



To dedicate an area in the home for prayer

וְעָשׂוּ לִי מִקְדָּשׁ וְשָׁכַנְתִּי בְּתוֹכָם V'asu li mikdash, v'shachanti b'tocham And let them make Me a Sanctuary, that I may dwell among them¹

Eternal God, for the coming hours I dedicate this space to You as a sanctuary, inviting you to dwell within.

Though this is not my usual place of prayer, I know that You are here with me.

I sanctify this space with the words of Birkat HaBayit, the blessing of the home:

בְּזֶה הַשָּׁעַר לֹא יָבוֹא צָעַר :בְּזֹאת הַדִּירָה לֹא תָבוֹא צָרָה: בְּזֹאת הַבֶּלֶת לֹא תָבוֹא בָהֶלֶת :בְּזֹאת הַמַּחְלָקָה לֹא תָבוֹא מַחֲלְוֹקֶת: בְּזֶה הַמָּקוֹם תְּהִי בְרָכָה וְשָׁלוֹם:

B'zeh ha-sha'ar lo yavo tza'ar. B'zot ha-dirah lo tavo tzarah. B'zot ha-delet lo tavo vahelet. B'zot ha-machlakah lo tavo machaloket. B'zeh ha-makom t'hi b'rachah v'shalom

Through this gate, may there come no sorrow. Into this dwelling, may there come no trouble. Through this door, may there come no panic. Into this area, may there come no conflicts.

In this place, may there be blessing and peace.

A kavannah before sitting down for prayer at home

אֲפִילּוּ אֶחָד שֶׁיּוֹשֵׁב וְעוֹסֵק בַּתּוֹרָה שְׁכִינָה עִמּוֹ Afilu echad she-yosheiv v'oseik ba-torah Shekhinah immo Even one person who sits and engages in Torah, the Shekhinah (Divine Presence) is with them²

Eternal God, may I find the ability over the coming hours to engage in Torah, enabling Your presence to dwell here, with me.

I have prepared and dedicated this place for prayer. Now I prepare and dedicate myself for prayer. I join with Jews around the world, "all Israel directing our hearts towards one place" wherever we are.

I begin my prayer with traditional words of kavannah (intention):

הַרִינִי מוּכָן וּמְזַמֶּן / הַרֵינִי מוּכָנָה וּמְזַמֶּנֶת לְקַיֵּם מִצְוֹת בּוֹרְאִי יִתְבָּרַף שְׁמוֹ:

(m) Hareini muchan um'zuman / (f) Hareini muchanah u-m'zumenet l'kayem mitzvot ha-borei yitbarach sh'mo

Here I am, ready and prepared to fulfil the mitzvot of my Creator, may God's name be blessed.

For morning services and Kol Nidre:

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלֶם. אֲשֶׂר קִדְּשָׁנוּ בְּמִצְוֹתִיו וְצִוָּנוּ לְהִתְעַטֵּף בַּצִּיצִת:

Baruch attah Adonai eloheinu melech ha-olam, asher kidd'shanu b'mitsvotav, v'tsivvanu l'hitatteif ba-tzitzit Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy and who commands us to wrap ourselves in the *Tallit*.

¹ Exodus 25:8

² Babylonian Talmud, Brachot 6a

³ Babylonian Talmud, Brachot 30a