

This Shabbat – 13 Av 5777

Erev Shabbat

18:30 Erev Shabbat Service (in the Beit Tefillah)

Led by Rabbi Colin and Lynette Sunderland.

Shabbat Morning

There is an area for children in the Kindergarten where you will find toys and arts and craft materials. The service from the Beit Tefillah will also be live streamed to the Kindergarten. We ask that children are supervised at all times.

Torah Reading:	Shabbat Eikev
	Deuteronomy 10:1-22
Soncino	p787
Plaut (old)	p1398
Plaut (new)	p1235

10:30 Shabbat Morning Service (in the Beit Tefillah)

Led by Rabbi Colin with the Alyth Choir.

The Torah will be read by Rabbi Colin.

The Haftarah (Isaiah 50:4-51:3) will be read by Helena Miller

The Sermon will be given by Rabbi Colin.

Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

When we want to show appreciation during a service, it is traditional not to applaud but to shout *'yasher koach'* or *'sh'koach'*, which means 'strength to you.' We ask that you please refrain from applauding, but join in this greeting.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

The Alyth webcam is live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services can be viewed from our website.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

Shabbat Shalom

This Week

Sunday 13 August

9:00 – 10:00 Sunday Shacharit

Our lay-led minyan with bagel breakfast. This week Shacharit will take place at 55 Willifield Way, NW11 6YL.

Monday 14 – Friday 18 August

9:00 – 15:30 Summer Days

For those going into reception – Year 6

Alyth's fantastic summer holiday day scheme bringing together all our members. Being situated at Alyth, the scheme has a safe and homely environment while giving us the flexibility to use our space in exciting and innovative ways. Contact sam@alyth.org.uk.

Tuesday 15 August

19:00 – 21:00 Jewish School Admissions Form Signing

The Alyth team is delighted to support your application for admission to a Jewish school. This date is available for signing school admission forms for those who have completed the required amount of service attendances by this date. Further dates in September and October to be announced. These sessions will be by appointment only. Please email office@alyth.org.uk or call 020 8457 8784 to book.

19:30 – 22:00 Alyth Film Club: Left Luggage

Chaya Silberschmidt, an impetuous, liberal-minded philosophy student, has a complex relationship with her parents, both camp survivors. While escaping from the Nazis her father had buried suitcases full of family treasures and now spends his time trying to find them. Chaya gets a part-time job as nanny for a Hassidic family whose world is completely alien to her liberated lifestyle. She becomes close to their 4 year old son, who is unable to speak. Through this relationship she learns about the lives of her own parents. A beautiful and compassionate film starring Isabella Rossellini, Maximilian Schell and Miriam Margolyes.

Wednesday 16 August

20:00 – 22:00 High Holy Days Choir Rehearsal

Regular rehearsal in the lead up to the High Holy Days. We are always happy to welcome new singers to make our High Holy Days joyful. Contact katie@alyth.org.uk. There are also rehearsals on Wednesdays 23, 30 August at 20:00-22:00 and Sundays 20 & 27 August at 14:00-16:00.

Friday 18 August

18:30 – 19:30 Erev Shabbat Service

Led by Rabbi Josh.

18:30 – 21:30 Shabbat B'Yachad (Shabbat Together)

Join us for a Shabbat dinner with fantastic food and company. No charge but donations are always welcome. For catering purposes please register, or to arrange transport contact lynette@alyth.org.uk.

Saturday 19 August

20:00 – 22:00 Shabbat Morning Service

Led by Rabbi Josh, with the Alyth Choir.

Sunday 20 August

10:30 - 11:30 MMM: Monthly Midrash in the Morning

Midrash is the rabbinic exercise of biblical interpretation, creating new ideas and stories out of the biblical text. Join Rabbi Josh as we look at these highlights of rabbinic creativity over Danish, fruit and coffee.

Regular Activities This Week

The following activities are still taking place throughout the holidays
For more information about any of our activities please go to www.alyth.org.uk.

Sunday

- Sunday Shacharit (09:00 – 10:00)
- Sunday Bridge@Alyth (19:30 – 22:00)

Monday

- Senior Club: 'Sidney Austin entertains' (14:00 – 15:30)

Wednesday

- Jewish Mindfulness Meditation: Rachel Rose Reid (20:00 – 21:00)

Thursday

- Talmud Class (13:00 – 14:15)
- Bridge (14:00 – 16:30)

Sunday

- Sunday Shacharit (09:00 – 10:00)
- HHD Choir Rehearsal (14:00 – 16:00)

Save the Date

Elul Half Hour

Fridays 25 August, 1, 8, 15 September, 17:45

Saturdays 26 August, 2, 9, 16 September, 09:45

The return of our popular programme of Cheshbon HaNefesh ("accounting for the soul") in advance of the High Holy Days. Join us for these brief times of reflection, study and contemplation before each of Alyth's Shabbat services during Elul. You are welcome to attend every session, or to simply drop in when you wish, and no pre-booking is necessary. We only ask that when you come, you join at the start of the session.

This year, we will explore the seven characteristics of a wise person according to Pirkei Avot (Sayings of the Sages) 5:10 and will reflect on how these qualities can be part of our lives in 5778. See future weekly emails and Shul Sheets for the full programme.

The Shirley Glatter Young@Heart Day

Thursday 31 August, 10:30-16:00

Join us for a day of fun filled activities including, scrabble, rummikub, singing, discussion, news & views, arts & crafts, a three course lunch, delicious tea and more. Cost: £10 members £12 non-members. To book a place and request transport if needed contact Lynette on 020 8457 8793.

Alyth & Golder's Green Parish Church Winter Night Shelter

Alyth is proud to participate in the Together in Barnet Winter Shelter. Last year, Homeless Action in Barnet referred 63 people to the Shelter and over 2,000 bed nights were provided by 450 volunteer shifts at 14 different venues. We will be providing shelter and a home cooked meal for a group of homeless people.

This year we will be running the Night Shelter at Golders Green Parish Church on Tuesday nights/Wednesday mornings **from 15 January – 3 April 2018**.

We would love to see as many as possible of you at an evening at Golders Green Parish Church on **Tuesday 26 September at 19:30** to chat about our experience of running the Shelter and how best to look after our guests. We will also be planning the Volunteer Rota at around that time. If you are interested in learning more about the Night Shelter, or if you would like to volunteer to host, sleep over, cook or help deliver the bedding any week, please contact Ruth Smilg at nightshelter@alyth.org.uk.

Community News: 11 - 12 August 2017

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Jennifer & Michael on the birth of their son, Felix Ace Maxwell, a first grandchild for Esther and Ray Rinkoff.

On this Shabbat we join our thoughts with those who are mourning the death of:

Odette Dreyfuss, mother of Marion Harvey, Robert and David Dreyfuss

Maurice Marks, husband of Gaby, father of Daniel, Ben and Deborah

We wish good memories to those marking the anniversary of the death of a loved one:

Beatrice Andrews, mother of Honor Small

Annie Baker, mother of Leonard Baker

Lionel Blaskey, father of Andrea Lyttleton

Richard Blitz, husband of Gail Winsor, father of Allison Blitz

Sylvia Brudney, mother of Alan Brudney

Tessa Cohen, mother of Edward Cohen

Edith Cooper, mother of Jacqueline Goymour

Linda Fisher, sister of Valerie Jaffe and Michael Caro

Avner Gabizon, father of Simon Miller

Andrej (Bandi) Gellert, uncle of Andrew Gellert

Tikvah Halahmy, sister of Rafael Halahmy

Pari Hezghia, sister of Nassrin Harris

Jean Kay, mother of Lucille Cohen

Alfred Kayton, father of Anita Simon

Karen Kieve, sister of Mark Kieve

David Leighton, husband of Anne Leighton, father of Lila Lubin

Ethel Levi, wife of Henry Levi

Inge Angress Loewenheim, mother of Sonia Davies

Louisa Measure, mother of Pamela Maxwell

Lilian Papier, mother of Jonathan Papier

Shalom Samyah, father of Monazzam Samyah

Marion Share, mother of Helena Miller

Lily Stanley, mother of David Stanley

Margrit Stern, mother of Lesley Michaels and Peter Stern

Barnet Summers, father of Stephen Summers

We invite everyone who is in mourning to lead the community in the Mourner's Kaddish at the end of the service, supported by the *Shaliach* or *Shlichat Tzibbur*. Kaddish can be found on page 316 of the siddur.

Contact Us

Please contact us if Alyth can help you in any way.

Lynette Sunderland *Director of Welfare and Life Cycle*
lynette@alyth.org.uk; 020 8457 8793

Adam Martin *Community Director*
adam@alyth.org.uk; 020 8457 8789

Haftarah for Shabbat Eikev

Isaiah 50:4-51:3

Therefore I feel no disgrace;
Therefore I have set my face like flint,
And I know I shall not be shamed.
My Vindicator is at hand—
Who dares contend with me?
Let us stand up together!
Who would be my opponent?
Let him approach me!
Lo, the Eternal God will help me—
Who can get a verdict against me?
They shall all wear out like a garment,
The moth shall consume them.
Who among you reveres the Eternal
And heeds the voice of God's servant?—
Though he walk in darkness
And have no light,
Let him trust in the name of the Eternal
And rely upon his God.
But you are all kindlers of fire,
Girding on firebrands.
Walk by the blaze of your fire,
By the brands that you have lit!
This has come to you from My hand:
You shall lie down in pain.
Listen to Me, you who pursue justice,
You who seek the Eternal:
Look to the rock you were hewn from,
To the quarry you were dug from.
Look back to Abraham your father
And to Sarah who brought you forth.
For he was only one when I called him,
But I blessed him and made him many.
Truly the Eternal has comforted Zion,
Comforted all her ruins;
God has made her wilderness like Eden,
Her desert like the Garden of the Eternal.
Gladness and joy shall abide there,
Thanksgiving and the sound of music.

Electric Wheelchair

An electric wheelchair is being given away by one of our members - the only cost would be for a new battery (approx. £120). Please contact lynette@alyth.org.uk if you are interested.

North Western Reform Synagogue
Alyth Gardens, NW11 7EN
www.alyth.org.uk
mail@alyth.org.uk
020 8455 6763

Rabbinic Team
Rabbi Colin Eimer
Rabbi Josh Levy (Rabbinic Partner)
Rabbi Mark Goldsmith (Rabbinic Partner)