



#StaySafeWithAlyth

Alyth Online and In-Person

April 2021

ALYTH THIS SPRING AND SUMMER

Over the coming months, we will begin the journey together out of lockdown. As we do so, we will be guided by the same values that have accompanied us through the last year.

Reflecting the Jewish principle **dina d'malchuta dina (the law of the land is the law)** we will move in line with government guidance, and not seek to go beyond that which is permitted.

Driven by our commitment to **pikuach nefesh (the value of saving human life)** we will ensure that all of our activities have full risk assessments and that we reflect best practice in our procedures. As was the case following the last lockdown, organisations will reintroduce different activities at different paces depending on factors such as number of participants, type and duration of activities, and features of their building. As we consider our reopening, we will prioritise the wellbeing of our members of all ages and our staff. We will make as much use as possible of outside space, which we know is a safer way to gather.

In line with our belief that **kol yisrael areivim zeh ba-zeh (all Israel are responsible for one another)** we will do everything we can to ensure that those who are unable to return to in-person activities, or do not feel comfortable doing so, remain fully part of our community. This includes a commitment to ensuring that there is dedicated high quality online tefillah for as long as we need it. Our commitment to **chiddush (innovation)** means that over the coming months we will also experiment with ways of creating hybrid services and activities to include the whole community and new friends, as we continue to strive for **simcha shel mitzvah (the joy of Jewish life)** in all that we do.

We will remember the value of **ahavat ha-briyot (a loving concern for others)** - that even as many of us enjoy our new freedoms, there are many in our community who are still in need of our support and our care.

Rabbi Josh

ALYTH'S ONLINE IFTAR 2021 on the theme of 'Body and Soul' Tuesday 27 April 2021 (18:45-20:15)

Join us for Alyth's eighth annual Iftar.

This year's event will once again take the form of an online Pre Iftar Study Evening. We will conclude in time for those who are fasting to eat in their own homes "off camera".

Go to www.alyth.org.uk/alythonline for details

IN-PERSON AND ONLINE SERVICES

From this month, we will begin to experiment further with in-person services on Shabbat mornings.

These will run in parallel with our dedicated online service from the Beit Tefillah.

In April, in-person parallel minyanim will be limited to an attendance small enough to fit in the synagogue sukkah area, where congregational singing will be permitted.

The service will move into the Youth Hall if the weather requires. These services will also be available via Zoom.

Spaces can be booked from the week before, with a registration link in the weekly email. See inside for details of these services.

Pray With Us

Please go to www.alyth.org.uk/alythonline for the service Zoom links
The services can also be accessed by going to www.youtube.com/c/AlythRS

Erev Shabbat Services - Online every Friday at 18:30

Join our clergy as they lead the Erev Shabbat service from the Beit Tefillah. Please remember that this service is online only. We invite you to have Shabbat candles and Kiddush ready in advance of the service so that we can join together in these moments from our homes.

Shabbat Morning Services - A mix of online and in person services

All services are online unless they use the "In-Person" title. The In-Person services are subject to strict distancing and protective measures to protect staff and members.

Saturday 3 April

Early Start In-Person Service, 9:00

In-person Shabbat morning service with Rabbi Josh and Rabbi Hannah. This service must be pre-booked. [Click here](#) to sign up.

Seventh Day Pesach Service, 10:30

Led by Rabbi Josh and Rabbi Elliott from the Beit Tefillah, with Katie Hainbach joining from home. The sermon will be given by Rabbi Josh.

Sensory Shabbat In-Person, 10:45 & 12:00

See over the page for more information.

Saturday 10 April

Early Start Bat Mitzvah Service, 9:00

An in-person service including the Bat Mitzvah of Rebekah Stone. Led by Rabbi Hannah in the Youth Hall. This service will also be online.

Shabbat Morning Online Service, 10:30

Led by Rabbi Hannah from the Beit Tefillah. The sermon will be given by Rabbi Hannah.

Kollot In-Person and Online, 10:30

Our informal participatory minyan led by Rabbi Josh and Cantor Tamara. There is very limited space in this service, which must be pre-booked by [clicking here](#).

Saturday 17 April

Early Start Bat Mitzvah Service, 9:00

An in-person service including the Bat Mitzvah of Ella van Reeuwijk. Led by Cantor Tamara in the Youth Hall. This service will also be online.

Shabbat Morning Online Service, 10:30

Led by Rabbi Elliott from the Beit Tefillah. The sermon will be given by Rabbi Colin.

Big Bang In-Person and Online, 11:00

Our musical family service, led by Rabbi Hannah and Cantor Tamara. There is very limited space in this service. Registration will open to book your place the week before the service.

Saturday 24 April

Early Start Bar Mitzvah Service, 9:00

An in-person service including the Bar Mitzvah of Blake Evans. Led by Rabbi Josh in the Youth Hall. This service will also be online.

Shabbat Morning Online Service, 10:30

Led by Cantor Tamara from the Beit Tefillah. The sermon will be given by Rabbi Elliott.

Imrei Finu In-Person and Online, 11:00

A special Imrei Finu service led by Rabbi Josh. Imrei Finu includes lots of singing to new and familiar melodies, davening and space for personal prayer, as well as an informal Torah reading. There is very limited space in this service. Registration will open to book your place the week before the service.

Services during the week

Please go to www.alyth.org.uk/alythonline for the service Zoom links

Monday and Thursday Online Shacharit

Mondays 19 & 26 April (8:30)

Thursdays 1, 8, 15, 22, 29 April (8:30)

Online Shacharit Services every Thursday with Cantor Tamara or Rabbi Elliott. Please note there is no Monday service on 5 & 12 April.

Wednesday Ma'ariv Online

Wednesdays 7, 21, 28 April (20:00)

Join us for a mid-week evening service led by Alyth members.

Sunday Shacharit

Sundays 4, 11, 18, 25 April (9:00)

Our lay-led minyan with bagel breakfast (please provide your own bagels...) Led by Alyth members from their homes.

Yom HaShoah Special Shacharit

Thursday 8 April (8:30)

A special service to mark Yom HaShoah. Led by Cantor Tamara and Lynette Sunderland.

Rosh Chodesh Shacharit Online

Tuesday 13 April (8:30)

A special service for Rosh Chodesh Iyar including the singing of Hallel. Led by Cantor Tamara and Rabbi Elliott.

Pray With Us for Young Families

Please go to www.alyth.org.uk/alythonline for the service Zoom links

Baby Den

Fridays 2, 9, 16, 23, 30 April (10:30)

Chug-a-lug into Shabbat with Rabbi Hannah. Sing your favourite Baby Den songs, dance to a shabbat beat and wave to some familiar faces. For families with Young Children.

Pre-Shabbat Story Time

Fridays 2, 9, 16, 23, 30 April (16:30)

Those pre-school in age are invited to join us for a pre shabbat story to help bring in shabbat.

Baby Den In-Person

Fridays 16 & 30 April (10:30)

Chug-a-lug into Shabbat with Rabbi Hannah. Sing your favourite Baby Den songs, dance to a shabbat beat and wave to some familiar faces. For families with Young Children. There is very limited space in this service, which must be pre-booked by [clicking here](#).

Sensory Shabbat In-Person

Saturday 3 April (10:45 & 12:00)

Our Shabbat experience designed to stimulate your babies' senses in the first years of their life. Join Rabbi Hannah and the dungareenees in this service where you and your baby can touch, see, smell and hear your way through the service. These services must be pre-booked and are fully booked.

Yom HaShoah, Yom HaZikaron and Yom HaAtzmaut

Yom HaShoah

Wednesday 7 and Thursday 8 April

Yom HaShoah Memorial: The Shoah Through the Eyes of Reform Jews

Wednesday 7 April, 18:30-19:30

On the anniversary of the Warsaw Ghetto uprising, Reform communities around the UK join together once again for this year's commemoration of Yom HaShoah as we remember the Holocaust. Light a candle in remembrance at home as we join together.

This creative event will feature Shoah related texts written by Reform Jews, performed by actors accompanied with live instrumental music.

Go to reformjudaism.org.uk/shoah to register and to receive a zoom link.

Yom HaShoah Special Shacharit

Thursday 8 April, 8:30-9:15

A special service to mark Yom HaShoah. Led by Cantor Tamara and Lynette Sunderland.

Pardes: Yom HaShoah Special

Thursday 8 April, 13:00-14:00

Throughout the Jewish world in the 1950s, the prevailing belief was that Jews had gone "like sheep to the slaughter" in the Shoah. The Warsaw Ghetto Uprising was praised as virtually the only act of Jewish resistance. How has that view changed? Explore the issue with Rabbi Colin in our Pardes session for Yom HaShoah.

Yom HaZikaron and Yom HaAtzmaut

Wednesday 14 and Thursday 15 April

Yom HaZikaron and Yom HaAtzmaut

Wednesday evening 14 April from 19:00

We are delighted to be joining with Reform Judaism and Liberal Judaism for an evening of celebration from 19:00 on Wednesday 14 April.

The event will include a transition from Yom HaZikaron, pre-recorded contributions from Israeli friends, and live link-ups to Israelis in the midst of their Yom HaAtzmaut celebrations. Then, from 20:00, join a special online song session with great musicians from our communities.

Over the following three days, Progressive Jews from around the world are invited to join online sessions organised by arzenu, ARZA US and IMPJ.

More details of all of these events are to follow.

Pardes: Yom HaAtzmaut Special

Thursday 15 April, 13:00-14:00

What is special about the Land of Israel? Once you're there, are you allowed to leave? In this special Pardes we will explore some of the central rabbinic texts (both legal texts and rabbinic legends that deal with the Land of Israel and its relationship to us and to the rest of the world.

Learn With Us

Please go to www.alyth.org.uk/alythonline for the session Zoom links where you will also find the source sheets for each session.

Alyth Chevruta Project: Pirkei Avot Thursdays 1, 8, 15, 22, 29 April, 19:00-20:00

After the success of the pilot programme, the Alyth Chevruta Project returns for another series during the Omer (between Pesach and Shavuot).

Every Friday, participants will be sent a study pack containing texts, questions and supporting material to study in chevruta. Every following Thursday, a member of the clergy team will host a review session from 19:00-20:00, looking at the material and answering questions coming out of the week of study. This material can also be seen here alyth.org.uk/chevruta.

If you were registered in the last course and wish to continue with your current study partner, email acp@alyth.org.uk to let us know that you want to continue.

New members of this group are welcome. We will be delighted to find you a study partner, or let us know if you already have someone in mind. If you would like to join, please fill in the registration form by [clicking here](#) or contact us via acp@alyth.org.uk for more information.

Shabbat Shiurim Saturdays 3 & 17 April, 9:15-10:15

Our fortnightly Shabbat morning shiur, currently taught online.

Saturday 3 April

Singing That Song

"Pharaoh's chariots and army God cast into the sea... they went down to the depths like a stone." How do we celebrate the death of our enemies? Should we be doing so? Join Rabbi Colin to see what our sources have to say.

Saturday 17 April

Disability and Inclusion

Join Rabbi Hannah and Lynette Sunderland who will welcome Tracey Lazard from Inclusion London UK, an organisation promoting equality for the London's 1.2 million deaf and disabled people. Together we will explore how disabled people face everyday life, how Covid-19 has impacted on their lives and why working with disabled people and organisations is vital.

Pardes Thursdays 8, 15, 22, 29 April, 13:00-14:00

Our weekly online study sessions taught by a different member of the clergy each week.

- 8** Yom HaShoah with Rabbi Colin
- 15** Yom HaAtzmaut with Rabbi Elliott
- 22** With Cantor Tamara
- 29** With Rabbi Hannah

Learn With Us

Please go to www.alyth.org.uk/alythonline for the session Zoom links where you will also find the source sheets for each session.

E-ssentials

Tuesdays 13 & 20 April, 20:00-21:00

Our regular introduction to Judaism class taught by our clergy with Jon Epstein.

13 The Shoah and Israel in Jewish Life

This session falls between Yom HaShoah and Yom HaAtzmaut. We will explore these days, and the continuing role of the Holocaust and Israel in our Jewish lives.

20 Prayer 1

The first of two sessions looking at Prayer and the Liturgy. In this session we will look at the role of prayer in our lives, and the building blocks of the liturgy.

On 27 April, Essentials participants are invited to join us for Alyth's annual Iftar. See below.

Adult Hebrew

Biblical Hebrew

Sundays, 11:00-12:00

A programme for those with high level hebrew reading ability. Email edwardjgold@hotmail.com if you would like to join this class so that you can be sent the link and materials in advance.

Hebrew reading from Scratch

Tuesdays 13 & 20 April, 19:00-20:00

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

Alyth's Online Iftar 2021 'Body and Soul'

Tuesday 27 April, 18:45-20:15

Join us for Alyth's eighth annual Iftar.

Once again, we cannot welcome guests into our synagogue, nor can we eat together, but we can still come together as a wider community to learn from one another and to study.

For a second time, this year's event will take the form of a Pre Iftar Study Evening, on the theme this year of 'Body and Soul'. We will conclude in time for those who are fasting to eat in their own homes "off camera".

Go to www.alyth.org.uk/alythonline for Zoom details

Be With Us

Please go to www.alyth.org.uk/alythonline for the session Zoom links.

Regular Activities

Craft, Chat and Cuppa!

Mondays 12, 19, 26, 15:00-16:00

Creating gifts for Homeless Action in Barnet and small cuddly toys for children to be distributed via food banks. If you have any unused wool or fabric please consider helping by donating it to the project. Join Brenda and the Craft, Chat and Cuppa group for a good chat!

Alyth Choral Society

Tuesdays 20 & 27 April, 20:00-22:00

For Choral Society Members only. Go to www.alythchoralsociety.org for more information

News, Views & Schmooze

Wednesdays 7 & 21 April, 11:00-12:00

Join us for an hour of schmooze to discuss what is going on in the world around us. Led by volunteers from the Soup and Schmooze group.

Mellow Chair Yoga for All Ages

Thursdays, 11:00-12:00

Our special Chair Yoga and Meditation with Maxine, open to all ages wishing to enhance overall mental and physical wellbeing.

Jewish Mindfulness Meditation

Fridays 2, 16, 30 April, 17:15-18:15

Saturdays 10 & 24 April, 9:15-10:15

Jewish Mindfulness Meditation helps us to open our hearts and find peace through our spiritual heritage, especially in these challenging times.

Tea-time Concert with Katie and Tom

Sunday 18 April, 16:00

Join Katie and Tom for a live concert streamed directly into your home. This varied programme will include repertoire from the operas, musicals and more. For all the community.

Monthly Activities

Alyth Book Club:

"People of the Book" by Geraldine Brooks

Monday 5 April, 18:30-19:30

This month's book is "People of the Book". [Click here](#) for more information about the book. Join Rabbi Colin and Katie for our monthly Book Club discussion.

May's session is on Monday 10 May. The book will be 'The Cut Out Girl: A Story of War and Family, Lost and Found' by Bart van Es. [Click here](#) for more information about the book.

Singing for Pleasure

Sundays 11 & 25 April, 15:00-16:00

Join Viv and sing songs from the shows, Israeli folksongs, songs from the 60s and much, much more. No need to audition, read music or feel intimidated.

Synagogue Choir Rehearsal

Saturdays 10 & 24 April, 9:15-10:15

Online choir rehearsal.



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April
2021

Learn With Us - Youth and Education

Please go to www.alyth.org.uk/alythonline for the session Zoom links.

Contact mike@alyth.org.uk for more information about any of these programmes.

As we begin to reopen after the current lockdown (see the front page for more details on our guiding principles), our goal is that every one of our children will be offered the opportunity to be with us and our dedicated team of madrichim in-person a minimum of a couple of times between now and the summer break. We will let you know how this will work as soon as we can after 12 April.

We ask for your patience and understanding as we work this through to ensure that any steps that we make are as safe as possible for our young people, teenage volunteers and staff.

Alyth Sunday Mornings

Sunday 25 April (10:00-11:00)

SMG covers a wide range of topics, challenging our young members to question and form their own understanding of Jewish practice; through games, arts and crafts, discussion and more.

To find out more or to enrol, please contact mike@alyth.org.uk.

Ruach 1 - 4

Fridays 23 & 30 April (17:00-18:15)

This half-term, we will once again be bringing Ruach 1- 4 all together on Zoom for our Friday evening programme. Join Mike & Sophie and our team of madrichim, who will help you to engage with Torah and offer breakout spaces during the sessions to connect with your Ruach cohort.

Special Sessions

SWAY Madrichim Meeting

Tuesday 6 April (17:00-18:30)

Calling all Alyth madrichim in School Years 9-13: it's finally time to plan our summer together.

Anyone hoping to lead on SWAY2021 MUST attend this Zoom meeting. If for any reason you cannot join us but wish to lead, please let Mike know in advance.

Ruach Starters Meeting

Friday 16 April (17:15-18:15)

For all families (parent and child) joining Ruach 1 this term, we are hosting a new starters meeting, where we will explore the programme, year ahead and post-BM future with Alyth. Please save the date for our interactive zoom gathering.

Lag B'Omer Family In-Person Tea

Thursday 29 April (17:00-18:15)

Join us for an opportunity to eat, sing and play on the forecourt (weather permitting) in a fun exploration of Lag B'Omer rituals and games. Places are limited, so families must register in advance, indicating how many individuals will be attending by [clicking here](#).

SWAY - SAVE THE DATES

We are waiting to see specifically how the roadmap pans out; however, it will come as one of two of the following plans:

1) If residential events are allowed

SWAY Days (16-20 August)

A day scheme for Reception - Yr6.

SWAY Away (23-27 August)

A residential scheme for Yr3-8 in Northampton.

2) Day scheme only

SWAY 2021 (16-20 August)

A day scheme for Reception - Yr8 with year groups & madrichim bubbled for a mostly outdoor experience.