

18:30 EREV ROSH HASHANAH SERVICE
[Click here to join on Zoom](#)

FIRST DAY ROSH HASHANAH TUESDAY 7 SEPTEMBER

09:00 JMM FOR THE NEW YEAR
[Click here to join on Zoom](#)

09:00 HONEY BAKE-OFF
[Click here to join on Zoom](#)

10:00 IMREI FINU SHACHARIT
[Click here to join on Zoom](#)

10:30 SHACHARIT FOR THE HEART
[Click here to join on Zoom](#)

11:30 TORAH SERVICE, SERMON AND MUSAF
The sermon will take place at approx. 12:00
[Click here to join on Zoom](#)

12:30 BIG BANG BREAK OUT
[Click here to join on Zoom](#)

EREV SECOND DAY ROSH HASHANAH TUESDAY 7 SEPTEMBER

18:30 EREV ROSH HASHANAH SERVICE
[Click here to join on Zoom](#)

SECOND DAY ROSH HASHANAH WEDNESDAY 8 SEPTEMBER

10:30 CHORAL SHACHARIT
[Click here to join on Zoom](#)

12:15 MUSAF FOR THE MIND (BREAK OUT)
[Click here to join on Zoom](#)

IN-PERSON OPTIONS

FIRST DAY ROSH HASHANAH TUESDAY 7 SEPTEMBER

09:00 ROSH HASHANAH CHORAL SERVICE
(Sternberg Centre: Marquee)
[Click here to pre-book your attendance](#)
[Click here to join on Zoom](#)

09:45 ROSH HASHANAH SENSORY
(Sternberg Centre: Akiva Hall)
[Click here to pre-book your attendance](#)

11:45 BIG BANG
(Sternberg Centre: Marquee)
[Click here to pre-book your attendance](#)
[Click here to join on Zoom](#)

ROSH HASHANAH AFTERNOON TUESDAY 7 SEPTEMBER

15:00 THE TASHLICH TIDY
(Corner of Wildwood and Hampstead Way)

EREV SECOND DAY ROSH HASHANAH TUESDAY 7 SEPTEMBER

18:30 EREV ROSH HASHANAH SERVICE
(Alyth)
[Click here to pre-book your attendance](#)
[Click here to join on Zoom](#)

SECOND DAY ROSH HASHANAH WEDNESDAY 8 SEPTEMBER

10:30 KOLLOT
(Sternberg Centre: Marquee)
[Click here to pre-book your attendance](#)
[Click here to join on Zoom](#)

11:30 KOLLOT BREAKOUT
(Sternberg Centre: Akiva Hall)
[Click here to pre-book your attendance](#)

ONLINE SERVICE SUPPLEMENTS AND BOOKLETS WILL BE AVAILABLE
24 HOURS BEFORE EACH SERVICE

EREV ROSH HASHANAH MONDAY 6 SEPTEMBER

ONLINE

HEART: EREV ROSH HASHANAH SERVICE (18:30)

We start the Yamim Noraim as one community, together online.

Join our clergy team for this music-filled beginning to the year. The sermon to begin this year's High Holy Days will be given by Rabbi Hannah.

What do I need? Candles, wine, apples, honey, challah.

Pick up a machzor on one of the collection days (or view online [here](#)) and download the supplement from the Alyth website by [clicking here](#).

[Click here to join on Zoom \(Meeting ID: 898 2210 4927, Passcode: 785089\)](#)

ROSH HASHANAH MORNING TUESDAY 7 SEPTEMBER

IN-PERSON AND ONLINE

(AT THE STERNBERG CENTRE: MARQUEE)

HEART: ROSH HASHANAH CHORAL SERVICE (9:00-11:00)

An abridged choral service with the Alyth choir. This service will include an abridged Shacharit and Torah Service (including the reading of the Akedah, but no second scroll or haftarah) to allow for a full Musaf. Led by Rabbi Hannah, Rabbi Elliott and Lynette Chazen.

There will not be a sermon as part of this service, but this can be viewed online at approx. 12:00.

What do I need? Pick up a machzor and supplement when you attend the service.

[Click here to pre-book your attendance \(in-person attendance must be prebooked\)](#)

[Click here to join on Zoom \(Meeting ID: 885 2007 2057, Passcode: 604282\)](#)

ONLINE

BREATH: NEW YEAR, NEW BREATH, NEW VISION (9:00-9:45)

A special Jewish Mindfulness Meditation session to start the day and the new year. Join Maxine Levy for a gentle practice to refresh mind, body and spirit.

[Click here to join on Zoom \(Meeting ID: 816 0572 4585, Passcode: 311220\)](#)

ONLINE

FAMILY: HONEY CAKE BAKE-OFF (9:00-10:00)

This past year, we've become the Master Chefs of Zoom baking! Now, we've made it the full way around the calendar, it's time to once again join the Youth & Education Hub as we take that which is sweet as honey and turn it into something sticky and yummy. Join Mike and Sophie for a Honey Cake Bake-Off challenge and opportunity to explore what all this is about.

What do I need? 250g clear honey, 225g unsalted butter, 100g dark muscovado sugar, 3 large eggs, 300g self-raising flour.

[Click here to join on Zoom \(Meeting ID: 854 1675 2819, Passcode: 370536\)](#)

ROSH HASHANAH 5782 BY TIME

IN-PERSON

(AT THE STERNBERG CENTRE: AKIVA SCHOOL HALL)

FAMILY: SENSORY FOR ROSH HASHANAH (9:45-11:00)

Join Rabbi Hannah and the dungareenees for a Rosh Hashanah experience designed to stimulate your babies' senses in the first years of their life.

Based on our sensory Shabbat and den services, you and your baby can touch, see, smell, hear and taste your way through the service.

[Click here](#) to pre-book your attendance (in-person attendance must be prebooked)

ONLINE

SOUL: IMREI FINU SHACHARIT FOR ROSH HASHANAH (10:00)

Imrei Finu is a guitar led service with new and familiar melodies and plenty of silence.

This special extended Shacharit with will be led by Rabbi Josh.

What do I need? Pick up a machzor on one of the collection days (or view online [here](#)) and download the supplement from the Alyth website by [clicking here](#).

[Click here](#) to join on Zoom (Meeting ID: 899 2250 1392, Passcode: 904968)

ONLINE

HEART: ROSH HASHANAH SHACHARIT FOR THE HEART (10:30)

Our service led from the Alyth bimah and members' homes with Cantor Tamara and Rabbi Colin.

The service will include familiar High Holy Days melodies, for all those who like to be in the marquee or in Kollot.

What do I need? Pick up a machzor on one of the collection days (or view online [here](#)) and download the supplement from the Alyth website by [clicking here](#).

[Click here](#) to join on Zoom (Meeting ID: 840 6061 7496, Passcode: 785089)

ONLINE

TORAH SERVICE, SERMON AND MUSAF (11:30)

Our Imrei Finu and Heart services come together online for our Torah service and Musaf, led from the Alyth Bimah and members' homes.

The sermon will be given by Cantor Tamara at approximately 12:00.

Led by Rabbi Josh, Cantor Tamara and Rabbi Colin

What do I need? Pick up a machzor on one of the collection days (or view online [here](#)).
To join in with Kiddush: wine, apples and honey, challah

[Click here](#) to join on Zoom (Meeting ID: 840 6061 7496, Passcode: 785089)

ROSH HASHANAH 5782 BY TIME

IN-PERSON AND ONLINE

(AT THE STERNBERG CENTRE: MARQUEE)

FAMILY: BIG BANG (11:45-13:15)

The Big Bang is Alyth's world famous, participative musical tefillah experience for all the family. Enjoy the joyful sounds of our annual Rosh Hashanah Big Bang with Rabbi Hannah and the Big Bang musicians.

What do I need? Pick up a machzor and supplement when you attend the service.

[Click here to pre-book your attendance \(in-person attendance must be prebooked\)](#)

[Click here to join on Zoom \(Meeting ID: 856 0694 7273, Passcode: 180582\)](#)

ONLINE

FAMILY: BIG BANG BREAK OUT (APPROX. 12:30)

For those who are watching the Big Bang online over Zoom.

Mike, Sophie, Ella and the Youth and Education team will be watching the Big Bang online with you and will run an interactive online activity during the Torah Service.

[Click here to join on Zoom \(Meeting ID: 837 2826 8950, Passcode: 248402\)](#)

ROSH HASHANAH AFTERNOON TUESDAY 7 SEPTEMBER

IN-PERSON

(AT THE HAMPSTEAD HEATH EXTENSION)

THE TASHLICH TIDY (any time between 15:00-17:00)

Join Alyth clergy and team members on the Hampstead Heath Extension to clear out your sins from the past year. A tailor made journey will take you around different moments of study and play, as you reflect on the sins of body, mind and soul.

For families, there will be four activities.

For adults, there will be four moments of study.

Meet on the corner of Wildwood and Hampstead Way.

EREV SECOND DAY ROSH HASHANAH TUESDAY 7 SEPTEMBER

IN-PERSON AND ONLINE

(AT ALYTH)

HEART: EREV SECOND DAY SERVICE (18:30)

A special in-person and online service led from the Alyth outdoor prayer area to bring in the second day of Rosh Hashanah. Led by Rabbi Josh.

What do I need? Pick up a machzor on one of the collection days (or view online [here](#)) and download the supplement from the Alyth website by [clicking here](#).

[Click here to pre-book your attendance \(in-person attendance must be prebooked\)](#)

[Click here to join on Zoom \(Meeting ID: 854 2173 3736, Passcode: 656759\)](#)

SECOND DAY ROSH HASHANAH WEDNESDAY 8 SEPTEMBER

ONLINE

HEART: CHORAL SHACHARIT, TORAH SERVICE AND MUSAF (10:30)

A full service for Second Day Rosh Hashanah from the Alyth bimah.

Led by Rabbi Josh and Rabbi Elliott, accompanied by a small choir in the Beit Tefillah.

What do I need? Pick up a machzor on one of the collection days (or view online [here](#)) and download the supplement from the Alyth website by [clicking here](#).

To join in with Kiddush: wine, apples and honey, challah

[Click here to join on Zoom \(Meeting ID: 897 3653 5099, Passcode: 785089\)](#)

IN-PERSON AND ONLINE

(AT THE STERNBERG CENTRE: MARQUEE)

HEART: KOLLOT WITH KIDS' CORNER AND BREAK OUT (10:30)

An in-person Kollot service, with areas of extra socially distanced seating for those who need, and a kids' corner. Led by Rabbi Hannah, Cantor Tamara and Justin Wise.

During the Torah service, there will be a special break out activity in the Akiva School Hall for younger members, led by Rabbi Hannah and the Youth and Education team.

What do I need? Pick up a machzor on one of the collection days (or view online [here](#)) and download the supplement from the Alyth website by [clicking here](#).

[Click here to pre-book your attendance \(in-person attendance must be prebooked\)](#)

[Click here to join on Zoom \(Meeting ID: 830 5505 3037, Passcode: 871205\)](#)

ONLINE

MIND: MUSAF FOR THE MIND: THE POWER OF LAUGHTER (12:15)

The Days of Atonement are usually conceived as a serious and solemn time of the year, yet our Rosh Hashanah Torah readings mention laughter. The Hebrew name for the character of Isaac ('Yitzchak') translates as 'he will laugh', and in this morning's reading Sarah takes offence at Ishmael laughing. Join Rabbi Elliott for a Musaf break-out to consider the role of laughter in our Jewish lives, and reflect on why laughter is just as important as solemnity in our High Holy Days.

This session will also include the blowing of shofar.

What do I need? [Click here](#) to view or download the source sheets.

[Click here to join on Zoom \(Meeting ID: 852 3075 7245, Passcode: 311220\)](#)

10 MINUTES ON THE BIMAH IN THE 10 DAYS

THURSDAY 9, FRIDAY 10, SUNDAY 12, MONDAY 13 AND TUESDAY 14 SEPTEMBER

We know that many members have felt great loss at not being able to spend time in the Alyth Beit Tefillah over the last eighteen months. During the Ten Days, we invite you to book a 10 minute appointment with the divine, when you can have the Alyth bimah for yourself.

We will provide a liturgy for you to use, or you can simply sit in the quiet of this special space, for personal prayer, meditation or reflection. If you wish to say kaddish on the bimah, and would like someone to say this with you, please indicate on the booking form, and we will do our best to accompany you.

[Click here to pre-book your attendance](#)

ALYTH'S HIGH HOLY DAY APPEAL

The High Holy Days are an opportunity to offer our support to those who need it most by living the Jewish value of tzedakah, of giving what each of us is able to.

Go to www.alyth.org.uk/hhd2021/appeal for more information and to donate to our HHD Appeal.

YOM KIPPUR IN-PERSON SERVICES

The full Yom Kippur programme will be with you immediately after Rosh Hashanah.

This will again include a full online programme, as well as a rolling programme of in-person services.

For those who wish, in-person services are now available for booking, using the links below.

KOL NIDRE - WEDNESDAY 15 SEPTEMBER

19:30 KOL NIDRE CHORAL SERVICE (*Sternberg Centre: Marquee*)

[Click here to pre-book your attendance](#)

20:00 TEEN NIDRE (*Sternberg Centre: Akiva School Hall*)

[Click here to pre-book your attendance](#)

YOM KIPPUR - THURSDAY 16 SEPTEMBER

10:00-12:30 YOM KIPPUR KOLLOT (*Sternberg Centre: Marquee*)

[Click here to pre-book your attendance](#)

11:30-12:30 YOM KIPPUR SENSORY (*Sternberg Centre: Akiva School Hall*)

For young families

[Click here to pre-book your attendance](#)

13:45-15:15 YOM KIPPUR ATIDEINU (*Sternberg Centre: Marquee*)

For families

[Click here to pre-book your attendance](#)

15:45-17:15 YOM KIPPUR CHORAL MINCHA (*Sternberg Centre: Marquee*)

[Click here to pre-book your attendance](#)