



	MONDAY 27 JULY	TUESDAY 28 JULY	WEDNESDAY 29 JULY	THURSDAY 30 JULY
MORNING			<b>BE WITH US</b> News, Views & Schmooze (11:00-12:00)	<b>BE WITH US</b> Mellow Chair Yoga (11:00-12:00)
AFTERNOON	<b>BE WITH US</b> Craft, Chat and Cuppa! (15:00-16:00)		<b>BE WITH US</b> Pre-dinner concert with Katie and Tom (17:00 - 17:30)	<b>TISHA B'AV 5780</b> How can we sing a song of the Eternal One on alien soil?': Art and Music on the <b>Book of Lamentations</b> A special Pardes for Tisha B'Av with Rabbi Dr Deborah Kahn-Harris. (13:00-14:00)
EVENING		<b>LEARN WITH US</b> Hebrew Reading from Scratch (19:00-20:00)	<b>TISHA B'AV 5780</b> From Lament to Resilience With Rabbi Josh and Cantor Tamara for a special combination of ma'ariv, study and Eicha (20:00)	