



#StayHomeWithAlyth



Erev Shabbat Supplement

3 July 2020 / 12 Tammuz 5780

Hava Nashirah

Music: Josh Nelson

הָבָה נְשִׁירָה שִׁיר הַלְלוּיָהּ

Let us sing a song of praise.

Hava, Hava Nashirah; Shir Halleluyah, Shir Halleluyah

Ma Tovu

Words: Numbers 24:5

מֵה־טֹבוֹ אֵהְלִיךְ יַעֲקֹב. מִשְׁכְּנֹתֶיךָ יִשְׂרָאֵל:

How good are your tents, O Jacob, and your homes, O Israel!

Mah tovu ohalecha ya'akov, mishk'notecha yisra'el.

Where has this Week Vanished?

Words: Rabbi David Polish

Where has this week vanished? Is it lost for ever? Will I ever recover anything from it?

The joy of life, the unexpected victory, the realised hope, the task accomplished?

Will I ever be able to banish the memory of pain, the string of defeat, the heaviness of boredom?

On this day let me keep for a while what must drift away.

On this day let me be free of the burdens that must return.

Help me withdraw for a while ; from the flight of time.

Contain the retreat of the hours and days ; from the grasp of frantic life.

Let me learn to pause, if only for this day. Let me find peace on this day.

Let me enter into a quiet world this day. On this day, Shabbat, abide.

Adonai Oz

Words: Psalm 29:11

Music: Yoel Sykes and Daphna Rosenberg

יְהוָה עֹז, לְעַמּוֹ יִתֵּן; יְהוָה, יְבָרֵךְ אֶת-עַמּוֹ בְּשָׁלוֹם

God give strength to Your people, God bless Your people with peace.

Adonai oz l'ammo yittein. Adonai y'vareich et ammo vashalom.

Blessing on lighting Shabbat candles

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם. אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו. וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת:

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy, and who commands us to light the Shabbat candles.

Baruch attah Adonai eloheinu melech ha-olam, asher kidd'shanu b'mitsvotav, v'tsivvanu l'hadlik neir shel Shabbat.

Roll into Dark

Music: Noam Katz

בּוֹרָא יוֹם וְלַיְלָה. גּוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ וְחֹשֶׁךְ מִפְּנֵי אוֹר

Creator of day and night, rolling light into darkness, and darkness into light.

Roll into dark, roll into light. Night becomes day, day turns to night.

Borei yom valailah, goleil or mip'nei choshech goleil or mip'nei choshech v'choshech mip'nei or.

בְּרוּךְ אַתָּה יְהוָה. הַמַּעֲרִיב עֶרְבִים :

Blessed are You God, who brings on the evening twilight.

Baruch attah Adonai, ha-ma'ariv aravim.

Ivdu

Words: Psalm 100:2 and 95:3

Music: Or Zohar

עֲבֹדוּ אֶת־יְהוָה בְּשִׂמְחָה בְּאוֹ לִפְנֵי בְּרִנָּה
כִּי אֵל מֶלֶךְ גָּדוֹל יְהוָה

Serve God in gladness; Come into God's Presence with joy. For God is a great Sovereign.

Part 1:

Ivdu
et Adonai b'simcha
Bo'u
l'fanav birna'na...ah

Part 2:

(Ivdu...u...u)
(simcha, simcha, simcha...)
(Bo'u, bo'u bo'u...u)
(na, na, na, na, na...)

Ki El melech gadol Adonai (x4)

Va'hasheivota

Words: First and Second Paragraphs of the Aleinu

וְהִשַּׁבְתָּ אֵל לְבָבְךָ. כִּי יְהוָה הוּא הָאֱלֹהִים

Realise this today and take it to heart; that the Eternal One is God.

Va'hasheivota el l'vevecha, ki Adonai hu ha-Elohim

וְנֶאֱמַר.

יְהִי יְהוָה לְמֶלֶךְ עַל־כָּל־הָאָרֶץ.

בַּיּוֹם הַהוּא יְהִי יְהוָה אֶחָד וְשִׁמוֹ אֶחָד :

So it is prophesied: The Eternal shall be Sovereign over all the earth.

On that day the Eternal shall be One, and known as One.

V'ne'emar: v'hayah Adonai l'melech al kol ha-arets, ba-yom ha-hu yihyeh Adonai echad ush'mo echad

Blessing for the Summer

בְּרוּךְ אַתָּה יְהוָה שֶׁשְׁכִּינָתְךָ נוֹסַעַת עִם עַמֶּךָ :

Blessed are You, our Living God, whose presence journeys with Your people.

Baruch attah Adonai, she'sh'chinat'cha nosa'at im ammecha

Od Yavo Shalom Aleinu

Music: Mosh ben Ari

עוֹד יָבוֹא שְׁלוֹם עָלֵינוּ וְעַל כָּלֶם : סְלָאָם. עָלֵינוּ וְעַל־כָּל־הָעוֹלָם. סְלָאָם סְלָאָם :

Peace will come to us, and everyone. Salaam, peace for us and for all the world, peace, peace.

Od yavo shalom aleinu x3, v'al kulam.

Salaam, aleinu v'al kol ha-olam, salaam, salaam. X2