

Around Alyth

November 2017



The Alyth Minibus

As you walk up Alyth Gardens you will notice a new addition to the Alyth forecourt... our new minibus has arrived!

Part-funded through a generous donation from a fund, the new minibus will transform the way that we help those who need support to access Alyth activities, allowing members to look after members.

The minibus project is a great opportunity to contribute to the community and to help others.

For more information on how to volunteer, see inside.



Be with us

Alyth's Annual Supper Quiz

Sunday 12 November, 19:15-22:30

Please join us for what is always a fun filled sell out event. Tickets cost £26 per person (includes supper) and can be purchased by emailing Saskia at office@alyth.org.uk.

See inside for more information.

Act with us

Mitzvah Day

Sunday 19 November 2017

Come and be part of Alyth's participation in this global day of Jewish led social action. We have activities for adults and children which will benefit those across all faiths who are in need.

See inside for more information.

Learn with us

Scholar in Residence - Rabbi Greg Alexander

Thursday 23 - Saturday 25 November

Rabbi Greg will be at Alyth teaching and hosting a series of events and shiurim. Greg is an inspirational teacher and leader who has enabled the Cape Town Reform Jewish community to thrive in recent years and has built the Temple Israel congregation into three vibrant synagogues across the city.

See inside for more information.

To pray. To learn.
To live. Together

Staff contact details can be found on the back page



Pray with us

Erev Shabbat Services

Kabbalat Shabbat Service

*Fridays 3, 10, 17, 24 November,
18:30-19:30*

We begin Shabbat with our uplifting and inspirational intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer and learning, often with guitar.

Weekday Services

Sunday Shacharit

Sundays, 9:00-10:00

Our lay-led minyan with bagel breakfast.

Evening Services

Take place before meetings at 19:45. Contact office@alyth.org.uk if you would like evening prayers for the purpose of saying Kaddish.

Shabbat Morning Services

Our regular Shabbat morning service is a contemporary Reform service led by one of our Rabbis, normally accompanied by the volunteer choir and piano, with a combination of reading, chanting, song and reflection. On most weeks there is also a parallel service, meeting the different needs of the community. Occasionally these parallel services take place in our main Beit Tefillah.

Saturday 4 November

Shabbat Service, 10:30-12:15

Led by Rabbi Hannah and the Alyth choir. Includes the Bat Mitzvah of **Emilie Grays**.

Tefillah Jam, 10:30-12:15

Bring your instruments and your voices to the Alyth Tefillah Jam. Join Rabbi Josh to learn prayers from different parts of the morning liturgy before we 'jam' them together. Contact josh@alyth.org.uk to get the music in advance.

Saturday 11 November

Shabbat Service, 10:30-12:15

Led by Rabbi Hannah and the Alyth choir. Includes the Bar Mitzvah of **Jamie Margolis**.

Kollot, 10:30-12:15

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes an area for children. Led by Rabbi Mark and Justin Wise.

Saturday 18 November

Shabbat Service, 10:30-12:15

Led by Rabbi Mark and the Alyth choir. Includes the Bar Mitzvah of **Oliver Grantley**.

Big Bang, 11:00-12:00

Alyth's famous musical Shabbat experience, this month with Rabbi Hannah and the Big Bang musicians.

Saturday 25 November

Shabbat Service, 10:30-12:15

Led by Rabbi Mark and the Alyth choir. Includes the adult Bat Mitzvah of **Rhona Lubner**.

Kollot, 10:30-12:15

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes an area for children. Led by Rabbi Hannah and Justin Wise.

Services for Young Families

Shabbat Den - now every week

Fridays 3, 10, 17, 24 November, 16:15-16:45

Our new look Shabbat experience for pre-schoolers and their families with Rabbi Hannah, Chloe, our Early Years Educator, and Tor, Head of the Kindergarten.

Join us for songs, stories and to meet new friends in Alyth's Shabbat Den. The Den will be every Friday throughout November.

SAVE THE DATE: Sensory Shabbat

Saturday 2 December, 11:00-12:00

A Shabbat experience designed to stimulate your babies' senses in the first years of their life. On these mornings with Rabbi Hannah, you and your baby can touch, see, smell, hear and taste your way through the service to create precious Shabbat memories and experiences that will last a lifetime.



Learn with us

Regular Learning

Judaism - The Essentials:

Short Course on Texts

Wednesdays, 20:00-21:45

'Essentials' is our programme of short courses for all those who want to ensure that their Judaism has firm foundations.

From 8 November, Essentials will be taught by Rabbi Hannah and Jon Epstein, whilst Rabbi Josh is on a short sabbatical.

- 1 Foundational texts: What's in the bible?
- 8 Foundations 2: Authorship and authority.
- 15 Foundations 3: Different genres in biblical texts and how they are used.
- 22 The Formation of Judaism:
Rabbinic Literature - Halachah
- 29 The Formation of Judaism:
Rabbinic Literature - Aggadah

Hebrew reading from Scratch

Wednesdays, 19:00-20:00

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

Talmud Class

Thursdays, 13:00-14:15

Our stimulating and friendly class which is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical rabbis. Contact mark@alyth.org.uk.

Shabbat Shiurim

Twenty-five years on, where is the Russian speaking community in Israel today?

Friday 3 November, 17:15-18:15

The Russian-speaking community today makes up 17% of the Jewish population in Israel. In this session, Dr Yulia Zemlinsky, Director of Morashtenu, will discuss the most pressing issues facing this community in Israel today, exploring their political opinions and socio-economic situation, and asking how we can help to make a positive impact on their lives and the community's future. Morashtenu is the leading organisation in Israel helping Russian-speaking Jews to integrate and be involved in Israeli civil life. Yulia is in London to receive a New Israel Fund award on behalf of the organisation.

The Balfour Declaration: Sixty-Seven Words – 100 years of Conflict

Saturday 4 November, 9:15-10:15

Rabbi Mark is joined by Eliot Jager, contributing editor at the Jerusalem Report and editorial director of Balfour 100. Eliot will explain the players, their motivations and the setting for the 2 November 1917 letter from British Foreign Secretary, Arthur Balfour to Lord Walter Rothschild, from which the international community came to embrace the establishment of a national home for the Jewish people. Copies of Eliot's book will be available at the event.

Other Learning

Monthly Midrash in the Morning: Genesis through the Eyes of the Rabbis

Sunday 26 November, 10:30-11:30

Midrash is the rabbinic exercise of biblical interpretation, creating new ideas and stories out of the biblical text. This month, with Rabbi Josh on sabbatical, join Rabbi Hannah as she continues our look at the stories of Genesis through the eyes of the rabbis over Danish, fruit and coffee.

Scholar in Residence - Rabbi Greg Alexander Thursday 23 - Saturday 25 November



Rabbi Greg Alexander is part of the Rabbinic team at Temple Israel in Cape Town. He grew up in the Reform movement in Johannesburg and is a graduate of University of Cape Town and the youth movement, Netzer. His smichah comes from Leo Baeck College and he has more than 25 years of experience in Jewish education and community building in South Africa and abroad.

South Africa: The Jewish community and the nation today and tomorrow

Thursday 23 November, 20:00-22:00

Rabbi Greg and Rabbi Mark invite Alyth members and their friends of South African heritage to hear and discuss how the country is working today for the Jewish community, and how the Jewish community is dealing with the momentous changes that are taking place in South African society. This session will be at the home of Monique and Gary Plein in Finchley.

For the address and to register please contact Saskia at office@alyth.org.uk or 020 8457 8784.

Reform Zionism 100 years after Balfour – An Israeli, South African and British Rabbi

Friday 24 November, 17:15-18:15

Join Rabbi Ofek Meir, newly appointed Principal of the Leo Baeck Education Center in Haifa, Rabbi Greg of Cape Town and Rabbi Mark to discuss the meaning of there being a Jewish national home in Israel today. Two are Rabbis in thriving diaspora communities and one is at the largest centre of Progressive Judaism in Israel. Are we working in the right places to build Judaism?

Foremothers – four mothers? Who were the matriarchs anyway?

Saturday 25 November, 9:15-10:15

Rachel and Leah / Leah and Rachel, Bilhah and Zilpah? Our torah portion introduces us to Jacob's wives, who (in Reform siddurim anyway) are acknowledged every day in our Amidah. But who is acknowledged and how? Do you put Rachel before Leah? Why? And what about the concubines who gave birth to four of the tribes of Israel? We will look at some of the rabbinic traditions that discuss our foremothers and which of them made it into the Reform Amidah.

Shabbat Sermon and Divrei Torah

Friday 24 and Saturday 25 November

Rabbi Greg will also be delivering the sermon and divrei torah over Shabbat in our various services.

Other Learning

Alyth Film Club - "Prime"

Tuesday 14 November, 19:30-22:00

Rafi Gardet (Uma Thurman) a beautiful 37-year-old photography producer, reeling from a recent divorce, meets a handsome 23-year-old, recently out of college. She shares intimate details of the relationship with her Jewish therapist, Dr. Lisa Metzger (Meryl Streep). Meanwhile, Dr. Metzger is worried that her son, a hip-hop lover and aspiring artist, will never meet 'a nice Jewish girl' and settle down. A charming comedy of errors.

Be with us

Weekly Activities

Senior Club

Mondays, 14:00-15:30

Weekly activity and tea for senior members.

- 6** Viv Bellos and Singing for Pleasure choir
- 13** Ruth Beckman: "Andrew Lloyd Webber and his musicals"
- 20** Lynda Stan sings
- 27** Irene Gee: "Life Histories"

Alyth Choral Society

Tuesdays, 20:00-22:00

Exploring new repertoire while continuing to develop strengths in cantata and oratorio.

www.alythchoralsociety.org.

Soup, News, Views & Schmooze

Wednesdays 1, 15, 29 November, 12:45-15:00

Join Lynette to discuss topical issues and stories.

Contact lynette@alyth.org.uk.

Jewish Mindfulness Meditation

Wednesdays, 20:00-21:00

Peace, quiet, contemplation and meditation in our Alyth Meditation Room.

Mellow Yoga for All Ages

Thursdays, 11:00-12:00

Contact Maxine Levy maxinelevy@mac.com.

Thursday Bridge@Alyth

Thursdays, 14:00-16:30

Please contact Sheila or Michael on 020 8455 9878 for more information.

Synagogue Choir Rehearsal

Saturdays 11 & 18 November, 9:15-10:15

Our regular rehearsals for the Synagogue Choir. If you would like to join us, we are always happy to welcome new singers who are interested in learning about the liturgy and music of our services. Contact katie@alyth.org.uk.

Monthly Activities

Sunday Bridge@Alyth

Sunday 5 November, 19:00-22:00

Contact Clive on 020 8361 5711.

JOY - Joining Old and Young

Monday 6 November, 12:45-13:45

JOY brings some of our Kindergarten and Senior Club members together for intergenerational activities. With Jenny Kossew and our Youth and Education Team.

Alyth Cycling Community

Sunday 12 November, 08:30-13:00

We meet at Alyth at 08:15 and leave at 08:30.

For registration and more information please email laurancemendoza@aol.com.

Rosh Chodesh Women's Group:

The Woman Who Breathed Two Worlds

Sunday 19 November, 11:00-13:00

The topic for this month's meeting (Cheshvan) is a personal story of the challenges and delights of multiple identities. Presented by British-Malaysian novelist Selina Siak Chin Yoke. Includes a beigel breakfast at Alyth. Contact Jackie Goymour at honeyhill@btinternet.com to book your place for catering numbers.

Shabbat B'Yachad (Shabbat Together)

Friday 17 November, 19:30-21:30

Join us for a Shabbat dinner with fantastic food and company. No charge but donations are always welcome.

For catering purposes please register, or to arrange transport contact lynette@alyth.org.uk.

Singing for Pleasure

Sunday 19 November, 15:00-17:00

Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. Contact viv@alyth.org.uk.

Rabbi Josh on Sabbatical

Every three years, Alyth's rabbis take a three month sabbatical to study and recharge.

Rabbi Josh will be taking his next sabbatical in two tranches, the first part of which will begin on Monday 6 November, returning on Monday 11 December. We wish him well.

Also this month

Alyth's Annual Supper Quiz

Saturday 12 November, 19:15-22:30

Please join us for what is always a fun filled sell out event. Tickets cost £26 per person (includes supper) and can be purchased by emailing Saskia at office@alyth.org.uk.

You can also buy raffle tickets, with all the proceeds going towards the new Alyth minibus. The minibus will help less able members of our community to access programmes and services at the Synagogue more easily than at present. It will also be used by our Youth and Education department. The fantastic prizes include a Ted Baker Luxury gift; West End Show Tickets; 2 Club Wembley England International Tickets; Melanie's Sushi Making Session; Dental Hygienist Treatment; Personal Trainer Sessions; £30 Manicure; and an exciting mystery prize.

Raffle tickets are available from Alyth Reception or with Saskia on 020 8457 8784 or office@alyth.org.uk and cost £2 per ticket, £10.00 per book of 5, or £20.00 for 3 books.

Act with us

Monday Club

Mondays, 19:30-21:30

Our weekly club for people with learning difficulties. We are always looking for new volunteers for the Monday Club. Please contact Dennis Sher via the Synagogue Office to volunteer.

Monthly Drop-in for Recent Refugees

Sunday 26 November, 14:00-16:00

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment.

(With the support of the Pears Foundation).

To volunteer contact refugeedropin@alyth.org.uk.

Mitzvah Day

Sunday 19 November 2017

Come and be part of Alyth's participation in this global day of Jewish-led social action.

We have activities for adults and children which will benefit those across all faiths who are in need. See the poster towards the back pages for more information.

Community News

We regret to announce the death of:

Sandra Gee, daughter of Susan Pollack, wife of Steven Gee, mother of Lucy Gee and Emily Gee, sister of Joan Pollack and Diane Pollack.

Lionel Jackson, father of Geoff Jackson.

Jerome Karet, father of Fiona Karet Frankl and Ian Karet.

Rebecca Lerner, mother of Stephen, Paul and Richard Lerner.

Kitty Yaros, mother of Fran Moscow and Anita Perry.

Annual Budget General Meeting

Tuesday 12 December, 20:00

Rabbi Eleazar Ben Azariah said *"Without material sustenance there can be no Torah, and without Torah material sustenance is meaningless"* (Avot 3:17).

Alyth's ABGM will be held on Tuesday 12 December, starting at 20:00, at which the proposed budget will be presented.

Papers will be available by Friday 17 November at www.alyth.org.uk/agm

Prior to the ABGM there will be chanukiah candle lighting at 19:45 for the first night of Chanukah.



Youth & Education Hub

Please contact Sam Brunner for information about the provision for our younger members.

Sunday Morning Galim

Sundays, 10:00-12:45

Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.

Alyth Toddler Group

Mondays, 9:30-11:30

Toys, singing and refreshments for the children; coffee and chats for carers! £3 per child, £1 for a sibling. Contact chloe@alyth.org.uk.

C.R.E.A.T.E

Tuesdays 7 & 21 November, 18:30-20:00

(For all those post B'nei Mitzvah)

Like art? Want to learn new art skills such as sewing, textiles, batique and much much more? Then come to the launch of our new arts provision with Chloe, who has a Foundation Diploma in art.

L.E.A.R.N

Tuesdays 14 & 28 November, 18:30-19:30

(For all those post B'nei Mitzvah)

Written especially for Alyth by our Rabbis and the Youth and Education Hub. This is a two year rolling programme to deepen every aspect of Jewish life. This year's programme starts with a critical look at the Jewish calendar. Other topics for the year include prayer and liturgy, Jewish history, and Jewish life and ritual.

Year 10 Hadracha

Thursdays 9, 16, 23, 30 November, 18:30-19:30

Our creative, fun and intensive leadership course for Year 10. Contact mike@alyth.org.uk.

Ruach Erev Shabbat

Fridays 10, 17, 24 November, 16:15-19:30

Our Friday afternoon B'nei Mitzvah programme.

The Alyth Minibus

- Your opportunity to help

One of the core values of our community is that we help those who need support to access our activities if they are unable to get here on their own. For many years, we have outsourced the 'shul shuttle' to a local minicab company. However, we have always wanted to provide this support internally, looking after one another, member supporting member. The Alyth minibus project will allow us to do so. From January, we will be using the minibus, with volunteer drivers and a volunteer host on each journey.

If you are interested in contributing, join us for a special evening to find out how the project will work, and to understand policy and procedures for the new bus on Wednesday 22 November at 20:00.

If you would like to be a driver, then please register for training (and plenty of practice). Full day (9:30-17:00) MiDAS minibus driver awareness and assessments training courses for those who would like to be volunteer drivers will be held on Monday 13 November, Tuesday 28 November, Sunday 3 December and Sunday 17 December. Driving the mini bus is easier than you think!

To volunteer to be a driver or a host, or to ask your questions about how you can help, contact Lynette as soon as possible at lynette@alyth.org.uk or 020 8457 8793.

Also this month

Auditions: Academy and ACT

(Academy) Sunday 5 November, 18:00-21:00

(ACT) Wednesday 22 November, 17:00-18:30

Auditions for Academy's May Bank Holiday production, and ACT's June production, take place in November.

If you are not a member of the performance groups but would like to join and then audition for this show please email sam@alyth.org.uk.

Seudah for Young Families

Saturday 11 November, 15:00-16:30

Join Rabbi Hannah and Chloe for fun, games and a delicious Shabbat tea. For anyone who has just left any nursery to start at school.

Alyth's Secret Cinema

Saturday 11 November, 17:00-21:00

(School Years 5 & 6)

The Alyth Secret Cinema transforms the synagogue space into an interactive, fun and explorative cinematic environment! The film is secret, the event is themed, and fun is had by all. Dinner included. Contact chloe@alyth.org.uk.

RSY-Netzer Shabbaton Darom

Friday 24 - Saturday 25 November

An exciting Shabbat sleepover at Mosaic Synagogue in Harrow. Your opportunity to enjoy and experience an RSY Shabbat whilst meeting other young Reform Jews from a variety of communities across the south of the UK. The perfect event to continue your RSY journey or a wonderful introduction to RSY-Netzer. (School Years 4-6) Contact mike@alyth.org.uk.

Youth & Education Hub

Kef Zone

Wednesdays 8, 15, 22, 29 November, 16:00-17:00

Our weekly club for Primary School children.

A.C.E

Wednesdays 8, 15, 22, 29 November, 17:00-17:45

(Reception to Year 2)

Join Chloe who has a Foundation Diploma in art to learn new skills such as sewing, textiles and batique.

ACT (Alyth Children's Theatre)

Wednesdays 8, 15, 22, 29 November, 17:00-18:30

ACT is our children's theatre group for those in Years 3-7.

AYS (Alyth Youth Singers)

Wednesdays 8, 15, 22, 29 November, 18:45-20:00

AYS, our youth choir for all post B'nei Mitzvah.

Contact katie@alyth.org.uk.

Alyth Academy of Performing Arts

Sundays 5, 12, 19, 26 November, 18:00-21:00

Our drama group for 13-18 year olds.

Mazel tov to:

Elinor Tamir and Arie Gozluklu and their families on their marriage.

Jimmie and Amy Joseph on the birth of their son Nathan Bobby.

Simone and Simon Newton on the birth of their daughter Saphira Mina.

Ethan and Danielle Segal on the birth of their son Theo.

Lynette's Best Practice Tour

From 30 November to 4 January, Lynette Sunderland, our Director of Welfare and Life Cycle, will be on a Best Practice Tour of American synagogues.

Should you have any matters of concern that you wish to discuss with her prior to her trip and whilst she is away, please be in touch with her at lynette@alyth.org.uk or 020 8457 8793.

Details of relevant cover whilst Lynette is away will be in the December issue of Around Alyth.

Mitzvah Day



Sunday 19 November, 10:00-13:00

Come and participate in Alyth's activities on this global day of Jewish-led social action.

We have activities for adults and children which will benefit those across all faiths who are in need. On Mitzvah Day you give your time to make a difference. It's good fun and inspires us all for the year ahead.

Activities for Adults:

- Join our Cook-In in the morning at Alyth to benefit Homeless Action in Barnet and the Night Shelter that Alyth and the Golders Green Parish Church run together. (10:00-13:00)
- Help at Kisharon and Mencap moving plants from Kisharon's Hendon site to their joint volunteer-run Childs Hill Partnership Library. Kisharon is also offering a complimentary winter bike check by their trainees. (10:30-12:30)
- Join our Intergenerational "Joining Old with Young" reading event at Alyth with Sunday Morning Galim children. (11:30-12:30)

For more information and to sign up now to offer your much-appreciated help please contact
Saskia on office@alyth.org.uk
or 020 8457 8784.

Activities for Children:

Alyth Youth will be participating in a wide range of activities including; visits to care homes, collecting and packing toiletries and sweets for the homeless and refugees, joining Old and Young for reading, as well as meeting our Muslim neighbours. If you attend Sunday Morning Galim you will be involved, if not, please tell Saskia if you would like to come and she will send you the start time.

Collections:

Please bring to the synagogue before or on Sunday 19th. There will be a collection box in the lobby.

- **Sweets** (including those left over from Simchat Torah or even Halloween!)
- **New Toiletries** (including shower gels for men and women)



Reg. Charity 293529

BRAHMS

Requiem

SUNDAY 10 DECEMBER 2017 at 7.00PM

Alyth Choral Society and soloists
Alyth Chamber Orchestra

Conductor: Robin Osterley

TICKETS £18 including refreshments
under 16s free

For information and tickets visit:
www.alythchoralsociety.org

Alyth
Centre for Jewish Music

Alyth

ANNUAL SUPPER QUIZ

Sunday 12 November 2017

19:15 – 22:30

at Alyth

Please join us for what is always a fun filled
sell-out event

£26 per person (*includes supper*)

Why not make up a table (10)?

Prizes for the winning table and a raffle



Ticket Application

Please reserve _____ spaces @ £26 each.

I would like to host a table(s) for 10 @ £260. Total enclosed: £ _____

Name: _____

Address: _____

Postcode: _____

Telephone Number: _____ Email: _____

We will be serving fish, please let us know if you have any dietary requirements:

Please return your application together with payment (cheques made payable to 'NWRS') to
Saskia Kimmel, NWRS, Alyth Gardens, London NW11 7EN.

For more information, or if you wish to pay by debit/credit card
call Saskia on Tel **020 8457 8784** or email office@alyth.org.uk

tekijah



Contact us

Rabbinic Team

Rabbi Josh josh@alyth.org.uk
Rabbinic Partner 020 8457 8799

Rabbi Colin colin@alyth.org.uk
020 8455 6763

Rabbi Mark mark@alyth.org.uk
Rabbinic Partner 020 8457 8791

Rabbi Hannah hannah@alyth.org.uk
020 8457 8790

Community Director

Adam Martin adam@alyth.org.uk
020 8457 8789

Director of Welfare & Life Cycle

Lynette Sunderland lynette@alyth.org.uk
020 8457 8793

Head of Music & Arts

Katie Hainbach katie@alyth.org.uk
020 8457 8797

Emeritus Director of Music

Viv Bellos viv@alyth.org.uk

Youth & Education Hub

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020 8457 8781

Kindergarten

Tor Alter tor@alyth.org.uk
020 8457 8792

Mita Khara kgadmin@alyth.org.uk
020 8457 8792

Community Administration Team

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Lesley Lass lesley@alyth.org.uk
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Lisa Kagan lisa@alyth.org.uk
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Fundraising & Development Co-ordinator

Sarah Langsford sarah@alyth.org.uk
020 8457 8787

North Western Reform Synagogue

Alyth Gardens, London, NW11 7EN

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E mail@alyth.org.uk

Out of hours emergency care line

07726 631 808

Copy date: 10th of every month.
Please email comms@alyth.org.uk

www.alyth.org.uk

