



	MONDAY 3 August	TUESDAY 4 August	WEDNESDAY 5 August	THURSDAY 6 August
MORNING				BE WITH US Mellow Chair Yoga (11:00-12:00)
AFTERNOON	BE WITH US Craft, Chat and Cuppa! (15:00-16:00)			LEARN WITH US Pardes: My Favourite... Psalm (13:00-14:00)
EVENING	BE WITH US Alyth @Home Book Club (18:30-19:30)	LEARN WITH US Hebrew Reading from Scratch (19:00-20:00)	PRAY WITH US Wednesday Ma'ariv (20:00)	