# תפלת מוסף ליום כפור

# Yom Kippur Musaf Service



אָמְרֵי־פִּינוּ וְהֶגְיוֹן לְבֵּנוּ

The words of our mouths and the meditations of our hearts

# Preparing to call out to God

### ■ Psalm 118:14

עַזִּי וְזִמְרֶת יָה וַיִהִי לִי לִישׁוּעָה

Ozi v'zimrat yah vay'hi li lishu'ah.

God the Eternal is my strength and song and has become my salvation!

# **▶** Psalm 121: 1-2 - Esah Einai (Dan Nichols)

אֶשָּׂא עֵינֵי אֶל־הֶהָרִים מֵאַיִן יָבֹא עֶזְרִי: עַזְרִי מֵעָם יִיַ עֹשָׂה שַׁמַיִם וַאַרִץ:

Esah Einai el he-harim, Esah Einai el he-harim Mei'yin yavo, yavo ezri; Mei'ayin yavo, yavo ezri My help will come from God, Maker of heaven and earth.

I lift my eyes to the hills, from where will my help come? My help is from God alone, maker of heaven and earth.

# **▶** Psalm 13:6 - Ashira (Yonatan Razel)

וַאֲנִי בְּחַסְדְּךְ בָטַחְתִּי יָגֵל לִבִּי בִּישׁוּעָתֶךְ אָשִׁירָה לַיְיָ כִּי גָמַל עָלָי:

Va'ani b'chasd'cha vatachti, yageil libbi bishuatecha

Ashira lAdonai ki gamal alai

As for me, I trust in Your faithfulness; My heart will exult in Your deliverance. I will sing to the Eternal; For God has been good to me.

# Psalm 59: 17-18 - Va'ani Ashir Uzecha (Josh Warshawsky)

וֹאֲנִי אָשִׁיר עַזֶּךְ וַאָרַגּן לַבּקֶר חַסְדֶּךְ כִּי־הָיִיתָ מִשְׂגָּב לִי וּמָנוֹס בִּיוֹם צַר־לִי עַזִּי אֵלֵיךְ אֲזַמֵּרָה

Va'ani ashir uzecha va'aranein la-boker chasdecha, ki hayyita misgav li, u'manos l'yom tzar-li.

Uzi eileikha azameirah

But I will sing of your strength, extol each morning your lovingkindness; For you have been my haven, my refuge in my time of trouble. O my strength, to You I will sing.

# Based on the prayer of the Shaliach Tzibbur -Recognising our imperfection before God

# ּ הָנְנִי הֶעָנִי מִמַּעַשׁ נְרְעָשׁ וְנִפְּחָד מִפָּחַד יוֹשֵׁב הְּהִלּוֹת יִשֹּׁרָאֵל:

Here I stand, poor in good deeds, worried and anxious as I consider the Presence which lives in the prayers of Israel.

Eternal God, we have come to plead for Your people Israel, though we are neither fit nor adequate. Yet we dare to ask You, God of our ancestors, 'the One, the Eternal, a God of mercy and compassion', God of Israel, transcendent, mighty and awesome. Help us as we try to find a way to forgiveness for ourselves and for the community.

Do not let our community come to grief through our failings. Do not let them come to harm because of our weakness. We know how weak we are.

Accept our prayer as if it were what it ought to be - wise, eager and worthy of those who are profound and able to express it, those whose good nature is known to all.

We have come to seek Your presence, for our awareness of love and truth come from You. God, do not send us away empty from this service.

Forgive us! Let salvation and mercy come to us from every place where You dwell, for You are good.

אוֹחִילָה לָאֵל . אֲחַלֶּה פָּנִיו . אָשְׁאֲלָה מִמֶּנוּ מַעֲנֶה לָשׁוֹן: אֲשֶׁר בִּקְהַל עַם אָשִׁיר עֻזּוֹ . אַבִּיעָה רְנָנוֹת בְּעַד מִפְעָלָיו: לְאָדָם מַעַרְכֵי־לֵב. וּמֵיהוֹה מַעֵּנֵה לַשׁוֹן:

I hope in God, whose presence I seek, awaiting an answer. Here among my congregation I sing of God's power, and as I sing I think of all that God has done. Our task is to open our hearts for prayer, but the answer to prayer comes only from God.

Ochilah la-eil, achalleh fanav, esh'alah mimmenu ma'aneh lashon. Asher bikhal am ashir uzzo, abi'ah r'nanot b'ad mif'alav. L'adam ma'archei leiv, umei'adonai ma'anei lashon.

# אַדֹנֵי שָּׁפַתֵי תִּפְתַּח וּפִי יַגִּיד תִּהִלָּתֵך:

Adonai s'fatai tiftach ufi yaggid t'hillatecha.

My God, open my lips and my mouth shall declare Your praise.

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ וַאלֹהֵי אֲבוֹתֵינוּ וַאלֹהֵי אָמּוֹתֵנוּ. אֱלֹהֵי אַבְרָהָם אֱלֹהֵי שָּׁרָה. אֱלֹהֵי יִצְחָק אֱלֹהֵי רִבְקָה. אֱלֹהֵי יַצַלְבִּ אֱלֹהֵי רָחַל ְנִאלֹהֵי לֵאָה. אֱלֹהֵי יַצַלְבִּ אֱלֹהֵי רָחַל ְנִאלֹהֵי לֵאָה.

ָּהָאֵל הַגָּרוֹל הַגִּבּוֹר וְהַנּוֹרָא . אֵל עֶלְיוֹן קוֹנֶה בְרַחֲמְיו שָׁמַיִם וָאָרֶץ: מָגן אַבוֹת וָאִמָּהוֹת בִּדְבַרוֹ . מְחֵיֵּה מֵתִים בִּמַאֲמַרוֹ . הַאֵּל הַקַּדוֹשׁ:

Blessed are You, our God, and God of our ancestors,

God of Abraham, God of Sarah, God of Isaac, God of Rebecca,

and God of Jacob, God of Rachel and God of Leah,

the great, the mighty, and the awesome God, God beyond, generous in love and kindness, and possessing all. You remember the good deeds of those before us, and therefore in love bring rescue to the generations, for such is Your being.

Sovereign who delights in life, recall us to life and record us in the Book of Life for Your own sake, God of life! The Sovereign who helps and saves and shields.

Blessed are You God, who shields Abraham, who remembers Sarah.

Baruch attah Adonai eloheinu veilohei avoteinu veilohei immoteinu.

elohei avraham, elohei sarah, elohei yitschak, elohei rivkah,

veilohei ya'akov, elohei rachel veilohei le'ah.

Ha'eil ha-gadol, ha-gibbor v'ha-nora, eil elyon, koneh v'rachamav shamayim va'arets. Magein avot bidvaro, m'chayyeih meitim b'ma'amaro.

# ּוּבְכֵן לְדְּ תַּעֲלֶה קְדָשָׁה כִּי אַתָּה אֱלֹהִינוּ מֶלֶדְ:

To You, our God, these prayers of holiness ascend. You are the true and only Sovereign.

Uv'chein l'cha ta'aleh k'dushah ki attah eloheinu melech.

We declare how profound is the holiness of this day, for it arouses in us the deepest awe. Today the power of Your reign stirs within us. Love is the foundation of Your throne, and the spirit of truth rests upon it. Truly You are the one who judges and tests, who probes and bears witness. You record and seal, You count and measure. You remember all that is forgotten. You open the Book of Memory, and it speaks for itself, for each of us has signed it by our life.

ל וּנְתַנֶּה תֹּקֶף קְדָשַׁת הַיּוֹם פִי הוּא נוֹרָא וְאָיֹם. וּבוֹ תִנְּשֵׂא מַלְכוּתֶךּ וְיִכּוֹן בְּחֶסֶד כְּסְאֶךּ וְתִשֵׁב עָלַיו בֶּאֲמֶת: אֱמֶת כִּי אַתָּה הוּא דַיָּן וּמוֹכִיח וְיוֹדֵעַ וָעֵד. וְכוֹתֵב וְחוֹתֵם וְסוֹפֵר וֹמוֹנֶה. וְתִוְכֹּר כָּלֹ־הַנִּשְׁכָּחוֹת. וְתִפְתַּח אֶת־סֵפֶּר הַוּּכְרוֹנוֹת. וּמֵאֵלָיוּ יִקָּרִא וְחוֹתַם יַד כָּלֹ־אָדָם בּוֹ:

Un'tanneh tokef k'dushat ha-yom, ki hu nora v'ayom, uvo tinnasei malchutecha, v'yikkon b'chesed kis'echah, v'teisheiv alav be'emet. Emet ki attah hu dayyan umochiach v'yodeia va'eid, v'choteiv v'choteim v'sofeir umoneh, v'tizkor kol ha-nishkachot, v'tiftach et seifer ha-zichronot, umei'eilav yikkarei v'chotam yad kol adam bo.

The great shofar sounds, and a still small voice is heard. God's messengers feel the alarm. Also possessed by fear and trembling, they announce: 'Behold the Day of Judgment!' For judgment comes upon the heavens as well as the world, for neither can stand before Your judgment. This day all who enter the world pass before You like a flock of sheep.

And as a shepherd gathers his flock and makes them pass beneath his staff, everything that lives passes in front of You, and You record, and count, and consider them. You set a limit to the life of every creature, and determine its destiny.

וּבְשׁוֹפָּר גָּדוֹל יִתָּקַע וְקוֹל דְּמָמָה דַקָּה יִשְׁמַע. וּמֵלְאָכִים יֵחָפִּזוּן וְחִיל וּרְעָדָה יֹאחֵזוּן וְיֹאמְרוּ הִנֵּה יוֹם הַדִּין: לִפְקוֹד עַל צְבָא מָרוֹם בַּדִּין כִּי לֹא יִזְכּוּ בְעֵינֶיךְ בַּדִּין. וְכָל־בָּאֵי עוֹלָם יַעַבְרוּן לְפָנֶיךְ כִּרְנִי מַרוֹן:

כְּבַקָּרַת רוֹעֶה עֶדְרוֹ מַעֲבִיר צֹאנוֹ תַּחַת שִׁבְטוֹ. כֵּן תַּעֲבִיר וְתִסְפֹּר וְתִמְנֶה וְתִפְּלִד נֶפֶשׁ כָּל־חָי. וְתַחְתֹּךְ קצְבָּה לְכָל־בְּרִיָּה וְתִכְתִּב אֶת־גְּזַר דִּינָם:

Uv'shofar gadol yittaka' v'kol d'mama dakkah yishama, umal'achim yeichafeizun v'chil ur'adah yocheizun v'yom'ru hinneih yom ha-din. Lifkod al ts'va marom ba-din ki lo yizku v'einecha ba-din, v'chol ba'ei olam ya'avrun l'fanecha kivnei maron.

K'vakkarat ro'eh edro ma'avir tsono tachat shivto, kein ta'avir v'tispod v'timneh v'tifkod nefesh kol chai, v'tachtoch kitsbah l'chol b'riyyah v'tichtov et g'zar dinam.

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On Rosh Hashanah we consider how judgment is formed On Yom Kippur we consider how judgment is sealed, ראש הַשָּׁנָה יִכְּתֵבוּן וּבְיוֹם צוֹם כִּפּוּר יֵחָתֵמוּן:

### B'rosh ha-shanah yikkateivun, uv'yom tsom kippur yeichateimun.

all who pass away and all who are born, all who live and all who die, those who complete their normal span and those who do not — who perish by fire or water, by the violence of people or the beast, by hunger or thirst, by disaster, plague or execution; for those who rest and those who wander, for those at ease and those who are prey, for the secure and the tormented, for those who become poor and those who become rich, for the failures and the famous.

פַּמָּה יַצְבֹרוּן
וְכַמָּה יִבְּבֹרוּן
וְכַמָּה יִבָּבִראוּן.
מִי יִחְיָה וּמִי יִמוּת.
וּמִי לֹא בְקצוֹ.
מִי בָאָשׁ וּמִי בַמַּיִם.
מִי בָּקְעָב וּמִי בַאַּמָא.
מִי בָּדְעָב וּמִי בַצְּמָא.
מִי בַּדְעָב וּמִי בַצְּמָא.
מִי בַּחְנִיקָה וּמִי בַמַּגּפָה.
מִי יַנְשְׁקִיט וּמִי יַנוּעַ.
מִי יִשְׁלֵו וּמִי יִנוּעַ.
מִי יִשְׁלֵו וּמִי יִנוּעַ.
מִי יִעֲנִי

Kammah ya'avorun v'chammah yibbarei'un,
mi yichyeh umi yamut,
mi v'kitso umi lo v'kitso,
mi va-eish umi va-mayim,
mi va-cherev umi va-chayyah,
mi va-ra'av umi va-tsama,
mi va-ra'ash umi va-mageifah,
mi va-chanikah umi va-s'kilah,
mi yanu-ach umi yanu-a,
mi yashkit umi y'toraf,
mi yishaleiv umi yityasseir,
mi ya'ani umi ya'ashir,
mi yushpal umi yarum.

Sometimes I remember that my days are numbered.

My days for working are numbered.

My days for seeing a cloudless sky are numbered.

My days are numbered for sitting beneath tall trees.

And my days are numbered for learning.

My days for holding the ones I love are numbered,

As are my days of kisses.

My days of anguish, fear, and longing – they too are numbered.

And my days of walking the crests of high hills.

My days of deep conversation with friends and colleagues are numbered

And the days on which I can make a dent on the world.

My days for inventing, creating, demolishing, undoing,

subverting, contributing.

My days for mending and tearing apart.

My days of confusion.

My days of spreadsheets, keyboards, pens, paperclips.

My days for travelling by train, bus, boat, plane.

My days for reading, music, turning my face towards the stars,

and washing the dishes.

My days of getting to know myself.

My days for understanding what life is.

My days for loving.

My days for knowing.

All of these, too.

I don't think I can remember this all the time.

I am too forgetful for that.

Too easily absorbed in the work of the day.

But when I do remember, life shines with new depth and wonder.

And I find it much more straightforward

To do what I am here to do.

Justin Wise

Yet repentance and prayer and good deeds can transform the harshness in our destiny.

רְּשִׁוּבָה וּתְפִּלָּה וּצְדָקָה בּעְבָרָין אֶת־רֹעַ הַגְּזַרָה:

Ut'shuvah ut'fillah uts'dakah ma'avirin et ro-a ha-g'zeirah.

Your glory is Your nature – slow to anger and eager to forgive. For You do not want sinners to die but to turn from their ways and live. To the day of their death You wait for them. Whenever they return, at once You are there to welcome them. As You are their Creator, You know the nature of Your creatures, the weakness of common flesh and blood.

We come from the dust, and end in dust. We spend our life earning our living, but we are fragile like a cup so easily broken, like grass that withers, like flowers that fade, like passing shadows and dissolving clouds, a fleeting breeze and dust that scatters, like a dream that fades away.

פִּי כְשִׁמְךּ כֵּן מְּהִלֶּעֶךְּ. קַשֶׁה לְכְעֹס וְנוֹחַ לִרְצוֹת: כִּי לֹא תַחְפֹּץ בְּמוֹת הַמֵּת כִּי אָם בְּשׁוּבוֹ מִדַּרְכּוֹ וְחָיָה: וְעַד יוֹם מוֹתוֹ מְחַכֶּה־לּוֹ. אָם יָשׁוּב מִיַּד מְּקַבְּלוֹ:

אֱמֶת כִּי אַתָּה הוּא יוֹצְרָם וְיוֹדֵעַ יִצְרָם כִּי הֵם בָּשַׂר וָדָם:

אָדָם יְסוֹדוֹ מֵעָפָר וְסוֹפּוֹ לֶעָפָר: בְּנַפְשׁוֹ יָבִיא לַחְמוֹ: מָשׁוּל כַּחֶּרֶס הַנִּשְׁבָּר. כְּחָצִיר יָבֵשׁ וּכְצִיץ נוֹבֵל. כְּצֵל עוֹבֵר וּכְעָנָן כָּלֶה. וּכְרוּחַ נוֹשָׁבֶת. וּכְאָבָק פּוֹרֵחַ וְכַחֲלוֹם יָעוּף:

Ki ch'shimcha kein t'hillatecha, kasheh lich'os v'no-ach lirtsot. Ki lo tachpots b'mot ha-meit ki im b'shuvo middarko v'chayah. V'ad yom moto t'chakkeh lo, im yashuv miyyad t'kabb'lo. Emet ki attah hu yots'ram v'yodei-a yitsram ki heim basar vadam.

Adam y'sodo mei'afar v'sofo le'afar. B'nafsho yavi lachmo. Mashul k'cheres hanishbar, k'chatsir yaveish uch'tsits noveil, k'tseil oveir uch'anan kaleh, uch'ru-ach noshavet, uch'avak porei-ach v'chachalom ya'uf.

But You are the Sovereign, the Living God, the everlasting.

ּ וְאַתָּה הוּא מֶלֶךְּ אֵל חֵי וְקַיָּם:

V'attah hu melech eil chai v'kayyam.

Your years have no limit, and Your days have no end. We cannot encompass Your glory. We cannot explain what You are. Your glory is Your nature, Your nature Your glory, and we have linked our glory to Yours.

May Your name become holy through those who guard its holiness on earth for its own sake. So creatures in the world join with creatures in heaven as in Isaiah's vision. Together they reach out to the hidden source of Your holiness. They call to each other and say:

Holy, holy, holy is the Creator of all, whose glory fills all the earth.

God's glory fills the universe. Your servants ask each other, 'Where is the place of Your glory?' They cry in answer, 'Blessed...'

Blessed is God's glory, revealed in every place.

אֵין קּצְבָּה לִשְׁנוֹתֶיךּ וְאֵין קֵץ לְאֹרֶךּ יָמֶיךּ: וְאֵין שִׁעוּר לְמַרְכְּבוֹת כְּבוֹדֶךּ וְאֵין פֵּרוּשׁ לְעֵילוֹם שְׁמֶךּ: שִׁמְדּ נָאֶה לְךְּ וְאַתָּה נָאֶה לִשְׁמֶךְ. וּשְׁמֵנוּ קָרָאתְ בִשְׁמֶךְ:

צַשֵּׁה לְמַעַן שְׁמֶּךּ וְקַדֵּשׁ אֶת־שִּׁמְדְּ עַל מַקְדִּישִׁי שְׁמֶךָּ. בַּעֲבוּר כְּבוֹד שִׁמְךְּ הַנַּעֲרָץ וְהַנִּקְדָּשׁ כְּסוֹד שִׁיחַ שַׂרְפִּי־לְּדָשׁ הַמַּקְדִּישִׁים שִׁמְךָּ בַּלְּדָשׁ. דְּבִי מַעְלָה עם דְּבִי מַטָּה כַּכָּתוּב עַל יַד נְבִיאָךָ. וְקָרָא זֶה אֶל זֶה וְאָמַר.

ל קרוש קרוש קרוש יהוה צְבָאוֹת. מָלֹא כַל־הַאָרֵץ כְּבוֹדוֹ:

פְּבוֹדוֹ מָלֵא עוֹלָם מְשִׁרְתִיו שׁוֹאֲלִים זֶה לָזֶה אַיֵּה מְקוֹם כְּבוֹדוֹ. לְעֻמָּתָם בָּרוּךְ יֹאמֵרוּ: תַּבָּרוּךְ כְּבוֹד יהוה מִמְקוֹמוֹ:

Ein kitsbah lishnotecha v'ein keits l'orech yamecha. V'ein shi'ur l'mark'vot k'vodecha v'ein peirush l'eilom sh'mecha. Shimcha na'eh l'cha v'attah na'eh lishmecha, ush'meinu karata vishmecha.

Aseih l'ma'an sh'mecha v'kaddeish et shimcha al makdishei sh'mecha, ba'avur k'vod shimcha ha-na'rats v'ha-nikdash k'sod si-ach sarfei kodesh ha-makdishim shimcha ba-kodesh, darei ma'lah im darei mattah ka-katuv al yad n'vi'echa, v'kara zeh el zeh v'amar.

Kadosh, kadosh, kadosh Adonai ts'va'ot, m'lo chol ha-arets k'vodo. K'vodo malei olam m'shar'tav sho'alim ze la-zeh ayyeih m'kom k'vodo, l'ummatam baruch yomeiru.

Baruch k'vod Adonai mimm'komo.

May You turn from Your place in mercy, and be gracious to the people who in love declare Your unity twice each day, evening and morning, with the words of the *Sh'ma*...

# Hear O Israel, the Eternal is our God, the Eternal is One.

Our God is One, our source of life, our Sovereign, our deliverer who will repeat to us in mercy, in the presence of all living, the promise to be your God.

### I am your God, the Eternal!

Our Living God, Your are our true glory. How glorious is Your name in all the earth. The Eternal shall be as a Sovereign over all the earth. On that day the Eternal shall be One, and known as One. And in Your holy writing it is said:

The Almighty shall rule forever! Your God, O Zion, for all generations! Praise God! מִמְּקוֹמוֹ הוּא יָפֶן בְּרַחֲמִים וְיָחוֹן עַם הַמְיַחֲדִים שְׁמוֹ עֶרֶב וָבֹקֶר בְּכָל־יוֹם הָמִיד פַּעֲמֵיִם בְּאַהֲבָה שְׁמֵע אוֹמְרִים:

לְהֵינוּ שֶׁלְהֵינוּ שֶׁלְהֵינוּ יְשְׂרָאֵל יהוה אֱלֹהֵינוּ יהוה אָחַר:

אֶחָד הוּא אֱלֹהֵינוּ הוּא אָבִינוּ הוּא מַלְכֵּנוּ הוּא מוֹשִׁיעֵנוּ . וְהוּא יַשְׁמִיעֵנוּ בְּרַחֲמָיו שֵׁנִית לְעֵינֵי כָּל־חֵי לִהְיוֹת לַכֵם לֵאלֹהִים:

אַנִי יהוה אֱלֹהֵיכֶם:

אַדּיר אַדִּירֵנוּ יהוה אֲדוֹנֵינוּ . מָה אַדִּיר שִׁמְךּ בְּכָל־הָאָרֶץ . וְהָיָה יהוה לְמֶלֶךְ עַל־כָּל־הָאָרֶץ . בַּיּוֹם הַהוּא יִהְיֶה יהוה אֶחָד וּשְׁמוֹ אֶחָד: וּכִדְבָרִי קְדְשִׁךְּ כָּתוּב לֵאמֹר:

ל יִמְלֹדְ יהוה לְעוֹלָם. אֱלֹהַיִּךְ צִיּוֹן לְדֹר וָדֹר הַלְלוּיָה:

Mimm'komo ifehu yn b'rachamim v'yachon am ha-m'yachadim sh'mo erev vavoker b'chol yom tamid pa'amayim b'ahavah sh'ma om'rim.

### Sh'ma yisra'el Adonai eloheinu Adonai echad.

Echad hu eloheinu hu avinu hu moshi'einu, v'hu yashmi'einu b'rachamav sheinit l'einei kol chai lihyot lachem leilohim.

#### Ani Adonai eloheichem.

Addir addireinu Adonai adoneinu, mah addir shimcha b'chol ha-arets, v'hayah Adonai l'melech al kol ha-arets, ba-yom ha-hu yihyeh Adonai echad ush'mo echad. Uv'divrei kodsh'cha katuv leimor.

Yimloch Adonai l'olam, elohayich tsiyyon l'dor vador hal'luyah.

We declare Your greatness to all generations, and to all eternity we proclaim Your holiness. Your praise shall never depart from our mouth, for You are God, the great and holy Sovereign.

Blessed are You, the holy Sovereign.

לְדוֹר וָדוֹר וַגִּיד גְּדְלֶךּ. וּלְנֵצַח נְצָחִים קְדֵשָּׁתְךּ וַקְדִישׁ. וְשִׁבְחֲךּ אֱלֹהֵינוּ מִפִּינוּ לֹא יָמוּשׁ לְעוֹלֶם וָעֶד. כִּי אֵל מֶלֶךְ גָּדוֹל וְקָדוֹשׁ אָתָּה: בָּרוּךְ אַתָּה יהוה . הַמֶּלֶךְ הַקָּדוֹשׁ:

L'dor vador nagid godlecha, u'neitsach n'tsachim k'dushat'cha nakdish, v'shivchacha eloheinu mippinu lo yamush l'olam va'ed, ki eil melech gadol v'kadosh attah.

Baruch attah Adonai, ha-melech ha-kadosh.

### Preparing for the Avodah

God's world is great and holy. The holiest in the world is the Land of Israel. In the Land of Israel, the holiest city is Jerusalem. In Jerusalem, the holiest spot was the Holy of Holies.

There are seventy peoples in the world. The holiest among these is the People of Israel. The holiest of the People of Israel was the tribe of Levi. In the tribe of Levi, the holiest were the priests. Among the priests the holiest was the High Priest.

There are 354 days in the year. Among these the holidays are holy. Higher than these is the holiness of the Sabbath. Among Sabbaths, the holiest is the Day for Atonement, the Sabbath of Sabbaths.

There are seventy languages in the world. The holiest is Hebrew. Holier than all else in this language is the holy Torah, and in the Torah the holiest part is the Ten Commandments. In the Ten Commandments the holiest of all words is the name of God.

And once during the year, at a certain hour, these four supreme sanctities of the world were joined with one another. That was on the Day for Atonement, when the High Priest would enter the Holy of Holies and there utter the name of God. And because this hour was beyond measure holy and awesome, it was the time of utmost peril not only for the High Priest but for the whole of Israel. For if in this hour there had, God forbid, entered the mind of the High Priest a false or sinful thought, the entire world would have been destroyed.

Every spot where we raise our eyes to heaven is a Holy of Holies. Every person, having been created by God in the divine image and likeness, is a High Priest. Every day of our life is a Day for Atonement, and every word that we speak with sincerity is the name of God. Therefore it is, that every sin and every wrong that we commit brings the destruction of the world.

S. Anski (1863-1920)

# The Journey to the Avodah

The Avodah begins with the story of creation.

In the imagination of the paytanim, the Avodah service was the end point of the human and Jewish journey from the very beginning.

# **▶ Psalm 148: 1-6 (Yoel Sykes)**

13

<sup>1</sup>Praise God!
Praise God from heaven,
give praise in the heights.

<sup>2</sup>Praise God all you messengers,
praise God all hosts.

<sup>3</sup>Praise God, sun and moon,
praise God, shining stars.

<sup>4</sup>Praise God, heaven of heavens,
and waters above the sky.

<sup>5</sup>Let them praise the name of their Creator, who commanded, and they were formed.
<sup>6</sup>God established them for ever and ever by unchangeable decree.

הַלְלוּיָה
 הַלְלוּיָה
 הַלְלוּ אֶת־יהוה מִן־הַשָּׁמִים
 הַלְלוּהוּ בַּמְרוֹמִים:
 הַלְלוּהוּ כָּל־צִבְאָיו:
 הַלְלוּהוּ שָׁמֶשׁ וְיָרַחַ
 הַלְלוּהוּ שָׁמֶשׁ וְיָרַחַ
 הַלְלוּהוּ שָׁמֶשׁ הַשְׁמִים
 הַלְלוּהוּ שְׁמֵי הַשְּׁמִים
 וָהַמֵּיִם אֵשֵׁר מַעֵּל הַשַּׁמֵים:

יְהַלְלוּ אֶת־שֵׁם יהוה כִּי הוּא צְּוָה וְנִבְרָאוּ: וַיַּצְמִידֵם לְעַד לְעוֹלְם תַק־נַתַן וָלֹא יַעֲבוֹר:

### <sup>1</sup>Hal'luyah

Hal'lu et Adonai min ha-shamayim
hal'luhu ba-m'romim
Hal'luhu kol mal'achav
hal'luhu kol ts'va'av
Hal'luhu shemesh v'yare'ach
hal'luhu kol kochvei or
Hal'luhu sh'mei ha-shamayim
v'ha-mayim asher mei'al ha-shmayim

Y'hal'lu et sheim Adonai ki hu tsivvah v'niv'ra'u Va-ya'amideim la'ad l'olam chok natan v'lo ya'avor Taken from "Atah Konanta Olam mei'Rosh" - "You established the world from the beginning", the earliest true example of an Avodah, including a reworking of the sacrifice ritual. Commonly used in Sephardi ritual, and in Hasidic communities. The full version is a long alphabetic acrostic that goes forwards and backwards through the alphabet. The confessions are woven into the body of the poem.

As the universe came into being, You ordered what evolved. You founded our world, making everything in it, and forming all its creatures.

Being lacked shape and form, like the darkness over the deep. This blackness You drove away and, in its place, set light.

Creating out of common earth the form of human beings, made in Your likeness, You entrusted to their care the tree of knowledge.

**D**isrespecting this trust, they were expelled from their innocence in Eden. Nevertheless, they were not destroyed, for they were still Your creatures.

Eventually You let them increase in number and in blessing. You showed them how to grow in goodness and how to live in safety.

Fearful of any restraint on their freedom, the people said to God: 'Get away from us!' So, You took away Your protecting hand and in an instant, they became like withered grass.

Graciously, You then recalled the covenant You made with Noah, a person who was perfect in his day. Because of his goodness a remnant was saved.

אַתָּה כּוֹנַנְתָּ עוֹלָם מֵרֹאשׁ. יָסַדְתָּ תֵּבֵל וְהַכּּל פָּעָלְתָּ. וּבִרִיוֹת בָּה יָצַרְתָּ:

בְּשׁוּרְךּ עוֹלָם תֹּהוּ וָבֹהוּ. וְחֹשֶׁךְ עַל פְּנֵי תְהוֹם. גַרַשְׁתָּ אֹפֶל וְהַצֵּרְתָּ נֹגַה:

גָּלֶם צַלְמְךּ מִן הָאֲדָמָה יָצַרְתָּ. יְעַל עֵץ הַדַּעַת אֹתוֹ פָּקַרְתָּ:

ָרְבְרְדְּ זָנַח וְנְגְרִשׁ מֵעֵדֶן. וְלֹא כִלִּיתוֹ לְמַעַן הֶיוֹתוֹ יִצִיר כַּפֶּידְ:

הָגְדַּלְתָּ פָּרְיוֹ וּבֵרַכְתָּ זַרְעוֹ וְהִפְּרִיתָם בְּטוּבֶךְּ וְהוֹשֵׁבְתַּם שֵׁקֵר:

> וַיִּפְרְקוּ עוֹל וַיּאמְרוּ לָאֵל סוּר מִמֶּנוּ. וַהְסִירוֹתָ יָד בְּרֶגַע. בָּחָצִיר אָמְלָלוּ:

ָזָכַרְתָּ בְּרִית לְתָמִים בְּדוֹרוֹ. וּבִזְכוּתוֹ שָּׂמְתָּ לְעוֹלֶם שְׁאֵרִית: Having the rainbow, we remember the promise made for his sake. With love for his offering You blessed his descendants.

Inflated by wealth and success, they said: 'Let us build our own city, with a tower whose top rears up to heaven.'

Journeying from Ur of the Chaldees, like a star that suddenly shone out, once more one man dared to stand out alone, and this was Abraham, the ancestor of peoples.

Knowing him through and through, You saw what he accomplished, and Your anger went away. Even when he was an old man You gazed into his heart.

Loving him deeply, You gave him a son Isaac, blessed with grace and goodness, as innocent as a lamb and fit to offer to God.

Marvelling at his humility, You let him conceive Jacob, a man who sought honesty; he was sealed in Your covenant from the womb.

Next came his twelve sons who were destined to be the ancestors of the twelve tribes, who were known as 'God's beloved' even before their birth.

One of them, Levi, was shown by You such kindness and love that by this crown he was marked out from his brothers.

Picking out Amram from the children of Levi, You allowed him to inherit the mantle of priesthood and from his descendants You hallowed Aaron to be holy and set apart for God. חק בְּרִית קֶשֶׁת לְמַעֲנוֹ כָּרַהָּ. וּבִאַהַבת נִחוֹחוֹ בָּנִיו בַּרַכִּהָּ:

ַטְעוּ בְּעָשְׁרָם. וַיֹּאמְרוּ הָבָה נִבְנֶה־ לָנוּ עִיר וּמִגְדָּל וְרֹאשׁוֹ בַשְּׁמַיִם:

> יָחִיד אַב הֲמוֹן פָּתְאוֹם כְּכוֹכָב זָרַח מֵאוּר כַּשְׂדִים לְהָאִיר בַּחֹשֶׁךְ:

בַּעַסְךּ הַפַּרְתָּ בְּשׁוּרְדּ פָּעְלוֹ. וּלְעֵת שִׁיבָתוֹ לְבָבוֹ חָקַרְתָּ.

ַלְבְיַת חֵן וָחֶסֶר מִמֶּנוּ הוֹצֵאתָ. טלֶה טָהוֹר מִכֶּכֶשׁ נִבְחָר:

מָגּוְעוֹ אִישׁ פָּם הוֹצֵאתְ הַתוּם בִּבְרִיתְדָּ. מֵרֶחֶם לֻקָּח:

ָ**נ**ְתַהָּ לוֹ שְׁנִים עָשָּׁר שְׁכָטִים. אֲהוּבֵי עֶלְיוֹן מִבֶּטֶן נִקְרָאוּ:

שַּׁמְתָּ לֵוִי לְוְיַת חֵן וָחֶסֶד. מִבֶּל־אָחָיו כֶּתֶר לוֹ עִשַּרְתַּ:

**עַ**מְרָם נִבְחָר מִזֶּרַע לֵוִי. אַהְרֹן קִדוֹשׁ יהוה מִשְּרָשִׁיו קִדִּשְׁתּוֹ: Qualified to serve, he was clothed in the garments of holiness;
You accepted his offerings to atone for Your people.

Reaching out for the divine, he would appear wearing the frontlet, the robe, the breastplate, the priestly garment and the vestments of linen.

Sheep and bulls were presented as offerings, goats and rams for sacrifice, the wealth of his time.

Trailed by the smell of burning incense and the sweetness of its perfume, he would take glowing coals and sprinkle the blood.

Understanding the significance of his task, he would bear the incense, and all the while he would pray in sincerity. By this priestly ritual he sought to atone for sins.

פָּאַרְתּוֹ בְּבִגְדֵי לְדֶשׁ. וּבְקָרְבְּנוֹתִיו רָצִיתָ לְכַפֵּר בְּעַד עַמֵּך:

**צ**יץ וּמְעִיל חֹשֶׁן וְאֵפּוֹד. כְּתֹנֶת וּמִכְנְסֵי בַד. מִצְנֶפֶת וְאַבְנֵט:

קַרְבְּנוֹת פָּרִים וְעוֹלַת כְּבָשִׁים. וּשְׁחִיטַת שְׂעִירִים וְנִתּוּחַ אֵלִים:

רָים קְטַּרֶת רֹקַח מֶרְקַחַת. וּבִיעוּר גָּחָלִים וּזְרִיקת דָּם:

שׁוֹעַת קְטֹרֶת וּתְפִּלַת אֲמֶת. וּקְדֵשָׁתוֹ מִכַפֵּרֵת עַל עַוֹנוֹתֵינוּ:

# עבורה AVODAH

# THE FIRST CONFESSION

The first confession of the High Priest was made for himself and his household. We take the opportunity before we re-enact his confession to reflect on our own lives and how we behave in the world.

Elohai − Our souls

My God, the soul You have given me is pure, אֶלֹהַי. נְשָׁמָה שֶׁנְתַתָּ בִּי טָהוֹרָה הִיא:

Elohai, n'shamah shennatatta bi t'horah hi.

# Kanfei Ruach, Wings of Spirit (Words from Rav Kook, Orot HaKodesh 1:4:4:1, music by Avigail Uziel-Amar)

בן אדם עלה למעלה עלה כי כח עז לך, יש לך כנפי רוח, יש לך כנפי רוח, כנפי נשרים אבירים. אל תכחש בם, פן יכחשו לך, דרוש אותם דרוש בן אדם וימצאו לך מיד.

Human being, ascend towards the heights, ascend! For you have the strength. You have wings of spirit, wings of mighty eagles. Do not forsake them, lest they forsake you. Seek them, and they will find you immediately.

Ben adam, aleh l'ma'alah aleh; Aleh l'ma'alah aleh ben adam, aleh l'ma'alah aleh Ki koach az l'cha, yesh l'cha kanfei ruach Yesh l'cha kanfei ruach, kanfei n'sharim abirim Al t'chachesh bam, pen y'chachashu l'cha D'rosh otam, d'rosh ben adam, v'yimatzu l'cha miyad

Ben adam, aleh l'ma'alah aleh; Aleh l'ma'alah aleh ben adam, aleh l'ma'alah aleh Bat adam, ali l'ma'alah ali; Ali l'ma'alah ali bat adam, ali l'ma'alah ali B'nei adam, alu l'ma'alah alu; Alu l'ma'alah alu b'nei adam, alu l'ma'alah alu Ki koach az lachem, yesh lachem kanfei ruach Yesh lachem kanfei ruach, kanfei n'sharim abirim Al t'chachashu vam, pen y'chachashu lachem Dirshu otam, dirshu b'nei adam, v'yimatzu lachem miyad

Thus came the High Priest to the holy place. He used to come with a bull which was then a sacrifice for sin, to atone for himself and his family. He used to lay his hands on the bull's head. And he confessed:

'To God, whose name I dare to utter, I declare that I have erred, I have sinned, I have done wrong.

'To God, whose name I dare to utter, pardon the errors, the sins and the wrongdoing: mine and that of my family. For the words are written in the Torah of Moses Your servant:

בְּזֹאת בָּא הַכֹּהֵן הַגָּדוֹל אֶל הַלְּדָשׁ: בְּפַר הַחַטָּאת אֲשֶׁר לוֹ לְכַפֵּר בַּעֲדוֹ וּבְעַד בִּיתוֹ. וְסָמַךְּ יָדָיו עַל רֹאשׁ הַפָּר. וַכֵן הָתַנַדָּה:

אָנָּה הַשֵּׁם. חָטָאתִי. עָוִיתִי. פָּשַׁעְתִּי לְפָנֶיךְ אֲנִי וּבֵיתִי:

אָנְה בַּשֵּׁם. כַּפֶּרינָא לַחֲטָאִים וְלַעֲוֹנוֹת וְלַפְּשָׁעִים. שֶׁחָטָאתִי. וְשֶׁעָוִיתִי. וְשֶׁפָּשַׁעתִּי לְפָנִיךּ אֲנִי וּבֵיתִי: כַּכְּתוּב בְּתוֹרַת מֹשֶׁה עַבְרָּךְ מִיפִּי כְבוֹרֶךְ. "For on this day atonement shall be made for you, to cleanse you; of all your sins before the Eternal..."

And when the priests and the people standing in the Temple court heard the glorious and awesome NAME of God, which was uttered by the mouth of the High Priest in holiness and purity, only on the Day for Atonement, then they bowed down and knelt and fell down, prone with their face to the ground, and they cried out:

'Blessed is God's name, whose glorious kingdom is forever and ever.'

And the High Priest continued to dwell on the holy name while the people finished their response. Only then would he complete the verse he had begun:

'...you shall be cleansed.'

# כִּי בִיוֹם הַזֶּה יְכַפֵּר עֲלֵכֶם לְטַהֵּר אֶתְכֶם. מִכּּל חַטֹּאתֵיכֶם לִפְנֵי יהוה...

ְּהַכּּהֲנִים וְהָעָם הָעוֹמְדִם כָּצְזָרָה. כְּשֶׁהָיוּ שׁוֹמְעִים אֶת־הַשֵּׁם הַנּכְכָּד וְהַנּוֹרָה מְפֹּרָשׁ יוֹצֵא מִפִּי כֹּהֵן גָּדוֹל בִּקְדָשָׁה וּבְטָהְרָה. הָיוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים וְנוֹפִלִים עַל פִּנִיהֵם וִאוֹמִרִים.

> בָּרוּךְ שֵׁם כְּבוּד מַלְכוּתוּ לְעוֹלָם וָעֶד:

וְאַף הוּא הָיָה מִתְכַּוּוְ לִגְמֹר אֶת־הַשֵּׁם כָּנֵגִד הַמְבַרְכִים וְאוֹמֵר לַהָּם.

...תִּטְקָרוּ:

### THE SECOND CONFESSION

The second confession of the High Priest was made for the priesthood.

We take the opportunity before we re-enact his confession
to reflect on the state of our community.

Are we a kehillah k'doshah - a holy community? What can we do to ensure that we fulfil the Psalmist's vision of being in unity together?

**₽** Psalm 133:1

A Pilgrim Song. David's. How good it is and how pleasant when brothers live in unity together. אשִׁיר הַפַּצְלוֹת לְּדָוִד הָנֵּה מַה־טוֹב וּמַה־נְּעִים שֵבֵת אַחִים גַּם־יַחַד: And then he would take two goats, marking out one of them for the Eternal and marking out the other as a scapegoat for the sins of our people. But first he approached the bull which was a sacrifice for sin, not only for himself and his family but also for his colleagues, the priests. And he confessed:

'To God, whose name I dare to utter, I declare that I have erred, I have sinned, I have done wrong, and with me my family and also the sons of Aaron, the example of holiness among Your people.

'To God, whose name I dare to utter, pardon the errors, the sins and the wrongdoing: mine and my family's, and also of my colleagues, the sons of Aaron, the examples of holiness among Your people. For the words are written in the Torah of Moses Your servant:

"For on this day atonement shall be made for you, to cleanse you; of all your sins before the Eternal..."

And when the priests and the people standing in the Temple court heard the glorious and awesome NAME of God, which was uttered by the mouth of the High Priest in holiness and purity, only on the Day for Atonement, then they bowed down and knelt and fell down, prone with their face to the ground, and they cried out:

'Blessed is God's name, whose glorious kingdom is forever and ever.' וְלָקַח אֶת־שְׁנֵי הַשְּׂעִירִים וְהָעֲמִיד אוֹתָם לִפְנֵי יהוה. וְנָתַן עֲלֵיהֶם גּוֹרָלוֹת. גּוֹרָל אֶחָד לֵיהוה. וְגוֹרָל אֶחָד לַעֲזָאזֵל: וּבָא אֶל פַּר הַחַשָּאת אֲשֶׁר לוֹ. לְכַפֵּר בַּעֲדוֹ וּבְעַד בִּיתוֹ וּבְעַד אֶחָיו הַכֹּהֲנִים. וְהִתְוַדָּה:

אָנָּה הַשֵּׁם. חָטָאתִי. עָוִיתִי. פָּשַׁעְתִּי לְפָנֶיךְ אֲנִי וּבֵיתִי. וּבִנֵי אַהַרֹן עַם קִדוֹשֶׁךְּ:

אָנָּה בַּשֵּׁם. כַּפֶּר־נָא לַחֲטָאִים וְלַעֲוֹנוֹת וְלַפְּשָׁעִים. שֶׁחְטָאתִי. וְשֶׁעָוִיתִי. וְשֶׁפָּשַׁעתִּי לְפָנֵיךְ אֲנִי וּבֵיתִי. וּכְנֵי אַהֲרֹן עַם קְדוֹשֶׁךְּ. כַּכָּתוּב בְּתוֹרַת מֹשֶׁה עַבְדְּךְ מִיפִּי כְבוֹדֶךְ.

כִּי בַיוֹם הַזֶּה יְכַפֵּר עֲלֵכֶם לְטַהֵר אֶתְכֶם. מִפֹּל חַטֹּאתֵיכֶם לִפְנֵי יהוה...

> ְוָהַכּּהֲנִים וְהָעָם הָעוֹמְדִם בָּעֲזָרָה. כְּשֶׁהָיוּ שׁוֹמְעִים אָת־הַשֵּׁם הַנִּכְבָּד וְהַנּוֹרָה מְפֹּרָשׁ יוֹצֵא מִפִּי כֹּהֵן גָּדוֹל בִּקְרָשָׁה וּכְטָהְרָה. הָיוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים וְנוֹפְלִים עַל פְּנֵיהֶם וְאוֹמְרִים.

> > בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד:

And the High Priest continued to dwell on the holy name while the people finished their response. Only then would he complete the verse he had begun: וְאַף הוּא הָיָה מִתְכַּוּן לְגְמֹר אֶת־הַשֵּׁם כְּנֶגֶד הַמְבָּרְכִים וְאוֹמֵר לָהֶם.

'...you shall be cleansed.'

...תִּטְהָרוּ:

### ENTERING THE HOLY OF HOLIES

Before the third and final confession, the High Priest entered the Holy of Holies.

What does this concept of holiness mean for us?

Have we created the space for God to dwell among us?

### ✓ V'asu Li Mikdash

ְנְעָשׂוּ לִי מִקְדָשׁ וְשָׁכַנְתִי בְתוֹכָם. וַאֲנַחְנוּ נְבָרֵךְ יָה מֵעַתָּה וְעַד־עוֹלָם:

And let them make Me a Sanctuary that I may dwell among them (Exodus 25:8) We bless God now and ever more (Psalm 115:18)

V'asu li mikdash v'shachanti b'tocham. Va-anachnu n'varech yah, mei-atah v'ad olam

God prepare me, to be a sanctuary, pure and holy, tried and true With thanksgiving, I'll be a living, sanctuary for you.

Then the High Priest slew the bull which was the sacrifice for his own sin, and accepted its blood. He took a censer full of glowing coals from the altar in God's presence. His hands were filled with incense made from spices beaten small. After he brought them behind the veil he put the incense on the fire that burnt in the presence of the Eternal. Then he took the blood of the bull and sprinkled it seven times upon and before the Seat of Mercy.

ְיְשָׁחַת אֶת־פֶּר הַחַטָּאת אֲשֶׁר לוֹ. וְקְבֵּל אֶת־דָּמוֹ. וְלָקַח מְלֹא הַמַּחְתָּה גַחֲלֵי אֵשׁ מִעַל הַמִּוְבֵּחַ מִלְפְנִי יהוה. וּמְלֹא חָּפְנִיו קְטֹרֶת סַמִּים דַּקָּה. וְהַבִיא מִבֵּית לַפְּרֹכֶת. וְנָתַן אֶת־ הַקְּטֹרֶת עַל הָאֵשׁ לִפְנִי יהוה: וְלָקַח מִדַּם הַפָּר. וְהִזָּה בְאֶצְבְּעוֹ עַל הַכַּפֹּרֶת וְלִפְנִי הַכַּפּּרֶת שֶׁבַע פְּעָמִים:

### THE THIRD CONFESSION

The third confession of the High Priest was made for all of Israel.

We take the opportunity before we re-enact his confession
to reflect on People Israel, and our role in the world.

Are we the 'kingdom of priests' that we were charged to be?
What do we see in the world that we need to change and how will we do so?
How do we engage with those around us?

# ריני מְקַבֵּל עָלַי אָת מִצְוַת הַבּוֹרֵא וְאָהַרְתָּ לְרֵעֲךּ כְּמוֹךְּ הַרִינִי מְקַבֵּל עָלַי אָת מִצְוַת הַבּוֹרֵא וְאָהַרְתָּ לְרֵעֲךּ כְּמוֹךְּ

Behold, I hereby take upon myself the Instruction of the Creator: "You shall love your fellow as yourself"

Hareini mekabel alai et mitzvat ha boreh v'ahavta l'rei'acha kamocha

And then all that has divided us will merge;

And then compassion will be wedded to power;

And then softness will come to a world that is harsh and unkind;

And then both men and women will be gentle;

And then both women and men will be strong

And then no person will be subject to another's will;

And then all will be rich and free and varied;

And then the greed of some will give way to the needs of many;

And then all will care for the sick and the weak and the old;

And then all will nourish the young

And then all will cherish life's creatures;

And then all will live in harmony with one another and the Earth;

And then everywhere will be called Eden once again.

Judy Chicago

And he also slew the goat which was marked out for the Eternal, and did the same with its blood as he had done with that of the bull.

And he came to the altar and took from the blood of both, and put it on the horns of the altar and sprinkled it seven times.

He approached the live goat and put two hands on its head. And he confessed upon it all of the sins of the People of Israel and their wrongdoings.

'To God, whose name I dare to utter, I declare that Your people, the family of Israel, has erred, it has sinned, it has done wrong.

'To God, whose name I dare to utter, pardon the errors, the sins and the wrongdoing which have been committed against You by Your own people, the family of Israel. For the words are written in the Torah of Moses Your servant:

"For on this day atonement shall be made for you, to cleanse you; of all your sins before the Eternal..."

And when the priests and the people standing in the Temple court heard the glorious and awesome NAME of God, which was uttered by the mouth of the High Priest in holiness and purity, only on the Day for Atonement, then they bowed down and knelt and fell down, prone with their face to the ground, and they cried out:

'Blessed is God's name, whose glorious kingdom is forever and ever.' ְוְשָׁחֵט אֶת־הַשָּׂעִר אֲשֶׁר עָלָה עָלָיו הַגּוֹרָל לַיהוה. וְעָשָׁה אֶת־דָּמוֹ כַּאֲשֶׁר לְדַם הַפָּר: וְיָצָא אֶל הַמִּזְבֵּחַ אֲשֶׁר לִפְנִי יהוה. וְלָקַח מִדֵּם הַפָּר וּמִדֵּם הַשָּּעִיר. וְנָתַן עַל קַרְנוֹת הַמִּזְבֵּחַ סָבִיב. וְהִזָּה עָלָיו שֶׁבַע פְּעָמִים:

וּבָא אֶל הַשָּׂעִיר הֶחָי. וְסְמַךְ אֶת־שְׁתֵּי יָדִיו עַל רֹאשׁוֹ. וְהִתְוַדָּה עָלָיו אֶת־כָּל־עֲוֹנוֹת בְּנֵי ישְׂרָאֵל ואת־כּל־פּשׁעיהם:

אָנָּה הַשֵּׁם. חָטָאוּ. עַווּ. פָּשׁעוּ לְפָנֶיךְּ עַמָּךְ בֵּית יִשְׁרָאָל:

אָנָה בַּשֵּׁם. כַּפֶּר־נָא לַחֲטָאִים וְלַעֲוֹנוֹת וְלַפְּשָׁעִים. שֶׁחָטְאוּ. וְשֶׁעָווּ. וְשֶׁפָּשְׁעוּ לְפָנֶיךְ עַמְךְ בֵּית יִשְׂרָאֵל. כַּכְּתוּב בְּתוֹרַת מֹשֶׁה עַרְדְּךְ מִיפִּי כְבוֹדֶךְ.

כִּי בֵיוֹם הַזֶּה יְכַפֵּר צֲלֵכֶם לְטַהֵּר אֶתְכֶם. מִכּׁל חַטֹּאתֵיכֶם לִפְנֵי יהוה...

ְּהַכּּהְנִים וְהָעָם הָעוֹמְדִם בְּעֲזָרָה. כְּשֶׁהִיוּ שׁוֹמְעִים אֶת־הַשֵּׁם הַנִּכְבָּד וְהַנּוֹרָה מְפֹּרָשׁ יוֹצֵא מִפִּי כֹּהֵן גָּדוֹל בִּקְדָשָׁה וּכְטָהְרָה. הָיוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים וְנוֹפַלִים על פָּנִיהָם וְאוֹמֵרִים.

> בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלַם וַעֵּד:

And the High Priest continued to dwell on the holy name while the people finished their response. Only then would he complete the verse he had begun: וְאַף הוּא הָיָה מִתְכַּוּן לִגְמֹר אֶת־ הַשֵּׁם כְּנֶגֶד הַמְבָרְכִים וְאוֹמֵר לָהֶם.

'...you shall be cleansed.'

...תִּטְקָרוּ:

### AZAZEL - THE SCAPEGOAT

And he sent the live goat with an appointed man, who let it into the wilderness. Then the High Priest made the offering for himself and the people, to atone for himself and for the people. ְוְשָׁלַח אֶת־הַשָּׂעִיר בְּיֵד אִישׁ עִתִּי הַמִּדְבָּרָה: וְיָצָא וְעָשָׂה אֶת־עֹלָתוֹ וְאֶת־עוֹלַת הַעֵם. וְכִפָּר בַּצֵּדוֹ וּבְעֵד הַעֵּם:

# Mishnah, Tractate Yoma, Chapter 6, Mishnayot 3-4

מסרו למי שהיה מוליכו... עשר סוכות מירושלים ועד צוק... על כל סוכה וסוכה אומרים לו, הרי מזון והרי מים

[The High Priest] delivered [the scapegoat] to the one who would lead it [into the wilderness]... There were ten booths from Jerusalem to the cliff... At each and every booth they would say to him: here is food and here is water.

### Yerushalmi, Yoma 6:4, 44a

לייפות את כוחו למה שאין יצר הרע תאב אלא דבר שהוא אסור לו

AT EACH AND EVERY BOOTH THEY WOULD SAY TO HIM: HERE IS FOOD, HERE IS WATER. [They did so] to enhance his strength [to enable him to continue fasting] Why? Because the evil inclination only desires something that is forbidden to it.

### Bavli, Yoma 67a

תנא: מעולם לא הוצרך אדם לכך, אלא שאינו דומה מי שיש לו פת בסלו למי שאין לו פת בסלו.

A Tanna taught: No-one ever found it necessary to use it, but you cannot compare one who has bread in his basket with one who has no bread in his basket.

### THE PRAYER OF THE HIGH PRIEST

This was the prayer of the High Priest on the Day for Atonement after he had come out of the Holy of Holies peaceful and unharmed.

Our Living God and God of our ancestors, may it be Your will this year to bring us and all Your people a year of bounty and blessing, a year of good decisions, a year of grain, wine and oil, a year of relief and success, of meeting in Your holy presence, a year of abundance, of all the good things that come from You, a year of dew, rain and warmth, and of ripened fruit, a year of atonement for our misdeeds, a year in which you bless our food and drink, a year of commerce and a year in which we arrive in Your holy presence, a year of plenty and delight, a year in which You bless the fruit of the womb and the fruit of the land, a year in which You bless all our comings and our goings, a year in which our congregation thrives, a year of compassion, peace and tranquility, a year in which You bring us home rejoicing to our land, a year in which Your people Israel will not require support from one another or from other people, the work of their hands being fully blessed by You.'

And for those who lived in the region of Sharon, in danger of sudden earthquakes, he said a special prayer: 'Our Living God and God of our ancestors, do not let their homes become their graves.'

וְכַךְ הָיְתָה תְפִּלְתוֹ שֶׁל כֹּהֵן גָּדוֹל בְּיוֹם הַכִּפּוּרִים בְּצֵאתוֹ מִבֵּית לְׁדֶשׁ הַקָּרֲשִׁים בִּשַׁלוֹם בִּלִי פַגַע:

יָהִי רַצוֹן מִלְפָּנֵיךְ יהוה אֵלהֵינוּ ואלהי אַבוֹתִינוּ. שַׁתַּהִי הַשַּׁנַה הַזֹּאת הַבַּאַה עַלֵינוּ וְעַל כַּל־עַמִּךּ בֵּית יִשְׂרָאֵל שָׁנַת אַסֶם. שָׁנַת בָּרַכַה. שָׁנַת גַורות טובות מַלְפַנִיךּ. שָׁנַת דְּגַן תִּירוֹשׁ וִיִצְהָר. שָׁנַת הַּרְוָחָה וָהַצְלַחַה. שָׁנַת וָעוּד בֵּית מָקְדַשֶׁךּ. שָׁנַת זוֹל. שָׁנַת חַיִּים טוֹבִים מִלְפַנֵיךּ. שַנַה טָלוּלַה וּגִשׁוּמַה אָם שָׁחוּנַה. שָׁנַת יַמְתִּיקוּ מְגַדִים אֶת תִּנוּבַתַם. שָׁנַת כַּפַּרָה עַל כַּל־עַוֹנוֹתֵינוּ. שָׁנַת לַחִמֵנוּ וּמֵימֵינוּ תִּבָרֶךְ. שָׁנַת **מַ**שָּׂא וּמַתָּן. שָׁנַת נָבוֹא לְבֵית מִקְדַשׁנוּ. שָׁנַת שַּׂבַע. שָׁנַת עָּנָג. שָׁנַת פָּרִי בְטָנֵנוּ וּפָרִי אַדְמַתֵנוּ תַּבַרֶדְ. שָׁנַת צאתנו ובואנו תַבֶרך. שָנַת קַהֶלֵנוּ תוֹשִׁיעַ. שָׁנַת רַחֲמֵיךּ יְכַּמְרוּ עַלֵינוּ. שָׁנַת שַׁלוֹם וְשַׁלְוַה. שַׁנַה שָׁתַּעַלְנוּ שָׁמֶחִים לְאַרְצֵנוּ. שָׁנַת אוֹצַרְךְּ הַטּוֹב תפתח לנו. שנה שלא יצטרכו עמד בַּית יִשַּׂרָאֵל זָה לַזָה וָלֹא לְעַם אַחֶר בַּתַתַּדְּ בַרַכַה בְּמַעַשֵּׁה יָדֵיהָם:

ְוְעַל אַנְשֵׁי הַשָּׁרוֹן הָיָה אוֹמֵר: יְהִי רָצוֹן מִלְפָנֶיךּ יהוה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ. שֶׁלֹא יֵעֲשׁוּ בָתֵּיהֶם קְבְרֵיהֶם: 1

Ufros Aleinu (Evening Liturgy) / Lo Yissa Goy (Isaiah 2:4)

וּפָרשׁ עַלֵינוּ סֻכַּת שָׁלוֹמֵךּ.

Spread over us the shelter of Your peace

Uf'ros aleinu sukkat sh'lomecha

לא־יִשַּׂא גוֹי אָל־גוֹי חֶרֶב וְלֹא־יִלְמְדוּ עוֹד מְלְחַמֵּה:

Nation shall not lift up sword against nation; never again shall they train for war

Lo yissa goy el-goy cherev, v'lo yilm'du od milchamah

### AFTER THE TEMPLE

All this was while the Temple was a reality and a Holy of Holies existed. Then a High Priest used to come forward and conduct the ritual, and the people of his time looked on and it filled them with joy.

כָּל אֵלֶה בִּהְיוֹת הַהֵיכָל עַל יְסוֹדוֹתָיו וּמִקְדֵּשׁ הַלְּדֶשׁ עַל מְכוֹנוֹתָיו וְכֹהֵן גָּדוֹל עוֹמֵד וּמְשָׁרֵת. דוֹרוֹ רָאוּ וְשָׁמָחוּ:

Kol eilleh bihyot ha-heichal al y'sodotav umikdash ha-kodesh al m'chonotav v'chohein gadol omeid um'shareit, doro ra'u v'samachu.

The Holy Temple is destroyed, this form of service is no more. How then may we come into God's presence?

חָרָב מִקְדָּשׁ. וּבִשְּלָה עֲבוֹדָה. בַּמָּה נְקַדֵּם יהוה:

Charav mikdash uvutt'lah avodah.Ba-mah n'kadeim Adonai.

על־שְׁלשָׁה דְבָרִים הָעוֹלֶם עוֹמֵד: עַל הַתּוֹרָה וְעַל הָעֲבוֹרָה וְעַל גְּמִילוּת חֲסָדִים:

The world stands on three things: on **Torah**, on **service** and on **acts of loving kindness**.

Al sh'loshah d'varim ha-olam omeid. Al ha-torah, v'al ha-avodah, v'al g'milut chasadim.

### **TORAH**

The Sages taught:

Once the Roman Empire decreed that Israel may not engage in the study of Torah. Pappos ben Yehuda came and found Rabbi Akiva who was creating public assemblies and engaging with Torah.

He said to him: Akiva, are you not afraid of the Empire?

Rabbi Akiva answered him: I will tell you a parable. What is this like? A fox was walking along a riverbank and saw fish gathering and fleeing from place to place. He asked them: From what are you fleeing? They answered: From the nets that people cast for us. The fox said to them. Do you wish to come up onto dry land, and we can dwell together as our ancestors dwelt with your ancestors? The fish replied: Are you the one of whom they say he is the cleverest of animals? You are not clever; you are a fool. If we are afraid in the place that gives us life, how much more so in a place that causes us death. Now that we sit and engage in Torah, about which it is written: 'For that is your life, and the length of your days' (Deuteronomy 30:20) yet we live in fear, if we abandon Torah how much worse it will be. (Babylonian Talmud, B'rachot 61b)

ת עץ־חַיִּים הִיא לַמַּחֲזִקִים בָּה. וְתֹמְכֶיהָ מְאֻשָׁר: דְרָכֶיהָ דַרְכֵי־נֹעַם. וְכַל־נְתִיבוֹתֵיהָ שָׁלוֹם:

It is a tree of life to all who grasp it and those who hold fast to it are happy. Its ways are ways of pleasantness and all its paths are peace.

Eits chayyim hi la-machazikim bah, v'tom'cheha m'ushar. D'racheha darchei no'am, v'chol n'tivoteha shalom.

### **AVODAH**

Rabbi Yochanan and Rabbi Elazar both said:

While the Temple still stood, the altar used to make atonement for people, but now that the Temple no longer stands, people's tables make atonement for them. (*Babylonian Talmud, B'rachot 55b*)

What is 'service of the heart', 'avodah shehi ba-lev'? You should say, it is prayer. (Babylonian Talmud, Ta'anit 2a)

Ivdu (Psalm 100:2 and 95:3) Music: Or Zohar

# יִנְברוּ אֵת־יהוה בִּשִּׁמְחָה בֹּאוּ לְפָנֵיו בִּרְנַנַה: כִּי אֵל מֵלֶךְ גַּדוֹל יהוה

Serve God in gladness; Come into God's Presence with joy. For God is a great Sovereign.

> Part 2: Part 1: Ivdu (*Ivdu...u*...u)

et Adonai b'simcha (simcha, simcha, simcha...)

Bo'u (Bo'u, bo'u bo'u...u) l'fanav birna'na...ah (na, na, na, na, na....)

*Ki El melech gadol Adonai (x4)* 

### **G'MILUT CHASADIM**

One time Rabban Yochanan ben Zakkai was out in Jerusalem and Rabbi Joshua was walking after him and saw the Temple was destroyed.

He said, 'Woe to us because this has been destroyed! The place that atoned for all of Israel's sins.'

Rabban Yochanan ben Zakkai said to him, 'My son, don't be grieved. We have a form of atonement that is similar to that one, and which is it? Acts of loving kindness - g'millut chasadim. As it says, 'For I desire goodness, not sacrifice; obedience to God rather than burnt offerings' (Hosea 6:6)'

(Avot d'Rabbi Natan 4:5)

**Psalm 89:3 Music: Menachem Creditor** 

עוֹלַם חָסֶד יִבַּנָה

The world will be built with loving kindness Olam chesed yibaneh, yai dai dai dai dai dai dai dai dai

#### THE HOLINESS OF THE FESTIVAL

Our God and God of our ancestors, may Your regard and concern for us and our ancestors, for the time of our redemption, for Jerusalem the city of Your holiness, and for all Your people the family of Israel, be close to You and be pleasing to You.

Favour us all with freedom and goodness, with grace, love and mercy, on (this day of rest and) this day for Atonement, to be merciful to us and show us salvation.

Our Living God, remember us for good, (Amen) bring us Your blessing, (Amen) and save us for a good life. (Amen)

Spare us and be kind to us according to Your promise of deliverance and mercy. Our eyes are turned towards You, for You are a Sovereign of mercy and compassion.

אלהינו נאלהי אבותינו. יעלה ויבא ויגיע ויראה וירצה וִישַׁמַע וִיפַּקָד וְיִזַכֶר זְכַרוֹנְנוּ ופקדוננו ווכרון אַבותינו וַזְכָרוֹן מַשִּׁיחַ בֵּן דַּוָד עַבְדָּךָּ. ווכרון ירושלים עיר קדשה וָזְכִרוֹן כַּל־עַמָּך בִּית יִשְׂרַאֵל לְפַנִיךּ. לְפָּלֵיטָה וּלְטוּבַה לְחֵן וּלְחֵסֵד ולרחמים לחיים ולשלום בִּיוֹם (הַמַּנוֹחַ הַזֶּה וּבִיוֹם) הַכְּפּוּרִים הַזָּה. לרחם בו עלינו ולהושיענו: וַכַרנוּ יהוה אַלהינוּ בּוֹ לְטוֹבַה (אַמֶּן) וּפַקְדֵנוּ בוֹ לְבָרֵכָה (אַמֶן) וְהוֹשִׁיעֵנוּ בוֹ לְחַיִּים טוֹבִים (אֲמֵז) וּבְדָבַר יִשׁוּעָה וְרַחֲמִים חוּס וְחַנֵּנוּ. כִּי אָלֵיךּ עֵינֵינוּ. בִּי אֵל מֶלֶךְ חַנוּן וְרַחוּם אַתַּה:

Eloheinu veilohei avoteinu ya'aleh v'yavo v'yaggi'ah v'yeira'eh v'yeiratseh v'yishama vayippakeid vayizzacheir zichroneinu ufikdoneinu v'zichron avoteinu v'zichron mashi'ach ben david avdecha, v'zichron y'rushalayim ir kodshecha v'zichron kol amm'cha beit yisra'el l'fanecha lifleitah ul'tovah l'chen ul'chesed ul'rachamim, l'chayim ul'shalom, b'yom (ha-mano'ach ha-zeh uv'yom) ha-kippurim ha-zeh. l'rachem bo aleinu ul'hoshi'einu.

Zochreinu Adonai eloheinu bo l'tovah (Amen)
U'fokdeinu vo livracha (Amen)
V'hoshi'einu vo l'chayim tovim (Amen)
h v'rachamim chus v'chonnoimu, ki eilecha ein

Uvidvar y'shu'ah v'rachamim chus v'chonneinu, ki eilecha eineinu, ki eil melech chanun v'rachum attah.

Our God and God of our ancestors, reign over all the world in glory, supreme in splendour over all the earth. Shine out in the beauty and majesty of Your might over all who dwell on earth. Then every creature will know that You are its Creator, and all Your handiwork realise that You are its Maker. May everything that has life declare that the God of Israel reigns, and that God's rule governs all.

אֶלהֵינוּ וֵאלהֵי אֲבוֹתֵינוּ. מְלֹדְ עַל פָל־הָעוֹלָם כָּלוֹ בִּכְבוֹדֶדּ. וְהִנְּשֵׂא עַל כָּל־הָאָרֶץ בִּיקָרֶדְּ. וְהוֹפַע בַּהְדֵר גְּאוֹן עֻזֶּדְ. עַל כָּל־יוֹשְׁבֵי תַבֵּל אַרְצֶדְ: וְיִדַע כָּל־פָעוּל כִּי אַתְּה פְּעַלְתוֹ. וְיִבִין כָּל־יָצוּר כִּי אַתְּה יְצֵרְתוֹ. וְיֹאמֵר כָּל־אֲשֶׁר נְשְׁמָה בְּאַפּוֹ. יהוח אֱלֹהֵי יִשְׂרָאֵל מֶלֶדְ. וּמַלְכוּתוֹ בַּכֹּל מָשֶׁלָה:

Eloheinu veilohei avoteinu, m'loch al kol ha-olam kullo bichvodecha, v'hinnasei al kol ha-arets bikarecha, v'hofa bahadar g'on uzzecha, al kol yosh'vei teiveil artsecha. V'yeida kol pa'ul ki attah p'alto, v'yavin kol yatsur ki attah y'tsarto, v'yomar kol asher n'shamah b'appo, Adonai elohei yisra'el melech, umalchuto ba-kol mashalah.

Our God and God of our ancestors, (may our rest be pleasing to You) make us holy by doing Your commands and let us share in the work of Your Torah. Make us content with Your goodness and let our souls know the joy of Your salvation. (In Your love and goodwill let us inherit Your holy Shabbat and may all Israel who seek holiness find in it their rest.) Purify our hearts to serve You in truth, for You, God, are truth, and Your word is truth and endures forever. Blessed are You God, the sovereign who pardons and forgives our sins, and the sins of all Your people Israel, removing guilt from year to year; sovereign over all the earth, who hallows (the Shabbat and) Israel and the Day for Atonement.

אֱלהֵינוּ וֵאלהֵי אֲבוֹתֵינוּ (רְצֵה בִּמְנוּחָתֵנוּ) קַּדְּשֵׁנוּ בְּמִצְוֹתֶיךְּ. וְתֵּן חֶלְקֵנוּ בְּתוֹרֶתֶךְ. שַׂבְּעֵנוּ מִטּוּכֶךְ. וְשֵׁמְחֵנוּ בִּישׁוּעָתֶךְ. (וְהַנְחִילֵנוּ יהוה וְטַהֵּר לְבֵּנוּ לְעָבְיְּךְ בֶּאֲמֶת. וְטַהֵּר לְבֵּנוּ לְעָבְיְּךְ בֶּאֲמֶת. וְקַיֶּם לְעַד. לְצֵינוֹתִינוּ וְלַעֲוֹנוֹת עַמּוֹ בֵּית יִשְׂרָאֵל. לַצְוֹנוֹתִינוּ וְלַעֲוֹנוֹת עַמּוֹ בֵּית יִשְׂרָאֵל. וֹמֶלֶךְ עַל כְּלֹּהָאָרֶץ מְקַדִּשׁ (הַשַּׁבָּת מֶלֶךְ עַל כְּלֹּהָאָרֶץ מְקַדִּשׁ (הַשַּׁבָּת וֹישׂרָאל וִיוֹם הכּפּוּרִים:

Eloheinu veilohei avoteinu (r'tseih vimnuchateinu) kadd'sheinu b'mitsvotecha, v'tein chelkeinu b'toratecha, sabb'einu mittuvecha, v'samm'cheinu bishu'atecha, (v'hanchileinu Adonai eloheinu b'ahavah uv'ratson shabbat kodshecha, v'yanuchu vah yisra'el m'kadd'shei sh'mecha,) v'taheir libbeinu l'ovd'cha be'emet, ki attah elohim emet, ud'var'cha emet v'kayyam la'ad. Baruch attah Adonai, melech mocheil v'soleach la'avonoteinu v'la'avonot ammo beit yisra'el, uma'avir ashmoteinu b'chol shanah v'shanah, melech al kol ha-arets m'kaddeish (ha-shabbat v') yisra'el v'yom ha-kippurim.

Our Living God, be pleased with Your people Israel and listen to their prayers. In Your great mercy delight in us so that Your presence may rest upon Zion. Our eyes look forward to Your return to Zion in mercy! Blessed are You God, ever restoring Your presence to Zion.

ְרְצֵה יהוה אֱלֹהֵינוּ בְּעַמְּךְּ יִשְּׁרָאֵל. וְלְתְפִּלְּתָם שְׁצֵה. וּבְרַחֲמֶיךּ הָרַבִּים תַּחְפֹּץ בָּנוּ וְתַשְׁרֶה שְׁכִינְתְךְּ עַל צִיּוֹן. וְתָחֶזֶינָה עֵינִינוּ בְּשׁוּכְךְּ לְצִיּוֹן בְּרַחֲמִים: בָּרוּךְ אַתָּה יהוה. הַמַּחֲזִיר שָׁכִינָתוֹ לְצִיּוֹן.

R'tseih Adonai eloheinu b'amm'cha yisra'el, v'litfillatam sh'eih. Uv'rachamecha ha-rabbim tachpots banu, v'tashreh sh'chinat'cha al tsiyyon. V'techezenah eineinu b'shuv'cha l'tsiyyon b'rachamim. Baruch attah Adonai ha-machazir sh'chinato l'tsiyyon.

We declare with gratitude that You are our God and the God of our ancestors. You are our rock, the rock of our life and the shield that saves us. In every generation we thank You and recount Your praise for our lives held in Your hand, for our souls that are in Your care, and for the signs of Your presence that are with us every day. At every moment, at evening, morning and noon, we experience Your wonders and Your goodness. You are goodness itself, for Your mercy has no end. You are mercy itself, for Your love has no limit. Forever have we put our hope in You.

And for all these things may Your name, our Sovereign, be blessed, exalted and honoured forever and ever. Record all the children of Your covenant for a good life. May every living being thank You; may they praise and bless Your great name in truth for You are the God who saves and helps us. Blessed are You God, known as goodness, whom it is right to praise.

מוֹדִים אֲנַחְנוּ לָךְ שֶׁאַתָּה הוּא יהוה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ לְעוֹלָם וַעֶּד. צוּרֵנוּ צוּר חַיֵּינוּ וּמָגֵן יִשְׁעֵנוּ אַתָּה הוּא: לְדוֹר וַדוֹר נוֹדֶה לְךְּ וּנְסַפֵּר תְּהָלָתֶךְ עַל חַיֵּינוּ הַפְּסוּרִים בְּיָדֶךְ. וְעַל נִשְׁתּלִנוּ הַפְּקוּדוֹת לָךְ. וְעַל נִפֶּיךְ שֶׁבְּכָל־יוֹם עִמָנוּ. וְעַל נִפְלְאוֹתֶיךְ וְטוֹבוֹתֶיךְ שֶׁבְּכָל־ עֵת בֶלוּ רַחֲמֶיךְ. הַמְרַחֵם כִּי לֹא תַמּוּ תַסָּדֶיךְ. כִּי מֵעוֹלָם קִוִּינוּ לָךְ.

ְוְעַל כָּלָם יִתְבָּרֵךְ וְיִתְרוֹמֵם וְיִתְנַשֵּׂא תָּמִיד שִׁמְךּ מֵלְכֵּנוּ לְעוֹלָם וָעֶד: וּכְתוֹב לְחַיִּים טוֹבִים כָּל־בְּנֵי בְרִיתֶךְ. וְכָל־הַחַיִּים יוֹדוּךְ פֶּלָה. וִיהַלְלוּ וִיבָרְכוּ אֶת שִׁמְךְ הַגִּדוֹל בָּאֲמֶת. הָאֵל יְשׁוּעָתֵנוּ וְעָזְרָתֵנוּ סֶלְה: בָּרוּךְ אַתָּה יְשׁוּעָתֵנוּ וְעָזְרָתֵנוּ סֶלְה: בָּרוּךְ אַתָּה יהוה. הַטּוֹב שִׁמְךְ וּלְךְּ נָאֶה לְהוֹדוֹת:

Modim anachnu lach, she'attah hu Adonai eloheinu veilohei avoteinu l'olam va'ed, tsureinu tsur chayyeinu umagein yish'einu, attah hu. L'dor vador nodeh l'cha un'sappeir t'hillatecha, al chayyeinu ha-m'surim b'yadecha, v'al nishmoteinu ha-p'kudot lach, v'al nissecha sheb'chol yom immanu, v'al nifl'otecha v'tovotecha sheb'chol eit, erev va'voker v'tsohorayim. Ha-tov ki lo chalu rachamecha, ha-m'racheim ki lo tammu chasadecha, ki mei'olam kivvinu lach.

V'al kullam yitbarach v'yitromeim v'yitnassei tamid shimcha malkeinu l'olam va'ed. Uch'tov l'chayyim tovim kol b'nei v'ritecha. V'chol ha-chayyim yoducha selah, vihal'lu vivar'chu et shimcha ha-gadol be'emet, ha-eil y'shu'ateinu v'ezrateinu selah. Baruch attah Adonai, ha-tov shimcha ul'cha na'eh l'hodot.

Grant us peace, goodness and blessing; life, grace and kindness; justice and mercy. Source of our life, bless us all together with the light of Your presence, for in the light of Your presence You give us, our Living God, law and life, love and kindness, justice and mercy, blessing and peace. And in Your eyes it is good to bless Your people Israel with the strength to make peace. In Your presence may we and all Your people, the family of Israel, be remembered and recorded in the Book of Life for a good life and for peace. Blessed are You God, blessing Your people Israel with peace.

שִׁים שָלוֹם טוֹבָה וּבְרָכָה חַיִּים חֵן
וְחֶטֶּד צְּדָקָה וְרַחֲמִים עָלֵינוּ. וּבְּרְכֵנוּ
אָבִינוּ כֵּלְנוּ יַחַד בְּאוֹר פָּנֶיךְּ. כִּי בְאוֹר
פָּנֶיךְּ נְתַתְּ לְנוּ יהוֹה אֱלֹחֵינוּ תּוֹרָה
וְחַיִּים. אַהְבָה וָחֶטֶּר. צְּדָקָה וְרַחֲמִים.
בְּרָכָה וְשָׁלוֹם. וְטוֹב בְּעֵינֶיךְּ לְבָרִךְ
אָמִדעִמְּךְ יִשְּׁלוֹם. וְטוֹב בְּעֵינֶיךְ לְבָרִךְ
בְּסֵפֶר חַיִּים נִזָּכֵר וְנִכְּתֵב לְפָנֶיךְ
אֲנַחְנוּ וְכָל־עַמְּךְ בֵּית יִשְׂרָאֵל לְחַיִּים
טוֹבִים וּלְשָׁלוֹם:
בָּרוּךְ אַתָּה יהוֹה. הַמְבָרֵךְ אֶת עַמּוֹ

Sim shalom tovah uv'rachah chayyim chein vachesed, ts'dakah v'rachamim aleinu, uvar'cheinu avinu kullanu yachad b'or panecha, ki v'or panecha natatta lanu Adonai eloheinu torah v'chayyim, ahavah vachesed, ts'dakah v'rachamim, b'rachah v'shalom, v'tov b'einecha l'vareich et amm'cha yisra'el b'rov oz uv'shalom. B'seifer chayyim nizzacheir v'nikkateiv l'fanecha anachnu v'chol amm'cha beit yisra'el, l'chayyim tovim ul'shalom. Baruch attah Adonai, ha-m'vareich et ammo yisra'el bashalom.

עשֶׁה שָׁלוֹם בִּמְרוֹמָיו. הוּא יַצְשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כַּל־יִשְׂרָאָל וְעַל־כַּל־הַעוֹלַם. וְאָמִרוּ. אָמֵן:

May the Maker of peace in the highest bring this peace upon us and upon all Israel and upon all the world. Amen.

Oseh shalom bimromav hu ya'aseh shalom aleinu v'al kol yisra'el v'al kol ha-olam, v'imru amen.