

# Around Alyth

September 2017



## The road through the High Holy Days

Please see inside or go to [www.alyth.org.uk/hhd](http://www.alyth.org.uk/hhd) for full details about Alyth's High Holy Days services and sessions.

The Information Booklet and Tickets have been posted to all members.

Please call 020 8457 8784 if you have not received yours.

**Fridays 1, 8, 15 September**

**Saturdays 2, 9, 16 September**

Elul Half Hour

**Saturday 2 September** Imrei Finu for Elul

**Monday 4 September** Progressive Rabbinic Decision Making

**Wednesdays 6, 13, 27 September** Judaism - The Essentials

**Wednesday 6 September** Cheshbon HaNefesh Zone

**Thursdays 7, 14, 28 September** Talmud Class

**Friday 8 September** Shofar Blowing - a (not quite) Masterclass

**Friday 8 September** New Members' Shabbat Dinner

**Friday 8 September** Last Year's B'nei Mitzvah Dinner

**Saturday 16 September** Big Elul Bang

**Saturday 16 September** Selichot Choral Service, with film

**Sunday 17 September** Experience Loneliness and Isolation

**WEDNESDAY 20 SEPTEMBER** EREV ROSH HASHANAH

**THURSDAY 21 SEPTEMBER** ROSH HASHANAH

**FRIDAY 22 SEPTEMBER** SECOND DAY ROSH HASHANAH

**Saturday 23 September** Shabbat Shuvah Shiur and Services

**Sunday 24 September** Remembrance Service at Cheshunt

**Sunday 24 September** MMM: Monthly Midrash in the Morning

**24 - 28 September** Jewish Mindfulness Meditation through the 10 Days

**Wednesday 27 September** Ten Days Zone

**FRIDAY 29 SEPTEMBER** KOL NIDRE

**SATURDAY 30 SEPTEMBER** YOM KIPPUR

**Sunday 1 October** Community Sukkah Building Morning

**WEDNESDAY 4 OCTOBER** EREV SUKKOT

**THURSDAY 5 OCTOBER** SUKKOT

**Friday 6 - Saturday 7 October** Sukkot Sleepout

**WEDNESDAY 11 OCTOBER** EREV SIMCHAT TORAH

**THURSDAY 12 OCTOBER** SIMCHAT TORAH

To pray.  
To learn.  
To live.  
Together

# Pray with us

## Erev Shabbat Services

### Kabbalat Shabbat Service

*Fridays 1, 8, 15, 22 September, 18:30-19:30*

We begin Shabbat with our uplifting and inspirational intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer and learning, often with guitar.

### The Shabbat Den

*Friday 1 September, 16:15-16:45*

Our Shabbat experience for pre-schoolers and their families with Chloe, our Early Years Educator, Tor from the Kindergarten, and our Rabbis. Join us for songs, stories and to meet new friends in Alyth's Shabbat Den.

## Shabbat Morning Services

*Our regular Shabbat morning service is a contemporary Reform service led by one of our Rabbis, normally accompanied by the volunteer choir and piano, with a combination of reading, chanting, song and reflection. On most weeks there is also a parallel service, meeting the different needs of the community. Occasionally these parallel services take place in our main Beit Tefillah.*

### **Saturday 2 September**

#### **Shabbat Service, 10:30-12:15**

Led by Rabbi Mark and the Alyth choir. Includes the Bat Mitzvah of **Natasha Newington**.

#### **Tefillah Lab: Imrei Finu for Elul, 10:30-12:15**

Led by Rabbi Josh, Imrei Finu ("The words of our mouths") is a gentle, guitar-led service with lots of singing to new and familiar melodies, plenty of silence, some Kollot-style chanting and an informal Torah service.

### **Saturday 9 September**

#### **Shabbat Service, 10:30-12:15**

Led by Rabbi Josh and the Alyth choir.

#### **Shabbat in Nature 10:30-12:00**

As the summer draws to a close, Rabbi Mark and Mika Borthwick invite you to join them for a Shabbat service and meditation in the open air. We will meet at the corner of Hampstead Way and Wildwood Road (NW11) and then walk to a quiet part of the Heath Extension for prayer, song, and contemplation, including hearing and interpreting the Torah outdoors. Please bring a snack to share for Kiddush at noon. Contact [mark@alyth.org.uk](mailto:mark@alyth.org.uk) for more information.

### **Saturday 16 September**

#### **Shabbat Service, 10:30-12:15**

Led by Rabbi Mark and the Alyth choir. Includes the Bar Mitzvah of **Jake Palazzolo**.

#### **Big Bang, 11:00-12:00**

Alyth's famous musical Shabbat experience, this month with Rabbis Josh and Hannah, and the Big Bang musicians.

### **Saturday 23 September**

#### **Shabbat Service, 10:30-12:15**

Led by Rabbi Laura Janner-Klausner (Senior Rabbi to Reform Judaism) and the Alyth choir. Includes the Bar Mitzvah of **Sebastian Hall**. Rabbi Laura will also be giving the sermon.

#### **Kollot, 10:30-12:15**

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes an area for children. Rabbi Josh and Justin Wise will lead Kollot, which will join the Classical Service for the Sermon and conclusion of the service.

## Weekday Services

### **Sunday Shacharit**

*Sundays, 9:00-10:00*

Our lay-led minyan with bagel breakfast.

### **Evening Services**

Evening services take place before meetings at 19:45. Please contact [office@alyth.org.uk](mailto:office@alyth.org.uk) if you would like evening prayers for the purpose of saying Kaddish.



# High Holy Days Services

Please join us over the High Holy Days at one of many service options at Alyth and at the Sternberg Centre. See 'Rosh Hashanah and Yom Kippur Services at a glance' at the back of Around Alyth for more information about the service

## Selichot Choral Service, with film

*Saturday 16 September, 21:00-00:10*

It is traditional to begin the High Holy Days by coming together on a Saturday evening for Selichot, the first opportunity to hear and recite our poems of pardon. We will start the evening with Humphrey Bogart and Ingrid Bergman's "Casablanca". What will it take for Rick to forgive Ilsa? After light refreshments, we will transition into our reflective choral service with Rabbi Mark and Viv Bellos beginning at 23:10.

## Rosh Hashanah

For all Rosh Hashanah services we will be using a draft of the new Machzor or a specific service siddur. These will be provided for use at the services.

## Erev Rosh Hashanah Services

*Wednesday 20 September, from 18:30*

Join us for a choice of two services at **Alyth**. Please note the service location!

## First Day Rosh Hashanah Services

*Thursday 21 September, from 10:15*

We are holding our usual wide selection of services and sessions at both the **Sternberg Centre and at Alyth**.

## Tashlich

*Thursday 21 September, 16:30*

Join Rabbi Hannah at the Dollis Brook at the bottom of Windsor Road, Finchley N3 for our tashlich service.

## Erev Second Day Rosh Hashanah Service

*Thursday 21 September, 18:30*

A gentle service at **Alyth** to bring in the second day.

## Second Day Rosh Hashanah Services

*Friday 22 September, from 10:15*

Join us at **Alyth** for a choice of three services: a Choral Service (10:15), a Musical Service with the Simcha 7 (10:30), or a Service for Young Families (10:45).

## Remembrance Service at Cheshunt

*Sunday 24 September, 11:00*

One of the customs that has survived the centuries is that of visiting the cemetery between the beginning of the month of Elul and Yom Kippur. We know that sometimes it's difficult to find the right words and thoughts on such occasions and so we invite you to join Rabbi Colin and Lynette Sunderland for a Remembrance Service. There will also be time to visit gravesides. If you require transport, or can offer a lift to someone else, please contact Lynette on 020 8457 8793 no later than Friday 15 September.

## Kol Nidre and Yom Kippur

On Kol Nidre and Yom Kippur we will use the current Days of Awe Machzor.

All those attending services should bring their own copy as none are provided.

## Kol Nidre Services

*Friday 29 September, from 19:00*

Join us for a choice of services at the **Sternberg Centre**.

## Yom Kippur Services

*Saturday 30 September, from 10:30*

We are holding our usual wide selection of services and sessions at both the **Sternberg Centre and at Alyth**.

## Sukkot and Simchat Torah

### Erev Sukkot Service and Activities

*Wednesday 4 October*

### Sukkot Morning Services

*Thursday 5 October*

### Erev Simchat Torah Service and Youth Activities

*Wednesday 11 October*

### Simchat Torah Morning Services

*Thursday 12 October*

# Learn with us

## Regular Learning

### Judaism - The Essentials:

#### Short Course on the Calendar

*Wednesdays, 20:00-21:45*

'Essentials' is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. Taught by Rabbi Josh and Jon Epstein. For more information contact [josh@alyth.org.uk](mailto:josh@alyth.org.uk).

**6** The Jewish Calendar

**13** The Origins of Rosh Hashanah  
– an example of Jewish development

**27** Yom Kippur, Sukkot, Simchat Torah

### Hebrew reading from Scratch

*Wednesdays 6, 13, 27 September, 19:00-20:00*

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

### Rosh Hashanah & Yom Kippur Talmud Class

*Thursdays 7, 14, 28 September, 13:00-14:15*

Join Rabbi Mark for these special themed sessions of our popular Talmud Class. Study in an atmosphere of friendly discovery where every question is welcome. Contact [mark@alyth.org.uk](mailto:mark@alyth.org.uk)

## Other Learning

### Progressive Rabbinic Decision Making

*Monday 4 September, 20:00-21:45*

As part of the MA in Applied Rabbinic Theology, fourth year Rabbinic Students at Leo Baeck College spend a term studying "Progressive Rabbinic Decision Making" with Rabbi Josh. How do Progressive Rabbis make decisions about their practice, and guide the practice in their communities? In this session, we will think about the question of yom tov sheni - the second day of festivals. Why do Reform communities not keep a second day, except on Rosh Hashanah, and are we right not to?

### Shofar Blowing - a (not quite!)

#### Masterclass

*Friday 8 September, 17:15-18:15*

Would you like to be able to blow the Shofar, or to hone your skills? Rabbi Mark will teach you how. Bring your own Shofar or use one of the Alyth Shofarot. Contact [mark@alyth.org.uk](mailto:mark@alyth.org.uk) to let him know you are coming.

### Alyth Film Club:

#### The Garden of the Finzi-Continis

*Tuesday 12 September, 19:30-22:00*

The late 1930s in Ferrara, Italy. The Finzi-Continis are one of the leading families - wealthy, aristocratic, urbane... and Jewish. Their adult children, Micol and Alberto, gather a circle around them for parties at their villa, with its lovely walled grounds, which keep the world outside at bay. But how long can it be before that world comes crashing in destroying their idyllic existence? Filmed in 1970 and based on Giorgio Bassani's novel by the same name.

### MMM: Monthly Midrash in the Morning

*Sunday 24 September, 10:30-11:30*

Midrash is the rabbinic exercise of biblical interpretation, creating new ideas and stories out of the biblical text. Join Rabbi Josh as we look at these highlights of rabbinic creativity over Danish, fruit and coffee in this special 10 Days edition of our monthly study group.

## School Leavers Drinks

*Sunday 10 September, 20:00-22:00*

Join Mike and Sam at the Old Bull and Bush Pub (near Golders Green Station) for drinks, chats and farewells. Some of you we have seen recently and others we've never had the pleasure of meeting, but this is a great chance to say "hello and goodbye" and know that Alyth is here for you when you return home.



## Elul Half Hour

*Fridays 1, 8, 15 September, 17:45*

*Saturdays 2, 9, 16 September, 09:45*

The return of our popular programme of Cheshbon HaNefesh (“accounting for the soul”) in advance of the High Holy Days. Join us for these brief times of reflection, study and contemplation before each of Alyth’s Shabbat services during Elul. You are welcome to attend every session, or to simply drop in when you wish, and no pre-booking is necessary. We only ask that when you come, you try to join at the start of the session. This year, we will explore the seven characteristics of a wise person according to Pirkei Avot (Sayings of the Sages) 5:10 and will reflect on how these qualities can be part of our lives in 5778. See future weekly emails, Around Alyth and the Alyth website for the full programme.

## This Court Finds the Defendant...

*Saturday 23 September, 9:15-10:15*

What is your personal motivation for repentance this year? The sages argue that not all forms of repentance are created equal. For those of us motivated by fear, the impending punishment is the driving force. For those of us motivated by love, an orientation towards a life of good is the ultimate goal. According to Reish Lakish (Yoma 86b) this is true repentance which offers us the chance to grow morally by transforming our sins into merits, consequently redeeming a part of ourselves that previously led us astray. This Shabbat Shuva, join Rabbi Hannah for your personal arraignment. Find out not what you plead, but why.

## New Members’ Shabbat Dinner

*Friday 8 September, 18:30-21:30*

Did you join Alyth during 5777 (2016-2017)? Have you been to one of our New Member Shabbat Dinners? All new members are invited to join us for this special dinner. Children of all ages are welcome and activities will be provided for them. Contact Lynette on 020 8457 8793 or [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk) to book or for more information.

## Experiencing Loneliness and Isolation

*Sunday 17 September, 11:00*

As we approach the High Holy Days and the community comes together, do those of us who find ourselves lonely and/or isolated during the year feel differently at this time? The Government is recognising that many social and health issues are creating this loneliness and isolation. We will discuss this in the context of our Jewish history, society today and our own individual journey. Facilitated by Lynette Sunderland.

## High Holy Days Choir Rehearsal

*Sunday 3, 10, 17 Sept, 14:00-16:00*

*Wednesday 6 & 13 Sept, 20:00-22:00*

Regular rehearsals in the lead up to the High Holy Days. We are always happy to welcome new singers to make our High Holy Days joyful. Contact [katie@alyth.org.uk](mailto:katie@alyth.org.uk)

## Jewish Mindfulness Meditation through the 10 Days

*Sunday 24 September, 10:15-11:15*

*Monday 25, Tuesday 26, Wednesday 27,*

*Thursday 28 September, 20:00-21:00*

The Alyth Meditation Room offers a space for contemplation and spirituality every day through the time between Rosh Hashanah and Yom Kippur. Led by expert facilitators and rabbis drawing from the Jewish meditative tradition. You are welcome to attend every session, or to simply drop in when you wish, and no pre-booking is necessary.

## Silver Polishing

*Monday 18 September, 10:30-12:00*

Please come a join a team of members who will polish the Torah silver so that they sparkle for the High Holy Days. Please call 020 8457 8784 to let us know you can join us.



# Be with us

## Weekly Activities

### Senior Club

*Mondays, 14:00-15:30*

Weekly activity and tea for senior members.

- 4 Home Instead Barnet "Preventing falls"
- 11 Ruth Bourne "Bletchley Park and the code breaking team"
- 18 Steve Forward sings
- 25 Club Outing

### Alyth Choral Society

*Tuesdays 12, 19, 26 September, 20:00-22:00*

Exploring new repertoire while continuing to develop strengths in cantata and oratorio.

[www.alythchoralsociety.org](http://www.alythchoralsociety.org).

### Soup, News, Views & Schmooze

*Wednesdays 6 & 20 September, 12:45-15:00*

Join Lynette to discuss topical issues and stories.

Contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Jewish Mindfulness Meditation

*Wednesdays 6 & 13 September, 20:00-21:00*

Peace, quiet, contemplation and meditation in our Alyth Meditation Room.

### Mellow Yoga for All Ages

*Thursdays 7, 14, 28 September, 11:00-12:00*

Contact Maxine Levy [maxinelevy@mac.com](mailto:maxinelevy@mac.com).

## Monthly Activities

### Sunday Bridge@Alyth

*Sunday 3 September, 19:30-22:00*

Contact Clive on 020 8361 5711.

### Alyth Cycling Community

*Sunday 10 September, 08:30-13:00*

We meet at Alyth at 08:15 and leave at 08:30.

For registration and more information please email [laurancemendoza@aol.com](mailto:laurancemendoza@aol.com).

### Rosh Chodesh Women's Group: There shall be no harlots of the daughters of Israel (Deut. 23:18)

*Monday 11 September, 20:00-22:00*

Our monthly celebration of the new moon in which women gather for sharing, learning and discussions. This month's session will be given by Dr Anna Cleaves, on the topic of "There shall be no harlots of the daughters of Israel", the current Laws and attitudes. Contact Jackie at [honeyhill@btinternet.com](mailto:honeyhill@btinternet.com) to book.

### JOY - Joining Old and Young

*Monday 18 September, 12:45-13:45*

JOY brings some of our Kindergarten and Senior Club members together for intergenerational activities. With Jenny Kossew and our Youth and Education Team.

### Singing for Pleasure

*Sunday 24 September, 15:00-17:00*

Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. Contact [viv@alyth.org.uk](mailto:viv@alyth.org.uk).

## Forum on Support for Tefillah at Alyth

*Tuesday 12 September, 20:00-21:30*

Lay support is central to the smooth running of services at Alyth. As important, are the special relationships between members that can develop in a synagogue which celebrates so many life cycle events.

For many years, services at Alyth have been supported by small teams of committed volunteer wardens. After discussions with the current team, we are now exploring new models for this important volunteering that are more suited to a multi-minyan community with so many life-cycle events, and to our busy modern lives. This meeting will be an opportunity for us to think together about the ways in which we can best support the variety of services that take place at Alyth, as a partnership of lay members and Rabbis.

For more information, or to let us know you are coming, please contact one of the Rabbinic Partners: [josh@alyth.org.uk](mailto:josh@alyth.org.uk) or [mark@alyth.org.uk](mailto:mark@alyth.org.uk).

## Welcome to Rabbi Hannah Kingston

We are delighted to welcome Rabbi Hannah Kingston to our Rabbinic Team at Alyth.

Hannah grew up at Southgate Progressive Synagogue and spent many summers at Kutz Camp, a Reform Jewish summer camp in America. It was here, inspired by the rabbis and passionate leaders she met, that Hannah felt that she wanted to share her love for Judaism. Becoming a rabbi seemed the natural way to do this.

As well as sharing in many of the general rabbinic responsibilities, Hannah will have a specific role of building relationships and programming to respond to the needs of the many young families who make Alyth their home.



## Community Sukkah Building Morning

*Sunday 1 October  
10:00-12:45*

Please bring some greenery and lots of fruit and vegetables to hang in the Sukkah.

## Community News

### We regret to announce the deaths of:

Marlene Altmann, mother of Alisa Zietcer and Daniel Altmann, wife of John Altmann.

Jack Bernstein, husband of Janet, father of Spencer, Ryan and Scott, and brother of Ashley.

Henry Blackman, brother of Melvyn Blackman.

Alan Stanley Bloom, father of Mark Bloom.

Lillian Bogod, wife of Michael, mother of Howard, Richard and Stephen.

Odette Dreyfuss, mother of Marion Harvey, Robert and David Dreyfuss

Estelle Goldman, mother of Jonathan Goldman, Beverley Stylianou and Sarah Wilde.

Freda Hewson, mother of Andrea Minkoff and Jeff McCracken-Hewson.

Phyllis Lavy mother of Irene Lavy.

May Levitt, mother of Elinor Furman.

Maurice Marks, husband of Gaby, father of Daniel, Ben and Deborah.

Derek Mellins, husband of Mimi Mellins, father of Rachel Martin and Gill Watkins, brother of Joan Katz

Simon Rosenberg, husband of Shelley Cooper, father of Joel and Kezia and brother of Helen Lederman.

### Mazel tov to:

Rob Green and Harshani Chandrasekera and their families on their wedding.

Jenny and Amir Lass on the birth of a granddaughter, Danielle, and a grandson, Yosef. Jennifer & Michael on the birth of their son, Felix Ace Maxwell, a first grandchild for Esther and Ray Rinkoff.

Arieh and Tanya Miller, and their families, on the birth of their son.

Stephanie Plein, daughter of Monique and Gary, granddaughter of Carol & Michael Lubliner, on her engagement to Alex Mason.

Lewis Rose and Vered Simons and their families on their wedding.

Gil and Nahed Sarig on the birth of their daughter Mila.

Nicholas Tansey and Zoe Cass and their families on their wedding.

Valentina Vukadinovic and Adam Mimoni and their families on their wedding

### A warm welcome to:

Rachel Borchard Lewis, David & Joshua Lewis  
Sandra & Raymond Ettinger

Elisabeth Attwood, James, Ava & Edward  
Francken

Elyse Freeman & Jason Lipman  
Anthony & Marcia Glazer

Alina Lau & Anaya Sangster  
Daniel Linton & Hannah Andrews

Ruti Omelchenko

Abigail Rappaport, David, Noah & Carmel Kester  
Alon, Shoshana, Elan & Ariel Riza

Anthony, Emma, Jacob & Robyn Wainer  
Ian, Jessica & Emily Weinstein



## Act with us

### Monday Club

*Mondays, 19:30-21:30*

Our weekly club for people with learning difficulties. We are always looking for new volunteers for the Monday Club. Please contact Dennis Sher via the Synagogue Office to volunteer.

### Shalom Supper

*Friday 1 September, 19:30-21:30*

Join members of Jami and Jewish Care's Shalom Centre for a Shabbat evening dinner and entertainment. (With the support of the Hampstead Garden Trust).

Contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Bayit Cham Lunch

*Saturday 16 September, 12:30-14:00*

Join us for a Shabbat lunch with fantastic food, company and discussion. No charge (although donations are welcome). For catering purposes please register, or to arrange transport email [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Monthly Drop-in for Recent Refugees

*Sunday 24 September, 14:00-16:00*

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment.

(With the support of the Pears Foundation).

To volunteer contact [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk).

## Alyth & Golder's Green Parish Church Winter Night Shelter Information Evening

*Tuesday 26 September, 19:30*

Last year, Homeless Action in Barnet referred 63 people to the Shelter and over 2,000 bed nights were provided by 450 volunteer shifts at 14 different venues. This year we will be providing shelter and a home cooked meal for a group of homeless people on Tuesday nights/Wednesday mornings from 15 January – 3 April 2018.

We would love to see as many as possible of you at an evening at Golders Green Parish Church for this information evening to hear about our experience of running the Shelter and how best to look after our guests.

We will also be planning the Volunteer Rota at around this time. If you are interested in learning more about the Night Shelter, or if you would like to volunteer to host, sleep over, cook or help deliver the bedding any week, please contact Ruth Smilg at [nightshelter@alyth.org.uk](mailto:nightshelter@alyth.org.uk).

## Youth & Education Hub

*Please contact Sam Brunner for information about the provision for our younger members.*

### Alyth Toddler Group

*Mondays, 9:30-11:30*

Toys, singing and refreshments for the children; coffee and chats for carers! £3 per child, £1 for a sibling. Contact [chloe@alyth.org.uk](mailto:chloe@alyth.org.uk).

### Year 10 Hadracha

*Thursdays 14 & 28 September 18:30-19:30*

Our creative, fun and intensive leadership course for Year 10. Contact [mike@alyth.org.uk](mailto:mike@alyth.org.uk).

### Ruach Erev Shabbat

*Friday 15 September, 16:15-19:30*

Our Friday afternoon B'nei Mitzvah programme.

### Sunday Morning Galim

*Sundays 17 & 24 September, 10:00-12:45*

Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.



# Youth & Education Hub

## Kef Zone

*Wednesday 13, 16:00-17:00*

Our weekly club for Primary School children.

## ACT (Alyth Children's Theatre)

*Wednesdays 6, 13, 27 September, 17:00-18:30*

ACT is our children's theatre group for those in Years 3-7.

## AYS (Alyth Youth Singers)

*Wednesdays 6, 13, 27 September 18:45-20:00*

AYS, our youth choir for all post B'nei Mitzvah.

Contact [katie@alyth.org.uk](mailto:katie@alyth.org.uk).

## Alyth Academy of Performing Arts

*Sundays 10, 17, 24 September, 18:00-21:00*

Our drama group for 13-18 year olds.

## NEW A.C.E

*Wednesdays 13 & 27 September, 17:00-17:45*

(Reception to Year 2)

Like art? Want to learn new art skills such as sewing, textiles, batique and much much more? Join us for the launch of our new arts provision for primary school children with Chloe, who has a foundation diploma in art.

## Reception - School Year 2 Brunch

*Sunday 3 September, 11:00-13:00*

Join us for a family pot luck brunch. This is a lovely chance to meet other families in the year groups and catch up with old friends. Every family brings a nut free, vegetarian dish for everyone to share together.

## C.R.E.A.T.E

*Tuesdays 5 & 19 September, 18:30-20:00*

(For all those post B'nei Mitzvah)

Like art? Want to learn how to explore the High Holy Days in an artistic and creative way? Want to learn new art skills such as sewing, textiles, batique and much much more? Then come to the launch of our new arts provision with Chloe, who has a foundation diploma in art.

## Cheshbon HaNefesh Zone

*Wednesday 6 September, 16:00-17:00*

(Reception to Year 6) The first Kef Zone of the year will give us the chance to look back on the Jewish year that is coming to an end. Join the Youth and Education team for fun and food, games, discussion and celebration.

## Last Year's B'nei Mitzvah Dinner

*Friday 8 September, 18:30-21:30*

Join us for a chavurah supper. Everyone is asked to bring a nut free vegetarian or fish main dish, or a dessert. We'll enjoy each other's company, celebrating a year of wonderful B'nei Mitzvah.

## L.E.A.R.N

*Tuesday 12 September, 18:30-19:30*

(For all those post B'nei Mitzvah)

Written especially for Alyth by our Rabbis and the Youth and Education Hub. This is a two year rolling programme to deepen every aspect of Jewish life. This year's programme starts with a critical look at the Jewish calendar. Other topics for the year include prayer and liturgy, Jewish history, and Jewish life and ritual.

## Mentor Training

*Monday 11 September, 17:30-19:30*

A glimpse into the future leadership opportunities that you can become part of at Alyth. All those who have had their Bar or Bat Mitzvah since December are invited to train with us and give back to their community by guiding those young people who are on their B'nei Mitzvah journeys. Contact [mike@alyth.org.uk](mailto:mike@alyth.org.uk).

## Ten Days Zone

*Wednesday 27 September, 16:00-17:00*

(Reception to Year 6) Join the Youth and Education Hub for our festival zones for Primary School children to mark the transition between Rosh Hashanah and Yom Kippur. With arts, drama, songs, games and food - there will be something for everyone!

# Rosh Hashanah at a glance

## Erev Rosh Hashanah First Day (Wednesday 20 September)

### Services at Alyth

- 18:30 EREV ROSH HASHANAH SERVICE  
(Beit Tefillah)
- 18:45 EREV ROSH HASHANAH FOR THE SOUL  
(Leo Baeck Hall)

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## Rosh Hashanah First Day (Thursday 21 September)

### Services at the Sternberg Centre

- 10:15 CHORAL SERVICE  
(Marquee)
- 10:30 KOLLOT  
(Alyth's HHD Synagogue)
- Yrs 7-8*  
10:40 THROUGH THE LOOKING GLASS  
(Drawing Room)

- Yrs 9-10*  
10:40 OPEN YOUR MIND  
(Room 1)

- Yrs 11-13*  
11:45 DAZE OF ATONEMENT  
(Room 1)

- 12:30 (approx) MUSAF: CHORAL SERVICE  
(Marquee)
- MUSAF: MUSICAL SERVICE  
(Alyth's HHD Synagogue)
- LONDON 5778 - FEARS AND REALITIES  
(Drawing Room)

## Rosh Hashanah First Day (Thursday 21 September)

### Services at Alyth

- Families and other Big Bang lovers*  
10:30 BIG BANG  
(Beit Tefillah)
- Under 4s*  
10:45 THE ROSH HASHANAH DEN  
(Youth Hall)
- Yrs 5-6*  
10:45 IN THIS YEAR'S VOGUE...  
(Kindergarten)

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## Rosh Hashanah Afternoon (Thursday 21 September)

- 16:30 TASHLICH  
(Dollis Brook, Windsor Road, N3)

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## Erev Rosh Hashanah Second Day (Thursday 21 September)

### Services at Alyth

- 18:30 EREV SECOND DAY SERVICE  
(Beit Tefillah)

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## Rosh Hashanah Second Day (Friday 22 September)

### Services at Alyth

- 10:15 CHORAL SERVICE  
(Beit Tefillah)
- 10:30 MUSICAL SERVICE WITH THE SIMCHA 7  
(Leo Baeck Hall)
- 10:45 SERVICE FOR YOUNG FAMILIES  
(Youth Hall)

# Yom Kippur at a glance

## Kol Nidre (Friday 29 September)

### Services at the Sternberg Centre

- 18:29 FAST FOR YOM KIPPUR COMMENCES  
19:00 CHORAL KOL NIDRE SERVICE (Marquee)  
19:00 KOLLOT NIDRE (Alyth's HHD Synagogue)

### For Teens

- 19:15 😊 Vs 😞 (Akiva Moadon)  
19:30 GOD MEETING (Room of Prayer)  
SERMON AND CONCLUSION OF THE SERVICE (Marquee)

## Afternoon and Evening Services at the Sternberg Centre

- 13:45 *TEFILLAH* - MUSAF AVODAH SERVICE (Marquee)  
14:00 *REFLECTION* - KAVANNAH AVODAH (Room of Prayer)  
*STUDY* - THE SUGYOT EVERY REFORM JEW SHOULD KNOW (Akiva Moadon)  
*CHEVRUTA* - FOR TEENS (Drawing Room)  
15:00 *TEFILLAH* - MARTYROLOGY SERVICE (Marquee)  
*REFLECTION* - HITBODDEDUT SPIRITUAL PRACTICE (Room of Prayer)  
*STUDY* - FOOD FOR THOUGHT (Akiva Moadon)  
*CHEVRUTA* - FOR ADULTS (Drawing Room)  
16:00 *TEFILLAH* - MINCHAH SERVICE (Marquee)  
*REFLECTION* - MINCHAH MEDITATION (Room of Prayer)  
*STUDY* - JONAH THE JEW, CHRISTIAN AND MUSLIM (Alyth's HHD Synagogue)  
*CHEVRUTA* - FOR YOUNG ADULTS (Drawing Room)  
*FAMILY* - A JOURNEY THROUGH THE BELLY OF THE FISH (Shofar)  
17:30 YIZKOR (MEMORIAL) SERVICE (Marquee)  
17:30 MAKING YOUR MEMORIES (Drawing Room)  
18:30 NEILAH SERVICE (Marquee)  
18:30 NEILAH STUDY: GOD MEETING AS THE GATES CLOSE (Drawing Room)  
18:30 UPDATE YOUR STATUS (Akiva Moadon)

## Yom Kippur (Saturday 30 September)

### Morning Services at the Sternberg Centre

- 10:30 SHACHARIT - CHORAL SERVICE (Marquee)  
*Yrs 7-8*  
10:40 SORRY, LO SIENTO, PARDON (Drawing Room)  
*Yrs 9-10*  
10:40 CHALLENGES OF OUR LEADERS (Room 1)  
10:45 SHACHARIT - KOLLOT (Alyth's HHD Synagogue)  
*Yrs 11-13*  
11:45 10 DAYS MEDITATION (Room of Prayer)

### Morning Services at Alyth

#### Families

- 10:30 ATIDEINU FAMILY SERVICE (Beit Tefillah)

#### Under 4s

- 10:45 YOM KIPPUR DEN (Youth Hall)

#### Yrs 5-6

- 10:45 ESCAPE THE WHALE (Kindergarten)

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