

Around Alyth

January 2020



Antisemitism. What it is. What it isn't. Why it matters - An evening with Rabbi Baroness Julia Neuberger

Tuesday 14 January, 20:00-21:45

ANTISEMITISM

WHAT IT IS.

WHAT IT ISN'T.

WHY IT MATTERS.

We are delighted to welcome Rabbi Baroness Julia Neuberger, Senior Rabbi of The West London Synagogue, cross bench Peer in the House of Lords, former CEO of the King's Fund, and author of a recently published book on antisemitism, "Antisemitism. What it is. What it isn't. Why it matters."

Julia's book has been described by Philippe Sands as "Passionate, principled and necessary - a book for our times."

To reserve a place, email saskia@alyth.org.uk or phone 020 8457 8784.

Alyth's Weekend Away 2020 27-29 March 2020

"The weekend away changed our lives. Each member of our family found their own way to connect with this amazing community. For me it was the learning and really getting to know other members over a coffee or drink in the bar".

The planning for the Weekend Away is moving forward with the programme taking shape. There will be tefillah as well as plenty of opportunities to learn, to develop new skills and to socialise. The Youth & Education team have so many exciting activities planned, they're not sure how they'll fit everything in. The Weekend Away really is for everybody.

Join us at the beautiful High Leigh Conference Centre in Hoddesdon, just 7 miles from the M25, about an hour from Alyth by car. Go to www.alyth.org.uk/weekendaway to find out why the Alyth Weekend Away is the perfect weekend away for you! Book with beth@alyth.org.uk.

Alyth's Annual (Tu B'Shvat) Supper Quiz

Sunday 9 February, 19:15-22:30

Celebrate Tu B'Shvat with us at our Annual Alyth Supper Quiz.

£26 per person (includes supper).

Tables of 10 - make up your own table or we can allocate you to a table.

To buy tickets call Saskia on 020 8457 8784 or email saskia@alyth.org.uk.

Alyth | Build with us

**BUILD THE
FUTURE**



Thank you to everyone who's pledged so far. Our calls to the community are helping to raise the money needed to start the work in 2020. Please support the project and pledge your support when one of our dedicated team calls you in the coming weeks or call Sarah on 020 8457 8787 to speak about your donation.



Pray with us

Shabbat Morning Services

Our regular Shabbat morning service is a contemporary Reform service led by one of our Rabbis, often accompanied by the volunteer choir and piano, sometimes with a guitar; always with a combination of reading, chanting, song and reflection. On most Shabbatot, there is also a parallel service that responds to the diverse prayer needs of our community.

Saturday 4 January

Shabbat Service, 10:30-12:15

A service, led by Rabbi Hannah and Justin Wise with the Alyth choir. The service will be accompanied by guitar. Includes the Bar Mitzvah of **Leo Sinclair**.

Saturday 11 January

Shabbat Service, 10:30-12:15

A choral service, led by Rabbi Josh with the Alyth choir. Includes the Bar Mitzvah of **Brandon Bernstein**.

Kollot, 10:30-12:15

Our informal, unaccompanied, participatory minyan. Led by Justin Wise.

Sensory Shabbat, 11:00-12:00

A Shabbat experience designed to stimulate your babies' senses in the first years of their life. See "Services for Young Families".

Erev Shabbat Services

Fridays 3, 10, 17, 24, 31, 18:30-19:30

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning.

Saturday 18 January

A service, led by Rabbi Hannah with the Alyth choir. Includes the Bat Mitzvah of **Lola Morris**.

Big Bang, 11:00-12:00

This month led by Rabbi Josh and the Big Bang musicians.

Saturday 25 January

Shabbat Service, 10:30-12:15

A service with guitar in the round, led by Rabbi Josh and Justin Wise. Includes the Bar Mitzvah of **Yoni Efrat**.

Stripped-back Shacharit, 10:30

A more formal Shacharit with Rabbi Colin. Joining the community in the Beit Tefillah for the sermon.

Weekday Services

Sunday Shacharit

Sundays, 9:00-10:00

Our lay-led minyan with bagel breakfast.

Weekday Evening Services

Contact office@alyth.org.uk if you would like evening prayers for the purpose of saying Kaddish.

Shabbat Briyut HaNefesh

31 January - 1 February

This weekend marks the JAMI (the Jewish Mental Health support organisation) Briyut Ha'Nefesh (Wellbeing of the Soul) Shabbat. During the Friday night service Lynette, Head of Community Care and Life Cycle, will give the D'var Torah. The Shiur on Shabbat morning at 9:15 will be on what Judaism says about caring for both our mental and physical wellbeing, and will be led by Rabbi Hannah and Lynette. There will then be a choice of three shabbat morning services: the Choral service, Imrei Finu for the soul and Sensory Shabbat.



Shabbat Services for Young Families

Baby Den

Fridays 3, 10, 17, 24, 31 January, 10:30-11:30

Wake up with Shoshi on a Friday morning to sing songs, be with friends and bop to a Shabbat beat. Our musical Baby Den with Rabbi Hannah is designed to help your little one develop their creativity, co-ordination and concentration. And above all else it's FUN!

Shabbat Den

Fridays 3, 10, 17, 24, 31 January, 16:15-16:45

For pre-schoolers and their families with Rabbi Hannah. Join us for songs, stories and to meet new friends at Alyth's Shabbat Den.

Sensory Shabbat

Saturday 11 January, 11:00-12:00

Our Shabbat experience designed to stimulate your babies' senses in the first years of their life. Join Rabbi Hannah in this service where you and your baby can touch, see, smell, hear and taste your way through the service. Suitable for babies from birth to 2 years. Be mindful that this is a quiet experience.

Act with us

Monday Club

Mondays, 19:30-21:30

Our weekly club for people with learning difficulties. Please go the website to see what volunteering opportunities are available and how you can be involved.

Monthly Drop-in for Recent Refugees

Sunday 26 January, 14:00-16:00

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment.
(With the support of the Pears Foundation).

Alyth/Golders Green Parish Church Night Shelter

This year, our Night Shelter (which is hosted together with our friends at Golders Green Parish Church) will be running on Tuesday nights from 17 March until 2 June 2020.

This year we will be running for 12 weeks - which means we will need more volunteer shifts than in previous years. In particular, we always need more volunteers for the overnight, breakfast and driving shifts. We will be running a training evening in February for all volunteers, and will arrange an induction for every new volunteer before their first shift.

If you are interested in knowing more about how the Night Shelter is run, please contact alythggnightshelter@gmail.com or call the office on 020 8457 8784 to give your contact details which will be passed on to the Volunteer Coordinators.

Borough of Barnet Holocaust Memorial Day Commemoration

Sunday 26 January, 14:00

Join us in this commemorative service to remember the victims of genocide at the Ricketts Quadrangle of the Middlesex University, The Boroughs, Hendon, NW44BT. The ceremony will include music provided by a number of choirs and bands including the Alyth Youth Singers.

Learn with us

Weekly Learning

Judaism: The Essentials - History

Tuesdays, 20:00-21:45

'Essentials' is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. Taught by Rabbi Hannah, Rabbi Josh and Jon Epstein. Email hannah@alyth.org.uk or josh@alyth.org.uk for more information.

- 7 An overview of Jewish History.
- 14 Joining the community for "Anti Semitism - What it is, what it isn't, why it matters".
- 21 Anglo Jewish history with Jon Epstein.
- 28 The start of Movements and denominations: Historical forces and new challenges

Hebrew reading from Scratch

Tuesdays 21 & 28 January, 19:00-20:00

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

Pardes

Thursdays 2, 9, 16, 23, 30 January, 13:00-14:15

The imagery of a garden has often been used in Jewish tradition to describe our textual tradition. Each week will start with a different text from within our rich library. Thereafter, who knows where the journey will take us?

Rabbi Colin will be teaching on 2, 9, 16 January.

Rabbi Josh will be teaching on 23 January.

Rabbi Laura Janner-Klausner will be teaching on 30 January and 6 & 13 February.

Shabbat Shiurim

The Story of David

Saturday 11 January, 09:15-10:15

This week's Haftarah describes the death of King David. Join Rabbi Hannah to explore stories about his life from the bible and from the imagination of the Rabbis.

Pharisees, Sadducees and the Sanhedrin

Saturday 25 January, 09:15-10:15

According to the early rabbinic text Megillat Ta'anit, this day in the Hebrew calendar, 28 Tevet, is a day on which we are not allowed to fast or to eulogise. The reason? "The 'kenishta' took its seat for judgement". Together we will explore what this means, as we journey into the world of the Pharisees and Sadducees. With Rabbi Josh.

Alyth Film Club

Waltz with Bashir (2008)

Tuesday 21 January, 19:30-22:00

In 1982, Ari Folman was a 19 year old soldier in the Israeli army during the Lebanon War. In 2006, he meets with a friend from that period, who tells him of the nightmares he has about that war. In "Waltz with Bashir," a unique, moving and serious animated film, Folman - now an actor and film director - explores what emerges as the PTSD related to his wartime experiences. Nominated for an Academy Award, the film has won great acclaim and many international awards.

Spanish Table Talk

Monday 20 January, 20:00 - 21:00

Following Alyth's recent trip to the home of Maimonides in Cordoba, Rabbi Hannah and Lynette invite you to join an evening of learning on the Rambam while enjoying Spanish tapas, Sangria and Ladino songs. £5 per person. For catering purposes please book in with Saskia at saskia@alyth.org.uk or 020 8457 8784.

Be with us

Weekly Activities

Senior Club

Mondays, 14:00-15:30

Weekly activity and tea for senior members.

6 Judy Karbritz "Behind the Cameras"

13 Claudio Allodi accordionist entertains

20 Discussion with Helen

27 Viv Bellos and Choir

Alyth Choral Society

Tuesdays, 20:00-22:00

Exploring new repertoire while continuing to develop strengths in cantata and oratorio.

www.alythchoralsociety.org.

Soup, News, Views & Schmooze

Wednesdays 8 & 22 January, 12:45-15:00

Discuss topical issues and stories over a bowl of soup. Contact lynette@alyth.org.uk.

Mellow Yoga for All Ages

Thursdays 9, 16, 23, 30 January, 11:00-12:00

Contact Maxine Levy maxinelevy@mac.com.

Thursday Bridge@Alyth

Thursdays, 14:00-16:30

Please contact Sheila or Michael on 020 8455 9878 for more information.

Synagogue Choir Rehearsal

Saturday 4 January, 9:15-10:15

Regular rehearsals for the Synagogue Choir.

We are happy to welcome new singers to join and make our services joyful.

Whilst Katie is on maternity leave, please contact the office if you need to speak with someone about our music programme or choirs.

Kindergarten Reunion for those in Reception: Tell us about School Tea

Friday 17 January, 15:30-17:00

We are sure you have all grown a lot and have been enjoying your new schools. We miss you all very much and want to see you again! Join us at Alyth for a delicious tea with the current K2's, Tor, Lara and Rabbi Hannah. RSVP to Mita at kgadmin@alyth.org.uk.

Monthly Activities

Sunday Bridge@Alyth

Sunday 5 January, 19:00-22:00

Contact Clive on 020 8361 5711.

Alyth Cycling Community

Sunday 12 January, 08:30-13:00

We meet at Alyth at 08:15 and leave at 08:30.

For registration and more information please email laurancemendoza@aol.com.

Shabbat B'yachad (Shabbat Together)

Friday 17 January, 18:30-21:20

Join us for a Shabbat dinner with fantastic food and company. No charge but donations are always welcome. For catering and transportation please contact lynette@alyth.org.uk.

JOY - Joining Old and Young

Monday 20 January, 12:45-13:45

JOY brings some of our Kindergarten and older members together for intergenerational activities. Please join us.

Singing for Pleasure

Sunday 26 January, 15:00-17:00

Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. Contact viv@alyth.org.uk.

Jewish Mindfulness Meditation

JMM on a Shabbat Morning

Saturday 18 January, 9:15-10:15

Awakening from hibernation through movement and meditation. An hour of contemplation, movement and learning to set you up for Shabbat. With Maxine Levy.

Erev Shabbat Meditation: A breath of Shabbat

Friday 24 January 17:15-18:15

Moving from the winter towards Tu Bishvat. An hour of contemplation, movement and learning to set you up for Shabbat. With Maxine Levy.

Youth & Education Hub

Please contact Sam Heller (sam@alyth.org.uk) for information about the provision for our younger members.

Fridays

Ruach Erev Shabbat

Fridays 10, 17, 24, 31 January, 16:15-19:30

Our Friday afternoon B'nei Mitzvah programme.

Sundays

Sunday Morning Galim

Sundays 12, 19, 26 January, 10:00-12:30

Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.

Academy of Performing Arts at Alyth

Sundays 12, 19, 26 January, 18:00-20:00

Academy is our long standing drama provision on Sunday evenings for School Year 8 and older.

Madrichub

Sunday 12 January, 13:00-15:00

The centre of madrichim enrichment at Alyth. All leaders Year 9+ are welcome to join the Youth & Ed. Team for Sunday fun and social, followed by a group cook-in and lunch! Meet Israelis your age and enjoy the community together

Mondays

Alyth Toddler Group

Mondays, 10:00-11:30

Toys, singing and refreshments for the children; coffee and chats for carers! £3 per child, £1 for a sibling. Contact beth@alyth.org.uk.

CREATE

Monday 6 January, 17:30-19:30

This programme is a great opportunity to learn new skills. During the course we will learn an array of skills, including how to use a sewing machine, life drawing skills, how to make jewellery, fashion drawing and much much more. The programme is once a month for School Year 8 and older. With Hannah Kieve.

Thursdays

Kef Zone

Thursdays 9, 16, 23, 30 January, 16:00-17:00

Our weekly club for Primary School children.

A.C.E

Thursdays, 17:00-18:15

Learn new skills such as sewing, textiles and batique.

Hebrew Club

Thursdays 9, 16, 23, 30 January, 17:00-18:15

For Ivrit speakers in Reception to School Year 3. Learn and practise speaking Hebrew through games, arts and crafts, drama and so much more. Contact sam@alyth.org.uk for more information. This club is £50 per term and includes all resources.

ACT (Alyth Children's Theatre)

Thursdays 16, 23, 30 January, 17:00-18:15

ACT is our children's theatre group.

Pop Up AYS

Thursdays 9, 16, 23, 30 January, 17:30-18:15

In place of a weekly choir, in 2019-2020 we will be running 'Pop Up AYS' – short bursts of rehearsals in preparation for a series of concerts. These will include our regular singing commitments on Mitzvah Day, Holocaust Memorial Day, Yom HaShoah and an Erev Shabbat Service. You can join us for one, some or all of the pop-ups during the year.

Year 7 Hebrew

Thursdays 9, 16, 23, 30 January, 18:15-19:15

For all those who want to continue their Hebrew practice in the run up to their Bar or Bat Mitzvah.

Year 9 Hadracha

Thursdays 9, 16, 23, 30 January, 18:30-20:00

Our creative, fun and intensive leadership course for Year 9. Contact sophie@alyth.org.uk.

Year 10 Theatre Trip

Tuesday 21 January, 18:00

Our annual Year 10 theatre trip, for our recent Hadracha graduates, will send us back in time to meet the wives of Henry VIII as we go and see Six the musical!



Additional Youth & Education Hub activities this month

Mentor training

Tuesday 7 January, 17:30-19:30

A glimpse into the future leadership opportunities that you can become part of at Alyth. All those who had their Bar or Bat Mitzvah between May and August 2019 are invited to train with us and give back to their community by guiding those young people who are on their B'nei Mitzvah journeys. Contact sophie@alyth.org.uk for more information.

Year 6 B'nei Mitzvah Information Meeting and Chavurah Supper

Friday 24 January, 17:15-21:30

A jam packed evening for families in Year 6. Start the evening at 17:15 with the B'nei Mitzvah team to learn about the journey and meet others in the year group. Then join the Friday night service which is followed by a chavurah "pot luck" supper where everyone provides a nut free, vegetarian or fish main course or dessert. Please email sam@alyth.org.uk if you would like to attend and let us know what dish you will be bringing.

Cantillation information evening

Wednesday 8 January, 18:00-19:00

As your child is entering into the next phase of their Bar or Bat Mitzvah process, one of the questions they will need to think about is whether to leyn (chant) their Torah portion. At this session Viv will explain the process of learning the singing and introduce you to the neginot (musical accents) found in the Chumash.

Contact sam@alyth.org.uk for more information.

Ruach Residential

Friday 31 January – Sunday 2 February

A Bar/Bat Mitzvah is an exciting journey into adulthood. In our Ruach programme you do not undertake this adventure alone as social bonding is an integral part of the B'nei Mitzvah journey. The Ruach Residential creates a home from home, led by our Youth and Education Hub educators together with some amazing madrichim (youth leaders). The weekend will include site run adventure activities, Shabbat services and group building exercises. Contact sam@alyth.org.uk for more info or to sign up.

As you may know, Mike Mendoza will be studying in Israel over the next six months. Here is who will be in the Alyth Youth and Education team between now and summer 2020, and to introduce two new members of the team who will be with us while Mike is away.

Sophie Peterman has been a full time educator in the Youth and Education Hub since July 2019, and will continue to programme and deliver our youth and education hub activities, especially our youth provision. In Mike's absence, Sophie will take responsibility for the delivery of Ruach Erev Shabbat, and will also be the main contact person for youth schemes, residentials and hadracha training. Sophie can be reached at sophie@alyth.org.uk or on 0208 457 8791.

Abi Symons is joining us as cover for Mike to take responsibility for Sunday Morning Galim over the next six months and supporting Sophie with our Ruach programme. Abi is a freelance writer and educator with a background in theatre, stand-up comedy and working with young people in a variety of settings including the Soho Theatre, JW3, Limmud and the Advocacy Academy. Abi has been an educator at Alyth for the last two years. Abi is also a classically trained singer, is studying to be a counsellor and, like all writers, is writing a novel in her small amounts of free time. Abi will be with us three-and-a-half days a week, and can be reached at abi@alyth.org.uk or on 020 8457 8782.

Hannah Kieve will be responsible for Kef Zone, ACE and CREATE delivery. Hannah will also be supporting Rabbi Hannah with Sensory Shabbat and Sophie Peterman with our day camps. Hannah is an active member of the community, and is currently on her gap year, having graduated from JCoSS in 2019. She has been involved in the Alyth community for almost 4 years, from performing with Academy of Performing Arts, to mentoring at Ruach, and is looking forward to working in the Youth and Education Hub as of this month. Hannah can be reached at YEH@alyth.org.uk or on 020 8457 8781.

Contact us

Rabbinic Team

Rabbi Josh	josh@alyth.org.uk 020 8457 8799	Rabbi Hannah	hannah@alyth.org.uk 020 8457 8790
Rabbi Colin	colin@alyth.org.uk 020 8455 6763		

Community Director

Adam Martin	adam@alyth.org.uk 020 8457 8789
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Head of Programming

Sam Heller	sam@alyth.org.uk 020 8457 8796
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Head of Community Care & Life Cycle

Lynette Sunderland	lynette@alyth.org.uk 020 8457 8793
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Head of Music & Arts

Katie Hainbach (on maternity leave)	katie@alyth.org.uk 020 8457 8797
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Youth & Education

Sophie Peterman	sophie@alyth.org.uk 020 8457 8791
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Youth & Education

Abi Symons	abi@alyth.org.uk 020 8457 8782
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Youth & Education

Hannah Kieve	YEH@alyth.org.uk 020 8457 8781
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Fundraising & Development Co-ordinator

Sarah Langsford	sarah@alyth.org.uk 020 8457 8787
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Community Administrator

Saskia Kimmel	saskia@alyth.org.uk 020 8457 8784
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Administrator

Beth Raphael	beth@alyth.org.uk 020 8457 8788
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Kindergarten: Head

Tor Alter	tor@alyth.org.uk 020 8457 8792
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Kindergarten: Administrator

Mita Khara	kgadmin@alyth.org.uk 020 8457 8792
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Chair

Russell Baum	chair@alyth.org.uk
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President

Jon Epstein	president@alyth.org.uk
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North Western Reform Synagogue

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07726 631 808

Copy date: 10th of every month.

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