

Around Alyth

October 2019



October is an extraordinarily busy month packed full of festivals, services and community activities. Here are some highlights. See inside for more information.

JMM during the 10 Days

The Alyth Meditation Room offers a space for contemplation during the 10 Days. Our meditation is led by expert facilitators and rabbis, drawing from the Jewish meditative tradition. Don't miss our special session on Monday 7 October (20:00-21:30) with Rabbi Dr. James Jacobson-Maisels.

Shabbat Shuvah Weekend

A full Shabbat of services, including a special Sensory Shabbat and a guest sermon from Rabbi Dr Deborah Kahn-Harris, and a Shabbat Shuvah Shiur. On the Sunday join us for Israeli Dance Class (10:30), Remembrance Service at Cheshunt (11:00), or Bulb Planting at La Deliverance (11:15).

Kol Nidre and Yom Kippur

Kol Nidre Services (Tuesday 8 October, from 19:00)

Join us for a choice of services at the Sternberg Centre. See inside for start times.

Yom Kippur Services (Wednesday 9 October, from 10:15)

We are holding our usual wide selection of services and sessions at both the Sternberg Centre and at Alyth. Please see the website and the High Holy Days Information Booklet for full details.

The state of the State of Israel

Join us on Saturday 12 October before the service for a special session with Anat Hoffman, Executive Director of the Israel Religious Action Center on the current state of social justice, race relations and religious pluralism in the State of Israel. Anat will also give the Shabbat morning sermon.

Sukkah Building

Join us for one of three opportunities to build the community Sukkah.

For adults, Saturday 12 October (19:00-20:30), Sukkah Building Cocktails and Canapes.

For families, on Sunday 13 October, Sukkah Decorating Morning (10:00-12:30) and Young Family Sukkah Build (11:00-11:45)

Sukkot Services

Erev Sukkot Service (Sunday 13 October, 18:30-19:30)

Sukkot Morning Services (Monday 14 October) - Choral Service (10:15), Musical Service for Families (10:45) and Sukkot Sensory Service (11:00) And over Shabbat Chol HaMoed Sukkot, the 28th Annual Sukkot Sleepout and the Big Bang 10th Anniversary service.

Simchat Torah Services

Erev Simchat Torah (Sunday 20 October, 18:30)

Simchat Torah Morning (Monday 21 October) - Breakfast from 09:15, Simchat Torah Morning Service (10:15), and our very special celebration 'Sweet as Honey' (from 10:30) - a celebration of all things bees!





Pray with us on Shabbat

Erev Shabbat Service

(Fridays 4, 11, 18, 25 October, 18:30-19:30)

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning.

Shabbat Morning Services

Our regular Shabbat morning service is a contemporary Reform service led by one of our Rabbis, often accompanied by the volunteer choir, with a combination of reading, chanting, song and reflection. On most Shabbatot, there is also a parallel service that responds to the diverse prayer needs of our community. From time to time these parallel services take place in the Beit Tefillah.

Saturday 5 October

Shabbat Service, 10:30-12:15

Led by Rabbi Josh, with guitar. Includes the Bar Mitzvah of **Raphael Goodman**.

The sermon will be given by **Rabbi Dr Deborah Kahn-Harris**, Principal of the Leo Baeck College.

Sensory Shabbat, 11:00-12:00

A Shabbat experience designed to stimulate your babies' senses in the first years of their life. See "Services for Young Families".

Saturday 12 October

Kollot, 10:30-12:15

Our informal, participatory minyan. This week the service will be in the Beit Tefillah and is accompanied by a guitar. There will be an area for children so that parents can enjoy the opportunity to pray. Led by Rabbi Josh. Includes the Bar Mitzvah of **Zed Gordon**. The sermon will be given by **Anat Hoffman**.

Stripped-back Shacharit, 10:30

A more formal Shacharit with Rabbi Hannah. Joining the community in the Beit Tefillah for the Torah Service and sermon.

Saturday 19 October

Shabbat Service, 10:30-12:15

Led by Rabbi Hannah with the Alyth choir.

Includes the Bar Mitzvah of **Harry Palazzolo**.

The sermon will be given by Lynette Sunderland on the Mikveh Project.

Big Bang 10th Anniversary service

11:00-12:00

Alyth's musical Shabbat experience reaches its tenth birthday. Join Rabbi Josh, the Big Bang musicians and the Sukkot Sleepout participants for a special celebratory Big Bang.

Saturday 26 October

Shabbat Service, 10:30-12:15

Led by Rabbi Josh and accompanied by a guitar.

Includes the Bat Mitzvah of **Leila Salem**.

Service Breakout, approx 11:30-12:15

Younger members are invited to go with Mike Mendoza for an immersive Torah experience during the Torah Service in the Beit Tefillah.

Weekday Services

Sunday Shacharit

Sundays, 9:00-10:00

Our lay-led minyan with bagel breakfast.

Weekday Evening Services

Contact office@alyth.org.uk if you would like evening prayers for the purpose of saying Kaddish.

Shabbat Services for Young Families

Baby Den

Fridays 4, 11, 18, 25 October, 10:30-11:30

Wake up with Shoshi on a Friday morning to sing songs, be with friends and bop to a Shabbat beat. Our musical Baby Den, with Rabbi Hannah and Chloe, our Early Years Educator, is designed to help your little one to develop their creativity, co-ordination and concentration. And above all else it's FUN!

Shabbat Den

Fridays 4, 11, 18 October, 16:15-16:45

For pre-schoolers and their families with Rabbi Hannah and Chloe. Join us for songs, stories and to meet new friends at Alyth's Shabbat Den.

Sensory Shabbat

Saturday 5 October, 11:00-12:00

Our Shabbat experience designed to stimulate your babies' senses in the first years of their life. Join Rabbi Hannah and Chloe in this service where you and your baby can touch, see, smell, hear and taste your way through the service. Suitable for babies from birth to 2 years. Be mindful that this is a quiet experience.

Shabbat Guests in October (and November)

We are delighted to welcome:



Rabbi Dr. Deborah Kahn-Harris, Principal of the Leo Baeck College, who will be giving the sermon on **Saturday 5 October**.

Anat Hoffman, Executive Director of the Israel Religious Action Center, on **Saturday 12 October** to lead the Shiur at 9:15 and to give the sermon during the service. Anat is an Israeli activist and is a director and a founding member of Women of the Wall.



PHYSICIANS FOR HUMAN RIGHTS
רופאים אטבים
לחقوق الإنسان
רופאים אטבים
לחقوق الإنسان

Physicians for Human Rights, the winners of the New Israel Fund 2019 Human Rights Award, on **Friday 1 November**, to lead a session for Alyth medics (and the whole community) at 17:15. They will also be giving the D'var Torah during the Friday night service.

At the core of PHR, is the belief that everyone living under Israeli authority should have equal access to healthcare. They are supported by over 3,500 volunteer doctors, nurses and therapists, and deliver vital healthcare assistance to more than 20,000 people living in Israel, the West Bank, and Gaza every year. These include West Bank Palestinians, disenfranchised Jewish Israelis from the periphery, prisoners from every background, and people seeking asylum. PHR also advocates for meaningful policy change that will bring about long-term, substantive improvements in health care for disadvantaged groups.

We are also delighted to welcome **Rabbi Dr. James Jacobson-Maisels** who will be leading the JMM session on **Monday 7 October, 20:00-21:30**. Rabbi James is a senior faculty member of HaMakom, and the founding Rosh Yeshiva of Romemu Yeshiva - a new contemplative yeshiva combining study and practice. See the JMM box in "Be with us" for more information.



Pray with us at the High Holy Days

Please join us over the High Holy Days at one of many service options at Alyth and at the Sternberg Centre. See our High Holy Days information booklet or go to www.alyth.org.uk/hhd for more information about our services and activities.

Second Day Rosh Hashanah Services

Tuesday 1 October, from 10:15

On second day Rosh Hashanah, we come together back at Alyth for a choice of services in the relaxed environment of home. There are four options, reflecting the diverse needs and preferences of our community.

- 10:15 Choral Service in the Beit Tefillah
- 10:15 Special informal musical service in the Leo Baeck Hall
- 11:00 Rosh Hashanah Den in the Youth Hall
- 11:00 Break out activities for school years 3-6 in the Kindergarten

Shabbat Shuvah Weekend

Join the community in a variety of activities over the Shabbat Shuvah weekend, including services and other activities - full details can be found on relevant pages in this Around Alyth.

Friday 4 October

- 10:30 Baby Den
- 16:15 Shabbat Den
- 18:30 Erev Shabbat Service

Saturday 5 October

- 10:30 Monthly Midrash in the Morning on Shabbat... Moses
- 10:30 Shabbat Service
- 11:00 Sensory for Shabbat Shuvah

Sunday 6 October

- 10:30 Israeli Dance Class
- 11:00 Remembrance Service at Cheshunt. Join Lynette Sunderland, for our annual Remembrance Service at Cheshunt Cemetery. There will also be time to visit graves
- 11:15 Bulb Planting at La Deliverance with Mike Freer MP

Kol Nidre and Yom Kippur

On Kol Nidre and Yom Kippur we will use the current Days of Awe Machzor. **All those attending services should bring their own copy as none are provided.**

Kol Nidre Services *Tuesday 8 October, from 19:00*

Join us for a choice of services at the **Sternberg Centre**, including:

- 19:00 Choral Kol Nidre, including the sermon by Rabbi Professor Tony Bayfield
- 19:00 Kollot Kol Nidre
- 19:30 What would it feel like to take God out of YK? With Rabbi Laura Janner-Klausner
- 19:30 You've Got A Friend In Me and Teen Nidre with our Youth and Education team

Yom Kippur Services *Wednesday 9 October, from 10:15*

We are holding our usual wide selection of services and sessions at both the **Sternberg Centre and at Alyth**. Please see the website and High Holy Days Information Booklet for full details.

Sukkot at Alyth

Sukkah Building

Sukkah Building Cocktails and Canapes
Saturday 12 October, 19:00-20:30

(For Adults) What goes down, must go up... As the fruits and leaves fall from the trees, help us to lift them up as we booze and build together. Join us for food and fun. *Please let saskia@alyth.org.uk know that you are attending so that we can cater for the correct number of people.*

Sukkah Decorating Morning

Sunday 13 October, 10:00-12:30

(For all the family) Come and join our young members as we build the final touches to our beautiful sukkah. Learn how to shake a lulav, try some fruit juices and find yourself in the shelter of our ancestors. *Please bring with some greenery and "long lasting" vegetables to hang in the Sukkah – these will be made into soup and stews after Sukkot.*

Young Family Sukkah Build

Sunday 13 October, 11:00-11:45

Join Tor and Rabbi Hannah to take part in decorating the Alyth community sukkah. Make delicious smoothies and funky fruit art, play games and sing sukkot songs. Please bring your own vegetables or tinned fruits to hang in the sukkah.

Sukkot Services

Erev Sukkot Service

Sunday 13 October, 18:30-19:30

Led by our Rabbis with the Alyth Choir.

Sukkot Morning Choral Service

Monday 14 October, 10:15

Led by our Rabbis and the Alyth choir. Please note the start time.

Musical Service for Families

Monday 14 October, 10:45

A special musical service for all generations.

Led by Rabbi Josh, with a Kids Corner.

Sukkot Sensory Service

Monday 14 October, 11:00

A special version of our Shabbat experience designed to stimulate your babies' senses. Join Rabbi Hannah and Chloe in this service where you and your baby can touch, see, smell, hear and taste your way through the service to create precious memories and experiences that will last a lifetime. Suitable for babies from birth to 2 years old.

Sukkot Breakout

Monday 14 October, 11:00-12:15

Come and celebrate Sukkot through Arts and Crafts with Sophie Peterman.

Sukkot Zones

Thursday 17 October, 16:00-17:00

(for Primary School children)

We will be making Sukkah decorations out of salt dough, Sukkot fruit kebabs to enjoy outside, sensory decorations, a yummy Sukkot tea and lots more fun and games! With Chloe and the Kef Zone team.

Shabbat Chol HaMoed Sukkot ...

28th Annual Sukkot Sleepout

Friday 18–Saturday 19 October

This year is our 28th Sukkot Sleepout! Come and sleep over in the Sukkah, enjoy Sukkot themed activities and join in the 10th Anniversary of the Big Bang! For school years 4-8. For more details on how to apply please contact Mike Mendoza at mike@alyth.org.uk.

Chol HaMoed Sukkot

Saturday 19 October

Before our Chol HaMoed Shabbat services, parents and other members of Alyth are invited to join the Sukkot Sleepout at the following activities:

Jewish Mindfulness Meditation

09:15-10:00

Celebrate nature and life through movement, song, mindfulness, and meditation. With Mika Hadar- Borthwick and Mike Mendoza.

Can you build a sukkah on an elephant—an introduction to Talmud

09:15-10:00

An introduction to the study of the formative text of Jewish life—a book of law and ideas. With Rabbi Josh.

Breakfast for parents

10:15-10:45

While the Sukkot Sleepout participants gather together, a special breakfast for parents

Shabbat Morning Service

10:30-12:15

Led by Rabbi Hannah with the Alyth choir.

Big Bang - 10th Anniversary

11:00-12:00

A special celebration of a decade of the Big Bang, led by Rabbi Josh and the Big Bang musicians.

Sukkot Ramble: Cassiobury Park

Sunday 20 October, 10:00-15:00

A 6 mile walk through woodland and next to the Grand Union Canal near the centre of Watford. Please email viv@alyth.org.uk to book and for the starting location.

Bulb Planting at La Deliverance

Sunday 6 October, 11:15–12:05

Join Mike Freer, our local MP, for the planting of 1500 crocus bulbs on the green by La Deliverance, between Charter Way and Regents Park Road, Finchley in memory of the 1.5 million children's lives lost in the Holocaust. Rabbi Josh and Alyth members will help to plant from 11:15-12:05. Please contact saskia@alyth.org.uk to let us know that you are coming.

Erev Simchat Torah

Sunday 20 October, 18:30

A service bringing the very best of our Friday nights to Simchat Torah. Join Rabbis Josh and Hannah for a short, joyful ma'ariv service for all the family, before we dance all together. We will begin our hakkafor (dancing with scrolls) by teaching the whole community a new dance.

Simchat Torah Morning

Monday 21 October

Simchat Torah Breakfast

From 09:15

Begin the day with breakfast and newspapers to celebrate the end of the High Holy Days.

Simchat Torah Morning Service

10:15 - please note the early start time.

We wish a hearty Mazal Tov to those we honour this Simchat Torah: our Chatan Torah, Robert Weiner, and our Chatanim and Kallot B'reishit, the volunteers of the Alyth Senior Club.

And in parallel, 'Sweet as Honey'

10:30 - 11:30ish



A celebration of all things bees and honey, including special guest Ave Vieira and his fuzzy buzzy friends. We will be learning about the life and importance of bees, and the threat to their future and ours, and tasting honeys at our honey bar. Go home with an eco wild-flower seed bomb to plant at home and encourage the bees that we all rely on. A special morning in honour of the sweetness of Torah (*and, yes, we do know that the honey of Ancient Israel was date honey but this is a lot more fun!).

The community will come together for the Hakkafor.

Then after the Hakkafor

A choice of services...

- 1) For Young Families: Simchat Torah Den. Led by Rabbi Hannah and Chloe Kimmel.
- 2) For Older Families: An upbeat, fun, musical service to celebrate the reading of Torah. Led by Mike Mendoza.



Learn with us

Weekly Learning

Judaism: The Essentials

Tuesdays, 20:00-21:45

'Essentials' is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. Taught by Rabbi Hannah, Rabbi Josh and Jon Epstein. Email hannah@alyth.org.uk or josh@alyth.org.uk for more information.

15 Sukkot and Simchat Torah

From 22 October, join us for our unit on Jewish texts which will run until December:

22 Foundations 1: What's in the bible?

29 Foundations 2: Authorship and authority

No class on 5 November

Hebrew reading from Scratch

Tuesdays 15, 22, 29 October, 19:00-20:00

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

Pardes

Thursdays, 13:00-14:15

The imagery of a garden has often been used in Jewish tradition to describe our textual tradition. Join Rabbi Colin as we explore the garden together. Each week will start with a different text from within our rich library. Thereafter, who knows where the journey will take us?

Shabbat Shiurim

Shabbat Shuvah Monthly Midrash in the Morning: The Story of... Moses

Saturday 5 October, 09:15-10:15

Join Rabbi Hannah for this monthly session studying the midrashic back story of biblical characters over coffee and Danish. This month: Moses - what can he teach us from his death-bed?

Anat Hoffman: The state of the State of Israel

Saturday 12 October, 09:15-10:15

Anat, Executive Director of the Israel Religious Action Center, reflects on the current state of social justice, race relations and religious pluralism in the State of Israel, and how they are affected by the current political situation.

Also this month

Cultivating a Heart of Forgiveness with Rabbi Dr. James Jacobson-Maisels

Monday 7 October, 20:00-21:30

Through a text study of Kabbalistic texts, sharing, discussion and meditation practice, we will utilise the wisdom of our tradition to explore the nature of forgiveness and discover ways to help the heart open in forgiveness to both others and ourselves.

Alyth Film Club: Leon the Pig Farmer (1993)

Tuesday 15 October, 19:30-22:00

Strictly-kosher north Londoner Leon suffers an identity crisis when he discovers he is not the Jewish son of a curtain net king, but rather the offspring (via artificial insemination) of a Yorkshire pig farmer. He goes to meet that family who want to help him feel at home and try and behave a bit more like his Jewish family. Amorous (and other) complications ensue in this comedy.

***Buen viaje* to all the Alyth members participating on our Spain trip from Thursday 24—Tuesday 29 October.**



Be with us

Weekly Activities

Senior Club

Mondays, 14:00-15:30

Weekly activity and tea for senior members.

7 Judy Karbritz "I remember it well"

28 Anne Luder "Food/medicines in the garden"

Alyth Choral Society

Tuesdays 15, 22, 29 October, 20:00-22:00

Exploring new repertoire while continuing to develop strengths in cantata and oratorio.

www.alythchoralsociety.org.

Soup, News, Views & Schmooze

Wednesday 16 October, 12:45-15:00

Discuss topical issues and stories over a bowl of soup. Contact lynette@alyth.org.uk.

Mellow Yoga for All Ages

Thursdays, 11:00-12:00

Contact Maxine Levy maxinelevy@mac.com.

Thursday Bridge@Alyth

Thursdays, 14:00-16:30

Please contact Sheila or Michael on 020 8455 9878 for more information.

Synagogue Choir Rehearsal

Saturday 19 October, 9:15-10:15

Our regular rehearsals for the Synagogue Choir. We are always happy to welcome new singers to make our services joyful. *Whilst Katie is on maternity leave, please contact the office if you need to speak with someone about our music programme or choirs.*

Monthly Activities

Sunday Bridge@Alyth

Sunday 6 October, 19:00-22:00

Contact Clive on 020 8361 5711.

Alyth Cycling Community

Sunday 13 October, 08:30-13:00

We meet at Alyth at 08:15 and leave at 08:30.

For registration and more information please email laurancemendoza@aol.com.

JOY - Joining Old and Young

Monday 7 October, 12:45-13:45

JOY brings some of our Kindergarten and older members together for intergenerational activities. Please join us.

Jewish Mindfulness Meditation

Saturday 19 October, 9:15-10:15

See the JMM throughout the 10 Days and Chol HaMoed Sukkot boxes for more information.

Also this Month

Israeli Dance Class

Sunday 6 October, 10:30-11:30

Do you love dancing during the hakkaftot on Simchat Torah, but always feel you're doing a mayim when you should be doing a Yemenite step? Join Rabbi Hannah to learn the moves we will be dancing together during Simchat Torah.

Outing: Stitch and Knit at Alexandra Palace

Thursday 10 October, 10:00

A community visit to "Stitch and Knit" at Alexandra Palace. Purchase ticket online or on the door and meet in the Fountain Café Palm Court when the doors open at 10:00. Please email viv@alyth.org.uk to let her know that you will be joining the outing.



Jewish Mindfulness Meditation



In October - Wednesday 2 & Thursday 3, 20:00-21:00;
Friday 4, 17:15-18:15; Monday 7, 20:00-21:30

The Alyth Meditation Room offers a space for contemplation every day through the 10 Days. Led by expert facilitators and rabbis drawing from the Jewish meditative tradition. You are welcome to attend every session, or to simply drop in when you wish, and no pre-booking is necessary.

Cultivating a Heart of Forgiveness with Rabbi Dr. James Jacobson-Maisels

Monday 7 October, 20:00-21:30

Through a text study of Kabbalistic texts, sharing, discussion and meditation practice, we will utilise the wisdom of our tradition to explore the nature of forgiveness and discover ways to help the heart open in forgiveness to both others and ourselves.

Rabbi Dr. James Jacobson-Maisels has taught Jewish thought, mysticism, spiritual practices and meditation at the Pardes Institute of Jewish Studies, Haifa University and Yeshivat Hadar and in a variety of settings around the world. He strives to integrate his study and practice and to help teach and live Judaism as a spiritual discipline.

Act with us

Monday Club

Mondays 7, 14, 21, 28 October, 19:00-21:30

We are pleased to announce the return of the Monday Club, our weekly club for people with learning difficulties.

Please go the website to see what volunteering opportunities are available and how you can be involved.

Monthly Drop-in for Recent Refugees

Sunday 27 October, 14:00-16:00

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment. (With the support of the Pears Foundation).

Save the date - New Members Breakfast

Saturday 2 November

If you have joined Alyth over the past year you are invited to a special breakfast at 9:15, before the morning services. After breakfast, there will be a choice of services to attend, including:

- Kollot (10:30). Our informal, participatory minyan. This week the service will be in the Beit Tefillah.
- Stripped-back Shacharit (10:30). A more formal Shacharit.
- Sensory Shabbat (11:00). A Shabbat experience designed to stimulate your babies' senses in the first years of their life.
- A Family Service (11:00). A youth movement style service for all ages.



Youth & Education Hub

Please contact Sam Heller (sam@alyth.org.uk) for information about the provision for our younger members.

Fridays

Ruach Erev Shabbat

Fridays 4, 11, 18 October, 16:15-19:30

Our Friday afternoon B'nei Mitzvah programme.

Sundays

Sunday Morning Galim

Sundays 6 & 13 October, 10:00-12:30

Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.

Academy of Performing Arts at Alyth

Sunday 6 October, 18:00-20:00

Academy is our long standing drama provision on Sunday evenings for School Year 8 and older. Please note the new timings for 2019-2020.

Mondays

Alyth Toddler Group

Mondays 7 & 28 October, 10:00-11:30

Toys, singing and refreshments for the children; coffee and chats for carers! £3 per child, £1 for a sibling. With Chloe and Rabbi Hannah. Contact chloe@alyth.org.uk.

Thursdays

Kef Zone

Thursdays 3, 17, 31 October, 16:00-17:00

Our weekly club for Primary School children—includes 10 Day Zone on 3 October and Sukkot Zone on 17 October.

A.C.E

Thursdays 3, 17, 31 October, 17:00-18:15

Join Chloe who has a Foundation Diploma in art to learn new skills such as sewing, textiles and batique.

ACT (Alyth Children's Theatre)

Thursdays 3, 17, 31 October, 17:00-18:15

ACT is our children's theatre group.

Year 7 Hebrew

Thursdays 3, 17, 31 October, 18:15-19:15

For all those who want to continue their Hebrew practice in the run up to their Bar or Bat Mitzvah.

Year 10 Hadracha

Thursdays 3, 17, 31 October 18:15-19:15

Our creative, fun and intensive leadership course for Year 10. Contact mike@alyth.org.uk.

Also this month

Pop Up AYS

Thursday 3, 17, 31 October, 17:30-18:15

In place of a weekly choir, in 2019-2020 we will be running 'Pop Up AYS' – short bursts of rehearsals in preparation for a series of concerts. These will include our regular singing commitments on Mitzvah Day, Holocaust Memorial Day, Yom HaShoah and an Erev Shabbat Service.

You can join us for one, some or all of the pop-ups during the year. The first concert we have booked is on Mitzvah Day on the morning of Sunday 17 November. There will also be a rehearsal on 14 November.

If you are applying for admission to a Jewish primary or secondary school and have not had your form signed at one of our previous "School Signing Sessions", please contact Saskia on 020 8457 8784 so that she can try to arrange an appointment with one of our rabbis.

Contact us

Rabbinic Team

Rabbi Josh josh@alyth.org.uk
020 8457 8799

Rabbi Colin colin@alyth.org.uk
020 8455 6763

Rabbi Hannah hannah@alyth.org.uk
020 8457 8790

Community Director

Adam Martin adam@alyth.org.uk
020 8457 8789

Head of Programming

Sam Heller sam@alyth.org.uk
020 8457 8796

Head of Community Care & Life Cycle

Lynette Sunderland lynette@alyth.org.uk
020 8457 8793

Head of Music & Arts

Katie Hainbach katie@alyth.org.uk
(on maternity leave) 020 8457 8797

Youth & Education: Lead Educator

Mike Mendoza mike@alyth.org.uk
020 8457 8782

Youth & Education: Early Years Educator

Chloe Kimmel chloe@alyth.org.uk
020 8457 8781

Youth & Education: Educator

Sophie Peterman sophie@alyth.org.uk
020 8457 8791

Fundraising & Development Co-ordinator

Sarah Langsford sarah@alyth.org.uk
020 8457 8787

Financial Controller

Lelia Rainhartz lelia@alyth.org.uk
020 8457 8788

Community Administrator

Saskia Kimmel saskia@alyth.org.uk
020 8457 8784

Kindergarten: Head

Tor Alter tor@alyth.org.uk
020 8457 8792

Kindergarten: Administrator

Mita Khara kgadmin@alyth.org.uk
020 8457 8792

Chair

Russell Baum chair@alyth.org.uk

President

Jon Epstein president@alyth.org.uk

North Western Reform Synagogue

Alyth Gardens, London, NW11 7EN

T 020 8455 6763

F 020 8731 8175

E office@alyth.org.uk

Out of hours emergency care line

07726 631 808

Copy date: 10th of every month.

Please email comms@alyth.org.uk

www.alyth.org.uk

