

# Alyth's High Holy Days 5781/2020 Overview

Our HEART service is an online service led from the Alyth bimah with lay readers joining from their homes. For each of the main services there will always be a Heart Service. The Heart Service has been specially designed for this year, to meet the needs of those who love the marquee service or Kollot.

The HEART service will be supplemented by other ways of engaging. Join us for newly designed FAMILY online services, new services for the SOUL, study sessions for the MIND, sessions with JMM for the BREATH, and IN-PERSON offerings.

Detailed e-booklets and links will be sent out 2 weeks before Rosh Hashanah and a week before Yom Kippur. Please check the website and weekly emails for other programming.



## SELICHOT SATURDAY 12 SEPTEMBER

### HEART

21:00

Hear the sounds of the High Holy Days for the first time in the year, live from the Alyth Beit Tefillah.

### IN-PERSON

23:30

An in-person, late-night Selichot with music and readings. This service must be pre-booked.

## EREV ROSH HASHANAH FRIDAY 18 SEPTEMBER

### HEART

18:30

Start the Yamim Noraim with the very best of our Friday nights with High Holy Day and Shabbat melodies.

## ROSH HASHANAH MORNING SATURDAY 19 SEPTEMBER

### HEART

10:30 SHACHARIT FOR THE HEART

Our core service led from the Alyth bimah.

### SOUL

10:00 IMREI FINU ROSH HASHANAH

An extended Shacharit with guitar and extra melodies for Shabbat.

11:30 TORAH SERVICE AND SERMON

Coming together for our Torah service from Alyth and members' homes. Followed by the sermon, given by Rabbi Elliott

### FAMILY

09:00-10:00 RH SENSORY

For our youngest members and their families.

10:30-12:15 BIG BANG PLUS

The joyful sounds of our annual Rosh Hashanah Big Bang with musicians. Including new breakout opportunities for families.

### BREATH

09:00-09:45 JMM

A special JMM session to start the day and year.

## ROSH HASHANAH MUSAF

### HEART

12:15 APPROX. MUSAF FOR THE HEART

Continuing our core service from the Alyth bimah.

### SOUL

12:15 APPROX. MUSAF IN MELODY

An informal, more intimate musaf, replacing reading with melody. With guitar.

### MIND

12:15 APPROX. MUSAF FOR THE MIND

Reflect on the themes of the sermon, including how we understand the concept of divine judgement this year.



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## TASHLICH IN-PERSON SATURDAY 19 SEPTEMBER

ANY TIME BETWEEN 15:00-17:00 TASHLICH TREASURE HUNT

Follow the clues to find members of the Alyth team on the Heath Extension and to collect the resources needed to run your own tashlich. The first clue will be on the Alyth website. Go to [www.alyth.org.uk/tashlich](http://www.alyth.org.uk/tashlich).

## EREV SECOND DAY ROSH HASHANAH SATURDAY 19 SEPTEMBER

### HEART & SOUL

19:00

A gentle online service to bring in the second day of Rosh Hashanah.

### IN-PERSON

17:30

A special service on the Alyth forecourt. This service is weather dependent and must be pre-booked.

## SECOND DAY ROSH HASHANAH MORNING SUNDAY 20 SEPTEMBER

### HEART

10:30 SHACHARIT FOR THE HEART

Our core service led from the Alyth bimah.

11:30 SERMON

Coming together for the sermon, given by Cantor Tamara

11:45 APPROX.

TORAH SERVICE  
MUSAF FOR THE HEART

Continuing our core service from the Alyth bimah.

### MIND

10:30 RH DECONSTRUCTED

Our regular study service, focussing on what is different about the HHD liturgy and how it fits together.

11:45 APPROX. FOR THE MIND

Break away from the Torah service to explore the themes of the sermon.

### FAMILY

11:00 THE GREAT ALYTH SHACHARIT  
ADVENTURE (FOR ALL THE FAMILY)

Take a journey through the RH2 morning service with breakout groups, activities and a special Torah experience.

## THE 10 DAYS AND SHABBAT SHUVAH

See the Alyth website and weekly emails for details of our in-person services, study and JMM sessions between Rosh Hashanah and Yom Kippur including Shabbat Shuvah services, and Imrei Finu in the Sukkah



# Alyth's High Holy Days 5781/2020 Overview

## KOL NIDRE SUNDAY 27 SEPTEMBER

### HEART

**19:15 KOL NIDRE FOR THE HEART**  
Our core service led from the Alyth bimah.

### SOUL

**19:15 KOL NIDRE FOR THE SOUL**  
A more gentle and intimate service with songs and readings

### MIND

**19:15 FOR THE MIND**  
The first of a day of special study sessions for Yom Kippur.  
With Rabbi Elliott.

### BREATH

**19:15 KOL NIDRE FOR BODY AND SOUL**  
A special session for Kol Nidre from the JMM team.

### TEEN

**19:15 TEEN NIDRE**  
Our annual session for teenagers thinking about how to make the most of this opportunity for reflection.

19:00 KOL NIDRE

The powerful ritual of Kol Nidre, for the whole community of Alyth, live from the Alyth bimah.  
From 18:50, those who wish can begin their Yom Kippur with the evocative sound of a cello rendition of Kol Nidre. Followed by:

SERMON AND CONCLUSION OF THE SERVICE

Coming together for the sermon, given by Rabbi Hannah

## YOM KIPPUR MORNING MONDAY 28 SEPTEMBER

### HEART

**10:30 SHACHARIT FOR THE HEART**  
Our core service led from the Alyth bimah.

### SOUL

**10:30 KOLLOT**  
A Kollot-style Shacharit service.

### FAMILY

**09:30-10.30 YK SENSORY**

For our youngest members and their families.

**11:00-12.30 ATIDEINU**

A special musical Yom Kippur service for the whole family, with new breakout spaces to enhance the morning.

11:45 APPROX. SERMON

Coming together for the sermon, given by Rabbi Josh

## YOM KIPPUR, INTO THE AFTERNOON - TORAH SERVICE AND MUSAF

### HEART

**12:00 TORAH SERVICE FOR THE HEART**  
Our core service led from the Alyth bimah and members' homes.

**13:00 AVODAH FOR THE HEART**  
The drama of the Avodah service, live from the Alyth bimah.

**14:15 MARTYROLOGY FOR THE HEART**  
A special martyrology service from the Alyth bimah.

### SOUL

**12:00 JMM: 13 ATTRIBUTES OF GOD**  
A special meditative session with teachers from our JMM team.

**13:00 IMREI FINU AVODAH**  
A guitar-led service echoing the path of the High Priest in song and reflection

**14:15 SERVICE FOR WELLBEING**  
Releasing ourselves from the burdens that we carry with prayer, song and reflection

### MIND

**12:00 FOR THE MIND**  
With Rabbi Colin

**13:00 FOR THE MIND**  
With Rabbi Hannah

**14:15 FOR THE MIND**  
With Rabbi Josh



# Alyth's High Holy Days 5781/2020 Overview

## YOM KIPPUR AFTERNOON WALK

15:15-16:15

Our live services and sessions pause for an hour to allow us to step away from our screens for a walk or rest.

During this hour, we invite you to listen to the special Alyth Choir Podcast, or the JMM Mind Body Breath relaxations, which will be available via the Alyth website.

## YOM KIPPUR MINCHAH

### HEART

16:15 MINCHAH FOR THE HEART

Our core service led from the Alyth bimah and members' homes.

### BREATH

16:15 MINCHAH MEDITATION

Our annual minchah session from the JMM team

### MIND

16:15 FOR THE MIND

With Cantor Tamara

### FAMILY

16:15 FAMILY MINCHAH

Families are invited to join this special online family service for Yom Kippur afternoon

SERMON

Coming together for the sermon, given by Rabbi Colin

## YIZKOR

### HEART

17:30 APPROX.

An extended memorial service, including the recitation of names of those we have lost this year, Psalm 23, El Maleh Rachamim and Kaddish. Including additional prayers for this year.

## NEILAH

### HEART

18:30 APPROX.

NEILAH FOR THE HEART

Our concluding service for Yom Kippur

### FAMILY

18:30 APPROX.

NEILAH KIDS BREAKOUT

A last opportunity for our young members to reflect, sing and discuss with our youth and education team.

## 19:32 FINAL SHOFAR BLAST, HAVDALAH AND END OF THE FAST

### SUKKOT

EREV SUKKOT

Friday 2 October

SUKKOT MORNING

Saturday 3 October

### SIMCHAT TORAH

EREV SIMCHAT TORAH

Friday 9 October

SIMCHAT TORAH MORNING

Saturday 10 October

### HHD APPEAL

The High Holy Days are an opportunity to offer our support to those who need it most by living the Jewish value of tzedakah, of giving what each of us is able to.

Go to [www.alyth.org.uk/hhd2020/appeal](http://www.alyth.org.uk/hhd2020/appeal) for more information about our HHD Appeal.

