



#StayHomeWithAlyth



	MONDAY 21 SEPTEMBER	TUESDAY 22 SEPTEMBER	WEDNESDAY 23 SEPTEMBER	THURSDAY 24 SEPTEMBER
MORNING	<p>PRAY WITH US IN-PERSON Shacharit in the Sukkah (7:30)</p>		<p>BE WITH US News, Views and Schmooze (11:00-12:00)</p>	<p>PRAY WITH US IN-PERSON Shacharit in the Sukkah (9:00)</p> <p>BE WITH US Mellow Chair Yoga (11:00-12:00)</p>
AFTERNOON	<p>BE WITH US Craft, Chat and Cuppa! (15:00-16:00)</p>			<p>LEARN WITH US Pardes: High Holy Days Liturgy with Rabbi Josh (13:00-14:00)</p>
EVENING	<p>BE WITH US JMM for the 10 Days (18:00-18:45)</p>	<p>HOW TO How (and whether) to Fast at Home With Rabbi Hannah and Rabbi Elliott (19:00)</p> <p>LEARN WITH US Hebrew Reading from Scratch (19:00-20:00)</p> <p>LEARN WITH US E-ssentials: Preparing for the High Holy Days: Yom Kippur with Rabbi Josh (20:00)</p>	<p>BE WITH US JMM for the 10 Days (18:00-18:45)</p> <p>PRAY WITH US Wednesday Ma'ariv (20:00-20:45)</p>	<p>BE WITH US JMM for the 10 Days (18:00-18:45)</p>