

This Shabbat – 29 Cheshvan 5778

Erev Shabbat

16:15 Shabbat Den (in the Leo Baeck Hall)

Our new look Shabbat experience for pre-schoolers and their families with Rabbi Hannah, Chloe, our Early Years Educator, and Tor, Head of the Kindergarten.

18:30 Erev Shabbat Service (in the Beit Tefillah)

Led by Rabbis Mark and Hannah, with Ben Levett.

19:30 Shabbat B'Yachad - Shabbat Together (in the Bei Leo Baeck Hall)

Join us for a Shabbat dinner with fantastic food and company. No charge but donations are always welcome.

Shabbat Morning

There is an area for children in the Kindergarten where you will find toys and arts and craft materials. The service from the Beit Tefillah will also be live streamed to the Kindergarten. We ask that children are supervised at all times.

Torah Reading: Shabbat Toldot

Genesis 27:1-25

Soncino p97

Plaut (old) p185

Plaut (new) p178

10:30 Shabbat Morning Service (in the Beit Tefillah)

Led by Rabbi Mark and the Alyth Choir.

The Torah will be read by Oliver Grantley.

The Haftarah (1 Samuel 20: 5-16) will be read by Sandra Weiner.

The sermon will be given by Rabbi Mark.

11:00 Big Bang (in the Youth Hall)

Alyth's famous musical Shabbat experience, this month with Rabbi Hannah and the Big Bang musicians.

Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

When we want to show appreciation during a service, it is traditional not to applaud but to shout '*yasher koach*' or '*sh'koach*', which means 'strength to you.' We ask that you please refrain from applauding, but join in this greeting.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

The Alyth webcam is live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services can be viewed from our website.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

Shabbat Shalom

This Week

Sunday 19 November

10:00 - 13:00 Mitzvah Day

Come and participate in Alyth's activities on this global day of Jewish-led social action. We have activities for adults and children which will benefit those across all faiths who are in need. On Mitzvah Day you give your time to make a difference.

Please see how you can be involved on the reverse.

11:00 - 13:00 Rosh Chodesh Women's Group: The Woman Who Breathed Two Worlds

The topic for this month's meeting (Cheshvan) is a personal story of the challenges and delights of multiple identities. Presented by British-Malaysian novelist Selina Siak Chin Yoke. Includes a beigel breakfast at Alyth.

Thursday 23 November

13:00 - 14:15 Talmud Class Special

Our stimulating and friendly class which is open to all levels of Jewish knowledge. This week, join Rabbis Mark and Greg to grapple with the ideas of our classical rabbis.

20:00 - 22:00 South Africa: The Jewish community and the nation today and tomorrow

Rabbi Greg and Rabbi Mark invite Alyth members and their friends of South African heritage to hear and discuss how the country is working today for the Jewish community, and how the Jewish community is dealing with the momentous changes that are taking place in South African society. This session will be at the home of Monique and Gary Plein in Finchley. For the address and to register please contact Saskia at office@alyth.org.uk or 020 8457 8784.

Friday 24 November

16:15 - 16:45 Shabbat Den

Our new look Shabbat experience for pre-schoolers and their families with Rabbi Hannah, Chloe, our Early Years Educator, and Tor, Head of the Kindergarten.

17:15 - 18:15 Reform Zionism 100 years after Balfour – An Israeli, South African and British Rabbi discuss...

Join Rabbi Ofek Meir, newly appointed Principal of the Leo Baeck Education Center in Haifa, Rabbi Greg of Cape Town and Rabbi Mark to discuss the meaning of there being a Jewish national home in Israel today. Two are Rabbis in thriving diaspora communities and one is at the largest centre of Progressive Judaism in Israel. Are we working in the right places to build Judaism?

19:30 - 21:30 Erev Shabbat Service

Led by Rabbis Mark and Hannah. The D'var Torah will be given by Rabbi Greg.

Saturday 25 November

9:15 - 10:15 Foremothers – four mothers? Who were the matriarchs anyway?

Rachel and Leah / Leah and Rachel, Bilhah and Zilpah? Our torah portion introduces us to Jacob's wives, who (in Reform siddurim anyway) are acknowledged every day in our Amidah. But who is acknowledged and how? Do you put Rachel before Leah? Why? And what about the concubines who gave birth to four of the tribes of Israel? We will look at some of the rabbinic traditions that discuss our foremothers and which of them made it into the Reform Amidah.

10:30 - 12:15 Shabbat Morning Service

Led by Rabbi Mark and the Alyth choir. Includes the Bat Mitzvah of Rhona Lubner. The sermon will be given by Rabbi Greg.

10:30 - 12:15 Kollot

Our informal, participatory minyan, mostly in Hebrew, chanted and sung.

Includes an area for children.

Led by Rabbi Hannah and Justin Wise. The D'var Torah will be given by Rabbi Greg.

Sunday 26 November

10:30 - 11:30 Monthly Midrash in the Morning: - Genesis through the Eyes of the Rabbis

Midrash is the rabbinic exercise of biblical interpretation, creating new ideas and stories out of the biblical text. This month, join Rabbi Hannah as she continues our look at the stories of Genesis through the eyes of the rabbis over Danish, fruit and coffee.

Regular Activities This Week

For more information about any of our activities please go to www.alyth.org.uk.

Saturday

- Synagogue Choir Rehearsal (9:15)

Sunday

- Sunday Shacharit (9:00)

- Sunday Morning Galim (10:00)

- Singing for Pleasure (10:00)

- Alyth Academy of Performing Arts (18:00)

Monday

- Alyth Toddler Group (9:30)

- Senior Club Outing (14:00)

- Monday Club (19:30)

Tuesday

- C.R.E.A.T.E (18:30)

- Alyth Choral Society (20:00)

Wednesday

- Kef Zone (16:00)

- ACE (17:00)

- Alyth Children's Theatre (17:00)

- Alyth Youth Singers (18:45)

- Hebrew Reading from Scratch (19:00)

- Judaism the Essentials (20:00)

- Jewish Mindfulness Meditation (20:00)

Thursday

- Mellow Yoga (11:00)

- Talmud Class (13:00)

- Bridge (14:00)

- Year 10 Hadracha (18:30)

Friday

- Ruach Erev Shabbat (16:00)

Saturday

- Synagogue Choir Rehearsal (9:15)

Sunday

- Sunday Shacharit (9:00)

- Sunday Morning Galim (10:00)

- Monthly Drop-in for Recent Refugees (15:00)

- Alyth Academy of Performing Arts (18:00)

Save the Date

Sensory Shabbat

Saturday 2 December, 11:00-12:00

From birth to 2 years old (be mindful that this is a quiet sensory experience for babies).

On the first Shabbat of each month we are launching a brand new Shabbat experience designed to stimulate your babies' senses in the first years of their life. On these mornings with Rabbi Hannah, you and your baby can touch, see, smell, hear and taste your way through the service to create precious Shabbat memories and experiences that will last a lifetime. For more information please email hannah@alyth.org.uk.

Annual Budget General Meeting

Tuesday 12 December, 20:00

Alyth's ABGM will be held on Tuesday 12 December, starting at 20:00, at which the proposed budget will be presented. Papers are available at www.alyth.org.uk/agm. Prior to the ABGM there will be chanukiah candle lighting at 19:45 for the first night of Chanukah.

Scholar in Residence - Rabbi Greg Alexander

Rabbi Greg is at Alyth from Thursday 23 – Saturday 25 November teaching and giving Divrei Torah and Seroms. Greg is an inspirational teacher and leader who has enabled the Cape Town Reform Jewish community to thrive in recent years. See above for all your opportunities to learn with Rabbi Greg.

Community News: 17 - 18 November 2017

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Oliver Grantley on the occasion of him becoming Bar Mitzvah and reading Torah with his community for the first time.

David and Natasha Lewy on the birth of their son.

We wish good memories to those marking the anniversary of the death of a loved one:

Mick Bendeth, father of Tobe Aleksander

Victor Benjamin, father of Ruth Smilg

Harry Bernstein, father of Tony Bernstein and Lois Winter

Minnie Cohen, mother of Joe Cohen

Samuel Dywien, father of Susan Burns

Lorraine Edelstein, mother Olivia Prior and Andrea Morris, sister of Gerald Levin

Miriam Emden, sister of Dennis Myers

Sidney Epstein, father of Rosalind Leigh

Maurice Franses, husband of Jean Franses

Barnett Freedman, father of Rosalind Springer

Harry Freedman, father of Loretta Cohn

Sadie Greenberg, sister of Frank Curtis

Miriam Jacobs, mother of Gerald Jacobs

Herman Kapota, father of Kay Weissand

Jeffery Kieve, father of Mark, Paul and Daniel and husband of Mildred

Hilde Licht, sister of Beate Goldstaub

Hannah Silverman, mother of Shirley Collett

Ulrich Skaller, father of Hanna Alexander

Gordon Weiner, father of Robert Weiner

Sidonie Weiner-Leiba, mother of Hanni Arnold, mother-in-law of Sandra Weiner

David Winsor, husband of Gail Winsor, step-father of Allison Blitz

Henry Wolosker, father of Arlene Seaton

We invite everyone who is in mourning to lead the community in the Mourner's Kaddish at the end of the service, supported by the *Shaliach* or *Shlichat Tzibbur*.

Kaddish can be found on page 316 of the siddur.

Mitzvah Day at Alyth

Collections:

Please bring to the synagogue before or on Sunday 19th. There is a collection box in the lobby.

- Sweets (including those left over from Simchat Torah or even Halloween!)

- New Toiletries (including shower gels for men and women)

Activities for Adults:

- Join our Cook-In in the morning at Alyth to benefit Homeless Action in Barnet and the Night Shelter that Alyth and the Golders Green Parish Church run together. (10:00-13:00)

- Help at Kisharon and Mencap moving plants from Kisharon's Hendon site to their joint volunteer-run Childs Hill Partnership Library. Kisharon is also offering a complimentary winter bike check by their trainees. (10:30-12:30)

- Join our intergenerational 'Joining Old with Young' reading event at Alyth with Sunday Morning Galim children. (11:30-12:30)

Activities for Children:

Alyth Youth will be participating in a wide range of activities including; visits to care homes, collecting and packing toiletries and sweets for the homeless and refugees (11:15), joining Old and Young for reading (11:30), as well as meeting our Muslim neighbours.

If you attend Sunday Morning Galim you will be involved, if not, please tell Saskia if you would like to come and she will send you the start time.

Erev Shabbat Supplement

Mitzvah Goreret Mitzvah

מִצְוָה גּוֹרֶרֶת מִצְוָה,

עֲבֵרָה גּוֹרֶרֶת עֲבֵרָה.

לְהִיּוֹת צְדִיק זֶה טוֹב,

לְהִיּוֹת צְדִיק זֶה טוֹב מְאֹד

Mitzvah goreret mitzvah,

aveirah goreret averah.

L'hiyot tzadik zeh tov.

L'hiyot tzadik zeh tov me'od

One mitzvah leads to another mitzvah.

One sin leads to another sin.

To be righteous is very good.

(Pirke Avot 4:2)

Haftarah Shabbat Toldot

1 Samuel 20: 5-16

David said to Jonathan, “Tomorrow is the new moon, and I am to sit with the king at the meal. Instead, let me go and I will hide in the countryside until the third evening. If your father notes my absence, you say, ‘David asked my permission to run down to his home town, Bethlehem, for the whole family has its annual sacrifice there.’ If he says ‘Good,’ your servant is safe; but if his anger flares up, know that he is resolved to do [me] harm. Deal faithfully with your servant, since you have taken your servant into a covenant of the Eternal with you. And if I am guilty, kill me yourself, but don’t make me go back to your father.” Jonathan replied, “Don’t talk like that! If I learn that my father has resolved to kill you, I will surely tell you about it.” David said to Jonathan, “Who will tell me if your father answers you harshly?” Jonathan said to David, “Let us go into the open”; and they both went out into the open.

Then Jonathan said to David, “By the Eternal, the God of Israel! I will sound out my father at this time tomorrow, [or] on the third day; and if [his response] is favorable for David, I will send a message to you at once and disclose it to you. But if my father intends to do you harm, may the Eternal do thus to Jonathan and more if I do [not] disclose it to you and send you off to escape unharmed. May the Eternal be with you, as the Eternel used to be with my father. Nor shall you fail to show me the Eternal’s faithfulness, while I am alive; nor, when I am dead, shall you ever discontinue your faithfulness to my house—not even after the Eternal has wiped out every one of David’s enemies from the face of the earth. Thus has Jonathan covenanted with the house of David; and may the Eternal requite the enemies of David!”

Contact Us

Please contact us if Alyth can help you in any way.

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Rabbinic Team

Rabbi Mark Goldsmith (Rabbinic Partner)

Rabbi Hannah Kingston

Rabbi Colin Eimer

Rabbi Josh Levy (Rabbinic Partner)