

# This Shabbat – 27 Adar 5777

## Erev Shabbat

### 17:15 Ruach Parents' Session

*in the Rabbis' Beit Midrash*

Taught by our rabbis, these sessions are specifically for parents of young people in our Ruach programme. This week: All about God and Judaism. With Rabbi Mark.

### 18:30 Kabbalat Shabbat Service

*in the Beit Tefillah*

Led by Rabbi Mark with the Alyth Kids Choir.

### Followed by Dagim Chavurah Supper

*in the Leo Baeck Hall*

For all Dagim children and parents! Come and join the SMG Dagim team for the Friday night service and a chavurah supper.

## Shabbat Morning

### Shabbat of Celebration for Rabbi Maurice

#### 09:15 Shabbat Shiur: Pecha Kucha

*in the Library*

To celebrate Rabbi Maurice's years of service to the Alyth community we will hear from a number of volunteers who have worked with him and the work they do in the wider Jewish community.

**10:30 A choice of two services which will come together for the sermon, to be given by Rabbi Maurice.**

#### Choral Service

*in the Beit Tefillah*

Led by Rabbi Mark.

#### Kollot Service

*in the Leo Baeck Hall*

Led by Rabbi Josh and Justin Wise.

#### Torah Readings

The weekly portion, Exodus 35:20-35 (Soncino p374, Plaut (old) p669, Plaut (new) p613), will be read by Rabbi Maurice in the Choral Service, and Rabbi Colin in Kollot. The portion for Shabbat HaChodesh, Exodus 12:1-11 (Soncino p253, Plaut (old) p458, Plaut (new) p409), will be read by Rabbi Mark and Rabbi Josh in the Choral Service and Kollot respectively.

The Haftarah in the Choral Service, (Jeremiah 9:22-10:12) will be read by Cheryl Brodie, and the Haftarah in Kollot will be taken from the Babylonian Talmud, Brachot 55a.

## Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

When we want to show appreciation during a service, it is traditional not to applaud but to shout '*yasher koach*' or '*sh'koach*', which means 'strength to you.' We ask that you please refrain from applauding, but join in this greeting.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

**Shabbat Shalom**

# This Week

## Sunday 26 March

### 14:00 – 16:00 Monthly Drop-In for Recent Refugees

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment (with the support of the Pears Foundation).

*This month marks the 5th anniversary of the Alyth Drop-In. The first session in March 2012 was attended by 9 people and now we regularly welcome over 65 guests each month. This is only possible due to a team of committed regular volunteers and we would like to thank each volunteer who has made this project the success that it is. Please contact [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk) if you would like to join the team.*

## Tuesday 28 March

### 20:00 – 22:00 Progressive Rabbinic Decision Making: Kitniot in the Synagogue Kitchen? A Pesach special.

As part of the MA in Applied Rabbinic Theology, fourth year Rabbinic Students at Leo Baeck College spend a term studying "Progressive Rabbinic Decision Making" with Rabbi Josh. How do Progressive Rabbis make decisions about their practice, and guide the practice in their communities? In this session, Rabbi Josh will apply these ideas to the question of Pesach Kashrut. What should the standards be in our homes? And our synagogue? Should we abstain from kitniot (legumes) or rice?

### 20:00 – 21:30 Rosh Chodesh Women's Group: World Pesach Food

Our Rosh Chodesh group is joining Barnet Women's Interfaith group in a private home in Mill Hill for a full explanation of Kashrut, followed by a demonstration and tasting session. Suggested donation of £5. Contact Jackie Goymour at [honeyhill@btinternet.com](mailto:honeyhill@btinternet.com) for the address and to book.

## Wednesday 29 March

### 20:00 – 22:00 Judaism – The Essentials: Pesach Sessions

'Essentials' is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. Taught by Rabbi Josh and Jon Epstein. 29 March - Pesach Learning; 5 April - Model Seder.

## Friday 31 March

### 17:15 – 18:15 Ruach Parents' Session

Taught by our rabbis, these sessions are specifically for parents of young people in our Ruach programme. This week: How do Reform Jews make decisions? With Rabbi Josh

### 18:30 – 19:30 Kabbalat Shabbat Service

Led by Rabbi Josh.

## Saturday 1 April

### 10:30 – 12:15 Shabbat Morning Service

Led by Rabbi Josh and the Alyth Choir. Includes the Bar Mitzvah of Ben Longhurst.

### 10:30 – 12:15 Tefillah Laboratory: Shacharit for the Pesach Soul

Led by Rabbi Mark, this morning service uses a selection of our regular prayers, and ancient and contemporary poetry which you can use to enhance your Seder. It will also include silence, a contemplative reading of the Torah and the space to experience a special sense of rest (menuchah) on Shabbat.

## Sunday 2 April

### 15:00 – 17:00 Bereaved Partners Support Group

Have you suffered the loss of a partner or spouse. Join Lynette Sunderland and others in the same situation who can offer you support. Contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

## Volunteers Needed: The Alyth Minibus

Alyth is delighted to have received funding towards an Alyth minibus, which we will launch later this year. The minibus will enable members of our community to access programmes and services at the Synagogue more easily than at present, hosted by other members of our community.

We are looking for volunteers with a D1 license (which is a regular driving licence if you passed your test before 1997) to drive the minibus and others to act as hosts on the minibus, on a rota basis. Full training will be given. We anticipate that the commitment involved will be approximately one and a half hours on each occasion.

To volunteer or to find out more details please contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

# Regular Activities This Week

For more information about any of our activities please go to [www.alyth.org.uk](http://www.alyth.org.uk).

## Friday

- Chat 'n' Soup (12:00 – 14:00)
- Ruach Erev Shabbat (16:15 – 19:30)

## Saturday

- Choir Rehearsal (09:15 – 10:15)

## Sunday

- Sunday Shacharit (09:00 – 10:00)
- Sunday Morning Galim (10:00 – 12:45)
- Alyth Academy of Performing Arts (18:00 – 21:00)

## Monday

- Alyth Toddler Group (09:30 – 11:30)
- Senior Club (14:00 – 15:30) 'Roy Blass entertains'
- Monday Club (19:30 – 21:30)

## Tuesday

- Alyth Choral Society (20:00 – 22:00)

## Wednesday

- Kef Zone (16:00 – 17:00)
- Alyth Children's Theatre (17:00 – 18:30)
- Alyth Youth Singers (18:45 – 20:00)
- Hebrew Reading from Scratch (19:00 – 20:00)
- Judaism – The Essentials (20:00 – 21:45) 'Pesach Learning'
- Jewish Mindfulness Meditation (20:00 – 21:00) 'Flame Gazing'

## Thursday

- Mellow Yoga (11:00 – 12:00)
- Talmud Class (13:00 – 14:15)
- Bridge (14:00 – 16:30)
- Advanced Hadracha (18:30 – 22:00)

## Friday

- Ruach Erev Shabbat (16:15 – 19:30)

## Saturday

- Choir Rehearsal (09:15 – 10:15)

## Sunday

- Sunday Shacharit (09:00 – 10:00)
- Alyth Academy of Performing Arts (18:00 – 21:00)
- Sunday Bridge@Alyth (19:30 – 22:00)

# Save the Date

## The Aesop's Touring Theatre Company presents: The Hare & the Tortoise

### Sunday 2 April, 15:00-17:00

A delightful adaptation based on the traditional story of The Hare and the Tortoise from Aesop's Fables. This exciting production with its loveable characters will take young children on an adventure full of laughter and surprises. Contact [kgadmin@alyth.org.uk](mailto:kgadmin@alyth.org.uk) for tickets: £8 child, £4 adult, £20 family of 4 (2 adults and 2 children)

## Shirley Glatter Young@Heart Day

### Thursday 6 April, 10:30-16:00

Join us for a day of fun filled activities including, bridge, scrabble, rummikub, singing, discussion, news & views, arts & crafts, a three course lunch, delicious tea and more. Cost: £10 members £12 non-members. To book a place and request transport if needed contact Lynette on 020 8457 8793 or [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk)

## Pesach B'yachad: Communal Second Night Seder

### Tuesday 11 April, 18:00-21:00

We invite the whole "Family of Alyth" to join us for our Communal Seder, with song, spirit and all the warmth of Alyth. This Seder, led by Rabbi Mark, is suitable for all ages, and will include a session for children with Chloe Kimmel. The cost for the communal Seder is £27.50 for adults and £15.00 for children (up to 16) and includes a fish or vegetarian meal. The booking deadline is Monday 3 April. For further information please contact Lesley Lass at [lesley@alyth.org.uk](mailto:lesley@alyth.org.uk) or 020 8457 8786.

Please see the April Around Alyth for details on all the Pesach Services.

## Community News: 24 –25 March 2017

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

### On this Shabbat we celebrate with:

**Clifford Pell** on the birth of a granddaughter, Ella, a daughter for Elizabeth.  
**Tamara & Michael Rabin** on the occasion of their 50<sup>th</sup> Wedding Anniversary.

### On this Shabbat we join our thoughts with those who are mourning the death of:

**Jon Theodore (Ted) Lambeth**, father of Kerry Lambeth and Will Lambeth, husband of Cathy Lambeth.  
**Harvey Lubin**, husband of Lila Lubin, father of Jonathan Lubin and Caroline Hallett.  
**Frieda Stewart**, mother of Jonathon Stewart and Shelley Epstone.  
**Aysha Frade**, friend of Janine Clements  
**Bhavna Jones**, friend of Janine Clements

### We wish good memories to those marking the anniversary of the death of a loved one:

**Frances Balcon**, sister of Janie Balcon  
**Gerald Baron Cohen**, brother of Vivian Baron Cohen  
**Susannah Baron Cohen**, daughter of Vivian Baron Cohen  
**Cissie Belsman**, mother of Elaine Bentley  
**Rachel Leah Berman**, mother of Bernice Wainer and Gerald Berman  
**Joe Cooper**, father of Pauline Cooper  
**Rose Cooper**, mother of Pauline Cooper  
**Mishel Fine**, father of David Fine  
**Hans Francken**, father of John Francken  
**Betty Goldschmidt**, mother of David Goldschmidt  
**Michael Gray**, husband of Fay Gray, father of Janine Clements and Denise Birley  
**Bessie Greenblatt**, mother-in-law of Vivian Baron Cohen  
**Harold Gross**, step-father of Denise Salinger  
**Katie Hardeen**, sister of Aslan Mordecai  
**Lily Harris**, sister of Judith Cowen  
**Alfred Hirsch**, father of Ursula Leigh  
**Lewis Isaacs**, father of Hannah Isaacs and Barrow Isaacs  
**Louise Kaminsky**, mother of Anita Simon  
**Fanny Lazarus**, mother of Harold Leigh  
**Adolf (Adi) Levy**, uncle of David Goldschmidt  
**Jonathan Manson**, brother of Michael Manson  
**Mark Maxwell**, father of John Maxwell  
**Hanneliese Mayer**, sister of Anita Rapp  
**Sydney Mellins**, father of Derek Mellins  
**Kitty Roer**, mother of Margaret Harris and Colin Roer  
**Donald Salinger**, father of Janice Kirby, Mike Salinger and Hilary Ann Salinger  
**Anna Scarboro**, grandmother of Marisa Murad  
**Hermine Schay**, mother of Eva Mayer  
**Jack Schwartz**, father of Evelyn Schwartz  
**Anna Seiner**, mother of Katinka Easton  
**Joseph Seiner**, brother of Katinka Easton  
**George Serlin**, father of Mimi Mellins  
**Helen Smith**, mother of Nicholas Smith, Jonathan Smith and Hazel Smith  
**Daniel Stern**, son of David and Jeanne-Marie Stern  
**Ruth Tichauer**, sister of Miriam Jackman  
**Nina White**, mother of Paul White and David White  
**Phil Wood**, partner of Janine Clements

## Song for Erev Shabbat

### Ufros Aleinu/Lo Yissa Goy

וּפְרוֹשׁ עָלֵינוּ סִכַּת שְׁלוֹמֶךָ.

*Ufros aleinu sukkat sh'lomecha*

Spread over us the shelter of Your peace (From the evening liturgy)

לֹא־יֵשָׂא גּוֹי אֶל־גּוֹי תְּרֹב וְלֹא־יִלְמְדוּ עוֹד מִלְחָמָה :

*Lo yissa goy el-goy cherev*

*V'lo yilm'du od milchamah*

Nation shall not lift up sword against nation; never again shall they train for war (Isaiah 2:4)

### Hineh Ma Tov

Music: Ellen Allard

הִנֵּה מָה-טוֹב וַיְמָה-נָעִים שְׂפָת אַחִים גַּם-יַחַד

*Hineh ma tov uma na'im shevet achim gam yachad*

How good (how good)

It is (it is)

To be (to be)

Together (together - first time only)

Whoa whoa whoa whoa

## Haftarah for Shabbat Va-yakhel – P'kudei

(Jeremiah 9:22–10:12)

Let not the rich man glory in his riches.

But only in this should one glory: In his earnest devotion to Me.

For I the Eternal act with kindness, justice, and equity in the world; for in these I delight declares the Eternal.

Lo, days are coming declares the Eternal when I will take note of everyone circumcised in the foreskin of Egypt, Judah, Edom, the Ammonites, Moab, and all the desert dwellers who have the hair of their temples clipped. For all these nations are uncircumcised, but all the House of Israel are uncircumcised of heart.

Hear the word which the Eternal has spoken to you, O House of Israel!

Thus said the Eternal: do not learn to go the way of the nations, and do not be dismayed by portents in the sky; let the nations be dismayed by them!

For the laws of the nations are delusions: for it is the work of a craftsman's hands. He cuts down a tree in the forest with an axe, he adorns it with silver and gold, he fastens it with nails and hammer, so that it does not totter.

They are like a scarecrow in a cucumber patch, they cannot speak.

They have to be carried, for they cannot walk.

Be not afraid of them, for they can do no harm; nor is it in them to do any good.

O Eternal, there is none like You! You are great and Your name is great in power.

Who would not revere You, O Sovereign of the nations? For that is Your due, since among all the wise of the nations and among all their royalty there is none like You. But they are both dull and foolish; their doctrine is but delusion; it is a piece of wood, silver beaten flat, that is brought from Tarshish, and gold from Uphaz, the work of a craftsman and the goldsmith's hands; their clothing is blue and purple, all of them are the work of skilled men.

But the Eternal is truly God: the Eternal is a living God, the everlasting King.

At His wrath, the earth quakes, and nations cannot endure God's rage.

Thus shall you say to them: Let the gods, who did not make heaven and earth, perish from the earth and from under these heavens. The Eternal made the earth by God's might, established the world by the Eternal's wisdom, and by God's understanding stretched out the skies.

North Western Reform Synagogue  
Alyth Gardens, NW11 7EN  
www.alyth.org.uk  
mail@alyth.org.uk  
020 8455 6763

### Rabbinic Team

Rabbi Maurice Michaels  
Rabbi Colin Eimer  
Rabbi Mark Goldsmith (Rabbinic Partner)  
Rabbi Josh Levy (Rabbinic Partner)



### Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team. Shabbat Shalom.