



#StaySafeWithAlyth

Alyth Online and In-Person

March 2021

Details of Pesach to follow

A SPECIAL SERVICE IN MARCH



Shabbat Tikvateinu – A Shabbat of Hope Friday 19 March, 18:30

On Erev Shabbat 19 March, we will mark a full year of services away from our Beit Tefillah. As we look forward to a return to a more normal world, we want to create a hopeful moment to mark this painful anniversary, bringing us together as we did in those first weeks. Please join us for a very special Erev Shabbat service. This will include a community candle lighting and Kiddush, so please prepare these in advance, and, if you can, join us on zoom with candles in view.

SPECIAL LEARNING IN MARCH

Why the census matters to the Jewish Community with *Dr Jonathan Boyd, Executive Director of JPR* Thursday 18 March, 19:00-20:00

On 21 March 2021, the decennial United Kingdom census will take place. Each of us will be required by law to complete the census, providing a snapshot of the UK population. On the Thursday preceding census day, we are delighted to welcome Dr Jonathan Boyd, Executive Director of the Jewish Policy Research.

Alyth Chevruta Project: Pirkei Avot

After the success of the pilot programme, the Alyth Chevruta Project returns for another series during the Omer (between Pesach and Shavuot). See inside for more information, including how you can get involved.

Pardes Short Course - The Haggadah

Throughout March, join Rabbi Josh to explore the textual origins and development of the Haggadah. Why do we have a Haggadah at all – what biblical idea is it trying to fulfil?

See inside for more information about these activities
and all the other Alyth programmes from now to 25 March.

Pray With Us

Please go to www.alyth.org.uk/alythonline for the service Zoom links
The services can also be accessed by going to www.youtube.com/c/AlythRS

Erev Shabbat Services - Online every Friday at 18:30

Join our clergy as they lead the Erev Shabbat service from the Beit Tefillah. Please remember that this service is online only. We invite you to have Shabbat candles and Kiddush ready in advance of the service so that we can join together in these moments from our homes.

Shabbat Morning Services - A mix of online and in person services

All services are online unless they use the "In-Person" title. The In-Person services are subject to strict distancing and protective measures to protect staff and members.

Saturday 6 March

Early Start Bat Mitzvah Service, 9:00

An in-person service including the B'not Mitzvah of Milly Bell and Lizzie Ostrovsky. Led by Rabbi Hannah in the Youth Hall.

Shabbat Morning Online Service, 10:30

Led by Cantor Tamara and Rabbi Elliott from the Beit Tefillah. Rabbi Colin will join us from home to give the sermon.

Sensory Shabbat, 11:00

See over the page for more information.

Saturday 13 March

Early Start In-Person Service, 9:00

In-person Shabbat morning service with Rabbi Hannah. This service must be pre-booked. [Click here](#) to sign up.

Kollot Online Service, 10:30

Our informal participatory minyan led by Rabbi Josh and Rabbi Hannah from the Beit Tefillah. The service includes the Bat Mitzvah of Ayala Overlander-Kaye.

Nusach and New Music, 10:30

Join Cantor Tamara for a special Shacharit service incorporating a bit more traditional nusach and hazzanut, woven in with the Shabbat morning melodies we know and love. This service will join Kollot for the Torah service.

Saturday 20 March

Early Start In-Person Service, 9:00

In-person Shabbat morning service with Rabbi Josh. This service must be pre-booked. [Click here](#) to sign up.

Shabbat Morning Online Service, 10:30

Led by Rabbi Josh and Rabbi Elliott from the Beit Tefillah.

Minchah Bat Mitzvah Service, 14:30

An in-person service including the Bat Mitzvah of Lizzie Wortsman. Led by Cantor Tamara in the Youth Hall.

Services during the week

Please go to www.alyth.org.uk/alythonline for the service Zoom links

Monday Shacharit In-Person

Mondays 8, 15, 22 March (8:30)

Small in-person Shacharit Services every Monday in the synagogue sukkah or Youth Hall with Cantor Tamara or Rabbi Elliott.

[Click here](#) to sign up. These services will also be available online.

Wednesday Ma'ariv Online

Wednesdays 3, 10, 17, 24, 31 March (20:00)

Join us for a mid-week evening service led by Alyth members.

Thursday Shacharit Online

Thursdays 4, 11, 18 March (8:30)

Online Shacharit Services every Thursday with Cantor Tamara or Rabbi Elliott.

Sunday Shacharit

Sundays 7, 14, 21 March (9:00)

Our lay-led minyan with bagel breakfast (please provide your own bagels...) Led by our lay members from their homes.

Pray With Us for Young Families

Please go to www.alyth.org.uk/alythonline for the service Zoom links

Baby Den

Fridays 5, 12, 19, 26 March (10:30)

Chug-a-lug into Shabbat with Rabbi Hannah. Sing your favourite Baby Den songs, dance to a shabbat beat and wave to some familiar faces. For families with Young Children.

Pre-Shabbat Story Time

Fridays 5, 12, 19, 26 March (16:30)

Those pre-school in age are invited to join us for a pre shabbat story to help bring in shabbat.

Sensory Shabbat Online

Saturday 6 March (11:00)

Our Shabbat experience designed to stimulate your babies' senses in the first years of their life. Join Rabbi Hannah in this service where you and your baby can touch, see, smell and hear your way through the service.

Save the
dates

Pesach 2021

1st Night Saturday 27 March

1st Day Services Sunday 28 March

Communal Sedarim Sunday 28 March

7th Day Services Shabbat 2/3 April

See our special Pesach flyer for more details - coming soon!

Learn With Us

Please go to www.alyth.org.uk/alythonline for the session Zoom links where you will also find the source sheets for each session.

Alyth Chevruta Project: Pirkei Avot

After the success of the pilot programme, the Alyth Chevruta Project returns for another series during the Omer (between Pesach and Shavuot).

Chevruta is a classical form of Jewish study, in which two people grapple with a text together. The Talmud declares, 'Two students learning together sharpen one another'.

Over the seven weeks beginning at Pesach, we will study Pirkei Avot along with stories and other texts that the Sages brought to expand on their sayings.

Every Friday, beginning 26 March, participants will be sent a study pack containing texts, questions and supporting material to study in chevruta. Every following Thursday, beginning 1 April, a member of the clergy team will host a review session from 19:00-20:00, looking at the material and answering questions coming out of the week of study. This material can also be seen here alyth.org.uk/chevruta.

If you were registered in the last course and wish to continue with your current study partner, email acp@alyth.org.uk to let us know that you want to continue.

New members of this group are welcome. We will be delighted to find you a study partner, or let us know if you already have someone in mind.

If you would like to join, please fill in the registration form by [clicking here](#) or contact us via acp@alyth.org.uk for more information.

Why the census matters to the Jewish Community with Dr Jonathan Boyd, Executive Director of JPR Thursday 18 March, 19:00-20:00

On 21 March 2021, the decennial United Kingdom census will take place (except in Scotland). Each of us will be required by law to complete the census, providing a snapshot of the UK population which informs national and local planning.

Among the organisations that use the information in the census is the Institute for Jewish Policy Research (JPR), which uses census data to find out about Jewish life across the UK, looking at things like population size and projections, age range, household size and composition, socioeconomics and health.

On the Thursday preceding census day, we are delighted to welcome Dr Jonathan Boyd, Executive Director of the JPR.

In this online session, he will discuss the importance of the census, some of the many insights it provides about the nature of the British Jewish community today, and how the data is used to support and shape Jewish communal life.

Learn With Us

Please go to www.alyth.org.uk/alythonline for the session Zoom links where you will also find the source sheets for each session.

Weekly Learning

Biblical Hebrew

Sundays, 11:00-12:00

A programme for those with high level hebrew reading ability. Email edwardjgold@hotmail.com if you would like to join this class so that you can be sent the link and materials in advance.

Hebrew reading from Scratch

Tuesdays 2, 9, 16, 23 March, 19:00-20:00

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

E-ssentials

Tuesdays, 20:00-21:00

Our regular introduction to Judaism class taught by our clergy with Jon Epstein.

- 2** Shabbat in Jewish Life
- 9** The Jewish Home and Kashrut
- 16** Introduction to Pesach
- 23** Pesach Learning Seder
- 30** No session - Pesach break

Pardes Short Course - The Haggadah

Thursdays 4, 11, 18, 25 March, 13:00-14:00

Throughout March, join Rabbi Josh to explore the textual origins and development of the Haggadah. We will take a journey through Tanakh, Midrash and Talmud.

Why do we have a Haggadah at all – what biblical idea is it trying to fulfil?

Why four cups not five? Where do the traditions of four sons and four questions come from? Who added the pouring out of wrath, and why?

Shabbat Shiurim

Saturday 6 & 20 March, 9:15-10:15

Our fortnightly Shabbat morning shiur, currently taught online.

Saturday 6 March

The Red Heifer

Today is Shabbat Parah, in which we read of the Parah Adumah, the red heifer – but what is this mysterious animal, and what is the significance of the ritual described in the special Torah reading for this Shabbat? Join Rabbi Elliott in this shiur to explore some ancient and contemporary commentators as they grapple with these questions.

Saturday 20 March

For Whom Do We Really Sacrifice?

Join Cantor Tamara for a shiur on Biblical sacrifice: how did the Rabbis understand this ancient practice, and how can we relate to it today?



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Be With Us

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Regular Activities

Craft, Chat and Cuppa!

Mondays, 15:00-16:00

This 'club' is for anyone who would like to try any sort of hand craft.

Alyth Choral Society

Tuesdays 2, 9, 16, 23, 30 March, 20:00-22:00

For Choral Society Members only. Go to www.alythchoralsociety.org for more information

News, Views & Schmooze

Wednesdays 10 & 24 March, 11:00-12:00

Join us for an hour of schmooze to discuss what is going on in the world around us. Led by volunteers from the Soup and Schmooze group.

Mellow Chair Yoga for All Ages

Thursdays, 11:00-12:00

Our special Chair Yoga and Meditation with Maxine, open to all ages wishing to enhance overall mental and physical wellbeing.

Jewish Mindfulness Meditation

Fridays 5 & 19 March, 17:15-18:15

Saturdays 13 & 27 March, 9:15-10:15

Jewish Mindfulness Meditation helps us to open our hearts and find peace through our spiritual heritage, especially in these challenging times.

Monthly Activities

Alyth Book Club:

"Shtum" by Jem Lester

Monday 1 March, 18:30-19:30

This month's book is "Shtum" by Jem Lester.

[Click here](#) for more information about the book. Join Rabbi Colin and Katie for our monthly Book Club discussion.

April's session is on Monday 5 April. The book will be 'People of the Book' by Geraldine Brooks.

Singing for Pleasure

Sundays 14 & 28 March, 15:00-16:00

Join Viv and sing songs from the shows, Israeli folksongs, songs from the 60s and much, much more. No need to audition, read music or feel intimidated.

Synagogue Choir Rehearsal

Saturday 13 March, 9:15-10:15

Online choir rehearsal.

Tea-time Concert with Katie and Tom

Sunday 7 March, 16:00

Join Katie and Tom for a live concert streamed directly into your home. This varied programme will include repertoire from the operas, musicals and more. For all the community.

Craft, Chat and Cuppa!

We would like to invite anyone who enjoys crafts to create gifts for Homeless Action in Barnet. Join us to make: tote bags (pattern provided), masks (pattern provided), hats, scarves, gloves, shawls, leg warmers, socks, blankets or rugs. (We're happy to receive knitted or crocheted squares and we'll find someone to sew them together). We also intend to make small cuddly toys for children and distribute them via food banks. If you have other suggestions of things to make or people to help please do let us know. If you have any unused wool or fabric please consider helping by donating it to the project.



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Learn With Us - Youth and Education

Please go to www.alyth.org.uk/alythonline for the session Zoom links

Regular Learning

Alyth Sunday Mornings

Sundays 7, 14, 21 March (10:00-11:00)

SMG covers a wide range of topics, challenging our young members to question and form their own understanding of Jewish practice; through games, arts and crafts, discussion and more. This term we will be exploring prayer.

To find out more or to enrol, please contact mike@alyth.org.uk.

Ruach

Fridays 5, 12, 26 March (17:00-18:15)

This half-term, we will once again be bringing Ruach 1- 4 all together on Zoom for our Friday evening programme. Join Mike & Sophie and our team of madrichim, who will help you to engage with Torah and offer breakout spaces during the sessions to connect with your Ruach cohort.

Ruach 4

As we are currently unable to deliver an in-person mentoring programme, Mike will also be in contact with students individually in the month of their ceremony to arrange support for the writing of the Bar/Bat Mitzvah Prayer.

Year Group Catch-ups

Our youth leaders have given so much of their time to the community and been apart from us and each other for too long.

As we look toward the Summer, now is the time to reconnect each shichva (year group) and prepare for the leadership opportunities ahead of them.

Madrichim in School Years 10 to 12 can join Mike and Sophie at the following times:

Year 10 Tuesday 2 March (17:30)

Year 11 Thursday 4 March (17:00)

Year 12 Thursday 4 March (18:00)

Contact mike@alyth.org.uk for more information about any of these programmes.