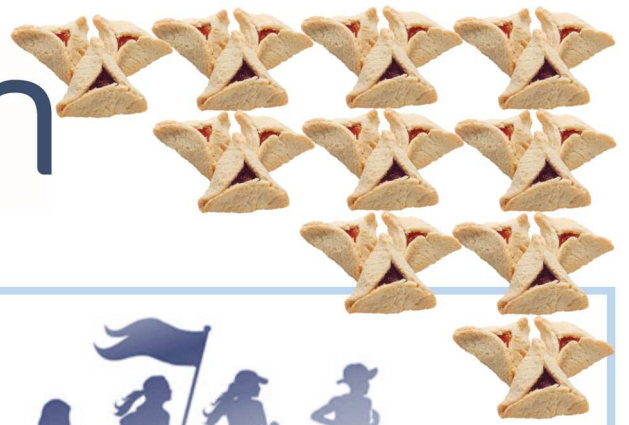


# AroundAlyth

March 2017



**NEW**



## Alyth Runs (or walks) at Purim

**Sunday 12 March, 10:00-12:30**

Come in fancy dress costume and run or walk one of the Alyth circuits in aid of our four great causes – Manna, JCORE, Young Minds and The Bike Project.

10:00 Face painting and costume enhancement

10:15 **Full Megillah Reading** with Rabbi Josh

**Family Megillah Reading** with our Youth and Education Hub

**Shushan Den** for under 6s with Chloe and Cindy, our Early Years team

11:15 **The runs and walks set off** with your choice between 1, 2 or 5 kilometres

11:30 Shushan Palace opens for a carnival of fun with the fabulous Circus Sensible, Hamantaschen and spoon competitions, Vashti's hair salon and much more.

Please go to [www.alyth.org.uk/alythrunsaturim](http://www.alyth.org.uk/alythrunsaturim) for a sponsorship form or to make an online donation. Donations can also be made via the office with cheques (made payable to NWRS).

### Also this month (details can be found inside)

**Let's Talk About Death**, Sunday 5 March, 15:00-18:15

*Workshops exploring end of life uncertainty, practicalities and Jewish customs.*

**The First LBC Lionel Blue Memorial Lecture**, Wednesday 15 March, 19:45-22:00

*The Leo Baeck College's inaugural Lionel Blue Lecture with the Archbishop of York, Dr John Sentamu.*

**In Conversation With Jonny Benjamin**, Wednesday 22 March, 20:00-22:00

*Raising awareness of how to help people in our community with mental health challenges.*

**Celebration of Rabbi Maurice Michaels**, Saturday 25 March, 9:15-12:30

*To mark the end of Rabbi Maurice's regular commitment to Alyth, and to show our appreciation for the last five years, we will have a Shabbat of celebration.*

To pray. To learn.  
To live. Together

Staff contact details can be found on the back page



# Pray with us

## Erev Shabbat Services

### Kabbalat Shabbat Service

*Fridays 3, 10, 17, 24, 31 March, 18:30-19:30*

We begin Shabbat with our uplifting and inspirational intergenerational Erev Shabbat service. A unique combination of song, reflection, prayer and learning, often with guitar.

### The Shabbat Den

*Friday 3 March, 16:15-16:45*

Our Shabbat experience for pre-schoolers and their families with Chloe, our Early Years Educator, Tor or Cindy from the Kindergarten, and our Rabbis. Join us for songs, stories and to meet new friends in Alyth's Shabbat Den.

## Shabbat Morning Services

*Our regular Shabbat morning service is a contemporary Reform service led by one of our Rabbis, normally accompanied by our volunteer choir and the piano, with a combination of reading, chanting, song and reflection. On most weeks there is also a parallel service, meeting the different needs of the community. Occasionally these services take place in our main Beit Tefillah.*

### **Saturday 4 March**

#### **Shabbat Service, 10:30-12:15**

Led by Rabbi Mark. Includes the Bar Mitzvah of **Oliver James**.

#### **Tefillah Lab: The Self-Service, 10:30-12:15**

Build the service together with Rabbi Colin. Come prepared to say a word (or even two or three...) about which prayers in the Shabbat service carry particular meaning for you - or don't.

### **Saturday 11 March**

#### **Shabbat Service, 10:30-12:15**

A participatory 'Kollot style' service with guitar, led by Rabbi Josh. Includes the Bar Mitzvah of **Eddie Baum**.

#### **Mikraot G'dolot: Shabbat Zachor,**

*11:30(approx.)-12:15 during the Torah service*

Rabbi Mark offers the option to study Jewish commentators over the centuries on smiting the Amalakites. Genocide or fair revenge?

### **Saturday 18 March**

#### **Shabbat Service, 10:30-12:15**

Led by Rabbi Mark. Includes the Bar Mitzvah of **Sebastian Zamet**.

#### **Big Bang, 11:00-12:00**

Alyth's famous musical Shabbat experience with Rabbi Josh and the Big Bang musicians.

### **Saturday 25 March**

#### **Shabbat Service, 10:30-12:15**

Led by Rabbi Mark and the Alyth choir.

#### **Kollot, 10:30-12:15**

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes a supervised area for children. Led by Rabbi Josh and Justin Wise.

The two services will join together for the sermon which will be given by Rabbi Maurice.

## **Celebration of Rabbi Maurice Shabbat Saturday 25 March, 9:15-12:30**

To mark the end of Rabbi Maurice's regular commitment to Alyth we will have a Shabbat of celebration. The morning will start with a Shiur celebrating Maurice's work at Alyth. He will also give the sermon in the Shabbat Morning service, and we will join together for a special Kiddush.

## Weekday Services

### **Sunday Shacharit**

*Sundays, 9:00-10:00*

Our lay-led minyan followed by a bagel breakfast.

### **Evening Services**

Evening services take place before meetings at 19:45. Please contact [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk) if you would like evening prayers for the purpose of saying Kaddish.



# Learn with us

## Regular Learning

### Judaism - The Essentials:

#### Short Course on Mitzvot and Jewish Life

*Wednesdays, 20:00-21:45*

'Essentials' is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. Taught by Rabbi Josh and Jon Epstein. For more information contact [josh@alyth.org.uk](mailto:josh@alyth.org.uk).

1 Prayer (Part 2)

8 Preparing for Purim

15 *Rabbi Lionel Blue Memorial Lecture*

22 Shabbat

29 Pesach Learning

### Hebrew reading from Scratch

*Wednesdays, 19:00-20:00*

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

### Talmud Class

*Thursdays, 13:00-14:15*

Our stimulating and friendly class which is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical rabbis. Contact [mark@alyth.org.uk](mailto:mark@alyth.org.uk).

## Shabbat Shiurim

### Purim: Masks and Mystery

*Saturday 11 March, 9:15-10:15*

What hides beneath the mask? Uncover the inner, mystical meaning of the holiday with Yael Roberts, our Youth and Education Hub educator.

### Pecha Kucha

*Saturday 25 March, 9:15-10:15*

To celebrate Rabbi Maurice's years of service to the Alyth community we will hear from a number of volunteers who have worked with him, the work that they do and what moves them to do it.

## Other Learning

### Alyth Film Club: The Last Embrace

*Tuesday 14 March, 19:30-22:00*

When his wife is killed in a restaurant shoot-out, intelligence man Harry Hannan has a breakdown and finds that his department doesn't want him back. Someone is trying to kill him and it could be them, though a cryptic Jewish death-threat suggests there's something else going on. His only ally seems to be mousy Ellie Fabian who has managed to move into his New York apartment.

### MMM: Monthly Midrash in the Morning

*Sunday 19 March, 10:30-11:30*

Midrash is the rabbinic exercise of biblical interpretation, creating new ideas and stories out of the biblical text. Join Rabbi Josh as we look at these highlights of rabbinic creativity over Danish, fruit and coffee.

### Progressive Rabbinic Decision Making: Kitniot in the Synagogue Kitchen?

#### A Pesach special

*Tuesday 28 March, 20:00-22:00*

As part of the MA in Applied Rabbinic Theology, fourth year Rabbinic Students at Leo Baeck College spend a term studying "Progressive Rabbinic Decision Making" with Rabbi Josh. How do Progressive Rabbis make decisions about their practice, and guide the practice in their communities?

In this session, Rabbi Josh will apply these ideas to the question of Pesach Kashrut. What should the standards be in our homes? And our synagogue? Should we abstain from *kitniot* (legumes) or rice?



# Learn with us

## Special this month

### "Let's Talk About Death"

*Sunday 5 March, 15:00-18:00*

An afternoon of workshops and discussions exploring managing uncertainty towards the end of our lives, the choices that are available for our final resting place, end of life practicalities and the customs and practices surrounding death in Judaism. Plus a Keynote address by Dr Adrian Tookman, Medical Director of the Marie Curie Hospice, Hampstead. For more details and to register contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### New Music Evening

*Wednesday 8 March, 20:00-21:30*

An opportunity to learn and sing new liturgical music with Rabbi Josh and Katie Hainbach, our Head of Music and Arts. We will learn a number of new pieces which will be sung across our range of services, as well as discussing how the music fits the liturgy. This evening is suitable for everyone and you do not need to read sheet music. Contact [katie@alyth.org.uk](mailto:katie@alyth.org.uk).

### The Lionel Blue Memorial Lecture

*Wednesday 15 March, 19:45-22:00*

Alyth is honoured to be hosting the Leo Baeck College inaugural Lionel Blue Memorial Lecture. Dr John Sentamu, the Most Rev and Rt Hon Archbishop of York, will be speaking on Wisdom, Futility, Death and Time: The Voice of Religion in the 21st Century. Tickets are £10 in advance and £15 on the door and can be purchased at [rabbibluelecture.eventbrite.co.uk](http://rabbibluelecture.eventbrite.co.uk), [rabbibluelecture@lbc.ac.uk](mailto:rabbibluelecture@lbc.ac.uk) or 020 8349 5607.

### In Conversation With Jonny

*Wednesday 22 March, 20:00-22:00*

Jonny Benjamin OBE is a Jami ambassador, and award-winning mental health campaigner. At the age of 20 he was diagnosed with schizoaffective disorder, and later began making films about the condition. His 2014 social media campaign with Rethink Mental Illness to #FindMike, the man who talked him out of jumping off a bridge, went viral and led to Jonny becoming a prominent spokesperson on suicide. This evening is suitable for adults and teenagers. Book with [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

We wish all those going on the Ramble to Israel from 22-29 March, *nesiah tova*.

# Be with us

## Special this month

### New Members Supper

*Friday 3 March, 18:30-21:30*

If you have recently joined the synagogue (since August 2016) we would like to invite you to our New Members Supper. You will have the chance to meet other new members, our Rabbis, staff and members of the Alyth community. If you, or you and your family would like to join us for supper following the Friday evening service please contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Guitar Course for Services

*Friday 17 March, 17:15-18:15*

Are you a guitarist? Have you ever wanted to play in Alyth services? Join Rabbi Josh for this a series of sessions in which we will discuss the key aspects of playing guitar to accompany tefillah and learn some of the core pieces in the liturgy. Email [josh@alyth.org.uk](mailto:josh@alyth.org.uk) to let him know that you will be coming.

# Be with us

## Weekly Activities

### Senior Club

*Mondays, 14:00-16:00*

Weekly activity and tea for senior members.

**6** Katie Hainbach entertains

**13** Viv Bellos and an Alyth choir ensemble

**20** Mylene Goodman "Fight and Flight" a story of two women painters during the French Revolution

**27** Roy Blass entertains

### Alyth Choral Society

*Tuesdays, 20:00-22:00*

Exploring new repertoire while continuing to develop strengths in cantata and oratorio.

[www.alythchoralsociety.org](http://www.alythchoralsociety.org).

### News, Views, Coffee & Schmooze

*Wednesdays 8 & 22 March, 13:30-15:00*

Join Lynette to discuss topical issues and stories. Contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Jewish Mindfulness Meditation

*Wednesdays, 20:00-21:00*

Peace, quiet, contemplation and meditation in our Alyth Meditation Room. Rabbi Mark will be leading the session on 25 March.

### Mellow Yoga for All Ages

*Thursdays, 11:00-12:00*

Contact Maxine Levy [maxinelevy@mac.com](mailto:maxinelevy@mac.com).

### Thursday Bridge@Alyth

*Thursdays, 14:00-16:30*

Please contact Sheila or Michael on 020 8455 9878 for more information.

### Synagogue Choir Rehearsal

*Saturdays 4 & 18 March, 9:15-10:15*

We are always happy to welcome new singers who are interested in learning about the liturgy and music of our service. Please contact [katie@alyth.org.uk](mailto:katie@alyth.org.uk) if you are interested in joining the choir.

## Monthly Activities

### Shabbat B'Yachad (Shabbat Together)

*Friday 17 March, 12:30-14:00*

Join us for a Shabbat dinner with fantastic food and company. No charge (donations are welcome). For catering purposes please register, or to arrange transport contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Sunday Bridge@Alyth

*Sunday 12 March, 19:00-22:00*

Contact Clive on 020 8361 5711.

### Alyth Cycling Community

*Sunday 12 March, 08:30-13:00*

We meet at Alyth at 08:15 and leave at 08:30. For registration and more information please email [laurancemendoza@aol.com](mailto:laurancemendoza@aol.com).

### Singing for Pleasure

*Sunday 12 March, 15:00-17:00*

Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. Contact [viv@alyth.org.uk](mailto:viv@alyth.org.uk).

### JOY - Joining Old and Young

*Monday 13 March, 12:45-13:45*

Join our Alyth Kindergarten and Jenny Kossew, who has over 20 years of experience working with and bringing joy to intergenerational groups for a Purim special.

### Chat 'n' Soup

*Friday 24 March, 12:00-14:00*

Come and enjoy a tasty bowl of soup, read the papers and enjoy good company. For catering purposes please register, or to arrange transport email [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Rosh Chodesh Women's Group: World Pesach Food

*Tuesday 28 March, 20:00-21:30*

Our Rosh Chodesh group is joining Barnet Women's Interfaith group in a private home in Mill Hill for a full explanation of Kashrut, followed by a demonstration and tasting session. Suggested donation of £5. Contact Jackie Goymour at [honeyhill@btinternet.com](mailto:honeyhill@btinternet.com) for the address and to book.



## Act with us

### Monday Club

*Mondays, 19:30-21:30*

Our weekly club for people with learning difficulties. We are always looking for new volunteers for the Monday Club. Please contact Dennis Sher via the Synagogue Office to volunteer.

### Shalom Supper

*Friday 10 March, 19:30-21:30*

Join members of Jami and Jewish Care's Shalom Centre for a Shabbat evening dinner and entertainment (with the support of the Hampstead Garden Trust). Contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### Monthly Drop-in for Recent Refugees

*Sunday 26 March, 14:00-16:00*

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment (with the support of the Pears Foundation). To volunteer contact [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk).

## Pesach Save the Dates

*Monday 10 April*

**Erev Pesach Service (16:00)**

**First night Seder**

The Alyth team is delighted to enable anyone who wants to attend a family Seder on the first night to do so.

Contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk) if you would like to find a host family or if you are able to host a guest

*Tuesday 11 April*

**First Day Pesach Morning Services (10:15 & 11:00)**

*Tuesday 11 April*

**Pesach B'yachad: Communal Second Night Seder (18:00-21:00)**

We invite the whole "Family of Alyth" to join us for our Communal Seder. Suitable for all ages.

*Sunday 16 April*

**Erev Seventh Day Ma'ariv and Study Service (20:00-21:30)**

*Monday 17 April*

**Seventh Day Pesach Service & Activities (10:15)**

### Alyth Choral Society Concert

*Sunday 19 March, 18:00-20:30*

Featuring Leonard Bernstein's Hashkiveinu, I Hate Music, and Wonderful Town, Meir Finkelstein's Ezrat Avoteinu V'al Kulam, P'tach Lanu Sha'ar and Enkat M'sal'decha, and the premiere of Noam Solomons Wise's Adinu. Tickets cost £15 with under 16s free. Contact [alythchoralsociety@gmail.com](mailto:alythchoralsociety@gmail.com).

### Avodah

*Monday 27 March, 20:00-21:30*

Avodah is our quarterly open forum in which we discuss Alyth's services. All are welcome. Email [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk) if you plan on attending and [josh@alyth.org.uk](mailto:josh@alyth.org.uk) if you have an agenda item.



# Youth & Education Hub

## Learn with us

*Please contact Sam Brunner for information about the provision for our younger members.*

### Regular Programming

#### **Alyth Toddler Group**

*Mondays, 9:30-11:30*

Toys, singing and refreshments for the children; coffee and chat for carers! £3 per child, £1 for a sibling. Contact [chloe@alyth.org.uk](mailto:chloe@alyth.org.uk).

#### **L.E.A.R.N.**

*Tuesday 7 & 21 March, 18:30-19:30*

For all those post B'nei Mitzvah to Year 10, and written especially for Alyth by our Rabbis and the Youth and Education Hub. This is a two year rolling programme to deepen your understanding of every aspect of Jewish life, starting with how we engage with the breadth of Jewish text. The programme will also include tackling Torah, prayer and liturgy, Jewish history, Jewish practice and Jewish lifecycle. Enrol with [sam@alyth.org.uk](mailto:sam@alyth.org.uk).

#### **Kef Zone**

*Wednesdays, 16:00-17:00*

Our weekly club for Primary School children.

#### **Advanced Hadracha**

*Thursday 2, 16, 30 March 18:30-20:00*

Continuing the success of last year, Advanced Hadracha continues with a whole new set of topics, decided by the participants. All graduates of our Yr10 Hadracha course are invited back (for free) to continue your learning and development as youth leaders and educators.

Contact [mike@alyth.org.uk](mailto:mike@alyth.org.uk).

#### **Ruach Erev Shabbat**

*Fridays, 16:15-19:30*

Our Friday afternoon B'nei Mitzvah programme.

#### **Sunday Morning Galim**

*Sundays, 10:00-12:45*

Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.

# Youth & Education Hub - Be with us

### Choirs & Drama

#### **PACT (Primary Alyth Children's Theatre)**

*Wednesdays, 17:00-17:30*

(ages 4-7) If you like to sing, dance and act, then this musical theatre group is for you! PACT is led by Jane Gordon from Upbeat Drama.

#### **ACT (Alyth Children's Theatre)**

*Wednesdays, 17:00-18:30*

ACT is our children's theatre group for those in Years 3-7.

#### **AYS (Alyth Youth Singers)**

*Wednesdays, 18:45-20:00*

AYS, our youth choir for all post B'nei Mitzvah. Contact [katie@alyth.org.uk](mailto:katie@alyth.org.uk).

#### **Alyth Academy of Performing Arts**

*Sundays, 18:00-21:00*

Our drama group for 13-18 year olds.



# Youth & Education Hub

## Special this month

### Year 7 Ruach Residential

*Friday 17 - Sunday 19 March*

The Year 7 Ruach Residential takes place at the Kingswood activity centre in Ashford, Kent. This residential is an integral part to the Bar and Bat mitzvah journey and comprises site activities and Alyth run activities all aimed at bonding the year group. Contact [sam@alyth.org.uk](mailto:sam@alyth.org.uk).

### Year 6 Bowling Social

*Saturday 18 March, 17:00 - 20:00*

Join Mike for an evening of fun and food at Hollywood Bowl. This is a great opportunity to get to know others in your year group before you start Ruach Erev Shabbat and experience your B'nei Mitzvah journey together. You can put the bumpers up! Contact [mike@alyth.org.uk](mailto:mike@alyth.org.uk).

### Dagim Chavurah Supper

*Friday 24 March, 18:30 - 21:30*

For all Dagim children and parents! Come and join the SMG Dagim team for the Friday night service and a chavurah supper where you will get the chance to sit, eat and play amongst your Sunday morning friends, whilst enjoying a yummy dinner! The service begins at 18:30 and supper will start at 19:30. Please bring a vegetarian or fish (nut free) dish, main course or dessert to share. Contact [chloe@alyth.org.uk](mailto:chloe@alyth.org.uk).

## Ruach Parents Session

*Fridays 10, 24, 31 March, 17:15-18:15*

Taught by our rabbis, these sessions are specifically for parents of young people in our Ruach programme.

- 10** What Bar/Bat Mitzvah used to mean and what it could mean for us. With Rabbi Mark
- 24** All about God and Judaism. With Rabbi Mark
- 31** How do Reform Jews make decisions? With Rabbi Josh

## Community News

### A warm welcome to:

Rob Green  
Daniel, Dot, Nathan, Talia & Zak Heymann  
Carole Mendoza & Peter Stein  
Sonyah Millstone  
Valerie Russell  
Sally Shasha

### We regret to announce the deaths of:

Naomi Balla, sister of Elisabeth Shepherd.  
Susi Coben, cousin of Richard Kates.  
Mirjam Finkelstein, mother of Anthony Finkelstein, Daniel Finkelstein and Tamara Isaacs.  
Lorna Hickey, sister of Jo Haller

### Mazel Tov to:

Elliott and Jessica Bentley on the birth of their son Jacob Heskell Bryan-Bentley, a grandson for Elaine Bentley.





The Joint Alyth and Finchley Reform Synagogue Chevra Kadisha presents

# 'Let's Talk About Death'

With Keynote Speaker Dr Adrian Tookman  
Medical Director, Marie Curie Hospice, Hampstead

During an afternoon of workshops and discussion we will explore: managing uncertainty towards the end of our lives, the choices that are available for our final resting place, end of life practicalities, the customs and practices surrounding death in Judaism.

**Sunday 5 March**  
**15:00 - 18:15**

**Sessions will include:**

**The Jewish Joint Burial Society** - Presented by the Sextons of the JJBS — what does your annual premium pay for and what are the choices that you, your partner, Jewish and/or non-Jewish have?

**End of Life Options** - Paula Plaskow and Sheryl Smith (Jewish Care) will talk about facilitating difficult conversations with family members; palliative care; and what the choices are at the end of life with regard to treatment and arrangements

**The Work of the Chevra Kadisha** - presented by Ruth Soetendorp (founder of the first Reform *Chevra Kadisha* in this country) and Rabbi David Soetendorp Every member before burial or cremation receives a *tahara*, a ritual cleansing and dressing. Discover the origins of this ritual and the importance of this custom

**Customs Around Death & Bereavement** - We will talk about the various customs from tearing garments at a funeral, covering mirrors and eating eggs and bagels on returning from the cemetery from a Reform and an Orthodox point of view. Led by Rabbi Josh Levy.

*In addition, there will be representatives from other relevant organisations and opportunities to talk to them.*

*This seminar is open to all who are interested and is FREE of charge*

Please go to [www.alyth.org.uk/letstalkaboutdeath](http://www.alyth.org.uk/letstalkaboutdeath) for the registration form

# THE LIONEL BLUE MEMORIAL LECTURE



**Speaker Dr John Sentamu**

Most Rev and Rt Hon Archbishop of York

Wisdom, Futility, Death and Time:  
The Voice of Religion in the 21st Century

**Wednesday 15 March 2017 at 8pm**

At Alyth Synagogue

Doors Open: 19:45 Refreshments

Go to [rabbibluelecture.eventbrite.co.uk](http://rabbibluelecture.eventbrite.co.uk) to book your ticket

Contact us on: [rabbibluelecture@lbc.ac.uk](mailto:rabbibluelecture@lbc.ac.uk) or 020 8349 5607

Pre Paid £10.00 On the Door £15.00

## **Rabbi Lionel Blue OBE z"l 1930 – 2016**

As a much loved broadcaster, prolific writer, congregational rabbi and convener of the Reform Beit Din, Lionel Blue z"l endeared himself to millions. He provided inspiration and wisdom to those who listened to him on the radio, read his books or sat opposite him. Leo Baeck College is honoured to be hosting the first Lionel Blue z"l Memorial Lecture as part of our 60th anniversary celebrations.

## **Dr John Sentamu, Most Rev and Rt Hon Archbishop of York**

Dr John Sentamu practised Law both at the Bar and at the Bench in Uganda before he came to the UK in 1974. He was ordained as a priest in 1979, was appointed Bishop for Stepney in 1996, Bishop for Birmingham in 2002 and Archbishop of York in 2005. He is Primate of England and Metropolitan, a member of the House of Lords and a Privy Councillor.

With thanks to:

**Alyth**

In partnership with:



# Alyth

To pray. To learn. To live. Together.



## Alyth Runs (or walks) at Purim

*Sunday 12 March, 10:00-12:30*

Come in fancy dress costume and run or walk one of the Alyth circuits in aid of our four great causes – Manna, JCORE, Young Minds and The Bike Project as we do the *mitzvah* of *matanot l'evionim*

**10:00** Face painting and costume enhancement!!

**10:15** **Full Megillah Reading** with Rabbi Josh

**Family Megillah Reading** with our Youth and Education Hub

**Shushan Den** for under 6s with Chloe and Cindy, our Early Years team

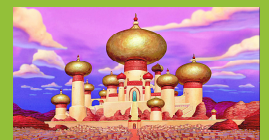
**11:10** **Purim Costume Parade** – dazzle your community

**11:15** **The runs and walks set off** – your choice between 1, 2 or 5 kilometres with refreshments at the half way stage! Routes will be given on the day. At the same time Esther's Tea Room at Alyth will be serving coffee, tea, soft drinks and cakes. Collect Purim Pokemons on the way!

**11:30** **Shushan Palace opens for a carnival of fun**

with the fabulous Circus Sensible, Hamentaschen and spoon competitions, Haman's hobby horse race, Haman's horror show, Palace popcorn, Vashti's hair salon and much more!

**12:30** We finish!



Please go to [www.alyth.org.uk/alythrunsaturim](http://www.alyth.org.uk/alythrunsaturim) for a sponsorship form or to make an online donation. Donations can also be made via the office with cheques (made payable to NWRS), or cash.

# Contact us

## Rabbinic Team

**Rabbi Josh**      [josh@alyth.org.uk](mailto:josh@alyth.org.uk)  
*Rabbinic Partner*      020 8457 8799

**Rabbi Colin**      [colin@alyth.org.uk](mailto:colin@alyth.org.uk)  
020 8455 6763

**Rabbi Mark**      [mark@alyth.org.uk](mailto:mark@alyth.org.uk)  
*Rabbinic Partner*      020 8457 8791

**Rabbi Maurice**      [maurice@alyth.org.uk](mailto:maurice@alyth.org.uk)  
020 8455 6763

## Community Director

**Adam Martin**      [adam@alyth.org.uk](mailto:adam@alyth.org.uk)  
020 8457 8789

## Director of Welfare & Life Cycle

**Lynette Sunderland**      [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk)  
020 8457 8793

## Head of Music & Arts

**Katie Hainbach**      [katie@alyth.org.uk](mailto:katie@alyth.org.uk)  
020 8457 8797

## Emeritus Director of Music

**Viv Bellos**      [viv@alyth.org.uk](mailto:viv@alyth.org.uk)

## Youth & Education Hub

**Sam Brunner**      [sam@alyth.org.uk](mailto:sam@alyth.org.uk)  
020 8457 8796

**Mike Mendoza**      [mike@alyth.org.uk](mailto:mike@alyth.org.uk)  
020 8457 8782

**Chloe Kimmel**      [chloe@alyth.org.uk](mailto:chloe@alyth.org.uk)  
020 8457 8781

**Yael Roberts**      [yael@alyth.org.uk](mailto:yael@alyth.org.uk)  
020 8457 8782

## Kindergarten

**Cindy Summer**      [cindy@alyth.org.uk](mailto:cindy@alyth.org.uk)  
020 8457 8792

**Mita Khara**      [kgadmin@alyth.org.uk](mailto:kgadmin@alyth.org.uk)  
020 8457 8792

## Community Administration Team

**Bonnie Lemer**      [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk)  
020 8457 8784

**Lesley Lass**      [lesley@alyth.org.uk](mailto:lesley@alyth.org.uk)  
020 8457 8786

## Accounts Administrator

**Lisa Kagan**      [lisa@alyth.org.uk](mailto:lisa@alyth.org.uk)  
020 8457 8788

## Fundraising & Development Co-ordinator

**Sarah Langsford**      [sarah@alyth.org.uk](mailto:sarah@alyth.org.uk)  
020 8457 8787

## North Western Reform Synagogue

Alyth Gardens, London, NW11 7EN

T 020 8455 6763

F 020 8731 8175

E [mail@alyth.org.uk](mailto:mail@alyth.org.uk)

**Out of hours emergency care line**

07726 631 808

Copy date: 10th of every month.  
Please email [comms@alyth.org.uk](mailto:comms@alyth.org.uk)

[www.alyth.org.uk](http://www.alyth.org.uk)

