

Pray With Us

Please go to www.alyth.org.uk/alythonline for the service Zoom links
The services can also be accessed by going to www.youtube.com/c/AlythRS

All Alyth activities will be online only in January.

Erev Shabbat Services - Online every Friday at 18:30

Join our clergy as they lead the Erev Shabbat service from the Beit Tefillah. Please remember that this service is online only. We invite you to have Shabbat candles and Kiddush ready in advance of the service so that we can join together in these moments from our homes.

Shabbat Morning Services

Saturday 9 January

Shabbat Morning Service, 10:30

Led by Rabbi Hannah and Rabbi Elliott from the Beit Tefillah. The service includes the Bat Mitzvah of Sasha Benowitz.

Sensory Havdallah, 16:00

See over the page for more information.

Saturday 16 January

Shabbat Morning Service, 10:30

Led by Rabbi Hannah from the Beit Tefillah with members from their homes.

Saturday 23 January

Shabbat Morning Service, 10:30

Led by Cantor Tamara from the Beit Tefillah. The service including the Bat Mitzvah of Amelie Conway.

Imrei Finu Service, 10:30

Imrei Finu is a special, spiritual prayer experience, including lots of singing to new and familiar melodies, davening and space for personal prayer. Led by Rabbi Josh and Rabbi Hannah.

Saturday 30 January

Shabbat Morning Service, 10:30

Led by Rabbi Josh from the Beit Tefillah.

Wellbeing Service, 10:30

Join Cantor Tamara and Justin Wise as we take time for ourselves to relax and breathe. During our Shabbat morning service, we will explore our mental and physical wellbeing through tuneful prayer.

Correct as at 4 January

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Services during the week

Please go to www.alyth.org.uk/alythonline for the service Zoom links

Monday Shacharit *(now online)*

Mondays 11, 18, 25 January (8:30)

Online Shacharit Services every Monday with Cantor Tamara or Rabbi Elliott.

Wednesday Ma'ariv Online

Wednesdays 6, 13, 20, 27 January (20:00)

Join us for a mid-week evening service led by Alyth members.

Thursday Shacharit Online

Thursdays 7, 14, 21, 28 January (8:30)

Online Shacharit Services every Thursday with Cantor Tamara or Rabbi Elliott.

Sunday Shacharit

Sundays 10, 17, 24, 31 January (9:00)

Our lay-led minyan with bagel breakfast (please provide your own bagels...) Led by our lay members from their homes.

Rosh Chodesh Shacharit Online

Thursday 14 January (8:30)

A special service for Rosh Chodesh including the singing of Hallel.

Pray With Us for Young Families

Please go to www.alyth.org.uk/alythonline for the service Zoom links

Baby Den *(now online)*

Fridays 8, 15, 22, 29 January (10:30)

Chug-a-lug into Shabbat with Rabbi Hannah. Sing your favourite Baby Den songs, dance to a shabbat beat and wave to some familiar faces. For families with Young Children.

Pre-Shabbat Story Time *(now online)*

Fridays 15, 22, 29 January (16:30)

Those pre-school in age are invited to join us for a pre shabbat story to help bring in shabbat.

Sensory Havdallah *(now online)*

Saturday 9 January (16:0)

Havdalah is one of our most Sensory experiences. We see the flickering candle flame, smell the sweet spices and taste the wine. Join Rabbi Hannah for this special Sensory Havdalah experience where our youngest members can wave goodbye to Shabbat and prepare to start the week new. Feel free to wear your PJs or onesies!

Correct as at 4 January

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#StaySafeWithAlyth

January
2021

Learn With Us

Please go to www.alyth.org.uk/alythonline for the session Zoom links where you will also find the source sheets for each session.

ALYTH CHEVRUTA PROJECT

Thursdays 7, 14, 21, 28 January and 4, 11, 18 February 2021 (19:00-20:00)

Beginning in January 2021, we invite you to join us in a special learning project for the whole community. Chevruta is a classical form of Jewish study, in which two people grapple with a text together. The Talmud declares, "Two students learning together sharpen one another". Throughout January and February 2021, in the lead-up to Purim, the Alyth Chevruta Project will set-up and support study in pairs of Tractate Megillah of the Mishnah.

Why Chevruta?

Chevruta is the perfect study for our complicated times as it can be done flexibly at a convenient time, in-person or online, and keeping to the rule of six. It is also a great introduction to text study as it can be done in partnership with someone with similar experience and at your own pace.

How will it work?

Every Friday, starting on 1 January, participants will be sent a study pack containing texts, questions and supporting material to study in chevruta. Every following Thursday from 19:00-20:00, a member of the clergy team will host a review session looking at the material, and answering questions coming out of the week of study.

The application process is over, but please contact elliott@alyth.org.uk if you would still like to take part.

Online Table Talk: Tu B'Shvat

Thursday 28 January 20:00-21:00

On Tu B'Shevat we traditionally have a seder based around different categories of fruit and cups of wine. This year, instead of four cups of wine, join us for four gin and tonics. Emma Parker, Co-Founder and Director of Madam Geneva & Gent Gin Experiences, will be joining us to taste four gins with fruity tasting notes. Learn about the history of gin and see which fruits you can detect on the palate. There will be a charge of £20 to cover the cost of the Gin, but you can join on Zoom without the official set. Please [click here](#) to sign up by Monday 18 January so we can order the appropriate amount and send it to you. Further details to follow in early January.

DATE FOR YOUR DIARY

Special General Meeting of Congregants (Building Development)

Sunday 28 February

The need to renew and repair our building remains. A Special Meeting of Congregants to consider and approve proposals to proceed with the redevelopment of the building will be held on Sunday 28 February. Detailed proposals will follow in January 2021.

Correct as at 4 January

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REGULAR LEARNING WITH ALYTH

Weekly Learning

Hebrew reading from Scratch

Tuesdays 12, 19, 26 January, 19:00-20:00

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

E-ssentials: Short Course on Jewish History

Tuesdays, 20:00-21:00

Our regular introduction to Judaism class taught by our clergy with Jon Epstein.

- 5** Epoch changing moments in Jewish history
- 12** 18 Figures in Jewish History of whom you should have heard
- 19** Anglo Jewish history
- 26** Annual Tu B'Shvat Seder and Jewish Environmental Ethics

Pardes Short Course - 'Is this not a logical argument?' Where halachah comes from

Thursdays 7, 14, 21, 28 January, 13:00-14:00

The rabbis of the Talmud often struggle with the question of why Jewish law falls the way it does. Over four weeks we will examine this question through an account of what happens when Pesach falls on Shabbat, as it develops through different rabbinic texts.

- Week 1** Mishnah Pesachim 6:1
- Week 2** Tosefta Pesachim 4:13-14
- Week 3** Jerusalem Talmud Pesachim 33a-b
- Week 4** Babylonian Talmud Pesachim 65b-66b

Biblical Hebrew

Sundays, 11:00-12:00

A programme for those with high level hebrew reading ability. Email edwardjgold@hotmail.com if you would like to join this class so that you can be sent the link and materials in advance.

Shabbat Shiurim

Saturdays 9 & 23 January, 9:15-10:15

Our fortnightly Shabbat morning shiur, currently taught online.

Saturday 9 January

Responding to Refugees

One of the consequences of the pandemic is that we have not been able to run our regular refugee drop-in in the same way as normal. In this session with Rabbi Elliott and guests from Alyth and the Barnet Refugee service, we will discuss the current reality for refugees in our area, and the challenge of helping those in need when our normal responses are not possible.

Saturday 23 January

How Judaism finds light in the darkness

This year has been particularly unsettling for everyone. On Mental Health Awareness Shabbat we are invited to reflect on how we are feeling. Join Rabbi Hannah as we turn to our narrative for comfort, looking at how Judaism finds light in the darkness.

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Be With Us

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Regular Activities

Craft, Chat and Cuppa!

Mondays, 15:00-16:00

This 'club' is for anyone who would like to try any sort of hand craft.

Alyth Choral Society

Tuesdays 12, 19, 26 January, 20:00-22:00

For Choral Society Members only. Go to www.alythchoralsociety.org for more information

News, Views & Schmooze

Wednesdays 13, & 27 January, 11:00-12:00

Join us for an hour of schmooze to discuss what is going on in the world around us. Led by volunteers from the Soup and Schmooze group.

Mellow Chair Yoga for All Ages

Thursdays, 11:00-12:00

Our special Chair Yoga and Meditation with Maxine, open to all ages wishing to enhance overall mental and physical wellbeing.

Jewish Mindfulness Meditation

Fridays 8 & 22 January, 17:15-18:15

Saturdays 16 & 30 January, 9:15-10:15

Jewish Mindfulness Meditation helps us to open our hearts and find peace through our spiritual heritage, especially in these challenging times.

Monthly Activities

Singing for Pleasure

Sundays 17 & 31 January, 15:00-16:00

Join Viv and sing songs from the shows, Israeli folksongs, songs from the 60s and much, much more. No need to audition, read music or feel intimidated.

Community Choir Rehearsals

Saturdays 16 & 30 January, 9:15-10:15

Online choir rehearsal.

Alyth's Annual (Tu B'Shvat) Supper Quiz moves online

Sunday 31 January, 20:00 - 21:00

Celebrate Tu B'Shvat with us at our Annual Alyth Supper Quiz. We can't sit together, but we can join together over Zoom for an interactive new format.

[Click here](#) to register so that we can send you additional material including the first marathon round, cocktail recipes and joining instructions. This will be sent to you on 24 January.

Please note you can join as groups or individuals. However each zoom user will be considered a 'team'. This year will be different but it will still be great fun!



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Learn With Us - Youth and Education

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Year 9 Hadracha

Tuesdays 12, 19, 26 January (17:30-18:30)

Our leadership training course covering teamwork, programme development, leading songs/games, role modelling, public speaking and much more! This is a great way to reconnect with your Alyth peers and build a future with your community.

Alyth Sunday Mornings

Sundays 10, 17, 24, 31 January (10:00-11:00)

SMG covers a wide range of topics, challenging our young members to question and form their own understanding of Jewish practice; through games, arts and crafts, discussion and more. This term we will be exploring prayer.

To find out more or to enrol, please contact mike@alyth.org.uk.

Ruach

Fridays 15, 22, 29 January (17:00-18:15)

This half-term, we will once again be bringing Ruach 1- 4 all together on Zoom for our Friday evening programme. Join Mike & Sophie and our team of madrichim, who will help you to engage with Torah and offer breakout spaces during the sessions to connect with your Ruach cohort.

Ruach 1 Introduction (Friday 8 January, 17:00-18:00)

A special introductory session for families who are starting the B'nei Mitzvah journey this term.

Ruach 4

As we are currently unable to deliver an in-person mentoring programme, Mike will also be in contact with students individually in the month of their ceremony to arrange support for the writing of the Bar/Bat Mitzvah Prayer.

**Contact mike@alyth.org.uk for more information
about any of these programmes.**

**Do you have a child in Year 5
who will celebrate Bar or Bat Mitzvah in 2023/24?**

Do you have a child in Year 5? If so, you should have received a letter inviting you to an online preliminary meeting on Sunday 7 February to talk to us about the allocation of a date for your child's Bar or Bat Mitzvah in 2023/2024.

If you have not received this letter by 1 February please contact sam@alyth.org.uk as a matter of urgency.

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