



Erev Seventh Day Pesach Supplement 5780

Asher lo HaYam

Words: Psalm 95:5

Music: Daphna Rosenberg

אֲשֶׁר-לוֹ הַיָּם וְהוּא עָשָׂהוּ
וַיִּבְשֶׁת יַדָּיו יַצָּרוּ:

Asher lo ha-yam v'hu asahu, v'yabeshet yadav yatsaru.

The sea is God's, it is God who made it, whose power has shaped the land.

Blessing on lighting festival candles

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם. אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו. וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל יוֹם טוֹב:

Baruch attah Adonai eloheinu melech ha-olam, asher kidd'shanu b'mitsvotav, v'tsivvanu l'hadlik neir shel yom tov.

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy, and who commands us to light the festival candles.

Opening reading from our Machzor

The children of Israel stood on the shore of the Sea of Reeds. Behind them the pursuing Egyptian army. Before them the impassable waters.

Our rabbis taught: One group said, 'Let us throw ourselves into the sea.' One group said, 'Let us return to Egypt.' One group said, 'Let us fight them.' One group said, 'Let us cry out against them.'

Many times in our history, we have stood before such a sea, with danger behind us and ahead. Not all our prayers were answered, not all our hopes were met. But Israel still journeys on.

All of us stand before such a sea, with uncertainties behind us and ahead.

May we always find the strength to cross the floods that lie before us.

May we discern God's purpose when the waters threaten to overwhelm us.

Gesher tsar m'od

Words: Nachman of Bratslav, Likutei Moharan Part 2, 48:2

Music: Yotam Mahler

וְדַע, שֶׁהָאָדָם צָרִיךְ לְעַבֵּר עַל גִּישׁוֹר צָר מְאֹד מְאֹד, וְהַכֹּלֵל וְהַעֲקָר – שְׁלֹא יִתְפַּחַד כְּלָל:

V'da V'da she'ha-adam tzarich la'avor (al) gesher tsar m'od, gesher tsar m'od v'ha-ikkar v'ha-klal she'lo l'facheid k'lal.

Know, a person needs to cross a very, very narrow bridge. The main rule is: Do not be afraid at all.

Ozi v'zimrat yah

Words: Exodus 15:2 / Psalm 118:14

עֲזִי וְזִמְרַת יְהוָה לִי לִישׁוּעָה

Ozi v'zimrat yah vay'hi li lishu'ah

God the Eternal is my strength and song and has become my salvation!

Psalm 122 is on page 675

L'ma'an achai v'rei'ai

Words: Psalm 122:8

Music: Shlomo Carlebach

לְמַעַן אֶחָי וְרֵעִי אֲדַבְרָה נָא שְׁלוֹם בְּךָ :
לְמַעַן בֵּיתֵי אֱלֹהֵינוּ אֲבַקֶּשׁה טוֹב לְךָ :

L'ma'an achai v'rei'ai

L'ma'an achai v'rei'ai

Adab'ra-na, adab'ra-na shalom bach

L'ma'an beit-Adonai Eloheinu avakshah tov lach

L'ma'an beit-Adonai Eloheinu avakshah tov lach

For the sake of my family and friends I call out, "Peace be with you";

For the sake of the House of the Eternal our God, I will seek your wellbeing.

Rav Abraham Isaac Kook, first Ashkenazi Chief Rabbi of Israel

There is one who sings the song of his soul, discovering in it everything — utter spiritual fulfilment.

Then there is one who sings the song of his people. Emerging from the private circle of his soul — not expansive enough, not yet tranquil — he strives for fierce heights, clinging to the entire community of Israel in tender love. Together with her, he sings her song, feels her anguish, delights in her hopes.

He conceives profound insights into her past and her future, deftly probing the inwardness of her spirit with the wisdom of love.

Then there is one whose soul expands until it extends beyond the border of Israel, singing the song of humanity. In the glory of the entire human race, in the glory of the human form, his spirit spreads, aspiring to the goal of humankind, envisioning its consummation. From this spring of life, he draws all his deepest reflections, his searching, striving, and vision.

Then there is one who expands even further until he unites with all existence, with all creatures, with all worlds, singing a song with them all. Then there is one who ascends with all these songs in unison — the song of the soul, the song of the nation, the song of humanity, the song of the cosmos — resounding together, blending in harmony, circulating the sap of life, the sound of holy joy.

This full comprehensiveness rises to become the song of holiness, the song of God, the song of Israel, in its full strength and beauty, in its full authenticity and greatness.

Before the Amidah:

Leviticus 23:4

אֵלֶּה מוֹעֲדֵי יְהוָה מִקְרָאֵי קֹדֶשׁ אֲשֶׁר־תִּקְרְאוּ אֹתָם בְּמוֹעֲדָם :

Eleh moadei Adonai, mikraei kodesh, asher tik'ru otam b'moadam

These are the set times of the Eternal, the sacred occasions, which you shall celebrate at their appointed time.

Kedushat HaYom

The section of the Amidah that declares the holiness of the day on festivals and on Shabbat.

אָתָּה בְּחַרְתָּנוּ מִכָּל הָעַמִּים, אֲהַבְתָּ אוֹתָנוּ וְרָצִיתָ בָּנוּ, וְרוֹמַמְתָּנוּ מִכָּל הַלְשׁוֹנוֹת,
וְקִדְשְׁתָּנוּ בְּמִצְוֹתֶיךָ, וְקִרְבָּתָנוּ מִלְּפָנֶיךָ לְעַבֹדְתֶךָ, וְשָׂמַח הַגָּדוֹל וְהַקְּדוֹשׁ עָלֵינוּ קְרָאתָ.
וַתִּתֵּן לָנוּ יְיָ אֱלֹהֵינוּ בְּאַהֲבָה מוֹעֲדִים לְשִׂמְחָה, חַגִּים וְזְמַנִּים לְשִׂשׁוֹן,
אֶת יוֹם חַג הַמִּצּוֹת הַזֶּה, זְמַן חֲרוּתֵנוּ מִקְרָא קֹדֶשׁ, זְכוֹר לִיציאת מִצְרָיִם.

You chose to love us from among all peoples and to delight in us, raising us in holiness among the nations through Your commandments. Our Sovereign, You summoned us to serve You, bearing Your great and holy name. With love You gave us festivals for joy and seasons of gladness: This Festival of Unleavened Bread, the time of our freedom. A gathering together to remember the Exodus from Egypt.

Attah v'chartanu mikkol ha-ammim, ahavta otanu, v'ratzita banu, v'romamtanu mikkol ha-l'shonot, v'kiddashtanu b'mitzvotcha, v'keiravtanu malkeinu la-avodatecha, v'shimcha ha-gadol v'ha-kadosh aleinu karata. Va-tittein lanu Adonai Eloheinu b'ahavah moadim l'simcha, chaggim u'zmanim 'sassion, et yom Chag Ha-Matzot ha-zeh, z'man cheuteinu. Mikra kodesh, zeicher litziat mitzrayim.

אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ. יַעֲלֶה וְיָבֵא וְיַגִּיעַ וְיִרְאֶה וְיִרְצֶה וְיִשְׁמַע וְיִפְקֹד וְיִזְכָּר זְכוֹרֵינוּ וּפְקוּדוֹתֵינוּ
וְזְכוֹרֵינוּ וְזְכוֹרֵינוּ מִשִּׁיחַ בֶּן דָּוִד עַבְדְּךָ. וְזְכוֹרֵנוּ יְרוּשָׁלַיִם עִיר קְדֻשָּׁךָ וְזְכוֹרֵנוּ כָּל־עַמְּךָ בֵּית יִשְׂרָאֵל
לְפָנֶיךָ. לְפִלִּיטָה וְלְטוֹבָה לְחַן וְלְחֶסֶד וְלְרַחֲמִים לְחַיִּים וְלְשָׁלוֹם בְּיוֹם חַג הַמִּצּוֹת הַזֶּה.
זְכַרְנוּ יְהוָה אֱלֹהֵינוּ בּוֹ לְטוֹבָה אָמֵן וּפְקַדְנוּ בּוֹ לְבִרְכָה אָמֵן וְהוֹשִׁיעֵנוּ בּוֹ לְחַיִּים טוֹבִים אָמֵן
וּבְדָבָר יְשׁוּעָה וְרַחֲמִים חוּס וְחַנּוּן. כִּי אֱלֹהֵינוּ עֵינֵינוּ. כִּי אֵל מֶלֶךְ חַנוּן וְרַחוּם אָתָּה.

Our God and God of our ancestors, may Your regard and concern for us and our ancestors, for the time of our redemption, for Jerusalem the city of Your holiness, and for all Your people the family of Israel, be close to You and be pleasing to You. Favour us all with freedom and goodness, with grace, love and mercy, on this day of the festival of Unleavened Bread.

Our Living God remember us for good (Amen) bring us Your blessing (Amen) save us for a good life (Amen). Spare us and be kind to us according to Your promise of deliverance and mercy.

Our eyes are turned towards You, for You are a Sovereign of mercy and compassion.

Eloheinu veilohei avoteinu ya'aleh v'yavo v'yagi'a v'yeira'eh v'yeiratseh v'yishama v'yippakeid v'yizzacheir zichroneinu ufikdoneinu, v'zichron avoteinu v'zichron mashi'ach ben david avdecha, v'zichron y'rushalayim ir kodshecha v'zichron kol amm'cha beit yisra'el l'fanecha lifleitah ul'tovah, l'chein ul'chesed ul'rachamim, l'chayyim ul'shalom, b'yom Chag ha-matzot ha-zeh.

Zochreinu Adonai eloheinu bo l'tovah (Amen), U'fokdeinu vo livracha (Amen)

V'hoshi'einu vo l'chayyim tovim (Amen).

Uvidvar y'shua'ah v'rachamim chus v'chonneinu, ki eilecha eineinu, ki eil melech channun v'rachum attah.

וְהַשִּׂיאָנוּ, יְיָ אֱלֹהֵינוּ, אֶת בְּרַפְת מוֹעֲדֶיךָ, לְחַיִּים וְלְשָׁלוֹם, לְשִׂמְחָה וְלְשִׂשׁוֹן, כַּאֲשֶׁר רָצִיתָ וְאַמְרָתָ
לְבָרְכָנוּ. קְדֻשָּׁנוּ בְּמִצְוֹתֶיךָ, שִׁים חֶלְקֵנוּ בְּתוֹרָתְךָ, שְׂבַעֲנוּ מְטוֹבָךָ, שְׂמַחְנוּ בִישׁוּעָתְךָ, וְטַהַר לְבָנֵינוּ
לְעַבְדְּךָ בְּאַמֶּת, וְהַנְּחִילָנוּ יְיָ אֱלֹהֵינוּ בְּאַהֲבָה וּבְרָצוֹן בְּשִׂמְחָה וּבְשִׂשׁוֹן מוֹעֲדֵי קְדֻשָּׁךָ, וְיִשְׂמַחוּ בְךָ
יִשְׂרָאֵל מְקַדְּשֵׁי שְׁמֶךָ. בְּרוּךְ אַתָּה יְיָ, מְקַדֵּשׁ יִשְׂרָאֵל וְהַזְמַנִּים.

Bestow on us the blessing of Your festivals, and make us worthy of the new life, joy and peace that You promised us. Make us holy through your commands and let us share in the work of Your Torah. Satisfy us with Your goodness and let our souls know the joy of Your salvation. Purify our hearts to serve You in truth. In Your love and goodwill, let us inherit Your holy festivals with joy and happiness and may all Israel who seek holiness find their happiness fulfilled in You. Blessed are You God, who makes Israel and the festivals holy.

V'hassiyeinu Adonai eloheinu et birkat mo'adecha, l'chayyim u'l'shalom, l'simchah u'l'sasson, ka-asher ratzita v'amarta l'varcheinu. Kaddsheinu b'mitzvotcha, sim chelkeinu b'toratecha, sabbeinu mituvecha, samcheinu bishuatecha, v'taheir libeinu l'ovd'cha be'emet. V'hanchileinu Adonai eloheinu b'ahavah uv'ratson, b'simcha u'v'sasson mo'adei kodshecha. V'yism'chu v'cha yisrael m'kaddshei sh'mecha.

Baruch attah Adonai, m'kaddeish yisrael v'ha-z'manim

Counting the Omer

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מְלֶכֶּךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר :

Baruch attah Adonai eloheinu melech ha-olam, asher kidd'shanu b'mitsvotav v'tsivanu al s'firat ha-omer.

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy and who commands us to count the Omer.

הַיּוֹם שִׁשָּׁה יָמִים לְעֹמֶר

Hayom shishah yamim la'omer.

Today is the sixth day of the Omer.

And then all that has divided us

Words: Judy Chicago

And then all that has divided us will merge;
And then compassion will be wedded to power;
And then softness will come to a world that is harsh and unkind;
And then both men and women will be gentle;
And then both women and men will be strong
And then no person will be subject to another's will;
And then all will be rich and free and varied;
And then the greed of some will give way to the needs of many;
And then all will care for the sick and the weak and the old;
And then all will nourish the young
And then all will cherish life's creatures;
And then all will live in harmony with one another and the Earth;
And then everywhere will be called Eden once again.

וְנֹאמַר. וְהָיָה יְהוָה לְמֶלֶךְ עַל-כָּל-הָאָרֶץ. בַּיּוֹם הַהוּא יְהִיָּה יְהוָה אֶחָד וְשֵׁמוֹ אֶחָד :

V'ne'emar: v'hayah Adonai l'melech al kol ha-arets, ba-yom ha-hu yihyeh Adonai echad ush'mo echad

So it is prophesied: 'The Eternal shall be Sovereign over all the earth. On that day the Eternal shall be One, and known as One.'

Gesher tsar m'od

Words: Nachman of Bratslav, Likutei Moharan Part 2, 48:2

Music: Baruch Chait

וְדַע, שֶׁהָאָדָם צָרִיף לְעֹבֵר עַל גֶּשֶׁר צָר מְאֹד מְאֹד, וְהַכֹּלֵל וְהַעֲקָר — שְׁלֵא יִתְפַּחַד כָּלֵל :

Know, a person needs to cross a very, very narrow bridge. The main rule is: Do not be afraid at all.

Kol ha-olam kullo gesher tsar m'od, v'ha-ikkar lo l'facheid k'lal.

All the world is a very narrow bridge; but the main thing to recall is to have no fear at all.