



To pray. To learn. To live. Together.

**SEE INSIDE FOR EVERYTHING
THAT IS HAPPENING THIS
YOM KIPPUR**

5781 - 2020



HEART

Our core service from the Alyth bimah with lay readers joining from their homes. Designed to meet the needs of those who love the Marquee or Kollot services.



SOUL

Services with extra readings and different melodies for those who want a more intimate, reflective or creative space.



FAMILY

Newly designed services for this year for our younger members and their families to join together.



MIND

Opportunities for study, reflection and discussion with our clergy.



BREATH

Special High Holy Day sessions with our JMM (Jewish Mindfulness and Meditation) team.

All our services and sessions will be streamed via Zoom. Our accounts allow for up to 1000 computers to join. If you unable to join via Zoom or prefer not to use Zoom, then all our services can be seen on our YouTube channel (www.youtube.com/c/AlythRS).

Please go to the Alyth website (www.alyth.org.uk) if there is an issue with Zoom over Yom Kippur to see how to join the services.

KOL NIDRE SUNDAY 27 SEPTEMBER OVERVIEW

HEART

SOUL

MIND

BREATH

TEEN

KOL NIDRE

From 18:50, those who wish can begin their Yom Kippur with the evocative sound of a cello rendition of Kol Nidre. Followed by:
19:00 The powerful ritual of Kol Nidre, for the whole community of Alyth, live from the Alyth bimah.

19:15 KOL NIDRE FOR THE HEART

Our core service led from the Alyth bimah.

19:15 KOL NIDRE FOR THE SOUL

A more gentle and intimate service with songs and readings

19:15 FOR THE MIND: AL CHET

The first of five sessions, in which each member of the Alyth clergy will look at a different line from the Vidui Rabbah. With Rabbi Elliott.

19:15 KOL NIDRE FOR BODY AND SOUL

A special session for Kol Nidre from the JMM team.

19:15 TEEN NIDRE

Our annual session for teenagers thinking about how to make the most of this opportunity for reflection.

SERMON AND CONCLUSION OF THE SERVICE

Coming together for the sermon, given by Rabbi Hannah.

THE FAST BEGINS AT 18:33

KOL NIDRE IN DETAIL SUNDAY 27 SEPTEMBER

CELLO RECITAL OF KOL NIDRE (18:50-19:00)

From 18:50, those who wish can begin their Yom Kippur with the evocative sound of a cello rendition of *Kol Nidre* by Daniel Ledermann, accompanied by Andrew Gellert.

[Click here to join on Zoom \(Meeting ID: 824 0911 1734, Passcode: 785089\)](#)

KOL NIDRE (19:00-19:15)

Then, at 19:00 we come together for the powerful ritual of Kol Nidre, for the whole community, live from the Alyth bimah.

[Click here to join on Zoom \(Meeting ID: 824 0911 1734, Passcode: 785089\)](#) - *this is the same link as the Cello recital*



HEART: KOL NIDRE SERVICE (19:15)

Our core service continues from the Alyth bimah, led by Rabbi Josh, Cantor Tamara, Rabbi Colin and Katie Hainbach. This service will contain familiar melodies and readings, slightly abridged to be experienced online.

What do I need? This service will be led from the 1985 Reform machzor. We have a limited stock of these which you can borrow from Alyth. A newer version of the service liturgy can be viewed online [here](#). As the order of service in these versions is different, click [here](#) for a running order for the evening with page numbers.

[Click here to join on Zoom \(Meeting ID: 824 0911 1734, Passcode: 785089\)](#) - *this is the same link as Kol Nidre at 19:00*



SOUL: KOL NIDRE FOR THE SOUL (19:15)

A more gentle, intimate, reflective service with songs and readings. With Rabbi Hannah and Lynette Sunderland.

What do I need? Download the special booklet from the Alyth website by [clicking here](#).

[Click here to join on Zoom \(Meeting ID: 823 7107 0486, Passcode: 138638\)](#)



MIND: AL CHET SHE-CHATANU L'FANECHA BA-GALUI U'VA-SATER (19:15)

Join Rabbi Elliott for the first of five shiurim for Yom Kippur, each exploring a different line from the Vidui Rabbah—'Al Chet'. We begin with Ba-Galui u'va-Sater, the sins we commit in public and in secret. Does it make a difference whether people know that we have sinned? Should we judge people if they say one thing in public but do something different in private?

What do I need? [Click here](#) to view or download the source sheets.

[Click here to join on Zoom \(Meeting ID: 831 3028 8722, Passcode: 092846\)](#)



BREATH: JMM FOR KOL NIDRE (19:15)

A special Jewish Mindfulness Meditation session for Kol Nidre. Led by Mika Hadar-Borthwick on the theme of 'For Body and Soul'.

[Click here to join on Zoom \(Meeting ID: 841 3636 0947, Passcode: 050650\)](#)



TEEN: TEEN NIDRE (19:15)

Providing a space for Years 7-13 to share their experience together and make final preparations for Yom Kippur. How do we grapple with fasting at home? What temptations will we encounter this year? Where do I loiter with my friends?

What do I need? Plain paper, a pencil and a rubber.

[Click here to join on Zoom \(Meeting ID: 952 3308 4038, Passcode: 833228\)](#)



SERMON AND CONCLUSION OF THE SERVICE

Coming together for the sermon, given by Rabbi Hannah and conclusion of the service.

[Click here to join on Zoom \(Meeting ID: 824 0911 1734, Passcode: 785089\)](#) - *this is the same link as the Heart service*

**SEE OVER THE PAGE FOR YOM KIPPUR
SERVICES AND SESSIONS IN DETAIL**

YOM KIPPUR MORNING MONDAY 28 SEPTEMBER OVERVIEW

HEART

10:30 SHACHARIT FOR THE HEART
Our core service led from the Alyth bimah.

SOUL

10 30 KOLLOT
A Kollot-style Shacharit service.

FAMILY

09:30-10.30 YK SENSORY
For our youngest members and their families.

11:00-12.30 ATIDEINU
A special musical Yom Kippur service for the whole family, with new breakout spaces to enhance the morning.

11:45 APPROX. SERMON

Coming together for the sermon, given by Rabbi Josh

YOM KIPPUR MORNING IN DETAIL 09:30 - 12:00



FAMILY: SENSORY FOR YOM KIPPUR (9:30-10:30)

Join Rabbi Hannah for this special Sensory experience for our youngest members and their families based on our Shabbat Sensory service.

What do I need? A scarf, shaker, bubbles, something shiny or reflective, something that lights up and a blanket.

Download the special sheet from the Alyth website by [clicking here](#).

[Click here to join on Zoom \(Meeting ID: 884 3273 9031, Passcode: 525950\)](#)



HEART: YOM KIPPUR SHACHARIT (MORNING) SERVICE (10:30-11:45)

Our core service led from the Alyth bimah and members' homes with Cantor Tamara, Rabbi Elliott, Rabbi Colin and Katie Hainbach. Including familiar High Holy Days melodies, for all those who like to be in the marquee.

This service is abridged to allow for breaks throughout the day.

What do I need? This service will be led from the 1985 Reform machzor. We have a limited stock of these which can be borrow from Alyth. The service liturgy can also be viewed online [here](#). A transliteration booklet can be downloaded [here](#).

[Click here to join on Zoom \(Meeting ID: 815 5370 7940, Passcode: 785089\)](#)

YOM KIPPUR MORNING



SOUL: KOLLOT SERVICE (10:30-11:45)

A Kollot Shacharit service with Rabbi Josh and Justin Wise.

This service, which is abridged for this year, will include familiar High Holy Days melodies in the Kollot style .

What do I need? This service will be led from the 1985 Reform machzor. We have a limited stock of these which can be borrowed from Alyth. The service liturgy can also be viewed online [here](#). A transliteration booklet can be downloaded [here](#).

A special supplement for this service can be downloaded [here](#).

[Click here to join on Zoom \(Meeting ID: 841 7303 1743, Passcode: 138638\)](#)



FAMILY: ATIDEINU (11:00-12:30)

A special musical Yom Kippur service for the whole family, with a breakout space during the Torah Service to enhance the morning. With Rabbi Hannah, musicians, and the Alyth Youth and Education team.

What do I need? Download the special booklet from the Alyth website by [clicking here](#).

Have your instruments ready to play along at home.

[Click here to join on Zoom \(Meeting ID: 822 5257 6373, Passcode: 607847\)](#)



SERMON (11:45 approx)

The Heart and Soul services come together for the sermon, given by Rabbi Josh.

[Click here to join on Zoom \(Meeting ID: 815 5370 7940, Passcode: 785089\)](#) - *this is the same link as the Heart morning service*

YOM KIPPUR TORAH SERVICE AND MUSAF (ADDITIONAL SERVICE) OVERVIEW

HEART

12:00 TORAH SERVICE FOR THE HEART
Our core service led from the Alyth bimah and members' homes.

13:00 AVODAH FOR THE HEART
The drama of the Avodah service, live from the Alyth bimah.

14:15 MARTYROLOGY FOR THE HEART
A special martyrology service from the Alyth bimah.

SOUL

12:00 JMM: 13 ATTRIBUTES OF GOD
A special session with teachers from our JMM team and Cantor Tamara.

13:00 IMREI FINU AVODAH
A guitar-led service echoing the path of the High Priest in song and reflection

14:15 SERVICE FOR WELLBEING
Releasing ourselves from the burdens that we carry with prayer, song and reflection

MIND

12:00 FOR THE MIND: AL CHET
With Rabbi Colin

13:00 FOR THE MIND: AL CHET
With Rabbi Hannah

14:15 FOR THE MIND: AL CHET
With Rabbi Josh

FAMILY

The Alyth team have prepared videos for families to view during the afternoon.
Click on the links below to see them.

[Crafts with Sophie](#)

[Storytime with Rabbi Elliott](#)

[Singing with Cantor Tamara](#)

YOM KIPPUR AFTERNOON, TORAH SERVICE AND MUSAF IN DETAIL 12:00 - 15:15



HEART



What do I need?

These services will be led from the 1985 Reform machzor. We have a limited stock of these to borrow from Alyth.

The service liturgy can also be viewed online [here](#). A transliteration booklet can be downloaded [here](#).

[Click here to join on Zoom \(Meeting ID: 815 5370 7940, Passcode: 785089\)](#) - *this is the same link as the Heart morning service*

12:00 TORAH SERVICE

Our core service led from the Alyth bimah and members' homes led by Rabbi Josh and Viv Bellos. [Click here](#) to download the Torah portions. This service will end with a break to allow members to stretch their legs before Musaf.

13:00 AVODAH SERVICE

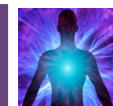
The drama of the Avodah service, live from the Alyth bimah. With Rabbi Elliott, Lynette Sunderland and Viv Bellos.

14:15 MARTYROLOGY SERVICE

A special martyrology service from the Alyth bimah with Rabbi Hannah, Rabbi Colin and Viv Bellos. [Click here](#) for the service booklet.



SOUL



12:00 JMM: 13 ATTRIBUTES OF GOD

A special Jewish Mindfulness Meditation session with Maxine Levy and Cantor Tamara.

[Click here to join on Zoom \(Meeting ID: 962 2539 8097, Passcode: 642856\)](#)

13:00 IMREI FINU AVODAH SERVICE

Led by Rabbi Josh and Cantor Tamara, Imrei Finu is a guitar led service with singing to new and familiar melodies, readings and plenty of silence. In this special service, we echo the path taken by the High Priest during the Avodah service in our own songs and reflections.

What do I need? [Click here](#) to download the special booklet.

[Click here to join on Zoom \(Meeting ID: 831 9778 2004, Passcode: 138638\)](#)



SOUL CONTINUED



14:15 SERVICE FOR WELLBEING

Join Lynette Sunderland and Justin Wise to sing, pray and reflect on our own wellbeing as we seek to release ourselves from the burdens that we carry.

What do I need? Download the special booklet from the Alyth website by [clicking here](#).

[Click here to join on Zoom \(Meeting ID: 831 9778 2004, Passcode: 138638\)](#) - *this is the same link as Imrei Finu*



MIND



Five shiurim for Yom Kippur with the five members of the Alyth clergy, each exploring a different line from the Vidui Rabbah - 'Al Chet'. You are welcome to attend every session or to drop in as you wish, beginning on Kol Nidre and then running through Yom Kippur afternoon.

What do I need?

Download the source sheets from the Alyth website by [clicking here](#).

[Click here to join on Zoom \(Meeting ID: 827 5634 4476, Passcode: 925274\)](#)

12:00 AL CHET SHE-CHATANU L'FANECHA BIF'RIKAT OL

For the sin we have committed before You by breaking the yoke (traditional machzor)... by defying the moral law (RJ machzor)... by denying our religious duty (LJ machzor). What is the 'yoke' that we might be breaking? How did previous generations understand this? Does such language have any sense for us? With Rabbi Colin. Download the source sheets by [clicking here](#).

13:00 AL CHET SHE-CHATANU L'FANECHA B-MASSA UV'MATTAN

For the sin we have committed before You by the demands of business. With the boundaries between business and home increasingly blurred, we will explore some rabbinic stories about when work takes over and consider how we can create balance in our own lives.

With Rabbi Hannah. Download the source sheets by [clicking here](#).

14:15 AL CHET SHE-CHATANU L'FANECHA B'KALLUT ROSH

For the sin we have committed before You by lightness of mind?

Join Rabbi Josh to study a confession not found in our liturgy, in which we confess for the sin of levity. How do our traditional texts view enjoying ourselves? Do we have a different understanding of what it means to live a full life? Download the source sheets by [clicking here](#).

YOM KIPPUR AFTERNOON WALK AND MINCHAH OVERVIEW

15:15-16:15

Our live services and sessions pause for an hour to allow us to step away from our screens for a walk or rest.

During this hour, we invite you to listen to the special Alyth Choir Podcast or the JMM Mind Body Breath relaxations, which will be available via the Alyth website on Friday.

HEART

16:15 MINCHAH FOR THE HEART

Our core service led from the Alyth bimah and members' homes.

BREATH

16:15 MINCHAH MEDITATION

Our annual minchah session from the JMM team

MIND

16:15 FOR THE MIND: AL CHET

With Cantor Tamara

FAMILY

16:15 A JONAH EXPERIENCE FOR FAMILIES

Families are invited to join this special online family service for Yom Kippur afternoon

SERMON

Coming together for the sermon, given by Rabbi Colin

YOM KIPPUR AFTERNOON WALK AND MINCHAH IN DETAIL 15:15 - 17:30

WALK (15:15 approx)

Our live services and sessions pause for an hour to allow us to step away from our screens for a walk or rest. During this hour, we invite you to listen to the special Alyth Choir Podcast or the JMM Mind Body and Breath relaxations, which will be available via the Alyth website from Friday.

[Click here to download the Alyth Choir Podcast and the JMM Mind Body and Breath relaxations.](#)



HEART: MINCHAH SERVICE (16:15)

Our core service continues from the Alyth bimah and members' homes with Rabbi Josh and Katie Hainbach.

What do I need? This service will be led from the 1985 Reform machzor. We have a limited stock of these to borrow from Alyth.

The service liturgy can also be viewed online [here](#). A transliteration booklet can be downloaded [here](#).

[Click here](#) to download the Torah portion.

[Click here to join on Zoom \(Meeting ID: 879 7358 2895, Passcode: 785089\)](#)



BREATH: MINCHAH MEDITATION (16:15)

Allow stillness to infuse your inner Yom Kippur journey through Jewish Mindfulness Meditation. Mika Hadar-Borthwick will guide you down into yourself and back to the possibilities of the coming year in this relaxing and restful hour of mediation.

[Click here to join on Zoom \(Meeting ID: 913 7520 2590, Passcode: 018773\)](#)

YOM KIPPUR AFTERNOON



MIND: AL CHET SHE-CHATANU L'FANECHA B'TIMHON LEVAV (16:15)

Is your heart healthy? We often speak of the physical health of our hearts, but the Rabbis understood that our hearts can have physical, spiritual, and emotional problems all at once. Join Cantor Tamara for an exploration of the sin of "timhon le'vav", translated in our machzor as "terror of the heart". [Download the source sheets by clicking here.](#)

[Click here to join on Zoom \(Meeting ID: 827 5634 4476, Passcode: 925274\)](#)



FAMILY: A JONAH EXPERIENCE FOR FAMILIES (16:15)

Journey through the belly of the fish in this immersive experience. Using props you can find in your house, we will retell the story of Jonah with a twist. A special session, timed to be after school finishes for those unable to take the day off this year.

What do I need? [Download the special booklet from the Alyth website by clicking here](#) and the Jonah templates [here](#).

[Click here to join on Zoom \(Meeting ID: 814 2274 4934, Passcode: 891147\)](#)



SERMON (17:15-17:30 approx)

Coming together for the final sermon of Yom Kippur, given by Rabbi Colin

[Click here to join on Zoom \(Meeting ID: 879 7358 2895, Passcode: 785089\)](#) - *this is the same link as the Minchah service*

YOM KIPPUR EVENING: YIZKOR & NEILAH OVERVIEW

HEART

17:30 APPROX.

YIZKOR SERVICE

An extended memorial service, including additional prayers for this year.

18:30 APPROX.

NEILAH FOR THE HEART

Our concluding service for Yom Kippur

FAMILY

18:30 APPROX.

NEILAH FOR YOUNG PEOPLE

A last opportunity for our young members to reflect and sing.

YOM KIPPUR EVENING: YIZKOR & NEILAH IN DETAIL

17:30 - 19:32



HEART: YIZKOR SERVICE (17:30 approx)

An extended memorial service, including the recitation of names of those we have lost this year. Beginning with the singing of Psalm 23, and concluding with El Maleh Rachamim and Kaddish. We will also take time for additional prayers, reflecting our shared experience of this year.

What do I need? This service will be led from the 1985 Reform machzor. We have a limited stock of these to borrow from Alyth. The service liturgy can also be viewed online [here](#). A transliteration booklet can be downloaded [here](#). This year we have prepared a special online booklet to accompany the reading of names including a little of the stories of those we have lost. This can be viewed by [clicking here](#). [Click here](#) for a special prayer for Yizkor 5781.

[Click here to join on Zoom \(Meeting ID: 879 7358 2895, Passcode: 785089\) - this is the same link as the sermon](#)



HEART: NEILAH SERVICE (18:30 approx)

Our concluding service for Yom Kippur from the Alyth bimah.

What do I need? This service will be led from the 1985 Reform machzor. We have a limited stock of these to borrow from Alyth. The service liturgy can also be viewed online [here](#). A transliteration booklet can be downloaded [here](#).

[Click here to join on Zoom \(Meeting ID: 879 7358 2895, Passcode: 785089\) - this is the same link as the Yizkor Service](#)



FAMILY: NEILAH FOR YOUNG PEOPLE (18:30 approx)

We have reached the concluding moments of the day. Please join the Youth & Education Hub for our tradition of writing letters to ourselves. You will also have the pleasure of listening to 'Radio Mike and Sophie' with the opportunity to ask questions throughout.

[Click here to join on Zoom \(Meeting ID: 818 6878 7945, Passcode: 718107\)](#)

THE FAST ENDS AT 19:32

ALYTH'S HIGH HOLY DAY APPEAL

The High Holy Days are an opportunity to offer our support to those who need it most by living the Jewish value of tzedakah, of giving what each of us is able to.

Go to www.alyth.org.uk/hhd2020/appeal for more information and to donate to our HHD Appeal.

SUKKOT OVERVIEW

FRIDAY 2 OCTOBER - FRIDAY 9 OCTOBER

FRIDAY 2 OCTOBER, 18:30

Begin Sukkot with our online Erev Shabbat and Chag service from the Alyth bimah.

SATURDAY 3 OCTOBER, FROM 09:00

A variety of in-person and online services for Sukkot morning.

Details to be released as soon as new government regulations are confirmed (and when we have a better idea of what the weather will be).

SUNDAY 4 - FRIDAY 9 OCTOBER, FROM 09:00

Daily Shacharit Services including Hallel and the shaking of Lulav and Etrog. These services must be pre-booked and are weather dependent.

Daily Sukkah Drop-ins to allow you to sit in the Sukkah and to shake Lulav and Etrog.

FRIDAY 9 OCTOBER, 10:30

Baby Den in the Sukkah.

Please check the Alyth weekly email for more information.