



## Intergenerational Kindergarten Literacy Day

**Thursday 7 February, 10:30–11:30**

An intergenerational Literacy morning to promote language development and an appreciation of books in our young children. We are inviting older members of the community to come and read to the children. There will also be other intergenerational activities promoting language for our children and older members to interact with one another.

Contact [kgadmin@alyth.org.uk](mailto:kgadmin@alyth.org.uk) to attend.

## Feb Fun for Young Ones

**Monday 18 - Friday 22 February, 9:00-12:30**

Join Chloe and the team for Alyth's very first half term camp for children aged 2-5 years old. Feb Fun is a perfect way to spend the school holiday. The scheme has a safe and homely environment while giving us the flexibility to use our space in exciting and innovative ways.

To register or if you have any questions please contact [chloe@alyth.org.uk](mailto:chloe@alyth.org.uk).

## Alyth & Golders Green Parish Church Winter Night Shelter Tuesday Evenings/Wednesday Mornings (26 February - 30 April)

Last year Homeless Action in Barnet referred over 60 people to the Shelter and over 2000 bed nights were provided by over 450 volunteer shifts at 14 different venues. This year we will be providing shelter and a home cooked meal for a group of homeless people on Tuesday nights/Wednesday mornings from 26 February to 30 April 2018. If you would like to volunteer to host, sleep over, cook or help deliver the bedding any week, please contact [nightshelter@alyth.org.uk](mailto:nightshelter@alyth.org.uk).

## DATES FOR YOUR DIARY

Please see the additional sheet for future dates, including Shabbat BaBayit, New Members' Lunch, Purim, Sensory Shabbat in the Beit Tefillah, Spring Days, Pesach, Awesome April, Yom Hashoah, Yom HaAtzmaut, our annual Iftar, a Dementia play, and a Refugee Drop-in Concert.

Plus...

### Shabbat EU (Friday 1 March 18:30-21:30)

A celebration of the patchwork of cultures that make up our community, both in this generation and in previous ones. The service will include prayer in different languages and stories of members' journeys to Alyth. Please email [hannah@alyth.org.uk](mailto:hannah@alyth.org.uk) if you would like to be involved in the evening. We are especially keen to hear from anyone who came to London from Europe. Look out for more information in the weekly email.



To pray. To learn.  
To live. Together

*Staff contact details can be found on the back page*



# Pray with us

## **Erev Shabbat Service** (*Fridays 1, 8, 15, 22 February, 18:30-19:30*)

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning.

## **Shabbat Morning Services**

*Our regular Shabbat morning service is a contemporary Reform service led by one of our Rabbis, normally accompanied by the volunteer choir, with a combination of reading, chanting, song and reflection.*

*On most Shabbatot, there is also a parallel service that meets the diverse prayer needs of our community. From time to time these parallel services take place in the Beit Tefillah.*

### **Saturday 2 February**

#### **Shabbat Service, 10:30-12:15**

Led by Rabbi Josh with the Alyth choir. A special extra-musical service with piano and guitar, including life cycle celebrations and a D'var Torah in place of the sermon.

#### **Sensory Shabbat, 11:00-12:00**

A Shabbat experience designed to stimulate your babies' senses in the first years of their life. See "Services for Young Families".

### **Saturday 9 February**

#### **Shabbat Service, 10:30-12:15**

Led by Rabbi Hannah with the choir. Includes the Bat Mitzvah of **Evie Kramer**.

#### **Kollot I, 10:30-12:15**

Our informal, participatory minyan. Includes an area for children with supervision so that parents can enjoy the opportunity to pray. Led by Rabbi Josh and Justin Wise.

### **Saturday 16 February**

#### **Shabbat Service, 10:30-12:15**

Led by Rabbi Josh with the choir. Includes the second Bar Mitzvah of **Henry Cohn**. The sermon will be given by Rabbi Mark.

#### **Big Bang, 11:00-12:00**

Alyth's famous musical Shabbat experience. This month, led by Katie Hainbach and the Big Bang musicians.

### **Saturday 23 February**

#### **Kollot II in the Beit Tefillah, 10:30-12:15**

The second Kollot of each month is a special musical service with a guitar. Includes an area for children with supervision so that parents can enjoy the opportunity to pray. This month, the service will be in the Beit Tefillah. Led by Rabbi Hannah and Justin Wise, with Rabbi Mark and Rabbi Colin joining for the Torah service.

#### **The Kollot Breakout, approx 11:30 -12:15**

Our younger members in the Kollot service are invited to go with Rabbi Hannah for an immersive Torah experience.

#### **Kavanah Shacharit, 10:30-11:15**

A parallel way to enter the Shabbat morning service using a selection from our prayers, poetry and silence. Joining the Torah service in the Beit Tefillah. Led by Rabbi Mark.

## **We regret to announce the death of:**

Lilly Allen, mother of Daniel and Eve Allen.

Phyllis Caro, mother of Valerie Jaffe, Michael Caro and Peter Caro.

Harvey Cohen, husband of Ruth Cohen, father of David and Jonathan Cohen brother of Paul Marber.

Carol Howard, wife of Jeffrey Howard, sister of Kathryn Salomon and of Richard Mitzman.

Michael Kessel, father of Anthony Kessel, Karen Kessel-Glassman and Jo Kessel.

Uschi (Ursula) Leigh, wife of Harold Leigh and mother of Ian and Adam Leigh.

Ronnie Lubner, father of Gary Lubner, Jo-Anne Zimmerman and Derek Lubner.

Amos Oz, the brother of our member David Janner-Klausner.

Jewel Rose, mother of Jackie Ellert and Helen Rose Walsh.

## Weekday Services

### Sunday Shacharit

*Sundays, 9:00-10:00*

Our lay-led minyan with bagel breakfast.

## Weekday Evening Services

Contact [office@alyth.org.uk](mailto:office@alyth.org.uk) if you would like evening prayers for the purpose of saying Kaddish.

## Services for Young Families

### Baby Den

*Fridays 1, 8, 15, 22 February, 10:30-11:30*

Wake up with Shoshi on a Friday morning to sing songs, be with friends and bop to a Shabbat beat. Our musical Baby Den, with Rabbi Hannah and Chloe, our Early Years Educator, is designed to help your little one develop creativity, co-ordination and concentration. And above all else it's FUN!

### Sensory Shabbat

*Saturday 2 February, 11:00-12:00*

Our Shabbat experience designed to stimulate your babies' senses in the first years of their life. Join Chloe in this service where you and your baby can touch, see, smell, hear and taste your way through the service to create precious Shabbat memories and experiences that will last a lifetime. Suitable for babies from birth to 2 years. Be mindful that this is a quiet experience.

### Shabbat Den

*Fridays 1, 8, 15 February, 16:15-16:45*

For pre-schoolers and their families with Rabbi Hannah and Chloe. Join us for songs, stories and to meet new friends at Alyth's Shabbat Den.

### Young Families Seudah

*Saturday 9 February, 15:00-16:30*

Join astronauts Rabbi Hannah and Chloe as we blast off to the moon! To celebrate the third manned moon landing, make your own jet pack and orbit out of space with your Seudah friends. We will be investigating moon rocks, designing our own planets, baking asteroid cakes and creating delicious rocket fruit skewers, before enjoying a tasty Shabbat Tea!

## Learn with us

### Weekly Learning

#### Judaism - The Essentials: History

*Wednesdays, 20:00-21:45*

'Essentials' is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. Taught by Rabbi Josh, Rabbi Hannah and Jon Epstein.

Email [josh@alyth.org.uk](mailto:josh@alyth.org.uk) for more information.

**6** Anglo Jewish history with Jon Epstein

**13** Living at this moment in Jewish history:  
Issues and institutions

#### Ritual & Prayer

**27** Prayer 1: What's it for, the building blocks of the liturgy

#### Hebrew reading from Scratch

*Wednesdays 6, 13, 27 February, 19:00-20:00*

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based, Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

#### Talmud Class

*Thursdays, 13:00-14:15*

Our stimulating and friendly class which is open to all levels of Jewish knowledge. Taught through February by Rabbi Colin. Contact [office@alyth.org.uk](mailto:office@alyth.org.uk).

Mazel Tov to Katie Hainbach and Tom Morss on their forthcoming wedding.



## Shabbat Shiurim

### Monthly Midrash on a *Shabbat* Morning: The Story of... Rachav

*Saturday 9 February, 9:15-10:15*

Join Rabbi Hannah for this special session on Shabbat morning to study the midrashic back story of biblical characters. This month we will look at the harlot who saved the Israelites.

### He'll be coming down the mountain when he comes...

*Saturday 23 February, 9:15-10:15*

He'll be coming down the mountain when he comes... but will he like what he finds? What does our tradition – ancient and modern – have to say about the Golden Calf? Explore this episode in our Torah reading with Rabbi Colin.

## Also this month

### Alyth's Film Club: *The Truce* (1997)

*Tuesday 12 February, 19:30-22:00*

This drama, starring John Turturro, is based on Primo Levi's account of his 1000-mile trek back home to Italy after liberation at Auschwitz, in January 1945. On his long journey, he faces great odds but also rediscovers the joys of life and the values that the war threatened to destroy forever: friendship, love, music, laughter - and hope. A very powerful film, something of a forgotten 'classic.' (Includes English Subtitles).

### Jews don't do art – or do they?

*Tuesday 26 February, 20:00-22:00*

One of the first things the early Zionists did was to establish a school of art in Jerusalem (1906) naming it 'Bezalel.' He was the man appointed by Moses to oversee the construction of the Tabernacle in the desert, about which we read in the Torah last Shabbat. Is a 'Jewish Art School' a contradiction in terms, violating the tradition which argues that it was against the Torah for Jews to 'do' art? Is there any substance at all to that tradition? Explore these questions with Rabbi Colin, looking at many examples, ancient and modern.

## Act with us

### Monthly Drop-in for Recent Refugees

*Sunday 24 February, 14:00-16:00*

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment.

(With the support of the Pears Foundation).

### Monday Club

*Mondays, 19:30-21:30*

Our weekly club for people with learning difficulties.

Dennis Sher, who has run the club for nearly 50 years, is looking to hand over the organisation of the club to someone new. Please email [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk) if you would like to find out more about what is involved.

We are looking for some volunteers to join the Monthly Drop-in for Recent Refugees team. We are in specific need of somebody to help register the guests as they arrive. We are also looking for a volunteer to give advice and support to the refugees regarding a range of issues including looking up local services and opportunities online. Please email [refugeedropin@alyth.org.uk](mailto:refugeedropin@alyth.org.uk) to find out more about these opportunities or to volunteer in another area.

# Be with us

## Weekly Activities

### Senior Club

*Mondays, 14:00-15:30*

Weekly activity and tea for senior members.

- 4 Discussion with Helen
- 11 Eddie Summers "Early British Vocalists"
- 18 Discussion with Rabbi Hannah
- 25 "Fab Boys"

### Alyth Choral Society

*Tuesdays, 20:00-22:00*

Exploring new repertoire while continuing to develop strengths in cantata and oratorio.

[www.alythchoralsociety.org](http://www.alythchoralsociety.org).

### Soup, News, Views & Schmooze

*Wednesdays 6 & 20 February, 12:45-15:00*

Discuss topical issues and stories over a bowl of soup. Contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Mellow Yoga for All Ages

*Thursdays, 11:00-12:00*

Contact Maxine Levy [maxinelevy@mac.com](mailto:maxinelevy@mac.com).

### Thursday Bridge@Alyth

*Thursdays 10, 17, 24, 31 February, 14:00-16:30*

Please contact Sheila or Michael on 020 8455 9878 for more information.

### Synagogue Choir Rehearsal

*Saturdays 2 & 16 February, 9:15-10:15*

Our regular rehearsals for the Synagogue Choir. If you would like to join us, we are delighted to welcome new singers who are interested in learning about the liturgy and music of our services. Contact [katie@alyth.org.uk](mailto:katie@alyth.org.uk).

## Monthly Activities

### Sunday Bridge@Alyth

*Sunday 3 February, 19:00-22:00*

Contact Clive on 020 8361 5711.

### Alyth Cycling Community

*Sunday 10 February, 08:30-13:00*

We meet at Alyth at 08:15 and leave at 08:30.

For registration and more information please email [laurancemendoza@aol.com](mailto:laurancemendoza@aol.com).

### Singing for Pleasure

*Sunday 10 February, 15:00-17:00*

Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. Contact [viv@alyth.org.uk](mailto:viv@alyth.org.uk).

### Shabbat B'Yachad (Shabbat Together)

*Friday 15 February, 18:30-21:30*

Join us for a Shabbat dinner with fantastic food and company. No charge but donations are always welcome. For catering and transportation please contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Jewish Mindfulness Meditation

*Saturday 16 February, 9:15-10:15*

Join Maxine Levy for a stress free, restful hour of contemplation, movement and learning to set you up for the day or for the Shabbat service. Together we will experience an hour of menuchah, Shabbat rest.

### JOY - Joining Old and Young

*Monday 25 February, 12:45-13:45*

JOY brings some of our Kindergarten and older members together for intergenerational activities. Please join us.

We wish all those going on the Ramble to Israel from 27 February to 6 March, *nesiah tova*.

Talk with Us: Visions for the future

*Monday 11 February, 20:00*

For those who could not make the community conversation on Tuesday 29 January, this is another opportunity for us to think about our future plans. What might be the next focus areas in our communal life? What will some of the programmatic priorities be in the next few years? Please let us know if you will be attending by emailing [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk) or by phone on 020 8457 8784.

# Youth & Education Hub

Please contact Sam Heller ([sam@alyth.org.uk](mailto:sam@alyth.org.uk)) for information about the provision for our younger members.

## **Ruach Erev Shabbat**

*Fridays 1, 8, 15 February, 16:15-19:30*

Our Friday afternoon B'nei Mitzvah programme.

## **Sunday Morning Galim**

*Sundays 3 & 10 February, 10:00-12:30*

Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.

## **Sunday Arts Evening and Academy of Performing Arts at Alyth**

### **Workshops**

*Sundays 3 & 10 February, 17:00-18:00*

We are excited to announce that we are running workshops preceding Academy. These workshops are SING, DANCE and CREATE. The workshops can be done in addition to Academy but both events can also be done separately.

### **Academy of Performing Arts at Alyth**

*Sundays 3 & 10 February, 18:00-21:00*

Academy is our long standing drama provision on Sunday evenings. We are looking forward to working towards another fab showstopper! Come and join Ellen and the gang to put your musical skills into motion!

### **Alyth Toddler Group**

*Mondays 4, 11, 25 February, 10:00-11:30*

Toys, singing and refreshments for the children; coffee and chats for carers! £3 per child, £1 for a sibling. With Chloe and Rabbi Hannah.

Contact [chloe@alyth.org.uk](mailto:chloe@alyth.org.uk).

### **Kef Zone**

*Thursdays 7, 14, 21 February, 16:00-17:00*

Our weekly club for Primary School children.

## **Hebrew Club**

*Thursdays 7, 14, 21 February, 17:00-18:15*

A new Hebrew Club for Ivrit speakers in Reception to School Year 3. Learn and practise speaking Hebrew through games, arts and crafts, drama and so much more. Please contact [sam@alyth.org.uk](mailto:sam@alyth.org.uk) for more information. This club is £50 per term and includes all resources.

## **A.C.E**

*Thursdays 7, 14, 21 February, 17:00-18:00*

Join Chloe who has a Foundation Diploma in art to learn new skills such as sewing, textiles and batique.

## **ACT (Alyth Children's Theatre)**

*Thursdays 7, 14, 21 February, 17:00-18:30*

ACT is our children's theatre group.

## **Year 7 Hebrew**

*Thursdays 7, 14, 21 February, 18:15-19:15*

For all those who want to continue their Hebrew practice in the run up to their Bar or Bat Mitzvah.

## **Year 9 Hadracha**

*Thursdays 7 & 14 February, 18:30-20:00*

Our creative, fun and intensive leadership course for Year 9. Contact [mike@alyth.org.uk](mailto:mike@alyth.org.uk).

## **Advanced Hadracha**

*Thursday 28 February, 18:30-20:00*

This series of sessions aims to deepen your knowledge & skill set as madrichim, in order to have those more challenging conversations surrounding Judaism. We will hear from a variety of professional educators and work together to broaden our views on life and everything in it... For more information & session details, please contact [mike@alyth.org.uk](mailto:mike@alyth.org.uk).

## **Ruach Parents Sessions**

*Friday 8 February, 17:15-18:15*

To correspond with the 'Avodah' term at Ruach, these sessions, taught by our rabbis, will look at aspects of prayer. These sessions are specifically for parents whose children attend the Ruach programme.

**8 Feb** 'Core Prayers in our service' with Rabbi Hannah.

There will also be sessions on 8 and 22 March.

## Special this month

### Alyth Kindergarten Open Morning

*Friday 1 February*

An opportunity to hear about, and have a tour of the Kindergarten with our Head of Kindergarten, Tor Alter and Deputy Head, Lara Thomas. Please email [kgadmin@alyth.org.uk](mailto:kgadmin@alyth.org.uk) if you wish to attend.

### Year 8 Chavurah Supper

*Friday 1 February, 18:30-21:30*

Join us for the Kabbalat Shabbat service at 18:30 which will be followed by a "pot luck" dinner, where everyone provides a nut free, vegetarian or fish main course or a dessert, and we all sit down together and enjoy dinner. This is for all families in year 8. Siblings and grandparents are of course welcome! This is a great opportunity to catch up with old friends and meet new ones and continue your Alyth journey in the most meaningful way - with friends and family.

### Alyth's Secret Cinema (Years 5 & 6)

*Saturday 2 February, 17:00-21:00*

The Alyth Secret Cinema transforms the synagogue space into an interactive, fun and magical cinematic environment! The film is secret, the event is themed, and fun is had by all. Dinner included. Contact [chloe@alyth.org.uk](mailto:chloe@alyth.org.uk).

### Feb Fun for Young Ones

*Monday 18 - Friday 22 February, 9:00-12:30*

Join Chloe and the team for Alyth's very first half term camp for children aged 2-5 years old. Feb Fun is a perfect way to spend the school holiday. The scheme has a safe and homely environment while giving us the flexibility to use our space in exciting and innovative ways. If you have any questions please contact [chloe@alyth.org.uk](mailto:chloe@alyth.org.uk).

## Purim at Alyth

Wednesday 20 and Thursday 21 March

### Persian Nights

Wednesday 20 March

19:00 Join us around our table for a special Persian Banquet with a cooking demonstration, live music and belly dancer.

For food quantities please sign up with [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk)

21:00 Late night Megillah reading or optional Belly Dancing session.

### Persian Days

Thursday 21 March

10:30 Purim Baby Den

16:00 Purim Zones

17:00 Purim ACE

18:00 Supper and Kids Megillah reading

# Contact us

## Rabbinic Team

Rabbi Josh [josh@alyth.org.uk](mailto:josh@alyth.org.uk)

*Rabbinic Partner* 020 8457 8799

Rabbi Colin [colin@alyth.org.uk](mailto:colin@alyth.org.uk)

020 8455 6763

Rabbi Mark [mark@alyth.org.uk](mailto:mark@alyth.org.uk)

*Rabbinic Partner*  
*(on sabbatical until 12 Feb)* 020 8457 8791

Rabbi Hannah [hannah@alyth.org.uk](mailto:hannah@alyth.org.uk)

020 8457 8790

## Community Director

Adam Martin [adam@alyth.org.uk](mailto:adam@alyth.org.uk)

020 8457 8789

## Head of Programming

Sam Heller [sam@alyth.org.uk](mailto:sam@alyth.org.uk)

020 8457 8796

## Head of Community Care & Life Cycle

Lynette Sunderland [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk)

020 8457 8793

## Head of Music & Arts

Katie Hainbach [katie@alyth.org.uk](mailto:katie@alyth.org.uk)

020 8457 8797

## Youth & Education: Lead Educator

Mike Mendoza [mike@alyth.org.uk](mailto:mike@alyth.org.uk)

020 8457 8782

## Youth & Education: Early Years Educator

Chloe Kimmel [chloe@alyth.org.uk](mailto:chloe@alyth.org.uk)

020 8457 8781

## Financial Controller

Lelia Rainhartz [lelia@alyth.org.uk](mailto:lelia@alyth.org.uk)

020 8457 8788

## Fundraising & Development Co-ordinator

Sarah Langsford [sarah@alyth.org.uk](mailto:sarah@alyth.org.uk)

020 8457 8787

## Community Administrator

Saskia Kimmel [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk)

020 8457 8784

## Kindergarten: Head

Tor Alter [tor@alyth.org.uk](mailto:tor@alyth.org.uk)

020 8457 8792

## Kindergarten: Administrator

Mita Khara [kgadmin@alyth.org.uk](mailto:kgadmin@alyth.org.uk)

020 8457 8792

## Chair

Russell Baum [chair@alyth.org.uk](mailto:chair@alyth.org.uk)

## President

Peter Backman [c/o office@alyth.org.uk](mailto:c/o office@alyth.org.uk)

## North Western Reform Synagogue

Alyth Gardens, London, NW11 7EN

T 020 8455 6763

F 020 8731 8175

E [office@alyth.org.uk](mailto:office@alyth.org.uk)

## Out of hours emergency care line

07726 631 808

Copy date: 10th of every month.

Please email [comms@alyth.org.uk](mailto:comms@alyth.org.uk)

[www.alyth.org.uk](http://www.alyth.org.uk)

