

This Shabbat – 21 Kislev 5778

Erev Shabbat

16:15 Shabbat Den (in the Leo Baeck Hall)

Our new look Shabbat experience for pre-schoolers and their families with Rabbi Hannah, Chloe, our Early Years Educator, and Tor, Head of the Kindergarten.

17:15 Ruach Parents Sessions: The Service (in the Rabbis' Beit Midrash)

Taught by our rabbis, these sessions are specifically for parents whose children attend the Ruach programme.

This week: 'What our Shabbat Prayers are trying to tell us (or God)' with Rabbi Mark.

18:30 Erev Shabbat Service (in the Beit Tefillah)

Led by Rabbi Mark and Katie.

Shabbat Morning

There is an area for children in the Kindergarten where you will find toys and arts and craft materials. The service from the Beit Tefillah will also be live streamed to the Kindergarten. We ask that children are supervised at all times.

Torah Reading: Shabbat Vayeishev

Genesis 40:1-23 Soncino p149, Plaut (old) p258, Plaut (new) p254.

09:15 Soviet Jewry- Our part in its freedom (in the Library)

One hundred years since the Russian Revolution, which formed the USSR, we remember the campaign to free Soviet Jewry that was such an important part of British Jewish life in the 1970s and 1980s. Join Rabbi Mark to hear Alyth members share how they were involved in the struggle and a see two short films from the time. Please add your experiences to the remarkable story of ending the oppression of Soviet Jews.

10:30 Shabbat Morning Service (in the Beit Tefillah)

Led by Rabbi Hannah and the Alyth choir. The Torah will be read by Ella Hermer.

The Haftarah (Joel 2:23 – 3:1) will be read by Jon Epstein.

The sermon will be given by Rabbi Hannah.

10:30 Kollot (in the Leo Baeck Hall)

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes an area for children. Led by Rabbi Mark and Justin Wise. The D'var Torah will be given by Helena Miller. The Torah will be read by Brenda Freedman and Henry Cohn. The Haftarah is taken from Genesis Rabbah 88:5.

15:00 Seudah for Young Families (in the Youth Hall)

Join Rabbi Hannah and Chloe for a 'Frozen' seudah adventure. Smash your way through icicles to find hidden treasure with Anna, use ice paints to create your own magical kingdom with Elsa, and make your very own snow globe with Olaf. We will eat our delicious Shabbat tea whilst singing along to 'Frozen'.

Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

When we want to show appreciation during a service, it is traditional not to applaud but to shout '*yasher koach*' or '*sh'koach*', which means 'strength to you.' We ask that you please refrain from applauding, but join in this greeting.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

The Alyth webcam is live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services can be viewed from our website.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

Shabbat Shalom

This Week

Sunday 10 December

19:00-21:00 Alyth Choral Society Concert

Alyth Choral Society and Chamber Orchestra present Brahms Requiem. Tickets cost £18 and include refreshments. See www.alythchoralsociety.org for tickets.

Tuesday 12 December

19:45-22:00 Annual Budget General Meeting

Alyth's ABGM will be held on Tuesday 12 December, starting at 20:00, at which the proposed budget will be presented. Papers are available at www.alyth.org.uk/agm.

1st Night Community Candle Lighting at 19:45 prior to the ABGM.

Wednesday 13 December

16:00-17:00 Chanukah Zone

For Primary School aged children. We will be making a giant glittery Chanukiah, playing with dreidels, making latkes, and having a yummy Chanukah tea with lots of doughnuts! Contact chloe@alyth.org.uk.

2nd Night Community Candle Lighting at 19:45.

Thursday 14 December

3rd Night Community Candle Lighting at 18:45.

Friday 15 December

16:15-16:45 Shabbat and Chanukah Den

A special Chanukah and Shabbat experience for pre-schoolers and their families with Chloe, our Early Years Educator, and Tor, Head of the Kindergarten. Join us for songs, stories and to meet new friends in Alyth's Shabbat Den. We will light the chanukiah and have a special Chanukah kiddsuh

17:15-18:45 Ruach Parents Sessions: Prayer and the Siddur

These sessions are specifically for parents whose children attend the Ruach programme. This week: 'Musical Midrash: How music helps us to pray' with Rabbi Josh.

18:30-19:30 Musical Service

A special musical service for all generations, led by Rabbi Josh with AYS and a group of musicians from the Alyth community who have previously come together to lead family friendly Erev Shabbat and Festival Services. Includes our Year 10 Hadracha graduation and Jack Petchey ceremony.

18:30-19:30 Chanukah for the Soul

A more intimate service with Rabbi Mark celebrating the meaning of Chanukah for us today.

19:30-21:30 Shalom Supper

Join members of Jami and Jewish Care's Shalom Centre for a Shabbat evening dinner and entertainment. (With the support of the Hampstead Garden Trust).

Saturday 16 December

10:30-12:15 Shabbat Morning Service

A special service for Chanukah with guitar and including Hallel. Led by Rabbi Josh. Includes the Bat Mitzvah of Rebekah Lasserson-Rossiter.

10:30-12:15 Chanukah Study Service

Join Rabbi Colin for Shacharit in the Library. The service will include explanations and study about Chanukah.

11:00-12:00 Big Bang

Alyth's famous musical Shabbat experience, this month with Rabbi Mark and the Big Bang musicians.

Sunday 17 December

10:30-11:30 Monthly Midrash in the Morning

Midrash is the rabbinic exercise of biblical interpretation, creating new ideas and stories out of the biblical text. Join Rabbi Josh as he continues our look at the stories through the eyes of the rabbis over Danish, fruit and coffee.

15:00-17:00 Chanukah Concert

Featuring Alyth's Singing for Pleasure choir, Alyth's Drop-in for Recent Refugees choir, Alyth Youth Singers, and the JMI Youth Big Band. The concert will include the lighting of the Chanukiah. There is no entrance fee but donation on the evening are appreciated and will be given to Noah's Ark Children's Hospice and the Alyth Minibus project. So that we are aware of numbers, please register with Saskia at office@alyth.org.uk or 020 8457 8784.

Regular Activities This Week

For more information about any of our activities please go to www.alyth.org.uk.

Friday

- Ruach Erev Shabbat (16:00)

Sunday

- Alyth Cycle Community (8:30)
- Sunday Shacharit (9:00)
- Sunday Morning Galim (10:00)
- Alyth Academy of Performing Arts (18:00)

Monday

- Alyth Toddler Group (9:30)
- Senior Club (14:00)
- Monday Club (19:30)

Tuesday

- L.E.A.R.N. (18:30)

Wednesday

- Soup, News & Schmooze (12:45)
- ACE (17:00)
- Alyth Children's Theatre (17:00)
- Alyth Youth Singers (18:45)
- Hebrew Reading from Scratch (19:00)
- Judasim the Essentials (20:00)
- Jewish Mindfulness Meditation (20:00)

Thursday

- Mellow Yoga (11:00)
- Talmud Class (13:00)
- Bridge (14:00)
- Year 10 Hadracha (18:30)

Friday

- Ruach Erev Shabbat (16:00)

Saturday

- Choir Rehearsal (09:15)

Sunday

- Sunday Shacharit (9:00)

More Chanukah at Alyth

Saturday 16 December

#AlythChanukah Many homes. Many people. One Alyth.

How to Get Involved:

- 1) Take a photo as you light the Chanukiah on Saturday.
 - 2) Post your photo with the hashtag #AlythChanukah on Twitter, Instagram and Facebook.
 - 3) Be sure to also tag @Alythsyn and @AlythYouth.
- Alternatively, email your picture to mike@alyth.org.uk and he will post it online for you.

Monday 18 December

Community Candle Lighting at 19:45

Tuesday 19 December

Community Candle Lighting at 19:45

Rosh Chodesh – Chanukah

Join Rabbi Hannah as we explore 'The Torah: a Women's Commentary' and see why these modern insights on Torah are the must-have addition to your bookshelf.

This space is open to both men and women (20:00-22:00).

Wednesday 20 December

Jewish Mindfulness Meditation: Light and Enlightenment

On the last day of Chanukah Rabbi Mark leads a candle lit meditation on the power and meaning of light in our spiritual lives (20:00-21:00).



Community News: 8 - 9 December 2017

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Ella Hermer on the occasion of her becoming Bat Mitzvah and reading Torah with her community for the first time.

Jimmie and Amy Joseph on the baby naming of their son Nathan Bobby.

We wish good memories to those marking the anniversary of the death of a loved one:

George Baker

Greta Barmas, mother of Susan Schottlander

Jack Belman, father of Clive Belman

Stanley Black, father of Jeffrey Black

Howard Bloch, son of Janet Bloch

Michelle Cole, daughter of Doris Cole, sister of Keith Cole

Stuart Defries, son of Maureen Defries

Max Friedman, father of Danny Friedman

Dennis Green, husband of Evelyn Gould, father of Tony Green and Vivienne Weiner

Michael Greenblatt, father-in-law of Vivian Baron Cohen

Inge Herzberg-Tweed, mother of Ruth Wellin and Sue Marcus

Jack Jacobs, husband of Sally Jacobs, father of Michael, Richard, Amanda and Laura

Kitty Keene, mother of Vivienne Flower

Phyllis Kupfer, mother of Diana Elbourne

David Levinsohn, father of Noeleen Cohen

Alegra Medina, mother of Linda Green

Nat Mellows, father of Connie Stanton

Elkan Moscow, father of Dexter Moscow

Leon Salama, father of Molly Sher

Joseph Shepherd, father of Annabella Martin

Philip Sher, father of Harold Sher

Judith Smith, mother of Gordon Smith

Sheila Twivy, mother of Paul Twivy

Phoebe Vincent, mother of Bev Vincent

We invite everyone who is in mourning to lead the community in the Mourner's Kaddish at the end of the service, supported by the *Shaliach* or *Shlichat Tzibbur*. Kaddish can be found on page 316 of the siddur.

The Stone Setting for Dorie Rubin mother of Rachel Gerrard and sister of Ruth Cohen will be at Cheshunt Cemetery on Sunday 10 December at 11:15

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Erev Shabbat Supplement

Ufros Aleinu/Lo Yissa Goy

וּפְרֹשׁ עָלֵינוּ סִפְתָּ שְׁלוֹמָךְ.

Ufros aleinu sukkat sh'lomecha

Spread over us the shelter of Your peace (From the evening liturgy)

לֹא־יִשָּׂא גּוֹי אֶל־גּוֹי חֶרֶב וְלֹא־יִלְמְדוּ עוֹד מִלְחָמָה :

Lo yissa goy el-goy cherev

V'lo yilm'du od milchamah

Nation shall not lift up sword against nation; never again shall they train for war (Isaiah 2:4)

Light the Menorah

Light the menorah, it's Chanukah, it's Chanukah;

Light the menorah when Chanukah is here.

Light the menorah, say the blessings every night;

Light the menorah when Chanukah is here.

Add a new candle every night, light them for all to see,

Sing special blessings and sweet songs, now please sing along with me.

Light the menorah, the candles burning for eight nights;

Light the menorah when Chanukah is here.

Light the menorah, its Chanukah, its Chanukah;

Light the menorah when Chanukah is here.

Community News for 8-9 December 2017

Haftarah Shabbat Vayeishev

Joel 2:23 – 3:1

Be glad then, children of Zion, and rejoice in the Eternal your God; for God gives you the former rain in just measure, and God causes to come down for you the rain, the former rain and the latter rain, at the first. And the floors shall be full of corn, and the vats shall overflow with wine and oil. And I will restore to you the years that the locust has eaten, the canker-worm, and the caterpillar, and the palmer-worm, My great army which I sent among you. And you shall eat in plenty and be satisfied, and shall praise the name of the Eternal your God, that hath dealt wondrously with you; and My people shall never be ashamed. And you shall know that I am in the midst of Israel, and that I am the Eternal your God, and there is none else; and My people shall never be ashamed.

And it shall come to pass afterward, that I will pour out My spirit upon all flesh; and your sons and your daughters shall prophesy, your old men shall dream dreams, your young men shall see visions.

Contact Us

Please contact us if Alyth can help you in any way.

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North Western Reform Synagogue
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Rabbinic Team
Rabbi Hannah Kingston
Rabbi Mark Goldsmith (Rabbinic Partner)
Rabbi Colin Eimer
Rabbi Josh Levy (Rabbinic Partner)