



Chanukah at Alyth

Three special Chanukah events and our schedule of nightly candle lightings:

- NIGHT 1: Sunday 2 December: Sensory in Pyjamas (16:00-17:00)**
Join Rabbi Hannah and Chloe in this special Sensory service where you and your baby can touch, see, smell, hear and taste your way through the service to create precious Chanukah memories and experiences that will last a lifetime.
The candle lighting will be at 17:00.
- NIGHT 2: Monday 3 December, 17:30**
Candle lighting prior to Youth and Education Mentor Training.
- NIGHT 3: Tuesday 4 December, 19:45**
Candle lighting prior to the ABGM (see inside for more information).
- NIGHT 4: Wednesday 5 December, 19:45**
Candle lighting prior to 'Judaism - The Essentials'.
- NIGHT 5: Thursday 6 December: Community Chanukah Evening**
The candle lighting will be at 18:15.
- Chanukah Zone (16:00-17:00)**
Join Chloe and the team to make Chanukah arts and crafts and have a delicious tea.
- ACT and ACE (17:00-18:15)**
A festive last day of term.
- Chanukah Chavurah Supper (18:15-20:00)**
The whole community is invited for a chavurah supper with Chanukah surprises, games, latkas and doughnuts. Stay after ACT and ACE, or join us for dinner and then stay for the film screening. Please bring a nut free, vegetarian or fish dish, or a dessert. Contact saskia@alyth.org.uk to let us know that you are coming.
- Chanukah Film Club (20:00-22:00)**
Join us to watch 'The Producers' - one of Hollywood's greatest madcap comedies!
- NIGHT 6: Friday 7 December, 18:30**
Candle lighting as part of Shabbat Chanukah Erev Shabbat service.
- NIGHT 7: Saturday 8 December, 17:15**
Candle lighting after the Mincha Bar Mitzvah service and Havdalah.
- NIGHT 8: Sunday 9 December: Alyth Choral Society Chanukah Concert (19:00)**
ACS presents Handel's Judas Maccabeus. Tickets cost £18 (including refreshments)
For more information and tickets go to www.alythchoralsociety.org.
The final lighting of the Chanukah candles will be at 18:45.



Pray with us

Erev Shabbat Service

Fridays 7, 14, 21, 28 December, 18:30-19:30

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer & learning.

Shabbat Morning Services

Our regular Shabbat morning service is a contemporary Reform service led by one of our Rabbis, normally accompanied by the volunteer choir, with a combination of reading, chanting, song and reflection. On most Shabbatot, there is also a parallel service that meets the diverse prayer needs of our community. From time to time these parallel services take place in the Beit Tefillah.

Saturday 1 December

Shabbat Service, 10:30-12:15

Led by Rabbi Josh. Includes the Bat Mitzvah of **Noa Pitish**. This service will be accompanied by guitar and led in the round.

Tefillah Lab: The Prayer of Destruction, 10:30-12:15

On this 80th anniversary of the first Kindertransport, join Rabbi Colin as we look at how our liturgy has tried to respond to the tragic events that have befallen the Jewish People over the centuries.

Sensory Shabbat, 11:00-12:00

A Shabbat experience designed to stimulate your babies' senses in the first years of their life. See "Services for Young Families".

Saturday 8 December

Shabbat Service, 10:30-12:15

Led by Rabbi Josh. Includes the Bat Mitzvah of **Alicia Bogod**. This service includes elements of Kollot and a full Hallel for Shabbat Chanukah.

Mincha Service, 15:30-17:00

Led by Rabbi Hannah. Includes the Bar Mitzvah of **Bo Fraiman**.

Saturday 15 December

Shabbat Service, 10:30-12:15

Led by Rabbi Colin with the choir.

Big Bang, 11:00-12:00

Alyth's famous musical Shabbat experience. This month, led by Rabbi Hannah and the Big Bang musicians.

Saturday 22 December

Shabbat Service, 10:30-12:15

Led by Rabbi Hannah with the Alyth choir.

Saturday 29 December

Shabbat Service, 10:30-12:15

Led by Rabbi Colin with the Alyth choir.

Weekday Services

Sunday Shacharit

Sundays, 9:00-10:00

Our lay-led minyan with bagel breakfast.

Evening Services

Take place before meetings at 19:45. Contact office@alyth.org.uk if you would like evening prayers for the purpose of saying Kaddish.

Sing With Us

Friday 7 December, 17:30-18:15

Join us as we sing new and familiar melodies, exploring harmonies and preparing our voices for our Shabbat services. With Rabbi Josh, Rabbi Hannah and Katie Hainbach.

Services for Young Families

Baby Den

Fridays 7, 14, 21 December, 10:30-11:30

Wake up with Shoshi on a Friday morning to sing songs, be with friends and bop to a Shabbat beat. Our musical Baby Den, with Rabbi Hannah and Chloe, our Early Years Educator, is designed to help your little one develop creativity, co-ordination and concentration. And above all else it's FUN!

Shabbat Den

Fridays 7, 14, 21 December, 16:15-16:45

For pre-schoolers and their families with Rabbi Hannah and Chloe. Join us for songs, stories and to meet new friends at Alyth's Shabbat Den.

Sensory Shabbat *Saturday 1 December, 11:00-12:00*

Our Shabbat experience designed to stimulate your babies' senses in the first years of their life. Join Rabbi Hannah and Chloe in this service where you and your baby can touch, see, smell, hear and taste your way through the service to create precious Shabbat memories and experiences that will last a lifetime.

Suitable for babies from birth to 2 years old. Be mindful that this is a quiet sensory experience.

DATES FOR YOUR DIARY IN 2019 AND 2020

Alyth's Annual Supper Quiz

Sunday 20 January, 19:15-22:30

Celebrate Tu'Bshvat with us at our Annual Alyth Supper Quiz.

£26 per person (includes supper).

Tables of 10 - make up your own table or we can allocate you to a table.

For more information and to buy tickets call Saskia on 020 8457 8784

or email saskia@alyth.org.uk.

Alyth's Weekend Away

27-29 March 2020

Put the date of the fifth Alyth Weekend Away in your diary!

The weekend is a chance for members of the community of all ages to be together - to pray, to learn, to sing, and to eat together. It will run from Kabbalat Shabbat on Friday evening to just before lunch on Sunday at a new location in Hoddesdon, near Cheshunt.

The 2020 Weekend Away will cost no more than £240 (adults), £60 (children over 5), £40 (children under 5), and there will be a special rate for madrichim. This is less than in 2015 as we have worked hard to find a venue that allows us to keep the price as low as possible.

Alyth believes that each and every member should be able to attend any of our activities. Please contact either Rabbi Josh or Rabbi Hannah in confidence if you already know you would like some help through the Rabbi's Jewish Participation Fund to attend the Weekend Away.

You are also able to sign up now and start paying towards the cost in instalments. Please email saskia@alyth.org.uk if you would like to do this.

Learn with us

Weekly Learning

Judaism - The Essentials: Jewish Texts

Wednesdays, 20:00-21:45

'Essentials' is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. Taught by Rabbi Josh, Rabbi Hannah and Jon Epstein.

Email josh@alyth.org.uk for more information.

- 5 The Formation of Judaism 2:
Rabbinic Literature - Aggadah
- 12 Clarification, Codification and Revolution
Post Talmudic textual development

Hebrew reading from Scratch

Wednesdays 5 & 12 December, 19:00-20:00

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based, Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

Talmud Class

Thursdays 6, 13, 20, 27 December, 13:00-14:15

Our stimulating and friendly class which is open to all levels of Jewish knowledge. During Rabbi Mark's sabbatical, the class will be taught by Rabbi Colin. Contact office@alyth.org.uk.

Shabbat Shiurim

Tales of Alyth child refugees

Saturday 1 December, 9:15-10:15

On this 80th anniversary of the first Kindertransport, hear the stories of some of our members who were child refugees, some of whom came on the Kindertransport - losing their families while gaining their freedom. Facilitated by Rabbi Colin.

Torah Shiur: Why do we bless our children as Ephraim and Manasseh?

Saturday 22 December, 9:15-10:15

In this week's portion, Jacob states that, in the future, Israel will invoke the names of Ephraim and Manasseh in our blessings. And we still do. Join Rabbi Hannah as she explores the origin and meaning of this tradition.

Also this month

Alyth's Chanukah Film Club:

The Producers

Thursday 6 December, 20:00-22:00

An "it can't fail to fail" scheme puts down-on-his-luck Broadway producer Max Bialystock (Zero Mostel) together with anxiety-ridden accountant Leo Bloom (Gene Wilder) as they conspire to put on the world's worst musical and make a mint. One of the greats of Hollywood madcap comedy!

Monthly Midrash in the Morning:

The Story of... Judah

Sunday 16 December, 10:30-11:00

Join Rabbi Hannah for this monthly session studying the midrashic back story of biblical characters over coffee and Danish. This month we will see how the rabbis dealt with the sometimes challenging character of Judah after whom we come to be named.

Judaism 101: Everything you want to know about 'Shabbat' but are afraid to ask

Tuesday 11 December, 20:00-21:30

Join Lynette Sunderland to learn about what it means to make Shabbat, its customs and what prayers are said at home and at synagogue. No prior knowledge needed.

**Limmud
2019**

Be inspired by hundreds of sessions led by Jewish educators from around the world. If you are aged under 35, Alyth can help you to go with an Alyth Limmud Bursary of up to 75% of the costs. Contact Rabbi Josh or Rabbi Hannah for support.

Be with us

Weekly Activities

Senior Club

Mondays, 14:00-15:30

Weekly activity and tea for senior members.

3 Chanukah party

10 Magician Mike Smith

17 Jodie Beth Meyer entertains

Jewish Mindfulness Meditation: Monday

Mondays 3, 10, 17 December 20:00-21:00

Join Mika Borthwick and start the week in a relaxed mindset.

Alyth Choral Society

Tuesdays, 20:00-22:00

Exploring new repertoire while continuing to develop strengths in cantata and oratorio.

www.alythchoralsociety.org.

Soup, News, Views & Schmooze

Wednesday 12 December, 12:45-15:00

Discuss topical issues and stories over a bowl of soup. Contact lynette@alyth.org.uk.

Mellow Yoga for All Ages

Thursdays, 11:00-12:00

Contact Maxine Levy maxinelevy@mac.com.

Thursday Bridge@Alyth

Thursdays 6, 13, 20 December, 14:00-16:30

Please contact Sheila or Michael on 020 8455 9878 for more information.

Synagogue Choir Rehearsal

Saturday 8 December, 9:15-10:15

Our regular rehearsals for the Synagogue Choir. If you would like to join us, we are delighted to welcome new singers who are interested in learning about the liturgy and music of our services. Contact katie@alyth.org.uk.

Monthly Activities

Sunday Bridge@Alyth

Sunday 2 December, 19:00-22:00

Contact Clive on 020 8361 5711.

JOY - Joining Old and Young

Monday 3 December, 12:45-13:45

JOY brings some of our Kindergarten and Senior Club members together for intergenerational activities.

Jewish Mindfulness Meditation: Friday

Friday 7 December, 17:15-18:15

De-stress at the end of the week at Alyth with Maxine Levy.

Alyth Cycling Community

Sunday 9 December, 08:30-13:00

We meet at Alyth at 08:15 and leave at 08:30.

For registration and more information please email laurancemendoza@aol.com.

Jewish Mindfulness Meditation: Saturday

Saturday 15 December, 9:15-10:15

Join Mika Borthwick for a stress free, restful hour of contemplation, movement and learning to set you up for the day or for the Shabbat service. Together we will experience an hour of menuchah, Shabbat rest.

Shabbat B'Yachad (Shabbat Together)

Friday 28 December, 18:30-21:30

Join us for a Shabbat dinner with fantastic food and company. No charge but donations are always welcome. For catering and transportation please contact lynette@alyth.org.uk.

We regret to announce the death of:

David Colton, father of Nicky Milne and Mel Stuber.

Gerald Cramer, partner of Angela Samuels, father of Martin, Howard and Gary Cramer.

Dr Lowri Fflur Haller, wife of Robin Haller, mother of Griff Ariel Haller and daughter in law of Jo and Rick Haller.

Stephen Harris, husband of Nassrin, father of Leila and Sacha.

Harold Lipman, husband of Ruth Lipman and brother of Anita Lipman.

Freddie Overlander, father of Michael Overlander, Clive Overlander and Rabbi Gershon Overlander.

Susan Sharp, wife of Gerald, mother of Nicky Sharp.

Also this month

Alyth's Annual General Budget Meeting

Tuesday 4 December, 20:00

Alyth's ABGM will be held on Tuesday 4 December, at which the proposed budget will be presented. Papers are available at www.alyth.org.uk/agm. Prior to the ABGM there will be Chanukah candle lighting at 19:45 for the third night of Chanukah.

Alyth Choral Society: Chanukah Concert

Sunday 9 December, 19:00-21:00

The Alyth Choral Society presents Handel's Judas Maccabeus A10 Sinfonia with soloists. Tickets cost £18 (including refreshments) with under 16s entering for free. For more information and tickets go to www.alythchoralsociety.org.

Cake Before Therapy

Sunday 9 December, 15:00-16:30

Cake Before Therapy is a partnership between Alyth and Sophie and Emma, who founded 'Unravelling Minds' in order to help lessen the stigma surrounding mental health. It is a place for those with lived experience of mental health, whether in their own lives, or with family, friends or those with whom they work, to come and share experiences and meet new people and help dissolve the stigma too often associated with mental health issues. Contact lynette@alyth.org.uk for more information.

Act with us

Monday Club

Mondays 3, 10, 17 December, 19:30-21:30

Our weekly club for people with learning difficulties. We are always looking for new volunteers for the Monday Club. Please contact Dennis Sher via the Synagogue Office to volunteer.

Shalom Supper

Friday 14 December, 19:30-21:30

Join members of Jami and Jewish Care's Shalom Centre for a Shabbat evening dinner and entertainment. (With the support of the Hampstead Garden Suburb Trust). To book and/or to arrange transport please call Zvia on 07815 299 097 or Saskia on 020 8457 8784.

Uni Students Social

Thursday 20 December, 18:30-20:30

We can't wait to hear all about life on campus. So to welcome you back from uni, come and join Sam and Rabbi Hannah as we catch up with old friends and with life back home at Alyth over a glass of mulled wine and some latkes. Email sam@alyth.org.uk to let us know you are coming.

We welcome new members:

Daniel Allen & Maureen Kendal

Lucille & Ivan Cohen

Abraham & Gill Dahan

Gideon Davis & Alexandra Hayes

Leigh, Ilana & Ezra Fox

Ron Heller, Rinat Heller-Bytton, Ella & Tamar Heller

Mikhael, Michele, Ella, Itai & Adam Liberman

Liat, Idan, Yahli, Ariel & Emma-Leigh Moskovich

Scott, Elodie & Ethan Parker

Tracy, Robert & Katie Preston

Lelia, Amit, Emma & Mia Rainhartz

Josie & Koby Ross



Youth & Education Hub

Please contact Sam Brunner (sam@alyth.org.uk) for information about the provision for our younger members.

Ruach Erev Shabbat

Friday 7 December, 16:15-19:30

Our Friday afternoon B'nei Mitzvah programme.
Returns on 11 January.

Sunday Morning Galim

Sundays 2 & 9 December, 10:00-12:30

Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.
Returns on 13 January.

Sunday Arts Evening and Academy of Performing Arts at Alyth

Workshops

Sundays 2 & 9 December, 17:00-18:00

We are excited to announce that we are running workshops preceding Academy. These workshops are SING, DANCE and CREATE. The workshops can be done in addition to Academy but both events can also be done separately.
Returns on 6 January.

Academy of Performing Arts at Alyth

Sundays 2 & 9 December, 18:00-21:00

Academy is our long standing drama provision on Sunday evenings. We are looking forward to working towards another fab showstopper! Come and join Ellen and the gang to put your musical skills into motion! *Returns on 6 January.*

Alyth Toddler Group

Mondays 3, 10, 17 December, 9:30-11:30

Toys, singing and refreshments for the children; coffee and chats for carers! £3 per child, £1 for a sibling. With Chloe and Rabbi Hannah.
Contact chloe@alyth.org.uk.

Kef Zone

Thursday 6 December, 16:00-17:00

Our weekly club for Primary School children.
Returns on 10 January.

A.C.E

Thursday 6 December, 17:00-18:00

Join Chloe who has a Foundation Diploma in art to learn new skills such as sewing, textiles and batique. *Returns on 10 January.*

ACT (Alyth Children's Theatre)

Thursday 6 December, 17:00-18:30

ACT is our children's theatre group for those in Years 3-7. *Returns on 10 January.*

Year 7 Hebrew

Thursday 6 December, 18:15-19:15

For all those who want to continue their Hebrew practice in the run up to their Bar or Bat Mitzvah.
Returns on 10 January.

Hebrew Club

New for 2019

A new Hebrew Club for Ivrit speakers in Reception to School Year 3 starting on Thursday 10 January, 17:00-18:15. See January's Around Alyth for more information or email sam@alyth.org.uk to express your interest.

Hadracha Skills Weekend

As a part of our Advanced Hadracha programme, a commitment to provide ongoing learning and practice for our madrichim (leaders), we are launching an annual residential weekend for School Years 10-13. This residential, from Friday 14 to Sunday 16 December 2018 is exclusively for all those who have graduated from our Hadracha programme in Yr10. Together, with our team of Educators & Rabbis, we will model an immersive camp experience, whilst sharing our space with experts in their fields of Jewish ritual, practice, approach and behaviour. For more information, or to find out how to get involved, email mike@alyth.org.uk.

Contact us

Rabbinic Team

Rabbi Josh josh@alyth.org.uk

Rabbinic Partner 020 8457 8799

Rabbi Colin colin@alyth.org.uk

020 8455 6763

Rabbi Mark mark@alyth.org.uk

*Rabbinic Partner
(on sabbatical)* 020 8457 8791

Rabbi Hannah hannah@alyth.org.uk

020 8457 8790

Community Director

Adam Martin adam@alyth.org.uk

020 8457 8789

Head of Programming

Sam Brunner sam@alyth.org.uk

020 8457 8796

Head of Community Care & Life Cycle

Lynette Sunderland lynette@alyth.org.uk

020 8457 8793

Head of Music & Arts

Katie Hainbach katie@alyth.org.uk

020 8457 8797

Youth & Education: Lead Educator

Mike Mendoza mike@alyth.org.uk

020 8457 8782

Youth & Education: Early Years Educator

Chloe Kimmel chloe@alyth.org.uk

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Financial Controller

Lelia Rainhartz lelia@alyth.org.uk

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Fundraising & Development Co-ordinator

Sarah Langsford sarah@alyth.org.uk

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Community Administrator

Saskia Kimmel saskia@alyth.org.uk

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Kindergarten: Head

Tor Alter tor@alyth.org.uk

020 8457 8792

Kindergarten: Administrator

Mita Khara kgadmin@alyth.org.uk

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Chair

Russell Baum chair@alyth.org.uk

President

Peter Backman c/o office@alyth.org.uk

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Copy date: 10th of every month.

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www.alyth.org.uk

