



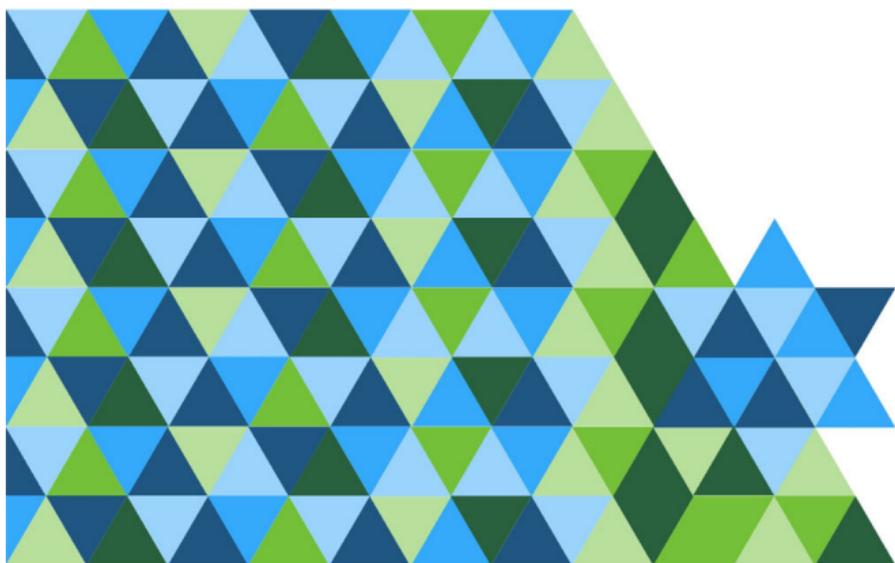
To pray. To learn. To live. Together.

EVERYTHING THAT IS  
HAPPENING OVER THIS YEAR'S  
HIGH HOLY DAYS

5780 - 2019

תש"פ

Please bring this booklet and your  
ticket with you on the High Holy Days



# Welcome to the High Holy Days at Alyth

The Rabbis, Staff and Council welcome you to our High Holy Days booklet for 5780.

Inside you will find an outline of the services, learning opportunities and activities taking place over the *Yamim Noraim* - Days of Awe.

Please take some time to look over this year's programme. On our website you will find more details of other activities in September and October, as well as downloadable summaries of what is available for different ages and interests.

If you would like to know anything more please, contact us at [office@alyth.org.uk](mailto:office@alyth.org.uk) or 020 8457 8784.

We wish you *Shanah Tovah* and all the best for the year ahead.

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# Our Team for High Holy Days 5780

The programme of activities that we offer over the High Holy Days is unparalleled anywhere in Europe, and is made possible because of the efforts of our Rabbis, our wider staff team, our volunteers and lay leaders.

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Our High Holy Day services and study are led by our rabbinic team, **Rabbi Josh Levy**, **Rabbi Hannah Kingston** and **Rabbi Colin Eimer** together with **Student Rabbi Nicola Feuchtwang**. We are also delighted to welcome three guest rabbis who will be with us:

**Rabbi Professor Tony Bayfield CBE, DD (Cantuar)**, Professor of Jewish Theology and Thought at Leo Baeck College; **Rabbi Laura Janner-Klausner**, Senior Rabbi to Reform Judaism; and **Rabbi Dr Deborah Kahn-Harris**, Principal of the Leo Baeck College.

We will also be joined by a number of guest teachers over the period. Please see inside for details.

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The music in our marquee service is one of the most important aspects of our High Holy Days provision. This year, during Katie Hainbach's maternity leave, our wonderful volunteer choir is led by **Juliane Gallant**, supported by our Director of Music Emerita, **Viv Bellos**. Our accompanists in the marquee will be the hugely talented **Jordan Clarke** and **Natalie Burch**.

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Along with our Rabbis and dedicated *madrichim*, our offerings for families and young people will be led by members of our Youth and Education Hub, **Mike Mendoza**, **Chloe Kimmel**, and **Sophie Peterman**, along with **Tor Alter**, Alyth Kindergarten's Head Teacher.

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Logistic and care support through the period are provided by our excellent team of professionals, including Community Director **Adam Martin**, Head of Programming **Sam Heller**, and Director of Community Care and Life Cycle **Lynette Sunderland**.

We are also incredibly grateful during this period for the efforts of our facilities team, **Don West**, **Marco Ferreira** and **Dee Payne**.

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Everything that we do at Alyth is built on the commitment and dedication of our volunteers and lay leaders who give their time and energy to ensure that the community runs smoothly. The High Holy Days are no exception, with well over 200 people assisting at this time.

We are hugely grateful to all those who contribute to the management, vision and direction of the synagogue; those who provide lay support to our services; our volunteer choir who lead us in prayer; our lay readers and those who lead Kollot; the stewards and security co-ordinators and volunteers; our care volunteers; those who lead our meditation activities; those who provide the flowers; those who clean the silver; those who set up the webcams and support the sound desk; and all those who provide a warm welcome to everyone attending our services and activities.

## Important Information

### **Visitor tickets**

If members of your family or friends would like to join us for the Alyth High Holy Days, we will be delighted to welcome them. Visitor tickets can be purchased from the Alyth office by contacting [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk) or on **020 8457 8784**.

### **Machzor**

On *Rosh Hashanah*, we will be using a draft of the new Reform Judaism *Machzor*, which will be provided at services.

On *Kol Nidre* and *Yom Kippur* we will use the current Days of Awe *Machzor*. All those attending services should bring their own copy as none are provided. Copies are available to purchase from the Alyth office.

### **Transport Help**

If you need help with transport to and from the services, contact Lynette Sunderland on **020 8457 8793** by **Thursday 5 September 2019**.

### **Service Locations**

All services for *Erev Rosh Hashanah*, Second Day *Rosh Hashanah*, *Sukkot* and *Simchat Torah* take place at Alyth. All services on *Kol Nidre* take place at the Sternberg Centre. At all other times, there will be services taking place at both the Sternberg Centre and at Alyth, so please check the location of the activity that you wish to attend.

### **High Holy Days webcam - joining in at home**

Please feel welcome to participate in our services via our webcam. Go to [www.alyth.org.uk](http://www.alyth.org.uk) and click on the link.

### **Shuttle Bus between Alyth and the Sternberg Centre**

On first day *Rosh Hashanah* (30 September) and *Yom Kippur* (9 October) we will be running our free minibus shuttle, using the Alyth minibus. The minibus will make repeated roundtrip journeys so the longest you will have to wait should be no more than 20 minutes.

**Children in Years 5 or above who wish to take the shuttle from Alyth to the Sternberg Centre after activities have finished on *Rosh Hashanah* morning and *Yom Kippur* must register in advance. To register for this supervised shuttle, please go to [www.alyth.org.uk/hhd](http://www.alyth.org.uk/hhd).**

At all other times, children under 13 years of age must be accompanied by an adult to use the shuttle.

### **PA Systems**

This year our PA systems at Alyth and the Sternberg Centre will again be provided and managed by Audiospark ([www.audiospark.co.uk](http://www.audiospark.co.uk)).

## PREPARING FOR THE HIGH HOLY DAYS

Our full programme of activities through September can be found in our monthly newsletter 'Around Alyth' and the Weekly 'MyAlyth' email. Many of our regular activities, including our Pardes and Essentials classes will include content reflecting the time of the year, as will many activities for younger members (such as our Sensory Shabbat, Toddler Group and Kef Zones).

In addition, we are delighted to offer a number of special opportunities to prepare for the High Holy Days which are unique to the month of Elul at Alyth. These include:

### **STARTING ELUL: THE NEW YEAR FOR ANIMALS DOG WALK Sunday 1 September, 10:30–11:30**

According to the Mishnah, 1 Elul is the New Year for animals. Join Mike Mendoza at the corner of Wildwood Road and Hampstead Way for a walk on the Heath Extension, including a prayer recognising the role of animals in our lives and a run on the Heath for our furry friends. No dogs needed. Wet weather plan – bring an umbrella!

### **YOUNG ADULTS PRE-HHD LUNCH Sunday 15 September, 13:00-15:00**

An opportunity for young adults in our community to eat and learn, together with Rabbi Hannah and Sam Heller, in advance of the High Holy Days. Meet people you will be praying, reflecting and learning with over the coming weeks and help to welcome newer members into our Alyth family.

### **ISRAELI DANCE CLASSES**

#### **Sundays 22 September & 6 October, 10:30–11:30**

Do you love dancing during the *hakafot* on *Simchat Torah*, but always feel you're doing a *mayim* when you should be doing a Yemenite step? Join Rabbi Hannah to learn the moves we will be dancing together during *Simchat Torah*.

## THIS YEAR'S BIG ISSUES

### **IS BRITAIN BECOMING A MORE INTOLERANT SOCIETY (AND IF SO, WHAT CAN WE DO ABOUT IT?)**

#### **Tuesday 17 September, 20:00**

Join Keith Kahn-Harris and Omar Khan as they explore the apparent growth of racism and intolerance in the UK and how we can respond.

Sociologist Dr Keith Kahn-Harris is the author of 'Denial: The Unspeakable Truth' and 'Strange Hate: Antisemitism, Racism and the Limits of Diversity'. Dr Omar Khan is Director of the Runnymede Trust, the UK's leading race equality think tank. Hosted by Rabbi Josh. Please let us know you are coming by emailing [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk).

## ELUL HALF HOURS

**“The question is a great religious act”  
Rabbi Shmuel Sperber (1904-1984)  
Fridays through Elul at 17:45,  
Saturdays at 09:45**



The return of our unique programme of *Cheshbon HaNefesh* (“accounting for the soul”) in advance of the High Holy Days. Join us for these brief times of reflection, study and contemplation before each of Alyth’s Shabbat services during Elul. You are welcome to attend every session, or to simply drop in when you wish, and no pre-booking is necessary. We only ask that when you come, you try to join at the start of the session.

In this year’s Elul Half Hours, eight different teachers will each take a question asked in the Bible as a starting point for reflection on our own lives.

**Friday 6 September** Rabbi Josh Levy  
“Is it a time for you to dwell in your panelled houses, while this House is lying in ruins?” Haggai 1:4

**Saturday 7 September** Rabbi Colin Eimer  
“What is your name?” Genesis 32:28

**Friday 13 September** Rabbi Dr Deborah Kahn-Harris  
“But will God really dwell on earth?” I Kings 8:27

**Saturday 14 September** Rabbi Hannah Kingston  
“Are you right to be angry?” Jonah 4:4

**Friday 20 September** Rabbi Laura Janner Klausner  
“Am I my brother’s keeper” Genesis 4:9

**Saturday 21 September** Lynette Sunderland  
“When they ask me, “What is God’s name?” what shall I say to them?” Exodus 3:13

**Friday 27 September** Student Rabbi Nicola Feuchtwang  
“How shall we return?” Malachi 3:7

**Saturday 28 September** Rabbi Daniel Lichman  
“Where are you?” Genesis 3:9



**SELICHOT**  
**Saturday 21 September**  
**At the Synagogue, Alyth Gardens**

**NEW FOR 5780**

**TEEN SELICHOT**

**Saturday 21 September, 19:30-22:00**

A secret cinema style Selichot event, to help you prepare for the High Holy Days.

We will start the evening with an immersive screening of the 2004 comedy "Mean Girls" to see what the students of Northshore High can teach us about staying true to ourselves in the year ahead.

Following light refreshments, we will gather at the 'Spring Fling Dance' to reflect, sing and find our peace as we prepare for the new year.

With Rabbi Hannah and Sophie Peterman.

**SELICHOT CHORAL SERVICE, WITH FILM**

**Saturday 21 September, 21:00-00:10**

*Selichot* is a beautiful way to bring yourself towards the High Holy Days and to enhance their spiritual impact. We come together on a Saturday evening to hear for the first time the sounds of the High Holy Days and the poems that search our souls.

We will start the evening with Eli Cohen's 1991 film "The Quarrel". Montreal 1948, Rosh Hashanah. Chaim, a Yiddish writer, is reluctantly drawn into making up a minyan. Later, in a park, he sees an old friend from pre-war yeshivah days in Lithuania. Hersh, now a rabbi, survived Auschwitz with his faith strengthened; Chaim escaped the Nazis, but had lost his faith long before. The two argue about their Judaism, their survival – and their quarrel.

After light refreshments, we will begin our reflective choral service with Rabbi Colin, Student Rabbi Nicola, Viv Bellos and the Alyth Choir at 23:10.

You are welcome to join just for the film or to come in time for refreshments and the Selichot service.

# EREV ROSH HASHANAH FIRST DAY

Sunday 29 September

At the Synagogue, Alyth Gardens

As it is Sunday evening, we are starting our services slightly earlier than normal to allow members to come to shul before dinner.

If you would be happy to host an Alyth member for Erev *Rosh Hashanah* dinner, please contact Lynette at [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

**We will be using the draft *Erev Rosh Hashanah Machzor*, which will be provided at the services.**

**17:15-17:45 SING WITH US**

**(Beit Tefillah)**

The opportunity to sing together with Rabbis Josh and Hannah in preparation for the beginning of the New Year.

**18:00 EREV ROSH HASHANAH SERVICE**

**(Beit Tefillah)**

Join Rabbis Josh and Hannah for a service bringing the very best of our Friday nights to the start of the *Yamim Noraim*. This music-filled beginning to the year, with guitar accompaniment, will include both High Holy Days and familiar melodies.

The *D'var Torah* will be given by **Rabbi Hannah**.

# ROSH HASHANAH FIRST DAY AT THE STERNBERG CENTRE

Monday 30 September

**10:00 CRÈCHE**

**(Ground Floor - Shofar Day Care Centre)**

We offer a crèche for the youngest children led by staff members from Alyth's Kindergarten. In order to provide the correct number of carers in the crèche, places can only be offered to children whose parents have pre-booked their place through [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk).

**All services will use the draft of our new *Rosh Hashanah Machzor*. Copies will be available at the service, and there is no need to bring your own *Machzor* on this day.**

**10:15 CHORAL SERVICE**

**(Marquee)**

Our choral service with the beautiful sound of the Alyth choir. Led by our Rabbis.

**10:30 KOLLOT**

**(Akiva School Hall)**

Our service which takes place in the round, largely in Hebrew, and encourages lay participation and communal singing. Includes an area for children so that parents can enjoy the opportunity to pray. Kollot will continue for a full service including *Musaf*, led by Justin Wise and our Rabbis.

**SERMON**

The sermon, which will be given by **Rabbi Colin**, will be given in both the Choral and Kollot services.

## ROSH HASHANAH MORNING BREAKOUT

**11:15-12:15 THIS YEAR'S BIG ISSUES: RADICAL CHANGE?  
WILL AI RESHAPE OUR LIVES?**

**(Akiva Classroom 3)**

With Brexit and political manoeuvring dominating the news, fundamental shifts in the way we work, communicate and even think are being overlooked. Begin 5780 with a look at one of the most important questions of our age – how will Artificial Intelligence reshape our society and our lives?

Join Rabbi Laura Janner-Klausner, Senior Rabbi to Reform Judaism, and Professor Neil Lawrence, The Deep Mind Professor of Machine Learning at the University of Cambridge, as they discuss ethical and religious perspectives on new technology.

## ROSH HASHANAH FIRST DAY FOR FAMILIES AND CHILDREN

AT ALYTH: (age 0 to School Year 6)

Under 4s (accompanied by an adult)

**10:45 - 12:00 LITTLE BANG**

**(Youth Hall)**

Join Tor, our Kindergarten's Head Teacher and Chloe, our Early Years Educator, for a musical *Rosh Hashanah* service. There will be songs and crafts to keep all of our youngest Alyth members and their families engaged and excited about the New Year.

For Families (and other Big Bang lovers)

**10:30 - 12:00 BIG BANG**

**(Beit Tefillah)**

Now in its 10th year, the Big Bang is Alyth's world famous, participative, musical *Tefillah* (prayer) experience for all the family. Led by Rabbi Hannah and our team of musicians. Join them for this service with percussion, guitar and violin.

School Years 4 - 6

**10:45 - 11:45 A WHOLE NEW WORLD**

**(Kindergarten)**

As our world completes another orbit around the Sun, 5779 comes to a close. What's been happening down on Earth in that time? Come on a magic carpet ride to reflect on the past year and set your goals and dreams for 5780.

All the family

**12:00 ROSH HASHANAH KIDDUSH**

**(Leo Baeck Hall)**

Join us for a special Kiddush of apples and honey. Time to relax with one another before going on for lunch, or to the services at the Sternberg Centre.

## **AT THE STERNBERG CENTRE: (Years 7-13)**

**10:30 - 13:00 LOITER WITH PURPOSE**

**(Akiva School Foyer)**

*Supercalafragalistic-LOITER-alapurpose*

Looking for some down time during the *Rosh Hashanah* services? For many, the High Holy Days are a great time to come together with Alyth friends, to catch up, share stories and reflect on the year gone by. Led by a member of the Youth & Education Hub, come to the "hang-out" space where there will be fun and chilled activities. All ages are welcome.

### School Years 7 & 8

**10:40 - 11:40 HOW FAR I'LL GO**

**(Akiva Classroom 1)**

With a new year on the horizon what challenges are we facing? This year we've been tackling single use plastic. What more can we do to protect our world next year? Join Sophie and be a part of Alyth's conversation around what we can do to be more environmentally friendly.

### School Years 9 & 10

**10:40 - 11:40 CIRCLE OF LIFE**

**(Akiva Classroom 2)**

Everything the light touches is our kingdom. A person's time rises and falls like the sun. One day, the sun will set on our time here, and will rise with you as the new leaders of the community. "Everything you see exists together in a delicate balance." What role have you played this year to step into your leadership potential with Alyth? Join Mike as we explore the journey after Bar/Bat Mitzvah and ask, 'how can we prepare for this period of reflection?'

### School Years 11-13

**12:15 - 13:00 GO THE DISTANCE**

**(Akiva Classroom 2)**

"How am I supposed to prove myself a hero if nobody will give me a chance?" Join Mike as we explore the opportunities we have to switch on our potential and awaken our inner heroes as leaders of the community - "For a true hero isn't measured by the size of his strength, but by the strength of his heart."

## **ROSH HASHANAH AFTERNOON**

**Monday 30 September**

**16:30 - 17:15 TEDDY BEAR'S TASHLICH**

If you go down to the Brook today, you better remember your bread; If you go down to the Brook today, we'll help you clear your head; For every bear that ever there was, join Rabbi Hannah and Chloe because...

Today's the day the Teddy Bears have their *Tashlich!*

Join Rabbi Hannah and Chloe at the Dollis Brook at the bottom of Windsor Road, Finchley N3 for our annual *tashlich* service. Tashlich is for the whole Alyth community, as well as younger children.

**Please go to [www.alyth.org.uk/tashlich](http://www.alyth.org.uk/tashlich) to download a guide to running your own *Tashlich* service.**

## EREV ROSH HASHANAH SECOND DAY

Monday 30 September at Alyth

### 18:30 EREV ROSH HASHANAH SECOND DAY SERVICE (Beit Tefillah)

A gentle service to bring in the second day of *Rosh Hashanah*. Led by Rabbi Josh.

## ROSH HASHANAH SECOND DAY

Tuesday 1 October at Alyth

We join together back at Alyth for prayer, Torah and *shofar*. We will be offering four options, reflecting the diverse needs and preferences of our community.

Whichever service you are attending, there is no need to bring your own *Machzor* as copies of either the draft *Machzor* or our special service booklets will be available for everyone.

*Please again note the slightly earlier start time than for Shabbat services.*

### 10:15 CHORAL SERVICE (Beit Tefillah)

Find your space in our choral service with the beautiful sound of the Alyth choir. Led by Rabbi Hannah, Rabbi Laura Janner-Klausner and Student Rabbi Nicola Feuchtwang. The sermon will be given by **Rabbi Laura Janner-Klausner**.

### 10:15 BAND SERVICE (Leo Baeck Hall)

A special musical service for all generations, led by Rabbi Josh and the band - musicians from the Alyth community who come together to lead *Erev Shabbat* and special Festival Services.

### 11:00 ROSH HASHANAH DEN (Youth Hall)

Babies, toddlers and young children are naturally interested in music. This year we make our way round the 'stops on the clock' with Rabbi Hannah and Chloe in our immersive service where your little one can dance, sing and pray their way through *Rosh Hashanah*.

### 11:00 BREAKING FREE (Kindergarten)

School years 3-6

Come and celebrate with us as we soar and fly into the New Year with arts, crafts, music and more!

## THE TEN DAYS OF *TESHUVAH*

Please see 'Around Alyth' and 'MyAlyth' for details of our regular programming during the Ten Days. This will include special Essentials and Pardes classes, the Ten Days zones and details of our annual Jewish Mindfulness Meditation which runs through the Ten Days.

### SHABBAT SHUVAH

#### SHABBAT SHUVAH: EREV SHABBAT SERVICE

**Friday 4 October, 18:30-19:30**

#### MONTHLY MIDRASH IN THE MORNING:

##### THE STORY OF... MOSES

**Saturday 5 October, 9:15-10:15**

Join Rabbi Hannah for this monthly session studying the midrashic back story of biblical characters over coffee and Danish. This month: Moses - what can he teach us from his death-bed?

#### SHABBAT SHUVAH SERVICE

**Saturday 5 September, 10:30 - 12:15**

Our *Shabbat Shuvah* Service continues the period of repentance. The sermon will be given by **Rabbi Dr Deborah Kahn-Harris**.

#### SENSORY FOR SHABBAT SHUVAH

**Saturday 5 October, 11:00 - 12:00**

A special version of our *Shabbat* experience designed to stimulate your babies' senses in the first years of their life. Join Rabbi Hannah in this service where you and your baby can touch, see, smell, hear and taste your way through the service to create precious *Shabbat* memories and experiences that will last a lifetime. Suitable for babies from birth to 2 years old (be mindful that this is a quiet sensory experience).

#### REMEMBRANCE SERVICE AT CHESHUNT

**Sunday 6 October, 11:00**

One of the customs that has survived the centuries is that of visiting the cemetery between the beginning of the month of *Elul* and *Yom Kippur*. We know that sometimes it's difficult to find the right words and thoughts on such occasions and so we invite you to join Lynette, Head of Community Care and Life Cycle, for a Remembrance Service at Cheshunt Cemetery. There will also be time to visit graves.

*Please contact Lynette on 020 8457 8793 no later than Monday 23 September if you require transport.*

# KOL NIDRE AT THE STERNBERG CENTRE

**Tuesday 8 October**

The fast of *Yom Kippur* commences at 18:08

For those who may need to eat or drink, food and water will be available in the Art Stables.

**Please remember that you need to bring your own copy of the *Machzor* for *Yom Kippur*.**

## **19:00 CHORAL KOL NIDRE (Marquee)**

Begin *Yom Kippur* with the grandeur of *Kol Nidre* in our marquee. The service includes a cello rendition of *Kol Nidre*, which this year will take place towards the beginning of the service.

## **SERMON**

The sermon, will be given by **Rabbi Professor Tony Bayfield CBE, DD (Cantuar)**, following the publication of his new book “Being Jewish Today, Confronting the Real Issues”, about which you can find more on the Alyth website.

Please note that this sermon will only be given in the Marquee. It will be recorded and will be available to view on the Alyth website after *Yom Kippur*.

## **19:00 KOLLOT NIDRE (Akiva School Hall)**

Our service which takes place in the round, largely in Hebrew, and which encourages lay participation and communal singing, and which begins with the singing of *Kol Nidre* together. Led by Justin Wise and our Rabbis.

Our Kollot service this year will include a short *chevruta* study led by Rabbi Dr Deborah Kahn Harris.

## **KOL NIDRE BREAKOUT**

### **19:30 - 20:30 WHAT WOULD IT FEEL LIKE TO TAKE GOD OUT OF YOM KIPPUR?**

#### **(Akiva Classroom 3)**

Join Rabbi Laura Janner-Klausner to explore what it would feel like to take God out of *Yom Kippur*.

A safe space to discuss belief, doubt and commitment and the journey that we can make on *Yom Kippur*.

**19:30 - 20:30 YOU'VE GOT A FRIEND IN ME  
(Akiva Classroom 1)**

***For School Years 3-6***

'You've got troubles, well I've got 'em too, we stick together and we see it through'... How have you used the opportunity for repentance these past ten days? What is it like to apologise to someone? How can we apologise to people? Come together with Sophie, friends and community as we prepare ourselves for *Yom Kippur*.

**19:30 - 20:30 TEEN NIDRE: BARE NECESSITIES  
(Akiva Classroom 2)**

***For teens***

"Look for the bare necessities, the simple bare necessities, forget about your worries and your strife. I mean the bare necessities, Old Mother Nature's recipes, that brings the bare necessities of life..." Join Mike as we sift through the fuzziness of life's experiences and simplify how we can make the most of this period of contemplation and atonement.

**YOM KIPPUR MORNING  
AT THE STERNBERG CENTRE**

**Wednesday 9 October**

**10:00 - 13:30 CRÈCHE  
(Ground Floor - Shofar Day Care Centre)**

See page 7 for details.

**SHACHARIT**

**10:15 CHORAL SERVICE  
(Marquee)**

Find your space in our choral service with the beautiful sound of the Alyth choir led by our Rabbis.

**10:15 KOLLOT  
(Akiva School Hall)**

Our service which takes place in the round, largely in Hebrew, and which encourages lay participation and communal singing. Led by Justin Wise and our Rabbis.

**SERMON**

The sermon, which will be given by **Rabbi Josh**, will be given in both the Choral and Kollot services.

**YOM KIPPUR MORNING  
FOR FAMILIES AND CHILDREN  
AT ALYTH (age 0 to School Year 6)**

Under 3s (accompanied by an adult)

**10:00 - 10:45 SENSORY ON YOM KIPPUR  
(Youth Hall)**

A special version of our *Shabbat* experience designed to stimulate your babies' senses in the first years of their life. Join Rabbi Hannah and Chloe in this service where you and your baby can touch, see, smell, hear and taste your way through the service to create precious *Yom Kippur* memories and experiences that will last a lifetime.

Toddlers (accompanied by an adult)

**11:30 - 12:30 YOM KIPPUR DEN  
(Youth Hall)**

Work your way round the *Yom Kippur* clock with Chloe in our 'Den' style service. This service is for pre-schoolers and their families, filled with stories, songs and activities.

Families

**11:15 - 12:45 ATIDEINU FAMILY SERVICE  
(Beit Tefillah)**

A musical service for families on *Yom Kippur* led by Rabbi Hannah. The service will include familiar songs, prayers and stories.

School Years 4 - 6

**10:45 - 11:45 LET IT GO  
(Leo Baeck Hall)**

"My soul is spiralling in frozen fractals all around. And one thought crystallizes like an icy blast, I'm never going back, the past is in the past.." A year has passed, and *Yom Kippur* offers us the chance to move forward positively into the year ahead. First you need to be able to let it go! Join our Youth & Education Team to enjoy a variety of open activities of reflection.

## AT THE STERNBERG CENTRE (School Years 7-13)

**10:30 - 16:30 LOITER WITH PURPOSE**

**(Akiva School Foyer)**

*Supercalafragalistic-LOITER-alapurpose*

Trying your best with the fast and looking for some down time during *Yom Kippur*? For many, these days are a time to come together with Alyth friends and catch up, to share stories and reflect on the year gone by. Come to the Alyth “hang-out” space where there will be fun and chilled activities. All ages are welcome.

School Years 7 & 8

**10:30 - 11:30 A COVER IS NOT A BOOK**

**(Akiva Classroom 1)**

Have you ever made assumptions about someone? Has anyone ever surprised you with their thoughts and behaviour? Has anyone ever asked you “what’s really going on?” Join Mike as we explore our personal stories, behind the immediate front that people see. With each *Yom Kippur*, are you able to find and reveal yourself just a little bit more?

School Years 9 & 10

**10:30 - 11:30 DIG A LITTLE DEEPER**

**(Akiva Classroom 2)**

‘Dig down deep inside yourself, you’ll find out what you need’... What does repentance really mean? How do we actually repent? Does repentance actually matter? Come and explore with Sophie what it’s really all about.

School Years 11 - 13

**12:15 - 13:00 THE GOSPEL TRUTH**

**(Akiva Classroom 1)**

What does it mean to be partners in creation? Some suggest that when the Eternal rested on the 7th day, creation didn’t cease but became a shared mission between humanity and יהוה. How do we continue this great work? Join Mike to contemplate the power of partnerships: within ourselves, between people and with God.

## YOM KIPPUR AFTERNOON MUSAF AVODAH, MARTYROLOGY & MINCHAH

We are pleased once again to offer “tracks” through *Yom Kippur* afternoon: ‘Classical’, ‘Tefillah and Spirituality’, and ‘Study’. You are welcome to follow one track through the afternoon, or to go to individual sessions that appeal to you.

We also run a *Mincha* service for families on *Yom Kippur* afternoon, and a service at Alyth for those who need the opportunity to pray somewhere with easier access.

### AT A GLANCE

For descriptions of each session, see over

#### Options during Musaf Avodah

- |             |  |
|-------------|--|
| 13:30-14:45 | Musaf Avodah Service<br><i>in the Marquee</i>                  |
| 13:30-14:30 | Imrei Finu Avodah<br><i>in the Akiva School Hall</i>           |
| 13:30-14:30 | Taking Stock 1 - How do we Read?<br><i>in the Akiva Moadon</i> |

#### Options during Musaf Martyrology

- |             |   |
|-------------|---|
| 14:45-16:00 | Martyrology<br><i>in the Marquee</i>                          |
| 14:45-15:45 | Service for Wellbeing<br><i>in the Akiva School Hall</i>      |
| 14:45-15:45 | Taking Stock 2 - How do we Act?<br><i>in the Akiva Moadon</i> |

#### Options during Minchah

- |             |   |
|-------------|---|
| 16:00-17:30 | Minchah Service<br><i>in the Marquee</i>                        |
| 16:00-17:15 | Minchah Meditation<br><i>in Akiva Classroom 3</i>               |
| 16:00-17:15 | Taking Stock 3 - Who are we?<br><i>in the Akiva School Hall</i> |
| 16:15-17:15 | Family Minchah Service<br><i>in Akiva Classroom 3</i>           |
| 16:30-18:00 | Ease of Access Minchah & Yizkor Service<br><i>AT ALYTH</i>      |

## SESSION DESCRIPTIONS BY TRACK

### Classical Track

#### **13:30 MUSAF: AVODAH SERVICE**

##### **(Marquee)**

The dramatic service in which we remember the Temple service for *Yom Kippur*. Led by Rabbi Laura Janner-Klausner and Lynette Sunderland.

#### **14:45 MUSAF: MARTYROLOGY SERVICE**

##### **(Marquee)**

Remembering our Jewish martyrs in a contemplative service with Rabbi Colin and Viv Bellos.

#### **16:00 MINCHAH SERVICE**

##### **(Marquee)**

Our afternoon service in which we hear *Torah* and the Book of Jonah. Led by Rabbi Josh.

#### **16:30 - 18:00 EASE OF ACCESS MINCHAH, YIZKOR AND NEILAH SERVICE**

##### **(at Alyth)**

A special service for those who find accessing the Sternberg Centre on *Yom Kippur* afternoon particularly difficult, but would like to join members of the community in prayer. Join Lynette and Student Rabbi Nicola Feuchtwang at Alyth for a shortened service which will include *Minchah*, *Yizkor* and *Neilah* prayers. For further information or for transport please contact Lynette on 020 8457 8793 or at [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk) no later than 2 October.

### Tefillah and Spirituality Track

#### **13:30 - 14:30 IMREI FINU AVODAH**

##### **(Akiva School Hall)**

Led by Rabbi Josh, Imrei Finu is a guitar-led service with singing to new and familiar melodies, readings and plenty of silence. In this special service, we echo the path taken by the High Priest during the *Avodah* service in our own song and reflection.

#### **14:45 - 15:45 SERVICE FOR WELLBEING**

##### **(Akiva School Hall)**

At this point in the afternoon we traditionally read of the Martyrs of Judaism, who sacrificed themselves for their traditions. Their stories still often ring true for us today, as we may sometimes feel the need to sacrifice ourselves for those around us. Come together with Rabbi Hannah and Lynette to sing, pray and reflect on our own wellbeing. We take time to think of the things that feel burdensome in our lives, and ask ourselves what are we martyrs for?

## **16:00 - 17:15 MINCHAH MEDITATION**

### **(Akiva Classroom 3)**

Allow stillness to infuse your inner *Yom Kippur* journey through Jewish Mindfulness Meditation. Jonah the prophet journeyed down from Jaffa, to the ship, to the whale then back up into the world in the Haftarah that we read at *Minchah*. Mika Borthwick will guide you down into yourself and back to the possibilities of the coming year in this relaxing and restful hour of mediation.

### **Study Track**

#### **Taking stock - three big questions for modern Judaism.**

Over *Yom Kippur* afternoon we will look at three aspects of Jewish life and study – Text, Law and Peoplehood.

We will ask where we are today as Progressive Jews in these three key elements of our Jewish lives. How has our relationship with these changed – in theory and in practice?

## **13:30 - 14:30 HOW DO WE READ?**

### **OUR RELATIONSHIP WITH TEXT TODAY.**

#### **(Akiva Moadon)**

What does it mean to read the text as a twenty-first century Progressive Jew? What new approaches do we have, what new questions do we ask? Explore these questions with Rabbi Dr Deborah Kahn Harris, Principal of the Leo Baeck College, where she also teaches Bible. Deborah's PhD, in Biblical Studies, was entitled 'A Hammer for Shattering Rock: Employing Classical Rabbinic Hermeneutics to Fashion Contemporary Feminist Commentary on the Bible'. Using examples from Bible and Rabbinic Literature, she will explore the nature of our relationship with text.

## **14:45 - 15:45 HOW DO WE ACT?**

### **WHAT IS THE ROLE OF JEWISH LAW IN OUR LIVES?**

#### **(Akiva Moadon)**

Part of our Jewish library is a highly developed and detailed legal corpus, defining everything from how we get dressed to how we pray; what we eat to the ethics of our behaviour.

For previous generations, this corpus was understood to be authoritative, but what authority does it have for us today? And if it does not define our practice, what does it do?

As well as being Rabbi at Alyth, Rabbi Josh asks these questions with new generations of rabbis as a Lecturer in Rabbinic Literature at Leo Baeck College. Together we will look at the theory and practice of Progressive Halachah.

**16:00 - 17:15 WHO ARE WE?**

**THE MEANING OF PEOPLEHOOD TODAY**

**(Akiva School Hall)**

Join Rabbi Laura Janner Klausner as she explores the meaning of Jewish peoplehood in the 21st century. What does *Klal Yisrael* mean today? How do we understand our relationship with other Jews from across the religious spectrum? What part do – and should – Israel and Shoah play in our identities? Rabbi Laura is Senior Rabbi to Reform Judaism.

## **YOM KIPPUR AFTERNOON FOR FAMILIES AND CHILDREN**

**16:00 - 20:00 CRÈCHE**

**(Ground Floor - Shofar Day Care Centre)**

See page 7 for details.

**16:15 - 17:15 FAMILY MINCHAH SERVICE**

**(Akiva Classroom 1)**

**When You Wish Upon A Star**

Let your conscience be your guide as we sing our way through the afternoon service. Join Rabbi Hannah and Mike as we explore who's really pulling the strings in our lives. Honesty is the best policy, especially on this particular day of contemplation. Families are invited to journey the familiar story of the whale... with a twist.

## **YIZKOR**

**17:30 APPROX YIZKOR SERVICE**

**(Marquee)**

Our memorial service to remember loved ones who are no longer with us. Led by Rabbis Josh, Hannah and Colin.

Please note that there will be no admission during the *Yizkor* service once it has begun. The service will begin with the singing of Psalm 23 on page 624, and end with the mourners' *Kaddish*. We ask that you please remain in the marquee until *Kaddish* has been recited.

*For all young people*

**17:30 - 18:15 Colours of the Wind**

**(Akiva Classroom 2)**

Can you weave with all the colours of the wind? Life is like a kaleidoscope with lots of different colours coming in and out. What colours have formed your life this past year? What colours do you hope you will see in 5780? Come and join Sophie and Chloe for some time of contemplation and reflection through the medium of loom-making.

## NEILAH

### **18:15 APPROX NEILAH SERVICE (Marquee)**

Our concluding service for *Yom Kippur*. Including the final sermon of *Yom Kippur*, given by **Rabbi Hannah**.

*For all young people*

### **18:15 HAKUNA MATATA (Akiva Classroom 2)**

It's a motto... We've reached the concluding moments of the day. We'd love to believe that it means no worries for the rest of your days. That it's our problem-free philosophy BUT we cannot walk away from *Yom Kippur* with empty promises. Join Rabbi Hannah and the Youth & Education Hub as we make final preparations for what's ahead and seal the gates on our commitments to grow and challenge ourselves in the year to come.

### **19:10 HAVDALAH AND THE END OF THE FAST**

We will be making *Havdalah*, the concluding ceremony for *Yom Kippur*, in front of the marquee. Led by our young people.

Food to break the fast is available outside the Art Stables.

**If you are happy to invite an Alyth member to break the fast with you and your family, please contact Lynette at [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).**

## SUKKOT AND SIMCHAT TORAH IN BRIEF

These are the key dates and times for Sukkot and Simchat Torah 5780. For more information, please see October's Around Alyth and our weekly MyAlyth emails.

### SUKKOT

#### **Sukkah Building Cocktails and Canapés [for adults]**

Saturday 12 October, 19:00-20:30

#### **Sukkah Decorating Morning [for all the family]**

Sunday 13 October, 10:00-12:30

#### **Erev Sukkot - Sunday 13 October**

Erev Sukkot Service, 18:30

#### **Sukkot Morning - Monday 14 October**

Shiur, 09:15

Choral Service, 10:15-12:30

Family Service, 10:45-12:30

Sensory Service, 11:00-12:00

#### **Erev Shabbat Chol HaMoed - Friday 18 October**

Sukkot Baby Den, 10:30-11:00 Sukkot Den, 16:15-16:45

Erev Chol HaMoed Sukkot Service, 18:30

Sukkot Sleepout for School Years 4-8

#### **Shabbat Chol HaMoed - Saturday 19 October**

*JMM for Sleepout, 09:15-10:15*

*Shabbat shiur for Sleepout 09:15-10:15*

Shabbat Morning Service, 10:30-12:15

The BIG BANG 10th Anniversary  
service and celebration, 11:00-12:30

### SIMCHAT TORAH

#### **Erev Simchat Torah - Sunday 20 October**

Service, 18:30

#### **Simchat Torah - Monday 21 October**

Service, 10:15-12:30

Family Service and Activities, 10:30-12:30

**We wish a hearty *Mazal Tov* to those we honour this  
Simchat Torah:**

our *Chatan Torah*, Robert Weiner,  
and our *Chatanim* and *Kallot B'reishit*,  
the volunteers of the Alyth Senior Club.

**Please contact us if Alyth  
can help you in any way**

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