

Around Alyth

February 2020



Alyth's Annual (Tu B'Shvat) Supper Quiz

Sunday 9 February, 19:15-22:30

Celebrate Tu B'Shvat with us at our Annual Alyth Supper Quiz.

£26 per person
(includes supper).

Tables of 10 - make up your own table or we can allocate you to a table.

To buy tickets call Saskia on 020 8457 8784 or email saskia@alyth.org.uk.



What does Trump's plan mean for Israelis and Palestinians?

Friday 28 February, 17:15-18:15

Join Adam Ognall, Chief Executive of the New Israel Fund, to digest President Trump's recently announced 'Peace Plan' on the eve of Israel's latest Knesset elections. Adam will have returned from Israel the day before this talk so will be able to share the latest insights as to how the Plan is being received in Israel and whether it is shaping the likely outcomes of Israel's elections.

Alyth | Build with us

BUILD THE FUTURE

The renewal of our building is an ongoing priority for the community. Both the updated plans and the Quantity Surveyor cost estimates are in place. We will be holding an **Extraordinary General Meeting on Monday 2 March 2020** at which resolutions will be tabled, asking the community to approve taking a loan and giving the go-ahead for the project. Papers relating to the proposed resolutions will be sent out by 15 February. At the meeting you will be able to see architect's renditions of the new building and the plans and hear more details about this exciting project. **Please come along and give your support to the future of Alyth.** The meeting will take place at Alyth at 20:00.

Alyth's Weekend Away 2020 27-29 March 2020

Over 180 people are already signed up for the Alyth Weekend Away, with only a few more rooms available. This special weekend includes services, meals and prayer, relaxing together, and a diverse programme of sessions, including study, craft and a leadership track.

There is a full programme of activities for children with the Youth and Education hub and madrichim, as well as a study room for our teenagers to do their homework and to revise.

Join us at the beautiful High Leigh Conference Centre in Hoddesdon, just 7 miles from the M25, about an hour from Alyth by car. Go to www.alyth.org.uk/weekendaway to find out why the Alyth Weekend Away is the perfect weekend away for you! Book with beth@alyth.org.uk.



Pray with us

Shabbat Morning Services

Our regular Shabbat morning service is a contemporary Reform service led by one of our Rabbis, often accompanied by the volunteer choir and piano, sometimes with a guitar; always with a combination of reading, chanting, song and reflection. On most Shabbatot, there is also a parallel service that responds to the diverse prayer needs of our community.

Saturday 1 February

Shabbat Briyut HaNefesh

This weekend marks the JAMI (the Jewish Mental Health support organisation) Briyut Ha'Nefesh (Wellbeing of the Soul) Shabbat.

Shabbat Choral Service, 10:30-12:15

A choral service with piano. Led by Student Rabbi Nicola Feuchtwang with the Alyth choir.

Imrei Finu, 10:30-12:15

Led by Rabbi Josh, Imrei Finu is a special, spiritual prayer experience, including singing to new and familiar melodies, davening and plenty of silence, with an informal Torah service.

Sensory Shabbat, 11:00-12:00

A Shabbat experience designed to stimulate your babies' senses in the first years of their life. See "Services for Young Families".

Saturday 8 February

Shabbat Service, 10:30-12:15

A choral service, led by Rabbi Hannah with the Alyth choir. Includes the Bar Mitzvah of **Nathan Curran**.

Kollot, 10:30-12:15

Our informal, unaccompanied, participatory minyan. Led by Rabbi Josh.

The sermon in the choral service and dvar torah in Kollot will be given by Student Rabbi Dr Tali Artman.

Erev Shabbat Services

Fridays 7, 14, 21, 28, 18:30-19:30

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning.

Saturday 15 February

Shabbat Service, 10:30-12:15

A service, led by Rabbi Josh and Justin Wise with the Alyth choir accompanied by guitar. Includes the Bar Mitzvah of **Jonah Phillips**.

Big Bang, 11:00-12:00

This month led by Rabbi Hannah and the Big Bang musicians.

Saturday 22 February

Shabbat Service, 10:30-12:15

An unaccompanied service, led by Rabbi Josh and Justin Wise. Includes the Bar Mitzvah of **Sansom Bloom**.

Stripped-back Shacharit, 10:30

A more formal Shacharit with Rabbi Colin. Joining the community in the Beit Tefillah for the sermon.

Saturday 29 February

Shabbat Service, 10:30-12:15

A choral service, led by Rabbi Hannah with the Alyth choir.

Includes the Bar Mitzvah of **Scarlett May**.

Service for Wellbeing, 10:30

Join Lynette Sunderland as we take time for ourselves to relax, breathe and explore, during our Shabbat morning service, our mental and physical wellbeing through tuneful prayer.

Weekday Services

Sunday Shacharit

Sundays, 9:00-10:00

Our lay-led minyan with bagel breakfast.

Weekday Evening Services

Contact office@alyth.org.uk if you would like evening prayers for the purpose of saying Kaddish.

Shabbat Services for Young Families

Baby Den

Fridays 7, 14, 28 February, 10:30-11:30

Wake up with Shoshi on a Friday morning to sing songs, be with friends and bop to a Shabbat beat. Our musical Baby Den, with Rabbi Hannah and Beth, is designed to help your little one develop their creativity, co-ordination and concentration. And above all else it's FUN!

Shabbat Den

Fridays 7, 14, 28 February, 10:30-11:30

For pre-schoolers and their families, with Rabbi Hannah and Beth. Join us for songs, stories and to meet new friends at Alyth's Shabbat Den.

Sensory Shabbat

Saturday 1 February, 11:00-12:00

Our Shabbat experience designed to stimulate your babies' senses in the first years of their life. Join Rabbi Hannah in this service where you and your baby can touch, see, smell, hear and taste your way through the service. Suitable for babies from birth to 2 years. Be mindful that this is a quiet experience.

Act with us

Monday Club

Mondays 3, 10, 24 February, 19:30-21:30

Our weekly club for people with learning difficulties. Please go to the website to see what volunteering opportunities are available and how you can be involved.

Monthly Drop-in for Recent Refugees

Sunday 23 February, 14:00-16:00

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment.

(With the support of the Pears Foundation).

Shalom Supper

Friday 21 February, 18:30-21:30

Join members of Jami and Jewish Care's Shalom Centre for a Shabbat evening dinner and entertainment. *(With the support of the Hampstead Garden Suburb Trust).*

Alyth/Golders Green Parish Church Night Shelter

This year, our Night Shelter (which is hosted together with our friends at Golders Green Parish Church) will be running on Tuesday nights from 17 March until 2 June 2020. We need volunteers for the overnight, breakfast and driving shifts. We will be running a training evening in February for all volunteers, and will arrange an induction for every new volunteer before their first shift.

If you are interested in knowing more about how the Night Shelter is run, please contact alythggnightshelter@gmail.com or call the office on 020 8457 8784 to give your contact details which will be passed on to the Volunteer Coordinators.

Sing With Us

Friday 14 February, 17:15-18:15

Join us as we sing new and familiar melodies, exploring harmonies and preparing our voices for our Shabbat service. With Rabbi Josh.

Learn with us

Weekly Learning

Judaism: The Essentials - History

Tuesdays, 20:00-21:45

'Essentials' is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. Taught by Rabbi Hannah, Rabbi Josh and Jon Epstein.

Email hannah@alyth.org.uk or josh@alyth.org.uk for more information.

- 4 Living at this moment in Jewish history: Issues and institutions
- 11 Tu B'Shvat Seder and Jewish Environmental Ethics. **This seder is open for all the community to join.**

Our Ritual and Prayer topics start with:

- 25 Shabbat in Jewish life

Hebrew reading from Scratch

Tuesdays 4, 11, 25 February, 19:00-20:00

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

Pardes

Thursdays 6, 13, 20, 27 February, 13:00-14:15

The imagery of a garden has often been used in Jewish tradition to describe our textual tradition. Each week will start with a different text from within our rich library. Thereafter, who knows where the journey will take us?

Rabbi Laura Janner-Klausner will be teaching on 6 and 13 February.

Shabbat Shiurim

Shabbat Briyut HaNefesh Shiur and Breakfast

Saturday 1 February, 09:15-10:15

Join Rabbi Hannah and Lynette over breakfast to discuss what Judaism says about caring for both our mental and physical wellbeing as seen through the eyes of the Prophets.

Jumping into the Sea and the Messiah son of Joseph

Saturday 8 February, 09:15-10:15

Join Student Rabbi Dr Tali Artman, lecturer in rabbinic literature at Cambridge University to explore the story of the parting of the sea and the obscure tale of those who sought to leave Egypt before the right time.

Bending the Rules

Saturday 22 February, 09:15-10:15

Parashat Mishpatim contains a large number of laws. Some are still fundamental to our concept of a just society, some feel quite alien to us. Which and why? And why has at least one come to have a meaning opposite to the original text? Led by Student Rabbi Nicola Feuchtwang.

Trip: Jewish History in the British Museum

Sunday 9 February, 10:30-12:00

Some of the most important extra-biblical artefacts from the ancient near-East can be seen in the heart of London. Together, we use the evidence found in the British Museum to piece together ancient Jewish history. Led by Rabbi Josh. We will meet at the main steps (Great Russell Street Entrance). Please let saskia@alyth.org.uk know you are coming.

Alyth Film Club: Hester Street (1975)

Tuesday 18 February, 19:30-22:00

1890s New York. Lower East Side. Yankel came to New York from the Pale and works in a sweatshop, saving money to bring his wife Gittel, and son Yossele from the 'old country.' Yankel is now Jake and has a mistress. By the time his wife and son arrive, Jake has settled into a new, assimilated life. His happiness at their arrival is muted because Gittel doesn't look "American" and has trouble assimilating as quickly as he would like. Will their relationship survive in this New World?

Be with us

Weekly Activities

Senior Club

Mondays, 14:00-15:30

Weekly activity and tea for senior members.

3 Helen Fry "The mystery of Rudolph Hess"

10 "Just Daniel" entertains

17 Quiz with Rachel

24 Roy Blass entertains

Alyth Choral Society

Tuesdays, 20:00-22:00

Exploring new repertoire while continuing to develop strengths in cantata and oratorio.

www.alythchoralsociety.org.

Soup, News, Views & Schmooze

Wednesdays 5 & 19 February, 12:45-15:00

Discuss topical issues and stories over a bowl of soup. Contact lynette@alyth.org.uk.

Mellow Yoga for All Ages

Thursdays, 11:00-12:00

Contact Maxine Levy maxinelevy@mac.com.

Thursday Bridge@Alyth

Thursdays, 14:00-16:30

Please contact Sheila or Michael on 020 8455 9878 for more information.

Synagogue Choir Rehearsal

Saturdays 15 & 29 February, 9:15-10:15

Regular rehearsals for the Synagogue Choir. We are happy to welcome new singers to join and make our services joyful.

Whilst Katie is on maternity leave, please contact the office if you need to speak with someone about our music programme or choirs.

Shabbat Babayit

Friday 7 February, 18:30-21:00

Join Rabbi Hannah, Sam Heller and Hannah Kieve for a special Shabbat meal for our Israeli families, hosted by a member of our community who lives locally. For the address, please register with saskia@alyth.org.uk, letting her know how many will be attending.

Monthly Activities

Sunday Bridge@Alyth

Sunday 2 February, 19:00-22:00

Contact Clive on 020 8361 5711.

JOY - Joining Old and Young

Monday 3 February, 12:45-13:45

JOY brings some of our Kindergarten and older members together for intergenerational activities. Please join us.

Alyth Cycling Community

Sunday 9 February, 08:30-13:00

We meet at Alyth at 08:15 and leave at 08:30.

For registration and more information please email laurancemendoza@aol.com.

Singing for Pleasure

Sunday 9 February, 15:00-17:00

Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. Contact viv@alyth.org.uk.

Shabbat B'yachad (Shabbat Together)

Friday 28 February, 18:30-21:20

Join us for a Shabbat dinner with fantastic food and company. No charge but donations are always welcome. For catering and transportation please contact lynette@alyth.org.uk.

Jewish Mindfulness Meditation

JMM on a Shabbat Morning

Saturday 15 February, 9:15-10:15

Buds of flowers sprouting into spring.

Awakening from hibernation through movement and meditation. Contemplation, movement and learning to set you up for Shabbat. With Mika Hadar-Borthwick.

Erev Shabbat Meditation: A breath of Shabbat

Friday 21 February 17:15-18:15

An hour of contemplation, movement and learning to set you up for Shabbat. With Mika Hadar-Borthwick.

Youth & Education Hub

Please contact Sam Heller (sam@alyth.org.uk) for information about the provision for our younger members.

Fridays

Ruach Erev Shabbat

Fridays 7, 14, 28 February, 16:15-19:30

Our Friday afternoon B'nei Mitzvah programme.

Sundays

Sunday Morning Galim

Sundays 2 & 9 February, 10:00-12:30

Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.

Academy of Performing Arts at Alyth

Sundays 2 & 9 February, 18:00-20:00

Academy is our long standing drama provision on Sunday evenings for School Year 8 and older.

Mondays

Alyth Toddler Group

Mondays 3, 10, 24 February, 10:00-11:30

Toys, singing and refreshments for the children; coffee and chats for carers! £3 per child, £1 for a sibling. Contact beth@alyth.org.uk.

CREATE

Monday 3 February, 17:30-19:30

This programme is a great opportunity to learn new skills. During the course we will learn an array of skills, including how to use a sewing machine, life drawing skills, how to make jewellery, fashion drawing and much much more. The programme is once a month for School Year 8 and older. With Hannah Kieve.

Thursdays

Kef Zone

Thursdays 6, 13, 27 February, 16:00-17:00

Our weekly club for Primary School children.

Tu B'Shvat Zones

Thursday 6 February, 16:00-17:00

For primary school children! Join Hannah Kieve and the Youth and Education Hub's madrichim (youth leaders) to celebrate the "New Year of the Trees" with arts and crafts, games, music and a delicious tea!

A.C.E

Thursdays 6, 13, 27 February, 17:00-18:15

Learn new skills such as sewing, textiles and batique.

ACT (Alyth Children's Theatre)

Thursdays 6, 13, 27 February, 17:00-18:15

ACT is our children's theatre group.

Year 7 Hebrew

Thursdays 6 & 27 February, 18:15-19:15

For all those who want to continue their Hebrew practice in the run up to their Bar or Bat Mitzvah.

Year 9 Hadracha

Thursdays 6 & 13 February, 18:30-20:00

Our creative, fun and intensive leadership course for Year 9. Contact sophie@alyth.org.uk.

Nisiah tovah to all those going on the Ruach Year 8 Budapest trip from 17-20 February

Additional Youth & Education Hub activities this month

Ruach Residential

Friday 31 January – Sunday 2 February

A Bar/Bat Mitzvah is an exciting journey into adulthood. The Ruach Residential creates a home from home, led by our Youth and Education Hub educators together with some amazing madrichim (youth leaders).

Secret Cinema: School Years 3 and 4

Saturday 29 February, 17:00-20:00

Come and join us for an evening of play as we dive into the Toy Box with our old friends Woody and Buzz. Be prepared for a magical immersive movie experience, classic cinema snacks and lots of fun with friends! Contact sophie@alyth.org.uk to sign up or for more information.



Feb Fun for Young Ones

Monday 17 - Friday 21 February, 9:00-12:30

Join the Youth and Education team and Alyth Kindergarten staff for Alyth's half term camp for children aged 2-4 years old. Feb Fun is a perfect way to spend the school holiday. The scheme has a safe and homely environment while giving us the flexibility to use our space in exciting and innovative ways. To register or if you have any questions please contact beth@alyth.org.uk.



Purim at Alyth

Teen Purim Secret Cinema presents Spider-man: Far From Home

Monday 9 March 2020, 19:00-21:30

For School Years 7-13

Explore the themes of Purim with us in Spiderman's lab. Your code-breaking powers are needed to solve Mysterio's encrypted messages. You'll be given a passport that will let you travel to New York for a classic NY-style dinner (hot dogs anyone?) then bring you back to Europe with Peter Parker's high school class as they go on the field trip of a life time. All is not as it seems this Purim. RSVP to sophie@alyth.org.uk to receive your part, plan your costume and come in disguise. Hero or villain? We'll find out...

Erev Purim Wine Masterclass

Monday 9 March, 19:00

For Adults

An evening of food and Israeli wine tasting including a wine masterclass given by Tal Sunderland Cohen. Tal Sunderland-Cohen is a consultant, lecturer and writer and author of the book 'Wine Trails of Israel'. A reading of the Megillah will be included. The March issue of Around Alyth will provide further details. £10 per person, which includes food and wine. Register with saskia@alyth.org.uk.

Purim Baby Den

Tuesday 10 March, 10:30

For pre-school children and their families


For Alyth's youngest members—don't forget your fancy dress. With Rabbi Hannah and Beth.

Purim Party

Tuesday 10 March, Starting 16:00

For Primary School children and their families

Join Rabbi Hannah, Sophie and Hannah for our mega Purim party. Drop in at 16:00 for face painting and art activities before the party begins at 16:30. We will have supper together and round off the fun with an immersive Megillah reading and lots of hamantaschen. Fancy dress optional, but strongly encouraged. Please rsvp to yeh@alyth.org.uk so we know how many to cater for!



Contact us

Rabbinic Team

Rabbi Josh	josh@alyth.org.uk 020 8457 8799	Rabbi Hannah	hannah@alyth.org.uk 020 8457 8790
Rabbi Colin	colin@alyth.org.uk 020 8455 6763		

Community Director

Adam Martin	adam@alyth.org.uk 020 8457 8789
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Head of Programming

Sam Heller	sam@alyth.org.uk 020 8457 8796
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Head of Community Care & Life Cycle

Lynette Sunderland	lynette@alyth.org.uk 020 8457 8793
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Head of Music & Arts

Katie Hainbach (on maternity leave)	katie@alyth.org.uk 020 8457 8797
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Youth & Education

Sophie Peterman	sophie@alyth.org.uk 020 8457 8791
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Youth & Education

Abi Symons	abi@alyth.org.uk 020 8457 8782
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Youth & Education

Hannah Kieve	YEH@alyth.org.uk 020 8457 8781
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Fundraising & Development Co-ordinator

Sarah Langsford	sarah@alyth.org.uk 020 8457 8787
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Community Administrator

Saskia Kimmel	saskia@alyth.org.uk 020 8457 8784
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Administrator

Beth Raphael	beth@alyth.org.uk 020 8457 8788
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Kindergarten: Head

Tor Alter	tor@alyth.org.uk 020 8457 8792
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Kindergarten: Administrator

Mita Khara	kgadmin@alyth.org.uk 020 8457 8792
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Chair

Russell Baum	chair@alyth.org.uk
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President

Jon Epstein	president@alyth.org.uk
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North Western Reform Synagogue

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E office@alyth.org.uk

Out of hours emergency care line

07726 631 808

Copy date: 10th of every month.

Please email comms@alyth.org.uk

www.alyth.org.uk

