



Special Events in November (see inside for more information)

Physicians for Human Rights Israel

Friday 1 November, 17:15-18:15

We are delighted to welcome to Alyth three representatives of Physicians for Human Rights Israel, winners of a New Israel Fund 2019 Human Rights Award.

Join us from 17:15 to meet their leadership and hear about their work. They will also be giving the D'var Torah during the Friday night service.

Invest in Peace (at Alyth)

Tuesday 19 November, 19:00

Alyth, together with Golders Green Parish Church and the Board of Deputies of British Jews, invites you to hear the stories of two peace activists: one Israeli and one Palestinian. In partnership with Solutions Not Sides.

Go to www.eventbrite.co.uk/e/invest-in-peace-golders-green-2019-tickets-73105088287 to register for your free ticket.

A celebration of Alyth's Windows with Ardyn Halter and Launch of the 'Art at Alyth' project

Sunday 24 November, 10:30-12:15

A special morning (including brunch) looking at the history, symbolism and design of our Beit Tefillah's beautiful windows. The morning will also include the launch of a community project and series of special events celebrating the art of Alyth.

Mitzvah Day

Sunday 17 November, 10:00-12:30

Participate in Alyth's activities on this global day of Jewish-led social action. We have activities for adults and children that will benefit people from across all faiths and who are in need. On Mitzvah Day, give your time to make a difference.

To pray. To learn.
To live. Together

Staff contact details can be found on the back page



Pray with us

Shabbat Morning Services

Our regular Shabbat morning service is a contemporary Reform service led by one of our Rabbis, often accompanied by the volunteer choir and piano, sometimes with a guitar; always with a combination of reading, chanting, song and reflection. On most Shabbatot, there is also a parallel service that responds to the diverse prayer needs of our community.

Saturday 2 November:

A choice of four services:

Shabbat Service, 10:30-12:15

A 'Kollot' style service led by Rabbi Josh and Justin Wise. With an area for children. Includes the Bar Mitzvah of **Rafi Rosenfield**.

Study Service: Ashkephardi 10:30-12:15

A study service looking at Ashkenazi and Sephardi influences on our siddur and the differences between the two traditions. Led by with Rabbi Colin.

Sensory Shabbat, 11:00-12:00

A Shabbat experience designed to stimulate your babies' senses in the first years of their life. See "Services for Young Families".

Family Service, 11:00-12:15

A youth movement style service for all ages. Led by Mike Mendoza.

Saturday 9 November

Shabbat Service, 10:30-12:15

A choral service, led by Rabbi Hannah with the Alyth choir. Includes the Bar Mitzvah of **Elliott Poole**.

Kollot, 10:30-12:15

Our informal, unaccompanied, participatory minyan led by Rabbi Josh and Justin Wise.

Saturday 16 November

Shabbat Service, 10:30-12:15

A choral service led by Rabbi Hannah with the Alyth choir. Includes the Bat Mitzvah of **Lyla Ireland**.

Big Bang, 11:00-12:00

This month led by Rabbi Josh and the Big Bang musicians.

Saturday 23 November

Shabbat Service, 10:30-12:15

A 'Kollot' style service. Led by Rabbi Josh and Justin Wise. With an area for children. Includes the B'nei Mitzvah of **Benjy Jeffrey and Ami Morad**.

The sermon will be given by Student Rabbi Dr Tali Artman Partock.

Stripped-back Shacharit, 10:30

A more formal Shacharit with Rabbi Hannah. Joining the community in the Beit Tefillah for the sermon.

Saturday 30 November

Shabbat service, 10:30-12:15

A 'Kollot' style service. Led by Rabbi Josh and Justin Wise. With an area for children. Includes the Bar Mitzvah of **Sam Gatty**.

Service for WellBeing, 10:30

Using our Shabbat liturgy, readings and song, join Lynette, for a service that focuses on our physical and mental wellbeing and which helps us to restore the balance in our lives.

Sensory Shabbat, 11:00-12:00

A Shabbat experience designed to stimulate your babies' senses in the first years of their life. See "Services for Young Families".

Talk with us...Tefillah

Monday 11 November, 20:00-21:30

Our quarterly open forum, formerly known as 'Avodah', in which we discuss Alyth's services. This month our annual opportunity to reflect on the High Holy Day services - what went well and what can we improve for next year? Please email saskia@alyth.org.uk to let us know that you will be coming.



Pray with us

Erev Shabbat Services

(Fridays 1, 8, 15, 22, 29 November, 18:30-19:30)

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning.

On **Friday 1 November** the D'var Torah will be given by **Physicians for Human Rights Israel**, winners of a New Israel Fund 2019 Human Rights Award. Please see "Learn with us" for more information.

On **Friday 29 November** the service will include our annual Year 10 Hadracha Graduation.

Weekday Services

Sunday Shacharit

Sundays, 9:00-10:00

Our lay-led minyan with bagel breakfast.

Weekday Evening Services

Contact office@alyth.org.uk if you would like evening prayers for the purpose of saying Kaddish.

Shabbat Services for Young Families

Baby Den

Fridays 1, 8, 15, 22, 29 November, 10:30-11:30

Wake up with Shoshi on a Friday morning to sing songs, be with friends and bop to a Shabbat beat. Our musical Baby Den, with Rabbi Hannah and Chloe, our Early Years Educator, is designed to help your little one develop their creativity, co-ordination and concentration. And above all else it's FUN!

Shabbat Den

Fridays 1, 8, 15, 22, 29 November, 16:15-16:45

For pre-schoolers and their families with Rabbi Hannah and Chloe. Join us for songs, stories and to meet new friends at Alyth's Shabbat Den.

Sensory Shabbat

Saturdays 2 & 30 November, 11:00-12:00

Our Shabbat experience designed to stimulate your babies' senses in the first years of their life. Join Rabbi Hannah and Chloe in this service where you and your baby can touch, see, smell, hear and taste your way through the service. Suitable for babies from birth to 2 years. Be mindful that this is a quiet experience.

Young Family Seudah

Saturday 9 November, 15:00-16:30

Join Rabbi Hannah and Chloe for our first spectacular Seudah of 5780. Together we will enjoy shabbat through arts and craft and a lovely tea.

Introducing Student Rabbi Dr Tali Artman Partock

We are delighted to welcome Student Rabbi Dr Tali Artman Partock, who will be joining us for some of her fourth year rabbinic placement over the coming months. As well as training for the rabbinate, Tali is also an associate lecturer at the Faculty of Divinity at the University of Cambridge, as well as teaching Rabbinic Literature at Leo Baeck College. Born in Israel, Tali has a PhD in Rabbinic Literature, awarded by the Hebrew University of Jerusalem.

Tali will be leading the shiur on Saturday 23 November and will give the sermon in the Shabbat morning service that morning.

Learn with us

Weekly Learning

Judaism: The Essentials

Tuesdays, 20:00-21:45

'Essentials' is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. Taught by Rabbi Hannah, Rabbi Josh and Jon Epstein. Email hannah@alyth.org.uk or josh@alyth.org.uk for more information.

5 NO CLASS

12 Foundations 3: Different genres in biblical texts and how they are used.

With Student Rabbi Nicola Feuchtwang

19 The Formation of Judaism: Rabbinic Literature - Halachah

26 The Formation of Judaism: Rabbinic Literature - Aggadah

Hebrew reading from Scratch

Tuesdays 12, 19, 26 November, 19:00-20:00

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

Pardes

Thursdays, 13:00-14:15

The imagery of a garden has often been used in Jewish tradition to describe our textual tradition. Each week will start with a different text from within our rich library. Thereafter, who knows where the journey will take us? 7, 14, 21 November with Rabbi Colin
28 November with Rabbi Josh

Shabbat Shiurim

Sugyot Every Reform Jew Should Know - Lessons from the Fall of Jerusalem.

Saturday 9 November, 09:15-10:15

Join Rabbi Josh for a special "Sugyot every Reform Jew should know", looking at the text which he quoted in his sermon on Yom Kippur morning in which the rabbis explored the cause of the fall of Jerusalem.

The Life of Sarah: Nursing in Public

Saturday 23 November, 09:15-10:15

Join Rabbi Tali Artman Partock as we look at what the rabbis had to say about nursing in public and into late motherhood. What does the treatment of Isaac's weaning party in Genesis Rabbah teach us about men, women, public and private nursing.

Also this month

Alyth Film Club: Au Revoir les Enfants (1987)

Tuesday 12 November, 19:30-22:00

A semi-autobiographical drama written and directed by Louis Malle. During the Nazi occupation of France, young teenager Jean returns to his Catholic boarding school after some time off and strikes up a friendship with new classmate Julien. After some initial hostilities and friction between the pair, Julien learns that Jean is in fact Jewish, and one of three boys being offered a safe haven by the sympathetic headmaster. However, when Gestapo officers arrive at the school, they begin to delve deeper into the lives of the students and the priests watching over them...

In French with English subtitles.

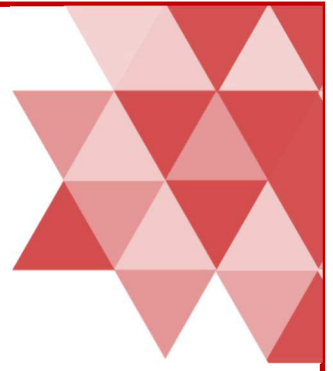
**Alyth's
Weekend Away
2020**

27-29 March 2020

The Weekend Away is for everyone in the community at every age and stage. There are activities and services, and opportunities to socialise and have fun. Go to www.alyth.org.uk/weekendaway to find out why the Alyth Weekend Away is the perfect weekend away for you!

Special Guests: Physicians for Human Rights

Friday 1 November, 17:15-18:15



PHYSICIANS FOR HUMAN RIGHTS
דו"כאים אטבאים לחקוקת אל'נסאן
HUMAN RIGHTS
ISRAEL

We are delighted to be welcoming to Alyth three representatives of Physicians for Human Rights Israel, winners of a New Israel Fund 2019 Human Rights Award.

Join us from 17:15 to meet their leadership and hear about their work. They will also be giving the D'var Torah during the Friday night service.

At the core of PHRI is the belief that everyone living under Israeli authority should have equal access to healthcare. PHRI deliver vital healthcare assistance to the most disempowered groups in Israel, the West Bank, and Gaza.

Founded in 1988, the organisation currently treats over 18,000 people per year, while in parallel advocating for policy improvements in health care provision. PHRI works together with 3,500 volunteer doctors, nurses, and therapists to provide vital healthcare.

With us on the evening will be Professor Raphael Walden, the current President of PHRI (and formerly the personal doctor of his father-in-law Shimon Peres), Dr. Mushira Aboo-Dia, an Israeli-Palestinian gynaecologist and obstetrician at the Hadassah Ein Kerem hospital, and the current Chairman of the PHRI Executive committee, and Ran Goldstein the PHRI Executive Director.



A celebration of Alyth's Windows and Launch of the 'Art at Alyth' project

Sunday 24 November, 10:30-12:15



Join us for a very special morning, including brunch, looking at the history, symbolism and design of our Beit Tefillah's beautiful windows.

We are delighted to welcome artist Ardyn Halter, who designed and created the 'Time' windows at the back of the Beit Tefillah. Ardyn is the son of Roman Halter z"l who designed and created the windows at the sides of the Beit Tefillah on the theme of Chai (Life).

Ardyn will speak about the design and creation of our windows, and about his father's work. We will also look together at some of the symbolism placed within the designs.

The morning will end with the launch of a community project celebrating the windows and the art of Alyth. This will include the opportunity for members to write and reflect on the windows, and a series of events over the coming months about our art and those who created it.

In order that we know how much food to buy, please email saskia@alyth.org.uk to let us know you are coming. For more information on the Art at Alyth project email adam@alyth.org.uk

Be with us

Weekly Activities

Senior Club

Mondays, 14:00-15:30

Weekly activity and tea for senior members.

4 The Fab Boys

11 Lynne Bradley "Fiddler on the Roof"

18 Viv Bellos and choir

25 Roy Blass

Alyth Choral Society

Tuesdays, 20:00-22:00

Exploring new repertoire while continuing to develop strengths in cantata and oratorio.

www.alythchoralsociety.org.

Soup, News, Views & Schmooze

Wednesdays 6 & 20 November, 12:45-15:00

Discuss topical issues and stories over a bowl of soup. Contact lynette@alyth.org.uk.

Mellow Yoga for All Ages

Thursdays, 11:00-12:00

Contact Maxine Levy maxinelevy@mac.com.

Thursday Bridge@Alyth

Thursdays, 14:00-16:30

Please contact Sheila or Michael on 020 8455 9878 for more information.

Synagogue Choir Rehearsal

Saturday 9 November, 9:15-10:15

Regular rehearsals for the Synagogue Choir.

We are happy to welcome new singers to join and make our services joyful.

Whilst Katie is on maternity leave, please contact the office if you need to speak with someone about our music programme or choirs.

Monthly Activities

Sunday Bridge@Alyth

Sunday 3 November, 19:00-22:00

Contact Clive on 020 8361 5711.

JOY - Joining Old and Young

Monday 4 November, 12:45-13:45

JOY brings some of our Kindergarten and older members together for intergenerational activities. Please join us.

Alyth Cycling Community

Sunday 10 November, 08:30-13:00

We meet at Alyth at 08:15 and leave at 08:30.

For registration and more information please email laurancemendoza@aol.com.

Shabbat B'yachad (Shabbat Together)

Friday 15 November, 18:30-21:30

Join us for a Shabbat dinner with fantastic food and company. No charge but donations are always welcome. For catering and transportation please contact lynette@alyth.org.uk.

JMM and HaMakom:

Introduction to Mindfulness Course

Thursdays, 19:30-21:30

An 8-Week introduction to Mindfulness Meditation, within a Jewish ethos and environment. Please see the Alyth website for more information.

JMM on a Shabbat Morning

Saturday 16 November, 9:15-10:15

An hour of contemplation, movement and learning to set you up for Shabbat.

Erev Shabbat Meditation: A breath of Shabbat

Friday 29 November, 17:15-18:15

Welcoming Shabbat with gentle movement, mindful breath and vocal meditation.

Also this Month

Outing: The National Gallery - Gauguin Exhibition

Thursday 21 November, 10:00-14:00

Meet at 10:00 in the National Café on the ground floor (entrance opposite St Martin's and through the restaurant to the café). The exhibition opens at 11:00 and will be followed by lunch at Pizza Express at 12:45. Contact viv@alyth.org.uk for tickets.

Chanukah Babayit

Our regular Shabbat Babayit is a Friday night for Israeli families, hosted by an Israeli member of our community. On Sunday 22 December join us for a special Chanukah Babayit. *Please see December's Around Alyth for more information.*



Act with us

Monday Club

Mondays, 19:00-21:30

We are pleased to announce the return of the Monday Club, our weekly club for people with learning difficulties.

Please go the website to see what volunteering opportunities are available and how you can be involved.

Monthly Drop-in for Recent Refugees

Sunday 24 November, 14:00-16:00

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment.

(With the support of the Pears Foundation).



Invest in Peace

**Tuesday 19 November, 19:00
at Alyth**

Alyth, in conjunction with Golders Green Parish Church, invite you to hear the stories of two peace activists: one Israeli and one Palestinian. People of all faiths and none are welcome to attend this interfaith event, in partnership with Solutions Not Sides.

The event will be supported by the Board of Deputies of British Jews, and Churches Together in Britain and Ireland. An appeal will be made for Solutions Not Sides at the event.



Go to www.eventbrite.co.uk/e/invest-in-peace-golders-green-2019-tickets-73105088287 to register for your free ticket or contact sam@alyth.org.uk for more information.

New Members Breakfast Saturday 2 November

If you have joined Alyth over the past year, you are invited to a special breakfast at 9:15, before the morning services. After breakfast, there will be a choice of services to attend, including:

- **Kollot** (10:30). Our informal, participatory minyan. This week the service will be in the Beit Tefillah.
- **Study Service** (10:30). A study service in the library.
- **Sensory Shabbat** (11:00). A Shabbat experience designed to stimulate your babies' senses in the first years of their life.
- **A Family Service** (11:00). A youth movement style service for all ages.

Youth & Education Hub

Please contact Sam Heller (sam@alyth.org.uk) for information about the provision for our younger members.

Fridays

Ruach Erev Shabbat

Fridays, 16:15-19:30

Our Friday afternoon B'nei Mitzvah programme.

Sundays

Sunday Morning Galim

Sundays, 10:00-12:30

Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.

Academy of Performing Arts at Alyth

Sundays, 18:00-20:00

Academy is our long standing drama provision on Sunday evenings for School Year 8 and older. Please note the new timings for 2019-2020.

Mondays

Alyth Toddler Group

Mondays, 10:00-11:30

Toys, singing and refreshments for the children; coffee and chats for carers! £3 per child, £1 for a sibling. With Chloe and Rabbi Hannah.

Contact chloe@alyth.org.uk.

CREATE

Monday 4 November, 17:30-19:30

Craft with Chloe, our educator, who has a Foundation Diploma and experience in the arts. This programme is a great opportunity to learn new skills. During the course we will learn an array of skills, including how to use a sewing machine, life drawing skills, how to make jewellery, fashion drawing and much much more. The programme is once a month for School Year 8 and older.

Thursdays

Kef Zone

Thursdays, 16:00-17:00

Our weekly club for Primary School children— includes 10 Day Zone on 3 November and Sukkot Zone on 17 November.

A.C.E

Thursdays, 17:00-18:15

Join Chloe who has a Foundation Diploma in art to learn new skills such as sewing, textiles and batique.

ACT (Alyth Children's Theatre)

Thursdays, 17:00-18:15

ACT is our children's theatre group.

Year 7 Hebrew

Thursdays, 18:15-19:15

For all those who want to continue their Hebrew practice in the run up to their Bar or Bat Mitzvah.

Year 10 Hadracha

Thursdays, 18:15-19:15

Our creative, fun and intensive leadership course for Year 10. Contact mike@alyth.org.uk.

Pop Up AYS

Thursday 14 November, 17:30-18:15

In place of a weekly choir, in 2019-2020 we will be running 'Pop Up AYS' – short bursts of rehearsals in preparation for a series of concerts. These will include our regular singing commitments on Mitzvah Day, Holocaust Memorial Day, Yom HaShoah and an Erev Shabbat Service. You can join us for one, some or all of the pop-ups during the year. The first concert we have booked is on Mitzvah Day on the morning of Sunday 17 November.

**Also
this
month**

Year 8 Chavurah Supper

Friday 8 November, 18:30-21:30

Join us for the Kabbalat Shabbat service at 18:30 which will be followed by a "pot luck" dinner, where everyone provides a nut free, vegetarian or fish main course or a dessert. We all sit down and enjoy dinner together. This is for all families with children in Year 8. Siblings and grandparents are of course welcome!

Also this month

Secret Cinema for Years 5 & 6

Saturday 23 November, 17:00-21:00

Come and join us for an evening of exciting twists and turns as we dive into the internet, meeting our favourite childhood characters and websites along the way! Be prepared for a magical immersive movie experience and lots of fun with friends! Contact sophie@alyth.org.uk to sign up or for more information.

Hadracha graduation

Friday 29 November, 18:30-21:30

Our Year 10 leaders have completed their basic training and are now welcomed into the wider leadership body of our community. Join us for a special erev shabbat service celebrating their journey and step up into the next stages of Jewish adult life. There will be a Chavurah supper to follow for all family members of the graduates. Please email mike@alyth.org.uk to confirm who will be attending.

Ruach Parents' Session — How we read Torah

Friday 8 November, 17:15-18:00

Each term, Ruach parents are invited to join our rabbis for a special one-off learning session based around the term's theme in Ruach (this term, Torah).

Over 45 minutes, Rabbis Josh and Hannah will explore how we read Torah as modern Progressive Jews, and what questions we hope our children will ask of it.

Good bye and thank you to Chloe

We are sad to announce that after four years at Alyth Chloe Kimmel will be leaving the staff team in December. We thank her for everything that she has brought to Alyth and wish her well for the future.

And l'hitraot to Mike

We also send good wishes to Mike Mendoza who will be spending time in Israel in the first half of 2020, returning to us on 1 July.

We will be writing to all families over the coming weeks with information about our Youth and Ed team for 2020.

MASA ISRAEL ALYTH POST-UNI GAP YEAR FAIR

LOCATION: ALYTH, ALYTH GARDENS
LONDON NW11 7EN
TIME: 18:30PM - 21:00PM
LIGHT REFRESHMENTS WILL BE SERVED
WWW.MASAISRAEL.ORG

THURSDAY
5
DECEMBER

TO SIGN UP, CONTACT
SASKIA@ALYTH.ORG.UK



Mitzvah Day



Sunday 17 November

Come along and participate in Alyth's activities on this global day of Jewish-led social action.

We have activities for adults and children that will benefit people across all faiths and who are in need. On Mitzvah Day we give of our time to make a difference. It's good fun and inspires us all for the year ahead.

Activities for Adults:

- Join our Cook-In in the morning at Alyth to benefit Alyth Gemach freezer - a stock of food which we deliver to those members of the community who are in need of a home cooked meal. Limited spaces, so please book with saskia@alyth.org.uk. (10:00-13:00)
- Join Kisharon at the Childs Hill Library (320 Cricklewood Lane, NW2 2QE) to plant trees and bulbs in the garden and paint their fence. Also suitable for children. Limited spaces, so please book with saskia@alyth.org.uk. (10:00-13:00)
- Join our Intergenerational "Joining Old with Young" reading event at Alyth with Sunday Morning Galim children. (11:30-12:30)

Activities for Children:

Alyth Youth will be participating in a wide range of activities including visits to care homes, card making, cooking, collecting and packing toiletries and sweets for the homeless and refugees: as well as Joining Old and Young (JOY) for reading.

If you attend Sunday Morning Galim you will be involved, if not, please tell Saskia if you would like to come and she will send you the start time.

Collections:

Please bring the following to the synagogue before or on Sunday 17 November. There will be a collection box in the lobby.

- **Sweets**
- **Mens' Toiletries**
(please only bring new items)
- **Womens' sanitary items**

For more information and to sign up now to offer your much-appreciated help please contact
Saskia on saskia@alyth.org.uk
or 020 8457 8784.

Contact us

Rabbinic Team

| | | | |
|-------------|---|--------------|---|
| Rabbi Josh | josh@alyth.org.uk 020 8457 8799 | Rabbi Hannah | hannah@alyth.org.uk 020 8457 8790 |
| Rabbi Colin | colin@alyth.org.uk 020 8455 6763 | | |

Community Director

| | |
|-------------|---|
| Adam Martin | adam@alyth.org.uk 020 8457 8789 |
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Head of Programming

| | |
|------------|---|
| Sam Heller | sam@alyth.org.uk 020 8457 8796 |
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Head of Community Care & Life Cycle

| | |
|--------------------|---|
| Lynette Sunderland | lynette@alyth.org.uk 020 8457 8793 |
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Head of Music & Arts

| | |
|--|---|
| Katie Hainbach (on maternity leave) | katie@alyth.org.uk 020 8457 8797 |
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Youth & Education: Lead Educator

| | |
|--------------|---|
| Mike Mendoza | mike@alyth.org.uk 020 8457 8782 |
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Youth & Education: Early Years Educator

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| Chloe Kimmel | chloe@alyth.org.uk 020 8457 8781 |
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Youth & Education: Educator

| | |
|-----------------|---|
| Sophie Peterman | sophie@alyth.org.uk 020 8457 8791 |
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Fundraising & Development Co-ordinator

| | |
|-----------------|---|
| Sarah Langsford | sarah@alyth.org.uk 020 8457 8787 |
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Financial Controller

| | |
|-----------------|---|
| Lelia Rainhartz | lelia@alyth.org.uk 020 8457 8788 |
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Community Administrator

| | |
|---------------|---|
| Saskia Kimmel | saskia@alyth.org.uk 020 8457 8784 |
|---------------|---|

Kindergarten: Head

| | |
|-----------|---|
| Tor Alter | tor@alyth.org.uk 020 8457 8792 |
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Kindergarten: Administrator

| | |
|------------|---|
| Mita Khara | kgadmin@alyth.org.uk 020 8457 8792 |
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Chair

| | |
|--------------|--|
| Russell Baum | chair@alyth.org.uk |
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President

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| Jon Epstein | president@alyth.org.uk |
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North Western Reform Synagogue

Alyth Gardens, London, NW11 7EN

T 020 8455 6763

F 020 8731 8175

E office@alyth.org.uk

Out of hours emergency care line

07726 631 808

Copy date: 10th of every month.

Please email comms@alyth.org.uk

www.alyth.org.uk

