

# This Shabbat – 28 Tammuz 5777

## Erev Shabbat

**18:30 Erev Shabbat Service (in the Beit Tefillah)**

Led by Rabbi Josh.

**19:30 Shabbat B'Yachad (Shabbat Together) (in the Leo Baeck Hall)**

Join us for a Shabbat dinner with fantastic food and company. No charge but donations are always welcome.

## Shabbat Morning

There is an area for children in the Kindergarten where you will find toys and arts and craft materials. The service from the Beit Tefillah will also be live streamed to the Kindergarten. We ask that children are supervised at all times.

**Torah Reading: Shabbat Mattot Mas'ei**

Numbers 32:1-19

Soncino p707

Plaut (old) p1226

Plaut (new) p1105

**09:15 Shiur: The Sugyot Every Reform Jew Should Know (in the Library)**

A sugya is a discrete section of the Babylonian Talmud. In these sessions with Rabbi Josh, we look at sugyot which are especially important, insightful or entertaining, and which every educated Jew should know about. This week, we will look at the stories of Honi the Circle-Maker in Tractate Ta'anit.

**10:30 Shabbat Morning Service (in the Beit Tefillah)**

Led by Rabbi Mark.

The Torah will be read by Emma Cohen-Edmonds.

The Haftarah (Jeremiah 2:23-29; 3:4; 4:1-2) will be read by Joe Cohen.

The Sermon will be given by Rabbi Mark.

**10:30 Kollot (in the Leo Baeck Hall)**

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes an area for children. Led by Rabbi Josh and Justin Wise.

The D'var Torah will be given by Michael Green.

The Torah will be read by Rabbi Josh.

The Haftarah is taken from Midrash Numbers Rabbah 22:9.

## Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

When we want to show appreciation during a service, it is traditional not to applaud but to shout *'yasher koach'* or *'sh'koach'*, which means 'strength to you.' We ask that you please refrain from applauding, but join in this greeting.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

The Alyth webcam is live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services can be viewed from our website.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

**Shabbat Shalom**

# This Week

**Thursday 27 July**

**09:00 - 18:00 The Cairo Genizah at Cambridge University Library Outing**

For a thousand years the Jewish community of Old Cairo put their writings into a synagogue storage room, a genizah. This collection, in the Cambridge University Library, is a window on the life of a Jewish community a thousand years ago – a community in the centre of a thriving Islamic empire, international in outlook and multicultural in make up.

This trip is now full. Please contact [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk) to be put on the waiting list. If there is sufficient demand, we will try to arrange another visit to the genizah collection later in the year.

**Friday 28 July**

**18:30 – 19:30 Erev Shabbat Service**

Led by Rabbi Mark.

**Saturday 29 July**

**10:30 – 12:15 Shabbat Morning Service**

Led by Rabbi Mark and the Alyth choir.

**10:30 – 12:15 Healing Service**

A special service including prayer and inspirational texts to help us come to terms with challenges of all kinds. With Lynette Sunderland.

## Regular Activities This Week

The following activities are still taking place throughout the holidays

For more information about any of our activities please go to [www.alyth.org.uk](http://www.alyth.org.uk).

**Sunday**

- Sunday Shacharit (09:00 – 10:00)

- Singing for Pleasure (15:00 – 17:00)

**Monday**

- Senior Club (14:00 – 15:30)

- Monday Club (19:30 – 21:30)

**Wednesday**

- Soup, News, Coffee & Schmooze (12:45 – 15:00)

- Jewish Mindfulness Meditation (20:00 – 21:00)

**Thursday**

- Bridge (14:00 – 16:30)

**Sunday**

- Sunday Shacharit (09:00 – 10:00)

- Monthly Drop-In for Recent Refugees (14:00 – 16:00)

## Save the Date

**Erev Tisha B'Av**

**Monday 31 July, 20:00-21:30**

Tisha B'Av commemorates the destruction of the Temple and other tragedies in Jewish history. Join Rabbi Mark for Ma'ariv, for the reading of the Book of Lamentations/Eichah and to study the meaning of the day in the mystical thought of the Zohar, the key source of Kabbalah.

## Summer Office Closure

The Alyth office will be closed from Tuesday 1 August - Thursday 3 August so that preliminary building foundation work can be carried out.

For urgent care please call 07726 631808. This will be answered by one of the Rabbis or our Director of Welfare and Life Cycle.

Office staff who are not on annual leave will be checking their emails during this period.

# Community News: 21 - 22 July 2017

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

## On this Shabbat we celebrate with:

**Emma Cohen-Edmonds** on the occasion of her becoming Bat Mitzvah and reading Torah with her community for the first time.

**Stephanie Plein**, daughter of Monique and Gary, granddaughter of Carol & Michael Lubliner, on her engagement to Alex Mason.

**Joe Cohen** on the occasion of his 70<sup>th</sup> birthday

**Jenny and Amir Lass** on the birth of a granddaughter, Danielle, and a grandson, Yosef.

## On this Shabbat we join our thoughts with those who are mourning the death of:

**Freda Hewson**, mother of Andrea Minkoff and Jeff McCracken-Hewson.

**Phyllis Lavy** mother of Irene Lavy.

## We wish good memories to those marking the anniversary of the death of a loved one:

**Clive Barwell**, father of Alexandra and Edna Goldstein

**Lillian Bolsom**, mother of Alan Bolsom

**Sylvia Elks**, mother of Lawrence Elks and Ruth Oliver, sister-in-law of Judith Cowen

**Oskar Fisher**, father of Jacqueline Fisher

**Derek Gold**, brother of Edward Gold

**Pearl Greenberg**, mother of Rosalind Langleben

**Jack Harris**, father of Brenda Freedman

**Sylvia Henry**, wife of Edward Henry, mother of Dale Henry and Craig Henry

**Danny Iglinsky**, father of Lyn Iglinsky

**Bernard Kay**, father of Lucille Cohen

**Leah Kutchinsky**, mother of Frank Curtis

**Michael Lasserson**, husband of Nadia Lasserson, father of Rachel Lasserson

**Hugh Lavell**, husband of Phillippa Lavell

**Wera Marshall**, mother of Robert Jackman

**Shoshana Parnas**, mother of Zvia Klier

**Stanley Rose**, father of Jeffery Rose

**Rachel Serlin**, mother of Mimi Mellins

**Leonard Wolfman**, father of Stuart Wolfman

**David Woolf**, father of Jacqueline Wright

We invite everyone who is in mourning to lead the community in the Mourner's Kaddish at the end of the service, supported by the *Shaliach* or *Shlichat Tzibbur*. Kaddish can be found on page 316 of the siddur.

# Kollot Haftarah for Shabbat Mattot Mas’ei

Before reading the Haftarah

ברוך אתה יהוה אלהינו מלך העולם אשר נתן לנו בת קול שאמרה אלו ואלו דברי חכמה: ברוך אתה יהוה הבורח בתורה ובמשה עבדו ובישׂראל עמו ובחכמי אמת וצדק:

Blessed are You, our Living God, Sovereign of the universe, who gave to us a heavenly voice to say that “These *and* these” are words of wisdom. Blessed are You God, You chose the Torah, Moses Your servant, Israel Your people and true and righteous Sages.

*Baruch attah Adonai eloheinu melech ha-olam, asher natan lanu bat kol she'amrah eilu va'eilu divrei chochmah. Baruch attah Adonai, ha-bocheir ba-torah, uv'mosheh avdo, uv'yisra'el ammo, uv'chachmei emet va-tzedek.*

**Midrash Numbers Rabbah 22:9**

ומקנה רב זש"ה לב חכם לימינו ולב כסיל לשמאלו לב חכם לימינו אלו הם הצדיקים שהן נותנין לבם לתורה שהיא מימין שנא' מימינו אש דת למו ולב כסיל לשמאלו אלו הן הרשעים שהן נותנין לבם להעשיר שנא' במשאלה עושר וכבוד

THE REUBENITES AND THE GADITES OWNED CATTLE IN VERY GREAT NUMBERS (Num 32:1). This relates to what Scripture says: A WISE PERSON'S MIND TENDS TOWARD THE RIGHT, A FOOL'S TOWARD THE LEFT (Ecclesiastes 10:2)...

A WISE PERSON'S MIND TENDS TOWARD THE RIGHT - this refers to the righteous who apply their hearts to Torah, which is from the right; as it says, FROM GOD'S RIGHT HAND WAS A FIERY LAW GIVEN TO THEM (Deut 33:2).

A FOOL'S TOWARD THE LEFT – this is the wicked, who set their minds on getting rich; as it says, IN HER LEFT HAND ARE RICHES AND HONOUR (Prov 3:16).

ד"א לב חכם לימינו זה משה ולב כסיל לשמאלו אלו בני ראובן ובני גד שעשו את העיקר טפל ואת הטפל עיקר שחיבבו את ממונם יותר מן הנפשות שהן אומרים למשה גדרות צאן נבנה למקננו פה וערים לטפנו אמר להם משה אינה כלום אלא עשו את העיקר עיקר תחלה בנו לכם ערים לטפכם ואח"כ וגדרות לצאנכם

אמר להם הקב"ה אתם חיבתם את מקניכם יותר מן הנפשות חייכם אין בו ברכה עליהם נאמר נחלה מבוהלת בראשונה ואחריתה לא תבורך וכה"א אל תיגע להעשיר מבינתך חדל ואיזה הוא עשיר השמח בחלקו שנאמר יגיע כפיך כי תאכל אשריך וטוב לך:

Another explanation: A WISE PERSON'S MIND TENDS TOWARD THE RIGHT – this is Moses. A FOOL'S TOWARD THE LEFT – This is the Reubenites and the Gadites, who made the main thing unimportant, and the less important thing the main thing, for they cherished their property more than human life, saying to Moses WE WILL BUILD HERE SHEEPFOLDS FOR OUR FLOCKS AND TOWNS FOR OUR CHILDREN (Num 32:16). Moses said to them, “That is not right. Rather, do the more important things first. First, build cities for your children, and afterwards folds for your flocks...

The Holy One said to them, “As you have shown greater love for your cattle than for human souls, by your life, there will be no blessing in it.” Of them it says AN ESTATE ACQUIRED IN HASTE AT THE OUTSET WILL NOT BE BLESSED IN THE END (Proverbs 20:21). And thus it says DO NOT TOIL TO GAIN WEALTH; HAVE THE SENSE TO DESIST. (Proverbs 23:4). And: Who is rich? Those who are satisfied with their lot. As it says ENJOY THE FRUIT OF YOUR LABOURS; BE HAPPY AND PROSPER (Psalm 128:2).

**After reading the Haftarah**

על התורה ועל העבודה ועל דברי חכמה ועל יום השבת הזה שנתת לנו יהוה אלהינו לקדשה ולמנוחה לכבוד ולתפארת. על הפל יהוה אלהינו אנהנו מודים לך ומברכים אותך. יתברך שמך בפי כל יחי תמיד לעולם ועד: ברוך אתה יהוה. מקדש השבת:

For the Torah, for the service, for words of wisdom, and for this Shabbat day which You gave us, our Living God, for holiness and rest, for glory and beauty - for all these, God our Creator, we thank and bless You. May Your name be blessed by the mouth of all living forever and ever. Blessed are You God, who makes the Shabbat holy.

*Al ha-torah v'al ha-avodah, v'al divrei chochmah, v'al yom ha-shabbat ha-zeh, shennatatta lanu, Adonai eloheinu, likdushah v'limnuchah, l'chavod ul'tifaret, al ha-kol Adonai eloheinu, anachnu modim lach um'var'chim otach, yitbarach shimcha b'fi chol chai tamid l'olam va'ed. Baruch attah Adonai, m'kaddeish ha-shabbat.*

# Erev Shabbat Supplement

**Roll into Dark**

Music: Noam Katz

בורא יום וְלַיְלָה. גוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ וְחֹשֶׁךְ מִפְּנֵי אוֹר

Roll into dark, roll into light.

Night becomes day, day turns to night.

*Borei yom valailah, goleil or mip'nei choshech goleil or mip'nei choshech v'choshech mip'nei or.*

Creator of day and night, rolling light into darkness, and darkness into light.

**From the writings of Regina Jonas**

23 June 1938

“If I confess what motivated me... to become a rabbi, two things come to mind. My belief in God’s calling and my love of humans. God planted in our heart skills and a vocation without asking about gender. Therefore, it is the duty of men and women alike to work and create according to the skills given by God.”

# Haftarah for Shabbat Mattot Mas’ei

**Jeremiah 2:23-29; 3:4; 4:1-2**

How can you say, 'I am not unclean, I have not gone after the Baalim'? Look at your way in the valley; know what you have done a restless young camel running here and there, a wild donkey used to the wilderness, in her heat sniffing the wind! Who can restrain her lust? None who seek her need weary themselves; in her month they will find her. Keep your feet from going unshod and your throat from thirst. But you said, 'It is hopeless, for I have loved foreigners, and after them I will go. ' "As a thief is shamed when caught, so the house of Israel shall be shamed: they, their kings, their officials, their priests, and their prophets, who say to a tree, 'You are my father,' and to a stone, 'You gave me birth.' For they have turned their back to me, and not their face. But in the time of their trouble they say, 'Arise and save us! ' But where are your gods that you made for yourself? Let them arise, if they can save you, in your time of trouble; for as many as your cities are your gods, O Judah. "Why do you contend with me? You have all transgressed against me, declares the Eternal.

Just now you called to Me, “Father! You are the Companion of my youth.

If you return, O Israel declares the Eternal if you return to Me, if you remove your abominations from My presence and do not waver, and swear, “As the Eternal lives,” in sincerity, justice, and righteousness nations shall bless themselves by you and praise themselves by you.

# Contact Us

Please contact us if Alyth can help you in any way.

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020 8455 6763

**Rabbinic Team**  
Rabbi Mark Goldsmith (Rabbinic Partner)  
Rabbi Josh Levy (Rabbinic Partner)  
Rabbi Colin Eimer



**Welcome to Alyth**

**We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.**

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team. Shabbat Shalom.

