

# Around Alyth

January 2019



## Talk with us in January

Begin the New Year by joining in our community conversations about the future:

### **Talk with Us – Tefillah (Tuesday 8 January, 20:00)**

Our regular 'Avodah' open forum on our services. Please let us know in advance if you have anything you would like us to discuss by emailing Peter Backman c/o [mail@alyth.org.uk](mailto:mail@alyth.org.uk) or Rabbi Josh at [josh@alyth.org.uk](mailto:josh@alyth.org.uk).

### **Talk with Us – The Building (Sunday 13 January, 10:15)**

During 2018 we held a number of meetings to finish the sentence 'It would be great if...' about aspects of our new building. If you haven't had a chance to attend one of these sessions, or if there is a dream for the building that you haven't had a chance to share, please join us for this morning to talk about the building plans over coffee.

We are continuing to run walk-round lunches, teas and dinners to share the plans in detail. There will also be a walk-round before the annual Supper Quiz on Sunday 20 January.

To join us, please contact Sarah at [sarah@alyth.org.uk](mailto:sarah@alyth.org.uk).

### **Talk with Us – Leadership and Governance (Tuesday 22 January, 20:00)**

Over the course of the last year, the synagogue has carried out a review of our governance structure, including a decision at the 2018 AGM that Alyth become an incorporated entity.

The revised governance structure will provide clarity of responsibility, accountability of professional and lay leadership, and enable a rich and ongoing community conversation.

New governing documents will be presented to the community in 2019. Come and hear about the goals and our progress so far, and share your views.

### **Talk with Us – Visions for the future (Tuesday 29 January, 20:00)**

The decision of one of our rabbis to move to another community is an opportunity for us to think about our future plans. What might be the next focus areas in our communal life? What will some of the programmatic priorities be in the next few years?

Join us for this special workshop, which will also be repeated in early February.

Please let us know if you will be attending these meetings by contacting Saskia by email at [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk) or by phone on 020 8457 8784.

## Alyth's Annual Supper Quiz

Sunday 20 January, 19:15-22:30

See inside for more details.

To pray. To learn.  
To live. Together

*Staff contact details can be found on the back page*



# Pray with us

## Erev Shabbat Service

*Fridays 4, 11, 18, 25 January, 18:30-19:30*

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning.

## Shabbat Morning Services

*Our regular Shabbat morning service is a contemporary Reform service led by one of our Rabbis, normally accompanied by the volunteer choir, with a combination of reading, chanting, song and reflection. On most Shabbatot, there is also a parallel service that meets the diverse prayer needs of our community. From time to time these parallel services take place in the Beit Tefillah.*

### **Saturday 5 January**

**Shabbat Service, 10:30-12:15**

Led by Rabbi Josh with the choir. Includes the Bat Mitzvah of **Eloise Eisenberg**.

**Healing Service, 10:30-12:15**

A special service led by Lynette Sunderland with Justin Wise including prayer and inspirational texts to help us to come to terms with different challenges.

**Sensory Shabbat, 11:00-12:00**

A Shabbat experience designed to stimulate your babies' senses in the first years of their life. See "Services for Young Families".

### **Saturday 12 January**

**Shabbat Service, 10:30-12:15**

Led by Rabbi Colin with the choir.

**Kollot I, 10:30-12:15**

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes an area for children with supervision so that parents can enjoy the opportunity to pray. Led by Rabbi Josh.

*The sermon in both services will be given by Lynette Sunderland, our Head of Community Care & Life Cycle. See the page towards the back for more information.*

### **Saturday 19 January**

**Shabbat Service, 10:30-12:15**

Led by Rabbi Josh with the choir. Includes the Bar Mitzvah of **Nathan Roberts**.

**Big Bang, 11:00-12:00**

Alyth's famous musical Shabbat experience. This month, led by Rabbi Hannah and the Big Bang musicians.

### **Saturday 26 January**

**Shabbat Service, 10:30-12:15**

Led by Rabbi Hannah with the choir. Includes the Bat Mitzvah of **Kaya Fisher**.

**Kollot II, 10:30-12:15**

The second Kollot of each month is a special musical service with a guitar and including some new melodies to enhance our prayer experience. Includes an area for children with supervision so that parents can enjoy the opportunity to pray. Led by Rabbi Josh.

*The sermon in both services will be given by Alyth member, Laura Marks OBE, Chair of the Holocaust Memorial Day Trust.*

**The Kollot Breakout, approx 11:30 - 12:15**

Our younger members in the Kollot service are invited to go with Chloe Kimmel for an immersive Torah experience.

**Sing  
With Us**

**Saturday 19 January, 9:15-10:15**

Join us as we sing new and familiar melodies, exploring harmonies and preparing our voices for our Shabbat services. With Rabbi Josh and Katie Hainbach.

## Weekday Services

### Sunday Shacharit

*Sundays, 9:00-10:00*

Our lay-led minyan with bagel breakfast.

### Evening Services

Take place before meetings at 19:45. Contact [office@alyth.org.uk](mailto:office@alyth.org.uk) if you would like evening prayers for the purpose of saying Kaddish.

## Talk with us... Tefillah

Tuesday 8 January, 20:00-21:30

Our quarterly open forum in which we discuss Alyth's services. Email [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk) if you plan to attend and [josh@alyth.org.uk](mailto:josh@alyth.org.uk) if you have an agenda item. All are welcome.

## Services for Young Families

### Baby Den

*Fridays 4, 11, 18, 25 January, 10:30-11:30*

Wake up with Shoshi on a Friday morning to sing songs, be with friends and bop to a Shabbat beat. Our musical Baby Den, with Rabbi Hannah and Chloe, our Early Years Educator, is designed to help your little one develop creativity, co-ordination and concentration. And above all else it's FUN!

### Shabbat Den

*Fridays 4, 11, 18, 25 January, 16:15-16:45*

For pre-schoolers and their families with Rabbi Hannah and Chloe. Join us for songs, stories and to meet new friends at Alyth's Shabbat Den.

### Sensory Shabbat

*Saturday 5 January, 11:00-12:00*

Our Shabbat experience designed to stimulate your babies' senses in the first years of their life. Join Chloe in this service where you and your baby can touch, see, smell, hear and taste your way through the service to create precious Shabbat memories and experiences that will last a lifetime.

Suitable for babies from birth to 2 years old. Be mindful that this is a quiet sensory experience.

### Young Families Seudah

*Saturday 26 January, 15:00-16:30*

Join Rabbi Hannah and Chloe for an afternoon of fun, games and food at our Seudah Spectacular!

## Alyth's Weekend Away

27-29 March 2020

### Put the date of the fifth Alyth Weekend Away in your diary!

The weekend is a chance for members of the community of all ages to be together - to pray, to learn, to sing, and to eat together. It will run from Kabbalat Shabbat on Friday evening to just before lunch on Sunday at a new location in Hoddesdon, near Cheshunt.

The 2020 Weekend Away will cost no more than £240 (adults), £60 (children over 5), £40 (children under 5), and there will be a special rate for madrichim. This is less than in 2015 as we have worked hard to find a venue that allows us to keep the price as low as possible.

Alyth believes that each and every member should be able to attend any of our activities. Please contact either Rabbi Josh or Rabbi Hannah in confidence if you already know you would like some help through the Rabbi's Jewish Participation Fund to attend the Weekend Away.

You are also able to sign up now and start paying towards the cost in instalments. Please email [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk) if you would like to do this.

# Learn with us

## Weekly Learning

### Judaism - The Essentials: History

*Wednesdays, 20:00-21:45*

'Essentials' is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. Taught by Rabbi Josh, Rabbi Hannah and Jon Epstein.

Email [josh@alyth.org.uk](mailto:josh@alyth.org.uk) for more information.

**9** Epoch Changing Moments in Jewish history

**16** 18 Figures in Jewish History of whom you should have heard

**23** Tu B'Shvat Seder—see below

**30** The start of Movements and denominations: Historical forces and new challenges

### Hebrew reading from Scratch

*Wednesdays, 19:00-20:00*

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based, Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

### Talmud Class

*Thursdays, 13:00-14:15*

Our stimulating and friendly class which is open to all levels of Jewish knowledge. Taught through January by Rabbi Colin. Contact [office@alyth.org.uk](mailto:office@alyth.org.uk).

## Shabbat Shiurim

### Darkness at Noon

*Saturday 12 January, 9:15-10:15*

Terrifying as not being able to see must be, the plague of darkness is not a darkness of the eyesight, nor is it a permanent blindness. So just what was this plague? What does Jewish teaching have to say about it? Join Rabbi Colin to look at some commentaries on the 9th plague.

### Talmudic Responses to the Problem of Evil

*Saturday 26 January, 9:15-10:15*

Perhaps the greatest of all religious problems is the existence of evil, exemplified by the acts of genocide marked in this weekend's Holocaust Memorial Day. Join Rabbi Josh as we explore different rabbinic ideas of how to deal with evil found in the Babylonian Talmud.

## Also this month

### Alyth's Film Club:

#### The House on Carroll Street (1988)

*Tuesday 15 January, 20:00-22:00*

Fired after refusing to 'name names' to a 1951 House Un-American Activities Committee, Emily Crane takes a job as a reader to an old lady. One day her suspicion is aroused by a noisy argument being conducted in German in a neighbouring house, the more so since one of those involved is her main Senator prosecutor. Starting to look into things, she gradually enlists the help of the FBI officer initially detailed to check her out. Together they uncover a plot to smuggle Nazi war criminals into the country.

A thriller, starring Kelly McGillis, Jeff Daniels, Mandy Patinkin and Jessica Tandy.

### Monthly Midrash in the Morning:

#### The Story of...

#### the Ten Things Created at Twilight

*Sunday 20 January, 10:30-11:00*

Join Rabbi Josh for this monthly session studying the midrashic back story of biblical characters over coffee and Danish. This month we will look at the ten things created at twilight on the first Erev Shabbat, and especially Moses' staff.

### Judaism The Essentials: Tu B'Shvat Seder

*Wednesday 23 January, 20:00-21:45*

All are welcome at the annual Essentials Tu B'Shvat Seder in which we also explore Jewish Environmental Ethics. For catering purposes, let us know you are coming at [hannah@alyth.org.uk](mailto:hannah@alyth.org.uk)

# Be with us

## Weekly Activities

### Senior Club

*Mondays, 14:00-15:30*

Weekly activity and tea for senior members.

**7** "Yiddish Jazz project" Alan Dein

**14** The Fab Boys

**21** "Music Quiz" Frank Crocker

**28** Roy Blass entertains

### Alyth Choral Society

*Tuesdays, 20:00-22:00*

Exploring new repertoire while continuing to develop strengths in cantata and oratorio.

[www.alythchoralsociety.org](http://www.alythchoralsociety.org).

### Soup, News, Views & Schmooze

*Wednesdays 9 & 23 January, 12:45-15:00*

Discuss topical issues and stories over a bowl of soup. Contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Mellow Yoga for All Ages

*Thursdays, 11:00-12:00*

Contact Maxine Levy [maxinelevy@mac.com](mailto:maxinelevy@mac.com).

### Thursday Bridge@Alyth

*Thursdays 10, 17, 24, 31 January, 14:00-16:30*

Please contact Sheila or Michael on 020 8455 9878 for more information.

### Synagogue Choir Rehearsal

*Saturday 5 January, 9:15-10:15*

Our regular rehearsals for the Synagogue Choir. If you would like to join us, we are delighted to welcome new singers who are interested in learning about the liturgy and music of our services. Contact [katie@alyth.org.uk](mailto:katie@alyth.org.uk).

## Monthly Activities

### Sunday Bridge@Alyth

*Sunday 6 January, 19:00-22:00*

Contact Clive on 020 8361 5711.

### Alyth Cycling Community

*Sunday 13 January, 08:30-13:00*

We meet at Alyth at 08:15 and leave at 08:30.

For registration and more information please email [laurancemendoza@aol.com](mailto:laurancemendoza@aol.com).

### Jewish Mindfulness Meditation

*Saturday 19 January, 9:15-10:15*

Join Maxine Levy for a stress free, restful hour of contemplation, movement and learning to set you up for the day or for the Shabbat service. Together we will experience an hour of menuchah, Shabbat rest.

### Shabbat B'Yachad (Shabbat Together)

*Friday 25 January, 18:30-21:30*

Join us for a Shabbat dinner with fantastic food and company. No charge but donations are always welcome. For catering and transportation please contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Singing for Pleasure

*Sunday 27 January, 15:00-17:00*

Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. Contact [viv@alyth.org.uk](mailto:viv@alyth.org.uk).

### JOY - Joining Old and Young

*Monday 28 January, 12:45-13:45*

JOY brings some of our Kindergarten and Senior Club members together for intergenerational activities.

## Talk With Us

Begin the New Year by joining in our community conversations about the future:

- Tefillah (Tuesday 8 January, 20:00)
- The Building (Sunday 13 January, 10:15)
- Leadership and Governance (Tuesday 22 January, 20:00)
- Visions for the future (Tuesday 29 January, 20:00)

## Build With Us

Starting in January, we will be holding special 'Build With Us' walk-rounds for specific groups in the community. Join Rabbi Josh and a member of the lay team on:

- Sunday 13 January (Academy parents)
- Thursday 24 January (ACT parents)
- Friday 1 February (Ruach parents)

## Also this month

### **Alyth's Annual Supper Quiz**

*Sunday 20 January, 19:15-22:30*

Celebrate Tu'Bshvat with us at our Annual Alyth Supper Quiz. £26 per person (includes supper). Tables of 10 - make up your own table or we can allocate you to a table. For more information and to buy tickets call Saskia on 020 8457 8784 or email [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk).

You can also buy raffle tickets with fantastic prizes including a Ted Baker Luxury gift; West End Show Tickets; Personal Trainer Sessions; £30 Manicure; and many more. Raffle tickets are available from Alyth Reception or with Saskia on 020 8457 8784 or [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk) and cost £2 per ticket, £10.00 per book of 5, or £20.00 for 3 books.

### **Outing: The Jewish Museum**

#### **- Roman Vishniac Rediscovered**

*Thursday 24 January, 11:00-13:00*

Roman Vishniac travelled around Eastern Europe producing a photographic record, often clandestinely, of Jewish life on the eve of the Shoah. He produced some of the familiar, iconic images of the life that would soon cease to exist. Join Rabbi Colin at the Jewish Museum where one of the curators will guide us around 'Roman Vishniac Rediscovered.' After the tour we have booked a room where, over coffee and biscuits, we can discuss what we have seen.

Meet at 11:00 at the Jewish Museum, 129-131 Albert Street, NW1 7NB.

Cost: £12 (includes entry to the permanent exhibition). Please book your place with Saskia on 020 8457 8784 or email [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk). There is a maximum of 25 places.

### **Borough of Barnet Holocaust Memorial Day Commemoration**

*Sunday 27 January, 12:45-14:15*

Join us in this commemorative service to remember the victims of genocide at the Ricketts Quadrangle of the Middlesex University, The Boroughs, Hendon, NW44BT. The ceremony will include music provided by a number of choirs and bands including the Alyth Youth Singers.

## Act with us

### **Monday Club**

*Mondays January, 19:30-21:30*

Our weekly club for people with learning difficulties. We are always looking for new volunteers for the Monday Club. Please contact Dennis Sher via the Synagogue Office to volunteer.

### **Monthly Drop-in for Recent Refugees**

*Sunday 27 January, 14:00-16:00*

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment.

Contact [refugeedropin@alyth.org.uk](mailto:refugeedropin@alyth.org.uk) to volunteer. (With the support of the Pears Foundation).

## Community News

### **We regret to announce the death of:**

Brian Greene, husband of Evelyn and father of Katherine and Marilyn.

Beryl Leyens, mother of Laurence, Andrew and Richard Leyens.

Geoffrey Spero, husband of Marlene Spero, father of Jane Spero, David Spero and Karina Simms, and brother of Trevor Spero.

Jeffery Rose, father of Simon and Sunday, and former Chair and President of Alyth.

# Youth & Education Hub

Please contact Sam Heller ([sam@alyth.org.uk](mailto:sam@alyth.org.uk)) for information about the provision for our younger members.

## Ruach Erev Shabbat

*Fridays 11, 18, 25 January, 16:15-19:30*

Our Friday afternoon B'nei Mitzvah programme.

## Sunday Morning Galim

*Sundays 13, 20, 27 January, 10:00-12:30*

Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.

## Sunday Arts Evening and Academy of Performing Arts at Alyth

### Workshops

*Sundays 6, 13, 20, 27 January, 17:00-18:00*

We are excited to announce that we are running workshops preceding Academy. These workshops are SING, DANCE and CREATE. The workshops can be done in addition to Academy but both events can also be done separately.

### Academy of Performing Arts at Alyth

*Sundays 6, 13, 20, 27 January, 18:00-21:00*

Academy is our long standing drama provision on Sunday evenings. We are looking forward to working towards another fab showstopper! Come and join Ellen and the gang to put your musical skills into motion!

## Alyth Toddler Group

*Mondays 14, 21, 28 January, 9:30-11:30*

Toys, singing and refreshments for the children; coffee and chats for carers! £3 per child, £1 for a sibling. With Chloe and Rabbi Hannah. Contact [chloe@alyth.org.uk](mailto:chloe@alyth.org.uk).

## Kef Zone

*Thursdays 10, 17, 24, 31 January, 16:00-17:00*

Our weekly club for Primary School children.

## A.C.E

*Thursdays 10, 17, 24, 31 January, 17:00-18:00*

Join Chloe who has a Foundation Diploma in art to learn new skills such as sewing, textiles and batique.

## ACT (Alyth Children's Theatre)

*Thursdays 10, 17, 24, 31 January, 17:00-18:30*

ACT is our children's theatre group for those in

## Year 7 Hebrew

*Thursdays 10, 17, 24, 31 January, 18:15-19:15*

For all those who want to continue their Hebrew practice in the run up to their Bar or Bat Mitzvah.

## Year 9 Hadracha

*Thursdays 10, 17, 24, 31 January, 18:30-20:00*

Our creative, fun and intensive leadership course for Year 9. Contact [mike@alyth.org.uk](mailto:mike@alyth.org.uk).

## Special this month

### Year 6 B'nei Mitzvah Information Meeting and Chavurah Supper

*Friday 18 January, 17:15-21:30*

A jam packed evening for families in Year 6. Start the evening at 17:15 with the B'nei Mitzvah team to learn about the journey and meet others in the year group. Then join the Friday night service which is followed by a chavurah "pot luck" supper where everyone provides a nut free, vegetarian or fish main course or dessert. Please email [sam@alyth.org.uk](mailto:sam@alyth.org.uk) if you would like to attend and let us know what dish you will be bringing.

New for  
2019  
**Hebrew  
Club**

*Thursdays 10, 17, 24, 31 January, 17:00-18:15*

A new Hebrew Club for Ivrit speakers in **Reception to School Year 3**.

Learn and practise speaking Hebrew through games, arts and crafts, drama and so much more. Please contact [sam@alyth.org.uk](mailto:sam@alyth.org.uk) for more information.

This club is £50 per term and includes all resources.

# Contact us

## Rabbinic Team

<b>Rabbi Josh</b>	<a href="mailto:josh@alyth.org.uk">josh@alyth.org.uk</a>	<b>Rabbi Mark</b>	<a href="mailto:mark@alyth.org.uk">mark@alyth.org.uk</a>
<i>Rabbinic Partner</i>	020 8457 8799	<i>Rabbinic Partner (on sabbatical)</i>	020 8457 8791
<b>Rabbi Colin</b>	<a href="mailto:colin@alyth.org.uk">colin@alyth.org.uk</a>	<b>Rabbi Hannah</b>	<a href="mailto:hannah@alyth.org.uk">hannah@alyth.org.uk</a>
	020 8455 6763		020 8457 8790

## Community Director

**Adam Martin**      [adam@alyth.org.uk](mailto:adam@alyth.org.uk)  
020 8457 8789

## Head of Programming

**Sam Heller**      [sam@alyth.org.uk](mailto:sam@alyth.org.uk)  
020 8457 8796

## Head of Community Care & Life Cycle

**Lynette Sunderland**      [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk)  
020 8457 8793

## Head of Music & Arts

**Katie Hainbach**      [katie@alyth.org.uk](mailto:katie@alyth.org.uk)  
020 8457 8797

## Youth & Education: Lead Educator

**Mike Mendoza**      [mike@alyth.org.uk](mailto:mike@alyth.org.uk)  
020 8457 8782

## Youth & Education: Early Years Educator

**Chloe Kimmel**      [chloe@alyth.org.uk](mailto:chloe@alyth.org.uk)  
020 8457 8781

## Financial Controller

**Lelia Rainhartz**      [lelia@alyth.org.uk](mailto:lelia@alyth.org.uk)  
020 8457 8788

## Fundraising & Development Co-ordinator

**Sarah Langsford**      [sarah@alyth.org.uk](mailto:sarah@alyth.org.uk)  
020 8457 8787

## Community Administrator

**Saskia Kimmel**      [saskia@alyth.org.uk](mailto:saskia@alyth.org.uk)  
020 8457 8784

## Kindergarten: Head

**Tor Alter**      [tor@alyth.org.uk](mailto:tor@alyth.org.uk)  
020 8457 8792

## Kindergarten: Administrator

**Mita Khara**      [kgadmin@alyth.org.uk](mailto:kgadmin@alyth.org.uk)  
020 8457 8792

## Chair

**Russell Baum**      [chair@alyth.org.uk](mailto:chair@alyth.org.uk)

## President

**Peter Backman**      [c/o office@alyth.org.uk](mailto:c/o office@alyth.org.uk)

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E [office@alyth.org.uk](mailto:office@alyth.org.uk)

## Out of hours emergency care line

07726 631 808

Copy date: 10th of every month.

Please email [comms@alyth.org.uk](mailto:comms@alyth.org.uk)

[www.alyth.org.uk](http://www.alyth.org.uk)

